

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2017 Kumbha

Letter No. 10 Cycle 30 - 19th January until 18th February 2017

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.10/Cycle 30 – 19 January until 18 February 2016 ≈

Contents

Master E.K. • Invocation	2
Prayer of the Year	4
Message of the Month of Aquarius ≈	5
Message of the Teacher	6
Utterances of Lord Krishna	7
Lord Maitreya	8
Master Morya - Maruvu Maharshi	9
Master Koot Hoomi - Devapi Maharshi	10
Message of Master E.K.	11
Vidura Wisdom Teachings	12
Saraswathi	13
Sri Ramakrishna	14
On Secret Doctrine	15
Saturn	16
Discipleship	18
Teacher – Kapila - Ashram Leaves	19
Lord Dattatreya - Fire - The Cow	22
Group Prayers	25
Sanat Kumara	26
From the Teacher's Pen	27
Agni	28
Vishnu Purana Master EK.	29
The Science of Man	31
Paracelsus - Health and Healing	33
Children's Section	35
Stories for Young People	36
Window to World Service	37
Picture of the Month of Sagittarius	40
Book Review	41
Astrological Important Days	42
Master DK • Great Invocation	43

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Prayer of the year 2016/17

SERPENT 'K' LOOSENS ITS SKIN.
 THE PICTURES OF PAST KARMA
 ON THE WALLS OF ITS SKIN
 ARE PEELED OFF.
 KARMA NEUTRALIZED.



Full Moon of Aquarius, 11th of February, 2016, 00.33 am



Message of the Month of Aquarius

From mass awareness to individual awareness and from individual awareness to group awareness is the discipline conceived by Hierarchy for the Aquarian Age. An aspirant who pledges to travel the path to Sun, needs to find the self in one's own chamber of heart and thereafter, connect the self-conscious entity with such entity in others and develop the needed cordiality. Astrologically, the travel is said to be from mass awareness of Cancer to individual awareness of Leo, culminating into the group awareness of Aquarius. In Cancer, man is guided by instinctual consciousness. In Leo, he is guided by intelligent consciousness. In Aquarius, he regains the intuitive consciousness. Such is the path of initiation. The new groups of world servers are formed on the basis of teachings coming from Master Djwhal Khul via Madame Alice A. Bailey. The first step is achieved in great enthusiasm. The immediate next step for the groups is to work individually within oneself, entering into the chamber of heart and find the self-conscious entity, the indweller of one's personality. It is this indweller that needs to develop contact with the other indwellers who are around him. This is the challenge for the groups today. Instead of relating to the indweller of personalities, members relate to personalities and derive conflict. Each member of a group shall have to first transcend one's own personality through regular meditation and try to function as a soul. Only by doing so, one stands in that intelligent consciousness that enables relating to the soul in the others. Uranus helps this process as ruler of Aquarius. The student of meditation should be able to receive into his heart the energies of Uranus for needed transformations. As Aquarian Age came to be, the Master of Nilagiris has taken to a form of flesh and blood, to channelize the incoming Aquarian energies and transmit them to the aspiring souls. Invocation of the sound 'C.V.V.' has thus become the inevitable key to unlock one's heart for reception of the energies of Uranus who happens to be the Lord of Aquarius. May the month of Aquarius be rededicated to travel the path of the Sun through invocation of energies of Aquarius with the sound 'C.V.V.'.



Message of the Teacher

Subtle Transformation

As one initiates the work of goodwill in a truthful manner, the acts of goodwill gradually multiply and engage one in multiple acts of service. Gradually, the life turns out to be a life of service, distancing him from a life of self-service. The associations change. The surroundings also change. Men of goodwill gradually come into contact increasingly. The thoughts of goodwill prevail. In a decade's time, there would be a seachange in life activity. The shift is gradual and is generally not noticed. The personal life runs by itself and the life of goodwill ever unfolds, enabling association with increasingly subtle dimensions of life. This is true only for those who are true to themselves in their aspiration.

Utterances of Lord Krishna



The Beings are not visible to senses in their pre-birth state.
They are also not visible in their post death state.
Their duration of visibility is too short.
Their Be-ness is eternal.
Ignorants worry of the transient and temporarily visible state.
The knowers do not. (2-28)

The knowers look at the eternal beings with much wonder.
They are astounded by the innumerable ways the beings behave.
They find their helplessness in their comprehension of the beings.
They are ever surprised by the unexpected turns of behaviour.
They remain at awe, wondering at the incomprehensive movement of the creation. (2-29)



Message of Lord Maitreya

Purpose - Clean Life

The journey on earth is enabled by an earthy body. As long as the journey is, so long the body is needed. It is but an ordained duty to take care of the body. The body either enables or disables the journey according to one's attention. The dweller of the body is considered a failure, if his journey is disabled by the body that he holds. Until the mission of life is fairly fulfilled, the body should be kept functional. Abuse of the apparatus of the body is the chief reason that leads to a dysfunctional state. A clean life is but a fundamental step to ensure an agile and vibrant body. A clean life by itself is not the purpose of life. It forms the basis for fulfilling the purpose of the soul. Discipleship is dedication of oneself to realization of truth, ensuring a vibrant body. Neglect of either dislodges one from discipleship.

Message of Master Morya - *Maruvu Maharshi* -



Stupidity - Aspiration

An aspirant was instructed by a Master of Wisdom to practice silence for thirty days. The aspirant moved to a serene seashore. He prepared a simple, natural abode to live in at the seashore. He consecrated himself to silence. To ensure that he does not talk, he even knotted his tongue!

One fine morning, a couple arrived with their five year old child to relax at the seashore. They applied oil to their bodies from head to foot. They did so even to the child. They spread their blankets on the sea sands and relaxed in a sleeping posture, exposing their bodies for tanning by the golden morning rays of the sun. The couple slipped into sleep while the child did not. The child got up, walked up to the seashore, and started playing with the tides.

The aspirant was in a dilemma: Should he cry out aloud to warn the couple or should he continue to be silent?, because his Master instructed him to be silent for thirty days. He did not move nor did he call out. The child was carried away by the tide.

“Commonsense! Commonsense! Commonsense!”

Three times, the voice of the Master was heard at the silent seashore.



Master Koot Hoomi
- Devâpi Maharshi -

An Inversion

Evolution of a being is known not by the achievements one carries out but by the heart that accommodates and comforts. Achievers are not generally hearty. True achievement is to be hearty. An army general who dares to save a wounded soldier is much more evolved than the general who kills all in the opposite camp, gains victory regardless the loss of life in his camp.

A disciple who arrives at the threshold of our ashram is not permitted to enter until and unless he makes sure that his co-workers are also along with him. Reaching the ashram early has little meaning, if a disciple cares not to ensure others' safe arrival.

Remember, our Lord is a cowherd boy and a shepherd and has not been a warrior.

Collective progress is what is admired in preference to individual progress. Ensuring every lamb to its shelter is more important for a shepherd than sheltered lambs.

The Lord cares for those who care for others. Seldom aspirants remember this. They are just worldly and therefore, compete.

Competing ones are rejected. Cooperative ones are admitted.

Message of Master *EK*

Impediments to Will



Subjecting one's work to the signs of superstition is sheer weakness. 'Should we or should we not do a work', should be decided with the help of discriminative will but not by superstitious beliefs. Every good work overcomes the related impediments. Know that good work is supported by the surrounding nature.

The superstitious do not nurture, nourish and develop the discriminative will. They are hindered by the so-called bad omens and good omens. They develop dependency upon astrology, numerology, palmistry and other supportive sciences. These sciences are indicative and informative but are not decisive. The additional information that the sciences provide should be taken as further inputs for thoughtful execution of work but not for suspension or postponement of work.



Vidura

Wisdom Teachings

The inconsistent one,
the one that does not serve the elders,
and the one who does not rely
upon discrimination,
cannot retain friendship.

Saraswathi



The Emergence of The Word 5

In the involutory process, we keep on flowing in such a variety of ways, that we have no control over it. This process is poetically described in the Veda, when it says that the deity Saraswathi emerged from the Creator and flew away. The Creator ran after her and is still running after. Now he intends to return. He is in his 51st year! So it is about time that he returns. He pleads with his wife: "Please, let us go back", but the lady wants to continue deeper into the involutory process! This is an allegory.

Seven are the channels through which the Word outflows. They are: the five senses, the speech and the sex. Sex and speech are the two great outflows. That is why when we wish to get into any spiritual discipline we are fundamentally required to gain mastery over these two. Otherwise we may have good intentions to integrate, but these two drive us more and more away from such integration.

The Lord of the Age, Kali, is portrayed in a posture, which is interesting to observe. Kali's posture is symbolically represented with his right hand pointing to the mouth and his left hand to the genitals. The message conveyed with this posture is: "With these two, I conquer you all". If we wish not to be conditioned by Kali, our attitude towards sex and speech should regain balance. It was wrongly understood as suppression of sex and as suppression of speech by many religious leaders.



Message of Sri Ramakrishna

Food

Question: As regards eating, should not one eat what one gets?

Sri Ramakrishna: That depends upon the spiritual state. In the path of Jnana it produces no harm; when a Jnani eats, he pours the food as an offering in the fire of Kundalini.

But for a Bhakta it is different. A Bhakta should eat only pure food, such food as he can freely offer to his Beloved Lord. Animal food is not for a Bhakta.

But at the same time I must say that if a man loves God, living upon the flesh of a pig, he is blessed; but wretched is the man who lives on milk and rice but whose mind is absorbed in lust and gold.

On Secret Doctrine

Theophania



Theophania is generally understood as manifestation or appearance of God to a person. Appearance of God does not simply mean a manifestation of God to appear in front of a man. It is an absurdity. It is actually experience of presence of God in man, his divine, and his higher self. There is God in man and man exists in God. It is like the ocean in the wave while the wave is in the ocean. The individual self is like the wave whose content is universal self, ocean. Without the ocean there is no wave, without the universal self there is no individual self. The individual self while in alignment with the universal self within oneself experiences the presence of the universal self whose other name is God. From ancient most times God presence is experienced through inner alignment. It is not an outer manifestation, as is generally understood. When such presence is frequently experienced the individual self gradually gets divinized. Such a self lives in a state of purity and holiness and is therefore respected. Such an individual self is equated with an angel. A continued state of experiencing the presence of divinity in oneself with related holiness and purity makes one an adept. To him multiple transformations happen resulting in formation of a body of light from the physical body and through that body of light he conducts acts of extraordinary nature. Such a one, when he casts off his physical body, he continues to live in the body of light. It is similar to a cobra casting off its skin every seven years to shine forth for another seven years. Likewise an adept continues to cast off the physical sheaths when the shine of the body is hindered by the precipitating matter. Such adepts do exist on the planet and assist sincere students of yoga. They also assist the Plan of God upon earth.

Saturn

How It Is/How It Is Becoming

Rings of Protection 2



Master CVV says, “Your exercise in love is complete only when you can embrace every living being on the planet.” Saturn shows us what our limitations are. In a horoscope, the squares, the conjunctions and the opposition between the planets show our limitations. We have our strong points through our triangles, sextiles, exaltations, etc. As a spiritualist, we are expected to work out and neutralise the weak points with the help of the strong points. It is a process of intelligent adaptation.

Suppose that the planets Mercury and Mars are in square, in conjunction or in opposition in the horoscope of a person. This person tends to be flippant in speech, uttering something without much thought and invites problems. He carries a loose tongue, irresponsible speech. Attracting problems is indicated by the affliction between Mars and Mercury. Mercury is the Lord of speech and Mars is the power of speech. If they are in good positions in relation to each other in the horoscope, then the speech will be powerful and constructive. If they are not well aspected in the horoscope, the speech will be powerful in a destructive way. Thus, we destroy goodwill around us, we invite problems, we throw people away, we work as anti-magnets.

We can look to this aspect in the horoscope and then try to work it out through will. We should first accept our limitations and then work it out slowly on a regular basis, so that we slowly overcome it.

Be-ness

One should observe how it is and how it is becoming. We should mark the periodical deviation from the first state. Each time we enter into a thought, we become that thought. Our 'being' is becoming that thought. When that thought concludes, we become another thought. Thought after thought we are becoming and we never experience being, because, thoughts one after the other pursue and haunt. But our becoming is on the background of being. If the thought is not, we are being. Beings of consciousness. "Becoming is periodical – Being is eternal."

Discipleship

Duty 2

The principle of duty holds human life together. Duty to family, associates and friends, to group, state or mankind sweeps into its field of activity all classes of human beings. Out of the carrying of the smaller responsibilities comes that strengthening of our shoulders which enables us to carry the larger ones. The larger responsibilities include the responsibility of the higher to the lower – the parent to the child, the older to the younger, the wise to the ignorant, the strong to the weak. Our duty toward others is to recognize and fulfil our responsibilities, to repay obligations, to respond to any surrounding need, and to influence for good those around us.

Our responsibility for the spiritual effect we have upon others is, curiously enough, usually the last to be recognized. Yet it is by far the most important, for it determines character and conditions the future. We all influence and affect each other in some measure through our character radiation and qualities. These effects are either constructive or destructive, accelerating or retarding, stimulating or devitalizing. One's spiritual influence can be lasting and carry with it strength and releasing power. It can stimulate to greater goodness and usefulness, to greater courage, clearer vision, finer motive, and deeper love. Our field of influence is necessarily dependent upon our intellect and point of spiritual evolution, and upon environment and circumstance.

A disciple

The Teacher **26. Akhilatmakam**

The Centre of All



Atman is the centre of all. The Teacher is the Atman, the higher self in you, the Master in you, the Ishwara in you. Thus he prevails in all. A man that attains the teacher-hood also gains the same status. He is therefore praised as the Atman of all.

All formations are based on qualities; the qualities are in turn based on Atman. Among the inanimate forms such as salt, sugar etc., the qualities are saltish, sweet etc. These qualities are of Nature. The basis for such a Nature is Atman, the core energy. Likewise, in animate forms all formations have their behaviour based on the combinations of three qualities. These three qualities again emerge from Nature. And Nature emerges from the self or the Atman.

Thus for animate or inanimate formations the three qualities of Nature form the base and their centre is Atman. For this reason it is said, "Atman prevails over all forms animate or inanimate." The Teacher is one who is identified with the Atman. He is the one that has regained his original state of BE-NESS, and helps others to regain it. He is therefore worshipped as the Atman of all.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

Hell - The Transit House 2

According to the depth of desire for material things, the degree of suffering is sustained. Till the discharge of the urge for things and people remains, he remains in the causal body. With the dissolution of the causal body, the 'hell experience' disappears. Man stands out clean thereafter, but is not yet liberated from rebirth. This is because, the experiencing of hell ceased with causal body, but the seeds of behaviour remain. It is like a thief suffering punishment for theft. That does not necessarily mean that he is relieved of the thieving instinct. So are the instincts of food, taste, drink and sex and the urge for money, name and fame.

These instincts and urges pull him back towards physical incarnation. During the interval between departure from physical and reincarnation where does the soul remain? It remains here only experiencing through the causal body. Since the soul is bodiless (physical), its movement is like the Earth's orbit. As the instincts and urges grow heavy for want of satiation, the soul moves towards the Earth and seeks reincarnation.

It lands in places which are opportune to and synchronise with its vibrations. The landing is into the thought of a man and the descent is into his semen through thought. The landing can also be through the respiration of man or even through his food. When the man copulates the soul expresses through the semen into the womb of another body (the woman). The interval between the death and entry into the mother's womb is according to the degree of the urge for material belonging and satiation of desires.



Ashram Leaves

The Word

Sun is the fertilising bull. Moon is the impregnated cow. Mercury is the created calf.

Concept is masculine, language is feminine. The word is the child.

Lord Dattareya

The Need and Descent of Sri Guru Datta



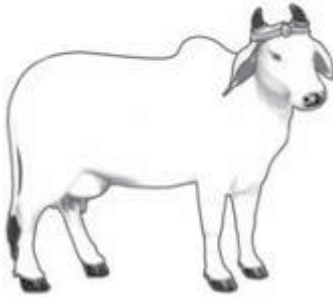
It is believed that when the Lord made the creation. He introduced Himself into the creation as Dharma. The beings in various planes needed to be guided back unto their original state. The planes of existence were created, the beings related to every plane were created and the Dharmas were enunciated. But then the need was felt by the beings, to be guided in terms of their Dharma. For that reason, the seers worshipped the Lord and invoked Him as the Teacher. Out of compassion, the Lord Absolute Himself, came down as the Teacher to be in the creation and to guide. He thus, made a second descent into the creation to be the Teacher, out of compassion for the beings. He has, thus, donated himself into the creation for a second time and therefore is called Datta.



Fire

The Fiery Triplicity 2

Leo is the Solar Fire and Aries is the Electric Fire. These are the 3 Fires in the zodiac. The month of Aries gives us the presence of the Electric Fire; that is why it is said to be the top-most sun sign. That is why Aries is regarded as the head, including the eyebrows. It is the crown of the zodiac. The highest illumination is possible in the head, since it is electrical. Once the head is illumined the whole system is illumined. The Path of Fire is well accomplished when the head is illumined and is attuned to the Divine Plan. The crown of the king is Aries, throne of the king is Leo, and the horse on which he is mounts is Sagittarius. This is the triple fiery symbol to be meditated upon. If the king holds the rod of the law it is much more an accomplished state; it means that he is a Grand Master of Wisdom that establishes the Law. The rod that he holds represents the rod of Justice.



Cow

Worship of and service to Cow enables proper secretion of glands, thereby restituting good health and even good conduct.



Group Prayers

May the four armed Lord
vested in moonlight vestiture
whose countenance is pleasant
Bless me to peace as we contemplate.

Sanat Kumara



Ask Yourself, "Who Am I?" 2

Our activities also keep changing as per the need of the soul to fulfil itself. Activities change from life to life and also from time to time within a life. We cannot identify I AM permanently either with a name or a form or an activity. We are just I AM, a unit of awareness. We are just a concept emerging from Existence. Even I AM is not considered real. The only reality is Existence. I AM is the secondary state to that Existence. I AM is an awareness of Existence. In pure Existence awareness is not. It is merged. Therefore, "WHO AM I?" when ideated, it leads you to the reality of one Existence. The rest that is built on that reality is an edifice. I AM itself is a projection of Existence, a sprout. Existence is even when awareness is not. Therefore the question leads you to one reality and reveals to you the relative illusion of the rest. The seven planes are built with Existence as their basis, though they have a relative reality.

In that context people get stuck with their name, form and activity. They are hopelessly localized that they get stuck in the narrowed down identity. To uproot oneself from such hopeless localization one is recommended to contemplate upon "WHO AM I?" When this contemplation does not happen man gets stuck with definitions, which are but circumscriptions. As many circumscriptions as one builds, so much he suffers.

From the Teacher's Pen

Conditions for Contemplation



Question: Dear Master, Is there any specific time or place to practice contemplation?

Answer: Dear Brother, There is no specific place or specific time for contemplation. Mind's orientation for contemplation is the basic requirement. Facing the East, sitting in a comfortable posture, twilight hours of the day, peaceful surroundings are supportive.

One cannot initially contemplate without supportive factors. An even place, a clean place with cool ambience are helpful. One cannot contemplate in a very cold or a very hot weather.

Note one Golden rule, "Contemplation should be practiced where concentration is possible". Follow this basic tenet.



Agni

An Introduction into the
Work of Cosmic Fire, 62

4. The Solar Fire

The Laws of Solar Fire: Realising the Divine as Planetary Unit

Still questions are asked to the Lord: "Please let us know in some more ways, how we can see You, because we are not willing to practise with all that which is already said. It is always the same, from the beginning of the creation." Then the Lord continued: "Yes, you can also see Me in many other ways, but it might be a bit difficult for you," – because the Lord realised that we cannot see Him in simpler ways. We ask Him for complicated ways. So, the Lord continued: "See, how all material is integrated into Me as a planet." This is a bit appearing to the 20th century man, because anything less than planet, we don't want. Planet is the thing, which we would like to interact. So, the Lord continues and says: "See, how everything is integrated on this planet. You are all living on the periphery of the planet."

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XXI

The Offspring of Pahlada 2

Among the generations of Pahlada, there were a set of Danavas named Nivathakavachas. Six mighty daughters were born to Pahlada; their mother was Tamra. They were

- Suki, the parrot,
- Syeni, the eagle,
- Bhasi, the white eagle,
- Sugrevi, the white necked bird,
- Suchi the firebird and
- Grudhra, the black eagle.

Suki gave birth to the owl and the little owl. Syeni gave birth to eagles, Bhasa gave birth to white birds and Grudhra gave birth to black eagles. Sugrevi gave birth to the species of fresh water birds. Tamra gave birth to the horses, donkeys and camels.

Among the children of Vinatha two became famous, Garuda and Aruna. Garuda, the mighty winged, became the greatest of all flying ones. He is terrible in eating away the serpents. Surasa gave birth to a thousand serpents, including the brilliant, the many-headed and the flying ones. Some of the many-headed serpents became friendly with Garuda. The most important among them were Sesha, Vasuki, Takshaka, Sankha, Swetha, Mahapadma, Kambala, Aswathara, Elaputra, Karna, Karkota, Dhananjaya. Other serpents, who were venomous, were also born. All of them were implements of wrath and bore sharp curved fangs.

Surabhi, the queen, produced the land beasts, the land birds, the water

loving beings, the carnivorous beings and the gentle cows. Ira produced the trees, plants, creepers, shrubs, herbs and grasses. Kasha produced Yakshas, Rakshasas, Munis and Apsaras. Arishta produced the mighty Gandharvas. All these are the descendants of Kasyapa, the Progenitor. They had hundreds and thousands of sons and grandsons. This is all about the creation during the Manvantara of Swarochisha.



Garuda

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 51
August 2001, Visakh

Question : You have spoken about the negative zero as the apparent nothingness that enables the appearance of the positive zero and the consequent creation. My question is if this has something to do with the blood groups we have?

Answer : No, it has nothing to do. This is a classification on a different basis. Sometimes also when we speak about the virtue and the vice, we use the same words: positive and negative. Language has a limitation so we have to understand in what context it is used. Also for male, female energy, positive and negative is used. Negative in that situation cannot be seen as a vice. That is how people have decided that women are sin. But it is not the idea of using the terms. Negative also means receptive. There is a statement relating to the technique of meditation, that the purpose of meditation is to make the mind negative. If you make a very peripheral understanding, all persons who have negative ideas, negative thinking, they are already accomplished in meditation. A word has different meanings in different contexts. When they say that the purpose of meditation is to make the mind negative, it means to make it receptive to higher energies. Unless you turn the energy into a receptive energy, you cannot receive. Receptive energy is called feminine, also called negative. But to say that you have to be negative for meditation is a mystical saying means to make the mind receptive.

In all of us there is the receptive energy and the distributive energy. We keep distributing to lower states of awareness, and we keep receiving from higher states of awareness. Then the cycle is complete. To say receptive and distributive, they also say negative and positive.

When I use these two terms as negative zero and positive zero, it is from latent to potent. The words we have to express the wisdom are very limited. They suffer an inversion. I spoke to you about the science of inversion. When I say something, always something remains unsaid. It cannot

be presented in its totality. That's why some seers believe in not speaking. The moment you speak, it becomes half truth. So, people get misled. There is another type of seers who say, "Let us give the half truth so that they will try to find the other part of the truth."

The best transmission of The Truth is through silence. The next best transmission is through gestures. The persons to whom it is transmitted, they meditate and then make an understanding. The Teacher is silent and only gives Presence. The student is in meditation, he receives and he comprehends. This is considered as the best means of communication between Teacher and student. The next best is to give a hint. That is by a gesture. The third best is to give a seed thought. The fourth best is communication through words, because expression can never be complete in relation to the presentation of an idea which is far beyond expression. It's only to make an initial opening, it helps.

The negative blood groups are considered as the blood groups that are prone to attract diseases from the surrounding. They are supposed to have stronger resistance through appropriate way of life. The qualities of every blood group were found by the medical science. They have recorded the different characteristics of the blood groups. It's another aspect, but has nothing to do with the negative zero and positive zero.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Investigating the Causes of Sicknesses



It is common knowledge that medicines act quite differently on different people. Some medicines respond to some while they can bring reactions to others. A lower nature draws from substances only the lower but each entity which is joined to the highest draws precisely the highest. The quality of the psyche of the patient is an important factor. Persons with refined tissues of the body cannot be treated with coarse material and vice-versa. More refined the tissues are, faster is the response to medicine. "Commensurateness" is but wisdom which the physicians should learn to use. It cannot be the same yardstick to all.

Physicians can be true helpers of humanity if they reinforce their intellect by the heart energy. They cannot be deniers of the psychic energy. It would indeed be helpful if a physician is also a psychologist, if not, a philosopher. He must not ignore psychic energy. When their intellect is reinforced by the heart the physicians open up to many possibilities of cure which are generally denied when dealt with only by the intellect.

The best physicians of all times have been those who could establish link with the subtle energies of Nature through regular prayers, right understanding of the laws of Nature and through their own harmonious living. A good physician should be a good moral of harmony and loving nature. They too need to develop their own aura by adapting to the laws of right living.

Regular connection to the divine world through prayers and through meditation is very helpful to the physicians.

Little attention is paid to atmospheric pressures. Frequently, people are advised to go to health resorts, to the seashores and to the mountains. Least one realizes that on return from such serene atmosphere, the pressure once again builds up and patients fall back once again into sickness. Within living conditions of the patient, the physician would do well to see, what best can be done.

Today, the orthodox medicinal system pays little attention to the causes of sickness. They are preoccupied with the effects and curing the effects. Even while the effects are cured, the cause remains uncured. Frequent colds and cough, breathing troubles, fevers are but indicative of the causes remaining uncured. The physicians would do well to investigate the cause behind the sicknesses. It opens opportunities for new discoveries.

The future physician is the one who understands the higher correspondences of the worlds in relation to the lower manifestation. Without realization of these fundamentals, medicine sinks into narrow, material plane.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Web-address : <http://www.paracelsus-magazin.ch/en>

Children's Section

On Service

THE PARAMETERS FOR TREATMENT
OF THE SICKNESS OF SERVERS
DIFFER FROM THE ORDINARY.

Panchatantra Stories

1. The Monkey and the Wedge

Dear Children,

There was once a merchant who employed many carpenters and masons to build a temple in his garden. Regularly, they would start work in the morning; and take a break for the midday meals, and return to resume work till evening. One day, a group of monkeys arrived at the site of the building and watched the workers leaving for their midday meals. One of the carpenters was sawing a huge log of wood. Since it was only half-done, he placed a wedge in between to prevent the log from closing up. He then went off along with the other workers for his meal. When all the workers were gone, the monkeys came down from the trees and started jumping around the site, and playing with the instruments. There was one monkey, who got curious about the wedge placed between the log. He sat down on the log, and having placed himself in between the half-split log, caught hold of the wedge and started pulling at it. All of a sudden, the wedge came out. As a result, the half-split log closed in and the monkey got caught in the gap of the log. As was his destiny, he was severely wounded. The wise indeed say: "One who interferes in others' work, surely comes to grief."

K. Parvathi Kumar

(from the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.de)

Stories For Young People

The Maha Raja of Bhurtpore II

Rao Krishna, the son of the Raja of Bhurtpore, was 14 years old. He accompanied his father - according to a vow of the latter - on a pilgrimage to Hardvar. A violent cholera raged among the pilgrims, killing its victims in less than an hour. Rao also felt ill, collapsed and died. The helpless father was terrified.

Pilgrims watched the scene from a distance. Full of pity with the father, they got over their fear of infection, helped him to erect a funeral pyre and to perform the last rites. The ceremony lasted for hours, while the body of the boy decomposed. When it was time to set fire to the pyre, an aged ascetic with signs of high rank approached. He bent down to the dead and fixed his face. Deeper and deeper he bent – began to sway, quivered and fell down, dead, near the pyre.

At this moment the body of the boy moved. Rao Krishna rose, confused looking around and beckoned to the pilgrims with his hand.

After the first moment of confusion and terror, with a cry of joy the father embarrassed his son. The boy looked healthy; his body was clean, without any sign of illness. The body of the old ascetic was marked with all symptoms of cholera and decomposing.

Madame Blavatsky met Prince Rao Krishna 1880 in Benares: a high educated and handsome young man. She tells these events with the hint: "Everything in the world is Maya, illusion, and we should not believe even in death."

H.P. Blavatsky: From the Caves and Jungles of Hindostan. P. 483ff
Compiled by BK

Compiled by BK

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name of the group : WTT-Group of Lake Constance Area

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Activities :

- Activities in our region included:
- Study Group „On Healing“: regular meetings to study wisdom teachings and practice mediation
- Kräuterstube & Kräuterstammtisch (herbal circle & round table on herbal medicine) at Lake Constance
- Publication of a monthly newsletter on healing herbs
- Invitation of healers and organization of seminars and workshops
- Anton Styger from Switzerland
- Support and German classes for refugees
- Translation and proofreading of wisdom teachings

Study Group „On Healing“ :

The study group regularly meets once in three weeks. The group meetings centre around two parts: the first part comprises meditation and singing of mantras, the second part focuses on studying a specific topic from the wisdom teachings. Students are invited to make suggestions and contribute ideas or questions. The standard mediation is complemented by the healing mantram „OM-NA-MO-NA-RA-YA-NA-YA“ (54 times) dedicated to the sick people registered in our blue book.

In 2015 we dealt with the following topics which can also be accessed on our website www.heilsein-bodensee.de

Kräuterstube at Lake Constance (Herbal Circle)

The Herbal Circle was established in June 2009 by 7 people and has extended its activities. We have focused on studying the qualities and the healing effects of herbs and trees as well as producing tinctures and balms (such as beauty balm, poultice, ointment for rheumatism and gout, eye ointment, larch resin tincture, ginseng, memory tincture, Swiss stone pine tincture etc.).

More information can be found on our German website: www.naturwissen-bodensee.de

Kräuterstammtisch (Round Table on Herbal Medicine)

A group of 20 – 35 people interested in healing herbs meets once a month. The group discusses the herb of the month and exchanges knowledge and experiences with alternative healing methods.

Monthly Newsletter on Herbs

Since February 2010 we have been issuing monthly newsletters on medicinal herbs in cooperation with Dr. Höfer. Each newsletter gives a detailed description of one herb that is in flower that particular month. The idea is to awaken interest in domestic medicinal herbs and trees so that people go out in nature and get acquainted with the herbs. As of today, the newsletter is sent to 3,000 addresses.

Anton Styger :

One of our concerns was to organize help for people who suffer from severe and - for orthodox medicine - incurable diseases caused by the impact of negative energies (also see chapter 10 in Music of the Soul).

Anton Styger, a healer from Switzerland, was very much requested in our

region and we therefore organized lectures, seminars and personal consultations for severely ill people also in 2015.

Anton Styger says: "Healing not only means regaining health in the sense of body, soul and mind, but healing can also be given to those who died and cannot find the path into the light."

Anton Styger from Switzerland has been clairvoyant from his 3rd year. He can also see the deceased ones who don't realize that they died and are therefore stuck in houses and areas. For those he continually offers help for free.

Seminars:

08.03.2015 „Archangel Michael and the power of the angels“

08.03.2015 „Lecture on healing and dissolution of pathogenic patterns“

24.10.2015 „How can I free and protect my child?“

24.10.2015 „Lecture on healing and dissolution of pathogenic patterns“

25.10.2015 „Being a woman in the here and now“

Personal consultations for sick people were organized during all seminars and lectures.

Support and German Classes for refugees

In summer 2015 a wave of migrants fleeing the war in Syria, Eritrea and Somalia as well as the IS terror in Irak and Afghanistan came to Germany. In Salem families are accomodated in various locations where they are assisted by a group of volunteers. German classes are given to help migrants deal with everyday situations. Other activities included shuttle services and organizational issues such as phone calls.

Translation / Proofreading of Sripada Srivallabha Charitamrutam

The translation and / or proofreading of wisdom teachings has always been a source of immeasurable joy and blessing. A group of 3 people has started to translate and proofread the "Sripada Srivallabha Charitamrutam" in German which is designed to be published in 2016.

Picture of the Month of Aquarius :

Aquarius - The Aquarian Pot and the Eternal Dancer



The gap from the unknown to the known is what is shown to us as the pot in the symbol of Aquarius. There is water coming out of the pot, and the pot is also open on the other side. If we look at the other side there is nothing, but when we look at this end of the pot there is the continuous flow of the water.

The waves of the ocean of the space are from that centre of the space. The waves are represented by the Gandharvas and they continuously have rhythmic dancing-like movements. The king of all these Gandharvas is called Soma. Soma is another name of Shiva. You may have seen some symbols of this Lord as the dancing Lord of the universe. It is this dancing Lord that keeps making so many universes one after the other, and his dance is eternal.

From the Teachings of Sri K. Parvathi Kumar

Book Review

Book of Rituals



The scope of the present work is to explain the nature and the symbolism of the ritualistic key to the Wisdom. The work deals with the sacramental value of initiations and the changes brought to the student thereby. One of the main attempts of the author is to prove that the content of the initiation rituals belonging to many religions and orders remains the same throughout and that the common content is expressed through many forms, symbols and allegories throughout the centuries. The dawn of the science of rituals is traced to the dawn of man on this earth and this is because the dawn of man itself is the result of an organized ritual of the unseen forces of nature ever at work.

Ekkirala Krishnamacharya : The Book of Rituals

Info: Kulapathi Book Trust kulapathibooktrust@gmail.com

Just Adjust - Yoga of Synthesis



Ever since humanity appeared on the planet, we continue to fight because we have not learnt to adjust and coexist. Among the humans, there are some who learnt how to coexist with seeming differences. They found the key. That key is called adjustment. If you make a little adjustment in you to coexist with another being, it is not so very difficult. The booklet "Just Adjust" by K. Parvathi Kumar shows, The one that learns to accept and

adjust finds the clue to joy.

K. Parvathi Kumar: Just adjust – Yoga of Synthesis

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: http://worldteachertrust.org/_media/pdf/en/just_adjust.pdf

Astrological Important Days in January / February 2017

19.01.	10:07	● 8 th phase of descending moon starts	☉ 29°29' ʼ / ♎ 23°29' ♎
4		(End 20.01. at 12:24)	
22.23		☉ → ♈ / Sun enters Aquarius	
		☉ in ♈ – Every Sunday (22.01., 29.01., 05.02., 12.02.):	
		<i>Invocation of Aquarian Energy via Master CVV</i>	
22.01.	17:30	11 th phase of descending moon starts	☉ 02°51' ♈ / ♎ 02°51' ♎
☉		<i>Contemplation upon the Third Eye</i> (End 23.01. at 19:51)	
27.01.	00:32	Phase of new moon starts	☉ 07°13' ♈ / ♎ 25°13' ʼ
♀		New moon point of Aquarius: <i>Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede – Śiva Râtri;</i>	
		<i>Contemplation upon 'The Pledge'</i>	
28.01.	01:07	● New moon of Aquarius	☉ 08°15' ♈ / ♎ 08°15' ♈
♂	18:09	23 rd constellation <i>Dhanishta</i> starts	♎ 17°26' ♈
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 29.01. at 18:33)	
03.02.	18:20	● 8 th phase of ascending moon starts	☉ 15°04' ♈ / ♎ 09°04' ʼ
♀		(End 04.02. at 16:15)	
06.02.	11:39	11 th phase of ascending moon starts	☉ 17°50' ♈ / ♎ 17°50' ʼ
♎		<i>Contemplation upon the Third Eye</i> (End 07.02. at 09:17)	
10.02.	03:00	Phase of full moon starts	☉ 21°31' ♈ / ♎ 09°31' ʼ
♀		<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
11.02.	01:33	○ Full moon of Aquarius (lunar eclipse)	☉ 22°28' ♈ / ♎ 22°28' ʼ
18.02.	07:18	● 8 th phase of descending moon starts	☉ 29°47' ♈ / ♎ 23°47' ♎
♂		<i>Contemplation upon Master CVV</i> (End 19.02. at 09:48)	
	12:31	☉ → ♉ / Sun enters Pisces	
21.02.	14:15	11 th phase of descending moon starts	☉ 03°06' ♉ / ♎ 03°06' ʼ
♂		<i>Contemplation upon the healing energies</i> (End 22.02. at 15:50)	
25.02.	02:40	23 rd constellation <i>Dhanishta</i> starts	♎ 17°26' ♈
♂	16:51	Phase of new moon starts	☉ 07°14' ♉ / ♎ 25°14' ♈
		New moon point of Pisces: <i>Contemplation upon 'The Pledge'</i>	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 26.02. at 02:45)	
26.02.	15:58	● New moon of Pisces (solar eclipse)	☉ 08°12' ♉ / ♎ 08°12' ʼ
05.03.	01:37	● 8 th phase of ascending moon starts	☉ 14°38' ♉ / ♎ 08°38' ʼ
☉		(End 05.03. at 23:29)	
11.03.	1940:	Master MN left his physical body	
♂	15:54	Phase of full moon starts	☉ 21°13' ♉ / ♎ 09°13' ♎
		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2016/2017«; www.worldteachertrust.org;

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



OH LORD AGNI!
WE PRAY THAT WE MAY BE LEAD
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.
LEAD US, GUIDE US AND ENSURE THAT
ALL OUR KARMA IS BURNT ON THE WAY
AND THAT WE TEND TO BE THE LIGHTED BEINGS
IN THE ETERNAL KINGDOM OF LIGHT
TO SERVE IN JOY!

ISA VASYA