

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Capricorn 2013 Makara

Letter No. 9 / Cycle 27 - 21st December until 20th January 2014

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.9/Cycle 27 – 21 December until 20 January 2014 ു

Contents

Master E.K. • Invocation	2
Prayer for the Year	4
Message of the Month of Capricorn ു	5
Message of the Teacher	6
Lord Sri Krishna: Gîtâ Upanishad.	7
Lord Maitreya	9
Master Morya - Maruvu Maharshi	10
Master Kut Humi - Devapi Maharshi	12
Message of Master E.K.	13
Vidura Wisdom Teachings	14
Shirdi Sai Sayings.	15
Sri Ramakrishna.	16
On Secret Doctrine	17
Lay Man's Prayer	18
Discipleship.	19
Occult Meditation – Kapila - Ashram Leaves	20
On Love / On Silence	23
Cow	25
Invocations of the Violet Flame	26
From the Teacher's Pen	27
Agni	28
Vishnu Purana Master EK.	30
The Science of Man.	31
Paracelsus - Health and Healing	33
Children's Section	35
Stories for Young People	36
Window to World Service	38
Picture of the Month of Capricorn	39
Book Review	41
Astrological Important Days	42
Master DK • Great Invocation	43

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German: wtw@kulapati.de, in Spanish (WTT Argentina):

wtw@wttargentina.org, (WTT Spain): wtw.spain@gmail.com

The English Vaisakh News-Letter: Please contact:

The World Teacher Trust - Global

The Vaisakh News-Letter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

E-mail: info@wtw-global.ch Website: www.worldteachertrust.org

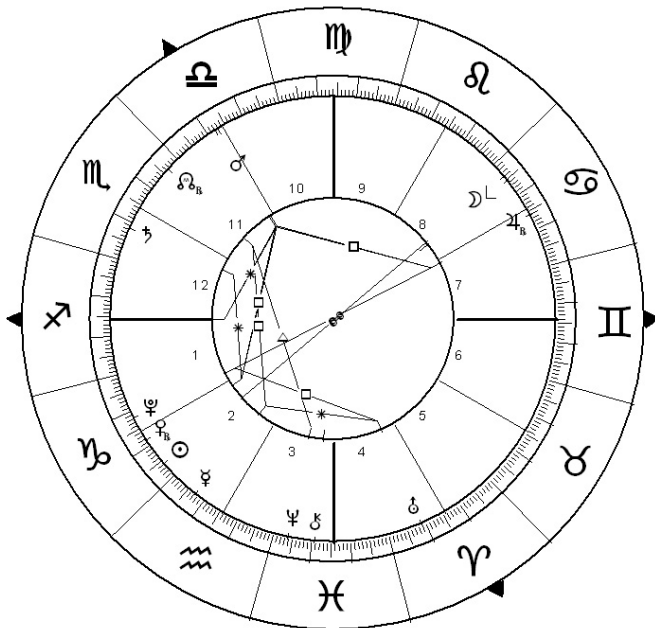
Prayer of the year 2013 / 14

GODS ARE BORN AT SUNRISE, MAN IS BORN AT NOON.

GODS SET IN THE WEST, MAN SETS AT MIDNIGHT.

GODS ARE BORN IN CAPRICORN, MAN IS BORN IN ARIES.

GODS SET IN CANCER, MAN SETS IN LIBRA.



Full Moon of Capricorn, 28th of December 2013, 10.21 am MEST



Message of the Month of Capricorn

Unicorn is the inspiring symbol of Capricorn. It inspires disciples. It indicates one-pointedness. It also indicates continued upward movement. It further indicates purity of nature within and around. It moves slowly, but never loses whatever is gained. It reaches heights which are unreachable by the mortal humans. It has the grip on its ascent. It slips not. It reaches the goal.

Imagine a white unicorn moving up the mount. It is all alone. It is peaceful and silent within. Silence also prevails around. Unicorn is worthy of observation by a disciple. Discipleship requires the qualities of a unicorn. A disciple is required to be strong in will, stable in his grip, tolerant through time, one-pointed towards self-realization. He works for noble goals, accomplishes slowly and gradually, reaches height through relentless inner contemplations and outer labour, remains silent and experiences silence around. He is ever expanding into higher states of consciousness.

In astrology, as we consider the zodiac, we encounter a ram, a bull, a lamb and a unicorn. The ram and the bull have double horns. A lamb has no horns. A unicorn has a single horn. In the case of ram and bull the horns are curved, but in the case of the unicorn it is straight like a sunray. In the case of ram and bull the double horns indicate duality of nature. In the case of unicorn it is a single horn, which indicates the nature beyond duality.

Know that the unicorn is even more powerful than a lion. Like a lion the unicorn also lives alone. It is much more alone than a lion.

Unicorns move in the heights of the mountains. The appearance of a unicorn is admired, adored and even worshipped, as if a Master of Wisdom gave his presence.

May the Capricorn bring forth and reinforce the disciple with the energy, quality and spirit of the unicorn.



Message of the Teacher

Doors Open for Kali

Find out if you have any of these qualities with you:

1. Manipulative speech and action
2. Instinct to steal
3. Aggressive attitude
4. Instinct to dispute, to fight and to argue
5. Deceitfulness
6. To be evasive
7. Impurity in thought
8. Self-pity

In case you have any one of the above, know that you have doors open for Kali to eventually destroy you.

Gita-Upanishad

- Lord Sri Krishna -



A Path of Consecration

“As one’s mind associates with the self within, one’s desires stand dissipated. As desires are disarmed, the student stays stably, united with the self and gains the status of a Yogi.” (6/17)

The human awareness is posited in mind. Mind is an ever-moving platform. Thoughts emerge as waves of an ocean endlessly and therefore the awareness in mind is put to eternal movement. But awareness can lift itself up and gain stability. Awareness in water is ever moving, but awareness in sky is stable.

For a student of meditation, relating to a stable man regularly opens doors to gain stability. Association with stable minded man would give stability. Association with the pure sky, with rock-stable mountain enables gaining stability. Above all, within oneself, the Self is the stablest one. When the unstable relate to the stable it gains the stability. As one continues to relate to it, it gains association with itself. When one is associated to that which is stable in oneself, desires and thoughts relating to them disappear and the ripples of thoughts disappear. The awareness associating with the self stays stable and even gains atonement.

In such an atonement state, desires are not. Movements are not. Mind drifts not. A regular contemplation thus enables a stable mind.

It requires patience and tolerance to work with meditation. The student has to develop the habit of meditating regularly without despair. He should apply his mind upon the stable light within. It is helpful, if the

student associates with men of goodwill, carries out acts of goodwill and develops virtues. The virtues strengthen the awareness of the mind which would enable regular contemplation.



Eiger North Face with Moon

Message of Lord Maitreya



Gardening

The aspirants are measured by the degree of unfoldment of their heart. Wisdom practices must necessarily culminate in release of heart energies. As much as the energy of the heart expresses through one's life, so much one is considered to have cleared ignorance and egoism. When egoism gives way to humble nature, the presence of Hierarchy can be sensed. Where there is ego, there is neither the heart nor the Hierarchy. Wisdom coupled with humility, humbleness enables release of heart energy. It also enables the cooperation of the Hierarchy.

Only those that are functioning with the heart can be gardeners. They can take care of the tender souls. Group building is a gardening work. A gardener does not neglect any plant. He ensures that every plant gives birth to flowers and fruits.

Learn to grow a garden of flowers and fruits. Learn also to build a group of heart energy. The heart holds the key to build gardens and groups. Group building is the art of the heart.



Message of Master Morya

- *Maruvu Maharshi* -

Resistance

The human thought is at its Aquarian speed. Humanity is moving at great speed in the developing and the developed world. The undeveloped part of the human world is conditioned by the Piscean thought. The thought-world of the humans is propelled by the incessant thoughts that emerge from humans through the quality of dynamism. Into these thoughts, seeds are introduced from higher circles as per the Plan to cast a leap forward. When the plane of light is active, the plane of darkness also tends to be active. As much as seed thoughts of the divine plan are introduced, so much the seed thoughts also emerge from the diabolic. Consequently there is the activity of light and darkness taking place in a greater tempo. As much as the humanity is progressing, so much attempt is made to arrest such progress and even cause regress.

The human thoughtfield requires to be guarded of the negative seed thoughts. It also requires to garden the positive seed thoughts. The positive thoughts occur from the supramental plane, while the negative find entry through the human weaknesses which are mostly emotional.

The New Group of World Servers are those who orient to the Divine Plan through prayers and meditation, the seed thoughts of evolution and translate them into action. They should take particular care not to let their emotional and physical bodies be weak. Any weakness at the emotional plane provides gates for the negative energies to enter in and destroy the positive work. We have set out to the world at large a great statement of consequence which runs as under:

“May we shut the door where evil dwells”.

The evil is nothing but the negative energy which creeps in as pride, prejudice, hatred, jealousy, ambition, fear and personal advancement. When group members entertain any of these energies in themselves, they tend to be unfit to translate the thoughts of goodwill.

The negative energies debilitate the lines of force within oneself and cause debilitation of the vital body. A debilitated vital body would make the physical body a harbour of sicknesses. The emotional sicknesses would rend a worker unfit to carry out the goodwill work which he plans to do.

Let not the emotional plane disturb the inflow of energies on the Buddhic plane and destabilize the mind.



Master Koot Hoomi

- Devâpi Maharshi -

Subtle Communication

The messages from the subtle world are equally subtle. Unless the mind is subtle enough, it cannot enable reception. A clean mind needs to be an open mind as well. It should be open enough to receive subtle hints coming through nature. Nature has multiple agencies to communicate. Unless one is clean, open and inquisitive, one cannot grasp the subtle messages.

The sunrise, the sunset, the moon rise, the full moon, half-moon, the seasons, the planetary conjunctions, sextiles, trines and oppositions, the colour of the sky, the colour and form of the clouds, the movement of wind and of water are but a few avenues through which nature can communicate. It also communicates through the chirping of birds and the sounding of the animals, the speeches of men and other sounds that surround one.

If one intends to be an occultist he should be alert enough to see and to listen to them.

Message of Master *EK*



Auspicious and Inauspicious

Disease and death are considered by humans as inauspicious. Sickness is not inauspiciousness. It is nature's adjustment. Men should learn from the sickness and make necessary adjustments in their daily life. The true sickness is to brew over the sickness and to fear the sickness. Likewise death is not inauspiciousness. Death is not to Self. Death is to the vehicle. It requires replacement.



Vidura

Wisdom Teachings

The King that is not stern,
the lady that has not the character,
and the man dismissed
from a high office,
are unfit for strategic transactions.

Shirdi Sai Sayings

The Seer



My presence permeates time and space. I dwell in the hearts of all beings and thus remain a witness to all acts of the beings. The world of beings move in Me and I move in them. I AM the mother too; My mother-aspect conducts the triangular activity in creation - as creative, preserving and dissolving activity. The one who loves Me beyond the triple is the Seer. The one who sees the triple is blinded by their innumerable variety.



Message of
Sri Ramakrishna

Few True Chelas

„Gurus can be had by hundreds and thousands, but Chelas (disciples) there is not one“, is an ancient saying.

It means that many are the persons who can give good advice, but those who follow are few.

On Secret Doctrine



Myth is Oral Tradition

The fairy-tales are not senseless stories written for the amusement of the children. They embody the profound religion of our ancestors. The fairy-tales represent the oral tradition passed from mouth to ear, from one generation to the other. Such an oral tradition is called Sruti in India and is called Myth in Greece. Mythos means the oral tradition. They contain truth, although their narration over-grows owing to the veneration of successive generations.

Rich popular fancy, built around the original concept, does not deserve to be dispensed with wholesale. The fable contains a seed of Truth. Common fables such as son losing the way and father finding the son, mother between father and son until son learns the appropriateness of mother, son following implicitly the dictums of father, the student following the commandments of the teacher are but common in every mythology, with the related keys to orient one's personality to the soul.



Lay Man's Prayer

Each time we sink,
we Pray to be saved.
When we float
our Prayers are not lofty
to stay afloat.
Stabilise our Prayers.

.....
We pray.

Discipleship

The Formula of the Hexagonal Formulae

Recollecting the Indwelling Deity in all that one sees in creation, is the way to synthesis. Recollecting the Indweller in the beings and even in their behavioural patterns enables an undisturbed and unaffected state of peace. The Lord dwells in the hearts of all beings.

As one learns to see the Indweller, the patterns of expression of the beings could be seen as a variety. The presence of electricity enables different electrical apparatuses to function differently. A fan rotates, a light illumines, a microphone amplifies the sound and so on. The functioning of an apparatus is as per its patterns. Electricity carries not the patterns. Patterns belong to equipment. Passions cannot function by themselves. They function due to the presence of electricity. Likewise the presence of the indwelling God enables function of patterns. As one looks at patterns, he experiences difference, dispute and discord. But as one looks at the indwelling Presence, one sees patterns dispassionately, whether such patterns are agreeable or disagreeable. The one who practices thus is in synthesis.

A disciple



Occult Meditations

Meditation 85

**THE WHEEL OF SEVEN COLOURS ROTATES INTO THE WISDOM WHITE.
GOLD MELTED. GREEN VEGETATED. RED IS BLOOD.
BLUE IS SKY. KINGDOM COLOURFUL.**

Commentary:

The seven colours of nature emerge from one. The one is white. It is wisdom white. When mind marries wisdom, the white shines forth through all the seven planes and the seven colours gain their extra shine. The golden colour gains the shine of melted gold. Gold stands for love and wisdom.

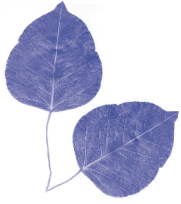
Green is the vegetation in the body. Vegetation is spring up of light in matter. The various organs of the body that are fed by the sacral centre grow into a full bloom of light and the body gains optimum vitality. The stomach, the liver, the pancreas, the gall bladder, the intestines, the kidneys, etc. get revitalised. The body gets vegetated. The blood flows in full vigour transmitting its power and develops a magnetic field. The man works with his capacities increased by hundredfold, due to gold melted, green vegetated, blood invigorated by red. Blue is the colour of man as a soul. Blue is deep white. The blue decorates all the colours by presiding over them, like a blue sapphire presiding over a triangle of gold, green and red. It is a colourful kingdom that absorbs any observing mind. The presence of a Master of Wisdom causes such absorption of the mind of the observer. The observer is raised into equanimity and tranquillity. His mental angularities get suspended just like all noisy talks get suspended when OM is uttered.

Kapila

The Folds of Nature 2 The Fivefold Nature



The Nature is also called 'Visista' meaning the distinguished. The Nature distinguishes or discriminates the 'Essence' of the Universe into many planes of existence. By the Nature's work the One Existence is classified and is made to appear as many. For example, when a house is built in a place, the place is distinguished as place within and as outside the house. The place which is one is apparently distinguished as two. Further, the place within the house is distinguished as drawing room, dining room, bedroom, kitchen, toilet etc. All these distinguishments are only to those who live in but not to the place. The place remains to be the place, be it in bedroom or kitchen. The apparent distinguishment is for the limited purposes of functioning within the house and is not applicable to the place itself. In creation, the Nature thus distinguishes the One Eternally Existing Essence into many through its qualities and principles. Consequently, the diversity or separativity is apparently felt by the created beings.



Ashram Leaves

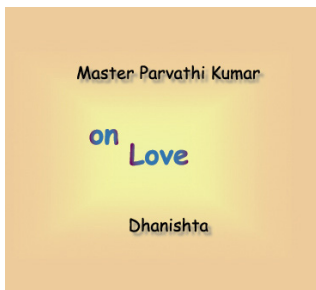
Virgo

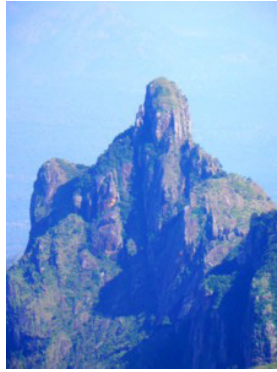
"One with the look,
one with the frame
and one with himself
within Himself."



On Love

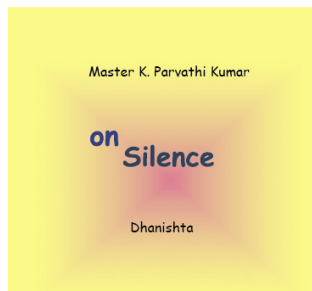
Forming groups is akin to assembling
the limbs of Man!
Love and Life unfold the limbs of Man.
Love and Life unfold groups.
Where Love is the base,
there BRINDAVAN is!

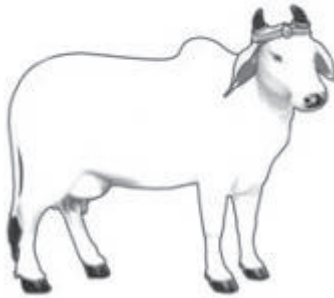




On Silence

‘Stay silent and still’ is the command
to the soldier who awaits the enemy
and to the disciple as well
who awaits subtle message
or the subtle Presence.





Cow

The Symbol and its Significance

Any place gets purified if the place is sprinkled with waters mixed in Cow dung.



Violet Flame Invocations

Let the Temple of the Lord be built.

Let us invoke the Great Chief
of the 7th purpose.

Let Maharshi Kratu preside over
the construction along
with the Lady Kriya.

Let the Great Sons of God
of the East, West, South and North
take to their thrones with measured paces.

Let the Temple work begin
with the doors closed!

From the Teacher's Pen



Questions and Answers

Question: Master, please give us in simple words the importance of worshipping the divine Nature.

Answer: The divine Nature is but an expression of the truth. It is from that Nature all the creation and the beings of creation are weaved out. She stands between the being and the truth as the Mother.

Worship of divine Nature enables fulfilment, fame, splendour, wealth and so on. It empowers the worshipper with will, knowledge and the ability to act.

Know that the divine Nature is the visible form of the truth. She is the basis of all beings. She responds to all prayers. She has the ability to rearrange the timetable. Above all, she eliminates doubts and enables faith.



Agni

An Introduction into the Work of Cosmic Fire, 26

Rhythmical Living 2

Man also gains equilibrium, in so far as he also becomes somewhat predictable in his actions. We do not know how we behave. When we do not know about ourselves, how can we know about others? In a kind of uncertainty, we keep living. That is why everything is uncertain. But if you work with the 7th ray activity – that means if you develop a good rhythm and system in life – then you become more magnetic. So, the iron piece turns into a magnet and gains more power, when there is systematisation. That is why it is said that the 7th ray gives magical results. That means, we transform ourselves so much when we adapt to a rhythm. The change that happens with us is magical. Your own friends will say after five years: "You are totally different now" – in the positive sense. This happens with us, when we adapt to a system. That is why a tuning to time in relation to every activity of life is very important. If we feel that we can have our breakfast at any time during the day, lunch at any time during the day, dinner at any time during the day, and if we think that we can have anything for breakfast, lunch and dinner, there is no rhythm in it. And if we think we can sleep one day at 10 o'clock, another day at 11 o'clock and the other day after midnight, there is no rhythm in it. So also with work. We should find a rhythm. This rhythm when found gives magical results. Even our hair-cutting has to be rhythmical. In the sense, if you cut hair once on Saturday, it should be always on Saturday. You can

adopt a periodicity of one week, a fortnight, a month or a year or even ten years. It has to find a rhythm. That means during that period, the energies are available for that work.

You know the spiritual seekers in India, even removing the nails, they do at a time, and it has a periodicity. The spiritual practice extends so far even to tell them what periodicities one has to observe relating to these minutest details. When we say 6 o'clock in the morning and 6 o'clock in the evening, it is only a beginning. Like that we have to find a precision with respect to every activity that we do. Suppose, we sleep one day at 9 o'clock, another day at 9.30, and the next day at 10 o'clock, and then, the next day at 10.30, and on the fifth day, if you sleep at 9 o'clock, 6th day at 9.30, 7th day at 10 o'clock, and 8th day 10.30; it is also a rhythm. If you are changing, let there be a rhythm in the change also. Likewise, if you have a different breakfast, let there be a rhythm relating to the difference and the difference in quantity. Please, understand rhythm does not mean 'at any cost I must sleep at nine'. There are some people who work in shift. So, those who work in shift also can find a rhythm. They have to see it in a larger cycle.

Like this, you can see rhythm in a larger cycle. Like that, we have to work out a rhythm – that is important. In so far as we find a rhythm like this, then it becomes easier for us to overcome the limitation of matter which is the dense physical. Otherwise, we will walk back in our own efforts. Until we are fully magnetized, the rhythm must continue. Otherwise, the magnetism gets diffused. So, until it becomes established in us, the rhythm must continue. After it is established in us, anyway we continue effortlessly. So, that is why Master Djwhal Khul says: "7th Ray gives surprising magical results." The limitations which man is not able to overcome can be overcome very easily, when he learns with the rhythm and the order of the 7th ray, because when you work according to a system, it generates tremendous additional power. The strength of the Western system is on account of the rhythm they follow in the outer life. And that has to also enter into the detailed life activity of every unit consciousness called the human being.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XIII

King Vena and
the Birth of Prudhu 3

They took then the right hand of the corpse of King Vena and rubbed it against his thigh, churning and uttering great mantras. A male was born out of the thigh of the king. He was a curved dwarf, like the scorched, burnt trunk of a tree. In great hurry he asked the sages: "What shall I do?" They replied: "Sit down", and he was named Nishada. His children were called Nishada as well; they occupied the mountainous areas of the Vindhyas and lived as highwaymen.

The sages once again churned the right hand of the king against his thigh. A son was born who was valorous and virtuous, shining verily like the pure fire of the sacrifice. He was named Prudhu. A bow, some arrows and a shield fell from the skies and became his. All beings were pleased. Even King Vena, who had left his body, reached heaven thanks to the birth of a good son. Then all the great ones gathered and approached Prudhu, the son of king Vena. All the oceans and rivers brought glittering gemstones and pure water from all directions to perform the sacred bath of the boy. Brahma, the creator, the father of the forefathers, came with all the gods and the children of Angiras. (The children of Angiras are the same gods who are made to gather into the various limbs of the living organisms by the Creator. They work as the intelligences governing the functions of the various organs and senses of the living beings.) All the stable and movable beings approached the boy. (The stable beings are space and the cosmic intelligences. The movable beings are the Lords of Air, Heat, Light, Water, etc.) Then they performed the sacred bath and named the son of Vena as the monarch.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 18
August 2001, Visakhapatnam/ India

The Five Chief Responsibilities for a Man 2

If you trace the history of humanity, it can be summed up in a) the hunger for power, b) the hunger for stealing others' properties and land and c) the hunger to steal others' women. This is what we frequently see in the history. Hence the humanity cannot be experiencing the needed inner peace and harmony. People who don't have peace and harmony in them cannot give peace and harmony to others.

How can a power hungry nation give peace to this planet? There are nations which want to be the police to establish peace on the planet. They are power hungry. They want to usurp the economic through power and enslave people to their culture and to their system. They speak of peace. They can't give peace, because they don't have it. You can't give what you don't have. If you are rich, you can share your money; if you are powerful, you can share your power. How can you share peace, if you don't have it? It is like devils quoting Scriptures. People don't think; they just accept whatever is said by the big boss. Peace cannot be for the planet as a whole, when the king himself is not at peace. So, individually, we can work out peace by carving out a natural way of living. If we get filled with peace, we can share that peace with the surrounding. At micro level, peace is possible. At macro level, at the level of humanity, it is not possible at the moment. You cannot establish peace with deadly weapons.

We, as human beings, are looking for peace and harmony inside, and are also looking for progress. It is innate with us. We want progress, but we don't want to follow the related discipline. The student wants very good results in the exams, but he does not like studying well. You cannot expect much without falling into the related discipline.

The Cultivation of Energies

The emotions shall have to be regulated during the teenage. That is the age for regulation of emotions, because the energy is bubbling with you. The energy flow is very strong in the youth, like a river that is full of flowing water. If you build a dam against a river full of water, you can divert the waters to cultivate even the barren fields. That is how the barren fields are brought to cultivation. Thousands and thousands of acres can be brought to cultivation, if a good river is put to a barrage. Likewise, if you build a dam, called discrimination, some waters will be allowed to flow through the dam. But the major quantity of water is diverted to fertile the surrounding land. So, as far as your energy is concerned, experience life through discrimination, save the energy for fertilizing your higher chambers.

You can direct the same waters of energy to flow upward. Meditation is made for it to cause an upward movement of energies. You can't, throughout the day, conduct yourself in a fashion where there is downward movement of energies through lack of discrimination and then meditate for 15 or 30 minutes in the morning and evening. It does not work, because major energies are expended when the discrimination is lost. If all the waters flow through the dam, what waters are left to divert them to cultivate the fields? At the level of senses, at the level of sex, preserve the energy, utilize it for the need and then divert the energy for higher purposes.

That's why, during the teenage, we should set ourselves very noble aspirations, very high aspirations: to be a great mathematician, or to be a great physicist, to be an excellent doctor, or to be an excellent teacher – something which reaches the heights of expertise, in any walk of life. There are so many things which are useful to the society. Use the energy to accomplish that height of expertise. Anything you do, it has to be top class. That should be the goal for the youth. Then such youth cannot be destroyed by the worldly destructions. If you divert into so many things, then not much can be achieved in life.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Observing the Level of Vitality



For a physician the main factor for observation in the patient is the level of vitality. Each time a patient meets him he should be able to gauge the degree of vitality that the patient holds. This needs to be observed at the very first instant. Treatment of ailments by itself is not sufficient. There can be many cases through which the ailments are cured, but the patient is in a process of degeneration. Degeneration of patient is the most dangerous symptom which cannot be overlooked in the rush to attend to the ailment. This is a difficulty and a problem when the physician focuses only on the ailment. Still more difficult is the problem when there is a complication of several ailments. Such cases are increasing in number. It is possible, that when one ailment is cured some other ailment gets worse. All ailments need proper attention without which the treatment results in general lowering of vitality. In such cases a general overview is important, but there is such an excessive specialization in medical practice that each physician is concerned with only a part of the body. This is leading to disaster. The present generation is exposed to this calamity and it also corrupts the humanity of the future. Humanity should not lose its trust in the system of cure.

The distrust is growing and there is utter need to arrest it. The result of distrust is that a patient frantically indulges in a bit of allopathy, a bit of homeopathy, a bit of acupressure, a bit of ayurveda and a bit of yoga, yet, he continues to be ill. He runs from pillar to post and is restless.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

* Büelstrasse 17 CH-6052 Hergiswil Switzerland

Phone: +41-41 630 19 07 E-Mail: info@paracelsus-center.ch

Web: www.paracelsus-center.ch

Children's Section**On Service**

**ARDENT PRAYER OF THE PERSONALITY
ENABLES AWAKENING OF THE SOUL.
AWAKENED SOUL RENDERS SERVICE, PURE.**

Transforming Ambitions into Aspirations

Dear children,

Distinguish aspiration from ambition. Aspiration is towards a noble goal. Ambition is a dream world. Ambition leads you out of the present and the immediate action. Aspiration leads you to act at the moment. The present action in relation to a future target enables you to move towards the goal. Without such action you tend to be a dreamer. Instead of thinking what one should become, it is better to think what you need to do today in relation to your set targets of life. Match your thinking with action. When you match your action with the thoughts relating to your targets you will slowly walk towards mastering your life. Transform all your ambitions into aspirations and work for it.

K. Parvathi Kumar

Stories For Young People

Little Help

The Lady of Sri Rama Sita was captured by the Rakshasa Ravana to his island Lanka. The armies of the Lord prepared to invade Lanka. All creatures tried to help, even those in the animal bodies. The monkeys built a great bridge to cross the ocean. Sri Rama noticed a squirrel rolling itself at the shore, hurrying to the bridge-builders and shaking the sand out of his fur. Rama asked the little animal, "What are you doing?" The squirrel answered, "I am transporting a little bit of sand. My forces are small but I am eager to help you. Please accept my little help."



Sri Rama was deeply moved by the good will and the humility of the little creature. He raised it to his heart and blessed it. From there on squirrels are so popular all over the world.

It is our motive which is important, not the result of our deed of good will.

K.P.Kumar often tells this story from Ramyana, for example 2012 at Flüeli Ranft. Switzerland.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Area: Hesse - Cassel

Contact: Dierk and Dorle Pleissner

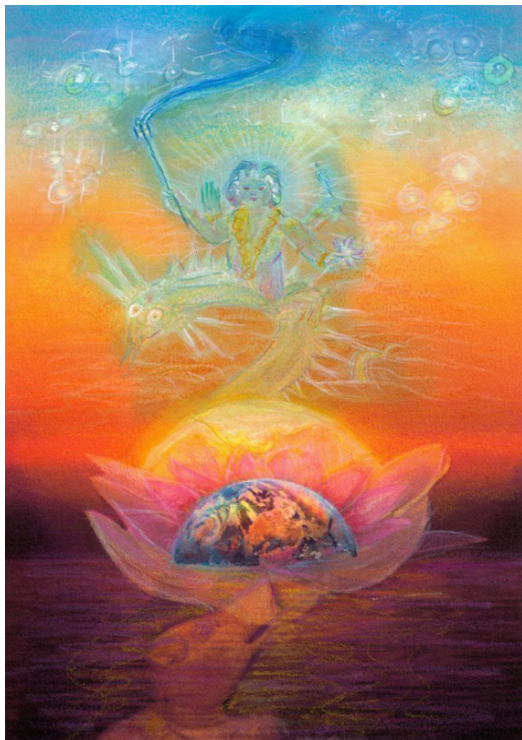
Address: Hochplattenstraße 32, D-83224 Grassau

Phone: ++ 49 - 561-9792260 **E-Mail:** dd.pleissner@web.de

Activities

- Psychotherapeutic counselling and support as well as guidance services regarding to spiritual and ethical issues for youths and adults, general health counselling
- Contributions to the Circle of Goodwill and other humanitarian organisations
- Recording of the lectures of Dr. K. Parvathi Kumar (with German translations)
- Upkeep, addon, and maintenance of the technical equipment
- Proofreading of 'Ashram – Regulations for Entry'
- Translations: Master MN – The Fiery Flame; Saturn – The Path to Systemised Growth; Jupiter – The Path of Expansion; Ashram – Regulations for Entry; SAM – The Key to Saturn; Articles for 'Paracelsus: Health & Healing' Magazine; Vaisakh News Letter; Lectures of Dr. K. Parvathi Kumar during the group lives in Flüeli Ranft, St. Hilari, Visakhapatnam and during the Guru Pujas in Simhachalam.

Picture of the Month of Capricorn: Varaha and Varuna



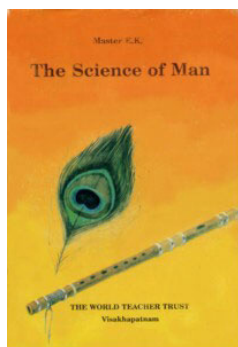
Capricorn is the dawn of the solar year. It is also a dawn for the solar system and is even called the dawn of a Manvantara, i.e., 71 Mahayugas. The group of solar systems that are formed in a Manvantara are held intact by a great energy called Varaha, the Great Boar. Varaha means, he uplifts the earth from matter to spirit. This Great Boar is worshipped in the month of Capricorn.

What Varaha does, Varuna does the same in the yoga of Master CVV. He uplifts the soul from the material of muladhara, the base centre. Varuna is the supra-cosmic intelligence who deals with the material right from the root-matter.

You can visualize Varuna in the forehead. Varuna is symbolized as a five year old boy with four hands on a brilliant white dragon moving in the whitish-blue space waters. In one hand he holds the trident representing Neptune. As he moves in the waters of space, the trident is drawn on the surface creating lines of force, which are the directional lines set by Uranus in Aquarian Age. Capricorn, called Makara in the Vedic scriptures, is the white dragon, the vehicle of Varuna

From the teachings of Dr. K. Parvathi Kumar

Book review



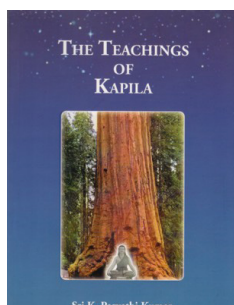
THE WORLD TEACHER. Advent of Lord Krishna.

An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time

and the present times. The actual incidents in the story of such a "World Teacher" have taken to the form of this book.

Ekkirala Krishnamacharya: The World Teacher. Advent of Lord Krishna

Copies: The World Teacher Trust, info@worldteachertrust.org



TEACHINGS OF KAPILA.

The doctrine of wisdom emerging from Kapila is the ancient most of the teachings of wisdom. Its study and practice liberates beings from conditioned living - conditioning by thoughts, opinions, desires and sensations and by environs. It is considered parallel in its depths to most sacred scriptures such as Bhagavad Gita, Upanishads, Brahma Sutras and even the Vedas. The wisdom teaching

of Kapila is even comprehensible to the lay/fresh reader. It has no technicalities in its concepts and complexities in communication. The wisdom flowing from Kapila is recorded as catechism between Kapila (as the Master) and Devahuti (as the disciple). Devahuti is the mother and Kapila is the son and Kardama is the father. It is the son who speaks of the wisdom to the mother at the instance of the father.

K. Parvathi Kumar: Sri Dattatreya

Copies: The World Teacher Trust, info@wtt-global.ch

Astrological Important Days in December 2013 / January 2014

21.12.	18:11	☉ → ། / Sun enters Capricorn ྐ Winter Solstice: Birthday of Jesus Christ ☉ in ། – Every morning: Contemplation upon the brilliant-white 5-pointed star during the twilight hours	
25.12.	02:16	☾ 8 th phase of descending moon starts ཕྱི (End 26.12. at 03:07)	☉ 03°24' ། / ཇ 27°24' །
28.12.	02:25	☾ 11 th phase of descending moon starts ྐ For healing purposes (End 29.12. at 00:50)	☉ 06°28' ། / ཇ 06°28' །
29.12.		December Call Day	
31.12.	16:01	Phase of new moon starts འ New moon point of Capricorn: Contemplation upon 'The Pledge'	☉ 10°06' ། / ཇ 28°06' །
01.01.	12:14	● New moon of Capricorn	☉ 10°57' ། / ཇ 10°57' །
03.01.	21:34	23 rd constellation Dhanishta starts ཕྱི 21:00 Dhanishta- Meditation (Dhanishta-constellation ends on 04.01. at 19:08)	☾ 17°23' །
07.01.	16:49	☾ 8 th phase of ascending moon starts འ (End 08.01. at 16:41)	☉ 17°16' ། / ཇ 11°16' །
10.01.	18:34	☾ 11 th phase of ascending moon starts ཕྱི For healing purposes (End 11.01. at 20:21)	☉ 20°24' ། / ཇ 20°24' །
15.01.	03:20	Phase of full moon starts ཕྱི Contemplation upon the 8-petalled Heart Lotus	☉ 24°51' ། / ཇ 12°51' །
16.01.	05:52	☾ Full moon of Capricorn	☉ 25°58' ། / ཇ 25°58' །
20.01.	04:51	☉ → ། / Sun enters Aquarius ཇ ☉ in ། – Every Sunday (26.01., 02.02., 09.02., 16.02.): Invocation of Aquarian Energy via Master CVV	
23.01.	18:19	☾ 8 th phase of descending moon starts ཕྱི Contemplation upon Master CVV (End 24.01. at 18:07)	☉ 03°37' ། / ཇ 27°37' །
26.01.	15:23	☾ 11 th phase of descending moon starts ཕྱི Contemplation upon the Third Eye (End 27.01. at 12:55)	☉ 06°33' ། / ཇ 06°33' །
30.01.	02:32	Phase of new moon starts ཕྱི New moon point of Aquarius: Contemplation upon Mahadeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri; Contemplation upon 'The Pledge'	☉ 10°04' ། / ཇ 28°04' །
	22:38	● New moon of Aquarius	☉ 10°55' ། / ཇ 10°55' །
31.01.	08:47	23 rd constellation Dhanishta starts ཕྱི 21:00 Dhanishta- Meditation (Dhanishta-constellation ends on 01.02. at 05:53)	☾ 17°23' །
06.02.	07:59	☾ 8 th phase of ascending moon starts ཕྱི (End 07.02. at 08:56)	☉ 17°24' ། / ཇ 11°24' །

All times are in CET (central european time).

From: »Astrological Calendar 2013/2014«;

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*SAHANÂVAVATU
SAHANAU BHUNAKTU
SAHA VIRYAM KARVÂVAHAI
TEJASVI NÂVA DHÎTA MASTU MA VIDVISHÂVAHAI
OM SHANTI SHANTI SHANTIHI*

LET US BE PROTECTED TOGETHER.
LET US SHARE TOGETHER. LET US WORK TOGETHER.
THERE WILL BE NO HINDRANCE TO LIGHT.
LET NOT MALICE PREVAIL.
LET PEACE BE IN ALL THE THREE PLANS.