

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Capricorn 2016 Makara

Letter No. 9 Cycle 30 - 21st December until 19th January 2017

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.09/Cycle 30 – 21 December until 19 January 2017 ു

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the year 2016/17

SERPENT 'K' LOOSENS ITS SKIN.
 THE PICTURES OF PAST KARMA
 ON THE WALLS OF ITS SKIN
 ARE PEELED OFF.
 KARMA NEUTRALIZED.



Full Moon of Capricorn, 12th of January, 2017, 11.34 am



Message of the Month of Capricorn

The apparent ascent of Sun from nether regions is related by seers as ascent of soul from matter and force to consciousness. For this reason, Capricorn is said to be on the ascending arc while Cancer is said to be on the descending arc. Souls which are but units of consciousness descend into force and matter to experience them and ascend back into pure consciousness. In this cyclical descent and ascent, souls gain the needed experience and fulfill themselves in all the three states namely matter, force and consciousness. It is understood that the fulfilled ones do not anymore enter the cyclical descent and ascent. They preside over the cycle overlooking the descending and ascending activity of myriads of souls.

Every time when Sun enters into Capricorn, an opportunity awaits for the aspiring souls to release themselves from the imprisonment of matter and of force into consciousness. It is indeed an uphill task for the aspirants. To indicate this, Capricorn is symbolized by a mount which is attempted by a Capra for an ascent. In contrast, Cancer is symbolized by a pit into which the crab swiftly moves into.

The entire discipleship is based upon the task of ascending from the thoughts of matter and force into pure consciousness. Discipleship is not trying to well-arrange life for a splendid material living. Material well-being and harmonious force are incidental and are not tasks by themselves. Most of the aspirants are stuck with efforts to balance the material life. As one walks into realms of consciousness, the matter and the force balance themselves. That is the key of aspiration which Capricorn offers. The Lord of Capricorn, Saturn provides the necessary basis for a sustained, long-term growth. Therefore, Saturn is the foremost teacher that an aspirant encounters. As one pleases Saturn in terms of one's righteousness, patience and tolerance, one succeeds like the Capra climbing the mount.



Message of the Teacher

One and Many

Between the universal self and individual self, there exists a subtle veil. It disables the individual self to establish identity with the universal self. The universal self is the space around. The individual self is space within the form. The form is the veil. It has a name that veils the space further. It develops further veils like gender, race, nationality and social identity. Discipleship is the practice of lifting the veils at once. Lift the veils and gain the true identity of one space. In truth, there is but one space. It appears as many.

Utterances of Lord Krishna



Just as the Sun rises and sets apparently, the souls apparently take to birth and death. Just as Sun is eternal, the soul too is eternal.

The sunrise and sunset are inevitable for the earthy. Likewise, the birth and death are inevitable on earth.

It is unwise to weep over an inevitable activity. (2-27)



Message of Lord Maitreya

Wisdom of Performance

Think of boundless space.
Think of boundless ocean.
Think of unlimited light.
Think of eternal time.

As you orient to boundless, limitless, eternal principles, your awareness unfolds and expands. "Think big" is our advice. As we think big, the fences around the mind fall. The boundaries fall. The horizons expand. Even if you stay in a pigeon hole, you can still think of the whole. Don't let your thoughts into the pigeon hole of your personality, unless there is absolute need. Even when you enter into personality for action, let a major part of you preside over it, while a minor part enters and performs. Wise ones enter into the world up to one-fourth of their awareness while three-fourths prevail and preside over the personality.

Message of Master Morya - *Maruvu Maharshi* -



The Entry

A precious few are eligible to enter Agni Yoga. The enthusiasts are too many. Not all can be ignited. A wet matchstick is ineligible for ignition. The wetness disables the work of fire. The emotions in the humans indicate the wetness in them that prevents the yoga of fire. Verily, yoga is a firework. Fire transmutes, transforms and enables transcendence. When there is much emotion, the firework is impeded. When the emotional persons persist with Agni Yoga, they would suffer the burns. They cannot suffer the path.

A clean life, an open mind and a pure heart are the basic requirements without which it is foolish to think of yoga. H.P.B. announced these three as the fundamentals of the Golden Stairs.

Enthusiasm for discipleship should be associated with fiery aspiration and such aspiration should result in progressive cleansing of the mind, the senses and the body.



Master Koot Hoomi
- Devâpi Maharshi -

Dweller of the Heart

You think you are hearty. But, are you?

If you are a dweller of the heart, you think not of the self, you fall not to flattery, you suffer not ridicule, you feel not of false I Am-the phantom.

If you are dweller of the heart, patience, compassion, friendliness, equanimity, sense of justice and poise prevail.

If you are dweller of the heart, you are no more worldly, you do not indulge in argument, you live not in logic.

If you are dweller of the heart, you perceive others' needs, you experience others' pain, you remain common (but not uncommon), you remain calm, you comprehend the surroundings in right manner, you remain hidden.

Message of Master *EK*

The Unrevealed One



The one in the body is invisible. His words are audible. His deeds are visible. But, he is invisible. To know him, a lot of speculation is around. A lot of imagination is around. Many practices are done to know him. Many gymnasiums are there in the name of many teachers, many schools of thought and many religions, sects and cults.

However much one tries to know him, only his nature reveals more and more. He is not revealed.

To you, you are never understood. You do not even understand your own nature completely. As much as you understand, so much you relate to your nature. After all, your nature is not you.



Vidura

Wisdom Teachings

Wealth disappears
from the hands of the one
who is indulgent,
ignorant, and inconsistent.

Saraswathi



The Emergence of the Word 4

The purpose of studying the Word is to realize its scope, its constructive or destructive effect upon us, so that we may learn to become constructive and as far as possible cease to be destructive. We can be very destructive in our speeches. We can spread conflict, hate and differences through speech. The damaging capacity of the Word is as strong as its harmonious effect. It has the power of integrating us into the whole or of disintegrating us into bits and pieces. What we call the science of yoga is also a process of integration. We cannot speak as we like and then say: "I am practising yoga"; while we are still regularly disintegrating.

The Word exists in a variety of modes. United with God, the Word remains integrated and enables God to hold the whole Creation. Accordingly, our life can be kept within our hold if we know how to work with the Word. It is manifest within the unmanifest state. When it is in the unmanifest state, we are said to be integrated. When no idea emerges from us, we are in a deep state of meditation.

That is why the Seers say: "Close your eyes, put your body into a posture of ease, observe the emergence of ideas and trace the source of emergence". By observing the source of our own ideas we will gradually be able to release ourselves from them and remain their observer. When we remain as an observer, the idea does not progress. When the idea overtakes us, we flow with it. This is the flow of the Word that cannot be stopped. That is why it is called Saraswathi.



Message of Sri Ramakrishna

Those Who Utter
the Name of God are Holy

Krishna Kishore was a holy man of Ariadaha. Once he had been to Vrindhaban on pilgrimage. There, one day, in the course of his walk he felt thirsty and seeing a person standing near a well, he asked him to draw a little water for him. The man said that he was of a very low caste and so was not a fit person to draw the water for a Brahmana. Krishna Kishore said, "Will you pronounce the name of God and thus make yourself pure?" The man did so and drew up some water for him; and he, an orthodox Brahmana, drank that water! How great was the power of his faith!

On Secret Doctrine



The Ladder Being

Man has within himself seven planes of reflection, of seven divine hierarchies. The adepts and occultists know that the gods of the seven planes are but seven principles. Though principles, they are intelligent conscious and living principles of all the seven planes. The seven principles are the primary Seven Lights which are manifest in creation and in man as well. These are called the seven sons of Brahma in eastern scriptures or the seven days of creation in the western scriptures. They are,

- the Kumaras,
- the Rudras,
- the Prajapatis,
- the Manus,
- the flow of the Word Saraswati,
- Viswakarma the patterns,
- and Ignorance.

The seven lights constitute the creation and the man. In man all the seven can be experienced; this is what makes man “the Ladder of Being”. Brahma himself emerges from the Holy Triad and brings forth the seven lights, etc. Every mortal has his immortal counterpart. Man is therefore divine and mundane. That is why he is called human; humus means mud. Man in mud is human. But man has the potential to preside over mud, the mundane. The spiritual and intellectual principle in him is entirely distinct from his earthly personality which is called lower self. The triple light in man of Will, Knowledge and Intelligent Activity connects

to the triple light of matter (mind, senses and body) through the “thread-soul” which is called Sutratma. With the help of this thread man can enter into the spiritual chamber of himself and also can enter the mundane chamber of himself. This freedom of entry and exit is what is taught by Magic. The process is called Yoga.



William Blake

Saturn

How It Is/How It Is Becoming

Rings of Protection 1



Saturn is the planet that disciplines us to experience life. It provides boundaries and checks everywhere, so that we do not overstate and complicate life. They act as protections till we make a proper understanding. When a proper understanding is developed, it unfolds, and wider boundaries are set for protection.

When we permeate in our consciousness even up to these boundaries, then they are further extended beyond one individual to slowly cover the whole humanity, then the whole life on the planet, and then the whole planet as such! That is what Buddha and Christ did. They have embraced the planet by overcoming the limitations. They do not feel the rings of Saturn; they take the rings as necessary protective shields until there is the required growth in understanding. It is like the eggshell protecting the chick until the chick grows. Once the chick grows, the egg-shell is broken. On one side there is the growth of the chick to break open the shell. On the other side there is the mother hen cooperating with warmth to break the shell. Thus, as one grows in consciousness, he pervades beyond his body and permeates around, concurrently growing in understanding. As much as one grows in consciousness, so much the Mother Nature cooperates. Such expansions are possible through the adoption to the Law, which is imposed by Saturn.

Discipleship

Duty

No one is free from responsibility; each one has duties and a mission to fulfil. Our highest duty is to dare, to make the most of our life, to help our fellow men, to contribute what we can to the many through our capacity to shed light, to do and be. A man's understanding and fulfilment of his duties shows his spiritual evolution. It is a true measure of his worth and love. We must fulfil our duties according to our own conscience, our own sense of right, and not according to that of others. Fulfil only those duties which you recognize and accept, not fictitious duties which others may seek to impose upon you. Duties should be carried out without considering their importance or unimportance, their reward or unreward.

A disciple

The Teacher

24. Aksharam

Indestructable



Aksharam means not destroyable. In creation there is the immutable principle, the indestructible and unchanging principle around which mutable, changeable and perishable formations happen. All formations are perishable. Matter appears and disappears through time cycles. Forces emerge and merge according to the dynamic or static state of energy. Matter and force are governed by the mutable principle. Energy is static and dynamic. It is periodically dynamic and eternally static. It (energy) is the immutable one. It is potential of dynamism which in turn unfolds force and matter. And when it tends to be static, it folds back matter into force and force into itself. It remains eternal. Even while the mutable emerges from it, it remains immutable. Such a state is called indestructible, imperishable, eternal.

All beings are eternal. But their becoming is mutable. The precipitations and formations around the beings are mutable. A Teacher is one who stabilizes in the immutable and plays around in the mutable. The beings who are unfulfilled and who are engaged in the mutable are given the knowledge of mutability and immutability. Those who would like to find their immutable side are helped by the Teacher. Since the beings (souls) are immutable, if they take position in their soul, they can experience the beauty of immutability around them. When one stands as a soul he can see how his personality is moving, how his body is becoming, how actions are happening in objectivity. It is like sitting on a stable bank of a river and witnessing all that is coming to pass by. In life many things come to pass by which can be witnessed and enjoyed. But if one jumps

into the stream of the river he is himself swept away and he cannot see the beauty of mutability. Being swept away by the currents of mutability gets conditioned by the laws of mutability; in such situations the Teacher helps since the Teacher is firmly anchored in immutability. The Teacher remains in the core or in the centre of his being. He reaches out through his personality and body into the world of mutability. He thus permeates from the centre to the circumference. Being fixed in the centre he relates to the circumference. The relation between the centre and the circumference is called Pi. Pi stands for wisdom. Wisdom is to know and to live by the centre-circumference relationship. Akshram also means such a relationship, Aksha + ram. Thus the Teacher remains immutable and relates to mutable to help the beings who are lost in mutability. He shows them the way to immutability. He helps them to build the radius to the centre.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

Hell - The Transit House 1

The interval between death and birth (or rebirth) is described by Seers, who have the vision beyond the sight. Sight is the physical aspect, while wisdom is the functional aspect. Vision is the spiritual aspect of the eye. The first is called the left eye. The second is called the right eye. The third is called the third eye.

The description of 'hell' the transit house is found in many places in the scriptures. The souls pass through the transit house during the interval between a death and a birth. The intellectuals feel that in creation, there is no such thing as 'hell', that it is meant to discipline the lay and the gullible and that it keeps 'checks and balances' and regulates beings to maintain social order. If it is so, how are the fearless, powerful and intellectuals regulated? It is only the timid that are disinclined to accept the hell - the transit as well as the transformation house. The disinclination arises out of fear of facing one's own faults. We see in life many, who pose as intellectuals with rationalistic standpoint and yet secretively consult astrologers. The trials and tribulations of the hell are real. Then the question arises as to how the Seers knew it. The answer is, how does an intuitive doctor know the disease of the patient even before he is put to clinical test?

One deceives the other for advantage. The deceit causes fear. Fear leads to suspicion and suspicion leads to malice. Consequently, the relationship with cobeings is disturbed. Conflicts and complexities complicate life. The complications further the illusion. Man starts believing that some are his own people and some are not. In that belief, he starts expecting

that his own people should listen and follow him. He feels he has a right over his wife, children, friends etc. His wife, children and friends also hold similar feelings of right over him. This causes friction. To feed those whom one thinks as his own, he adopts means, fair and unfair. The unfair means cause fear of others and enmity towards others. This leads to disputes affecting the means of living. In the meanwhile, there is ageing of the body. But the desires and aspirations remain unfulfilled causing discouragement and desperation. Indebtedness due to non-fulfilment, insult due to non-achieving, hatred due to inability and disease due to ageing are all manifestations of hell upon Earth while in body. The pain and the burning of diseases like gangrene, cancer, AIDS are familiar to mankind. The burns, the ulcers and the surgical operations are hell-fire that one goes through while in body. In the name of medical treatment, man is put to amputation, burning of (cancerous) cells, injection of needles and operation of parts which are painful. The irregular and irresponsible acts of eating and drinking cause variety of digestive problems resulting in stomach pains, ulcers, acidity, unstable hunger, blood sugar, thirst etc. The irregular, irresponsible and immoral acts in the outer world cause punishments through authority, courts etc.

At the time of death, these pains - physical, astral and mental - aggravate and death becomes the most painful and dreaded situation. Immediately after death man stands in the same position as that of his dream, but with a difference. He now sees his own body lying over. He sees his people weeping over his body. He suffers from lack of communication, lack of body to satiate hunger, thirst, taste and touch. He would like to sip a cup of coffee. The cup of coffee is available, but he has no body to avail the coffee. The pain and the pressure are suffered in the causal body.



Ashram Leaves

Experience

The two birds (The Father and the Son) experience the nectar upon the "All pervading" tree of life (creation). They move in and around the tree with much enthusiasm. The ancient seers described the taste of the fruit of this tree. They cautioned that the one who does not know the Father, can never experience the fruit.

Lord Dattareya

The Teacher 2



Guru also means, "the One who causes recollection". The True Teacher, Sat Guru, has only one mission to accomplish, that is, to recollect to each one that gather around him his real state of being, or the original state of being. In other words, the secret mission of the teacher is to recollect to every being that it is a being of light and nothing less than that. He lays the Path giving the means to every being, so that the aspiring beings, can function as per the given code and realise themselves as beings of light, beings of pure consciousness, immortal and divine.

This mission, is carried out by Sri Guru Datta with an army of accomplished beings, in all the 7 planes of existence. At every plane of existence there is the teacher principle, functioning through certain beings.

The essential quality of the teacher is compassion, Dakshinya. He is compassionate towards the beings, never judgmental. He knows that those around him hold on to different states of awareness and compassionately guides them towards their goal. A true teacher never believes in punishing, for him every being is a being of light, a divine being and hence he cannot but be friendly and compassionate towards their ignorance.



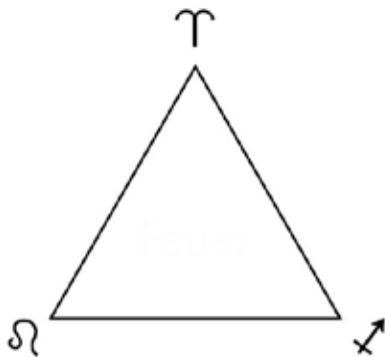
Fire

The Fiery Triplicity 1

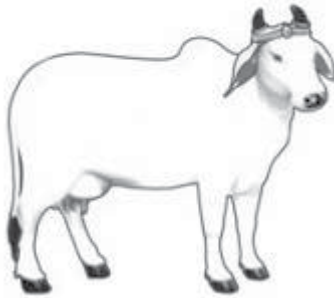
A true Teacher of Wisdom evaporates emotions through introducing the student into the practices of Praanayaama (and its related discipline). What the Teacher of Wisdom does is, he puts the student to emotional boiling. From out of the boiling, the vapours come, those vapours are collected by the Teacher and the Teacher condenses them as pure waters of love, compassion sympathy and understanding through imparting the first two steps of Yoga namely Yama, Niyama. The difference between dirty waters and pure waters is the dirt. The dirt is filtered, waters are distilled and pure waters of life are restored. Then the Teacher of Wisdom also burns up concretised thoughts through elaborate discourses on Wisdom. Concretised thoughts are the limitations of the student to progress on the Path.

In the occident, this habit of working with the Fire has come to be lightening a candle. We are supposed to look at the flame and visualize that flame in our forehead and further visualise that it is inflaming all the impurities of the body at the mental, emotional and physical planes. When that is done regularly we are assisted by Fire to overcome our limitations. With the help of Agni we can burn up our impurities, and also burn up our deeper traits. The worship of Agni enables us to burn up our impurities, burn up the deeper traits, which exist in our psyche, burn up the past karma, and also ensure our recruitment in the "Path of Light". It also

ensures that we do not fall into temptations and illusions. It helps us to make the senses more radiant, make the mind more brilliant and enables us to progress on the Path, without hindrance. When such work is done regularly with the flame of the Fire, many benefits are bestowed on us, to progress on the Path.



The Fiery Triplicity



Cow

Just as Goddess Lakshmi is present in the energies of Cow dung,
Goddess Gauri (Parvathi) resides in the energies of Cow urine, says
Manu Vaivasvatha.



Group Prayers

May the Angel of Auspiciousness
whose name and form are also auspicious
bestow auspiciousness
as we invoke such an Angel.

Sanat Kumara



Ask Yourself, "Who Am I?" - 1

The first instruction of the Lord is: Ask yourself, "WHO AM I?" Generally you are not what you usually think that you are.

Everyday as you wake up in the morning pose the question, "WHO AM I?"

The Lord gives foremost importance to this, "WHO AM I?" This is a fundamental question by which we lose all our identities with all that which we think we are. We are just not what we think we are.

We are habituated to define ourselves and settle into an identity. Mostly our identity is a worldly identity. We do not remember that we are just a being among the billions and billions of beings - just a being with a given name, with a changing form, and with an activity in this world. I am Kumar is not so true, I am male is not so true, I am teacher is not so true. I AM is not Kumar, before I was named so. I AM is not male till I developed a male form. I AM is not teacher at all times. I AM is I AM, which is the original identity. This I AM has neither name nor form but a pulsating awareness which has no independent existence. It emerges from Existence and merges into Existence and has an identity of itself as a unit of awareness. When it merges into Existence the question "WHO AM I?" also disappears.

From that state of pure Existence there are relative and successive states up to the worldly state.

Our name is not what we are, because it is given after we are born. The form is not what we are, because if we see the photographs right from childhood till now, they kept on changing and they will continue to change. We only settle with those photographs which are very good looking and we do not prefer other photographs being displayed! But we

are not this form, because in every life we have a different form. We are not what we think of ourselves as our name, we are not what we think as our form, and we are not what we think as our activity. Activities keep changing. Our forms keep changing not only in terms of small and big, but also in terms of male and female from time to time, to gain varied experiences for fulfilment.



Ardhanarishvara

From the Teacher's Pen

Vedic Instructions to Disciples



Question: Dear Master, what are the basic Vedic injunctions for discipleship?

Answer: Dear Brother, the Vedic injunctions are straight and simple and are only a few. They are in all ten contained in Taittiriya Upanishad. I give them here under:

1. Speak Truth
2. Be righteous
3. Do not deviate from self-study
4. Be obedient to the Teacher and his teaching
5. Treat your Parents as direct presence of God
6. Treat your Teacher and your guests as direct presence of God
7. Do not equate yourself with elders in Wisdom.
8. Show not irreverence when conversations are made. Be friendly, be loving and be modest.
9. When doubt arises as to a deed, consult elders in Wisdom. Act not with doubt.
10. Find in your predecessors, role models to stay on path.



Agni

An Introduction into the
Work of Cosmic Fire, 61

4. The Solar Fire

The Laws of Solar Fire: Realising the Divine as Magnetism

Some people with no particular cause like some others. Our sister Ellen was saying on the first day of the group living here: "I do not know why all my friends call Solingen as the centre. There are no people except me." If I write that, it is an occult statement. The only thing is, we should have the ability to listen. There are no people other than 'Me'. It means: All is Me. All is I Am. That is one understanding. That is what about the existence as consciousness.

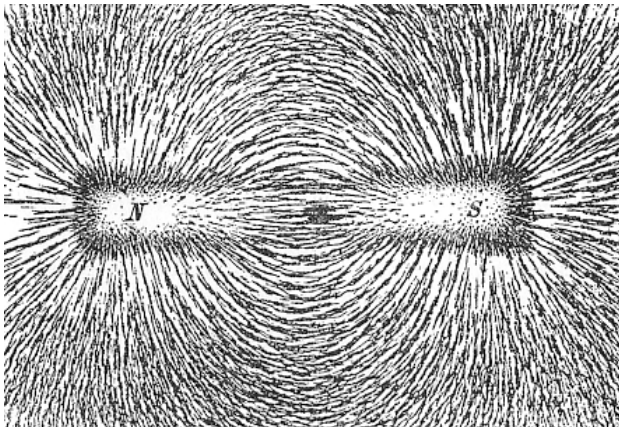
But I was speaking to you about the magnetism. While there are no people in Solingen, why so many people come to Ellen? You have to ask those who prefer to go to Solingen to Ellen's house. You can ask: "Are you crazy? Why do you go to Solingen so many times?" –You get the answer: "We don't know. We want to see Ellen. It is so nice, you know, to be with her." What is 'It' that is so nice? – We use words, and we have to see what words we use. 'It' is so nice. So, what is 'it', that is so nice, that makes you move to Solingen? That is what we call magnetism.

So, the Lord says: "I exist as magnetism. If you cannot see your own being as I Am, see the magnetism you carry or that is carried by others. Verily, the magnetism in others is nothing but My presence in them." There are so many charismatic leaders working in the political system on the planet. And there are also many movie-artists who are very, very attractive. What is it that makes them so very attractive? That is the presence of magnetism or the presence of the Lord in their being. So, if we can see a beautiful actress and experience the beauty without touching or going to the proximity, then you have experienced the Lord better.

See, when thousands and millions of people gather around a man, what is it that makes people gather around a man? It is the presence of the Lord as magnetism. This is how we can see the Lord. The magnetism in the magnetic persons is I Am. So, see Me as magnetism meaning, the solar fire functions as magnetism. And where there is more and more and more presence of the solar fire in a being, there is what we call the radiation of the being.

There are some people who radiate meaning more effective magnetic work. See Me as radiation existing in beings. That is another aspect of the solar fire or another functioning of the solar fire.

This text is not proofread by the author and might have some mistakes.





Master *EK*

Vishnu Purâna
CHAPTER XXI

The Lord saves Prahlada 2

Parasara continued: "Prahlada begot three sons, Sibi, Bhaskara and Virochana. Bali is the son of Virochana and the father of a hundred sons, the eldest one being Bana. All children of Hinayaksha were mighty and valourous.

Danu, the daughter of Daksha and wife of Kasyapa, begot a hundred sons of whom the following are prominent:

- Dwimmordha, the two-headed,
- Sambara, the magician,
- Ayomukha, the steel-fanged,
- Sankusira, the nail-headed,
- Sankara, the peaceful,
- Kapila, the dark brown,
- Ekavakra, the wide faced,
- Taraka, the mighty star demon,
- Swarbhanu, the northern node of the eclipses,
- Vrushaparva, the giant manliness,
- Puloma, the boss-voiced, and
- Viprajiti, the valourous.

Swarbhanu's wife was Prabha and Vrushaparva's daughter was Sarmishta. The two ladies, besides Upadanavi and Hayasira, were the daughters of Vrushaparva. Puloma and Kalaka were the daughters of Vaiswanara. They married Marichi. By them he begot sixty thousand

danavas. The children of Puloma were called Pulomas and the children of Kalaka were called Kalakeyas. All these children of Marichi were powerful, terrible and merciless. Thriamsa, Salya, Navas, Vatapi, Namuchi, Ilwala, Kasruma, Andhraka, Naraka, Kalanabha were the children of Viprachitti by Simhika. All these demons multiplied the generations of danavas. They had hundreds and thousands of sons and grandsons.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 50
August 2001, Visakh

Question: You have been telling that 7 is related to the personal Will, but I made note that the sound RAM and number 9 are also related to the Will.

Answer: It is true. Number 7 is the will related to desire. Number 1 is divine will. Number 9 is the force that transforms the personal will into divine will. When I give these qualities – will, knowledge and intelligence – they also exist in a different manner in different numbers. Only for purposes of understanding we make some classifications. They are not strictly defined into that only. There will be certain overlapping and interchangeability.

Number 7 also carries the energy of number 1. Number 9 also carries the qualities of number 1. In the case of number 7, it is the personal will, but it is still will. In the case of number 1, it is divine will. In the case of number 9, it is that part of the will which works as the directional force either upwards or downwards. It has the ability to steer the will. So it is an aspect of the will which is to be used to regenerate.

Likewise, the energy of number 2 exists in number 4 and number 6. And the energy of number 3 exists in number 5 and number 7 also. Another important dimension is that the energy of 1, 2, 3 exists in all other numbers, more or less.

When I speak of the quality of a number or the potency of a number, I am only introducing the primary, predominant potency. For instance, in zero, all potentials exist. In number 1, the energy of number 2 and number 3 also exists but the predominant energy is will. In number 2, the energy of number 1 and number 3 also exists, but the predominant energy is knowledge or love. Likewise in number 3, the energy of love is there and the energy of knowledge is there, but the predominant energy is the presentation through wisdom.

The other potencies remain hidden and the main potency projects because the numbers are inseparable. But when we have to comprehend, we try to introduce them through their predominant characteristics.

Kindly make note whatever is informed, don't take it as a final definition of number, or colour, or symbol. It is just an introduction. Into Wisdom, only an introduction is given, it is like opening the door, and once you get into it, you find many more things. It's only an opening but not the entire description, because, according to Wisdom, nothing can be described in its completeness.

For example, I introduce Maxime to all of you. I say, "He is Maxime, he comes from Belgium, he is a good student of psychology and he has certain good ideas to implement in life." When I say this, it is not everything about Maxime. This is only to give the initial introduction. Even if we interact with Maxime for life, there will be something relating to Maxime which remains still to be understood. It is the case with everyone. It is just as an example I took his name. It is a present continuous process of knowing. That's why they say it is a continuing education program.

The question you ask is really required because it clears certain possibilities of making a very definite definition of things. You are very right, when I say about 1, about 7 and about 9, I differently say the same thing about the will. Please try to see the intricacy in relation to the context. That's how we have to approach.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

The Importance of Healthy Food



Food forms the foundation of Life. Healthy food builds healthy tissues of the body. The fresher the food is, the better it is. Stored food and food with decaying matter would have its impact on the tissues. If one is accustomed to unclean food, even from childhood may not see any immediate danger of such habit. But one should remember that the germs of most terrible diseases are contained in impure food. This knowledge enables avoidance of stored food and drinks and adaptation to fresh foods and drinks. Any postponement to such adaptation is permissible only in a limited way. Eventually, ignorant sowing will yield its harvest of incurable sicknesses.

The modern life promotes mostly stored food, stored fruit juices and aerated drinks. It is no wonder that these inferior foods and drinks contributed through time to upsurge our sicknesses. People have neither time nor inclination to ensure that fresh food and fresh drinks are supplied to body. They are just unmindful of this dimension. Even the so called mineral waters stored in plastic bottles over days are questionable of their healthy condition.

Men would not like to fall into sickness and much less into chronic and incurable sicknesses. The first and fundamental duty to prevent manifesting of sicknesses is to ensure healthy, clean and fresh intake of food in rhythmic intervals. Not much can be done when ignorance already causes the needed damage. People are afraid of dead cells of Cancer. Instead, they should be afraid of food containing dead matter.

A clean life is but the basic foundation upon which activity can be built.

Nourishing the subtle body as also the vital body, is best done through vegetable diet. Freshly cooked vegetables are best suited for human intestines for nourishment. Raw vegetables in so far as they are suitable to intestines can also be taken. Eating raw vegetables and cooked vegetables at the same time is not considered wise. The digestive system should be fed to uniform work but not zigzag work through dishes which require different degree of digestion.

The ancients knew the order of eating. They recommend a sweet liquid preparation to start with, followed by liquid food such as rice mixed with vegetable soups. This further followed by vegetables and lentils to be concluded with yogurt and again a sweet preparation. The order of eating recommends intake of easily digestible fluids followed by less easily digestible substances and concluded by, again dishes that improve the flora of the digestive system. The beginning and the conclusion is with freshly made sweet preparations. Such is the order given in Vishnu Purana, the Mother of all Puranas.

Men should know their digestive systems and develop a programme accordingly to avoid indigestion and constipation which would form eventually a platform for sicknesses.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Web-address : <http://www.paracelsus-magazin.ch/en>

Children's Section

On Service

SICKNESS WEAKENS
AND HEALTH REGENERATES
TO THE SERVERS.

Vedic Injunctions Relating to Food

Dear Children,

Do you know there are simple instructions in relation to our attitude towards food in Upanishads?

- Never criticize food.
- Know that the life force, the food and the body are interconnected.
- Healthy, timely food consumed in rhythm ensures a body that serves long.
- Do not be arrogant while you reject food.
- Be gentle in your rejection.
- Ensure that you inculcate the habit of distributing food to the needy.
- Whatever you do in life, you should hold in mind that you work to fulfill as many needs of others as you can.
- Be charitable and generous in matters of offering food. Waste not food.

K. Parvathi Kumar

(from the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.de)

Stories For Young People

The Maha Raja of Bhurtpore

Durjan-Sal was 1826 in Bhurtpore enthroned by the choice of his people.

Without any obvious reason appeared an army of English soldiers to gain the kingdom. Their first attack was stopped by numerous peacocks, the holy birds of the country. But at last the conquerors succeeded, the Raja was caught, and banished to Benares with his wives and sons. For maintenance he got a small rent – not enough for the large family - and most of their members died.

The son of the Raja earned the living for himself and his beloved son, Rao Krishna, by photographing pilgrims of Benares. Often he visited the temple and made sacrificial offerings, although he could hardly fill his stomach and that of his son. One day, his pockets and stomach were both empty, he went to the temple and there fell asleep with grief.

Lord Krishna appeared in his dream and pointed to him a tree. "Dig there at the time of the full moon. You will find 1000 silver rupees once a month – as long as you are faithful to me." Awaking the Raja realized, that it was full moon. He dug the pointed place and found the money. Gratefully he vowed to make a yearly pilgrimage, accompanied by his son, to the distant temple of Haridwar, barefooted, in the full raiment of an ascetic.

Every month he found the money, yearly he made his pilgrimage.

H.P. Blavatsky: From the Caves and Jungles of Hindostan. P. 480ff
Compiled by BK

Compiled by BK

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

**New website of WTT on Lord Dattatreya and his Incarnations
www.sripada-srivallabha.org / New book in German**

Lord Dattatreya is the Grand Cosmic Teaching Principle and an embodiment of the Trinity, the synthesis of the First, Second and Third Logos. On the occasion of the anniversary celebration of Dattatreya (Sagittarius full moon, 13 December), the World Teacher Trust has launched a website in five languages: English, French, German, Portuguese and Spanish to communicate the existence of this Cosmic Teacher and His appearance on Earth in Kali Yuga, our present Dark Age.

In the 14th century, Dattatreya took birth in South India as Sripada Srivallabha. Sripada was reborn two more times, one time as Narasimha Saraswati and another time as Swami Samartha. Through these three incarnations, he established a way of life where Synthesis of Wisdom is followed in daily life. During Sripada's lifetime, a biography was written but, as decreed by him, the work would be kept secret for thirty three generations. The book came to light in 2001. It was then published in Telugu and has now been translated into several languages. The "Sripada Srivallabha Charitamrutam" is an extraordinary book about the first incarnation of Lord Dattatreya in the present age. In an exciting and entertaining way, it gives an insight into the fascinating biography of Sripada Srivallabha (1320-1350), his sportive plays, teachings, prophecies and miracles. The English version of the book has been published, but not by the WTT. As predicted centuries ago in the original text, the "Sripada Srivallabha Charitamrutam" has now also been published in German, by the World Teacher Trust Germany. The German edition contains a foreword by Dr. K. Parvathi Kumar and is enriched with many footnote explanations, 21 images and a commented register of persons.

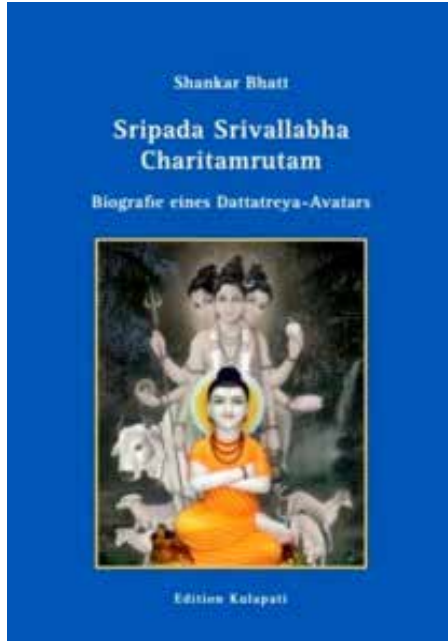
"I will remain in a subtle form in every place where My biography is de-

votedly read.”

“Don’t think that Sri Charitamrutam book is a mere book. It is a live stream of a glorious consciousness.”

Website: www.sripada-srivallabha.org

PDF: http://www.sripada-srivallabha.org/_media/de/sripada_srivallabha_charitamrutam.pdf (German Book)



GERMANY

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Activities

The group was founded 27 years ago by some members who still belong to the group. Because of the fact that the WTT Germany was shifted to Münster, our group has also grown. We regularly meet for full moon and new moon meditations, every Thursday for the water ritual, for healing prayers and reading of scriptures. Every month a fire ritual is carried out, and also once a month an aphorism of Dhammapada is being read and contemplated upon. Our service activities and our social commitments are manifold. The Gulab Garden in the Münster Baumbergen, a nature reserve, was provided by group members a few years ago. We have created a rose garden there which we also maintain. If the weather permits, we regularly carry out fire rituals at this beautiful place and are readings texts from the books of Madame HPB. On the occasion of the international seminar at Billerbeck, the group spontaneously took the chance to invite our foreign group members into the Gulab Garden. We stayed sometime in the rose garden, explained that it is dedicated to Madame Helena Petrovna Blavatsky, and by coffee and cake enjoyed the fragrance of the roses. At the end, forming a big circle we chanted and recited together OM and THE GOLDEN STAIRS. It not only touched our group, but also gave much joy to the guests.

After the seminar the Master and Krishna Kumari also visited the Gulab Garden. There the Master read the first verses from Dhammapada. (Dhammapada: a collection of sayings of the Buddha in verse form which reflect the essence of his teaching. Its specialty is that in spite of the profound contents, the lines are being read like a garland of flowers.) The Master told us: “I have made the beginning”, and he advised us to

read this scripture together with the group and to contemplate upon it. For the afternoon we planned a sightseeing tour. We thought to show the Master and Krishna Kumara many attractions and churches of Münster. But either the doors were closed or we were politely asked to leave the place. Even in the St. Paul's Cathedral, where we wanted to show the Master some statues, a young priest said that there would be a liturgy celebration. But the Master continued unswervingly his tour through the cathedral, then took a seat and we remained there sometime in silence. Monthly a therapist couple offers public chanting of GAYATRI in their practice rooms. The owner of the practice regularly visits a maternity home in Münster for counseling and care of mothers before and after birth. Her particular focus lies on the proper nutrition of infants and their mothers. A group member is actively engaged in the hospice movement as a contact and accompanying person. Another member from our group has been caring for many years a disabled resident in a nursing home. In addition, a member is conducting at regular monthly intervals the consultancy and the support of the self-help group "Caregivers to people suffering from dementia and Alzheimer's diseases" in an academy. From this self-help group, an additional meditation group has been formed at the request of the participants, who also meet once a month in the Academy. Another couple is actively involved in the care of refugees/migrants in a refugee accommodation centre. Weekly they give German lessons there. Two members of our group are responsible for the accounting and auditing of the Trust. The group is also actively involved in the promotion and dissemination of the Paracelsus Magazine Health & Healing as well as in the translation and proofreading work. Another important activity is the commitment for the natural attraction of the Externsteine.

The "Externsteine"

Members of all the groups of WTT Germany participate in the work of cleaning and keeping the "Externsteine". We used to link us mentally at the 11th phase of the moon, summer- and winter-solstice and the equinox of spring and autumn. We imagine being at this holy place and meditating. The dates of these meetings are yearly announced in January.

Once a year, in august, we meet physically. In 2015 it was on Sunday, the 9th phase of the moon, sun in Leo. We decorated the place with flowers, incenses und pictures of the Masters. We linked with those, who wanted to meditate but were prevented to come. Shrubs protected us from the touristic noise around and granted our meditation.

After Meditation and picnic we learned from Secret Doctrine (Mme H.P.B. II p.341-345) that holy stones, speaking and moving were spread around in Europe and the whole world. Our Ancients used them for oracle purposes. Then we informed about the events and plans of "Landesverband Lippe", the public owner of the Externsteine and the private engagement for keeping of the place by "Schutzge meinschaft Externsteine". We feel solidary with all those who take care of this place. This day in August we took the energy of the place like the many other visitors and left it, strengthened in boy and soul. With the help of our Master we can do this work and we thank him for the blessed experience of this day.

We do not want to miss expressing our most profound thanks to our MASTER KPK for all his support, his teachings and his patience towards us, because without Him we would not be able to do this work joyfully and with so much dedication.



The Externsteine

Picture of the Month of Capricorn :

Capricorn – The Mount, the Star, the White Robe and the Gate of Death



The sign Capricorn is called “the Mount”. It is the Mount Sinai which marks the ascent of Moses to experience the Burning Bush in “I am that I am” and again come down to earth to lead his fellow-beings through the great journey. The formula of the Burning Bush in Man is expressed by a ‘name’ of five words which means “THE ROBE, THE GLORIOUS ROBE OF MY STRENGTH” as given out by Master Jesus. Christ gave this robe to the world once again through Jesus. Capricorn is called the gate of death just as Cancer, the opposite sign, is called the gate of life. Souls die (enter the cycle of birth and lose themselves in the tombs of matter) into the earth life through Cancer and await the call of the Day of Judgment in Capricorn. This has got a profound symbolism. The five words on the robe denote the inner man (the soul of man) who is the robe of the spi-

ritual microcosm. This robe of the Lord shines forth as the five-pointed star through the gateways of his five senses. From within the man, the robe comes out as the five-pointed star and gradually covers him as the regular pentagon, when the disciple gets the investiture of the robe completely.

Dr. E. Krishnamacharya: Spiritual Astrology

Book Review

Your Birthday Gift



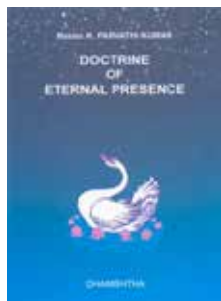
The sun gives the influence of the twelve zodiacal signs differently for those born during the twelve months of the year. Each of the zodiacal signs bestows its characteristic touch to all the aspects of life.

Astrology holds the key to life. It is necessary to get into the secrets of the time relating to one's own life in particular and relating to the humanity in general. "Your Birthday Gift" is the first step towards understanding of Time and also a right understanding of the human psyche. It is an invaluable gift to all true seekers of truth, coming from Master E.K.

Ekkirala Krishnamacharya : Your Birthday Gift

Copies : The World Teacher Trust, info@worldteachertrust.org

Doctrine of Eternal Presence



When you stand in the Presence of the Lord, Wisdom can flow through you. Love can flow through you. Light can transmit itself through. Healing can also happen. Stand in Light, Light flows through you, is the dictum of Masters of Wisdom at all times. All is possible when you stand in Light, in the Presence. Great acts were conducted by many initiates standing in Light, in Love and in the Presence. The booklet "Doctrine

of Eternal Presence" is an introduction to Srimad Bhagavatham by Dr. K. Parvathi Kumar. It shows that the work of Bhagavatha is found to be the simplest and direct way, and the shortest route to the Lord. It is the path of Synthesis.

K. Parvathi Kumar: Doctrine of Eternal Presence

PDF: <http://worldteachertrust.org/en/web/publications/books/eternal-presence/main>

Astrological Important Days in December 2016/January 2017

21.12.	11:44	☉ → ལྷ / Sun enters Capricorn	
ལྷ		Winter Solstice: Birthday of Jesus Christ	
		☉ in ལྷ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
23.12.	20:24	11 th phase of descending moon starts	☾ 02°24' ལྷ / ☽ 02°24' ལྷ
ལྷ		<i>For healing</i> (End 24.12. at 23:02)	
28.12.	06:06	Phase of new moon starts	☾ 06°54' ལྷ / ☽ 24°54' ལྷ
ལྷ		New moon point of Capricorn: <i>Contemplation upon 'The Pledge'</i>	
29.12.		December Call Day	
ལྷ	07:53	● New moon of Capricorn	☾ 07°59' ལྷ / ☽ 07°59' ལྷ
01.01.	11:31	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ལྷ
☾	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 02.01. at 12:21)	
05.01.	09:31	● 8 th phase of ascending moon starts	☾ 15°12' ལྷ / ☽ 09°12' ལྷ
ལྷ		(End 06.01. at 07:55)	
08.01.	03:22	11 th phase of ascending moon starts	☾ 17°59' ལྷ / ☽ 17°59' ལྷ
☾		<i>For healing</i> (End 09.01. at 00:33)	
11.01.	15:22	Phase of full moon starts	☾ 21°33' ལྷ / ☽ 09°33' ལྷ
ལྷ		<i>Contemplation upon the 8-petalled Heart Lotus</i>	
12.01.	12:34	☾ Full moon of Capricorn	☾ 22°27' ལྷ / ☽ 22°27' ལྷ
19.01.	10:07	● 8 th phase of descending moon starts	☾ 29°29' ལྷ / ☽ 23°29' ལྷ
ལྷ		(End 20.01. at 12:24)	
	22:23	☉ → ལྷ / Sun enters Aquarius	
		☉ in ལྷ – Every Sunday (22.01., 29.01., 05.02., 12.02.): <i>Invocation of Aquarian Energy via Master CVV</i>	
22.01.	17:30	11 th phase of descending moon starts	☾ 02°51' ལྷ / ☽ 02°51' ལྷ
☾		<i>Contemplation upon the Third Eye</i> (End 23.01. at 19:51)	
27.01.	00:32	Phase of new moon starts	☾ 07°13' ལྷ / ☽ 25°13' ལྷ
ལྷ		New moon point of Aquarius: <i>Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede – Śiva Râtri;</i> <i>Contemplation upon 'The Pledge'</i>	
28.01.	01:07	● New moon of Aquarius	☾ 08°15' ལྷ / ☽ 08°15' ལྷ
ལྷ	18:09	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ལྷ
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 29.01. at 18:33)	
03.02.	18:20	● 8 th phase of ascending moon starts	☾ 15°04' ལྷ / ☽ 09°04' ལྷ
ལྷ		(End 04.02. at 16:15)	
06.02.	11:39	11 th phase of ascending moon starts	☾ 17°50' ལྷ / ☽ 17°50' ལྷ
ལྷ		<i>Contemplation upon the Third Eye</i> (End 07.02. at 09:17)	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);
From: »Astrological Calendar 2016/2017«; www.worldteachertrust.org;
Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



OH LORD AGNI!
WE PRAY THAT WE MAY BE LEAD
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.
LEAD US, GUIDE US AND ENSURE THAT
ALL OUR KARMA IS BURNT ON THE WAY
AND THAT WE TEND TO BE THE LIGHTED BEINGS
IN THE ETERNAL KINGDOM OF LIGHT
TO SERVE IN JOY!

ISA VASYA