

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aries 2012 Mesha

Letter No. 12 / Cycle 25 -20th March until 19h April 2012

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No.12/Cycle 25 –20th March until 19th April 2012T

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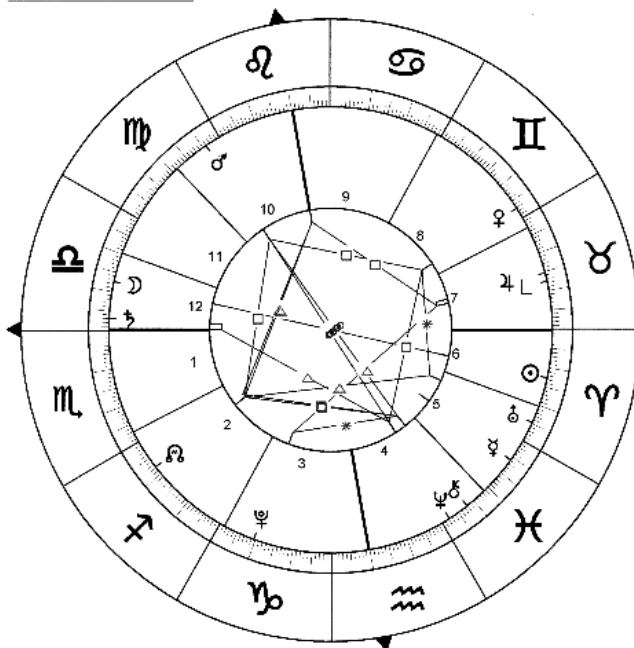
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Prayer of the year 2012 / 13

UP THE LADDER CREEPS THE SERPENT.

SELF-OPPOSING COILS HARMONISED.

ASCENDING THE VERTICAL BORE OF THE ETERNAL CENTRE.



Full Moon of Aries, 6th April 2011, 9:18 pm MEST

Message For The Year 2012 / 13

The solar year 2012-13 can be seen as a year of harmonisation and neutralisation, contrary to the general view of global crisis. Crisis and conflict are but one side of the truth. Harmony and ascent are the other side. "Every crisis offers a gift", says ancient wisdom. Men have to make the related striving. Man's mind is susceptible to negativities but there is always a positive possibility which is seen only by the seers. Jupiter's transit of Taurus and Saturn's transit of Libra set up favourable angels with Pluto in Capricorn opening opportunities for harmonisation of global energy. Uranus continues to bring the needed fire in Aries to progress towards scientific age. Science has spiritual dimensions as well and not only the material ones. Science allows not superstitions, beliefs and outmoded traditions; it allows reasoning; and in so far as one is open-minded it allows intuitions also to happen.

The humanity had overcome many a crisis and would do so even in this year. The year would safely pass over.

At times of crisis Nature opens channels for additional support and help. This is often unseen and is only seen in retrospect. There are unseen centres of help on the planet which are capable of receiving and transmitting extra-terrestrial influences which would enable tiding over situations. Shamballa, Hierarchy and ashrams are ever more active in this regard. The benefactors of humanity are at work at large. The open-minded, non-emotional aspirants can orient and rejoice the work of Light and even join hands if they can in such situations. Petty personality issues, local disputes need not deter one's orientation to Light to bring down such Light into the surroundings.

Rhythm in prayers is the key. Let the rhythm be the main hold for all aspirants who aspire to overcome the crisis of limitations at all levels. May the Sun, may the Solar Angel's entry into Aries inaugurate a refreshing beginning.

Full Moon Meditation for the Year 2012 / 13

Step 1 OM (7x)

Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahmha Tasmai Sri Gurave Namaha

Step 2 Namaskarams Master

Namaskarams Master KPK

Namaskarams Master EK

Namaskarams Master MN

Namaskarams Master CVV

Namaskarams Master CVV

Namaskarams Master CVV to your lotus-feet.

(11 minutes silence)

Step 3 Occult Meditation N° 27

Up the ladder creeps the serpent.

Self-opposing coils harmonised.

Ascending the vertical bore of the eternal centre..

(11 minutes silence)

Step 4 HAMSA SIVA SOHAM (12 times)

(11 minutes silence)

Step 5 Loka Samastha Sukhino Bhavantu (3 times)

OM Shanti Shanti Shantihi

Commentary

The human body comprises of all the planes of consciousness, force and matter. In the head, it carries consciousness. In the chest (above the diaphragm up to the throat), it carries force. The stomach below the diaphragm, up to the base of the spine, it carries matter. The body contains the Spirit, the matter and the soul: the Father, the Mother and the Son.

The seven planes exist in man from the head to the base centre. The

Divine intelligences descend in him from above downwards and from below upwards. There is a path of upward and downward movement that is called the ladder. The serpent is the consciousness of man, which keeps moving from above upwards as the man evolves. The science of Yoga teaches the discipline relating to it. The student of Yoga experiences the upward and downward movement of the serpent whose other name is Kundalini. It is called Kundalini because its movement is spiralic and it stays in the base coiled.

As a student progresses on the path of Yoga, the self-conflicting ideas and thoughts get synthesised. Conflict leads gradually to harmony. Understanding grows towards synthesis. Peace prevails progressively. Dualities disappear in slow degrees. These are the qualities by which the upward creeping serpent is noticed and measured. When it reaches the top through the ladder, which is also called the bore, the man experiences bliss eternal. The bliss eternal is a state of awareness, which is beyond the seven planes. It is also beyond the three qualities of nature. It is a state of pure consciousness as existence.

From: Dr. K. Parvathi Kumar: Occult Meditations. Dhanishta, Switzerland, 2006

Full Moon Meditation (PDF): http://www.worldteachertrust.org/pdf/FullMoonFormula2012_e.pdf



Message of the month of Aries

Aries is the beginning. Every beginning is intended to be progressive. Each time Sun enters Aries the solar system itself tends to be progressive under the guidance of the Sun. The plan comes to the Sun from higher circles which He implements in the entire system. He is the king of the solar system and is assisted by Jupiter. The planets also tend to be progressive ever since the Sun's entry into Aries.

The creation is a progressive plan of which our solar system is a part. Our planet is a part of our solar system and hence the planet also tends to be progressive. It is for this reason the Earth springs-up fresh energies and the spring season commences on Earth. We the humans are required to follow this progressive plan and therefore make a refreshing approach to life from the beginning of the month.

Progress in life is possible when there is progress in the quality of thought, speech and action. The first 15 days of the year should therefore be dedicated to refine and to reform our thoughts, speeches and actions. 5 days can be dedicated for reformation of thoughts; 5 days for speech and 5 days for reformed action. One cannot be progressive unless one thinks progressive and speaks and acts accordingly. The thoughts have to be geometrical, in the sense, orderly. Orderly thoughts are available in the ambience amidst disorder. Disorder generally sweeps away the worldly men and hence they have ability to neither think nor act afresh. They are always forcibly drawn by the disorder; just as the beasts are drawn by their neck.

Discipleship is to retrace oneself from disorder to order and manifest an orderly activity which helps effectively for surrounding beings for long years.

The energy of Aries is the energy of the Divine Horse which is full of life force. It requires to be regulated by giving right order to life. Every aspirant and disciple is required to make the best use of the fresh spring of energies that emerge in the month of Aries. May Aries 2012 give the push in the right direction to all progressive thinking men and women.

Message of the Teacher



Associate with the Self

We are living now; we lived before; we will live in the future too. We are eternal. Whoever IS, is forever. No one that IS ceases-not. IS is knowledge. IS NOT is ignorance. The tree is subject to changes through seasons; even during the change the tree IS. Sometimes it is in the form of seed; some other times in the form of a plant. Yet other times it is in the form of a tree or a fruit. Whatever the form is the tree IS. The tree is the original; the form changes. We too change form; we are not our form. Associating with the form is ignorance. Associate with the SELF; it is knowledge.



Gita-Upanishad

Lord Krishna

Nirvana

THE ONES THAT ATTAIN NIRVANA REMAIN KNOWERS. THEIR AWARENESS IS REGULATED BY THE DIVINITY. THEIR MOVEMENT IS PER THE PLAN. SUCH ONES CANNOT BE TOUCHED BY ENERGIES OF DESIRE AND HATRED. 5/26

Commentary

Nirvana means, absorption of individual identity into the totality of universal existence and the related identity. Such ones are outposts of universal existence in an individual form. The individual identity is like an ice block in an ocean. When the ice block melts and absorbs into the ocean, there is no more ice block. It is ocean only. Such a state of an oceanic consciousness is called Nirvana. Such ones have no more identity of their personality. It is a state where I AM merges into THAT. THAT only exists as I AM. When such an oceanic consciousness prevails knowledge is its handmaid. Such ones are all-knowing in the sense that knowledge flows through them according time and place. They do not hold knowledge as such. They are held by knowledge. Holding knowledge is an effort. The state of being held by knowledge is playful.

Through such ones knowledge playfully manifests and is ever fresh. They do not even entertain the thought that they are held by knowledge or that knowledge is working through them. It is a spontaneous manifestation according to time and place. Through such ones there is the freshness of flow of knowledge through their thoughts, actions and speeches. The universal plan naturally manifests through them. The worldly believe that

the ones who attained Nirvana know the plan but the truth is the Plan knows them and works through them, for they have surrendered their individual identity into the universal identity. Their speeches and actions are also regulated by the Universal Awareness and Universal Plan. Many times their speeches and actions are not understood by the men of logic and intelligence for such speeches and actions are beyond mental plane logic and intelligence. The actions of initiates were never properly understood by their followers nor did the initiates explain their moves and actions. That ones that attained such Nirvana are totally guided by Universal Awareness and are beyond the worldly likes and dislikes. They smile at some and smile not at others; they look to some and look not to others; they favour some and they favour not some others. In all this they only see the play of the Universal Energy and do not strive to interpret. It is only the worldly that strain to interpret. Such attained ones are called anointed ones. Such state of anointment is called Nirvana, which can only be rejoiced but cannot be interpreted at all times.



Message of Lord Maitreya

Social Recognition

May not the Yoga student deviate from being normal and natural. Yoga is a practice for training the inner person and has little to do with outer exhibition and expression of his yoga practice. He should gradually eliminate the instinct to be recognised and appreciated in social circles. He would do well not to attract others attention towards him, which would obstruct his rhythmic routine relating to practice of Yoga.

Social life is many times strange. It has many programs with little substance. It's a life of mutual admiration concurrent with criticism and calumny. Let-not the Yoga student get lost into the glamour of social life. The phenomenon of society is neither to be ignored nor is to be excessively associated with. Even the best of the humans met with injustice, criticism and cruelty in societies. Let the yoga student realise the myth of social recognition and proceed with the rhythm of yogic life eliminating from his mind the glamour for social life.

Serve the society and be neutral to its admiration and criticism. "BE SILENT IN MATTERS OF SOCIAL ADMIRATION AND CRITICISM", says Lord Krishna.

Great initiates like Socrates, Pythagoras, Jesus Christ served society at length and yet were not spared by the social malice. Such is the dichotomy of social life. Let-not the Yoga student attach too much importance to social recognition.

Strive for social good and look not for social admiration.

Message of Master Morya

Maruvu Maharshi



Divine Entrance

All esoteric practices have but one main purpose. It is unfoldment of consciousness. Let every effort of yours be oriented to such purpose. Every daily event offers an opportunity for unfoldment of consciousness depending upon your attitude. The consciousness within you is a divine garden, hidden garden so to say. All the acts of goodwill that you silently carry out bear fruits in that garden. The fruits of the divine garden are as sweet as ambrosia. Inner fulfilment comes through fruits of goodwill in action and such fulfilment opens doors from pure mental into buddhic plane. The buddhic plane experiences are far superior and are even incomparable to the best of mental plane activity. Your worldly measures have no place on the buddhic plane. The rich of the world may not be rich in that world. Likewise, the worldly poor may not be poor and on the contrary would be very rich on the buddhic plane. The measure is the goodwill exercise in action.

Virtues have a greater place in the divine plane, while intelligent misuse for worldly glory would be a disqualification for even entry into such world. Intelligence does not open doors into the buddhic plane unless it is equally associated with virtue. To be virtuous is to be glorious. To be glorious in the world does not necessarily require virtue. Worldly glory is no measure and affords no eligibility for entry into the divine garden. LET VIRTUE BE THE STRENGTH OF YOUR INTELLIGENCE.



Message of Master *Koot Hoomi*

Devâpi Maharshi

Sight without Insight

Blindness is frightening. But all worldly beings are almost blind. They are blind to the pollution that they create regularly through their thoughts, speeches and actions. The human pollution through their triple activity of thought, speech and action is much more poisonous than the industrial pollution that is often spoken of.

The human diabolism and intelligent manipulations and manoeuvres of the weak and the meek are far too high. The developed humans exploit the under-developed and even abuse them causing continuous pollution of the surroundings; and it is they who more often speak of pollutions and infections. Watch out people that often speak of pollutions and infections. These are the ones that unconsciously pollute and infect and promote it even through their speeches.

Simple ethics of life are good enough to neutralise the human pollution. When ethics are ignored men continue to sow the seeds of pollution. Let humanity think afresh, speak cool, and act simple.

Message of Master *EK*



Reversal of the Wheel

Reverse the wheel and reach the Truth. The Truth exists in us as ourselves. As SELF, each one is a Sacred Word. The Sacred Word expresses as sound, as pulsation and as respiration. Reverse the Path. Reach pulsation through respiration. Reverse further from pulsation to the sound of pulsation. Trace the source of the sound to reach the Word. This is one way of reversal to reach the Truth.

Another way, reverse the flow of speech. The speech that you utter at the throat existed as a mental speech, which emerges through the mind. Trace the source of thought that emerged in the mind. You reach the impulse to think. The impulse is the means for perception. Trace the means of perception. Beyond the perception is the Truth, the Word. Truth to perception, perception to conception, conception to speech is the normal flow. Reversal of this flow leads you to the Truth.

Each one of us is but Truth in essence and in original. We went through many modifications. When we reverse these modifications we once again stand as Truth. This is what is called the reversal of the wheel or the reversal of inversion. This can be attempted daily for a while. Such an attempt is contemplation. Its result is meditation.



Vidura

Wisdom Teachings

Do not repose confidence
in infidels.
Also not completely confide
in any
if you are an administrator.
An administrator should believe
in himself
more than believing others.

Shirdi Sai Sayings

My Treasury



In My treasury, all is available. I can give anything and everything. But you do not have the capacity to receive. You cannot digest that which you desire. I therefore have to see that you should receive only that which you can hold and digest. I avoid indigestion, conjunction and the consequent fall of you.



Message of
Sri Ramakrishna

Guru and Deity become one

We should not consider our Gurus to be mere men. Before the disciple sees the Deity, he sees his Guru in the first vision of Divine illumination, and it is the Guru who afterwards shows the Deity, being mysteriously transformed into the form of the Deity. Then the disciple sees the Guru and the Deity to be one and the same. Whatever boon the disciple asks, the deified Guru even gives him that, yea, the Guru even takes him to the highest bliss, Nirvana. Or the man may choose to remain in a state of duality, maintaining the relation of a worshipper and the worshipped. Whatever he asks, the Guru vouchsafes him that.

Lay Man's Prayer



Freedom, freedom, freedom –
man cries!
Who took away his freedom?
No one.
Verily, verily it is he
who denies it
and cries for it!
Don't You feel we are childish?
We are foolish.
Yes we are.
We pray,
please help us, the foolish ones.
We are not eligible
for this human form.
It is too good for us.
We think we can handle it.
But we mostly mishandle and
suffer disease,
decay
and death.
We pray,
You help us.

Discipleship

Right Priority

Right relationship demands right priority. Unless priorities are set in order there is no progress. Family is a priority to an individual. Individual welfare should be subservient to the welfare of the family. Family welfare should be subservient to the social welfare. The social welfare in turn should be subservient to national welfare. Likewise, the national welfare should be subservient to the global welfare.

The lower should be subservient to the higher is the Law. More important aspects of life should be preferred to less important aspects. Setting of this order of priority is the key to Hierarchical function. Let this not be disturbed. When this order is disturbed life is disturbed.

A disciple



Occult Meditations

Meditation 64

**MAN IS BOUND IN SIX CHAKRAS AND THE SEVENTH.
 MAN IS LIBERATED IN SIX LOTUSES AND THE SEVENTH.
 MAN LIBERATED INTO KUNDALINI.
 KUNDALINI IS SERPENT. SERPENT IS SPIRAL.
 SPIRAL IS TIME. TIME IS MIND.**

Commentary:

This meditation is almost similar to Meditation 59, which the student is required to refer to. The seven Chakras relating to man are the seven planes of awareness.

They are:

English Terms	Sanskrit Terms	Yogic Terms	Buddhic Terms
Physical	BHUH	Annamaya	Annamaya
Vital	BHUVAHA	Pranamaya	Pranamaya
Mental	SUVAHA	Manomaya	Manomaya
Buddhic	MAHAHA	Vignanamaya	Vignanamaya
Blissful	JANAHA	Anandamaya	Nirvana
Man	TAPAHA	Anupadaka	Para Nirvana
Divine man	SATHYAM	Aadi	MahaPara Nirvana

Each of the seven planes is ruled by the three qualities of inertia, dynamism and poise. Poise relates to consciousness. Dynamism relates to

force. Inertia relates to the matter of the body. In accordance with the three qualities, man works by force (dynamism); man rests or sleeps by inertia; man remains in poise and experiences by poise. To be in poise, which offers the optimum of experience, he needs to work out an equilibrium between the three qualities. When he lives in such equilibrium, the three qualities agree in their source. That source is the centre of the triangle. The three qualities merge into the centre. The centre is an aperture. Through the aperture, he moves into the higher plane.

When man does not work out an equilibrium in any plane, he gets bound by the triangle of that plane. This is called the binding of the Chakra. Release from each of the Chakra comes only through equilibrating the three forces.

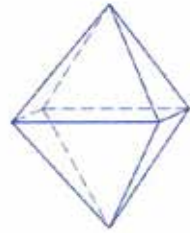
When the forces are equilibrated in each Chakra, the awareness moves up through the aperture of the Chakra, through the Sushumna Nadi. This upward movement of awareness is called the Kundalini movement. The Kundalini operates when the aperture happens through the equilibrium in relation to the plane of existence. The aperture enables not only an upward movement, but it transforms the circular force of the Chakra into a spiralic force of unfoldment. This results in the Chakra getting transformed into a lotus.

The student is advised to think of equilibrating the three qualities through his daily routine. He should plan the day with respect to his work, food and rest. Similarly, he should plan the work with the senses and with the mind with the help of his Buddhi. This will bring in a poised state in all the three planes namely – physical, vital, and mental. When he does this, he enters into the fourth plane, the fourth Chakra, the heart. This is the first step. From the fourth to the seventh, the next steps would follow. They are called initiations.

The seventh Chakra is distinctly mentioned, apart from the other six Chakras, because it is bound yet unbound. It is unbound and volunteers to be bound.

The rest of the meditation is already explained in previous meditations.

Rudra



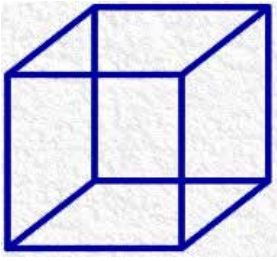
66. Rudra and Prachetas

In the formation of the creation, there were crises from time to time. The Creator and the Devas could not surmount the crises. In all such situations, it was the power of Rudra that intervened. At the initial stages of creation, Rudra helped the Creator, which is explained under the caption 'Advent of Rudra'. At the time of the individualisation during the Lemurian times, there was a crisis of personality. Later, also there was a crisis where the sensations of the being remained 'turned inward.' They were converging and not diverging into the senses. As a consequence, the mind of man remained subjective and did not project into the objectivity of the 5 elements. Even in such crisis, according to the Puranas, it was Rudra who enlightened the Prachetas (the intelligences of the senses) to turn outward, ensuring them His presence at all times.



Ashram Leaves

The Brick of the Temple – The Cube



Cube is the most symmetrical figure which is the unity of creation. It has six sides, 12 edges, eight corners and 24 right angles. The six sides are the six seasons of the year. The 12 edges are the 12 months.

The eight corners are the eight periods of 45 days (yamas). The 24 right angles are the 24 lunations of the year as also 24 hours of the day. This is the brick of the temple of the year. Its course is not changed whichever manner it is placed. This is because all its faces are equal. Understand the correspondence of the seasons, of the yamas and also of the lunations in relation to the year. You would have thereby understood the symmetry of the year and all its faces. Cube is a good representation of Gayatri. Let us, therefore, meditate upon the cube starting with the month of Aries to enter into the mysteries of the New Solar Year.



On Love

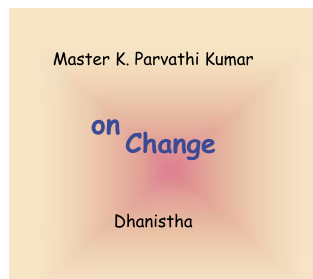
The heartthrob is Love.
When Love presents itself
the throb is tangible.

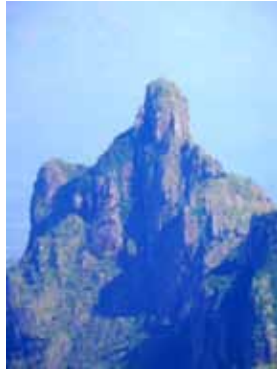




On Change

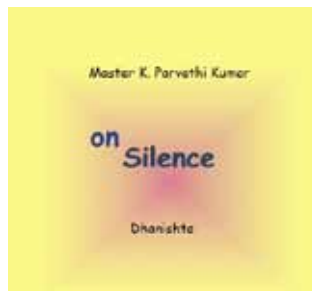
Learning
and adapting
to the best practices
is considered the
'Global Change Model'.





On Silence

Creativity comes through Silence,
not through thinking.
All creative forces manifest
through Silence.





Hymns on Agni

61. VISHVVA AGNE APA DHARATHIREBHYAHA
TAPOBHIR ADAHO JARUDHAM
PRANISVARAM CHATAYASSWAMIVAM.

Oh Lord Agni! The frightening sounds of your flames destroy the diabolic within and without. Your effulgence scorches all our enemies. Please be kind to distance all bodily ailments. May the diseases decay.

Commentary:

This is essentially a healing prayer to the Cosmic Lord Agni. He functions in us on three levels. He is the fire of mind; he is the active power of light (prana); he is also the latent fire in the cells of the body. The disease exists at any of the three levels. The ancient understanding of sickness is an aspect of ignorance. Due to ignorance man knows not to think, speak and act as is required. Due to this ignorance man loses harmony within and attunement with the surroundings. Lack of such attunement brings disturbing ripples in the flow of life causing sicknesses and painful bodily ailments.

Knowledge is the fire that can burn-up every limitation of man. The diabolics are seen as personal limitations emerging from ignorance. As knowledge enters one's life, the diabolics recede, weaken and even disappear.

The Vedic hymns inherently carry the related fire of knowledge. When they are uttered forth, the diabolics are scorched. The fire of right utterances also energises, reinforcing vitality in the body. When one is re-vitalised, the cells of the body receive better life support and throw out sicknesses.

Besides right utterances of Vedic hymns inaugurate the appropriate ability to think right which would lead to right speech and right action. Such is the importance of Vedic incantation as envisaged by the Masters of Wisdom to overcome self-conditioning limitations.

This hymn is a good aid for aspirants and for healers and disciples.

Violet Flame Invocations



The Jaguar at the Temple door
seeks our hearts.

We are the timid ones
that cannot offer.

We least realise
that 'offering' is the key.

We are told to seek more and more,
but the key is to offer, to offer more.

Turn us brave to offer,
offer our hearts and souls to You.

Verily, You are the Jaguar.



From the Teacher's pen

Questions and Answers

Question: Dear Master, what is insight?

Answer: Without strings there is no violin. Without the wheel there is no chariot. But when the violin plays people praise the violin but not the strings. When the chariot moves people praise the chariot but not the wheels. People see not foundations; they see the super-structures and appreciate.

In a family, there are some who appear successful, but there are others who strive behind for their success. When an actor plays in a movie, people praise and recognise him and even worship him as their model. But there is a great team behind that strive for the actor's success, namely, the make-up man, the dialog writer, the director, the director of photography and so on.

The worldly recognitions are superficial. In human history there are many heroes whose stories are written, admired and are made immortal. But behind them there is a team. The unseen elements that contribute to success and glory are much more than the seen. Wisdom is to see the unseen as well. The other name for seeing the unseen is occultism. Seeing is the means to see the unseen. Sight is not enough. Insight is needed to gain complete vision.

Agni



An Introduction into the Work of Cosmic Fire, 5

2. Preparation for the Study of „Cosmic Fire"

So, the process of our study of Agni should help us to grow more and more precise in our speech. If we are not precise in our speech, even if we study 'A Treatise on Cosmic Fire', it does not reveal itself to us. A book is a living being. When I say a book, I mean a book like 'A Treatise on Cosmic Fire'. It immediately sees with what kind of vibration one is approaching it. Many times, when we try to study a book like 'A Treatise on Cosmic Fire', we get many obstructions. We get many destructions. As we open the book, someone knocks at the door or a telephone call comes or some noises keep happening, and you feel, no, this is not the time. A person who has really studied 'A Treatise on Cosmic Fire' becomes automatically higher responsible, because there is so much fire in it. Yes, we can completely read the book, because we know the alphabet, but that is not study. So the more and more you get into the meaning of it, it changes our life. It is in fact Fire arranged in the form of paper. And each time you touch it, you will go into many changes of personal actions. It helps you to gain some more fire and the fire keeps changing your personal life. So, if you are ready and if you have the inclination, you can take it up in that manner. By the time we complete the study of fire relating to friction, the fire which we call Kundalini will reorganise the matter in the body. There are intelligences which correspond from the concept into your own being. So, as he reads, the intelligences prescribed in the book are stimulated into action and the corresponding intelligences in you keep awakening. So the book by itself is a process

of continuous initiations. So, you are expected to read the book with this attitude, and each time you make an approach to the book, it requires some orientation and preparation. You cannot open it and read it with a busy mind. If you do it, you may fancy to have studied 10 or 15 pages, then it is evaporated after one day or two. And if you make a sincere study, even after an hour or half an hour, you will start yawning, and more often you get sleep, because an energy which is stronger than you visits when you open such book. So, there is a method of reading books like 'Treatise on Cosmic Fire' where we would continue to assimilate and carry it in our own being. That method is to read the book at a place in the house which is prepared for the purpose, light a candle and put an incense preferably facing East or Nord and sit in a posture which is reverential. It is recommended that scriptures should never be studied lying on the bed. If you are really serious about it – if you want to read it as any other novel, it is o.k. – you have to approach with much reverence and invoke the Master who is responsible for your life – all those names which I spoke before, they are all responsible for the wisdom. It does not mean that you should not invoke Jesus. We should not think that Jesus cannot give us the understanding on 'Treatise on Cosmic Fire'. Any Master whom you follow, you just invoke him and then start reading the book. And then please make your own notes out of your study.

My own experience with 'Treatise on Cosmic Fire' is when you carefully study with an orientation to make notes. Two or three sentences will unfold much of wisdom. It synthesizes the wisdom which is already realised in you and unfolds some new vistas. It is not that each sentence carries only a meaning. Each sentence can unfold into a big wisdom. So, it is not only a thousand page book. According to your awareness, it unfolds into thousands and thousands of pages. So, at a particular place and at a particular time, when you read the book with an orientation, the process is like the process of fire happening in you. It starts purifying you. That is the reason why we should keep separately a place for reading and meditating.

*This text is not proofread by the author and might have some mistakes
They are from a seminar transcription Wipperfurth 1991*

Master *EK*

Vishnu Purâna
CHAPTER VIII



The Periodicity of Creation

Maitreya questioned again: "If these eternal beings are at work within creation, how is their absence possible again and again?"

Parasara answered: "The Lord makes the periodicity of creation, equilibrium and destruction inevitable. He works out through the various forms. The beings know four types of Pralaya:

1. Naimittika (causal)
2. Prakritika (natural)
3. Atyantika (total)
4. Nitya (continuous)

- Naimittika Pralaya is the dissolution of one Brahma, wherein lies existing the Lord of all worlds.
- In the second one, Prakritika, the whole globe of one unit creation disappears into Prakriti.
- The third one, Atyantika, is the dissolution of the individuality and personality into the background of all spirits. This is brought about by Yogis upon their own limited consciousness with the aid of their wisdom, and is called Moksha.
- The fourth one, or Nitya, is the conscious process of the created beings entering into death day and night.

The birth of Prakriti in one unit creation is called Prakrita creation. Daily creation is the continuous birth of beings day and night. The Lord who pervades all and who conceives all beings causes these different scales of creation and exists in all these bodies.

Three are the powers that exist in all bodies and that cause creation, destruction and existence. They all belong to Vishnu, the pervader, and they rotate in periodicities. They are the three gunas who manifest as the three Shaktis in operation. One who surpasses and transcends all (by his awareness of existence) reaches God in its real sense and never falls again into the cycles.

Extracts From The Teachings Sri Suktam

The Nature and the Characteristics

Of the World Mother, Part LII

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Fifteenth Hymn

Anapa Gâminîm

Gâmini – the one who moves

Apa Gâmini – irregular movements

She is Anapa Gâminîm. She has not irregular movements. That is the beauty of the double negative used. To every person except the most knowledgeable one there is some irregularity in the world. There is as much irregularity as one is irregular. As much as you are irregular, so much you see irregularity. The nature is not irregular, but She makes veils, and until and unless you can go through the veils, you feel that there are some irregularities.

It is the highest point of knowledge the man knows that all is in divine order. If others have problems, you say, "It is all in divine order. Don't worry." If you have a problem, you cannot feel so, but if you meditate the term Anapa Gâminîm, the mother nature cannot be irregular. So, the life around me cannot be so irregular to hurt me. There is something irregular with me. If I set it right, the world is okay. If I set myself right, the world is okay. This is the ultimate finding of those who sought knowledge. Until we have gained this knowledge, we have complaints about people, we have complaints about the world, we have complaints about 'isms'. The Mother knows better. Let me see, if I fall into order. If I fall into order, all will fall into order for me. This is what every initiate knows as he progresses.

You all know what Pythagoras said: "Before you leave the body, reduce one fool in this world, and that is no other than you." So, if you overcome your foolishness, the world is no problem. The world is as much a

problem to us, as we are foolish. So, same thing is there in Veda that the Mother is not irregular. If I worship the Mother, I shall also gain the faculty of not being irregular, and I shall also be in tune with her splendour of creation and enjoy that splendour.

Yasyâm Hiranyam – from out of whose golden hue. The seeking is about the golden body, the diamond body.

Prabhûtam – emerge

From out of her golden hue emerges Gâvo, the cows, Asvan, the horses.

Dâsyo – assistance. It is one more term that is added.

Gâvo, Asvan – the cows and horses and the related symbolism we described in the 2nd verse. The cow is the Word. I spoke to you about the divine cow Kama Dhenu which can be milked to get all fulfilment. So, he is once again repeating them.

The Mother from out whose golden hue I get knowledge of the Word, I get life force replenished, and thus, Dâsyo, I get a lot of assistance from the surrounded beings. No man can do things to a great extent, unless there is a team supporting him. Intelligent people carry the team along. Others can only achieve little, because they do not carry the team along. It is the team that brings greater success. So, in order to be able to do team work, you need to have people who help you around. So, I get the right faculty to ensure that the people around me continue to help me. Let it be a group work! Let it not be an individualised work! Individual cannot go very far. Group work goes farther. I need not tell you the detail of it. The strength is in unity, and that unity is by being with all, not trying to be special, and not trying to discard others. The one who is capable of cordially linking up to others achieves greater accomplishment than the one who feels himself special and excludes himself by his or her own speciality feeling. As much as I care you, so much you care me. As much as I don't care, so much you don't care. What you give, comes back to you. So, keep giving friendliness, cordiality, and people respond to your call, and they are willing to help you, and the tasks are better accomplished.

This is the extra in this hymn compared to what is said in the 2nd hymn: Gâvo Dâsyosvân

Dâsyo – assistance

Dâsya – those who follow with cordiality what you do and contribute to the work. Contribution does not only mean Euros. Psychological cooperation, intellectual, mental, emotional, physical, all this cooperation is required. If I demand cooperation, it will not come. First you cooperate with others. You keep on cooperating with people. Surely and definitely they start cooperating with you. Our problem is, we look for cooperation, but we do not cooperate. We always start at the wrong end. The right end is that we start working in cooperation. After some years it will come back. That is the law. It is not that I cooperate for a moment now and look forward for your cooperation for the next moment. We are too quick in expectation, and we do too little before we expect. That is why here the assistance that he is seeking has many layers of understanding behind. That is Dâsâs. Dâsa + Asva has become Dâsyosvâ. That is grammar.

cont.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Menstruation

In the east there was a tradition that cognised the chemistry relating to the women during their menstruation. Menstruations are of great importance for women's health. When the menstruations are regular and healthy, after every menstruation the women are as pure and tender as virgins. Nature bestowed this bliss and health to women since they carry the great responsibility of pregnancy and delivery. A woman's health can be gauged by the status of the menstruations relating to her. The menstruations coincide with the cycles of the moon. Just as there is a new moon after 28 days, women in so far as they are healthy would have their periods in 28 days. The moon transits 27 constellations and enters the 28th when the new moon happens. Thereafter, the crescent moon again emerges and goes to become full moon in 15 days. From 13th ascending moon face till 2nd descending moon phase moon transmits much light since the moon is impregnated with much sun light. So are the women who bloom periodically. Each one has a blooming time every month followed by menstruation. The blooming time in the month is correlated to her personal full moon and the menstruation is correlated to her personal new moon.

When the cycles of the menstruations are not disturbed the women's health remains intact. The women need to take a particular discipline in this regard. They need to foresee the periods of menstruation and plan

the activity in such a manner that they are not too much in stress, in movement, in travel and in social activity. We need to cognise that it is a period of incubation for them. In so far as they accept the incubation the related chemistry happens in them. Nature does it for them. They are advised to remain calm in mind, to quieten their activity, to restrain from participation in general activity. This understanding emerges from the knowledge of vibration. When the surrounding vibrations are quiet and calm and when harmonious ambience prevails, patients recover. Similarly, during menstruations since a great change happens within a lady she needs to be conscious of it and not mix-up with the worldly vibrations. She would do well to live aloof and not get physically strained. Since she is in a pro-cess, the whole system tends to be delicate and highly sensitive. During that period heavy physical job, emotional and mental activity is avoidable. The aura around the woman during her menstruation emits all impurities and transforms her pure. For this reason in eastern tradition systems she was not touched by others nor would she touch others. The Indians believed in giving rest to the women from all activity during the periods for three to five days. The Hebrews of Israel were practicing the same for 7 days. In Egypt it was practiced between 5 to 7 days.

The women's mind would be extremely delicate and sensitive during menstruation. Some would even have much pain. Their nervous system is put through much chemistry and therefore needs recuperation through rest. They need clean food, clean surroundings and rest during that time. Postponing menstruations or preponing them according to the convenience of activity is barbarian. In modern life this is seen very often. A natural functioning bestowed on women cannot be preponed or postponed for objective activity. Instead, the activity has to be accordingly adjusted. Today people even abstain from urination for social reasons. They abstain to cough or sneeze. The natural functions when abstained would have their related inner disturbances. Disturbing menstruations for the sake of sex, social functions, family demands are considered unhealthy by the ancients.

The statistics show that today the women are more prone to varieties of sicknesses than men. They are attacked by cancer, arthritis, rheumatism. The women are prone to these sicknesses due to the absence of the natural insulation through menstruations. Modern life gradually took away the traditional understanding. Every woman has to find a delicate balance between her activity and personal health in this regard.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Children's Section**The Doctrine of Ethics***

**IT IS WISER
TO BE SELF-EMPLOYED, THAN
TO BE EMPLOYED BY A MISER**

Dear Children

To desire is but normal. To aspire is a deeper version of desire. What do we aspire for decides the quality of our life. Do we aspire for abilities; if we do so we become able by striving towards such aspiration. If and when we become able, what do we aspire for? Do we aspire to use abilities for self-good or for general good. If our aspiration is to strive for general good, we progress in terms of spirit of life. Such striving tends to unfoldment of consciousness, which multiplies our abilities to strive for general good. Such striving is in tune with the law of evolution. Nature gives this message to us through its fauna and flora.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

Gods and their Inner Meaning

Travelling through Hindostan, Madame Blavatsky met at Madhurai a brahmana, who told her the following story of the birth of the innumerable gods, found in India and all over the world...

Towards the end of the last pralaya (the intervening period between two creations of our world), the Great Raja who abides in the eternity of endless space, wishing to give to the coming people some means of knowing him, built a palace upon Mount Meru out of his inherent qualities and established residence therein. But when people once again inhabited the world, this palace, one end of which rested upon the right and the other upon the left "boundlessness" proved to be so vast that the little folk did not even suspect its existence; for them the palace was the celestial firmament, beyond which, according to them, there was nothing.

The Great Raja, perceiving the difficulty and taking pity on the little folk, decided to reveal himself to them, not in his entirety, but in parts. He demolished the palace created of his qualities and started throwing one brick after another on the earth. Each brick turned into an idol: a red brick, into a god, a gray, into a goddess; and each of the "devatas" and "devatis" who had embodied themselves in an idol became endowed with one of the innumerable qualities of the Maharaja. At first the entire pantheon consisted of only the superior qualities. But people, taking advantage of impunity, became more depraved and more evil... Then the Great Raja sent Karman (the law of retribution) to earth. Karman, which does not spare even the Gods, changed many of the qualities into instruments of punishments; and it is thus that destroyer-gods and avenger-gods appeared among the all-forgiving, benevolent divinities.

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SWEDEN

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Activities

1. A monthly astrological newsletter
2. Classes in "Vedic Art"
3. Meditations

Aries The Mother Principle and the Descent in 10 Steps into Creation

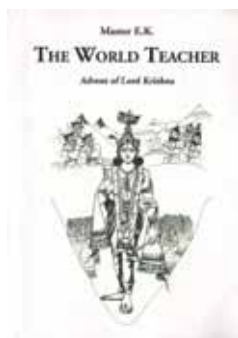


The supreme God principle is self-existing without mother and father. When He wants to come down as creation, He gives out the mother-principle which was hitherto slumbering in Him. She comes down and conceives Him in her womb as her child. Then the Lord comes down as the first manifestation of the Lord who is called Virat or Hiranyagarbha, the self-effulging egg. The mother-principle descends into all the series of planes of creation upto the grossest material plane.

The Cosmic Person (Purusha) has come down in 10 steps and presides over creation. The 10 points together form the Universal Soul, and the central point represents the individual soul.

From the teachings of E. Krishnamacharya (Vishnu Sahasranama) and K. Parvathi Kumar (Dattatreya)

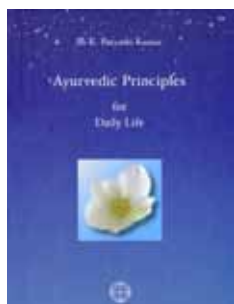
Book review



THE WORLD TEACHER. ADVENT OF LORD KRISHNA

An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time and the present times. The actual incidents in the story of such a "World Teacher" have taken to the form of this book.

Ekkirala Krishnamacharya: The World Teacher. Advent of Lord Krishna
Copies: *The World Teacher Trust, info@worldteachertrust.org*



AYURVEDIC PRINCIPLES FOR DAILY LIFE

This booklet contains short, practical regulations and recommendations for every-day living. Some of the topics are: Morning regulations; the science of bathing, water temperature, hair, exercise guidelines; massage – massage principles, oil massage, head and foot massage, cleansing massage; sleep-guidelines, sunrise and sunset hours; diet – an understanding of diet, ayurvedic principles for eating. This text is the first of a series of publications of Dhanishta Switzerland, realised by The World Teacher Trust – Europe. These publications are meant to present the teachings of Dr. K. Parvathi Kumar in a form suited to the English speaking

Dr. K. Parvathi Kumar: Ayurvedic Principles for Daily Life
Copies: *The World Teacher Trust, info@worldteachertrust.org*

Astrological Important Days in March / April 2012

20.03.	06:14	☉ → ♈ / Sun enters Aries	
♂		Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs	
		☉ in ♈ and 1 st - 14 th phase of ascending moon:	
		Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year	
21.03.	14:07	Phase of new moon starts	☉ 01°19' ♈ / ☽ 19°19' ♈
♀		New moon point of Aries: Contemplation upon 'The Pledge'	
22.03.	15:37	● New moon of Aries	☉ 02°22' ♈ / ☽ 02°22' ♈
25.03.		Summer time starts (02:00 h MET → 03:00 h MEST)	
30.03.	08:57	● 8 th phase of ascending moon starts	☉ 09°59' ♈ / ☽ 03°59' ♈
♀		Contemplation upon Master Morya	
31.03.	10:12	9 th phase of ascending moon starts	☉ 11°01' ♈ / ☽ 17°01' ♈
♂		Birthday of Lord Śrî Râma (End 01.04. at 10:38)	
02.04.	10:11	11 th phase of ascending moon starts	☉ 13°00' ♈ / ☽ 13°00' ♈
☽		Contemplation upon Master Morya (End 03.04. at 08:53)	
06.04.	00:51	Phase of full moon starts	☉ 16°33' ♈ / ☽ 04°33' ♈
♀		Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre	
	21:18	○ Full moon of Aries (Shambala)	☉ 17°23' ♈ / ☽ 17°23' ♈
13.04.	01:19	● 8 th phase of descending moon starts	☉ 23°26' ♈ / ☽ 17°26' ♈
♀		(End 14.04. at 00:30)	
15.04.	07:45	23 rd constellation Dhanishta starts	☽ 17°22' ♈
☉	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 16.04. at 08:57)	
16.04.	00:41	11 th phase of descending moon starts	☉ 26°21' ♈ / ☽ 26°21' ♈
☽		Contemplation upon Master Morya (End 17.04. at 01:37)	
18.04.		Birthday of Lord Hanumân	
19.04.	18:12	☉ → ♉ / Sun enters Taurus	
20.04.	06:55	Phase of new moon starts	☉ 00°31' ♉ / ☽ 18°31' ♈
♀		New moon point of Taurus: Contemplation upon 'The Pledge'	
21.04.	09:18	● New moon of Taurus	☉ 01°35' ♉ / ☽ 01°35' ♉
23.04.	14:31	3 rd phase of ascending moon starts	☉ 03°45' ♉ / ☽ 27°45' ♈
☽		Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat (End 24.04. at 17:06)	
25.04.	19:30	5 th phase of ascending moon starts	☉ 05°54' ♉ / ☽ 23°54' ♈
♀		Birthday of Śankarâchârya, the great philosopher initiate of Advaita (End 26.04. at 21:31)	

All dates are in MET (middle European time), starting on 25.03. in MEST (middle European summer time)

From: »Astrological Calendar 2012/2013«;

Publisher: The World Teacher Trust – Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.