

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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The World Teacher Trust - Europe

TABLE OF CONTENTS

INVOCATION OF MASTER E.K.	3
PRAYER FOR THE YEAR	4
MESSAGE OF THE MONTH ♈	5
MESSAGE OF THE TEACHER	6
LORD KRISHNA: GÎTÂ UPANISHAD	7
MASTER CVV	8
LORD MAITREYA	9
MASTER MORYA - MARUVU MAHARSHI	10
MASTER KUT HUMI - DEVAPI MAHARSHI	11
MESSAGE OF MASTER E.K.	12
VIDURA WISDOM TEACHINGS	13
SHIRDI SAI SAYINGS	14
CHILDREN'S SECTION	15
BOOK REVIEW	17
NEWS - REVIEW	18
GREAT INVOCATION	19
OM	20

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE YEAR

Wash karma in Space.
On the deep blue slate paint
ever-elevating colours,
ever at the Feet of the Master
in the Vaisakh Valley.



MESSAGE OF THE MONTH OF TAURUS

Taurus is the first fixed sign of the zodiac. Fixity is as important as flexibility. Man needs to know where he is to be fixed and where he is to be flexible. Normally he does the contrary, he is fixed in matters which require flexibility and is flexible in matters which require fixity.

Discipleship is a process of learning the mutable and immutable aspects of life. A disciple should see in every activity the essential and the none-essential. In matters of essentiality he should learn to be fixed, compromise is not allowed in essentials. In every activity there is a portion which is flexible. A disciple should hold such flexibility.

Fixed signs transmit the related energy of fixity and mutable signs transmit the energy of flexibility. When the two are well realized man ascends to the cardinal sign.

Taurus is the strongest of the fixed signs, it is the bull at work. If Taurians are fixed to essentials they remain focused and targeted, they surely reach the goal.

Buddha is an outstanding example of Taurus. The will-power of Taurus is stupendous.

May the energy of Taurus fixes the Truth-seekers to the Path of Discipleship where essentials and none-essentials are learned and mutability amidst immutability is gained.

MESSAGE OF THE TEACHER



Truth is the seed of the Law.
Law is the tree of the Truth.
Creation is an unfoldment of the Truth
through the Law, in time.
Creation is held as the seed of the Veda.
The Veda is held as the seed of the Creation.

Ponder upon this.



GÎTÂ-UPANISHAD

- LORD KRISHNA -

Conduct the work with passion but do not be passionate.
Doing is living, done is death.

While conducting the work, live in the work with passion,
let your whole being be present in the work . Experience the
work as joy.

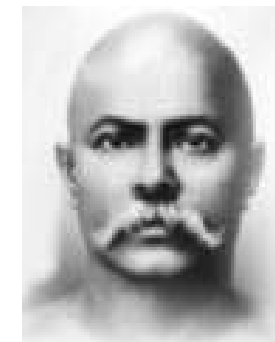
Engage in the work of the present and experience. The
present holds the Presence, the past does not, the future does
not.

Aspiring for the results is projecting into the future.
Hence it does not give joy. Recollecting the past reverts you into
the past . By this you miss the present.

It is unwise at all times to miss the present. Present is
Presence, past and future are not life. Living in deeper Presence
results in culmination of the past and the future into the pre-
sent.

The one who knows how to work, works in liberation, for,
he has no past nor future he is in Eternal Presence.

Neither the fruits of action of the past or the anticipated
fruits of action of the present exist to him. Action in the Pres-
ence only exists.



A WORD FROM MASTER CVV

The purpose of Yoga

is to experience the omnipresent Brahman within oneself.

The unmanifest Brahman is manifest in every form.

The other name for Brahman is Existence.

Experience the Existence.

I have come down to cause this experience in you.

Your Existence is no different from Me.



LORD MAITREYA

THE TEST

A true Teacher lays 3 tests to the student.

Number 1:

He observes if the student is oriented more towards himself than to others.

If it is so the Teacher has trouble in accepting such students.

Number 2:

Does the student carry a natural instinct and inclination for that which is the Law and that which is the Truth. If such natural instinct is absent in the student, and if the Teacher accepts such student, the Teacher would fall into dangerous implications of the world.

Number 3:

Does the student carry the ability to think, act. Action without thought, thought without action, serve no purpose. If the student has such ability to think and act, the Teacher can proceed to train the student, if not, he would have a blind follower.

The Teacher needs to be impersonal in observing these 3 aspects in the student.

The Teacher is advised not to fall in the glamour of followers.



MASTER MORYA - MARUVU MAHARSHI -

A SUBTLE ADVISE

To lead a fellow being subtly to the Path of Light is a duty cast on you.

It is an act of friendliness.

For this you need to comprehend our teachings.

Practise the comprehended teaching in life,
speak only that which you practice among our teachings.

Never speak the teachings which you do not practice.

There are many preachers to do so.

They failed because they speak that which they do not practice.

Engage yourself in practice of comprehended teachings,
and in friendliness transmit such teachings to the fellow being.

This helps you and helps others to walk the Path.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -
THE GRAMMAR

The science of utterance of the sound is called grammar.
The *Devas* conceived this science.
They established this science on the tip of the tongue of man.
The man's ability to speak is thus a divine blessing.
The Divine comes down as breath
and conducts Himself as the pulsating principle.
The Divine also descends as the mind.
The utterance happens through the power of pulsation,
while the speech happens through the power of mind.
Grammar is the relation between the pulsating principle
and the thinking principle in you.

Relate them and rejoice.



MESSAGE OF MASTER E.K.
TAURUS

Sun in Taurus is called the fertilising bull.
This represents the import of the *Word*.
Moon in Taurus is called the cow.
This represents that which is impregnated.
Word is twofold: the concept and the language.
Language is feminine by nature and the content is masculine by nature.
Their union is wisdom as creation.
This is symbolised by Mercury as the calf in Taurus.
Thus we find that The Word, in its four stages of expression, has three phases.



VIDURA WISDOM TEACHINGS

The individual life
is like that of a sacred river.
The individual is Truth represented.
Truth is like the ocean.
The quality of Truth is stability.
The river joining the ocean
becomes stable.
So too, the individual
joining the Truth,
gains stability.

SHIRDI SAI SAYINGS

ENTRY & EXIT



The entry and the exit of Yogi into and from the world is
always simple, serene, and silent.

The Yogi enters the world, fulfils the searching souls And
departs. His way, of living and even departing is a demonstration
of wisdom. He allows no emotion either in life nor in departure.
He assures his presence in the hearts of beings before he departs
from the physical.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

Seek not shelter
under the mean.
Can an elephant
cool the body
in a water tub?

Chakrāsana (The Wheel posture)



CHILDREN'S SECTION

YOGA ÂSANAS

Chakrāsana* (The Wheel Posture)

Procedure:

1. Lie on your back with legs folded back to touch the buttocks and keep your arms in folded fashion around your ears on either side, with the palms touching the ground.
2. Slowly raise your trunk with the support of the legs and the hands. Raise as much as you can to form a convex curve to look like a wheel or like an arch.
3. Let your head be in line with your hands.
4. Inhale and retain breath during the posture. After you gain ease in the posture, you can breathe normally in the posture.
5. Apply your mind upon the Solar Plexus.

CAUTION: Not recommended to persons with coronary ailments, high blood pressure and stomach ulcers.

Effect:

- Entire glandular and nervous system is toned up.
- Abdomen is toned up very effectively.

** An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.*

BOOK REVIEW

WISDOM TALES



The Seers of all times communicated intricate wisdom principles through lucid and simple stories. A good teacher is invariably a good story teller. Master E.K. was known for such story telling. He inspired many into the path of righteousness through his teachings and inevitably there was story telling in every talk that he gave. When he talked on Homeopathy, the listeners could figure out a patient, from the description of the drug that he used to give. That was his ability.

May these stories help the readers to find wisdom clues to enrich their comprehension.

Ekkirala Krishnamacharya: Wisdom Tales

Copies: The World Teacher Trust Europe: wt-europe@wt-europe.ch

MANTRAMS - THEIR SIGNIFICANCE & PRACTICE



The definition of a mantram is, „As much as repetitively chanted, so much the sound formula (mantram) protects.“ The mantram has a three-fold effect: it protects you, directs you in the right way and illumines the mind. When uttered with veneration regularly in a given centre of the body, the related sound vibration generates from that centre and moves circularly creating a funnel of Light. These aspects of mantrams are well explained to experience and practice.

There exists also a double-CD with the intonations of the mantrams.

K. Parvathi Kumar: Mantrams - Their Significance & Practice

Copies: The World Teacher Trust Europe: wt-europe@wt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW TOURS OF THE TEACHER

**38th International Tour
with Master Sri K. Parvathi Kumar**

95th MASTER MAY CALL FESTIVAL - 2004

in Lucerne / Switzerland

Seminar from 27th May - 31st May

**Group Livings in:
Belgium**

Seminar from 23rd - 24th May

Spain

Gemini Full Moon Seminar from 2nd - 6th June

Bad Meinberg / Germany

Seminar from 10th - 13th June

GROUP LIVING FOR CHILDREN 8 -14 YEARS

EINSIEDELN / SWITZERLAND

From Sunday 25th July late afternoon till Friday 30th July after lunch.

Further informations: wt-europe@wt-europe.ch

GREAT INVOCATION

Let us form the Circle of Good Will.
OMNIA VINCIT AMOS
From the South through Love
which is pure.
From the West through Wisdom
which is true.
From the East through Will
which is noble.
From the North through Silence
which is golden.
May the Light make beautiful
our lives.
O Hierophant of our Rite
Let his love shine.
OMNIA VINCIT AMOS
Let us form the Circle of the World Servers

We bow down in homage
and adoration
To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



The thread
that holds together the physical,
the subtle and the causal bodies
is OM

Utter OM following the sound.
It would align the 3 bodies
and lead you through, to hold them.
In ignorance you are held by them,
in truth you hold them.

OM helps you to be the holder but not the held.
To hold is mastery, to be held is slavery.

K. Parvathi Kumar