

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Pisces 2012 Meena

Letter No. 11/ Cycle 26 –2013 18th February until 20th March 2013

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.11/ Cycle 26 –2013 18th February until 20th March 2013 ॐ

Contents

Master EK • Invocation	2
Prayer for the year	4
Message of the month of Pisces ॐ	5
Message of the Teacher	8
Lord Sri Krishna: Gîtâ Upanishad.	10
Message of Lord Maitreya	12
Message of Master Morya - Maruvu Maharshi	14
Message of Master Koot Hoomi - Devâpi - Maharshi	15
Message of Master E.K.	16
Vidura - Wisdom Teachings	18
Shirdi Sai Sayings.	19
Sri Ramakrishna.	20
Lay Man's Prayer	21
Discipleship - Occult Meditations – Kapila - Ashram Leaves	22
On Love / On Silence	27
Cow	29
Hymns on Agni	30
Invocations of the Violet Flame	33
From the Teacher's Pen	34
Agni	35
Vishnu Purana Master EK.	37
The Science of Man.	38
Paracelsus – Health and Healing	39
Children's Section	41
Stories for Young People	42
Window to World Service	43
Pisces	44
Book review	45
Astrological Important Days	46
Master DK • Great Invocation	47

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German: wtt@kulapati.de, in Spanish (WTT Argentina):

wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh News-Letter: Please contact: **The World Teacher Trust - Global**

The Vaisakh News-Letter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

E-mail: info@wtt-global.ch Website: www.worldteachertrust.org

Prayer of the year 2012 / 13

UP THE LADDER CREEPS THE SERPENT.

SELF-OPPOSING COILS HARMONISED.

ASCENDING THE VERTICAL BORE OF THE ETERNAL CENTRE.



Full Moon of Pisces, 25th February 2013, 21:26 pm MET



Message of the month of Pisces

The energy of Pisces gave enough foundation to humanity to build personal life which is endowed with comfort, profit, and happiness. Every soul strives to build its personal life for the needed comfort. The training for this happened through Piscean age. The Piscean age today finds its own limitation, in that, soul cannot be fulfilled by looking to personal comfort and personal happiness. As much as the soul orients to personal welfare, the comfort and happiness suffers from limitation. Since soul is ever expanding, orientation to personal comfort and personal happiness does not enable fulfilment. The approach has to be different in the Aquarian age. For the soul to experience expansion of consciousness, it needs to think of group comfort and group happiness concurrent to personal comfort and personal happiness. This adjustment is the need of the hour and this is where the Piscean limitation sets in.

When a chick is growing in an egg, the eggshell is a comfort and a protection, until the chick is grown. But thereafter, the eggshell becomes a limitation and requires to be broken by the chick to find greater expression of life. Likewise, the Aquarian age demands breaking of the shell of personal comfort and personal happiness to walk into the grander of group consciousness. Through offering to the group comfort and group happiness and concurrently conceding personal comfort and personal happiness, the soul finds the needed expansion of consciousness and enjoys an increased dimension of bliss of existence.

Although aspirants are aware of this changed dimension, they are still unable to break the shell of individualities. The initiation today is in relation to offering oneself to a group of souls, to their welfare, to their upliftment and to their upbringing.

Just as the chick, on breaking the eggshell, joins joyfully the others chicks, the individual soul joins the group soul. The group soul is but a group of souls who broke their personality shells. They are mostly not the comrades that one has. That one is working as an individual in a group. For example, there can be ten eggs together in a basket. These ten eggs

represent ten members who form into a group for group training. The one who offers more to the group breaks the shell. As one breaks the shell, the chick is out and the chick does not join the eggs in the basket. The chick jumps out and finds yet another chick that jumped out of its own basket. Thus those who break the personality shells join together to form into a group soul. The grouping happens according to the soul ray quality. The Piscean energies should give thus way in the reversed wheel to the Aquarian energies for formation of the new group of world servers. The new group of world servers are those souls who have broken the limitations of their personalities.

As we walk into the month of Pisces, may the Piscean limitation may as well be recognized and be worked out for a better experience through the ensuing cycle of the annual year.



Through offering to the group comfort and group happiness and concurrently conceding personal comfort and personal happiness, the soul finds the needed expansion of consciousness and enjoys an increased dimension of bliss of existence.



Message of the Teacher

The Bird of Yoga

As long as mind associates with sense objects through senses, with food through the body, and with the thoughts of objectivity, man lives in the layers of the body which are physical, emotional and mental. The body is maintained by the food taken and by the breathing. Breathing happens due to the pulsating principle. Pulsation relates to the soul. When man associates more with pulsation than with mind, he develops a facility to fly out of the body when the body is not needed. If man is associated only with thoughts at all times, he remains associated with the body and suffers when the body suffers, and suffers deeply when there is death to the body.

Wisdom suggests to associate with mind when there is work in the objectivity and associate with pulsation when there is no work in the objectivity. The man who learns to associate with pulsation when there is no work on hand is like the man who dismounts a chariots or a vehicle. He is not in trouble when the chariot is in trouble. He can jump out of the chariot when the chariot is on fire. This facility of jumping out of body is a major training in discipleship which Hierarchy intends to impart to the aspirants and disciples so that the pilgrims are saved when their chariots find their termination.

Any number of scriptures are written and teachings are given by the members of Hierarchy for man to come out of mind, but man sit in mind collecting information but do not practice to come out of mind.

Out of body experience is not only for enthusiasm and excitement, it is for one's own salvation that one has to learn. It can happen only when there is shift of emphasis from thinking to associating with pulsation. Thinking leads to doing and burning energy. Associating with pulsation leads from doing to being. The human one day has to realize that he is a being and he cannot limit himself only to doing and sleeping. This is of immense need of the hour.



Gita-Upanishad

Lord Krishna

The Observer

“THE YOGI STANDS BEYOND DUALITIES. HE REALIZES IN HIMSELF THE KNOWLEDGE OF SUBJECTIVITY AND OBJECTIVITY. HE REMAINS CONTENTED. HE STAYS STABLE AND DEEP. THE SENSES DO NOT TROUBLE HIM ANYMORE. THE WORLDLY VALUES ARE NOT HIS VALUES”. (6-8)

Before giving the practice of alignment with the self, Lord Krishna is explaining to Arjuna the qualities of the aligned One. The aligned One is a realized One. He realizes the knowledge of the world of objectivity and of subjectivity. His perceptions unfold in multiple dimensions that he perceives through his outer senses in the objective world much more clearly. Likewise he also perceives in subjective world, he sees the two as the two legs of the One Great Being. Standing in alignment, he relates to the two worlds with equal vigour and ability.

The aligned one generally stays contented. There is no anxiety in him in relation to things to be done. He does things as per time and place. He does not feel wanting of any particular thing, place or person. For he knows that whatever is needed will come up to him through time and place and that he need not run after things. He therefore stays contented. He works in contentment, surrendering himself to welfare of the fellow beings. His senses do not trouble him, demanding the sense objects. On the contrary, they serve him to perceive the subjective and objective world of contemporary nature. To him, the values are of permanent nature and are not worldly. He is bound to ardent work and he dedicates himself to such work. He is confident in himself that whatever is needed for the work would set in and therefore he need not look out for needed

things for the work. If men are needed for the work, he knows that the right man would come. If material is needed for the work, he knows that the needed material would come. If money is needed for the work, money would come. He has no particular values or differential values for gold and other metals. If his work needs gold, he gets gold. He therefore has no particular glamour for any particular things, place and person. Such is the beauty of a Yogi. Krishna thus prepares Arjuna to embark upon the path of Yoga which solves all the riddles that Arjuna holds in him.



Message of Lord Maitreya

Self Deceiving Activity

Observation is the key note of Yoga practice. To be an observer is of paramount importance. Be an observer even while you are a participant. Let a part of you be participating, let the other part be observing. Let the observer observe the participating part of you. Let not the observer sink into participation.

Many would like to know the moves of nature. Many are interested to read into the future through the astrology. Many are preoccupied with the coming golden age. Such things are possible only when one gives birth to and grows in him the observer. When observer in you grows to witness what is happening in you and around you, you can see the moves of nature, the twists of time and the advent of the new age.

Messiahs have come even while many were expecting. They have come and gone. The expectant ones are still expecting. New age has come but still people dream of the new age to come. This pathetic aspect of humanity is due to their inability to observe. They are preoccupied with action. Even the so called disciples and Yoga practitioner miss frequently when they expected times and events have come and gone.

How can the sleeping ones see the sunrise? The sleeping ones sleep while the sunrise had already happened. The sleeping ones miss the destined stations. Is it not common that the sleeping ones sleep over the destination to get down, and travel further?

While sleep is a boon of nature, it can also work out as bane. The new group of world servers who are intended to be the observers of new age as also the conductors of the new age still live in expectation of descend of an avatar. Avatar has come, has done what is to be done and receded into the ethers. The Hierarchy observes helplessly the sleeping groups. The humanity by large is preoccupied with activity and did not develop the quality of over viewing or observing. Every time the humanity is deceived by their own preoccupation. It is neither time nor nature that deceives, it is they who deceive themselves and set the blame on nature, on time, and even on teachers.



Message of Master Morya

Maruvu Maharshi

A Glimpse of Striving

Do you know the most dangerous thought that may come to you? "I strived so much, I laboured, I worked relentlessly, it looks to be a thankless job". This is the most dangerous thought that can destroy you and your journey. Men on long journey cannot count every mile stone. When you are to cover thousands of miles, if you count yards, you would tend to tire (1760 yards is a mile, one yard is equal to 3 feet). Men who count by the feet and yards cannot cover long distances. If you are to mount Mont Everest, you cannot count every step that you make. As much as you count your own efforts, so much you get tired and you feel that the whole effort is meaningless. Your heart breaks when you look to yourself every minute. The aspirants are like children who measure the muscle after every effort of a small weight lift. The self-measuring aspirants are chicken hearted. They make much noise and do little.

Every morning if you look to the sky, you find the birds flying fast into the sky. Do the aspirants ever think of the distance these birds cover every day? The birds don't count the number of times they move their wings. They fly over river streams, rivers, hills, mountains daily joyfully. They fetch what is needed for the little ones joyfully and return home only to fly again the next day. Are the aspirants so joyful every morning as they get up early from their bed? Do they get up as early as the birds? Do the birds ever see mile stones on their way? In the sky there are no stones to mark the distance. They just fly.

Do you know how much Bodhisattva covers every day by his walk? You idolise him, you call him Bodhisattva Maitreya but if you know the way he strives daily, you will faint. Don't think he just stays pretty in his Himalayan Ashram to bless the humanity twice in the morning and in the evening hours. In between these two times, he does herculean tasks to save us all. Bodhisattva Maitreya should be your ideal, not only for worship but also for striving. To us, He is still an amazing worker.



Message of Master Koot Hoomi

Devâpi Maharshi

The Bird of Peace

There are too many demonstrations for peace on the planet. There are so many peace foundations, peace movements, peace walks, peace pilgrimages, conferences on peace. So much noise is happening in relation to peace by which contrary to peace is achieved. Only peaceful ones can transmit peace and they are doing it peacefully, ever since they realized peace. Man of agitation, conflict and selfishness who are after propaganda cannot work for peace. The world peace is more uttered by the diabolics of the day. The truly peaceful ones are peacefully contributing to peace.

How can men of speech transmit silence? Through speech, they are working contrary to silence. The silent ones, namely the Seers, are silently transmitting silence. Their silence is strikingly effective. You can reach their silence and even their speech of silence when you tend to be peaceful in you.

Unstable ones cannot speak of stability. Stability can come from the stablest ones. Among our brothers we see Master Morya as the stablest one. He is the ablest one. He is ever peaceful, ever silent, and stone stable. He in turn admires the World Teacher who truly transmits peace to the planet through his divine palms on a daily basis. Orienting to him and transmitting his energy would truly transmit peace. There are better techniques for transmission of peace than the daily demonstrations on the street.



Message of Master EK

Courage and Discipleship

The human life is like a voyage. It commences with birth, and concludes with death for a fresh beginning with a fresh birth. It is generally progressive unless horrible misdeeds are done to sink in the voyage. The general voyage has its ups and downs. It moves with perils and pearls. It has gifts and problems. During the voyage, there are adversities and favourable times. There is visit of the angels and diabolics also. There is not much time to look for auspicious times in a journey, from the standpoint of discipleship every day of the journey is auspicious. The day of Saturn offers its training. The day of Jupiter offers its expansion. The day of Mars offers its challenges. The day of Venus offers experiences.

Only the superstitious and the religious look for auspicious times. But the disciples move on. For a sailing boat, whatever auspicious time you set, the currents of waters decides. Likewise, the disciples move by life currents much more than by self-set auspicious and inauspicious times. The time is the mover and the disciple moves on learning what is to be learned.

Astrology, numerology, palmistry and other sciences are not meant for one's own benefit but are meant to set the sail according to the wind. The voyage does not stop for the sake of a single soul. Be courageous if you wish to follow the path of discipleship.



Vidura

Wisdom Teachings

Evil-minded are disinclined
to know the virtues of others.
Divine-minded are disinclined
to know the vices of others.



Shirdi Sai Sayings

The Divine Powers

Secrecy and simplicity are the true qualities of Initiates. Their speeches and actions do not even hint to suggest their status. Initiates have nothing to show or sell. They are not self-conscious but are always Self conscious. They do not carry other consciousness, not even body consciousness. Love is their quality. They are kings of their kingdom. The divine powers are at their "beck & call".



Message of
Sri Ramakrishna

Never forget the Lord

As the street minstrel with one hand plays the guitar and with the other strikes a drum, while at the same time he sings a song, so, do you, O world-bound soul, perform all your worldly duties with your hands, never forgetting to repeat and glorify the name of the Lord with all your heart.



Lay Man's Prayer
The Divine Powers

We like the illusion You cast on us.
We fall into one illusion or the other
since aeons of Time.
Only Your Grace lifts us up.
Please Grace us, we Pray.

Discipleship

Meditative Work

You frequently hear of transmutation, transformation and transfiguration. These three words cover a huge series of incarnations. They are not as simple as written in the books. Yet, in every prayer, you can work a little in relation to it. When you visualize the etheric centres in your body and consciously move from centre to centre upwards, intoning the key sound and feeling its vibration, as also visualizing the key colour and its velocity, it is called the process of transmutation. When you do the same work from above downwards, intoning the right sound, and visualizing the right colour with respect to every lotus, it is called the work of transformation. One is visualizing ascent, another is visualizing descent. Let this happen with you, with any mantra. It helps preparing the Antahkarana Sarira with the formation of a lighted column within the Brahma Danda.

During the times of the Temple of Ibez, four centres were energized upwards and downwards for transmutation, transformation and the resultant transfiguration. And then, in the Aryan race, five centres are put to work from above downwards and below upwards, which relate to the fourfold man and his mind. When these centres are regularly worked with the help of the sound key and the colour key, the magical work happens faster. Meditations have to be necessarily occult and have to be worked with the help of the occult science. Sitting vaguely every day in the morning and evening, waiting for something to happen would only make you ineffective and even emotional. May your meditative work be one of science, not of belief and superstition.

A disciple



Occult Meditations

Meditation 75

**YONDER IS THE LION BEHIND BARS.
PONDER OVER THE LION, IT ROARS.
THE HUNTER TAMES THE LION.**

Commentary:

As the student is initiated by the Dog, whose representatives on the physical plane are Teachers carrying the truth (Gurus), the aspirant enters the path through his personal Guru. He receives the sound and works with the sound, as per the regulations given by the Guru. The Guru gives regulations for the purification of life in the physical, emotional and mental planes. Until the student's life is consecrated to the regulations and until the regulations become the normal pattern of life, the student has to work and gain the related rhythm. This might take a few lives. The Teacher continues to guide through lives.

When the three lower vehicles are purified through the regulations relating to the physical, emotional and mental levels, the student approaches the heart centre through Pranayama. By this time in his life, he would have accomplished the first three steps of Yoga: Yama, Niyama, and Aasana of Patanjali Yoga.

As he approaches the heart, the hunter meets the lion, which is behind bars. The lion is Simha. Simha is the embodiment of the double sound SOHAM. Simha is the pulsating principle. It is also called Hamsa.

Hamsa, Simha, Soham all represent the sound chemistry of SA, HA and OM.

SA stands for cosmic energy and HA stands for cosmic nature. Their togetherness causes the pulsating principle OM, which is the basis for life pulsation.

Meeting the pulsating principle of life is perceiving the lion. The hunter (the student) has to contemplate upon the sound of life SOHAM. It is also called the song of life. Contemplating upon that song is called 'pondering over the lion.' The roar of the lion is the song of breath.

As the student works with the song of breath and gets up to the pulsating principle and experiences himself as pulsation, he is said to have tamed the lion.

The taming of the lion results in accomplishing the subjective consciousness. The mind objective, following the path of respiration, turns subjective, enters into pulsation and becomes the pulsating awareness. Hereafter, the journey is a subjective journey. This is yet another initiation.

Kapila

Recollection of The Self



The recollection of the self-existence is the wisdom taught from eternity to eternity. This wisdom enables focussing inward in contrast to focussing outward as mind, senses and the sense objects - and the consequent externalisation into objectivity. The brewing process relating to thoughts dissolves and the self remains. Before such dissolution of thoughts, the thoughts are crystallised forms as opinions, beliefs, isms and ologies. Those isms, ologies, beliefs and opinions dissolve and the only belief (even this is belief!) of self-existence remains. In the ultimate state, the self-existence remains and the belief drops itself. The ice-cubes of thoughts dissolve to form into one water. The crystallised beliefs dissolve and the one self remains.

The self according to time and place externalises through the Will, descends as Mind, functions through senses, travels into the surrounding objectivity and interacts with the animate and inanimate forms. In this externalisation there is the possibility of being absorbed by the objectivity, whereby the path of return is shut up. The complexity of the objectivity endlessly puts the externalised self into cycles of activity. The cycles have ups and downs and have movement as constant. Change seems inevitable. The chemistry of the creation absorbs the self into its incessant activity. Externalisation is learnt as a habit since childhood. Internalisation too should therefore be learnt by habit. Habit demands a consistent practice without interruption, for long years with enthusiasm and attentiveness.



Ashram Leaves

Soli-Lunar Centres of Creation

- | | |
|----------------|-----------|
| 1) Positive | Negative |
| 2) Male | Female |
| 3) Electricity | Magnetism |
| 4) Sun | Moon |
| 5) Soul | Mind |
| 6) Fire | Water |
| 7) Gold | Silver |

The ray of the positive, mirrored through the negative, is creation.
The ray of Sun, mirrored through water, is life.



On Love

The Fire of Knowledge culminates
in the Light of Love.

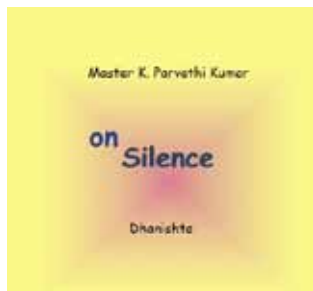
.





On Silence

Subtle manifestations
are silent manifestations.
They are invisible
to start with.



Cow

The Symbol and its Significance

The secretions for formation of the seven planes of existence emerge from Kamadhenu and the related formation of creation is therefore considered by the Vedic seers as the form of Cow.



Hymns on Agni

72. MANO AGNE AVIRATHE PARAD
 ADRUVASASE MATAYE MANO ASYAY
 MANAHA KSHUDHE MA RAKSHASA RUTHAVO
 MANO DAME MA VANA AR DHUHURHDHA

“Oh Lord Agni, do not let us to be childless, do not let us to be unclothed, do not let us to be narrow minded, do not let us into the hands of the diabolics. Let not pain visit us ether at home or even in forest”.

Explanation:

Children are the splendour of life, to be bestowed with good children fulfils one. Children in Sanskrit also mean “good thoughts”. When one receives good thoughts, nourishes them and manifests them, life tends to be splendorous. Therefore seeking good thoughts and good children is seen as a good objective for prayer. To be denied of them is awful, therefore the lord of fire is worshiped to prevent childlessness.

Good clothing is a blessing. Not all cloth well. Clothing gives dignity. Clothing can also display vanity. Clothing can also be ugly. Clothing can be of sticking smell. Clothing can be poor. Wearing torn cloth is misfortune. Clothing is an art by itself. The Masters of Wisdom cloth with dignity. To be careless about one’s clothing is inertia. Uncleanly clothing depicts the sense of uncleanness of the one who wears it.

Vanity in clothing shows the pride of a person. Torn cloth shows that one is poor mentally though not physically.

Clothing also has another meaning in Sanskrit; cloth is a symbol of Devic Presence. Wearing cloth in dignity is considered as Divine protection. The Devas protect one who is careful of one’s clothing. The Devas also protect those who offer clothing to others. As much one offers clothing to others with love and affection, so much one is protected by the Devas. According to Vedic tradition, as one offers food to others with love and affection, one is protected by Pitris. If one offers clothing, one is protected by the Solar Devas. If one offers any advice or does any act of goodwill to others, the Devas note and ensure protection. This is unseen by the mundane and is well seen by those who believe in supermundane. Offering to others with love and affection is a great opportunity. To be denied of clothing for oneself is a misfortune. To be denied of the ability to offer clothing to others is also misfortune. The Lord is therefore worshiped to ensure good clothing for oneself, and to offer such clothing to others.

Narrow mindedness is ignorance. Such ignorance disables one to experience the splendour of life. Narrow minded ones always see what is to be received from the surrounding nature. At every place they stand as receivers but not as offerers or servers. The narrow minded ones accumulate obligatory karma on a daily basis by continuously receiving favours from the surrounding ones. By this process, they get more and more conditioned by their obligatory karma. These are generally seen as the selfish ones. The worshipper is praying the Lord Agni to ensure that he does not remain a narrow minded person and suffer there from.

Not all people, in coursing of life, encounter diabolic energies. To be robbed by others, to be injured by others, to involve into accidents and there by suffer deep injuries, wounds involving surgery, do not happen to all. Not everyone is encountered by a robber or a killer. Not everyone involves in a car accident or any accident for that matter. Such a diabolic energy touch one when there is the related potential in oneself, in a big or small way. Diabolics meet diabolics. The divine are protected. If one

is divine, he is insulated from diabolic energies. When diabolic touches, one has to introspect if there is any rectification needed in one's own energy. The worshipper seeks from the Lord Agni to burn up possible seeds if any in him relating to diabolism so that the diabolic energy of nature does not touch him.

Finally the worshipper seeks that one may not be put to suffering and that the causes for such suffering which exists in him may also be burned up so that he would not even suffer in a forest.

Violet Flame Invocations



Violet networking is incessant.
Masters cease not to help.

Closed minds receive not.

Globes are closed minds.
Lotuses are globes unfolded.

The human minds be unfolded Lotuses,
not circumscribed globes.

Master, please circumcise our minds.



From the Teacher's pen

Questions and Answers

Question: Master, at the point of death, does the soul gets an opportunity to review if it has fulfilled the purpose of its life?

Answer: At the point of death, mostly one is confused. Many become unconscious. To them there would be no time to review if the purpose of life is fulfilled or not. Many do not know that they are dying, hence, they don't even have occasion to think of it. Confusion, lack of consciousness, absence of awareness of the ensuing death deny most of the people of this opportunity to review.

If a business man is dying consciously, he thinks of the future of the business. If a householder is about to die, he is hasty to call forth the kid and kin, to see them and to be surrounded by them. If a man of property is dying, he thinks of quickly summoning the lawyer to arrange for the quit of property.

A true goodwill worker would be daily reviewing if he is walking the path of life, and make adjustment to it on a daily basis. If one is a Yogi, he knows what he has done, and waits to invite the angel of death.

Depending upon the general awareness of the dying person, it happens everywhere as said before. Very few have opportunity to review life at the point of death.

Since you would like to review, I may inform you not to wait until the point of death which you do not know but to do it daily before you sleep so that you can plan your next day better (if there is a next day!?).

Agni



An Introduction into the Work
of Cosmic Fire, 16

Form Consciousness and Number Consciousness

And there is a great Lord who keeps the forms of the matter. He is called the form-consciousness in the scriptures. There is a number-consciousness, and there is a shape-consciousness. The shape-consciousness is called Viswakarma. In the Masonry literature He is called the Great Architect of the Universe, because it is the architect who conceives the form. After that the engineers build. So, first the form is conceived – the matter and fire, when they interact, the intelligence of the shape-consciousness keeps the form intact. And He is the One who keeps the forms of the various planets and planetary being. We shall come to their correspondences upon our planets slowly. We are still in the Akashic state with matter. And we have to utter the sounds. When these sounds are uttered, the gradations of matter happen as I told you. And as they are uttered, the formations keep happening. We still do not know, why to a human being, only a human being is born. We still do not know why to a dog, a dog only is born. It is said in Kali Yuga man disturbs the system so much that even this systematic birth also becomes distorted sometime. That means, a dog may give birth to a pig. We have such strange incidences here and there on the planet. But these exceptions prove the rule better. The rule is the functioning of the shape-consciousness. That is why we are very sure that each species produces its own product. A Mango seed gives only Mango fruit. All that activity belongs to the intelligence called the shape-consciousness which functions with the fire by friction and the matter.

And they also make a treaty or an agreement with number-consciousness which is called in the scriptures Kapila. – You don't have to worry about the names, just to make you familiar in case you read some books and you get these names. To enable you to have a better understanding, I am giving these names. Invariably, we go by the terminology given by Master Djwhal Khul. Because when we say 'number-consciousness', it is easier understood than when we say 'Kapila'. When I say 'Kapila', it is a bit frightening, when I say 'number-consciousness', it is more understood. See, now you understand how many intelligences keep functioning with the matter to form all that we see.

The number-consciousness: it ensures that we have two legs and two hands, and one nose and two nostrils, and one mouth and 32 teeth. How do we know that we have to grow so many teeth or so many fingers to the hand? Yesterday afternoon, I was speaking to you about the magnitude of the undercurrent. So, the number-consciousness, the shape-consciousness and the fire by friction work with the matter. And then there is the manifestation of the sound, the colour and slowly the matter is formed. All this is the activity of the third fire called fire by friction.

This text is not proofread by the author and might have some mistakes.

Master EK

Vishnu Purâna
CHAPTER XI



In the Forest of Madhuvana

Having heard these words, the prince bowed down to the seven great lights. He found himself accomplished and entered the thick jungles of what is called "the sweet forest". This means that the boy could find his entrance into the sweetness of the experience of the Lord.

Once upon a time, this forest was inhabited by the great giant Madhu, the sweet one (ordinary beings understand the wisdom of the whole world as the world of the sweetness of intelligence. By the realised ones, the same world is understood as the sweetness of the Lord's presence). For this reason, this forest is called Madhuvana, the forest of sweetness. Once upon a time, the son of Madhu, Lavana by name, inhabited the forest and was killed by Rama's brother Satrugnu (the word "lavana" means the pinch of salt, or the sorrow which results from the indulgence of man in sensory pleasure. The name Satrugnu means slayer of enemies. It denotes discrimination which kills desire, indulgence and sorrow). Satrugnu had built a city named Madhura, after killing the giant Lavana (the term Madhura means that which brings sweetness. Discrimination brings the sweetness of real wisdom to experience and build life as a city of the sweet experience of the Lord).

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 9
August 2001, Visakhapatnam/ India

Question: : It was said that if we want to live better in the society and be able to do better help to others, we need to know ourselves better. What is the way to understand one's self better?

Answer: Thank you for the question because the answer is a one line answer. This is what I am going to speak to you in the next two weeks, to give you the right inner strength to meet the outer. I know, due to my frequent visits to the West, that it is not so easy in the West to live what is being said from the angle of the science of wisdom, or from the science of living. There is the basic simple art of living. But the system in the West is so strongly built. It is all built with the purpose of giving better life to people. But the whole system is now doing the contrary and hence, to live the values is becoming difficult.

When you're supplied with drugs in the school, when alcohol is available like water, when there is the encouragement of sex even at a very young age, it is like throwing nascent children into troubled waters to swim. You can swim if it is a swimming-pool, but not in turbulent waters. Since we cannot change the turbulent waters by ourselves, it is important that we get the strength to swim in troubled waters. That strength can be developed from within, so that the turbulence will not push us to sink. Those are the strengths which I wish to present to you.

This text is not proofread by the author and might have some mistakes.

Paracelsus Health & Healing

Improving Resistance to Sickness



Man is essentially endowed with healing energies and the Veda says, "Every disease can be cured from within." This seems to be a hyperbole. But it is true. What is needed is adequate will to adapt to the needed changes. Ayurveda says that sickness can be prevented by hundred ways. Sickness is generally in the five layers of the body, which are regulated by the five elements. Its result is seen on the physical layer. Sickness is lack of harmony as between the five elements of the body. Fire is the equilibrating element as between the fifth ether Akasha, the fourth ether air, on one side, and the second ether water and the primary ether which is matter. Fire can balance the other four since it is the middle principle. Sicknesses are born through airy disturbances, watery disturbances, and also through impure intake of material. Fire burns all.

Retaining fire appropriately in the body would enable prevention of sicknesses. Effective fire in the body sets right any emerging imbalance. This effective fire in the body is called vitality. Resistance to sickness is possible when there is vital fire in the body. Therefore development of vital force through appropriate breathing is required. Exposure to morning - evening sun light, fresh air and drinking fresh water, cannot be overlooked. In the growing cities with the high-rise buildings, civilized men seldom see the golden light of the dawn and the dusk. With vehicular and industrial pollution, they do not have enough fresh air to breathe. Fresh flowing waters have become scarce commodity in modern times.

The consequence is the terrible onslaught of sickness. The solution for health is known but seldom man can change the ignorant modern trends. He is thus helpless.

Fresh air, water and the golden lights of the solar disk are the major factors that contribute to vitality. The vitality can be augmented through morning - evening daily rhythmic breathing exercises. Yoga practice basically recommends natural conditions of living and due techniques for improving resistance to sickness through certain additional practices. When the basics are not attended to, sicknesses cannot be prevented.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing
With a subscription you support this important work (€ 77 / year).

Children's Section

On Service

**WILLFUL EVASION FROM SERVICE IS CROOKED.
NATURE IMPRISONS SUCH ONES.**

Dear Children

On the earth there are three categories of humans:

- 1) One is the divine in the human,
- 2) The other one is the diabolic in the human,
- 3) The third is the mundane.

The divine in the human is ever engaged in acts of goodwill. The diabolic does cheap tricks, miracles to show up his superiority and deceive people. The third is just worried of his stomach. You have three possibilities in your life to choose, the choice is always yours.

K. Parvathi Kumar

Stories For Young People

The Goddess Minakshi and Mr. Peters

Mr. Peters was a materialist at heart. He laughed at every form of religion as superstition. He was a British archaeologist and collected ancient manuscripts in Southern India (19th century). One day an unknown young yogi came to him and offered him an ancient manuscript. The yogi told he had received it from the goddess Minakshi herself in order to give it to Mr. Peters. Peters did not listen; he was absorbed of the beauty and age of the manuscript.

At once he studied it and started to translate it with the help of a learned Brahman. The scripture was the story of Goddess Minakshi and her different forms. There was written, that the Goddess expected no blind faith to her powers, but she would give patronage to those who love her ardently. Peters smiled while hearing this: the form of the Goddess was not pleasant and her eyes were the one of a fish (mina: fish; akshi: eye). But in attraction to the manuscript he collected all stories of the Goddess and translated them with the help of Brahmans from Sanskrit into Telugu. Slowly he began to honor the Goddess in the manner the pious Brahmans did.

One night he dreamed, the Goddess was with him and tried to wake him up. He did not move, so she started to dress him quickly. Then she said: "Save yourself through the window, jump..."

Peters woke up. He was completely dressed up. His house was on fire... He jumped out of the window and saved his life. From the nearby river Vaigai there rose suddenly waters and put out the fire. So the priceless collection was also saved.

To the surprise of both, the people in India and his compatriots, Mr. Peters became a great devotee of Goddess Minakshi.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name of the group: WTT-group of Hamburg

Contact: Christine Reindl

Address: Bleickenallee 12, D-22763 Hamburg

Phone/Fax: ++49 +40-399 037 10 E-Mail: together-cr@t-online.de

Activities

We participate in the Paracalsus-work as well as in the translation-work. We meet regularly for Full moon- and New moon meditations and practice to include the One in our daily life. One member of our group runs beginners' and advanced courses in meditation at a community college.

Pisces

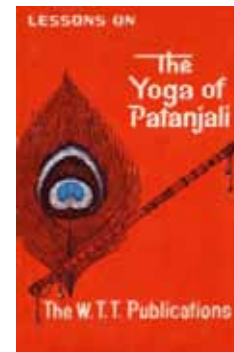
The Alpha and the Omega



The sign Pisces is normally understood as the last sign of the zodiac. It is, in fact, the first and the last sign of the zodiac. This fact is denoted by the symbol of the two fishes travelling in opposite directions. If Capricorn is the "alpha and omega of the whole creation", Pisces represents the "alpha in omega" and also "the omega within alpha" of creation. To the average man, this sign ends with the vernal equinox but to the man of the reversed wheel it begins with the vernal equinox. One who can link up these facts gets The Light.

From: E. Krishnamacharya: "Spiritual Master EK: Spiritual Astrology"

Book review



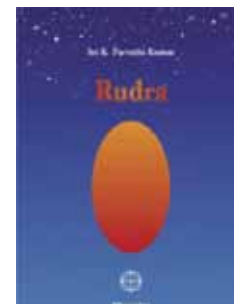
LESSONS ON THE YOGA OF PATANJALI

The whole practice of Yoga is to sublimate one's own activity of the lower nature and get it absorbed into the Original Existence so that one can live with the same machine of the human constitution in terms of true existence. Master E.K. makes us experience a masterly synthesis of the essence of Patanjali unfolded by dynamic teachings that simplify complex ideas, and through a process of correspondence to everyday life makes them accessible to the modern mind.

The book contains a session of 9 lessons in Geneva, October 1981, giving an introduction to the Science of Yoga, propounded by Patanjali and the Bhagavad Gita.

Ekkirala Krishnamacharya: *Lessons on the Yoga of Patanjali*

Copies: The World Teacher Trust, info@worldteachertrust.org



RUDRA

In the scheme of Vedic Wisdom and its related Puranas, Rudra is the Lord of Will, the Lord of Fire, who opens the way for Creation at various levels. He is also the Lord that clears impediments to Creation. He is also seen as the Lord who helps to path of return. Thus for entry into and exit from the world, Rudra remains the chief helper, Guru,

Teacher, Yogi. He is generally referred to as Siva. He is Agni at the supra-cosmic plane, Rudra at the cosmic plane, is Vayu (cosmic breath) at the solar plane and Surya (Sun) at the planetary plane. He is the Will principle that vibrates unimpeded. May the Lord Rudra help the seekers supplementing their will with His fiery, yet Good Will.

Dr. K. Parvathi Kumar: *Rudra*

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in February / March 2013

18.02.	13:01	☉ → ♓ / Sun enters Pisces	
20.02.	16:04	11 th phase of ascending moon starts	☉ 02°09'♈ / ☽ 02°09'♊
♀		Contemplation upon the healing energies (End 21.02. at 18:16)	
24.02.	21:30	Phase of full moon starts	☉ 06°24'♈ / ☽ 24°24'♊
☉		Contemplation upon Mitra-Varuna, the not untrue beings	
25.02.	21:26	☉ Full moon of Pisces	☉ 07°24'♈ / ☽ 07°24'♊
04.03.	11:52	● 8 th phase of descending moon starts	☉ 14°01'♈ / ☽ 08°01'♈
☽		(End 05.03. at 09:51)	
07.03.	05:37	11 th phase of descending moon starts	☉ 16°46'♈ / ☽ 16°46'♈
♄		Contemplation upon the healing energies (End 08.03. at 03:29)	
09.03.	09:35	23 rd constellation Dhanishta starts	☽ 17°22'♌
♄	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 10.03. at 08:31)	
10.03.	22:00	Phase of new moon starts	☉ 20°27'♈ / ☽ 08°27'♈
☉		New moon point of Pisces: Contemplation upon 'The Pledge'	
11.03.		1940: Master MN left his physical body	
☽	20:51	● New moon of Pisces	☉ 21°24'♈ / ☽ 21°24'♈
12.03.		1922: Master CVV left his physical body	
19.03.	05:09	● 8 th phase of ascending moon starts	☉ 28°43'♈ / ☽ 28°43'♈
♂		(End 20.03. at 07:41)	
20.03.	12:02	☉ → ♈ / Sun enters Aries	
♀		Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs	
		☉ in ♈ and 1 st - 14 th phase of ascending moon:	
		Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year	
22.03.	11:40	11 th phase of ascending moon starts	☉ 01°58'♈ / ☽ 01°58'♈
♀		Contemplation upon Master Morya (End 02.03. at 12:46)	
26.03.	11:55	Phase of full moon starts	☉ 05°57'♈ / ☽ 23°57'♊
♂		Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre	
27.03.	10:27	☉ Full moon of Aries (Shambala)	☉ 06°52'♈ / ☽ 06°52'♈
31.03.		Summer time starts (02:00 h MET → 03:00 h MEST)	
02.04.	19:39	● 8 th phase of descending moon starts	☉ 13°08'♈ / ☽ 07°08'♈
♂		(End 03.04. at 17:36)	
05.04.	14:10	11 th phase of descending moon starts	☉ 15°52'♈ / ☽ 15°52'♌
♀	16:48	23 rd constellation Dhanishta starts	☽ 17°23'♌
	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 06.04. at 16:15)	

All dates are in MET (middle European time), starting on 31.03. in MEST (middle European summer time)

From: »Astrological Calendar 2013/2014«

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to serve, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.