

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Cancer 2013 Kataka

Letter No. 3 / Cycle 27 -21st June until 22nd July 2013

The World Teacher Trust - Global



Letter No.3/Cycle 27 –21st June until 22nd July 2013

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Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK

Prayer of the year 2013 / 14

GODS ARE BORN AT SUNRISE, MAN IS BORN AT NOON.

GODS SET IN THE WEST, MAN SETS AT MIDNIGHT.

GODS ARE BORN IN CAPRICORN, MAN IS BORN IN ARIES.

GODS SET IN CANCER, MAN SETS IN LIBRA.



Full Moon of Cancer, 23rd of July 2013, 01.32 pm MEST



Message of the month of Cancer

Incarnation of souls is the celestial drama in the month of Cancer and the release of the souls from the form of the carnation is the drama played in the month of Capricorn. Souls enter into the threefold body to fulfill their purposes and disincarnate when the purposes are fulfilled. The life of the human is so profound, and the experience of fulfillment is so vast, that one cannot experience the whole universe in one life. Therefore, there is the facility of reincarnation. Souls reincarnate innumerable times to experience different aspects of life, physical, emotional, mental and bud-dhic. As the soul fulfills it progressively moves on. Non fulfillment leads one back to incarnation. Unfulfilled desires, unfulfilled thoughts, unfulfilled ideologies bring back souls into the bodies of flesh and blood, so that they have more opportunities to continue the program of fulfillment. Cancer offers incarnation at three different levels. The birth of the soul can be in the body of flesh and blood. It can also be in the body of golden light. It can finally be in the body of diamond light. Depending upon the evolution of the soul one gets the related vestments.

The initial process of discipleship is to consciously and joyfully accept the discipline related to the rebirth in the body of light likewise, rebirth in the body of diamond light. A disciple is one who has sufficiently fulfilled himself of the mundane experiences and is looking for super-mundane experiences. Just like the youth no more feels attracted to the plays of the kindergarten a soul evolving shifts its emphasis from mundane fulfillments to super-mundane fulfillments.

Be it body of flesh and blood or body of golden light or body of diamond light, it is still a body. Proffering bodies to incarnating souls is the work of Cancer. Moon, Saturn and Uranus are the related planetary energies that enable incarnation of the respective bodies, as per the fitness of the soul. The aspirants who dwell in the bodies of flesh and blood need to embark upon refining the body of flesh and blood through right thought, speech and action, so that the body brings out the hidden light within its material, just like milk gives out butter. This work can be done through thoughts of good will, speeches of love and actions of wisdom.

A fresh beginning can be made in the month of Cancer every year to once again consecrate oneself to the program. Jupiter in Cancer helps as Guru a true aspirant.

For this reason, the full moon of Cancer is dedicated to the Teacher.



Nicholas Roerich

Message of the Teacher



The Teacher

A healthy one eats well throughout the life. The fire in the stomach is ever active transforming the food into energy. Likewise, a healthy aspirant keeps on relating to the divine throughout the life in every possible way. He is never satiated with his effort. Truth being eternal, the path being joyful, there is no such thing as termination of pursuit. Even in realizing truth, one continues to experience the bliss of being. To be is joyful. The be-ness is in Him, the activity is in Him, in Him one lives in eternity and therefore experiences the bliss of eternity without break. Seers such as Maitreya belong to this category of beings. Their continuity on the planet reinforces the earthy beings to enter into the eternal life.

The Teacher is the bridge through which man moves from terminating life to interminable life. He forms the path. He is available to the mortals and has access to the immortality. From mortality to immortality, the Teacher is the facility made available by nature. On the path of the Teacher, there is transformation from darkness to light, mortality to immortality and un-truth to truth.

The Hierarchy has Teachers all over the planet. The sincerity of the truth seeker enables him to find his or her own Teacher. Teachers are not available in market places to pick and choose. They are not marketable. They can be found in sacred places and they can be approached through the secret place within oneself. Those who search with the heart but not by mind find their Teacher to move on the path to eternity. Eternity does not displace you. It is here, here before and here after.



Gita-Upanishad

- Lord Sri Krishna -

Coming Home Regularly

“Purify yourself by yourself, sit in a pure place contemplating upon the source of thought which is the light beyond your mind, regulate your sense activity. Try to be as near as you can to the source of thought.”
(6/12)

Purify yourself by yourself, sit in a pure place contemplating upon the source of thought which is the light beyond your mind, regulate your sense activity. Try to be as near as you can to the source of thought. 6/12

Withdrawing one's awareness into either the heart or Ajna center one may contemplate upon the pool of consciousness, which is beyond one's own thinking activity. One is required to sit regularly for long hours. This would enable purification of mind, senses and body by the light of awareness, which guides the mind, senses and the body. This is the key strophe for internalization and contemplation upon the light of consciousness. As much as one relates inwardly to the light of consciousness either at the heart or at Ajna so much the energy of awareness flows into all the layers of the body causing the needed transmutations, transformations and transcendence.

This work has to be regularly done in quietude by an aspirant for gradual self-attainment. This work of contemplation should be assisted by study and service. Unless one regulates the life outside, one cannot daily contemplate. If one is entangled in the objective life this contemplation cannot happen, for the mind draws the aspirant through thoughts related to the world. It is for this reason right action is needed in relation to thoughts, speech and action. By that, one builds the right relation, which releases one from the world. When one excessively indulges in the

world of objectivity, the world of object binds him and does not let him contemplate. Therefore, yoga discipline recommends moderation with respect to physical activity, sense activity and also thought activity. Let not the mind leads you too far into the world, so that you cannot return. The daily contemplation is a process of coming home and relating to the headlight of beauty which is within and which can be experienced at the heart or at Ajna. Krishna recommends this daily practice so that aspirants volunteer to come home regularly and relate to the source of their awareness.





Message of Lord Maitreya

Past, Present And Future

Think not of the past. Carry the related lesson as wisdom emerging from experience. Imagine not of the future. It is a waste of time. Do what is to be done today.

Man somehow relates to the sorrows, losses, and difficulties of the past. The mind retrogrades to bring back the details of the events that passed by. As much as one is drawn into the path, so much one misses the present. Carry the lessons from the past. Carry not the loads of the events. Man also carries with him the past accomplishments and wastes time speaking of them in the present. Even by this, the time is wasted due to indulgence into self-boasting. Man's past is heavy to him either way. He should learn to be light by jettisoning the past while retaining the experience. He can move into the future through the present for, the future comes up to him as the present. He need not over step into the future. It is impractical to do so. What comes up to you need not to be fetched. As it comes up to you relate to it and move forward. Moving forward is by relating to what the present brings today. Tomorrow will come to you. Do not try to walk into tomorrow. By your projection into tomorrow, you tend to be impractical today.

May the past and the future culminate in you during the present. By this, presence can be experienced.

Message of Master Morya

- *Maruvu Maharshi* -



Black and White

The rainbow does not contain black, nor does it contain white. In between black and white, the seven colours exist. As one enters into esotericism and experiences the subtle, he finds varieties of colours encountering from violet to red. The colours are attractive and are engaging. The subtle world is thus much more attractive than the gross world, for it is full of colour and sound. After the subtle world, there are still subtler and subtlest ones. The phenomena of colours conclude into black, which is called darkness. The colours die to give birth to the light through the darkness. That light is diamantine white. The darkness is but a veil that causes death to the subtle plane and gives birth to the plane beyond darkness. It is therefore necessary to understand, that entering into the subtle world is not to be seen as entering into the world of truth. The subtle world carries as much illusion as the gross. It is distinctly superior to the gross due to the absence of density of matter and yet it is also of matter which binds. The subtle plane also needs to find its culmination into that darkness which gives birth to the light.

May not the disciples rejoice as they enter the subtle. They need to resolve to proceed beyond the subtle. To be at the gross is to rejoice at its least. The joy of being is much more expansive in the subtle and most expansive in the causal.



Master Koot Hoomi

- Devâpi Maharshi -

Over-Assumption

The law of correspondence is one of the major laws of the universe. The modern scientists observe the changes happening with the planet earth and draw inferences of their own, which are bound to be incorrect. In relation to the universe, the Earth is but an insignificant planet. The changes are but concurrent to certain changes in the surrounding universe. Every change has its counterbalance elsewhere. It is therefore childish to predict the fate of the Earth.

The humans on earth believe that the pitiable living conditions on Earth are mostly due to the ignorant acts of the humans. While there is ignorant human activity on Earth, the humans are not big enough to impact the Earth. The Earth can impact the humans. The planetary being is incomparably big for the humans to think of affecting it. Just a flood or a tornado can affect the humans in a matter of few minutes and man assumes too much, thinking that its ignorant activity affects the Earth. Man is affected by the pollution he creates on Earth. He reaps as he sows, but the Earth as such is not affected. It is good if man thinks of self-rectitude. It is not very wise for a man to think of being saviours of the planet. The planet is well protected, guided and enlightened by far gigantic beings, who constitute the guides to Earth. May not men over assume his ability.

Message of Master *EK*



The Two Legs

Study of wisdom books without the concomitant practice gives birth to too many doubts. If you practice what is already studied, a little more is known. As much as is additionally known, so much it should also be brought into practice. Practice and knowledge need to go hand in hand. Let the two legs be well used to move on the path to light. Inclination to know more is dangerous. Knowledge without practice tends one to be impractical in the world.



Vidura

Wisdom Teachings

Those who assist you,
seek benefits from you.
Seek not assistance without
bestowing.
Give to receive
and receive only to give.
Such is the law in Creation.

Shirdi Sai Sayings

Aspiration



Be not callous and lazy. Death overtakes you unless you are alert and actively associated with Me in all. The king searches for his lost son relentlessly. The widower looks for a second wife restlessly. The merchant looks for the prophesied treasure with robust hope. So too, an aspirant should be restless, relentless and robust till he finds the Self and thereby overcomes death.



Message of
Sri Ramakrishna

Transformation Through Fire

The iron must be heated several times and hammered a hundred times before it becomes good steel. Then only it becomes fit to be made into a sharp sword and can be bent in any way you like. So man must be heated several times in the furnace of tribulations and hammered with the persecutions of the world before he becomes pure and humble.

HPB Speaks



Old Versus New

Truly it looks as if since the World's creation there has been but one age of real knowledge on Earth – the present age. In the misty twilight, in the grey dawn of history, stand the pale shadows of the old Sages of world renown. The noontide brightness of knowledge has only now arrived, to be known by all. The knowledge of the past has ever been useful to their direct successors, but the successors have coloured it, according to their comprehension. Such colouring has hidden the Wisdom. The Rishis and the Sages of the old walked far over arid the fields of myth and superstition. They indeed have left a few landmarks over the precious minds of philosophers.

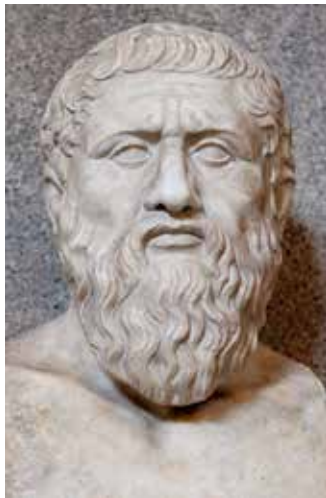
The ancients have at best prepared and fertilized the field of knowledge but the moderns have planted in that field seeds of negation and agnosticism. To say, that the philosophers of the past entertained untenable conceptions and that they lived an uncultured way of life is only to exhibit one's own ignorance.

Many modern philosophers and scholars are acclaimed as most distinguished ones, while all of them, without exception have only dressed up the ideas of the old philosophers, whom they are ever ready to disparage. For over twenty centuries, those who had read Plato have been aware that like most of the Greek philosophers, the noted philosophers, he had been initiated. Since he was tied down by the Sodalian Oath, he only could speak of certain things in real allegories. His reverence for the Mysteries is unbounded.

Only Initiates can understand the hidden meaning of the subject he dealt

with. The speculations of Plato on the creation and the evolution of primordial men must be taken allegorically. As the apparently incongruous features of Plato's Teachings, upon that God is the Universal Mind diffused through all things and the dogma of the soul's immortality. Plato's piety and the great veneration he felt for the Mysteries are sufficient for asserting, that he would not allow his indiscretion. To get the better of that deep sense of responsibility that is felt by every Adept.

"Constantly perfecting himself in Occult Mysteries a man becomes truly perfect"



Plato

Lay Man's Prayer



To stay aligned with You,
persons withdraw into forests,
into Mountain valleys and
into remote places of Silence.

Staying in world we pray
to stay aligned with You!

We need Your support,
Your Presence and Your Grace
more than the others.

We Pray.

Discipleship

Glamour and Illusion

Glamour and illusion are already existing even as an individual enters upon incarnation. The glamour is of a very ancient origin and is utterly beyond one's power to control it at the individual level. It is of great potency. Man is "handicapped" by glamour even as he enters into this world. The only hope he has is to evoke the soul by which he may keep his neck out of it. Until the soul assumes control over the personality and its mechanism and until as soul one enters into a definite field of service, one stands the danger of being gulped by glamour. The personality has a vehicle the body. They are naturally subjected to one's glamour. The soul descends from those realms, which are beyond glamour. As the soul enters the personality and conducts the work through the body, the student must know that he is entering into a mechanism of glamour. The world is full of glamour, the mechanism given to the soul is also glamour and the soul's work is to stay beyond glamour. That is the challenge, that is the game. It is an engaging game. Glamour waits to gulp the soul, and the soul has to swim in the sea of glamour. It is like swimming through a huge lake of alligators.

A disciple

Occult Meditations

Meditation 79



**HUNTER ON HORSEBACK VANQUISHES THE SERPENT.
THE SERPENT COILED AROUND THE ROD.
THE ROD IS WINGED. HUNTER HOLDS ROD.
LAW IS HELD IN HAND.**

Commentary:

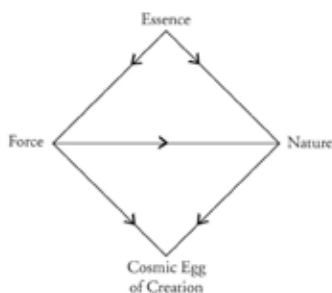
The hunter who has become the soul (the Son of God) is now in the field of Aries. Aries is the horse on whose back the hunter mounts. He presides over the horse. Horse is the symbol of solar ray. Solar ray is ray of light and life. Thus, the hunter presides over the life and light. The serpent of time, which helped him to reach to this state, becomes his hand-staff. That is the staff the Son of God holds. The hand-staff is the vertical column around which the serpent creeps. This is the staff held by Moses, by Jesus and by every Initiate. With the staff, he heals. With the staff, he can do miracles. He can transform. He can also establish the law. The one who establishes the law is the one who is eligible to be a king.



Kapila All That, Is Self

The Nature is well associated with the Essence. The Nature emerges from and merges into the Essence periodically. The Essence within the emerged Nature is God in creation and the Essence without the emerged Nature is God Absolute or Para Brahman. When Nature is not yet and is in assimilation with Essence there is nought - the seeming nothingness which is also the absolute everything. When Nature emerges, from Essence, Force also emerges from Essence to interact with Nature (Root Nature). The latter is enlightened by the impression of the former. The Force thus is emanating from the Essence not only impresses but also impregnates the Nature to form the cosmic egg of creation, into which the Essence descends directly as its presence.

The primary triple and the fourth:



The word Nature is generally understood as Matter impregnated by Force. The author uses the word Nature for Matter, Subtle-Root Matter.



Ashram Leaves

The Eligibility

Creation (four) - the resultant of the three, conceives the qualities of above and below forming six arms, which make eight right angles. When all the eight points are joined together, there is the double Pyramid. This is the temple with its reflection revealed.



Each side of the temple has



or fire. The base is



or

The result is



or 12, which is the sanctum sanctorum in its cyclic value

and is seven or unfolding value.



which is the protective dome (Gopura) in its

Within the cyclic value of 12, the cycle is phenomenal and the seven is spiritual.



On Love

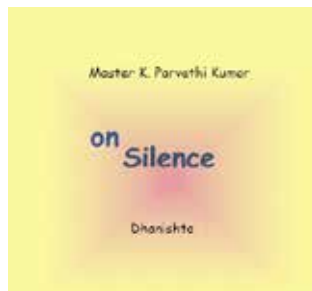
Untouched by Love, one remains poor,
however rich one is in knowledge, power,
intelligence and in wealth.

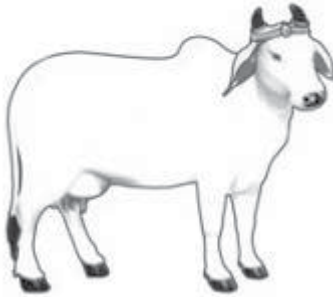




On Silence

Life is so full of noise and thunder
that man misses Silence.
In Silence one can sense
the flight of a butterfly!





Cow

The Symbol and its Significance

Moon in Taurus is the Cow, Sun in Taurus is the Bull and Mercury in Taurus is Calf. Taurus has much to do with the family of Cow.

Violet Flame Invocations



Synthesise matter and spirit.
Neutralise left and right.
Equate high and low.

Visualise the Temple Door.
Vitalise the Violet Flame.
Walk into My abode.

Harmonise the being.
Restitute and restore.

C.S.G.



From the Teacher's pen

Questions and Answers

Question: Master, please explain the importance of worship.

Answer: Worship is meaningful when the object of worship is the omnipotent and omnipresent God, present as the surrounding society. Worshipping the society means worshipping the Omnipresent One. The symbolic worship of that is choosing an object. Through the object of worship, one should know that he is worshipping the society in whom there is the Omnipresent One. If the worshiper limits his worshipping only to the symbol or the idol he remains constricted and negates to himself the intended expansion of consciousness

In ancient times, the Omnipresent One has been worshiped through a symbol. It is no worship to the symbol or idol, it is worship to the Omnipresent One. The family surrounding you, the friends and relatives around you, the social contacts around you, are also part of the Omnipresent One. A worshiper proposes to serve all while worshipping the idol or the symbol.

The Omnipresent One cannot be worshiped as such. He can be reached through a symbol. That symbol has come to be of importance. The symbol can be a Lingam, a stone, a tree, a human form, male or female or an animal form. Whatever is the form, it is seen as the means to reach the Omnipresent. When the worship is done with mind, senses and body and associated with the symbol of God, the alignment gets completed. Its purpose is to enable the worshiper to relate with him and to relate with all that are present around and even expand the horizon of intuition. Such worship is only meaningful and any and every symbol should be seen as a representative of the Omnipresent One.

Having done the worship, one needs to carry the inspiration to help the surrounding life. When the worship is not followed by such service to the surrounding life, it is an ignorant worship.

Agni

An Introduction into the
Work of Cosmic Fire, 20The Base Centre and the Transformation of Human
Consciousness 2

I would like to give you the sounds relating to these petals, the colour relating to the petals and the significance of the White Elephant, but I have already told you many years ago to go through the book written by Sir John Woodroffe. (If I give it away, you don't read it.) There is an excellent exposition of the wisdom relating to each centre already done by Sir John Woodroffe. So, we have to go through with much quietude into the wisdom given by him. Much of the portion which are left unsaid by Master Djwhal Khul in His books, you can fill them up with the books written by Sir John Woodroffe. The five sounds are very well described in this chakra. So, in short this is an aspect relating to the matter which descends and then ascends up to the lower half of the mental plane. And it forms the vehicle of the human being. Our vehicle has become an inseparable part to us. So, if it is a horse or a car, you can leave it easily and get into it easily. But it looks as if it is always permanently fixed to us – so well fixed and stitched, we feel that we are that. What are we? The real understanding is: We are the soul. But the common understanding is: When someone says: "Who are you?" – You give your name which is not you. It is a method to know you, but not You. Is your business card yourself? If I want someone's address, he will give his card to me. It is only your address for transaction. Or is your form yourself? – In that case I can deal with the pictures of people instead of dealing with you. They are nothing but the vehicles, but we have identified ourselves with the vehicles. This is because the vehicle grips us. That means the doors of our car do not open for us to get out. When the car is prepared, we are kept inside, and the car is prepared without doors. So, we do not know how

to come out. Wherever we go, we have to go with it. And there are big cars and small cars, and you have to carry them with you. See, how difficult it is! There is a way to move without this car. That is what is called 'flying' which will be known when all the steps of spiritual practice are worked out. The vehicle has to allow us to fly. So, the vehicle needs to be reoriented to enable us to get out and get in, to fly with it or without it. So, this much rectification has to be made to the vehicle. All these rectifications to the vehicle are possible, if the four steps of Patanjali Yoga are well done. It is inevitable that we work with these books of instructions. What is said in the four steps of Patanjali Yoga is also said in Bhagavad Gita, and it is almost said in every world scripture. So, we need to function with them and gain the relevant virtues. And how much one is functioning, it is also seen that the very structure of the vehicle also needs to be changed.

While the Ashrams of the North function with the soul, the soul aspect of the human being is regulated and directed and guided by the Ashrams of the North, and the Ashrams of the South keep rectifying the vehicle which is being used by the human being and other beings.

So, there are ashrams which are working to give us better vehicles. For that purpose, a little more impulse is given to the power of Kundalini, and there is a gradual change happening in the human structure. You know the Masters who are functioning on the planet for improving the model or the structure. It is the MANU, Master Morya and the Master of the Blue Mountains' Ashram of whom we know One as Master C.V.V.. It is a process of restructuring the body, so that it facilitates better movement, because the human being is not able to really re-orientate with his will. And in the meanwhile, the planet is entering into Aquarian Age, where human being is supposed to grow aware more and more of etheric existence. So, the planet is moving forward and the human beings on the planet are lagging behind. An additional impulse was needed and that was given in recent years which is responsible for some slight modifications to the human vehicle. So, the fire by friction or the power of matter works through the Southern Ashrams to enable the functioning of the soul in its complete sense.

That is in short the working of the fire by friction.

This text is not proofread by the author and might have some mistakes.

Master *EK*

Vishnu Purâna
CHAPTER XII



Dhruva Praising the Lord 1

Instantaneously the boy became tranquil and began to praise the Lord who is the refuge of all beings, saying:

"Earth, water, fire, air, space, mind, will, the base background of creation and the base of the basic nature, are all your manifestations. I bow to your light. The pure, the subtle and the all-pervading One, who is beyond the primordial background of creation, is all your manifestation. I bow to you, the person in all personalities and the person of all existences. In you the qualities stand manifest and you eat away all qualities into your presence. You are beyond the manifestation of the five states of matter, the five qualities, the creative will, the personality and the basic nature of all. You are the I AM of all. I pray to Thee as the ever-expanding principle unto eternity. O Lord of all Lords, king of everything that exists, I pray to Thee. I take refuge in your form which is beyond every form. By your expanse, magnificence and effulgence you are praised as Brahma by the learned. You can be felt only through yogic perception and stand unchanged as the infilling one of all that changes.

I see you as the One Lord with thousands of heads, eyes, feet and hands, since you pervade all those. As you touch the ground you stand by ten digits. Past and future find their present in you. From you comes the Creator, the self-born and the omni-born. Hence you are the Lord of all Lords. You have surpassed all dimensions, since you manifest as the above, the below, the horizontal and the vertical. From you comes this creation with its past and future. In you the creatures take shape and

they are but your shapes. This whole creation is a sacrifice of yours by yourself. Ghee as your essence is sprinkled as your presence in the universal holocaust. You are the being who is sacrificed as the beast in the sacrifice. You sacrifice yourself as the individuals as you sacrifice them into you. From you emanate the sounds and from you the cosmic breath is breathed out. All measures are measured out from you in terms of time and space. From you our works emanate and to you we offer them. From you the horses emerge and from you the one-tusked and the two-tusked beings emerge. From you the cattle and from you the kine. From you all the beasts emanate. The Brahmins emerge from your face, the rulers emerge from your arms, the traders come from your thighs and the workers emerge from your feet. From your eyes the suns and from your breaths the winds emerge. The moon is born from your mind and fire comes from your mouth.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 13
August 2001, Visakhapatnam/ India

Question: In the book “Mithila”, you are speaking about the importance of taking milk and milk products. But you also say that it is not good to eat products made of milk or to drink so much milk. What is the right behaviour we should have?

Answer: This is mostly true with the conditions in Germany. When I speak of milk, I generally mean the fresh milk which is no more available in industrial countries which are excessively advanced. For instance, in Germany, there are many allergies that people are developing when they take milk. If you take fresh milk, it cleanses the body very well. If milk is manipulated, then it doesn't have the natural properties. But still, there are quite many areas where milk is available afresh. Milk as such is a very wholesome food, but it depends if we are taking the right kind of milk. In developing countries, still milk is not so much affected.

As far as possible, you may reduce animal food. Of course, normally in our groups, there is no eating of animal food and those who still have the habit of eating animal food, they should think of gradually reducing it. The human body, as it was in the 19th century, is different from the body of the 20th century and 21st century. We are tending to be more and more subtle in our body. When we are gaining subtle bodies, heavy food works in the contrary. In the future, human beings may not even be able to eat potatoes. We are tending more and more towards light food. Hence, taking animal food can give rise to diseases because it is no more suitable to human bodies. It is also scientifically known now that the human intestines are not fit to receive the animal food and digest it. We should tend to lighter and nourishing food.

Another important aspect is to have rhythm about food. You also need to

purify, through thought, the food you buy and eat, Food is a divine aspect of life and it should be taken to nourish the intelligences of the body. It is a thought process through which you can purify the given food. That is the reason why a prayer before food was there in every ancient tradition. The food is offered as fuel to the body; it is another form of fire ritual.

You have all witnessed the fire ritual. Fire is the medium through which food is transmitted to varieties of intelligences that function in the body. The fire in you shall have to burn up the food that you offer to those intelligences. The various parts of the body are functioning due to the presence of intelligences. There are so many intelligences that are functioning in our body even without our knowledge. The entire digestive system is already there, the blood circulation is already there, and then there is the sensorium relating to the five senses which is already there. From head to foot, there are so many intelligences working. We are not remunerating them for the work they are doing for us.

We use the eye. What are we doing for the eye? We use the ear, the sense of hearing. What are we doing for it? One of the qualities that any refined human being would have is to be grateful for what is given, to be grateful for what is received. There are people without eyes. We have eyes. There is a difference. There are people without hearing ability. We are able to hear due to the presence of the intelligences of listening existing in us. Likewise taste, speech, many people don't have speech. We don't recognize them because they are there even without our asking. There are people born with deformed legs. We don't see the importance of the fingers, the hands, the legs. There are people born with mental imbalance. What would you do if you are born with not adequate brains? What would you do if you have congenital heart problems? Should we not be thankful that we don't have such problems? The Indian seers have made a count of intelligences that are functioning in the human being. Broadly, they are 32.

So, your eating food is not for yourself. We should never eat with that attitude. There is a statement in the Scriptures that the one who eats for himself is a pilferer. It is not that you are eating for yourself. Eating is an offering, an offering to the intelligences of the body. And then, with great veneration when you offer food to the intelligences of the body, they will respond to you much better.

That is what is called 'food as offering'. When you offer food, there has to be the fire to burn it and transmit it into all limbs of the body. That's why fire is also thanked. You have to be grateful to the fire in you. You can make a request to the fire to digest the food that is being offered to various intelligences of the body, and to transmit it to all intelligences of the body so that the body is well nourished. The person in whom the fire is not working well, the food is not well digested. Fire transforms the food into energy.

This is the subtle understanding relating to the eating of food. A short prayer relating to food, which exists since ancient most times, reminds us that we are not eating for ourselves, and that we are taking it as an offering to the intelligences in us. This reorientation changes the very act into an act of sacrifice.

"May the Devas be pleased of this food that I offer to them. I also offer food to the fire, so that fire is pleased and transmits the energy of the food to all Devas."

That is the substance of the prayer. If you see the fire ritual we do, it is an external act, where varieties of material, with varieties of energy are offered into fire and directed to the related Devas. This is because fire is the alchemist in creation. Fire brings out the creation and fire again absorbs the creation. It is the one that creates all the seven planes, and then it absorbs all the creation into itself. That's why he is said to be the foremost intelligence in creation. In many traditions, the Lord is related to Fire. In the "Old Testament", you find the statement: "Our God is an all consuming fire." He exists in all the seven plans. That's how he supplies the nourishment to all the seven planes.

So, the finer understanding in nature is that you offer to others, and in turn the others offer to you. You are oriented to offer to the Devas, in turn, the Devas offer back to you the energies. You offer grass to the cow, and the cow, in turn, offers milk to you. You cannot eat grass by yourself. Isn't it?

As you learn offering, you become fit to receive. This is the chief key note of living in harmony. You keep helping. You receive help. Whatever you throw into the system, it comes back to you. It has a boomerang effect. You do acts of service, it comes back to you. If you serve, you are served. If you help, you are helped. If you give, you are given. If you receive di-

rectly, there are people who take away from you.

The fear of survival is more with those who believe in self-sustenance. Animals don't have that fear, they get their food. The birds get their food. Even the trees in forests get their water. But animals and trees, they are all doing something for others. The fitness of our survival depends upon how much we are useful to the surrounding life. This attitude can also extend to food by saying: "This food is for the Devas who are working in me day and night and who in turn are helping me. May they be pleased by this act of mine."

This text is not proofread by the author and might have some mistakes.

Paracelsus Health & Healing

The Double Pyramid



Acupuncture took birth when man noticed, that some soldiers were cured of certain sicknesses when certain arrows in a war hit them in certain places of the body. It was a wonder, that certain otherwise not curable sicknesses got cured, when a sharp arrow hit a person at a certain point in the body. Study was made of this vis-à-vis the energy system of man and such a study revealed that there are 14 meridian points in the body, 7 positives and 7 negatives. Energies flow through these 7 pairs of centers which are positive and kinetic, balancing the positive and negative energies. Applying the needed pressure with needles was found to be helpful.

Acus means the needle, puncture means piercing. With the needles, punctures are subtly made, which do not bring any blood. It is considered as an effective way of stimulating the energy.

Sickness is but the result of imbalance of the positive and negative energies in the body. The imbalance is brought to balance through appropriate act of puncturing. It is a therapy that does not use any medicine. Sometimes low-volt electrical energy (nine volts) is supplied depending upon the requirement.

There is a story in Mahabharata. A great worrier was deeply wounded. He was set on a bed of arrows that gave the puncture effect to the entire body. Consequently he survived in the body for 90 days, contemplated upon the divine and thereafter consciously departed.

These ancient techniques of healing need to be brought back in a greater

measure, in the present context of complex diseases and complicated and costly treatments.

The Chinese popularize this therapy who called the positive and negative energies as Yin and Yang energies. They have found out 900 points of acupuncture. They pierce needles in such a manner that the pressure remains while no bleeding happens. The needles are kept for 15 to 20 minutes. Asthma, paralysis, fits, deafness, back pains, joint pains, allergies, are well cured by this system. It is also used for anesthetic purpose. There are recorded cases where baldness is cured.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 84 / year)

Children's Section**On Service**

**IMPULSES OF EMOTIONAL IDEAS OF SERVICE
NEED TO BE INCUBATED
FOR PROPER UNFOLDMENT
ON THE THOUGHT PLANE.**

HUMAN KIND

Dear Children

There are three categories of humans at work:

1. The first category of humans conducts work of good will which is for the benefit of the society at large. They conduct such work as if it were their own. They are the true aspirants of light.
2. The second category of humans conducts their personal work. They conduct their work in harmony without adversely affecting the surrounding life. These are humans in nature.
3. There is a third category of humans, which function for themselves and don't care for any adverse effects on others.

These are the three categories. The first is tending towards light. The second is in rotary motion. The third is involutory in the rotary motion.

There is the fourth category of humans, who are there but don't exist. They work neither for themselves nor for others and destroy themselves and others. These are the ones, who are below the bottom line.

K. Parvathi Kumar

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

Worship of the Mother

To Master EK the Mother Gayatri was a friend in need, the guide at cross-roads, the mother to console, and the teacher to enlighten. As he entered the university, his worship of the Mother Gayatri had reached great heights. He used to go to the Santhi Ashram (on the seashore of Visakhapatnam) and chanted the Gayatri the whole week-end.

When he was to write his post-graduation examination in literature, he was to pay money for the examination. His father sent him a money order, which did not reach in time. His father was staying 300 km away from the place, Vijayawada. He was very unhappy because he could not appear for the examination. He ardently worshipped the Mother. He prayed to her and said: "I cannot afford to miss this examination. I could not pay the fee in time. You are the only solution and solace to me." The Mother appeared to him saying "Your fee is paid, do not worry." He was surprised and asked: "Who paid?" The Mother said: "It is paid."

The next day, when he went to the University office, his name was on the list of the students who had paid the fee!

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name: WTT-Group of Bielefeld-Gütersloh

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Activities

- Regular rotating Full Moon Meditations
- Financial support of different social projects
- Diamantine Triangle meditation
- Support of the work for the Extern Stones
- Healing Work
- Hospice work and care for the dying

Picture of The Month of Cancer The Descent of the Solar Angel into the Body



The monad is the soli-lunar angel. There is the baby descending into the womb. The lunar angel develops all the aspects of the form and the solar angel descends. In solar there is lunar. Our sun is the lunar aspect of the cosmic sun, our sun is male-female. That is why it prepares the body in the womb for seven months. When it is preparing the body it prepares the form through the lunar aspect, and then the solar angel enters into the lunar aspect of the solar angel. It is by itself male-female. The cosmic sun even is male-female. That is how the work is. Preparation of the form and joining. We prepare the house and when it is ready we enter into the building.

Dr. K. Parvathi Kumar, Seminary January 2012

Book review



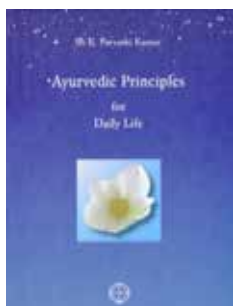
THE WORLD TEACHER. ADVENT OF LORD KRISHNA

The scope of the present work is to explain the nature and the symbolism of the ritualistic key to the Wisdom. The work deals with the sacramental value of initiations and the changes brought to the student thereby. One of the main attempts of the author is to prove that the content of the initiation rituals belonging to many religions and orders remains the same throughout and that the com-

mon content is expressed through many forms, symbols and allegories throughout the centuries. The dawn of the science of rituals is traced to the dawn of man on this earth and this is because the dawn of man itself is the result of an organized ritual of the unseen forces of nature ever at work.

Ekkirala Krishnamacharya: The Book of Rituals

Copies: The World Teacher Trust, info@worldteachertrust.org



AYURVEDIC PRINCIPLES FOR DAILY LIFE

Master, Teacher are the names to Sat Guru. The Teacher is essentially a Son of God. He is seen as representative of God on earth, to enable the seeking souls to enter into the Kingdom of God. The Teacher imparts Wisdom to lift up the student from ignorance to knowledge. And through His looks, His word and His love, He continues to

uplift the oriented student. The Teacher leads and the student follows until the student enters into the bliss of existence and transforms himself into yet another Son of God.

These stanzas are given with brief commentary to inform the students to be able to better orient to their Teachers.

Dr. K. Parvathi Kumar: Ayurvedic Principles for Daily Life

Copies: The World Teacher Trust, info@wtt-global.ch

Astrological Important Days in June/July 2013

21.06.	00:20	13 th phase of ascending moon starts ♀ Day of Narasimha (End 21.06. at 21:03)	☾ 29°44'♊ / ☽23°44' ♎
	07:04	☉ → ☊ / Sun enters Cancer: Summer Solstice	
22.06.	17:24	Phase of full moon starts ♈ Dedicate to the World Teacher and Vedavyāsa	☾ 01°22'♋ / ☽ 19°22'♏
23.06.	13:32	☉ Full moon of Cancer	☾ 02°10'♋ / ☽ 02°10'♏
26.06.	13:32	23 rd constellation Dhanishta starts ♍	☽ 17°23'♏
	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 27.06. at 11:44)	
29.06.	18:56	☾ 8 th phase of descending moon starts ♈ (End 30.06. at 19:02)	☾ 08°06'♋ / ☽ 02°06'♏
02.07.	21:26	11 th phase of descending moon starts ♊ Contemplation upon the personal Teacher, the Guru (End 03.07. at 23:27)	☾ 11°04'♋ / ☽ 11°04'♏
07.07.	06:49	Phase of new moon starts ☉ New moon point of Cancer: Contemplation upon 'The Pledge'	☾ 15°15'♋ / ☽ 03°15'♋
08.07.	09:14	● New moon of Cancer	☾ 16°18'♋ / ☽ 16°18'♋
09.07.	11:29	Car Festival (starts with the 2 nd phase of ascending moon and ends at full moon of Cancer on 22.07. at 20:15)	
15.07.	17:38	☉ 8 th phase of ascending moon starts ☽ (End 16.07. at 16:49)	☾ 23°19'♋ / ☽ 17°19'♏
18.07.	13:12	11 th phase of ascending moon starts ♈ Contemplation upon the personal Teacher, the Guru (End 19.07. at 10:30)	☾ 26°00'♋ / ☽ 26°00'♎
22.07.	00:02	Phase of full moon starts ☽ The New Vaiśākḥ Festival: Contemplation upon the Hierarchy via Lord Krishna, Lord Sanat Kumāra and Lord Maitreya	☾ 29°17'♋ / ☽ 17°17'♏
	17:56	☉ → ♌ / Sun enters Leo ☉ in ♌ – every Tuesday (23.07., 30.07., 06.08., 13.08, 20.08.): Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi ☉ in ♌ – every Friday (26.07., 02.08., 09.08., 16.08, 23.08.): Contemplation upon the World Mother in the Heart Center	
	20:15	☉ Full moon of Leo	☾ 00°06'♌ / ☽00°06' ♏
23.07.	23:49	23 rd constellation Dhanishta starts	☽ 17°23'♏
24.07.	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 24.07. at 21:32)	
29.07.	07:12	☉ 8 th phase of descending moon starts ☽ (End 30.07. at 08:25)	☾ 06°16'♌ / ☽00°16' ♏
01.08.	12:32	11 th phase of descending moon starts ♈ Contempl. upon Lord Maitreya in the Heart Center (End 02.08. at 15:02)	☾ 09°20'♌ / ☽09°20' ♏

All dates are in MEST (middle European summer time)

From: »Astrological Calendar 2013/2014«;

Publisher: The World Teacher Trust – Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*SAHANÂVAVATU
SAHANAU BHUNAKTU
SAHA VIRYAM KARVÂVAHAI
TEJASVI NÂVA DHÎTA MASTU MA VIDVISHÂVAHAI
OM SHANTI SHANTI SHANTIHI*

LET US BE PROTECTED TOGETHER.
LET US SHARE TOGETHER. LET US WORK TOGETHER.
THERE WILL BE NO HINDRANCE TO LIGHT.
LET NOT MALICE PREVAIL.
LET PEACE BE IN ALL THE THREE PLANS.