

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Leo 2019 Simha

Letter No. 04/ Cycle 33 – 23rd July until 23rd August 2019

The World Teacher Trust - Global

Invocation



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2019-2020

A Clean Life
 An Open Mind
 A Pure Heart
 An Eager Intellect
 An Unveiled Spiritual Perception
 A Brotherliness for One's Co-Disciple
 A Readiness to Give and Receive Advice and Instruction
 A Loyal Sense of Duty to the Teacher
 A Willing Obedience to the Behests of Truth
 A Courageous Endurance of Personal Injustice
 A Brave Declaration of Principles
 A Valiant Defence of Those who are Unjustly Attacked
 A Constant Eye to the Ideal of Human Progression and Perfection
 which the Secret Science depicts
 These are the Golden Stairs
 up the steps of which the learner may climb
 to the Temple of Divine Wisdom.



Full Moon of Leo, 15th August 2019, 14.29



Message of the Month of Leo

While attachment is the conditioning factor in Cancer, egoism is the conditioning factor in Leo. In Leo, man becomes highly self-conscious. The Leo subject is excessively self-conscious. He feels I am, I know, and I know better than others; this is the leonine character which does not heed advice.

The month of Leo is called in Vedic terminology as sravana. Sravana is the energy of Saravana. Saravana is the son of Lord Shiva and has extreme first ray quality. He tends to be egoistic by virtue of his ability. His ego was neutralized by the wisdom of another son of Lord Shiva, namely Ganesha. Moderated by Ganesha, Saravana excels and tends to be complete in all aspects of a yogi. He tends to be like his father Shiva and like his brother Ganesha.

This story in puranas typically suits the subjects of Leo who tend to be over-confident. They have high self-esteem and do not treat others as equals. They intend to rule the surroundings. Sun is the lord of Leo and therefore naturally the natives of Leo would like to be rulers. But mostly they fail due to their arrogance. They need the touch of the wisdom of Jupiter by which they get moderated. It is no wonder that many great emperors ruled the world gloriously in the past as long as they were obedient to their teachers. Every ruler needs to be moderated by a royal teacher. It was so with Chandragupta Maurya, it was so with Napoleon, and it was also so with Alexander. But when the rulers differed with their teachers they fell and they perished.

The message for the leonine subjects is while they may be able and may be very confident, they would do well to learn to listen to the advice of the wise and if possible, follow such advice. Madame Helena Blavatsky was a leonine person but was willing to be guided by the ascended Masters. Master EK, another Leo subject, surrendered himself to the wisdom of the Hierarchy and was personally guided by the ascended Masters, so also was Sri Aurobindo and Master CVV. These are examples of association of Jupiter with Leo.

The month of Leo offers a facility to walk into the cave of lion where one can find the golden light. All aspirants are strongly recommended to look to the golden light within the Leo's cave which exists at a point just above the diaphragm. Experiencing golden light enables the reversal of the path while experiencing egoism is the ordinary path that makes one more mundane being.

May the aspirants review their lives and opt what is utmost to their life.



Message of the Teacher

Virtues



Virtues in creation are but the expressions of the divine. Whenever you encounter a virtue know that the divine is behind such virtue. Virtue is but the presence of the divine. Relate to the presence through the perceptible virtues. Through this practice you can eventually relate to the indweller of all who is called Vasudeva in scriptures.



Utterances of Lord Krishna

For the self-realized one there is no more obligatory karma.
He has no personal purpose to fulfil.
He either acts or rests as per the time and the place.
Neither action nor consequences of action, touch the self-realized one.
(3-18)

The self-realized one believes in be-ness and acts as per the demand.
He is unconcerned of the results.
He is in a natural state of liberation,
Unlike the unrealized ones.
(3-19)

Lord *Maitreya*

Peace



People crave for peace. But people are selfish. The selfish search for peace is indeed a joke. For peace people retire to see beaches, to see woods, and to see mountain peaks. According to the purse, the mind tricks us to so many retreats which are but costly. Peace comes if that purse is utilized to benefit the hungry, the sick, and the needy. People least realize that peace is the result of their actions of goodwill. When the fellow beings feel grateful in their hearts for the help done, it returns to the person in the form of causeless peace.

Men in inertia and in hyperactivity shall have to balance their daily rhythms to ensure that the energy flows like the mountain stream. Peace is the result of acts of goodwill done, donations given, and contemplations made. Peace has to generate from within, it cannot be obtained from outside. A true warrior is at peace even while he is in war.



Master Morya
– *Maruvu Maharshi* –

Twilight Hours

The twilight hours pass by, twice daily. Seldom does the aspirant realize that the twilight hours are passages into the subtle world. When the night meets the day and when the day meets the night, at that meeting point, there is a subtle door which opens to allow the beings to move to the other side - it is a magical door. Those who are attentive would surely find this door to move beyond. The twilight hours are silent. May the student also be silent during the twilight hours, and not engage himself or herself in mental, astral, or physical activity.

THE TREE

The tree is a true teacher as well. It not only receives energy from the earth but also from the sun, sky, and from the heavenly bodies. It grows in silence, unlike man who makes noise with every little growth. It bears flowers and fruits for others and it gives shade to others, unlike man who eats the fruits of his own action. The tree is not disappointed during the fall - it knows that every fall is followed by a spring and a bloom. It knows the cycles of time much better than the man. May the tree be observed for its silent virtues.

Master Koot Hoomi
– *Devâpi Maharshi* –

Sambala 15



Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala presides over the sahasrara of the planet earth. It presides over the evolution of the planet and the planetary beings. Sambala has a well-defined purpose of causing evolution and elevation to the beings and to the planet as well.

To reach Sambala, the four dimensions of pyramid are inevitable. They are bhakti (devotion), jnana (knowledge), vairagya (a detached state of being), and yoga (the alignment of the being).

The Hierarchy is ever engaged in imparting these four dimensions of life with a noble objective of recruiting beings into Sambala.

Daily recollection of Sambala itself would reinforce the will to do good, the knowledge, and the effective action. The major reception centre of solar energy on our planet is but Sambala. Relating to Sambala could enable reception of the Will, the Knowledge, and the Light of God in greater measure.

Sambala is the reception centre on Earth of energies which emerge from the Sun, the Moon, the Mercury, from the Central Sun, from the Seven Seers of Great Bear, as also from the teachers of Sirius. Receiving the energies from variety of higher sources, it distributes the same on Earth for the well-being of the Earthy.



Message of Master E.K.

Personal Finances

Indifference to personal finances is impractical. Resentment towards financial affairs is an inherent inability. Accumulation of finance causes illusion through miserliness. Abuse of finance is ignorance. Intelligent utilization of the financial resources for the benefit of the surrounding life is the quality of a yogi.

Message of Master C.V.V.

Aphorisms to Disciples 17



47. In my path of yoga, there is no need for relinquishment. You do not have to make efforts to relinquish. I relieve you from all that is not desirable for your growth. What is not required for you is cut off as per my will. Know that associations and dissociations happen to you according to my will.

48. Do not be excessively preoccupied with healthy foods. My energy in you would not let you to get into anything which is detrimental to your growth.

49. As you conduct the prayer regularly as indicated by me, your life is cut to size and is made beautiful. You would eventually find yourself to be a well-carved idol that emits electromagnetic waves.



Vidura

Teachings of Wisdom

The King that
honours the Initiates,
harmonises the community,
distributes the resources
with discretion,
conducts well in the court,
rules the kingdom for long years.

PRACTICAL WISDOM

Meet Me in you.
I am ever available in you.

Saraswathi

Suktam 3 Separativity 1



The verse of the hymn: “Uta kshiti bhyaha”, calls upon Mother Saraswathi to uplift us. She lifts us up from the material inclinations, kshiti means earth in Sanskrit. Furthermore, once we start uttering the sacred sounds, we are freed from useless talk, abuse of speech, discussions and arguments. The tongue goes through transformations, that is what is called “the descent of the fiery tongues” (Pentecost). The fiery tongue is not a tongue on our head, but it is the fiery tongue we get through right utterance. The magic is in the Word. The miraculous power of the Word is unparalleled. Land stands symbolically for all that is material formation, through which the Word flows. The Word creates formations and flows through it. Having emerged from THAT which is Unspeakable, it creates successive formations, flows through them, fulfilling itself. We are a replica of that Word and verily we are the Word. We are the Word uttered forth, and in turn we utter forth; by this we create.

The Word that utters itself forth from the Source has its patterns of involution and evolution. We too are given such patterns, but when we forget that we also are uttered forth from the Source and start assuming that we are separate entities, we lose the knowledge.

If the branch is cut off from the tree, it cannot bear fruits. The pattern of the tree cannot flow into that branch which is separated from the tree. Thus, the separated branch develops patterns of decay and death.

If we entertain separativity in one of the planes of our Existence, it causes disease, decay and death to that plane. The material formations are precipitated by the Word, which flows through all the formations (development

from Root Matter to Gross Matter throughout the 7 planes). The hymn proposes that there shall not be ups and downs as the Word flows through the land or through the formations. If there is hindrance to the flow, it is indicative of a blockage in some plane of Existence and that plane decays.



Srî Râmakrishna

The Creation



We possess home, family, and children for a short time,
but all these are non-eternal.
The palm-tree itself is real.
But when one or two of its fruits fall to the ground,
why should we regret it?

PRACTICAL WISDOM

Learn to meet Me in the Heart.
It's My eternal abode!



On Secret Doctrine

The Four Heads of Purusha

Every ancient theogony without exception – from the Aryan, the Egyptian, down to that of Hesiod – places in the order of cosmogonical evolution night before the day.

In Vishnu Purana – which is certainly the earliest of all scriptures – we find Brahma, the creator, assuming as the male god, for purposes of creation, “four bodies invested by three qualities”. This indicates the seven principles of the manifested creator and the manifested universe, in the same order as in man. Man is also of four principles invested by three qualities. It is said by Parasara to his disciple Maitreya, “the dawn Jyotsna, night Ratri, day Ahas, dusk Sandhya are the four heads of Brahma.” As Parasara explains it, when Brahma wanted to create the world anew and construct a progeny through his will, the fourfold condition is in the fourfold order of the beings: the first ones are the Pure Dhyanis (Brahmarshis), the second ones are the self-assertive ones with active principle, the third ones are the idiators (thinkers), and the fourth ones are the workers. The four grades mingled with three qualities of dynamism, inertia, and poise to bring out the creation.

The self-assertive ones or the self-conscious ones take precedence to the angels or gods who constitute the third category. The first category of Pure Dhyanis constitute be-ness, the second category of self-assertive ones constitute self-awareness, while the third category constitute the angels and gods, and the fourth category is the result of the three as the fourth.

Every human being can experience the four in himself. The sense of be-ness in him is the first category, the sense of self awareness, achie-

vement, attainment, covetousness, constitute the second category in himself. Endless thinking and ideation before action is of the third category, while the fourth category is activity. In man you can see this four-fold existence namely existence, existence - awareness, existence - awareness – thought, and existence – awareness – thought – action. Thus, man is fourfold as the creator; this fourfold dimension of the creation is represented symbolically by four heads of the creator. Not only the creator is four headed but we too, the humans, are four headed. Depending upon the category, we have either one head or two heads or three heads or all the four heads. If one is just a worker he is just one head; if one is a thinker as well as a worker he has two heads; if one experiences himself as pure awareness as well along with his thinking and working dimensions he is triple headed; when one can experience the be-ness of himself beyond awareness he is four headed.

These four dimensions in creation correspond to the four dimensions of the day as per Vishnu Purana, which Parasara explains to Maitreya. Therefore, Vishnu Purana says that the four heads of the creator are Ratri the night, Jyotsna the dawn, Ahas the daylight, and the Sandhya the dusk.



Brahma the Creator



Saturn

Transformation Protection 1

The effect of Saturn determines a time period, but not the time of fruition for everything. Mars makes man sow the seed, while Saturn influences the time and manner of harvest. Mars is action oriented. It is the effect of the influence of Mars that makes us sow the seed, but for the seed to grow, to become a plant and then give fruits, is the aspect of Saturn.

To prepare rice for eating, we need to collect the rice grains, clean them, mix the rice with appropriate portion of water, place them in a rice cooker and then put it on a stove. All this is Martian work. Afterwards we have to wait. Waiting is necessary for the rice to get cooked. That waiting function, is Saturn. If we don't wait properly, we will not have good rice to eat. If we know the timing, we will always have right things in life.

Saturn is a positive teacher when we know how it is, but when we do not know, how it is, he stops us. When we cook rice, if we overcook, we cannot eat it, and if we undercook, we also cannot eat it. That is how he sets the time, and makes us know about it. Thus, the process of knowing is a Saturnine training. It is the teaching we get through our experience and through our experiments. Saturn withholds a portion of the workings of man that are beyond his control, until the ultimate fitness of things is comprehended. He will not allow us to do things, until we are fit for it.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Homosexuality

A major problem today is the growth of homosexuality in both male and female. Homosexuality is a leftover from the sexual excesses of ancient times, an inherited taint and tendency of those who practiced it in the former lives. The cure lies ready, if the homosexual chooses to employ it. The individual can, with relative ease, transmute the sex impulse into right and constructive ways and become artistically creative. Many of them are beginning automatically to do this. It is better that this is so, for much future suffering lies in wait for the victim of this un-natural and unfortunate tendency.

There are other conditions which lead to homosexuality. Imitative homosexuality accounts for many of our sodomites and lesbians. Such persons imitate others and so develop habits from which they might otherwise have remained free. It has its roots in prurient curiosity, a perverted mentality, an unwholesome imagination, and a powerful physical or sex nature. The development of homosexual habits can also result from a frustrated sex life, the state wherein an unmarried person has no normal sexual expression.

A disciple



The Teacher

57. Suchir

The Clean One (*)

The energy of the Teacher is so clean that it cannot be polluted. The body of flesh and blood, however cleanly it is, is still considered unclean by the scriptures for it carries at all times minimum quantities of stool and urine. It cannot therefore be called pure. The indweller of the body can be pure when he is unaffected by the body, when he stands detached from the body, when he stays in the body unattached. Hunger and thirst belong to the body due to the presence of the soul and life activity. When the process of combustion happens in the body, energy is expended and carbons are formed in the body. The carbons have to be eliminated and energies need to be replenished by food and drink. Yoga science gives the technique of detaching from the body in the sixth step of yoga and associating with pure consciousness in the seventh step of yoga. When a yoga student attains this, he is unaffected by the body, does not feel thirst or hunger for days together; this is due to the indweller's engagement with consciousness. In that state certain secretions happen in the larynx which nourish the body. The Yogi stands beyond the need of food and drink. He is beyond hunger.

In Hatha yoga practice, a particular centre of the throat is recommended to be concentrated upon to overcome hunger and thirst of the body.

When the indweller is deeply associated with the body, he frequently feels the need for drink and food. Such ones are generally food- and drink-oriented, they live to eat and drink. They cannot afford to miss a breakfast or a lunch or a dinner. There are people in the civilized world who genuinely feel that they die if they miss a meal. Such ones are not clean from the standpoint of yoga or discipleship.

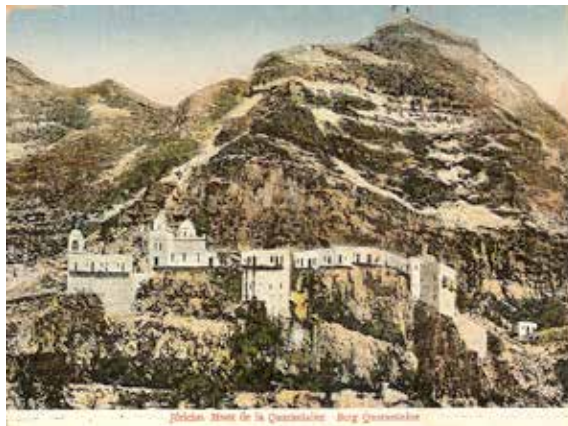
The Teacher is an example of standing beyond the requirements of the

body. The one who can thus stand is the one who is considered completely clean. Jesus Christ demonstrated this on the Mount of Temptation. He forgot to drink and eat for forty days due to his deep engagement with the Divine. Ramakrishna Paramahansa was frequently into the states of samadhi where he remained without food and drink for months together. The suchir that is referred to here is that order of suchi (cleanness). The one who attained this is suchir.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

A disciple

(*) N° 56. PANCHAVARNAM - Five Varnas - refer to #19



Mount of Temptation



Kapila

The Steps, Part 3

8. Choose to live in places serene, calm and quiet. Avoid densely populated, highly commercial and noisy places. Till consolidated in equanimity and poise, avoid crowdly situations.

9. Practice harmlessness that enables development of poise, completed point of view and divine understanding. Clandestine activities and aspiring for others' properties and fortunes are prohibitive. They hinder progress in Yoga.

10. Accept as much as is needed. Do not accept more than what is required. Learn to distribute accumulations to keep free from material gathering and its consequent conditioning.

11. Contemplate upon the unitary existence, the Self, as I Am at all times, maintain purity in thought, speech and action (as also keep purity of surroundings). Study on a daily basis World Scriptures at least for 15 minutes and prepare notes thereon, hold 'fiery aspiration' all through.

12. Let the daily routine include a few minutes for worship and for maintaining silence.

13. Maintain ease at mind and cheer on the face.

14. Practise withdrawal from sense objects, from mind's thoughts into heart. This is called absorption. This can be practised in between two actions to start with. Gradually the practice can be extended even while in action.

Ashram Leaves

God



Father! What is God?"

"God is 'That'! my Son."

"Father! What is 'That'?"

"The abode of the life,
the pulsation and the
respiration that
shelters mind is God."

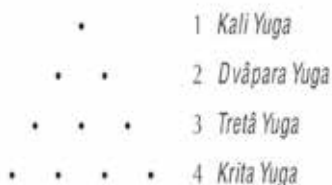
PRACTICAL WISDOM

Gather not knowledge.
Instead, gather the Self in the heart.



Lord Dattatreya

The Four Qualities - 4 Yugas



If the decad is observed we would find that the decad is arranged in 4 horizontal lines, which speak of one of the chief keys relating to the creation, that is, the fourfold Existence.

The 4 bindus of KRITA YUGA represent:

Truth (Satya),
Law (Dharma),
Peace (Shanti), and
Love (Prema).

The 3 bindus of TRETA YUGA represent:

Law (Dharma),
Peace (Shanti), and
Love (Prema).

The 2 bindus of DWAPARA YUGA represent:

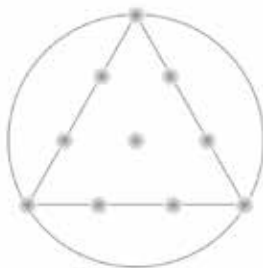
Peace (Shanti), and
Love (Prema).

The 1 Bindu of KALI YUGA represent:

Love (Prema)

In Kali, thus, pure love or divine love is the means to ascend to the state of poise whose other name is peace. Only the poised ones can comprehend the Dharma and ascend there on. The Dharmic ones can relate to the Truth, become Truth and be Truth. These are the 4 essential steps in the path of yoga. The fourfold Existence as depicted in the decad was explained in the presiding chapters.

Sri Guru Datta approaches the beings with love and compassion, comforts



them, orients them towards the Path of Poise through love and inaugurates the Path to Truth. When the 4 virtues are accomplished, the being experiences Krita Yuga even in Kali Yuga. The quality of time does not affect such accomplished ones.

The 3 heads of Sri Guru Datta can be conceived as the 3 extreme points of the decad and the 7 points within can be conceived as his body with 7 planes of existence. From out of the three emerge the devas and conduct the body. Thus, the universe is the form of Sri Guru Datta and the decad is the means to reach it. It is for this reason every form should be visualised as the form of Sri Guru Datta only.

While the geometrical symbol is for the advanced students of occultism, the figurative form is for the simple-minded so that they are easily oriented to the energy of Sri Guru Datta. The humans of Kali Yuga are form-oriented. To lead them through the form is the dexterity of the seers. For this reason, Sri Guru Datta is conceived with 3 heads, 6 hands, a human body, accompanied by a cow and 4 dogs, besides the 6 weapons in the 6 hands.



Fire

Detailed Explanation 1

I. Invitation to Agni

OM AGNIM VRATAPATIM ÂVÂHAYAMI STHÂPÂYÂMI PÛJAYÂMI.
(To be invoked 7 times.)

Meaning of the mantram:

OH, LORD AGNI! THE LORD OF RITUALS, I INVOKE YOU.
I ESTABLISH YOU HERE AND I WORSHIP YOU.

Saying so, we would light the Fire and when the flame is on, we will continue to chant the same mantram 7 times in total.

II. Offering to Agni

AGNAYE SWÂHÂ, AGNAYA IDAM NA MAMA

To be invoked 18 times. Giving small sticks dipped in Ghee into the triangles.

Meaning of the Mantram:

OH, LORD AGNI! I OFFER YOU THE STICKS OF FUEL;
IT IS FOR YOU, NOT FOR ME. (SWÂHÂ)

When we utter SWÂHÂ, we shall place the sticks of fuel in the flame. SWÂHÂ is the mantram through which the Lord is pleased to accept the offering.

Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 8 Rudra's Bull



Rudra is said to move on the bull. The bull is his vehicle. The bull stands for Taurus. Thus, Rudra presides over the Sun sign Taurus. Taurus is the month of the highest illumination in the solar year. All great initiates pass over to higher circles in the month of Taurus. Man gains the highest illumination when his entire being orients to the light in the head and when man is not distracted by desire of any kind. His energy remains oriented upward. Such a one would have transcended the desire (like Gautama Buddha in recent times). Lord Rudra presides over this illumination. He helps beings to transcend the desire. He is said to have killed the Cupid who promotes desires. The worship of Rudra thus enables transcendence of the desires. In the human body, Taurus is attributed to the part between the eyebrows to the neck. It is significant to note that all the 5 senses prevail in this part, besides the speech. Thus 6 out of 11 aspects of Rudras are in Taurus, presided over by Rudra. Thus, the Lord mounting the bull is called Bablusaya. When this aspect of Rudra gives presence, the third eye gets opened in man.

This third eye exists as a central star of Orion called Aldebaran. It is called Rohini in the Vedic system.





Sanat Kumara

See Behind the Behavior in the Animate Forms

The second step is to see the behaviour in the animate forms. This needs much more patience and Sradhdha. The behaviour of the animate forms quickly affects us and we miss to see that it is but a pattern of behaviour. Behind the pattern there is the behaving one, the consciousness. This observation is rather difficult. The inanimate forms do not interact with us. It is therefore easier to see the One Consciousness in all inanimate forms, but in the animate forms there is visible behaviour. Certain behaviours are agreeable to us, certain other behaviours are not agreeable. We therefore get affected by the duality. Thereby we miss to continue seeing the One Consciousness. For this reason, it takes long years to feel the One Consciousness, which is beyond the variety of behavioural patterns. It is at this juncture one needs a teacher who demonstrates the ability to see the One Consciousness surpassing the dualities of behaviour. He remains in equanimity, in equilibrium. He stays neutral, unaffected by acceptable and unacceptable behaviours.

From the Teacher's Pen

Questions and Answers

The New Group of World Servers



Question: Dear Master, what prevents a man from becoming a true member of the New Group of World Servers promoted by Master Djwhal Khul?

Answer: Dear friend, the question is beautiful. The answer is simple.

- An uncoordinated personality consisting of untrained mind, feeble intellect, and irregular rhythms.
- A sense of separateness, a sense of distinction, a sense of staying apart, feeling oneself special and different from the fellow men.
- A possessive trait, possessive of one's family, one's wealth, one's status, and one's ideas.
- Ambition and prejudice.

Ensure that these four varieties of energies do not enter into you.

Then again, the question arises how shall one qualify to be a member of New Group of World Servers. The rules are simple but are not answered because you did not seek.

The Wisdom of Nakshatras

Star 4: Rohini

Position : Astrologie lunaire de 10°00 à 23°20 du Taureau ; Astrologie occidentale de 6° à 19°20 du Taureau.

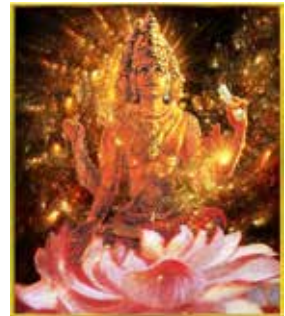


Rohini is located entirely in Taurus. It is the brightest of the stars. In this constellation, Moon shines at its best and much more so during the full moon of Scorpio. It is known as Aldebaran in the Western astronomy. While Moon in Rohini transmits optimum moon light, Sun in Rohini is at its height of power. The sunrays during Sun transit of Rohini

would even break boulders and stones including granite. This gives an indication of the power of Rohini. Incidentally, Lord Krishna was born with Moon in Rohini. He was the coolest and the most romantic being. He was also the fiercest one. He mercilessly killed kings and demons who were trying to destroy dharma.

The meaning of Rohini is the reddish one, which signifies passion, abundance, warmth, and hidden ability. The constellation looks like a bullock cart, which is used for commerce of goods and others. The bull of Taurus functions in it optimum in this constellation and the bull is known for fertility and gait.

The lord of the constellation is the Third Logos, the Creator or Brahma. It goes without saying that the natives of Rohini are creative and artistic. While Moon and Sun are very effective, so also Venus is highly effective in this constellation, which enables joyful life with affinity for beauty, luxury, and art. Rohini natives are polite in conversation, unwavering in views, focused on self-liberation, truthful, and generous. Moon is the control-



ling planet, and mother Parvathi is the ruling deity for this constellation. The number of the constellation is 4. Since this constellation is centrally posited in Taurus, the natives of this constellation are fixed in their views. Among birds, owl represents the constellation of Rohini.

The weaknesses of the natives of constellation are that they are materialistic, manipulative, take advantage of others, sexually indulgent, possessive, jealous, and are indecisive.

Rohini natives have large expressive eyes. They have ability to charm others. Their disadvantage is that they are self-serving. They are generally successful people. Since they are creative and since they have Taurian energy, they manifest their thoughts effectively. Though conservative, they are open to new ideas and new influences. Yet, they are cautious and discreet. They live long and generally have robust health.

The natives of this constellation would do well to respect the cows. Queen Victoria, Barack Obama, and Charlie Chaplin are also born in Rohini.

Moon being the ruler of the constellation Rohini, the natives start their life with the influence of the Moon. Moon gives good bonding and attachment to the surroundings including the parents, and the co-born. They get nourished and grow healthy and strong in the familiar surroundings. They start their life being completely receptive. Rohini natives absorb the surrounding activities like a sponge and soak up the related experiences. They are generally more informed and are developmentally more advanced than their age group. They eternally search for peace and happiness. They look for constant creative inspiration and try to grow into new things seeking new stimulations.

All planets that are placed in Rohini are stimulated to grow their relative energies and thrive over.

Apparently, natives of Rohini are common and quiet, but truly they are ever imaginative, creative, and even sometimes restless. They are eager for self-expression. They should ensure that they do not fall into the pit of idle imagination. Moon being the ruler, they are susceptible for fickle mindedness which can be guarded through effective action with endurance and patience.

Since growth and fertility are the main strengths of Rohini, the natives of Rohini would do well in agriculture, gardening, growing of nurseries, and the related activity. They are also extremely well suited to rearing cows and



taking care of cattle.

In the human body, Rohini represents the forehead and the temples. Among the trees, banyan tree carries the energies of Rohini as it continuous to grow and multiply with the branches of the tree.

Among cows, the brown cow relates to Rohini much more than other cows since the colour brown inherently carries the red colour in it. Red colour represents

the Aldebaran which is reddish. Rohini also means reddish. A brilliant brown horse also represents Rohini. While white cows and white horses are considered auspicious, brown cows and brown horses are considered deeply effective, vigorous, and strong. Red sandalwood also contains the energies of Rohini. Among herbs, Helleborus niger holds the energies of Rohini.



Helleborus niger

Agni

An Introduction to the Work
of Cosmic Fire, 90



5. The Electric Fire Facets of the First Logos 4

Pisces is used to experience, because it is the 3rd aspect of waters or pure waters or waters in the sky. Likewise, the other two watery months, namely, Cancer and Scorpio, are utilized to experience the Lord. And then it is said, that all the 1st rayed Devas of the Cosmos emerge from Him and surround Him. Who are those, that emerge first as the creation is proposed? We have understood earlier in the first two, three classes, how the emanation takes place from seeming nothingness. The space becoming potential space through the process of fire, and then the matter coming out, meaning, the fire aspect is the first that surrounds the Lord. And I have also explained how the utterance takes place with us and with the creation. So, the Lord of utterance is also the first surrounding Him. And the Lord of groupings of the sounds is also a first emanation from Him, and the Twin Devas, called the Aswins, who progress the creation in the two-fold manner, and enable meeting of the matter and solar fire are also the emanation from the Lord.

So, the first group of emanations who are the Presiding Devas of the Cosmos, they are all in worship of Him, meaning, they draw their energy from Him. And then it is said in the scriptures, that He is daily worshipped by flowers. So much worship that we cannot see Him! Worship by flowers, by which even the pictures are covered. So, there is so much of aggregation of flowers in and around Him, that we cannot see Him. And each flower is a group of solar systems. That is how He is prescribed.

This text is not proofread by the author and might have some mistakes.



Master EK

Vishnu Purana Chapter XXIV

Pushkara Island

The Pushkara island is surrounded by the milky ocean and has twice the area of the Saka island. There is only one mountain which is well known to all there. Its name is Manasottara (the Supra-mental). It stands in the middle of the island and is circular in shape. It is fifty thousand links in height and of the same width. It is circular all over. It stands as if it bisects the circular expanse of the Pushkara island.

The island exists as two on either side of the mountain. People in that island live ten thousand years without prejudice, malice, attachment, without ill health. To them there is no one who is high or low. There is no one who kills or is killed. The people do not know fear, anger, covetousness or the glamour of anything. Towards the outer lane it is inhabited by the Dhataki trees that are yellow.

The outer region of the Supramental mountain is inhabited by the Devas, Daityas, etc. In that island, there is neither truth nor untruth. There are no rivers and no mountains. The people in the island are equal to the Devas in their existence. There are no divisions of the four classes and the four Ashramas. There are no duties and no performance of the rites according to Karma. No threefold wisdom. No administration and no penal code. No one eavesdrops on another. This island of two parts is heaven on Earth. The seasons confer equal comfort. People live without disease and death. The Nyagrodha tree is found on the island. Brahma resides there, being worshipped by gods and giants. The ocean is filled with sweet water.

These are the seven islands surrounded by the seven oceans. Each island is twice the size of the previous one. The water in all oceans is always the same and shows no change. The water in the ocean undergoes turmoil

according to the increase and decrease of the moon. It moves from bottom to surface like water boiled in a pot. Moonrise and moonset also cause changes in the ebb and tide of the ocean. So too, the two lunar halves of the month. The ebb and tide of the oceans show an increase and decrease of fifteen inches in height. In the Pushkara island, food is ready in nature for the people. They enjoy the six modulations of taste. The Lokaloka mountain is one hundred thousand links in area and of the same height. (Lokaloka means the demarcation line that exists around the whole solar system and locally around our Earth. Within this line there is the existence, and beyond this line there is the non-existence of creation. Hence it is called Lokaloka, the node between existence and non-existence.)

Beyond this line the mountain is made up of darkness thick. It is surrounded by a very thick shell made up of impregnable darkness. This Earth is fitted within this shell. This Earth has fifty magnetic points around it. All seven islands and oceans are worked out into the fitness of this Earth. Of all these planes of existence the Earth includes maximum qualities of existence, since it stands as the basic support of all beings of all planes around itself."



Nyagrodha or Banyan Tree at the Theosophical Society Adyar



Paracelsus

Health and Healing

The Value of a Doctor

Is your doctor good enough? It is not easy to answer. The currently available measures would not enable either a colleague doctor or a patient to appropriately evaluate a doctor's worth. Despite prolonged and costly attempts, insurers and governments have not been able to accurately measure a doctor's value. They won't be able to do so in the immediate future. There are no available measures to capture a doctor's worth.

A deep concern for patients is but a fundamental responsibility of a physician which wells out from the culture of the physician, which is not measurable but can be sensed only by a patient.

A sympathetic understanding of the discomforts, ailments and diseases is again based on a physician's attitude and also the time availability in the hands of the physician. Rushing a physician to address a fixed number of patients per hour is today's trend, which disables the physicians to gain understanding of the patients' sicknesses.

The physicians are life-givers. They cannot be driven by financial considerations. Yet the existing medicare systems set targets for the physicians and push them to clear cases faster, to prescribe medicines and even to suggest surgeries. Like in all fields the financier presides over the helm of affairs and directs the specialists like physicians, surgeons and even scientists.

A Master of Wisdom says, "Knowledge is not in dearth amidst humanity, but knowledge is under the thumb-rule of the barbarians, the power mongers and the money lenders".

An especially skilled physician, capable of curing most intrinsic sickness, is constrained to do so due to the economic conditioning of either the patient or the administrator or the self-economic condition. When education

and health of humanity is conditioned by commercial factors, not much can be accomplished. A physician who is expected to live in harmony and promote health himself is desettled into conflicting situations and many times holds not the free will to heal, to treat and to cure. The independence of every profession is at stake, so also for the physician, when there is predominance of governance and legislations that constrict the free play of professional excellence. Today's medical profession is burdened with many a factor and a conscious physician cannot find the free will to demonstrate the knowledge that he holds.

Amidst physicians there are a number of stories where they experience nights of panic and triumph, caring for critically ill patients. Personally, they have 'OK' days and days where they fall asleep with their hands on the chest, full of satisfaction. But those are the situations where the physician is unfettered of any commercial or administrative constrictions.

It is about time that the profession of health and healing is restored to its due place of honour to enable its optimal functioning.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: www.paracelsus-magazin.ch/en

Dimensions of Ancient Wisdom

Dr. K. Parvathi Kumar
Group Life Teaching, Part 5
June 2018, Billerbeck, Germany

In three steps we can experience what we are and what for have we come and what are we to do here. To know that, the best key given by the scriptures is astrology. But how to learn astrology in its proper way is the question. There are many teachers, who know many dimensions of astrology. But not all can really give the inner dimensions which lead you into your own being. They only give interpretations about your objective life. To lead you into your own being, that is a process.

First of all, to turn inward, we have to close our Libra. Libra means going out through the navel into the objectivity for nothing. It is a habit that the mind goes out all the time. All the time it goes out. Like a wandering dog, the mind keeps on moving around. It is gathering information through the five senses. We have many facilities to go out. Earlier we were using the five senses, now we are using WhatsApp. to know what is happening in America or what is happening in Australia, what is happening in China, what is happening in Russia, the football games. It gives extended information, and slowly we are more and more getting stuck to these facilities and tend to be much more in objectivity than in subjectivity. It is a facility, which should be used according to the purpose.

The mind, which is so much accustomed to objective activity, leads our energies into objectivity. That is where Libra opens in its completeness. When Libra opens in its completeness, there is no way for you to get back from objectivity to subjectivity.

Pranayama is a technique given by the Master of Yoga as a means to close Libra, meaning not to move out into objectivity, unless there is a purpose. Not to move out does not mean physically, it also means mentally. Sitting at home, if we keep on thinking about all worldly things, we are moving out. Therefore, this technique of Pranayama has become such an important technique for man to turn inward and to know that there is a happening in him without his doing. We all believe in doing things. But all our doings

are on the basis of a happening within. Your awakening is a happening. Your pulsating activity is a happening. You are not doing it. Your respiration is a happening, you are not doing it. Respiration, pulsation, awakening – these are all inner activities on the basis of which we have an outer activity.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Existence loses its purpose and its meaning.
Frightful emptiness fills the life,
when Service is not attempted.

4. An Inspiring Life

Even as a child Lev asked himself about the destiny of man and the immortality of the soul. He tried out what it would feel like if death were the end of all things. He lay in bed for three days, read a novel and ate gingerbread with honey.

The young man was a spoiled young aristocrat, fiery and harsh in conversation, eccentric in his lifestyle and intolerant of any form of authority. Friends found him difficult, his wife desperate for the uncompromising behavior of him.

He himself suffered from his mysterious character. Since his parents had died early and he had not attended school - in his circles one received private lessons from dependent domestic servants - he tried to educate himself. He established rules for himself and gave an account every day of whether he followed them. He was relentlessly open. He explored every shade of his own motives and wrote them down. He learned about human behavior and to distinguish between superficial behavior - according to social rules - from the actual incentive of a human being. He wrote about it. In his stories and novels Lev manages to leave people as they are. He does not criticize their behavior, but describes social conditions with the same passionate precision as he describes a spring morning in the countryside or the behavior of a horse in a snowstorm. In his stories he shows his great love for people and animals.

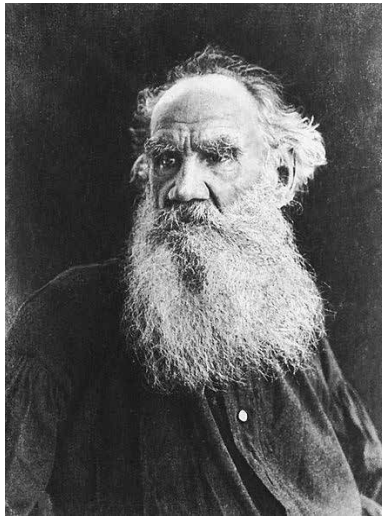
The real heroes of his stories are the people who have not enjoyed any

mental training: Servants, serfs, poor and "savages". Lev admires the simple soldier who in spite of danger gives his best in battle without any claim, or without hesitation saves an officer's life. He admires the people who simply do their duty. The older Lev gets, the more he tries to emulate them. He focusses his stories on the right actions of men. He is committed to the liberation of the serfs. He tries to live as simply as possible. He gives away his possessions to those who fight with him for the education of the people.

Lev Nikolajevisch Tolstoy (1828-1910) became famous not only as a writer far beyond Russia's borders, but also as a social inspiration. (Gandhi built a commune according to his example). Glory means nothing to Lev. He flees his own house from followers, wife and children in order to die in peace at a train station.

Told after Janko Lavrin: Lev Tolstoy. Translated from English into German by R.-D. Keil. Hamburg 1961.

Compiled and quoted by B.K.



Lev Tolstoy

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

Argentina

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Activities :

The following activities took place in Siri Yoga Ituzaingo during 2018:

- Thursday 9am Healing Meditation
- New Moon and Full Moon Meditations
- Study group, two monthly meetings, where we read the seminar on White Magic given by Master K. P. Kumar, meditated and shared a snack.
- The second Yoga Retreat took place in conjunction with the Municipality of Ituzaingo, in contact with nature, where there was a Fire Ritual, a simple meditation, a talk on "The power of the Inner Magician", a Yoga class and closing with mantrams.
- Group participation in the May Call Day meeting held in the Theosophical Library Buenos Aires.
- Group trip to the Iguazu Falls where, together with members of other WTT groups, we carried out the Spring Equinox Meditation.
- In the meetings we collect food, clothes and school supplies in order to give them to the organization "Unidos con Propósito" (United with Purpose), who take care of the needs of people in street situations.

Picture to the Month of Leo

Leo - The Pulsating Heart of the Lion

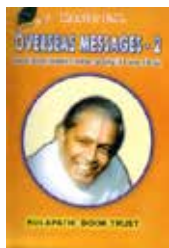


Simha (the lion) is the interplay of Spirit and matter. That interplay works as the pulsating principle in the creation. It is the same pulsating principle that exists as the centre of all beings. The pulsating principle is worshiped with the sound SOHAM.

K. Parvathi Kumar: "Occult Meditations", meditation no. 19

Book Review

Overseas Messages - 2



The 2nd volume of "Overseas Messages" by Master EK. contains a collection of seminar transcriptions from lectures given in Europe in the early 80ies: Advanced Astrology, Discipleship in the Modern Age, Spiritual Life, Journey of the Soul (The Evolution of Consciousness).

Extract: "Real discipleship takes place in silence, not vocal silence, but mental silence. It takes place as an attitude in life. The guru teaches in silence and the disciple learns in silence. Silence towards everything is needed, so that the word of the guru is transmitted in form of an attitude of life. It is thrown like a seed into our life through holes of our mind."

E. Krishnamacharya: Overseas Messages - 2

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

Just Adjust - Yoga of Synthesis



Ever since humanity appeared on the planet, we continue to fight because we have not learnt to adjust and coexist. Among the humans, there are some who learnt how to coexist with seeming differences. They found the key. That key is called adjustment. If you make a little adjustment in you to coexist with another being, it is not so very difficult. The booklet "Just Adjust" by K. Parvathi Kumar shows, The one that learns to accept and adjust finds the clue to joy.

*K. Parvathi Kumar : **Just Adjust - Yoga of Synthesis***

Info: The World Teacher Trust, info@worldteachertrust.org

Online: http://worldteachertrust.org/_media/pdf/en/just_adjust.pdf

Astrological Important Days in July/August 2019

23.07.	04:50	☉ → འ / Sun enters Leo	
♂		☉ in འ – every Tuesday (23.07., 30.07., 06.08., 13.08., 20.08.):	
		<i>Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi</i>	
		☉ in འ – every Friday (26.07., 02.08., 09.08., 16.08., 23.08.):	
		<i>Contemplation upon the World Mother in the Heart Center</i>	
24.07.	14:35	🌑 8 th phase of descending moon starts	☉ 01°51' འ / 🌌 25°21' ♐
ཕ		(End 25.07. at 15:51)	
26.07.		Merry Life Day	
27.07.	16:16	11 th phase of descending moon starts	☉ 04°17' འ / 🌌 04°17' ♐
ཏ		<i>Contempl. upon Lord Maitreya in the Heart Center</i> (End 28.07. at 15:20)	
31.07.	08:27	Phase of new moon starts	☉ 07°47' འ / 🌌 25°47' ར
ཕ		New moon point of Leo: <i>Contemplation upon the World Mother in the Heart Center and upon 'The Pledge'</i>	
01.08.	05:12	🌑 New moon of Leo	☉ 08°37' འ / 🌌 08°37' འ
04.08.	1868:	Birthday of Master CVV	
07.08.	08:11	🌑 8 th phase of ascending moon starts	☉ 14°29' འ / 🌌 08°29' ♑
ཕ		(End 08.08. at 07:00)	
10.08.	06:38	11 th phase of ascending moon starts	☉ 17°18' འ / 🌌 17°18' ♑
ཏ		<i>Contemplation upon the personal Teacher, the Guru</i> (End 11.08. at 07:22)	
11.08.		1926: Birthday of Master EK	
12.08.		1831: Birthday of Madame H. P. Blavatsky	
14.08.	12:15	Phase of full moon starts	☉ 21°21' འ / 🌌 09°21' ♐
ཕ		The New Vaisākh Festival: <i>Contemplation upon the Hierarchy via Lord Krishna, Lord Sanāt Kumāra and Lord Maitreya</i>	
15.08.		1914: Birthday of Śrī Aurobindo	
ལ	04:31	23 rd constellation <i>Dhanishta</i> starts	🌌 17°28' ♐
	14:29	☉ Full moon of Leo	☉ 22°24' འ / 🌌 22°24' ♐
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 16.08. at 07:25)	
23.08.	04:39	🌑 8 th phase of descending moon starts	☉ 29°42' འ / 🌌 23°42' ར
ཕ		Birthday of Lord Krishna (End 24.08. at 05:02)	
	12:02	☉ → ♍ / Sun enters Virgo	
		☉ in ♍ – 1 st to 14 th descending moon phases: <i>Contempl. upon the Pitris</i>	
25.08.		1883: Birthday of Master MN	
26.08.	03:33	11 th phase of descending moon starts	☉ 02°33' ♍ / 🌌 02°33' ར
ཏ		<i>Contemplation upon the Pitris</i> (End 27.08. at 01:40)	
29.08.	16:25	Phase of new moon starts	☉ 05°58' ♍ / 🌌 23°58' འ
ལ		New moon point of Virgo: <i>Contemplation upon 'The Pledge'</i>	

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2019/2020«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The Thumb sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thumb sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad