

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Capricorn 2014 Makara

Letter No. 9 / Cycle 28 - 22nd December until 20th January 2014

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.9/Cycle 28 – 23 December until 20 January 2015 ു

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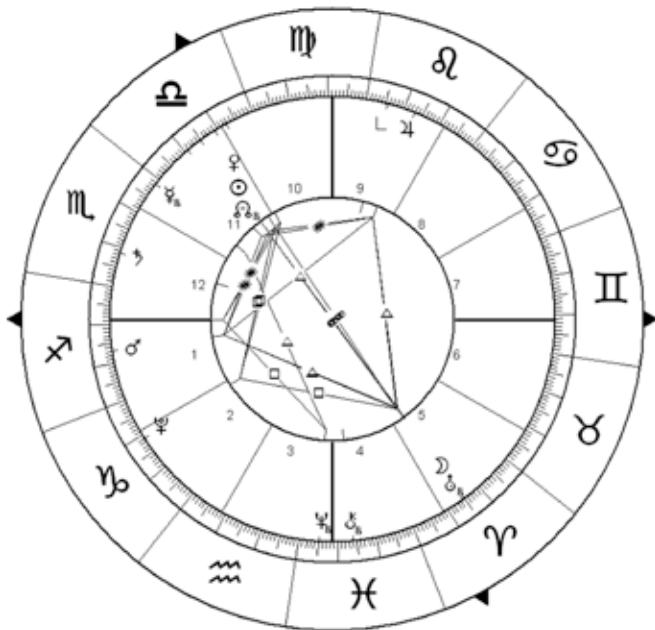
The World Teacher Trust - Global

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Prayer of the year 2014 / 2015

**VIRAT SHINES THROUGH TEN DIGITS. VIRAT HAS TEN FINGERS.
MAN HAS TEN FINGERS. MAN IS FRAME OF VIRAT.**



Full Moon of Capricorn, 5th of January, 06:53 am GMT+1



Message of the Month of Capricorn

Remember the unicorn in the month of Capricorn. The unicorn has but one horn in which the two are merged in to one. The animal of two horns tends to be an animal of unicorn. Also remember the long straight horn of unicorn represents the single eye, where two eyes are blended and evicted by the long straight horn in the center of the forehead.

The unicorn distinguishes itself from the ram of Aries and the bull of Taurus. The ram has two horns which are down-turned. They signify manifestation of dual energy from unity. The two horns of the bull of Taurus depict the push of man towards fulfilling the goals of life which can be mundane or divine. Within the two horns of the bull, the bull's eye is hidden in the bull's forehead. But in Capricorn the two horns are merged into one, into one long straight horn, meaning a projected third eye.

Capricorn, the 10th house of the zodiac fulfills man to manifest in Aries, falls in Libra and rises in Capricorn.

Unicorn also depicts emergence of consciousness of an initiate. Such an emergence is concurrent with defeat of the king of beast (the Leo personality). Man gains group consciousness sacrificing the self and the selfish consciousness.

In the Old Commentary, there is a symbolic story of the lion and the unicorn walking together. They decide to climb up a mount. On the way the unicorn kills the lion and proceeds further to the top of the mount. The lion stands for personality, the unicorn stands for soul.

As the birth and opening of third eye happens to a disciple, he is symbolically called a unicorn. As vision grows in him, the unicorn is said to be growing. As much as the unicorn grows, so much the lion of personality is subdued and remains subservient to the envisioned goal.

The crocodile, the goat and the unicorn are but the three dimensions of Capricorn. The crocodile represents rigid and fixed minds, which are gripped by thoughts. The goat represents adapting to virtues in preference to intelligence. And the unicorn represents enlightenment through virtuous living.

Men of Capricorn could be most selfish, rigid, and dominating. They could be lonely saints pursuing the path of light, like a climbing goat depending upon arid ways in search of food and water. Eventually they turn out to be unicorns that move in the high altitudes of the mount. May northern coursing Sun in Capricorn lift the aspirants up into higher altitudes of one's own consciousness.



Domenicino: Virgin and Unicorn

Message of the Teacher

A Master of Wisdom



A Master of Wisdom is one who knows the Divine Plan, the intricacies of Time and the nature of Self. He is aware of the activity of five elements in a given place at a given time. He further knows the karmic law relating to the souls. He knows the world of cause and effect.

A Master of Wisdom is not perturbed when tsunamis, earthquakes and volcanic eruptions happen, he sees them as part of the Plan. He also sees the Plan in floods, and drought and even in epidemics. The beings according to their acts of knowledge and ignorance receive the related fruits.

A Master of Wisdom also knows the Time-Plan. He clearly sees how Time unites and divides nations and races, individuals and groups. He sees the plan of time relating to imperialism, socialism, capitalism and communism. Through all these 'isms' he sees evolution of the beings through time.

The Master further sees at individual levels, the karmic plan of aspirants, which the aspirants develop over series of lives due to ignorance. He guides the groups of aspirants from ignorance to knowledge. Guidance is also over a series of lives. Ignorance gathered over series of lives, cannot be cleansed or extinguished within an incarnation. The individual cannot stand such cleansing. It takes a minimum of twelve lives and a maximum of seventy two lives. The Master's Plan is alleviation of the soul from the suffering and the alleviation of the soul through right knowledge and right action. Aspirants connected to a Master of Wisdom, slowly and gradually supersede all limitations and gain comprehension of the triple plan namely the Divine Plan, the Time's Plan and the individual Soul Plan.



Gita-Upanishad

- Lord Sri Krishna -

Substituted Truth

**sarva-bhuta-stham atmanam sarva-bhutani catmani
iksate yoga-yuktatma sarvatra sama-darsanah**

As a student of yoga aligns an association with the soul within, he stands as a yogi. In that state he sees the soul in all that surrounds him and realizes that it is only the soul that exist as many forms. He gains true equanimity by such vision. (6/25)

Commentary:

To envision the one in all and one as many is the true state of a yogi. He pursues soul within and all around. He therefore relates to each and every being with equanimity. He sees the soul in variety of qualities and forms since he himself stays as a soul.

When the awareness is at the level of senses, only sense objects and sensuous things are seen. When the awareness is at thought plane, one drowns in the thoughts related to him and others that surround him. When awareness is in buddhic plane, he comprehends innumerable dimensions and related concepts of life.

Through meditation, one's awareness is at the soul, one transcends in Buddhi and settles in self, the soul. It is a blissful state. He lives no more either in divine conscious or mundane conscious belonging to Buddhi and mental plane respectively. He rejoices his original state as soul and perceives the soul in all that surrounds him. He realizes that all is in soul and the soul is in all at the same time. Within the form the soul is and the very form is again in the soul. It is an astoundingly blissful state - all forms are within the soul while the soul exists within all forms. It is like a

jar immersed in a lake of water. The water is in the jar, while the jar itself is in the water. It is also like the ocean in the wave, while the very wave is in the ocean. The joy of such darshan (vision) bestows astounding bliss.





Message of Lord Maitreya

The Objectives of The World Teacher

To give a death blow to superstitions, to impart knowledge in a scientific manner, to eliminate blind and emotional belief, to uplift the truth of every tradition, to blow away ignorant traditions, to expel fear and to establish goodwill are the objectives of the World Teacher and his community.

We respect every scientific invention. We respect in general, every scientific effort, since it is a systematized approach. We do not encourage unscientific thoughts. But the science we know is much more than the mundane science. We assist striving scientists from the super mundane plane to bring about an innovation at the mundane plane. Every innovation is but a revelation from subtle to gross. We guide every intuitive person in every field.

That man has emerged from the air and that man has emerged from the earth is unscientific. It is more an imposed doctrine than a scientific truth. Similarly to say that man has come from earth and will get back into earth is a doctrine of ignorance. Man is semi-human (mundane) and semi-divine.

The mundane science knows little of the origin of planets and of the man on the planets. The two of them have history of millions of years, while the scientist hardly knows 5000 years' of the history. It is good that the scientist now says "we have known the stars and we will continue our pursuit".

Message of Master Morya

- *Maruvu Maharshi* -



Selfless Service

In the new age, self-salvation and liberation is through selfless service to the surrounding life. Service is the law of liberation. Those who worship, who pray and who meditate for their own growth in to light are seen as selfish. Every prayer is to be aimed for groupal good, groupal welfare, groupal enlightenment and groupal liberation. Then, this latter category of prayers is seen as service.

Once upon a time there lived a saint in Himalayas. He was sitting on the surface of a clean lake in Himalayas and was meditating, staying afloat on the waters. The word slowly spread and people started visiting him from all corners of the earth. They were awestruck at the feat. They were prostrating at the bank of the lake. They were offering camphor light, and they were worshipping the miracle of the floating saint and even disturbed many from their daily work. They were attracted to the miracle and ignored their own duty. They were discussing of him and his power of meditation.

One day, a Master of Wisdom walked up to him on the surface of water, touched him gently on his shoulder and said, "Get up. Go and do the lot of work allotted to you. You have failed in discharging the ordained work and you have distracted many from their ordained work. Your meditation is causing disturbance to harmony. You are preparing unconsciously idlers and gossipers. Instead, water a plant, tame and take care of animals and work for humans."

May the aspirants crave not for light! The light visits those who serve the surroundings with heart, body and mind aligned.



Master Koot Hoomi

- Devâpi Maharshi -

Right Relation Between Teacher and Student

May not the aspirants give room for indifference! Indifference throws away opportunities for self-enlightenment. If you are indifferent to the teacher, you throw away a lifetime opportunity. It is foolish to throw away a gem that fulfils you at all levels. It happened to Judas. It happened to the first tribe. In every teacher's life, there are such foolish ones who come into the teacher's aura and get away due to indifference. Disrespect and indifference towards the teacher is the height of ignorance.

Kali instigates the egoistic nature in the student and leads him to the doom implanting seeds of indifference and disrespect. Rarely do we see in Kali age right relationship between the teacher and the student. When such relation happens, we celebrate, we nourish it. We transmit abundant fruits of knowledge through such relation. May the teacher-student relation be fructified!

Message of Master *EK*



From Ignorance to Knowledge

When candle is kindled, the wick of the candle gradually gathers carbon due to combustion. Likewise in creation, when the three qualities appeared, there is emergence of carbon like 'ignorance'. The carbon that is gathered around the wick is neither in the flame nor in the wick. It emerges due to the fire at work. Likewise, there is no ignorance as such prevailing in nature. When the three qualities are at work, the ignorance emerges as a byproduct.

To ensure that the flame is bright and also to ensure that it is continuously aflame, the accumulated carbon around the wick is regularly removed. Likewise, the ignorance that could emerge due to the triple activity of nature shall have to be eliminated on a very regular basis. The morning and evening prayers are meant for such cleansing of ignorance and ensuring of light.

Therefore the prayers lead us from darkness to light, from ignorance to knowledge and from death to Immortality.

Do not blame nature. Blaming itself is ignorance. Instead learn to stay clean through prayer and stay beyond the blaming game.



Vidura

Wisdom Teachings

Desire knows
no decency.

Shirdi Sai Sayings

Presence



You cannot recognise Me by the form. You can only recognise Me, by the presence I transmit through the form. My presence is eternal while My form is transitory. Poor is the one who fixes Me to a form.



Message of
Sri Ramakrishna

Meditation Upon Him

Pray to HIM in any way you will.
He is sure to hear you,
for He hears even the footfall of an ant.

On Secret Doctrine



ABC of Magic

Egypt has been a land of history till date. Many archaeologists, symbolists, orientalist, philosophers, masons and the like are engaged in the ancient Egyptian wisdom. Till recently Egypt was seen as the cradle of wisdom. It is only in the twentieth century India became acceptable as the source of Egyptian wisdom. The Aryan-Indians are today recognized as the foundation around which the Egyptian wisdom is woven and built with the geographical distortions of symbol and of language.

The ancient Egyptians in their writings described, that they had come from the South and from a land across the Great Sea, which they call Punt. The land of Punt is well known to be a part of South-Western coast of India known as Malabar.

There is considerable archaeological and anthropologic evidence that ancient India was the source of ancient Egyptian civilization. The ancient black Indians (representing the South Indians, who were also known as Ethiopians) built and laid out ancient Egyptian civilization. In the process they also mixed with the locals and Africans.

In the ancient times, there were known to be two types of Ethiopians, Western Ethiopians in Africa and Eastern Ethiopians in India. The African Ethiopians were black with woolly hair and fine features. The Eastern Ethiopians were also black and of fine features but possessed straight hair.

The black Indians were understood to be of more ancient origin, residing in the Southern parts of India, while the North Indians are later arrivals as

described elsewhere in the Secret Doctrine.

Today Egypt is referred to as an Arab nation, but this is only because Arabs conquered Egypt centuries ago and imposed upon the original people their Arab language, culture and much later Muslim religion. Many modern Egyptians are really descendants of Arabs, Persians and Greeks.

But the ancient and original Egyptians were of Indo-African black descent. Even today the bulk of Egypt's rule and population, especially in the South, continue to be the black people.

The ancient Greek historian Herodotus says in his writings, that the Egyptians had burned skin (black), flat noses, thick lips and woolly hair. According to the Skandha Purana, Egypt was known as the Sancha-Dvipa continent mentioned by Sir William Jones' dissertation on Egypt. At Alexandria, in Egypt, Indians scholars were of common sight. Indian contact with Egypt, Africa and Europe dated back to prehistoric times. Trade relations presided by migration of people, inevitably developed into cultural relations. India had contact with the ancient Western civilization through pottery, cotton, cloth, plants, and wool-bearing trees, spices and condiments. The mummies in Egypt and the mummies in Mohenjo Daro are wrapped in similar terracotta. Further the Egyptian mummies have all been wrapped in ancient times in Indian fine cloth called muslin.

The Indus valley's civilization provided many clues to the communality of knowledge and of symbols.

In the third millennium B.C. India was already in a position to contribute to the building-up of cultural tradition that constitutes the Egyptian spiritual heritage, since the time of Alexander. William Roberts says, "Recent research and scholarship make it increasingly possible to believe, that the Vedic era was the lost civilization, whose legacy the Egyptians and Indians inherited". There are too many similarities between the hieroglyphic texts of the Vedic and the Egyptian ones. He further says that the Dravidians, the South Indians from India, went to Egypt and laid foundations of its civilization there. The Indus valley's civilization, the oldest of the civilizations unearthed, made clear the history of the origins of human civilization.

Many writers have come to the conclusion, that the Egyptians are more Asiatic than African. For several centuries lively commerce existed between India and the Mediterranean world. The West coast of South India carried the ports that exported from Kerala, Karnataka and Maharashtra. It is recorded, that the ancient Egypt under Queen Hatshepsut, imported five ships of spices. The trade and commerce contact with India did not break even after Egypt was conquered by Greece and later by Rome



Queen Hatshepsut



Lay Man's Prayer

We are habituated to receive.
We receive but not give.
Trees give and grow like giants.
We receive and remain as ants.
But we can receive You too,
if we know how to wait, Praying.
We Pray and we wait.
Allow us to Pray please!

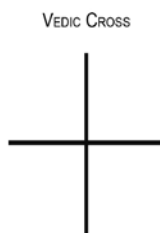
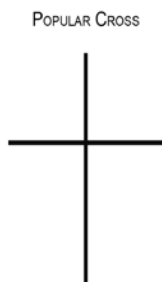
Discipleship

Recollection of 'That I Am'

Creation is but the word uttered-forth. For the word to be uttered-forth there has to be

1. An utterer
2. An impulse to utter
3. The utterance as such
4. The resultant product.

The creation that we see is but the word that went through the utterer, his impulse and his utterance. This is how the word is said to be fourfold. The creator is also said to be fourfold. The Vedas are said to be fourfold. Yugas of time are said to be fourfold. The ashrams are (infancy, youth, adolescence, and the old) all said to be fourfold. The quality of human beings are said to be fourfold (priestly, protective, commercial and working classes). The Vedic cross is fourfold and is the basic foundation of the temple of creation. The Vedic cross depicts unity and connectivity, contrary to the popular cross, where such unity and inter-connectivity are missing. When knowledge of unity and inter connectivity is lost, ignorance prevails.



A disciple



The Teacher

2. Paramaprakasam Beyond Light (and Darkness)

The state of the Guru is the state beyond light as Pure Existence. Light is the secondary state, Existence is the primary state. A Guru generally remains in that primary state and gets into the secondary state of light or knowledge according to the need. His original state is TO BE. According to time and place he becomes light or awareness and conducts either will or knowledge or physical speech or action. As the need is over, he retraces from becoming to being and remains to be Pure Existence. He remains beness and becomes according to the need.

He remains at all times beyond the duality of light and darkness. When light emerges, darkness also emerges. Light is but light upon the background of darkness. Light has its circumference, the area of its operation. Beyond the horizon of light there is darkness. Darkness and light co-exist in creation. That is the primary duality. The Guru, the Master or the Teacher is one who exits beyond this primary duality as THAT.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Kapila

The Formative Principles



This is what is called 'separative consciousness'. The one becomes apparently more than one. The separative one is the observer and the original becomes the observed. The process of observation is also given birth to. Thus the one becomes three through time and remains so during its periodicity. The separated consciousness identifies more and more with Nature through force in time and functions within the time frame. When the formative principles spring up around the separated consciousness, the latter gains a stimulation that "I Exist". This is called Ahamkara in the scriptures. When the qualities of the formative principles are in proper blend around this consciousness, the person does not lose his identity as "I Am" or "I Exist".

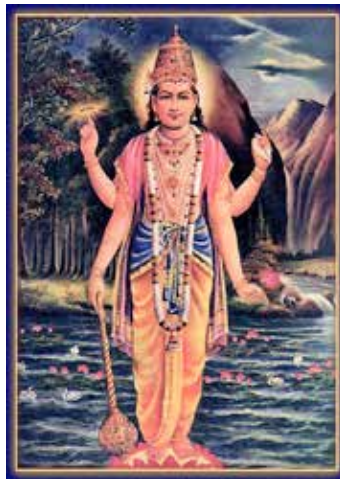
He remains as "I Am" amidst the formative principles, who act with the support of his presence. His presence within the time cycle amidst the formative principles is understood as the "Indwelling God" - The God Absolute - thus presenting Himself within the circle of time along with the force, the Nature and their formative principles is the beautiful process of the Father becoming the Son. The Son is born within and the Father remains without!



Ashram Leaves

Libra

"The wheel is rotating around the commanding finger of the Lord and is conducting the function of the cyclic path (of the worlds upon the plane of illusion) destroying the obstacles of creation (and protecting His followers until the grace of the Mother in the Lotus is showered). Meditate upon this symbolism for a long time to get liberated from the force of the wheel.



Lord Narayana



On Love

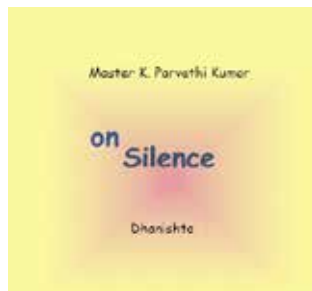
Love rearranges priorities!

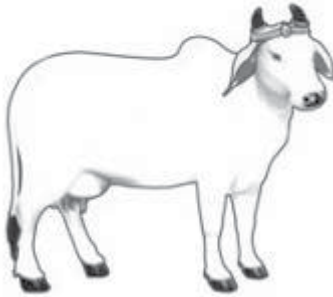




On Silence

To reach up to Mercury the disciple ascends
Saturn, Mars, Moon –
(physical, emotional, mental planes).





Cow

The Symbol and its Significance

Killing a Cow denies one the path to the Divine.



Violet Flame Invocations

Full Moon magic in Monument Valley.
Peeping pink flames in Penitentes.
Colourful ritual of Colorado Springs.
Grand visions of Grand Canyon.
Inspiring Violet showers of Iguaçu.
Performing Peers of Ameru Peaks.
Towering Eagles of Toledo.
Flying Anuras of Nuria.
Zealous gestures of Jerusalem.
Alpine heights of Alchemy.

Several are Seventh Ray splendours
encountered at every Twilight.

Rejoice! Rejoice! Rejoice!

From the Teacher's Pen



Questions and Answers

Question: Master, just give me one clue to stand in yoga.

Answer: Your question is simple. But behind the question, there is a great ambition. That very ambition is the hurdle to stand in yoga. The science of yoga is a process of gradual transformation. In that transformation, he will gradually shift from the seat of mind to the seat of heart. Patanjali described the process. He is the Master of Yoga.

To look for one clue and one simple practice can only lead you to the bank of the river of Yoga. The bank will slowly lead you to the stream. The first clue that Patanjali gives is harmlessness, 'ahimsa'. You may try this virtue at the mental, vocal and physical levels.

Let me avail the opportunity to inform you the nature of ambition. Ambition is excessive desire, which is perennial. It is like a perennial river of impure waters. Curiosities are the ripples in the river of ambition. Attractions and attachments are the crocodiles in the river. Doubt and suspicion are the leaches in the river. Bounds of ignorance are the very pools. Worry and irritation are the either banks. The felled and grounded trees represent the fall of courage. Even yogis fear such a river of ambition.



Agni

An Introduction into the Work of Cosmic Fire, 38

4. The Solar Fire

Working out One's Own Evolution

See, there is an eternal law where each human being has to work out his own un-foldment. The Grand Existence which we call the Universal Soul or Super Soul – it only does a supporting act but not the direct action to unfold us. To understand how a Master helps us or the Kumaras help us, I will give you a simple example:

You take a bud as an example. We all know that the bud has to unfold its petals and become a good flower. So also the Kumaras know that all the close minds have to open up themselves and become beautiful human beings. An average human being is like a bud meaning closed from all sides and lives in his own world thinking that it is the most open world. What are we to do for the flower to open? Just because we have strength, we shall keep peeling up the petals? The strength of the Lord is so high that He can do it. Just like we have strength to peel off the petals of a flower. Don't we have strength to open the petals of a flower? But what will happen, if we open the petals like that from outside? The petals are broken. It is not a process of unfolding. If anything in nature is unfolded from outside, using greater strength, it works towards destruction, not for unfoldment. So, how are we to open the petals of the flower? Orient the flower more and more towards the sunlight! Then through time, it opens. That is what Kumaras do to us. They keep on sending the rays of light. Their very presence is light. And in the process gradually over a period of so many incarnations, the human flower unfolds. As it is unfolding, many times it may think, that it is unfolding. As it is developing into a beautiful

flower, there can be pride 'oh, I am very beautiful', because the colour of the flower, the shape and then the tenderness, it makes it so beautiful. But the whole activity is nothing but the activity of the fire within the flower and outside the flower. The bud opens into a flower due to the inner fire which we call the 3rd fire. It is the action of the inner fire and the outer fire. So, the inner fire is worked out by Agni Suryans towards opening, and the outer is worked out by Agni Shvattas. It is all the work of fire only upon matter. That is why those who know feel that it is all the fire work. It is the work of the fire through time.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XIII

The Prayer of Kandu

Soma said: "He prayed thus: 'Lord Vishnu is the shore beyond everything. He is the shore of the shoreless expanse. He surpasses all those who surpass and He is the one significance of all those who live. He is the shore of the creator's comprehension and also the shore of the higher concept of everyone. Everything has its cause, but He is the cause of everything. In all actions He is the one who assumes the roles of the doer and of the thing done. Thus He saves everyone. He is the Lord of the Creator and the Creation. He is the one indestructible letter uttered by the Creator. He is the eternal, everliving principle. He is never touched by all the progress and decline of everything. May the defects of attachment in me dissolve in Him as I think of Him.'

This prayer is called the shore of the creator and Kandu was accomplished by this prayer. One who prays to the Lord like this or one who listens to this prayer attentively will be freed from the sins of desire and get accomplished.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 27
August 2001, Visakhapatnam/ India

The Psychology Part of the Third Chamber of Mind 2

There is a vast difference between a Teacher and a priest. The preacher has no practical experience; all that he knows is theory. A good professor in commerce cannot be the best business man; he only knows theory. But the best business man also knows the practical side of it. What is important is that a man should be in family, in social life, in the economic life, in the cultural life, and synthesize all these four aspects of life with spiritual values. That was the ancient teaching.

It is of recent origin (2000 to 2500 years) we have this new model where people are no more role models. They have not been able to teach, they were only preaching. Their main work was to say that women are sin and money is evil. If women are sin – to whom are they born? How can you call that women are sin? In that case, you're born out of sin, so you can't be better of. If money is evil, how can you live without money? If business is no good, from where will you get your food and your clothing?

The problem of the West according to Master Djwal Khul is the past suppression. The problem of the East is lack of order. They don't have an orderly way of doing things when it comes to collective working. The West has order, but has suffered from suppression, so it is coming back as false freedom. The solution for the East is that they gain the order which exists in the West. For an Oriental, it is very difficult to work collectively. These are the problems.

That is the reason why in psychology it is well said not to suppress the desire. But in the science of Yoga, they say: "Substitute the lower desire with the higher desire. Let a higher thought and a nobler thought prevail over an inferior thought." It is an intelligent shifting. It can be better done in the presence of people who live in the higher realms. If an iron piece is around a magnet, it naturally gets magnetized. If a student is in the

presence of a noble Teacher, naturally his energy helps him to work out what is to be worked out.

Pythagoras said: "The lower numbers agree with the higher." Number 3 and number 4, they are different energies. One is the energy of a triangle, the other is the energy of a square. But in 12, both the numbers agree. In a higher number and in the presence of a higher energy, the lower numbers agree and the lower energies fall into an order. That is why the ancient seers saw that teaching has to be in intimate connection between the student and the Teacher. A cordial relation between the Teacher and the student is important to enable the flow of energy to the student, and frequent interaction with the Teacher will make the student gain that higher taste of life. That's where the Teacher-student tradition became very strong in India, especially in the field of spirituality.

Even in normal education also, noble teachers always take care of the students at a cordial level. It is like father and son. When the cordiality is there, there is the flow of energy. If there is discord between the teacher and the student, the situation will be different because there will not be any energy flow.

The solution is to associate with such energy which is free of tendencies. That's how the key is given. To get into this key, I shall speak to you about the third chamber of the mind, where clear thinking prevails. Then man knows what he has to do clearly without confusion. He is very clear in his mind what he is doing and what for he is doing. He will ensure that the clarity remains with him. Only to retain that clarity, regular meditation work is taken up.

This is where the importance of sound, colour, symbol, number, meditation comes. Until we know the significance of linking up the third chamber with the fourth chamber, we don't get interest in it. If we know that it is for our own benefit, we would like to do it. If we appreciate well the significance and the science behind all these practices, we may orient towards them and do it with cordiality. Otherwise, we do it without knowing why we are doing it and then, we may lose interest on the way. Why Mister Kumar always imposes on us this Gayatri mantra and that OM and all that? Why should he bother about all these mantras? Why should he write so many things about so many symbols? Why should he teach all this? If it is not understood, then we don't feel that these are all imple-

ments to transcend from the third to the fourth, and from the fourth to the fifth through meditation. All wisdom exercises are to pull oneself up from the mind to the fourth chamber of creative thinking and knowledge. Then, you will even surpass knowledge to get into the fifth chamber of blissful existence.

For that, the only technique available is meditation. These techniques would enable man to ascend into the third subchamber of the third chamber, then the fourth chamber, and then the fifth chamber. Then you are king of your life and you enjoy the maximum that is enjoyable by a human being. You're linked to the divine, you are also linked to the physical. The critical part is the third chamber where man is mostly stuck. In the second chamber, weak minded people are stuck. So, we utilize the right techniques to lift ourselves up so that we experience the beauty of the self same creation.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Self-Abnegation in Service

Self-abnegation in service expands the forces beyond legitimate extent, leading to such sicknesses as cancer. Spiritual toilers are so much obsessed with their spiritual and service activities, that they deny themselves many basic needs for long years. There is a legitimate limit for the body to tolerate the self-abnegation. When it crosses the limit there would be weakening of psychic energy in the blood which generates the disease. Psychic energy is often exhausted as the result of excessive spiritual outpouring. Teachers of India during the 19th century namely Sri Ramakrishna Paramahansa, Sri Ramana Maharshi, and Shirdi Sai Baba are examples of such illegitimate outpouring of spiritual energy. They were highly self-abnegated in this due to their spirit of service. Two of them have invited cancer and one invited a sickness of lungs which were instrumental for their eventual departure.

When psychic energy is weakened in the blood stream to the extremity such sick-nesses happen. This gives a key that diseases like cancer can be treated by supplying psychic energy and thereby strengthening the blood. Blood being the mysterious magnetic fluid in the body is responsive to the subtle magnetic energies of wisdom, and the wisdom has such keys as sound, number, colour and symbol. Use of these keys is highly healthful in cancer cases. This needs to be thought over by the science of health.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section

On Service

**AS MAN GROWS IN AWARENESS,
THE URGE TO SERVE
GROWS IN HIM PROPORTIONATELY.**

Dear Children!

The key to one's own growth is in daily introspection.

- Introspect and analyse the patterns of your speeches.
- Introspect the quality of the daily work.
- Introspect the purity of thoughts and their translation into action.
- Introspect your ability to discriminate with the desirable and undesirable.
- Introspect the usage or wastage of time.
- Introspect the rhythm of your daily routine.
- Introspect the cordiality of your relation to the surrounding life.
- Introspect your approach to things and articles that you handled.
- Introspect the degree of dedication and devotion for self upliftment through daily activity.

K. Parvathi Kumar

Stories For Young People

The Elephant and the Crocodile

An immense elephant with his entire herd lived in the jungle. Everybody feared his wilderness and his power.

It was a hot day in summer. The herd felt thirsty. It found a lake, it drunk and played in the water. Suddenly the huge elephant felt a sharp pain in his leg. A crocodile living in the water had grasped the leg of the elephant in his mighty jaws. The elephant wondered about the impertinence of the reptile to attack him. But soon he saw that his power was of no avail to the grip of the beast. The crocodile hold his leg and waited and waited. Years passed by... the power of the elephant vanished. He accepted that he was a prisoner and could not free himself. He conquered his proud and surrendered his ego to the Lord. The One killed the crocodile and freed the elephant.

May we recognize the crocodile of matter in the lake of our emotions.

Story compiled from "The Srimad Bhagavatam", told by Master Kumar in some of his lessons.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SPAIN

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Activities

- We cooperate with Dhanishtha editions, correcting texts, supporting works, and with the distribution, sales and sending by post the related books of Dhanishtha to every place into Spain and also to the centres and specialized bookshops.
- We collaborate with different organizations that help needed people, contributing with money for the attainment of their objectives.
- Our members contribute to the realization of activities for a better healthy life, and also to develop the relations among groups encouraging the realization of courses that help to achieve these objectives.
- Its members collaborate with organizations to help sick people. Activities are also participating in various campaigns for collecting food, books etc.

Picture of the Month of Capricorn:

Capricorn - The Sunrise



The activity of the dawn is ever a mystery. It cannot be fully explained by all the sages together of the scriptures. Many are the hymns in the Rig Veda that are devoted and dedicated to the intuitional descriptions of the dawn with all its secret keys of sound and symbol. The effect of dawn upon the beings of earth is not so simple as it seems every day. The mystery of awakening cannot be completely understood by the consciousness of objectivity. The sun's rays contain spiritual activity which will be showered upon the beings of earth during the first two hours after sunrise. The month of Capricorn in the year bears correspondence with this time. Spirit meets man through soul in this sign. The highest principle which is above creation is concealed in man through the activity of this sign.

Dr. E. Krishnamacharya: Spiritual Astrology

Book review

The Mandra Scripture

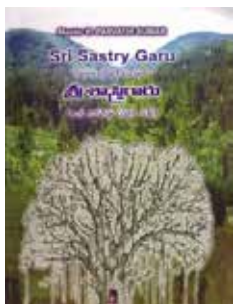


The Mandra Scripture is an Aquarian rendering of the Bhagavad Geeta, the celestial song of the Lord. Master E.K., to whom the Grand Wisdom of the Bhagavad Geeta was revealed, directly dictated afresh the celestial song in a very simple and lucid manner. This is not a commentary on the Bhagavad Geeta. It is Bhagavad Geeta rewritten, directly communicating the import for the benefit of the seekers of Truth. Master E.K. had an unique

ability to dictate at length any profound wisdom-concept, wisdom-key or a scripture. This book is meant for the aspirants all over the world to be used upon themselves for self-transformation and self-realisation.

Ekkirala Krishnamacharya: The Mandra Scripture

Copies: The World Teacher Trust, info@worldteachertrust.org



Sri Sastry Garu – Story of a Disciple

Discipleship is a process of transformation of man from his state of ignorance to the state of Light. On the Path he meets himself. A true disciple lives hiding the Light within and working silently for its further glow. The Light he sheds is in silence and simplicity. One such example of disciple is K.V. Sastry, whose story is inspiring to those who walk

the Path of Light in simplicity. It demands simplicity to realise the Truth. The reader finds such simplicity in the life and the events of the life of Sri Sastry.

K. Parvathi Kumar: Sri Sastry Garu – Story of a Disciple

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in December 2014/January 2015

22.12.	00:03	☉ → ལ / Sun enters Capricorn	
	᠔	Winter Solstice: Birthday of Jesus Christ	
		☉ in ལ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
	02:36	● New moon of Capricorn	☉ 00°06' ལ / ᠔ 00°06' ལ
25.12.	08:20	23 rd constellation <i>Dhanishta</i> starts	᠔ 17°24' ལ
	᠘	21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 26.12. at 06:19)	
28.12.	08:23	● 8 th phase of ascending moon starts	☉ 06°28' ལ / ᠔ 00°28' ལ
	☉	(End 29.12. at 06:45)	
29.12.		December Call Day	
31.12.	04:40	11 th phase of ascending moon starts	☉ 09°22' ལ / ᠔ 09°22' ལ
	མ	<i>For healing</i> (End 01.01. at 04:11)	
04.01.	04:53	Phase of full moon starts	☉ 13°27' ལ / ᠔ 01°27' ལ
	☉	<i>Contemplation upon the 8-petalled Heart Lotus</i>	
05.01.	05:53	○ Full moon of Capricorn	☉ 14°31' ལ / ᠔ 14°31' ལ
12.01.	21:47	● 8 th phase of descending moon starts	☉ 22°19' ལ / ᠔ 16°19' ལ
	᠔	(End 13.01. at 23:36)	
16.01.	00:51	11 th phase of descending moon starts	☉ 25°30' ལ / ᠔ 25°30' ལ
	མ	<i>For healing</i> (End 17.01. at 00:10)	
19.01.	17:29	Phase of new moon starts	☉ 29°16' ལ / ᠔ 17°16' ལ
	᠔	New moon point of Aquarius: <i>Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri; Contemplation upon 'The Pledge'</i>	
20.01.	10:43	☉ → ལ / Sun enters Aquarius	
	♂	☉ in ལ – Every Sunday (25.01., 01.02., 08.02., 15.02.): <i>Invocation of Aquarian Energy via Master CVV</i>	
	14:13	● New moon of Aquarius	☉ 00°09' ལ / ᠔ 00°09' ལ
21.01.	17:42	23 rd constellation <i>Dhanishta</i> starts	᠔ 17°24' ལ
	མ	21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 22.01. at 14:58)	
26.01.	18:22	● 8 th phase of ascending moon starts	☉ 06°26' ལ / ᠔ 00°26' ལ
	᠔	(End 27.01. at 17:23)	
29.01.	17:07	11 th phase of ascending moon starts	☉ 09°25' ལ / ᠔ 09°25' ལ
	᠘	<i>Contemplation upon the Third Eye</i> (End 30.01. at 17:44)	
02.02.	22:02	Phase of full moon starts	☉ 13°42' ལ / ᠔ 01°42' ལ
	᠔	<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
04.02.	00:09	○ Full moon of Aquarius	☉ 14°48' ལ / ᠔ 14°48' ལ

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*PÛSHAN EKARSHYE
YAMASÛRYA PRĀJĀPATYA VYÛHA RASMÎN
SAMÛHA TEJAH.
YATTE RÛPAM KALYĀNATAMAM.
TATTE PASYĀMI YO
SAVASOW PURUSHAHA.
SOHAM ASMI.*

"OH! SOLAR GOD,
YOU ARE THE SON OF PRAJAPATHI.
YOU ARE LONE RANGER OF THE SKY.
YOU ARE ALL NOURISHING AND ALL REGULATING.
PLEASE WITHDRAW YOUR RAYS AND BRILLIANCE.
BY YOUR GRACE I WOULD THEN BE ABLE TO SEE
YOUR BEAUTIFUL GOLDEN DISC."

ISAVASYA UPANISHAD, 16TH MANTRAM