

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aries 2015 Mesha

Letter No. 12 / Cycle 28 - 20th March until 20th April 2015

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.12/Cycle 28 – 20 March until 20 April 2015 T

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Message of the New Year 2015/2016

Men prepare to receive the New Year and walk into it afresh. Men bathe and put on fresh clothing and open the year with fresh mind. They tend to be joyful and are filled with a celebrating mood as the year begins.

The freshness of the year evaporates very soon and the old mind with its admixture of energy comes to the forefront and reduces the New Year to be like any other ordinary year that one experienced in the past.

A new year tends to be as good or as bad as any year of the past. Truly speaking the New Year happens when a new thought and a new pattern prevail over the existing thoughts and patterns. A new life is possible when new patterns and nobler thoughts are translated into speeches and actions. Nothing better happens until better perception and conception are allowed to take place in one's own life. For the uninvolved, every dawn is a routine. For the evolving every dawn is an opportunity. It is an opportunity for unfolding of consciousness.

A bud awaits every opportunity to unfold gradually. Dawn after dawn, it progressively unfolds and fully blossoms. Dawn after dawn it unfolds to spread its fragrance to the surroundings. It unfolds so very completely that the pericarp is fully visible. The plant kingdom seems to be availing the opportunity of dawn more than the animals and the humans.

The solar ray of the dawn is better utilized by the plant, so should the aspirants utilize the dawn and thereby unfold. The aspirant must necessarily hold in his consciousness that every dawn is an opportunity, much more so the dawn of the year as the beginning of Aries.

The nonmoving plant seems to be better placed than the mobile man. Mobility, though a facility to man, also causes instability when one develops a mobile mind. Mind that moves hither and thither should look to a growing plant which is stable and yet grows.

Without stable mind, growth is not possible is the message of the plant. May that be taken as the message for the year!

With Jupiter in the 5th house, Sun and Uranus in Aries in the first house enough impetus is provided by the New Year for a grand growth. Let not antinode dampen the spirit. Let it on the contrary dampen the material

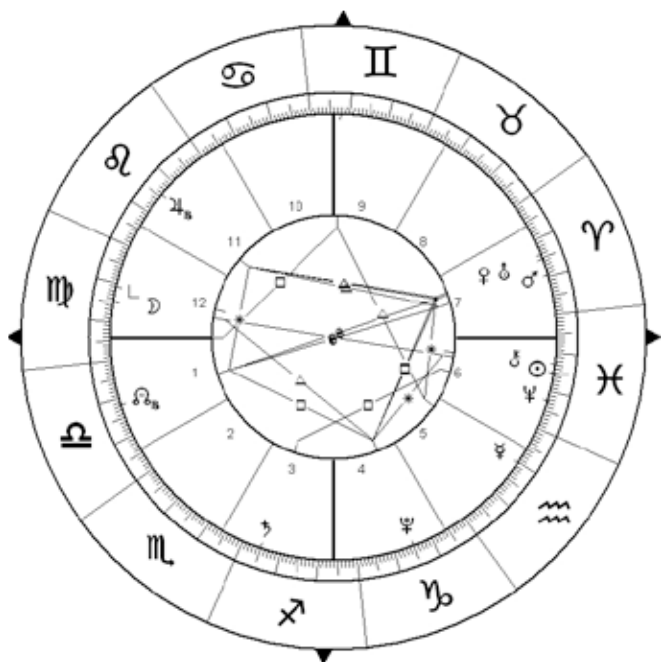
pursuit. The solar year 2015 coincides with the lunar year, which also commences on 21st March.

May the aspirants pick up new thoughts and patterns, nourish them through daily activity and sustain them throughout the year to gain stability and growth. May the Hierarchy bless the oriented one!



Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Aries, 4th of April of 2015, 12.05 pm

Full Moon Formula
Aries 2014 – Pisces 2015

Step 1 OM (7 times)

Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahmha Tasmai Sri Gurave Namaha

Step 2 Namaskarams Master

Namaskarams Master KPK

Namaskarams Master EK

Namaskarams Master MN

Namaskarams Master CVV

Namaskarams Master CVV

Namaskarams Master CVV to your lotus-feet.

(15 minutes silence)

Step 3 Occult Meditation N° 67:

Wash Karma in space.

On the deep blue slate paint ever-elevating colours,
ever at the feet of the Master in the Vaisakha valley.

(15 minutes silence)

Step 4 Hamsa Siva Soham

(10 minutes silence)

Step 5

Loka Samastha Sukhino Bhavantu (3 times)

OM Shanti Shanti Shantihi

(5 minutes silence)

Commentary Step 3

A specific process is suggested hereunder to be at the feet of the Master at Vaisakha valley:

1. Sit quietly in mind and in body, in a silent place.
2. Align the mind with the blue and visualise the blue all around.
3. Visualise your Master in brilliant white in a seated posture. His right hand blessing you, his eyes transmitting grace. His countenance carrying half closed eyes and subtle smile on the lips.
4. Visualise that you are at the feet of the Master. Visualise that the Master is four times bigger in the size and you are one fourth in Him.
5. Visualise that you are in a sacred valley of a sacred mountain range with snowy peaks and flowing river from south to east and to north.
6. Visualise moon light in the valley. Finally visualise utter silence with the flowing wind gently caressing you.

From: Dr. K. Parvathi Kumar: Occult Meditations. Dhanishta, Switzerland, 2006

Full Moon Meditation (PDF): http://www.worldteachertrust.org/_media/en/fullmoonformula2015.pdf

Download Hamsa Siva Soham: http://worldteachertrust.org/_media/media/audio/16_hamsa_siva_soham.mp3





Message of the Month of Aries

Aries marks the beginning of the solar year. When there is a beginning the ending is inevitable. Where there is no beginning, there is no ending. Time is a continuum. When we mark a beginning, it brings an ending. But when we do not mark a beginning, there is no ending. The apparent ending is but again a beginning. Ending and beginning are marked by awareness. Existence has no such faculty. Existence is eternal. It is, at all times. It is, whether creation is or not; awareness is and is not. Time too is eternal but when awareness shrinks, it counts time. Even during the absence of awareness, time is, but uncounted. This habit of counting, from the time one cognizes, is itself a limitation. During the sleep hours, time is. But one counts as he awakes. Likewise, during the hours of slumber of the creation, time is, but it is counted from the awakening out of the slumber.

Aries is thus a beginning to those who are busy and are habituated to count time. In any circular movement, any point on the circle is not only its beginning but it is also its ending. For this reason the time is said to be a circular serpent, whose tail is back to itself. It is said so, because the tail itself is its sting.

Aries stands for the head and also stands for the feet in the esoteric astrology. This is understandable because the ending is in the beginning and the beginning is in the ending. It is also interesting to note that as much as one guards his head, he should also guard the feet. Since the feet have the same points of intelligence as brain and the head have. The entire body is presented either by the brain or by the feet. Foot massage is as much as the head massage.

Engaging with the beginning and the voyage at the ending is worldly. As entertained with the background of the beginning, the growth and the ending is the wisdom which the seers impart.

May we live in awareness of the background!

As we learn to live in such background awareness, all activity is seen as a circular play. When the circular play is understood, one realizes that one meets one's past in the future. It proves an occult statement that we need

our thought to future to meet our origin as we move farther. In a circular route, one gets back to the origin.

Aries is the origin and we move forward for a year to be again in Aries. We now move forward again to be in Aries. Endlessly, we move forward to meet in Aries, but wisdom helps to pass over in Aries. When we pass over, we are out of the wheel but within the eternally moving wheel. May that happen through association with the background of awareness!



Message of the Teacher



Stay in Tune with the Divine

The divine is beyond time. The patterns of time are subservient to the divine. A disciple or a devotee, who is in incessant association with the divine is also allowed by time and is not conditioned as long as the incessant association exists. The rest is bound by time.

Those who live in the omnipresent God do not live in time and by time. They do not have to look to astrologically favorable time. If one is not linked with the divine and even if he skillfully conducts with the knowledge of astrology, he is also bound by time. Knowledge of astrology would not release one from the bondage of time.

Knowledge of the divine coupled with association with the divine enables transcending the dictates of time. Time obliges those who are in proper obedience to the divine.

The message therefore is, "Stay in tune with the divine, time tunes up to you. Think not of tuning up to time."



Gita-Upanishad

- Lord Sri Krishna -

The One Exists in All

ATMAUPAMYENA SARVATRA SAMAM PASYATI YO 'RJUNA SUKHAM
SARVATHA VARTAMANO 'PI SA YOGI MAYI VARTATE

"The one, who is established in the self, perceives truth levels. He conceives others' pains and pleasures. Such is the state of yogi. " (6/32)

Through contemplation and meditation, when one experiences the Self he concurrently experiences the Self in all forms. He realizes that the Self is all-pervading and is enveloped into many forms.

Air in one balloon is no different from the air in the other balloon. It is only one air that entered into many forms and became many balloons.

Similarly the Self, representing the one energy, enters into many forms and appears as many. Verily it is One as many. As it experiences itself, it experiences the Self in others.

That is why a yogi can see the Self in the other forms, while he himself is seemingly posited in one form. As much as he experiences his personality, he also experiences the surrounding personalities. As he experiences the pain and pleasure of one personality, he also experiences the pain and pleasure of the other personality. This is the true faculty of sympathy. A yogi thus experiences others' splendor, others' fall, others' pain, others' sorrow, others' joy and others' comfort. This happens with him, since he is on level with others as Self. He is at the truth level and at the truth level the surrounding Self is fully experienced and comprehended. It is a state of expanded consciousness with the concurrent responsibility.

Message of Lord Maitreya



The Path of Love

The strength and perhaps the weakness of our community is that we love immensely the humanity. Love is the only way. We love. We love all. We love the weak. We love the meek. We love even the wicked.

Love antidotes the evil of ignorance. By hatred, humanity destructs itself. By love we resurrect them. We love all, so that the humanity is set for resurrection.

Members from humanity can join our community by consciously inculcating the habit of love and eliminating hatred. To hate, to criticize, and to judge are acts of ignorance. In all the ignorant beings the omnipresent God continues to be!

The omnipresent one lives in all. He discords no one. The Omnipresent one is our ideal. We admire His love and His compassion to be in all. We follow him to be lovable and compassionate.

The Lord said in Gita, "Hate not any being; Be friendly and compassionate to all" (advesta sarvabhutanam, maitrah karuna eva ca, nirmamo nirahankarah, samaduhkha-sukhah ksami - 12-13). This is the motto of the Community of Maitreya. If you wish to join our community, tread this path of love, compassion and friendliness.

Walk the path and seek not too much.



Message of Master Morya

- *Maruvu Maharshi* -

Intelligent Adjustments

The earth is put to fire. The fire stepped up its work on earth. The planet is heated up more than the earlier times. The beings on the planet are also heated up.

When the work of fire is stepped up in a human body, it leads to fever, nervous tensions, joint pains, and even brain damage. Those who are affected by the fire need to take precautions. Firstly they need to learn to relax for 5 minutes at every three hours. They should learn to arrange their abodes peaceful and serene. They should also think of relaxing to meet the rhythms of restoration. Luke warm if not cool water showers are greatly helpful. Arranging the events of the day will help avoiding tension. Attending to ordained work and not initiating any work is a skill to be inculcated. River banks or sea shores or mountain valleys may be availed.

Adapted to the above will bring in much better health than what the medicines can give. Such adjustments may be made intelligently.

Master Koot Hoomi

- Devâpi Maharshi -



Expressions of Light

A pure heart shines forth like a clear crystal. Hence, holding crystals in the altar on a crown should remind the onus of the need to gain a crystal-clear heart. A crystal is transparent, so should the heart be. Heart is ever ready to unfold itself and show of its beauty and transparency. But it is tensed by the mind which has the ability to be manipulative.

Break the manipulating tense of the mind, uttering forth OM with intent and with much vibration. The vibrating sacred sound clears the tense of the mind, unfolds the lotus of the heart and enables the shine to dawn. Each utterance brings forth the light of the dawn in a greater measure dispelling the darkness of ignorance.

May the light hidden in the heart find its expression, just like the light finds its expression through darkness during the dawn hours! May the purity of the white light light the house of the utterer so that the house of personality ceases to be a haunting house and shines out to be a lighted house!

The Lord in Gita strongly recommends uttering forth the sacred word to light the house to start with. In a lighted house there can be transaction of light.



Message of Master *EK*

Pilgrimages

In discharging one's own ordained duties, sometimes the Lord of Time permits pilgrimages to sacred places. The life conditions converge in such a manner that pilgrimage happens. Understand that through such pilgrimage there is a Call of the Divine for a special blessing. Planning for pilgrimages is secondary to the pilgrimage that happens as above. Borrowing money for pilgrimage is never seen as a worship. If pilgrimage is done with the view that God exists only in the pilgrimage, it is but ignorance.

Let not pilgrimage be made a habit and even a vice.

Vidura
Wisdom Teachings



Man leads himself
towards the path of sorrow by,
1) lack of contentment,
2) insulting women,
3) seeking favours from the
unworthy, and by
4) desiring the undesirable.



Shirdi Sai Sayings

Seek no More

I ensure minimum comforts of food, clothing and shelter. If you seek more than this you are greedy and are becoming a pilferer. I disassociate Myself from pilferers.

Message of
Sri Ramakrishna



Faith is Life

A man wanted to cross a river. A sage gave him an amulet and said, "This will carry you across." The man, taking it in his hand, began to walk over the water. Before he had gone half the way he was seized with curiosity, and opened the amulet to see what was in it. Therein he found, written on a piece of paper, the sacred name of Rama, the Lord. At this the man said depreciatingly, "Can this be the only secret?" No sooner had this scepticism entered his mind he sank down.



On Secret Doctrine

The Gymnosophists

Madame Blavatsky says emphatically in Secret Doctrine, "It is now generally admitted, from times immemorial, the distant East, India especially, was the land of knowledge and of every kind of learning."

Yet there is no one to whom the origin of all her arts and sciences has been so much denied, as to the land of the primitive Aryans.

From architecture down to the zodiac, every science worthy of the name was imported by the Greeks, the mysterious Yavanas - agreeably with the decision of the Orientalists! Therefore, it is but logical that even the knowledge of Occult Science should be refused to India. Since of its general practice in that country less is known than in the case of any other ancient people. It is so simply because it is esoteric. With the Hindus it was and is more esoteric, if possible, than it was even among the Egyptian priests. So secret was it deemed, that its existence was only half admitted, and it was only practiced in public emergencies.

It (wisdom) was more than a religious matter, for it was considered divine, and it is considered divine, even today. The Egyptian hierophants, notwithstanding the practice of a stern and pure morality, could not be compared for one moment with the ascetical Gymnosophists, either in holiness of life or miraculous powers developed in them by the supernatural abjuration of everything earthly.

By those who knew them well they were held in still greater reverence than the magicians of Chaldea.

Denying themselves the simplest comforts of life, they dwelt in woods and led the life of the most secluded hermits, while their Egyptian brot-

hers at least congregated together.

Notwithstanding the slur thrown on all who practice magic and divination, history has proclaimed them as possessing the greatest secrets in medical knowledge and unsurpassed skill in its practice.

Numerous are the volumes preserved in the Hindu Mathams in which are recorded the proofs of their learning, to attempt to say whether these Gymnosophists were the real founders of magic in India, or whether they only practice what had passed to them as an inheritance from the earliest seers.

The Rishis – the first group of seven in number - lived in days preceding the Vedic period. They are known as Sages and are held in reverence like Demigods. But they may now be shown as something more than merely mortal philosophers.

There are other groups of ten, twelve and even twenty-one in number.

Haug shows that they occupy in the Brahmanical religion a position answering to that of the twelve sons of Jacob in the Jewish Bible. The Brahmins claimed to descend directly from the Rishis.

These Rishis are regarded today as mere speculation by the modern scholars.



Detail of a miniature of Alexander encountering a naked and houseless tribe of the gymnosophists



Lay Man's Prayer

Many come into life and many go.
Things, people and events. All pass by.
You and I remain ever, forever.
My Prayer is to stay aligned with You.
Other alliances are and are not.

Discipleship

Two Kinds of Thorns

A thorn in the foot is very painful. A traveler in the forest is prone for such a state. When a thorn pierces into the foot, many times one needs the help of another thorn to remove the thorn stuck within the foot. The first thorn causes the pain. The second thorn relieves from pain. Both are thorns. One is the cause of pain and the other is the remedy for the pain. Humans in their journey towards eternity are prone for pain. They have the gift of mind and are therefore capable of creating problems themselves and cause pain to themselves. To help such men of mind, a teacher descends into a human form. He too has a mind, but his mind gives the clue to relieve others from their pains. The teacher's mind works as a pain reliever, while the student's mind works as a pain builder. The humanity cries out that mind is the source of all problems. The Divinity cries out through the teacher. Let the mind be the true resolver. Each time humanity cries out in pain, of the thorn of mind, the divinity comes down with yet another thorn to relieve the pained minds. To remove a thorn yet another thorn only is used. This is the story of every Master of Wisdom or a Son of God.

A disciple



The Teacher

6. Aprameyam

Beyond Measures

The Teacher is beyond measures. He cannot be measured. He cannot be defined. He cannot be commented upon. He cannot be gauged completely nor can his virtues be praised completely. As much as one tries to understand the Teacher, he comes to the understanding that he understands naught. Therefore, after a while the student stops the exercise of understanding the Teacher and just follows the Teacher. In the highest degree of masonry it is said, "Understanding leads to no understanding". Understanding is an aspect of the mind. The mind is but a keyhole through which one tries to see the whole. But the keyhole cannot help seeing the whole. There is a limit to the mind's intellect. Beyond the mind is buddhi where there is intuitional comprehension. Beyond buddhi is Atman where all comprehensions terminate into BE-ness. And BE-ness is beyond boundaries and beyond frames; therefore trying to measure that which is beyond is futile. Neither the Divine nor the Teacher can ever be measured. The Teacher appears according to one's perception. The quality of perceiver imposes itself upon what is being perceived and thus he defines the Teacher. If one sees the sky through a window of horizontal bars, one feels that the sky has horizontal lines. Likewise, if one sees through a window with vertical bars, one feels that the sky has vertical bars.

The perceiver tries to perceive through his quality and sees his quality only in the Teacher. He cannot say that he has seen the Teacher. One would do better not to define the Teacher. The problem of the student is generally due to the fact that he lives in the mind. The mind cannot but measure. The mind cannot but define. The mind cannot but judge. It takes a long time for the student to drop the mind and see through the

eye of wisdom. The Teacher helps this process.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.





Kapila

Model 1 - Vasudeva

From the Cosmic Mind, the Model 1 (of indwelling consciousness) emerges or permeates the field and remains. Poise is its characteristic. It is the pure and the tranquillized oceanic consciousness that carries no waves of disturbance, nor even ripples of disturbance. It has six virtues - compassion, protection, sharing, mastery, love and contentment. Souls that live in this Model experience the six virtues and are not affected by hunger, thirst, want, illusion, ageing and death. It is frequently referred to as the "White Island" cherished by the Most High Souls. This state of existence is frequently understood as God of every system. It is the One from which the other three states of existence emerge. From the Indwelling Consciousness - the Model 1, potential energy emerges and disintegrates into three.

They are

1. Successively changing states of consciousness.
2. Its alternating states of inertia and dynamism
3. Its brilliance.

From the successively changing states of Consciousness, the mind, the senses and the five elements emerge. These are the active /dynamic qualities of the potential energy that are ever changing.

From the alternating states of inertia and dynamism the unchanging principles emerge as poise. They are the Akasha, the habit-forming nature,

the solidifying nature that gives shapes and forms. The matter, the mineral, the seven tissue formations and the organs emerge with the support of the habit-forming and formative energy of the quality of inertia.

The brilliance of the potential energy functions as the wisdom - the equilibrium between the dynamic and static energies. From it emerges the will, the pulsating life energy. The static consciousness enables establishment of memory, habit and recollection of experiences. The heat and cold, the taste, the sight, the smell and the touch, their experience as well as the habits relating to them happen due to this consciousness that remains static. It stabilises one and anchors him to an experience and habit. Inability to adapt to changes arises out of this habit-forming nature and ability to grip a formed habit is also due to the same nature. The progressive ones develop through this nature. The regressive ones perish through this nature. It is the Saturnian Principle in creation and is needed for conditioning and release too! Through a systematised practice, man overcomes a habit and anchors in higher habit. The ability to transcend the triple energy of inertia, dynamism and poise and anchor in the indwelling consciousness, through Yoga, is held by the key to habit.



Ashram Leaves

Presence

Presence is eternal and unconditioned, by time and space. It has neither distance nor proximity. It seems to function through time and space but time and space function through presence. Presence transcends all and yet condescends to be with all.

To be with, is different from being within. One is influence, the other is involvement. One is flow, the other is arrest.



On Love

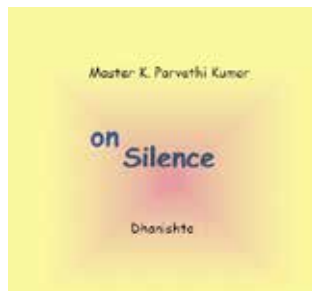
Love demolishes ego.

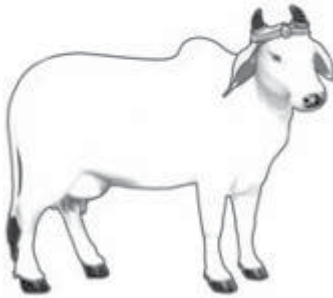




On Silence

The disciple receives from above and
transmits to the world of objectivity.
This middle state is the state of Yoga –
the state of Silence.





Cow

Natural wealth is more valuable
than material wealth.

Amidst the natural wealth,
holding and serving the Cow
is considered most precious wealth.

Violet Flame Invocations



Violet is but Indigo.

Indigo is the Father.

Blue is the Mother.

Violet is the Son!

Pink and Purple are the children.

Yellow and Green are the grounds for play.

Red and Orange are the life & vitality.

The Temple and the Templars are tactful.

From the Teacher's Pen



Questions and Answers

Question: Master! Some of our group members hug the sacred tree and stay in meditation, continuing hugging the tree. Is it helpful?

Answer: They hug the tree and meditate since it helps them. Sacred trees are identified through time. Invariably those trees carry much fire in them. Hugging the tree of fire is no different from hugging a Master of Wisdom, who is also embodiment of fire.

Some hug, some touch gently, either by the fingers or the palm. The central theme is to receive the touch of fire through the fiery medium. The Cedar (Devadaru Chettu) and silk cotton tree (Booraga Chettu) are mostly hugged. So also Ficus Religiosa (Peepal tree), Ficus Indica (Banyan tree), and Ficus Racemosa trees. Peepal tree (Aswatha or Bodhi or Ravi, or Ficus Religiosa) and Audambar tree (Atti, Cluster Fig tree or Ficus Racemosa) are sacred trees which give oxygen all 24 hours of the day, and various parts of these trees are used as medicines.

The trees in general and the sacred trees in particular are in continuous touch with the rays of the sun throughout the day. They imbibe into them the life and the light from the sunrays in abundance. Touching these sacred trees and meditating under their shade, eating the fruits and leaves fallen from such trees, drinking and bathing by the water streams nearby the trees has been an age-old practice.

As man knows that, with all standing trees, are the giant saints meditating in standing postures, he gains a different perception of a sacred tree.

The civilized man is strongly recommended to relate to a tree if possible. It is a grand relation amidst many, under the relationships that would save him in times of crises.



Agni



An Introduction into the
Work of Cosmic Fire, 41

4. The Solar Fire

The Dawn 3

See, when does a Saviour visit us? During the month of Capricorn. That is why we prepare a five-pointed star during the month of Capricorn. More often we do not know, why we make a light with five pointed star during the month of Capricorn. We do it, because others do it, and because we want to do it better than the others. Beyond this, there is no understanding carried. See, during the Christmas time and New Year time, we manifest so many five pointed stars, only to show off. It is more a show. If my neighbour does this much of a five pointed star, I will do this much of a five pointed star.

So, we only believe in that kind of functioning. But why that in the month of Capricorn where we have the birth of Christ and why also the New Year is used for this five pointed star? The general understanding is, because it is the birthday of Christ, we have to do it, because Jesus the Christ was born during that month. But please remember a Saviour is always born in the month of Capricorn, and there is the birth of Saviour on a daily basis, monthly basis and yearly basis for those who are ready. The month of Capricorn is the time for the Saviour to return to us. So, in a solar year as we are through Scorpio and Sagittarius, we have the birth of the Saviour coming in Capricorn.

See, how in the New Testament, three wise men followed the descent of a white brilliant star! The descent of the five pointed brilliant star is

nothing but the descent of the Kumaras. So, it happens to us daily and much more so in the month of Capricorn. So, that is why even the wise men followed the descent of the star. And the three wise men followed the star – one is a man of strength or power, the other is the man of wisdom and the third is the man of love – where it is descending. So, even light, love and will have to follow the five Kumaras, and in the case of the story, the three wise men are the three grand Masters who wanted to locate the birth of the Saviour in that cycle. They wanted to be present at the time of the birth of the five pointed star in Jesus whom we know as Jesus Christ. And who are these three wise men? – One is man of wisdom whom we know as Master Koot Hoomi, the other is the man of love who is Christ or Maitreya, and the third one the Master of Power or Master Morya. The Three come from the East even in the story. Three wise men from the East follow the five pointed star, as it is descending upon Earth. And they have seen again the birth of a Saviour, blessed the child and went away.

So, the ones who receive the Kumaras on a daily basis, they are blessed by the Three Grand Masters who are the representatives of the three great energies which we call light, love and will. So, light, love and will visit us when we are ready to receive the five Kumaras. Hence, the necessity to receive them with due preparation!

In fact, the entire Rig Veda of which I gave a hint in the beginning of the seminar could not sing the splendour of the dawn. The beauty and splendour of the dawn and its effect upon the planets and the planetary beings could not be sung by the foremost scripture of the planet, the Rig Veda. Even the grandest Masters on the planet look with 'Ah' at the dawn. They are always bewildered of the beauty of the dawn, because the Kumaras make a compassionate visit to the planet every morning.

This text is not proofread by the author and might have some mistakes.

Master *EK*

Vishnu Purâna
CHAPTER XIII

Daksha 2



Maitreya said: "It has been told previously that the Prajapathi Daksha was born out of the thumb of the Creator. Now you say that he was born out of the Prachetasas by Marisha. This doubt lurks in my heart. By this story of yours you assure that Daksha is the son of Soma's daughter. How is it possible that Soma became the son-in-law of Daksha?"

Parasara said: "The birth and merging of beings is continuous and eternal. It cannot be understood with all its subtleties even by the great seers endowed with supervision. Daksha and the others are born again and again in every Yuga and go again and again into merging. He who can perceive will never be confused. Furthermore, you cannot say who is elder and who is younger among them. All of them emerge simultaneously, none is elder nor younger. The intensity of penance and the degree of magnificence decided the place of each of them."

Maitreya said: "Please describe the glory of the birth of the Devas, Danavas, Gandharvas, serpents and giants, in detail."

Parasara said: "At first, Daksha was ordered by the four-faced Creator to reproduce the creation. Now listen to me as to how the whole thing took place. At first Daksha created the Rishis, Gandharvas, Asuras and the serpents only mentally. He saw that the beings he had mentally created did not multiply. Then he pondered over the real cause and process of multiplication. Through penance he discovered that only by the act of copulation between male and female it is possible to multiply the creation. He married Asikni (Fertilisation), the daughter of the Prajapathi Virana (sperm or seed). She was a light of great penance capable of conceiving

the whole creation. For the sake of multiplication, he reproduced five thousand children. (Five thousand leading species of biological entities). Narada saw all the beings that were being multiplied. He approached them and spoke in sweet language.

Narada said: "Oh! you, who ride on the green horse! Oh! you, the valorous ones! You want to produce generations. Listen to me. You seem to be making your own efforts, without knowing what production is. Fools you are, who do not know what is inside and what is outside space, who do not know the above and the below of space. How can you reproduce when you lack knowledge of location in space? Your movements are hindered from above, below and sideways. This is because you do not understand the limitations of this earth. So I call you fools."



The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 32
August 2001, Visakhapatnam/ India

The Third Sub-Chamber of the Third Chamber 2

So, self-introspection should lead to a self-assessment. What are the areas where I am fairly okay? What are the areas where I am not okay? When once this is recognized and a decision is made that I shall improve upon those areas in which I am not up to the standard, and when I strengthen that decision with strong will, slowly nature opens doors for the related knowledge.

One key relating to nature is: If your call is sincere, there is the response from the nature. But if it is casual, then the nature does not. So, the areas in which we wish to improve shall have to be recognized and enough will has to be generated which should be kept on. That is what we call "Keep the Flame on". Don't put off the fire place. If the fire is put off, transformations are not possible. If the fire is brilliant, then there is enough heat generated and that would cause the related alchemy in the body.

If people have invented photography, telephone, telegraph, radio, aeroplane, fission of an atom, it is not casual. There is a fiery aspiration to find the clue to fly or the clue for a distant talk, or distant communication. That is what is given in the Scriptures as Tapas. Your aspiration cannot be a casual aspiration; it has to be a fiery one. Then the fire will transform you. This is what is called the Will. A part of the Divine Will relating to you exists in the third chamber of the mind. That is where you have to keep fanning the fire so that the fire blazes further and is not put off.

In any field of human activity, the man can achieve some heights, if he has such a will, a fiery will. Many people have a very cold will. Any small excuse is enough to come out of a practice. This strong, fiery will is associated with the colour orange. That's why, if people don't have ade-

quate will, the psychical adjustment to develop the will in them is to give them the colour orange for contemplation in the brow center, regularly. The cosmic will has the colour red. Its reflection in the third chamber of mind is orange. Contemplation upon orange colour enables you to gain clear thinking. You can take the symbol of a five-pointed star which is orange in colour. Meditate upon the colour and the symbol at your forehead. The sound relating to the cosmic will is RAM. RA has been the Fire God in all theologies. To contemplate upon the sound RAM visualizing orange colour at the brow center stimulates the will in you and gives clarity to the thinking mind. In a clarified situation, you see better and you decide better.

This is how contemplation upon colour and contemplation upon certain sounds has come to be in the ancient times. Generally, the contemplations are done at the forehead where the divine will of man exists, which I spoke to you as the third eye.

Contemplation upon Orange and the Sound RAM

Contemplation upon orange is the initial step for any self-transformation. You are also recommended that daily, when you make a self-introspection, and if you get some idea how to improve your living conditions, it is recommended that you make note of it in a book which has an orange colour cover. If you hold regularly with you a small book with orange colour cover, it is a message to the nature that you wish to be a student of knowledge. Likewise, if someone has a lot of confusion in his mind, you can recommend to him to contemplate upon the colour of brilliant orange, with the sound RAM. Then, such person, in due course of time, will overcome the depression of the mind. The sound RAM and the colour orange will heal all emotional disturbances, like fear, suspicion, jealousy, because it burns away all such negative emotions. The related number is number nine.

I have given extensively the varieties of sounds, the related colours, their energy and the benefit that you get when you invoke those colours and sounds. If you are interested you may read the book "Mantrams". It is all the science of sound, colour and number. These are all the sound formulae that are conceived in ancient times, and the procedure to work with

is also given. It is a science by itself. When you work with these sounds, colours and symbols, you will definitely get the related transformation and also the related knowledge which will enable you to work better and to be more useful to the people surrounding you. For this reason, there are two aspects that you have to consider in your daily life.

Daily contemplation in the morning hours as to “What am I doing?”, “What am I to do?”, “Am I doing what I am to do or am I just doing whatever I like to do?”

Do I have a plan of progress or am I like a boat that is exposed to the heavy currents of the sea? Do I spend the day according to the wind and live aimlessly?

That is why you have to ask yourself what you wish to be in life. Ask yourself continuously! Even if you get answers, don't accept them immediately. Keep asking until you get repeatedly the same answer! Then this contemplation will give you an idea of what you wish to do and what you are doing.

This is what is called constant review. If you don't review daily, you may get into a wrong track unconsciously. That's why the question in the morning is: “Mister Kumar, are you doing whatever you have decided to do for your benefit or for the benefit of the surrounding life or is the outer atmosphere totally eating away you and your time?”

For many people, the events of the day decide the activities of the day. You want to do one thing and a friend comes and gives another proposal. So, you leave your decision and follow the other decision. You want to do asanas. At the same time, some person comes to talk to you, and out of etiquette, you attend to him and don't do your asanas. You want to study, at the same time you get a telephone call from a person requiring you for some other aspect. Your work is put aside and you get into that other work. That means the course that you have set for yourself to sail is affected by the outer. Your plan is put off and some other plan has overtaken you. Whatever you wanted to do for your progress is affected by the outer. By the evening, you can see whatever you wanted to do in the morning and whatever you have done by the evening.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Encouragement and Pleasant
Speech

It is very saddening to see violation to harmony, which is the basic platform for healing. One should be able to imagine the impact of sudden information, sudden changes and sudden movements done to patients. Great perturbations would happen in the healing currents, in and around the patient when sudden decisions are taken and movements are made. The physician should know that a patient psychically overreacts to negative information and powerfully reacts to a note of encouragement. A note of encouragement is of great importance to a patient. Even if certain facts have to be informed and such facts are not very favourable for the patient to listen to, right choice of words many times is helpful. It is necessary that the patient is not given any false encouragement, but it is equally necessary that in the name of actual communication one has to take into account the patient's psyche. 'Speak truth and speak pleasant', is an ancient saying. A physician should find the way to present the truth as pleasantly as possible.

The art of speaking is an act of healing. Unpleasant information can be pleasantly shared to enable the psyche of the patient to receive the information without being affected. At any cost, the patient should not receive a shock in his psychic energy when he is being informed of his sickness. Shocks are avoidable. This is where 'a tongue of good report' is the need.

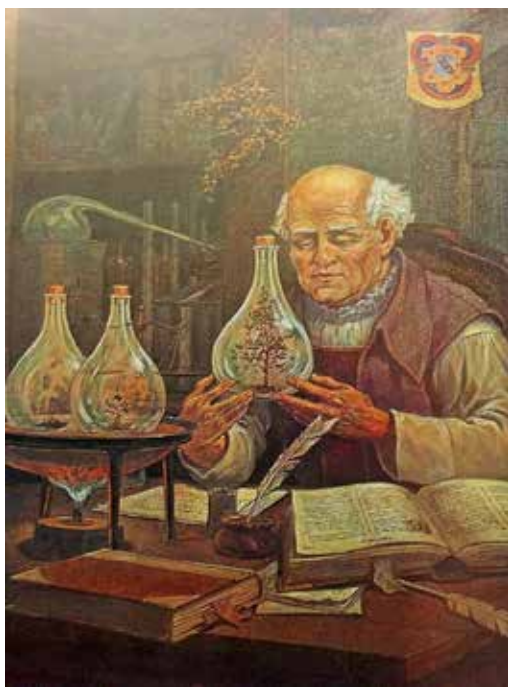
The hustle and the bustle of the modern daily practice cannot overlook

the humanitarian angle. Every physician therefore needs to develop in himself a humanitarian and even a teacher. This subtlety cannot be ignored.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 60 / year).



Children's Section

On Service

SERVICE, UNCONDITIONAL, SELFLESS AND PURE, FLOWS FROM THE SOUL.

SERVICE, EMOTIONAL, SELFISH AND IMPURE, FLOWS FROM THE PERSONALITIES.

Dear children,

Know that our life gets fulfilled not through desire but through the deeds you do. Work fulfils.

Desire haunts you. Desire not only haunts you but also multiplies itself and enclaves you.

Desire is like a superstructure. A superstructure is not possible without the foundation and a structure thereof.

Desire engages you as to how to build a superstructure. It distracts you from laying the foundations of work.

Learn to be deed oriented, but not desire oriented. When deeds are done desires are fulfilled.

To have a garden of mangoes is a tangible desire. It cannot turn to reality unless you revert to the deeds of tilling the land, exploring the field, sowing the seed, growing the plant, eliminating the weeds, watering the garden, safeguarding it and so on. Do not directly aim at the fruit. Aim at the work that eventually gives rise to the fruit.

Every child should stop day-dreaming and start working, so that we have prosperity, with many gardeners and the guardians of the gardens. May work replace wasteful thinking and desire!

K. Parvathi Kumar

Stories For Young People

The Courage of Vidura

His power of observation, his knowledge was famous and he was good informed all the time. Vidura was the brother of the king of Hastina and a member of the Brain-Trust of the monarch. To advise this king was a hard task to do.

The eldest son and heir of the throne of Hastina was ambitious, envious and unscrupulous in pursuing his wishes. To get his father's approval to his plans, he used to lie. Dhritarashtra was soft and weak due to the love to his son and he used to give way to him. Vidura told the king confidently the true intentions of his son and the consequences for the monarchy and the kingdom.

The prince planned a war and the Great Council sat in the assembly-hall to think about avoiding the war. Vidura spoke to the Lords and beseeched them to refuse their consent to the war. It would be the destruction of the world. He accused the prince of unjust behavior and his father, the king, of weakness concerning his son. The result of this emotional love of the king would be suffering of all beings. His speech was in vain. The council approved to the war according to the opinion of the king and the prince.

Vidura saw the fragments of his efforts and recognized his own weakness: his faithful love for his brother. So he took leave of his service and walked out of the assembly, of the palace, without looking back.

Story compiled from Srimad Bhagavatam. Vidura's teachings in: K.P. Kumar: Wisdom Teachings of Vidura. Dhanishta 1997

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SPAIN

Name of the group : Karuna A

Contact: Paqui Jiménez

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Phone: ++34 678112683 (from 4 pm to 6pm)

Activities

We have celebrated:

- Full moon, New moon and Dhanishta prayers.
- Solstices and Equinoxes
- May Call Day and December Call
- Vaisak festival
- We celebrated also Masters Birthdays with a group prayer.
- We join on Fridays to study Holy Books.

Seminars:

1. To get birth into a new consciousness – part I. January 19th and 20th, Valentín García López
2. An introduction to a science of Man. April. Josep Paradell Miró
3. To get birth into a new consciousness – part II. June 8th and 9th, Valentín García López
4. Master CVV. October 12th and 13th, Josep Pares Pérez

Picture of the Month of Aries :

Aries – The Ruler of the Solar Dynasty



In the ancient past, there was the Solar Dynasty, the Lunar Dynasty and the Dynasty of the Yadavas. We can rightfully say that the Solar Dynasty was the first ray royal dynasty. The Lunar Dynasty was the second ray dynasty, which also was royal. The Yadava Dynasty was the mixed quality. It was the dynasty of the third ray, and was also a royal dynasty. In it there was the mixture of intelligent activity of the third ray and the wisdom of the second ray. They carried wisdom and also intelligent activity.

The culture of solar dynasty still exists in some parts of Rajasthan in India. Master Maruvu (Morya) is a descendent of the solar dynasty; he is a descendent of Lord Rama. That is why his vision, speech and work are straightforward. He is of fiery nature.

From two speeches of Dr. K. Parvathi Kumar

Book review



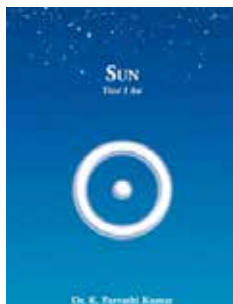
Book of Rituals

The scope of the present work is to explain the nature and the symbolism of the ritualistic key to the Wisdom. The work deals with the sacramental value of initiations and the changes brought to the student thereby. One of the main attempts of the author is to prove that the content of the initiation rituals belonging to many religions and orders remains the same throughout and that the common content is expressed through many forms, symbols

and allegories throughout the centuries. The dawn of the science of rituals is traced to the dawn of man on this earth and this is because the dawn of man itself is the result of an organized ritual of the unseen forces of nature ever at work.

Ekkirala Krishnamacharya: The Book of Rituals

Copies: *The World Teacher Trust, info@worldteachertrust.org*



Sun - That I Am

When we think of Sun we need to think of the very consciousness, which is the basis of our solar system. Each one of us is but a unit of consciousness. Each one of us is a micro Sun. The other name for this consciousness is 'I AM'. When we speak of Sun we speak of I Am consciousness. In other words we are speaking of ourselves. The self

in you and in me is no different from the self of the Solar Angel. It is but the same consciousness manifested in different dimensions and magnitudes. The essence of the Sun and us is but one and the same. We are no different from our Sun. Let us learn to see the Sun as no different from I Am. The Veda says, "The Sun I see and I Am are but one."

K. Parvathi Kumar: SUN – THAT I AM

Copies: *The World Teacher Trust, info@worldteachertrust.org*

Astrological Important Days in March/April 2015

20.03.	10:36	● New moon of Pisces (solar eclipse)	☉ 29°27' ♎ / ☽ 29°27' ♎
♀	23:45	☉ → ♈ / Sun enters Aries	
Spring Equinox: <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i> ☉ in ♈ and 1 st - 14 th phase of ascending moon: <i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>			
26.03.	20:24	● 8 th phase of ascending moon starts	☉ 05°49' ♈ / ☽ 29°49' ♎
♌		<i>Contemplation upon Master Morya</i>	
27.03.	21:11	9 th phase of ascending moon starts	☉ 06°50' ♈ / ☽ 12°50' ♎
♀		<i>Birthday of Lord Śrî Râma</i> (End 28.03. at 22:39)	
29.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
30.03.	01:40	11 th phase of ascending moon starts	☉ 08°58' ♈ / ☽ 08°58' ♎
♌		<i>Contemplation upon Master Morya</i> (End 31.03. at 04:03)	
03.04.	11:48	Phase of full moon starts	☉ 13°19' ♈ / ☽ 01°19' ♎
♀		<i>Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre</i>	
04.04.	14:05	○ Full moon of Aries (lunar eclipse)	☉ 14°24' ♈ / ☽ 14°24' ♎
11.04.	18:24	● 8 th phase of descending moon starts	☉ 21°28' ♈ / ☽ 15°28' ♎
♈		(End 12.04. at 16:56)	
14.04.	01:16	23 rd constellation <i>Dhanishta</i> starts	♌ 17°24' ≈
♈	12:32	11 th phase of descending moon starts	☉ 24°10' ♈ / ☽ 24°10' ≈
		<i>Contemplation upon Master Morya</i> (End 15.04. at 09:44)	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 14.04. at 23:24)	
18.04.	00:07	Phase of new moon starts	☉ 27°34' ♈ / ☽ 15°34' ♈
♈		New moon point of Aries: <i>Contemplation upon 'The Pledge'</i>	
	20:57	● New moon of Aries	☉ 28°25' ♈ / ☽ 28°25' ♈
20.04.	11:42	☉ → ♉ / Sun enters Taurus	
♌	15:32	3 rd phase of ascending moon starts	☉ 00°09' ♉ / ☽ 24°09' ♉
		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 21.04. at 13:36)	
22.04.	12:19	5 th phase of ascending moon starts	☉ 01°59' ♉ / ☽ 19°59' ♎
♀		<i>Birthday of Śankarâchârya, the great philosopher initiate of Advaita</i> (End 23.04. at 11:48)	
24.04.	12:05	7 th phase of ascending moon starts	☉ 03°55' ♉ / ☽ 15°55' ♎
♀		<i>Descent of Idâ force for manifestation and materialisation</i>	
25.04.	13:08	● 8 th phase of ascending moon starts	☉ 04°56' ♉ / ☽ 28°56' ♎

All times until **29.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2015/2016«;

Publisher: The World Teacher Trust-Global, Bûelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŚASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.