

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Gemini 2019 Minakshi

Letter No. 02/ Cycle 33 – 21st May until 21st June 2019

The World Teacher Trust - Global

Invocation



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2019-2020

A Clean Life
 An Open Mind
 A Pure Heart
 An Eager Intellect
 An Unveiled Spiritual Perception
 A Brotherliness for One's Co-Disciple
 A Readiness to Give and Receive Advice and Instruction
 A Loyal Sense of Duty to the Teacher
 A Willing Obedience to the Behests of Truth
 A Courageous Endurance of Personal Injustice
 A Brave Declaration of Principles
 A Valiant Defence of Those who are Unjustly Attacked
 A Constant Eye to the Ideal of Human Progression and Perfection
 which the Secret Science depicts
 These are the Golden Stairs
 up the steps of which the learner may climb
 to the Temple of Divine Wisdom.



Full Moon of Gemini, 17th June 2019, 10.30



Message of the Month of Gemini

To visualize the unseen and the opposite dimension along with the seen dimension is the key to Gemini. The whole creation is built upon opposites – Male–Female. The creation cannot be uni-polar. God himself is bi-polar. It is male-female. The female of the creation works in one direction while the male works in the other direction. It is the seeming opposites that form the two pillars upon which the arch of creation happens. It is true with atom. In the atom, the electron and proton work contrary to each other, to enable manifestation of energies. It is true with north-pole and south-pole. While the north-pole is distributive the south-pole is preserving. One gathers while the other disperses. In us the centres below the diaphragm keep gathering matter while the centres above the diaphragm keep dispersing and dispelling the matter. The centres below the diaphragm work out the energies into involution while the centres above the diaphragm work out the energies in the evolutionary direction. The upward pull and the downward pull enable the existence which is but a balanced state between the two.

In any activity, be it global or individual, there will always be an opposition. Overcoming the opposition through friendliness leads one to a higher state of awareness where again one meets a higher opponent. A rat has its opponent in the cat, the cat has its opponent in the dog, the dog has its opponent in the tiger, the tiger has its opponent in some other animal, and man is an eternal opponent to many animals and plants. Beings are contained through opposition. Even Lord Maitreya, the World Teacher, has to combat the master of the black lodge. There is no movie without a villain.

When these dimensions of nature are well understood one stands reconciled. Instead of always engaging in fighting the opponent, it is better to let them live as well as you live. As much as one sees his opponent, the opponent also sees the opponent in us. When we mentally eliminate the self-opposing energy, we raise to neutralize. It is for this reason the lord of Gemini is said to be Mercury who is a grand neutralizer. Narada, the

grandest of the initiates in the universe, is the head of the hierarchy of initiates who impart the wisdom of neutrality, which dissolves the tensions of Gemini.

May we adapt to the path of golden middle principle where neutrality prevails.



Message of the Teacher

That I Am



Recollection of "THAT I AM" is the master medicine in the age of Kali to neutralize debility, dullness, chronic sicknesses, poverty, and the like. "THAT I AM" is the hold of the disciples and also the desperate. Scriptures that narrate the beauty of "THAT I AM" bring in good-luck. "THAT I AM" is but the Truth in creation.

* * * * "

When a person is sunk in his thoughts he cannot see himself. Such ones sink into the world. Instead, a person should sink all the thoughts generated from him and set his head above to see the light in him and around. When thoughts prevail the person sinks, when the person prevails the thoughts sink. When person presides over his thoughts such one is the Master.



Utterances of Lord Krishna

The food sustains the beings.
The food is sustained by the rainy clouds.
The rainy clouds are sustained by the activity of goodwill.
The activity of goodwill is sustained by the Vedas.
(3-14)

The Vedas are sustained by the Creator.
The Creator is sustained by THAT (Brahman)
Thus the Brahman sustains all.
The Brahman can be sustained only by the acts of goodwill.
Ponder on this.
(3-15)

Lord *Maitreya*

The Grey Matter



When you are engaged in acts of goodwill, conflicting thoughts emerge from your personality. Such thoughts create friction. This friction dissipates the ideals set for the goodwill activity. It is therefore advisable that before you plunge into any act of goodwill you should think twice or even thrice. If you plunge into the acts of goodwill without adequate thought, it will destroy the activity and may even destroy your inspiration.

When we overview the humanity, there is a grey matter which is generated by the apprentices of goodwill. There are many goodwill workers on the planet who do not carry minimum clarity while carrying out the acts of goodwill. As a consequence, the grey matter happens and obstructs the influx of light from higher circles. This grey matter consists of doubt, fear, conflict, confusion, lack of confidence, and nasty criticism of one another. These are the two dimensions that emerge from unintelligent and emotional goodwill workers. This is a definite hindrance to the progress of man. Men speak of ideals, progressive thoughts, and acts of goodwill. They would do better to speak less and act more.



Master Morya
– *Maruvu Maharshi* –

Humour

The life force should never be dampened. It should move unimpeded within the being like a swift horse. The major impediment to the free flow of life force is inferior thought. When thoughts are not of qualitative nature, they dampen the life force and open doors for sicknesses. To ensure that the golden horse of life is at its joyful rhythm one should carry the medicine of cheer. Where there is cheer, a smile and a little humour, their life moves with added vigour. Know that, humour is by far the best vitamin. Gulping fistful of vitamins is inferior to the vitamin of cheer.

* * * * *

During the fall season, the leaves depart from the tree, but the tree weeps not. The tree knows that the present fall is for the future spring. The student should know that when things around him get distant and depart, there would be fresh inflow of things, events, and persons. Know that in nature we lose to gain.

Master Koot Hoomi
– *Devâpi Maharshi* –

Sambala 13



Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala is the most high and most sublime centre of the Earth. Sambala neutralizes the incoming forces that are detrimental to the Earth. Know that the planet Earth is not as strong vitally as it is supposed to be. This is due to the ignorant activities of the beings on the planet. The negative activity of the humanity attracts negative forces surrounding the Earth, which Sambala ably resists.

Earth is exposed to highly beneficial forces as also to detrimental forces. Sanat Kumara, being the king, the lord, and the ruler of the planet, ensures that Earth is protected from extraneous forces. Many a crisis were averted by Sambala which is not known to gullible humanity. That the Earth could be hit by a meteor, that the Earth could be occupied by aliens, are but many legends that prevailed not only now but even from the past. Sambala protects with its army any detrimental impact on the planet and upon the life of the planet.

Likewise, there would be destructive activity emerging even from beings of the Earth, as it happened in Atlantis. Even such destructive energy is neutralized by Sambala. Sambala emerges to neutralize all diabolic activity emerging from within and without at a mass scale.

Be assured that, in spite of the nuclear bombs and other destructive arsenal that are madly and crazily developed by humanity, little would affect the planet. There is an unseen protector of divine power which guards the planet from the centre, which is called Sambala.



Message of Master E.K.

Blinking

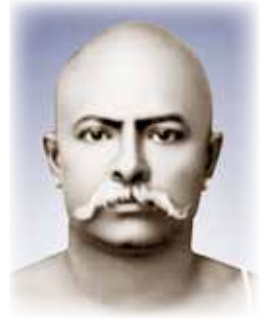
The eyes of the Mother, which do not blink, overview the world with attention. The angels also blink. Among men, those who do not blink much are considered as stable. The blinking ones are not transparent enough and have something to hide at all times.

* * * * *

The one in prayer and in sleep should never be awakened through touch. Either a gentle call or a click of fingers should be used so that the person is not put to a sudden jerk and the related disturbance.

Message of Master C.V.V.

Aphorisms to Disciples 15



41. When I commence adjustments in you during the prayer your respiratory functioning would be much better. The lungs gain enough vitality and expel the sicknesses of respiration and breath. Your digestion improves, blood circulates better, as also the currents of awareness.

42. As much as the relation between you and me consolidates so much you would be punctual and on time in relation to your entire activity. You remain effortlessly punctual. Another dimension that would unfold is that your mind tends to be unwilling to participate in silly and sundry issues.

43. As prayer improves in terms of its timing, intensity, and duration the following manifests in you –

1. Compassion
2. Quietude
3. Sympathy
4. Delicate interaction
5. Profundity in personality
6. Attentiveness in matters of duty
7. Presence of mind



Vidura

Teachings of Wisdom

The acts are four in kind:
the physical, the emotional,
the mental, and the super-mental.
One is superior to the other
in the given order.

PRACTICAL WISDOM

Truth and Love are known only when they happen.

Saraswathi

Suktam 3 Sound Formulae 3



A good utterance of these sounds, especially of the sacred word, will make the flow strong like a waterfall. If the waterfall is strong, it can cover farther lands. The hymn says:

“Let not the flow be feeble. Let the flow overcome the ups and downs of the land”.

Land is always referred to in the scriptures as the body, because earth corresponds to the body, moon to the mind and the sun to the consciousness. The flow should be so strong that the body cannot obstruct it. The ups and downs or blockages in the body are neutralized by the effective utterance of the sacred sounds. It works as a general medicine for many kinds of problems in the body. When the Word is invoked, fire is ignited. The fire burns off that which is undesirable in the body. Regular utterance is therefore recommended for the students of occult science.

The body needs to be prepared in many ways to be able to receive the Light. The body tricks the soul with aversion to the sacred sounds. When we suffer from inertia, chanting, uttering or even singing, seems boring. The bodies are dense due to the heavy matter in their cells. They obstruct and reject any kind of utterance of sound, but the sound key is the direct key to the Light.



Srî Râmakrishna

Believe in God

"Do you believe in God, sir?"

"Yes," the Master replied.

"Can you prove it, sir?" – "Yes."

How?" – "Because I see Him just as I see you here, only very much more intensely."

PRACTICAL WISDOM

One cannot cultivate enlightenment.

It's a sudden happening.

On Secret Doctrine

Antediluvian Astronomers 2



What Narada really is cannot be explained in print nor do the modern generations gather much from the information relating to him. Suffice to say, if there is in the Hindu Pantheon any deity that resembles the highest teacher, it is Narada. He is the most prominent character in the Puranas who visits the so-called infernal regions called Patala and also the most high regions called Satya Loka (abode of the third logos), Vaikuntha (abode of the second Logos) and Kailasha (the abode of the first Logos). His movement covers 7+3 planes. He is a great teacher of astronomy and his knowledge surpasses the knowledge of all seers in the cyclical intricacies. He overviews the progress of the beings and guides the world teachers at planetary, solar and cosmic levels. He is the most mischievous, mystical and mercurial one. The moves and adjustments he makes to the creational processes are known only to the second and the first logos.

The cycles of time are best known to the serpent of time who is called Adishesha meaning the primary serpent upon whose coiled bed the second logos rests. Narada frequently converses with Adishesha and conducts needed adjustments with his extraordinarily brilliant approaches. The chronology and computation of cycles are best known to Narada and none else. He is the teacher of the teachers, magician of the magicians and astronomer of astronomers. He is as friendly as diabolic as he is with the divine. He is the true friend of the universe and is considered to be the most trusted assistant to the Lord himself. His manoeuvres are only known to the first and the second logos.

According to Madame Blavatsky Asuramaya, a great initiate of

Atlanteans, was also like Narada who was the Master magician. He is the one who led the entire Mayan civilization during the Atlantean times; his mastery over Maya was unparalleled. The great mystical roman race appeared and civilized the entire European continent under the spell of Maya-Asura, Asura-Maya. No one knows the mystery of origin of Romans, their valour, power, magic and above all their knowledge. The Romans appeared for a period of 432 years and completely civilized Europe giving them roads, water supply systems, drainage systems and above all building of cities of high civility. All this happened under the invisible guidance of Asuramaya or Mayasura.

The modern generations cannot comprehend an iota of the stature of Asuramaya and much less the stature of Narada.



Vishnu and Lakshmi on the serpent Adishesha

Saturn

Saturn and the Planets The Transit of Saturn 4



Mars represents the positive and negative power in us. When Saturn transits our birth Mars, he redresses the negative power. Suppose that we are hasty in our actions and hasty in our speech... He gives us such bad experiences through our hasty speech or our hasty actions that for life we would not like to be hasty again.

When Saturn transits our birth Venus it causes rearrangements in one's understanding of the loved ones. The deeper aspects of the love principle are better understood. It unveils for a clear vision to the native in relation to the persons around him. Normally there would be disappointment from those whom one thinks as his loved ones. The illusions of emotional love are exposed for the benefit of the native.

Saturn is our benefactor. People think that Jupiter is the benefactor. Jupiter teaches the Law, and Saturn makes it compulsory to follow the Law. Morality, for instance, is necessitated through disease, which demands austere habits. People that suffer from high blood pressure, heart disease, diabetes, aids etc., are compelled to follow a given discipline. Their food, sex and other habits undergo a healthy change depending upon the degree of their ill-health. That is why Saturn is considered to be a malefic planet for objective living but he is the most sacred planet for spiritual training. To work with Saturn is very important in the Path of Discipleship.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Fanaticism

Man's growing mental and spiritual perception is producing many difficulties on a large scale. A man can become victim of that which he himself has constructed. If he has no sense of proportion and no sense of humour, he can see nothing, believe nothing, and work for nothing except the idea, which is holding him a captive. The moment a body of doctrines or a school of thought or an exponent of a theory engrosses his complete attention to the exclusion of all other possibilities or points of view, at that moment the seeds of psychological trouble can be noted and the man is in danger.

A partially illumined man runs the psychological dangers of wrong focus, of narrow-minded belief, and of fixed ideas. Though small at the beginning, these can open the door to serious situations. He becomes an obsessed fanatic, he lives but for that little truth, he forces his thought on other people. The most frightful man is the one who would destroy all who do not follow his idea or ideal. A fanatic is distinguished by the absence of friendliness, love, and compassion and the presence of hatred, cruelty, criminality, and treason.

An undue emphasis upon profession, ideology, or thought is an undesirable symptom. The fanatical devotee or idealist has to achieve breadth of vision and a right sense of proportion. With him, a little knowledge can be a dangerous thing and the cure for his condition is the recognition of this. He must learn to recognize that his chosen school of thought, his peculiar vocation, his particular calling, and his personal trend are only part of a greater whole, and his problem is to integrate consciously his small life activity into the world activity.

A disciple

The Teacher

54. Vilasatvilaasam

Shines Forth Playing in Light



The Teacher is in the lighted form. He is playful and cheerful. To him life is a play. He plays in light and he shines forth in his play. He transmits joy, he transmits light. The field that he plays in is a lighted field. The grounds are lighted just like when matches are played in the night. There is illumination all around. Though he is in the mundane world, his play is in the world of light within the mundane world. Wherever he is, around him there is a lighted field. Wherever he moves, the field of light also moves. The field is lighted by his presence and in that field of light people are drenched consciously or unconsciously, thus the work goes on. When the Teacher visits certain places frequently or periodically, those places impregnated by light continue to vibrate with his presence.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

A disciple



Kapila

The Steps, Part 1

The steps for practice of the Eightfold path of Yoga are:

1. Yoga student should remain in life activity conducting his duties and responsibilities towards his family and to the society. The one that escapes from economic, domestic and social responsibilities is unfit for Yoga.
2. Actions forbidden by the scriptures should be avoided. Do what is recommended by the scriptures. Till one intuitively knows what is right and what is wrong in a given situation, the scriptures are the guiding signals. They enable reaching right decisions.
3. The practice of vocation shall have to be understood as a social responsibility but not as a means for amassing material wealth and property. Therefore the income arising from vocational practice shall have to be understood as God-given for proper discharge of such responsibilities.

The purity of the income decides the purity of life. The purity in discharge of vocational responsibilities decides the purity of income. Ill-gotten money through foul play upon the society leads man to miserable states of mind - the litmus test relating to one's economic activity is the contentment or lack of it. The one that looks at the vocation as social responsibility and conducts it well and thereby earns income is the one that carries contentment. If contentment is absent, it means there is foul play.

Ashram Leaves

One Plus One is One



The beings of "This side" call the other beings as of "That side".

The ones born now call those born before as the ancestors. The ancestors call the new born as moderns.

One calls the other elder and the other calls the one youngster.

The awareness of the other (by the one) is due to existence of the two. The two are the two wings of the one bird which glides. Realise the One in two and transcend the veil.



Lord Dattatreya

The Third Eye

The blurring of vision caused the conclusion of the previous Manvantara, the Chakshusha Manvantara. Chakshu means the eye, in the Chakshusha Manvantara, which is considered the perfect creation; the people had an active third eye. Due to excessive desire and its by-products, gradually the awareness of men tended more and more towards the material, causing the blinding of the third eye. Today man is crystallised with material understanding. The motoring factor for man is desire. The key to reopen the third eye therefore consists in regulating the desire and reorienting oneself towards the Truth and the Law. Sat Guru helps such process of regulation, and reorientation. That is where the presence of Sat Guru is significant. He helps the lame to walk, the blind to see, the deaf to hear, and the dumb to speak.

Today, in the human body, the third eye is non-functional and remains as the pineal gland. The pineal gland secretes and produces luminous material through the yoga practice that would build the bridge of the final vision, opening the third eye. To enable such secretion, the Path is laid and guided by the Sat Guru. The pineal gland and the thymus gland are non-operational. It is true with the average; it is not true with the yogis. Their use and their importance are well enunciated in the science of yoga. In the ordinary human being, they do not function because he is preoccupied with mundane accomplishments.

Fire

Preparation for the Ritual 1



The Fire Ritual should be carried out during the dawn hours, because in the dawn hours the energies are uprising, and in the case of the dusk hours the energies are receding. That is why all prayers are beneficial only during the forenoon. For all rituals, one should necessarily take shower and wear fresh clothing and abstain from food until the ritual is over.

PRACTICAL WISDOM

Belief binds. Truth liberates.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 6 Girisanta

Among the 11 Rudras, the Rudra relating to speech is the most active one in the human being (remember that Rudra functions through the mind, the 5 sense organs and through the 5 physical organs of which speech is one). The Rudra that functions through the speech is called Girisanta. Girisanta means the one who bestows bliss through speech. Speech regulations are many (refer to the author's book on "Sound"). Right speech which is harmonious builds harmonious energies in man. If not, speeches build conflict and its related worry, irritation, anger, etc. When speech is not harmonious, man transforms into a devil. When speech is harmonious, he can turn into a Deva. Horrible speeches would eventually lead one to horrible forms. Rudra, when worshiped, would arrest the tendency of abusive speech and would even liberate one to a state of harmonious speech and attractive form. With speech, one can destroy oneself or liberate oneself. One can throw oneself to hell or liberate oneself into heaven. Such is the power of speech. Such power is worshiped as Rudra.

Girisanta means the one who resides in speech. The use of speech is the use of Rudra's power.



Sanat Kumara

Realise God

“God made man in his own image and likeness”, says the Bible. “Man is God’s image”, says the Veda. Veda further says that, “Man is the microcosmos, while God is macrocosmos.” Whatever is in God is potentially in man. Man can transform himself into God-man (son of God) by submitting himself to a process. The seers of all times advised, “Man, know thyself.” In the process of knowing himself man knows the microcosmos and macrocosmos. The presence of Lord Sanat Kumara on the planet is to fulfil this purpose of every human, to evolve, to realise God. It is for this reason the third teaching is: “Attaining the Lord should become the rhythm of life, the ritual of life.” The Lord says, “Experience God in every action and interaction. Experience from moment to moment. Miss not even a moment.” The great sages as Narada, Jesus the Christ and the like do so. They do so even now. Discipleship is expressed by a Master of Wisdom as submitting oneself to a training, by which one lives as soul, but not as personality. To function as a soul and experience the One Soul in and around is given as the third teaching. In recent times Sri Aurobindo lived and experienced thus. To him all life is God. All events are Godly. When he was in prison, he did not see the prison. He saw even the prison warden as God. It was astonishingly joyful for him. Every aspirant is strongly recommended to read the Alipore prison experience given by Sri Aurobindo. It is an affirmation for every aspirant that it can happen to every human.

The Veda says, “Man sees God, but sees not. Man listens to God, but listens not.” When one sees the other, there is the contact of the eye. From eye to eye, there is transmission of consciousness. Eye by itself cannot see.

The seer sees through the eye. When he sees eye to eye, he is contacting the seer in the other. The seer in the first person and the seer in the other person are but one. It is one individualised consciousness seeing the other individual conscious-ness. But both are consciousness only. Likewise when there is speaking and listen-ing, it is one sound emerging from one consciousness and received by another unit of consciousness. All actions and all transactions are that of consciousness only. When one holds this awareness, the day is filled with experiencing consciousness, whose other name is God.

From the Teacher's Pen

Questions and Answers

Relief from Glamour



Question: Dear Master, do you see any relief for humanity from the glamour which Master Djwhal Khul speaks of?

Answer: Dear brother, individually one may strive to overcome glamour by following the principles of yoga or discipleship. A daily introspection is helpful. However, it may not be possible collectively. To think that the entire humanity would walk out of glamour is just a myth.

The very leaders of humanity emerging from America, Russia, and China are all in great glamour. They are obsessed with power and the related glamour. They are also obsessed with riches and the related glamour. Almost all leaders of all nations suffer from the glamour of power and riches. The common folk imitate their leaders. The paradox is that even the spiritual heads are in great glamour of publicity, of wealth, and of power. The worst joke is that even the orange-robed sanyasis and white-robed popes, cardinals, and bishops are also not an exception to the glamour of money, power, publicity, and riches.

Besides the above, there is glamour for planning, glamour for prestige, and glamour to dominate the fellow being. Freedom from glamour is essentially a spiritual attribute which can be achieved individually by an honest and sincere student. It can never be for the whole family and much less the family of humans. Glamour seems to be omnipresent in the Kali age; there are always few exceptions to the rule.

The Wisdom of Nakshatras

Star 2: Bharani



Bharani is posited between $13^{\circ}20'$ and $26^{\circ}39'$ corresponding to $9^{\circ}20'$ to $22^{\circ}40'$ in western astrology. Bharani means the bearer. Natives of Bharani are good load bearers. They have the ability of harness and hold great responsibilities. They have much self-restraint and have creative energy. They have enormous strength and power and can hold ideas and rare children in a good-way. They can easily fall into illusion and also cause illusion to others. If they are austere in their life they would turn out significant work. Venus rules this star Bharani. The natives of Bharani love good things and people and are also sensual in nature. They often can live a life of an excess in a very early age and later learn to control and develop the higher self. They have much vital essence which can be either sensually expended or can be channelized into creative activities.

The natives of Bharani love to live a comfortable life. They are naturally party birds. Due to the rulership of Venus they are beautiful and attractive personalities. They are poised and have a caring approach. They give paramount importance to love. They are evergreen lovers.

Bharani is a bright star and active as well. Therefore the natives have multiple interests. They are daring and can be rigid depending upon the situation.

The main virtue of Bharani is that they have a right sense of responsibility and they are sincere towards their liabilities.

Bharani natives cannot survive under domination; they have their own principles and are best if they are let free to function. They are majestic yet impulsive. They are pure at heart but are generally misunderstood to be proud persons. They are loyal to the friends and family. They believe in logic.

The peculiar characteristic of Bharani is that they have peaks and valleys in their social conditions.

They have generally robust health but would have dental problems, bodily pains. While the ruler of Bharani is Sukra (Venus) the lord of Bharani is Yama (Pluto). Throughout the life the Bharani subjects shall have to maintain a self-regulated life without which they can fall into every trouble. Venus promotes comfort and luxury and Yama (Pluto) imposes regimentation, regulation and discipline. They should always be on the guard when they let loose their Venusian quality which is immediately followed by the related difficulties.

While Ashwini rules the head Bharani rules the countenance, especially the eyes, the nose, the mouth and the ears.

According to the Vedic astrology Bharani is in the later part of Aries and is therefore a hot energy with an impulse to dominate and rule. The star itself is like Yoni, the female reproductive organ (vagina).

While for Aries the animal symbol is the horse head, for Bharani the symbol is the elephant. The numerical potency is two which is indicative of the feminine qualities.

The natives of Bharani would do well to include in their intake the juice of Amla (gooseberry).





Agni

An Introduction to the Work
of Cosmic Fire, 88

5. The Electric Fire Facets of the First Logos 2

So, the whole creation consisting of groups and groups of solar systems can be just consumed with one proposal, meaning, in that purity everything melts. And to enable absorption at any moment, He exists in everything, from atom to solar system, so that when He will, the whole thing burns up. I told you the example of the atom, when I was speaking to you about the 2nd Logos, that the electron, which is negative, is the fire by friction, and the centre of the atom, which is called the nucleus, is the spirit or the 1st Logos or electric fire. And the interactivity between the electron and the nucleus is what we call, the solar fire or the 2nd Logos. So, He exists in all, but in a sleeping state. That is why He is said to be 'like the stone' – 'skanu' is one name for the 1st Logos. The name 'skanu' represents the stable one in everyone. The stone is only a distortion of this word. So, the stone is stable. If a man is stable and cannot be moved by situations or disturbed situations, it is said: 'He is stone-stable.'

So, He remains stable in all that is and does not interfere with the activity of the 3rd fire or the 2nd fire. That is why it is said: "He happily sleeps over in the creation." Having created the world, He happily sleeps in it and allows the 2nd and 3rd aspects keep functioning. That is why in India, you find a symbol, where the Mother stands upon the Sleeping Lord, Shiva. Shiva sleeps, and upon Him, the Mother keeps dancing. For an intellectual, it is a horrible scene, but for a man with intuition, it gives many secrets. Wisdom is always like that. It tries to shock the intellect of man and gives clues to those who sincerely seek and is a total blind for the ignorant.

This text is not proofread by the author and might have some mistakes.

Master EK

Vishnu Purana
Chapter XXIV



Krauncha Island

The Krauncha island surrounded by waters like ghee, by an ocean called the ocean of ghee, has double the size of Kusha Dvipa. There live the seven sons of Dyutiman. The seven sub-islands are named after the seven sons. They are as follows:

1. Kusala (the skillful ones);
2. Manuga (one who follows Manu);
3. Ushna (the heated one);
4. Pivara (the sturdy one);
5. Utthana (the upgoing one);
6. Muni (the one with meditative silence);
7. Dundhubhi (the one with a trumpet).

Also there are the seven hills that are delightful to the mind and are peopled with Devas and Gandharvas. Here are the names of the seven hills:

1. Krouncha (the one with cracked parts);
2. Vamana (the dwarf hill);
3. Ardhakaraka (the wealth-giver);
4. Ratnasaila (the mountain of gemstones);
5. Swahini (the moving mountain);
6. Haya Sannibha (the horse-shaped mountain);
7. Divavrita (the mountain of daylight).

Besides there is the Pundarika (the tiger hill) and Dundubhi (the trumpet mountain), which has twice the size of the previous one. These islands and the mountains thereon are very beautiful to live in and so it is with the

sub-islands and their mountains. People live unimpeded there along with groups of gods. The Brahmanas are called Pushkaras (the well fed ones). The Kshatriyas are plentiful, the Vaisyas are rich and the Sudras are full of corn. The rivers from which they drink are seven in number and their names are as follows:

1. Gowri (the yellow river);
2. Himadyuti (the one with white lotuses);
3. Sandhya (the twilight river);
4. Rathri (the night river);
5. Manojava (the river of mindspeed);
6. Khyati (the river of fame);
7. Pundarika (the river of lotuses).

There the Lord is worshipped with rituals by the four classes and He exists in the form of Rudra.

The island of Krauncha is surrounded by the ocean of curds and gruel, which abounds in ice blocks and foam. By measure it is equal to the previous island.

Paracelsus

Health and Healing

Smartphone Screens - A Source of Sickness



How many in modern life know that smartphone screens are a source of sickness? A recent study revealed that smartphone screens breed three times more germs than the toilet seats. If you think that the toilet seats are the dirtiest ones swarming with germs, the smartphone screens are worse. There are mysterious ways with which sickness reach us. To the list of such ways, smartphones are now added. Mostly people never clean their smartphones with wipes or with a cleaning fluid or a similar product. A study revealed that those who know the importance of cleaning the smartphones clean their smart phones once in three to six months. There is a lot of scope for aerobic bacteria generating from uncleanly smartphones. The findings show that smartphones harbour bacterial substances from low to high range.

Among the smartphones the screens are considered to be filthiest, filled with germs, which may lead to skin problems and other health issues. Depending upon the mode of use they affect the ear and the mouth as well.

Our cellphones are never far from our sides. We take them everywhere with us, even into the toilets. We use them in the public streets, market places, railway stations, bus stations, and even in trains, flights and buses. A cellphone is the nearest and most accompanied thing that one has. It continuously collects germs and spreads them to us. From children to adults and aged people, all are accustomed to the smartphones, by which a facility is created for bacteria to reach the humans faster.

It is about time that, the smartphone displaces frequently a note of caution reminding the user to appropriately clean it every day before use; just like there is a caution associated with smoking, there should be a caution that should be associated with the smartphone. The screen should pop up as a user picks it up “Did you clean me today?” The health hazards are many in these modern days. Health sickness enters much more mysteriously which cannot be gazed by a physician of a routine mind.

A patient, whose erythrocyte sedimentation rate was high, was put to all tests to know the cause. When the cause was not found by clinical tests the physician advised “extra cleanliness” vis-a-vis all personal effects of the patient. Surprisingly, the ESR has come down. The concept of cleanliness should be extended to all that we touch and we use. That is the future.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: www.paracelsus-magazin.ch/en

Dimensions of Ancient Wisdom

Dr. K. Parvathi Kumar
Group Life Teaching, Part 3
June 2018, Billerbeck, Germany

When we say “Master Namaskaram” we are offering our attitude to align with the one being who is within us and who is around us and who mirrors himself in our own being as ourselves. And this mirrored being, he keeps on functioning in the outer life. The inner being, he continues to live even after one incarnation. The outer being is terminated by this life.

There is a terminable activity with us. As life concludes, that activity concludes. We again come back taking to a form, developing the form. But for what have we come? And are we performing for what we have come? From where have we come? We are all busy doing many, many practices, no doubt: full moon meditations, new moon meditations, Dhanishta meditations, so many astrological important days for meditations, for what? For what are we doing? To know who am I and also to know what am I to do here, for what have I come here? Why are some born in Germany, why are some born in Spain, why some others are born in America or in India? There must be a purpose.

If we are born in a particular place, in a particular community, in a particular family, and if we are born as male or female, there must be a purpose. To know that purpose, should we not associate with the Masters of wisdom? But having associated with the Masters of wisdom, should we not know that purpose and fulfil that purpose? Like parrots, we recite every morning:

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

Who are the Masters? Masters are those who know the very purpose of their being, and we are trying to align with them, so that we also know the purpose for which we have come. We should know the purpose for which we have come here.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

The Server is God's servant
to render God's Plan in creation.
He is the means of God to express the Plan.

2. A Dreamer

He organized banquets, processions, competitions in poetic declamation and generously spent the money of his father, a rich cloth merchant. The young people of the city followed him. He was the hottest youth of Assisi. He called himself Francesco after his preference for France, as he knew it from French romances of chivalry. He imitated the lifestyle of his role models. The young people were interested in a romantic and pleasant way of life. Francesco also longed for the virtues of his idols, chivalry, generosity and protection of the weak.

It was the 12th century, the age of crusades and wars in Europe. In Italy the cities and villages were changed into fortresses. The power of the governments was unsure. After the coronation of a German emperor, the citizens of Assisi rebelled against German foreign rule. Francesco was among the rebels. The fortress of the Emperor's representative and the homes of his followers had been destroyed. Encouraged by victory, the citizens of Assisi attacked their arch-enemy, the neighboring city of Perugia. Francesco was captured.

He was dressed like a nobleman and was treated accordingly and soon released again. But Francesco no longer enjoyed banquets and festivities. He became ill. When he was well again, he tried a second time as a knight and joined the march of a nobleman of his city. He fell ill again. He was confused, but he realized that his life was at a dead end. He made his way home. On the way he met a figure whose sight made a mockery of his cheerful role models: a leper. When the sick man stretches his eaten hand towards him, Francesco gets off the horse and gives him a coin. Overwhelmed by sudden compassion, Francesco even kisses the infected

person's hand - and experiences a feeling of happiness never experienced before.

He prays for inner guidance. And an inner voice, which he understands better and better, guides him: he becomes a great lover, whose love includes all, powerful and powerless, rich and poor, people and animals, illness and health. He inspires countless people to a humble and undemanding life and is known as Saint Francis of Assisi.

Rendered after the biography of Ivan Gobry: Francis of Assisi. Translated from French into German by Oswalt von Nostitz.

Compiled and quoted by B.K.



WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

Argentina

Name of the group: Harmony – WTT Olavarría

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Phone: +54 2284 441426

Activities (1):

uring the year of 2017 through 2018, we have maintained our goal of providing clothes and food to the needy people of the city, as well as doing some additional service activities to the community. Each of the activities is detailed below:

a) Activities related to help with clothes, food and shoes. This help is provided on a permanent basis throughout the year. The main activities are:

- Caritas Inmaculada Concepcion: monthly delivery of powdered milk to last for the entire month for the 70 children that attend the dining hall habitually.
- Caritas Monte Viggiano. Monthly delivery of powdered milk.
- School Number 58: Delivery of powdered milk, food and educational material for kids between 6 and 12 years of age.
- Rincon de Luz Dining Hall. Weekly delivery of several food items of high nutritional value.
- Raulito Rossetti Dining Hall. Monthly delivery of various food items of high nutritional value.

b) Special Service Activities. When a brother detects a specific need, actions are planned to cover them. Throughout the year donations were made including, diapers and baby clothes to the neonatology section of the municipal hospital in our city, donations of clothes for an education

institution for the needy (CEC 802), money was donated to help a family whose daughter needed a bone marrow transplant, warm socks distributed during the children's day celebration at several children dining halls, and other punctual helps.

c) Service activities during May Call Day and Good Will Day. On the occasion of these two special days, we have tried to honor our Masters with donations of blankets to different needy families on May 29th, and adult's diapers and food to the city run nursing home on November 7th.

d) Special service activities during Christmas. As every year, bags with food were delivered during Christmas to some 80 families in need through Caritas Monte Viggiano.

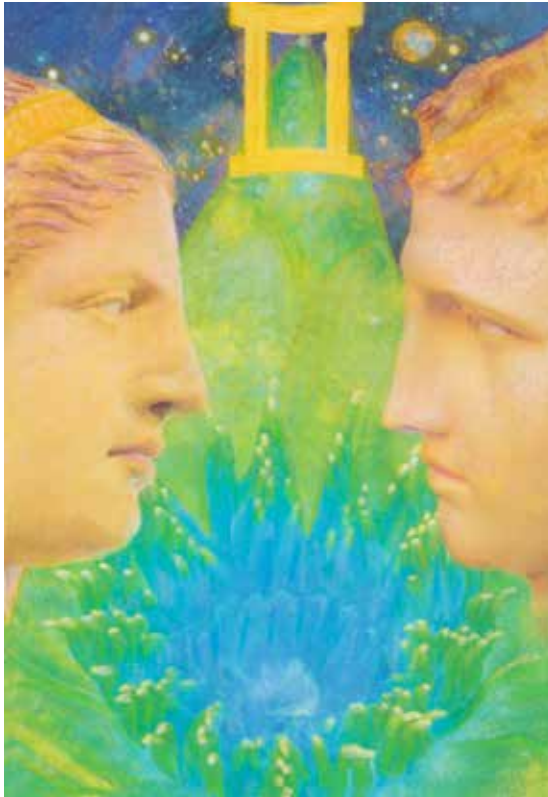
e) Other service activities. Collaborations with the translation of texts from English into Spanish (Vaisakh Newsletter, Dhanishta Editorial books, and Seminars) and assembly of texts.

As a group, we have meditation meetings on Mondays and Wednesdays. Water Ritual on Mondays, Fire Ritual and Group Life every first Sunday of each astrological month, healing group on Thursdays, Yoga lessons for children, as well meditations for Full Moon, New Moon, Equinoxes, Solstices, and other spiritually important dates, and a Master CVV's Yoga of Synthesis study group.

Mithila School Olavarria: The group of families that integrate Mithila School Olavarria carry out service activities regularly, specially related to assisting children in need. At the beginning of every school season, donations of school articles, food and clothes are made to institutions that assist children. This is repeated during children's day. The service year concludes with the donation of toys, clothes and shoes during Christmas.

Picture to the Month of Gemini

Gemini - Through the Throat Centre



The throat centre is considered the centre of Gemini and its ruler is said to be Mercury. Gemini stands for duality in creation and the principle of Mercury can help us either to dive into duality and thereby die or to rise above duality. Disciplining the speech enables one to rise above duality.

Dr. K. Parvathi Kumar: Mercury - The Alchemist

Book Review

The Science of Symbolism. Overseas Messages VI



We should understand the various aspects of symbolism because the ancient esoteric schools were teaching about the eternal wisdom; whereas man-made symbols differ from place to place and from time to time. The Science of Symbolism is very important if we want to make a correct approach into the spirit of the scriptures. The book contains seven teachings of Master EK (Ekkirala Krishnamacharya) about the eternal wisdom: The

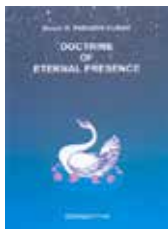
Science of Symbolism; The Science of Meditation; Astrology and the Law of Correspondences; The Science of Spiritual Healing; The Concept of Solitude; Emotion, Reasoning and Intuition; Is Destiny Final?

E. Krishnamacharya: The Science of Symbolism. Overseas Messages VI

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_science_of_symbolism.pdf

Copies: The World Teacher Trust, info@worldteachertrust.org

Doctrine of Eternal Presence



When you stand in the Presence of the Lord, Wisdom can flow through you. Love can flow through you. Light can transmit itself through. Healing can also happen. Stand in Light, Light flows through you, is the dictum of Masters of Wisdom at all times. All is possible when you stand in Light, in the Presence. Great acts were conducted by many initiates standing in Light, in Love and in the Presence. The booklet "Doctrine of Eternal Presence" is an introduction

to Srimad Bhagavatham by Dr. K. Parvathi Kumar. It shows that the work of Bhagavatha is found to be the simplest and direct way, and the shortest route to the Lord. It is the path of Synthesis.

K. Parvathi Kumar : Doctrine of Eternal Presence

Info: The World Teacher Trust, info@worldteachertrust.org

Online: <http://worldteachertrust.org/en/web/publications/books/eternalpresence/main>

Astrological Important Days in May/June 2019

21.05.	09:59 ☉ → 𑌕 / Sun enters Gemini	
25.05.	06:45 23 rd constellation <i>Dhanishta</i> starts	𑌕 17°28' 𑌕
𑌕	21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 26.05. at 09:44)	
26.05.	05:19 ☾ 8 th phase of descending moon starts	☉ 04°37' 𑌕 / 𑌕 28°37' 𑌕
☉	(End 27.05. at 07:46)	
29.05.	May Call Day	
𑌕	11:51 11 th phase of descending moon starts	☉ 07°46' 𑌕 / 𑌕 07°46' 𑌕
	<i>Day of Nârâyana, to dedicate oneself to Master DK in thought and in word, to study intensely his teachings and to link up to the disciples of the world in thought.</i> (End 30.05. at 13:08)	
02.06.	13:10 Phase of new moon starts	☉ 11°39' 𑌕 / 𑌕 29°39' 𑌕
☉	New moon point of Gemini: Contemplation upon 'The Pledge'	
03.06.	12:02 ● New moon of Gemini	☉ 12°34' 𑌕 / 𑌕 12°34' 𑌕
09.06.	21:06 ☽ 8 th phase of ascending moon starts	☉ 18°40' 𑌕 / 𑌕 12°40' 𑌕
☉	(End 10.06. at 18:54)	
12.06.	14:57 11 th phase of ascending moon starts	☉ 21°17' 𑌕 / 𑌕 21°17' 𑌕
𑌕	<i>Day of Nârâyana: For healing, synthesis, and for self-contemplation</i> (End 13.06. at 13:19)	
14.06.	12:00 13 th phase of ascending moon starts	☉ 23°05' 𑌕 / 𑌕 17°05' 𑌕
𑌕	<i>Day of Narasimha</i> (End 15.06. at 11:03)	
16.06.	10:32 Phase of full moon starts	☉ 24°56' 𑌕 / 𑌕 12°56' 𑌕
☉	<i>Birthday of Lord Maitreya and Master DK</i>	
17.06.	10:30 ☉ Full moon of Gemini	☉ 25°53' 𑌕 / 𑌕 25°53' 𑌕
21.06.	International Yoga Day	
𑌕	14:44 23 rd constellation <i>Dhanishta</i> starts	𑌕 17°28' 𑌕
	17:54 ☉ → 𑌕 / Sun enters Cancer	
	Summer Solstice	
	21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 22.06. at 17:37)	
24.06.	22:43 ☾ 8 th phase of descending moon starts	☉ 03°03' 𑌕 / 𑌕 27°03' 𑌕
𑌕	(End 26.06. at 00:43)	
28.06.	03:06 11 th phase of descending moon starts	☉ 06°05' 𑌕 / 𑌕 06°05' 𑌕
𑌕	<i>Contemplation upon the personal Teacher, the Guru</i> (End 29.06. at 03:15)	
01.07.	23:36 Phase of new moon starts	☉ 09°46' 𑌕 / 𑌕 27°46' 𑌕
𑌕	New moon point of Cancer: Contemplation upon 'The Pledge'	
02.07.	21:16 ● New moon of Cancer (eclipse solar)	☉ 10°38' 𑌕 / 𑌕 10°38' 𑌕
03.07.	18:35 Car Festival (starts with the 2 nd phase of ascending moon and ends at full moon of Cancer)	
09.07.	01:55 ☽ 8 th phase of ascending moon starts	☉ 16°32' 𑌕 / 𑌕 10°32' 𑌕
𑌕	(End 10.07. at 00:01)	

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);
 From: »Astrological Calendar 2019/2020«; www.worldteachertrust.org;
 Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The Thumb sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thumb sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad