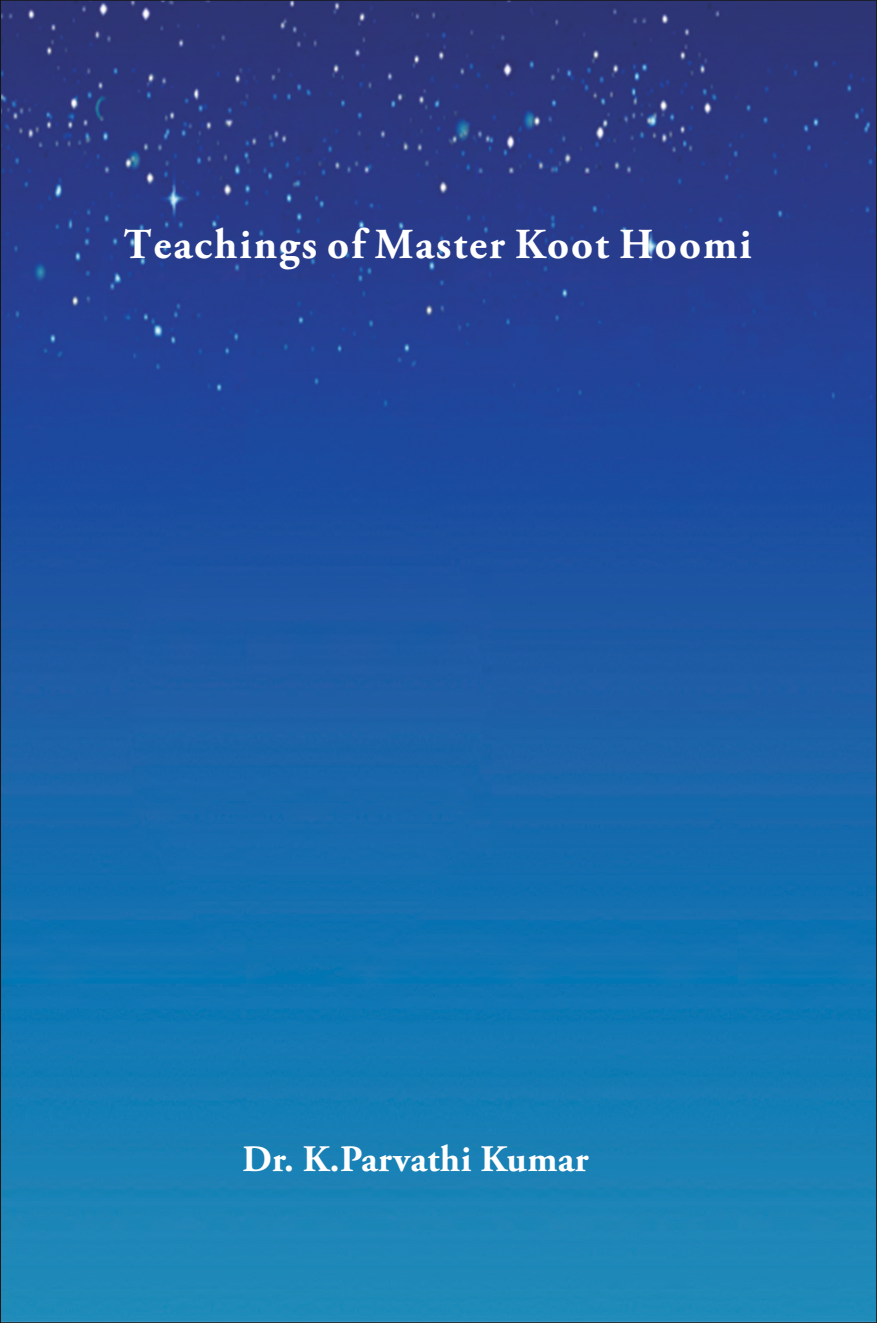




Teachings of Master Koot Hoomi

Dr. K.Parvathi Kumar

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Dhanishta

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1st Edition 2015 - Original Edition
Master CVV May Call Celebrations - 2015;
Sadguru Tapovana, Bangalore

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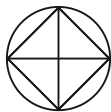
For online orders
www.dhanishta.org
info@dhanishta.org

Price in
India Rs. 100
Europe € 3
USA \$ 2
Switzerland SFr. 5

ISBN 978-81-89467-53-1



Printed in India at: Akshaya Mudrana, Bangalore



Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

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About the Composer

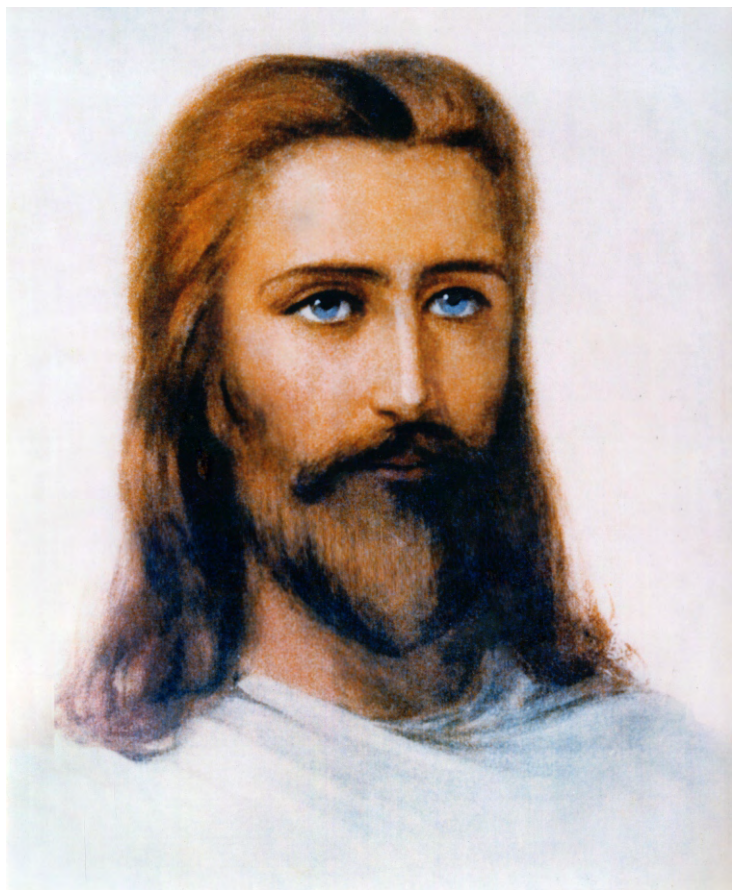
Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher



The Bull

Every atom through time becomes a solar system. Every being, likewise, reaches the universality and becomes Brahman. The Word flows out of Brahman, which is a single syllable sound. From Word to Universe there is the eternal flow of sound which stands as the basis of the Universe. The fivefold vehicle of the sound is the universe of the five elements, the five sensations, the five sense organs, and the five organs of action – individual or systemic.

The Word flows through these four sets of pentagons and presides over the four of them. The other name in the Veda for sound is Sarasvatî, for the sound flows through. It is also known as the Bull, for it expresses through. Creation is therefore mentioned as the roar of the Bull. Taurus is the presiding sign. Whosoever utilises the Word with responsibility can rebuild their life!

2

The Horse

The zodiac of 12 signs and 27 constellations was visualised by the Seers of Ancient times as a horse. The first constellation is called Aswini – meaning the horse-head and the last constellation in Sagittarius is called the tail – Uttarashada. From Sagittarius there is the double path. Thus the head and the tail are located in Aries and Sagittarius respectively. The former is one face and the latter is the counterpart. These two aspects are called the Aswins ‘the not-untrue beings’. One is the face, the other is the base. An individual is bound to either of them in the body. Spiritual practices in the month of Aries and Sagittarius have therefore a special significance.

From Aries to Sagittarius there is the path of descent and from Sagittarius to Aries there is the double path of ascent. One is by retracing, via Scorpio-Libra, to Aries. The other, the more subtle but direct path, is via Capricorn. The former is the exoteric version of wisdom. The latter is esoteric.

3

Name and Mantra

OM is the source of all sounds. Names are group sounds. Man receives in each life a name, which is the replica of his quality. As he improves through evolution he keeps receiving improved names-group sounds. The ancients knew how to name beings as per their quality. In modern times this knowledge is lost. Today people name their children gloriously while their behaviour is otherwise. It is therefore a great responsibility if someone is named as Maria or Joseph or Jesus. These names have become sacred because of the original holders of these names. Even today they are called so, despite the fact that they changed bodies.

Through the evolution of the beings, the names also evolve. The name used in the incarnation in which one gains immortality, becomes the Soul-name and remains eternally so. Nârada, Maitreya, SanatKumâra are such names. Agastya, Vasistha are of a higher order. When the Soul realises itself as the likewise, the names of such persons become mantras. That is how Râma, Krishna, Jesus became mantras for

the posterity. The tradition of chanting the name of a Guru as mantra emerged therefrom.



Truth and Religion

As Truth manifests through flesh and blood a religion or a cult develops therefrom. Every time a man becomes a Master, it is a celebration of Truth. Though Truth is one, it expresses in variety from time to time. This is so not because Truth has variety, but the soul/individual is different. It is for this reason, each time when Truth manifests, it is different from the previous manifestation. It looks as though it never manifested in that manner. For this reason the seers extol that it is Apoorva.

The variety of manifestation is joyful and is enjoyable. Poor are the ones who live in the differences of the variety. Besides the variance of the individual soul, the variance in place and time also contribute to the variety of manifestation. Those who wish to follow us are expected to appreciate the splendours of Truth in the variety. This is the Path of Synthesis.

Soli - Lunar Dynasties

The solar rays directly reach the earth. The same solar rays also reach the Earth via the Moon. The latter are called lunar rays. Certain souls directly reach the Earth and certain others reach the Earth via the Moon. The first ones belong to or form the Solar Dynasty, the second ones belong to or form the Lunar Dynasty.

The Sun stands for the Self and the Moon stands for the mind. The self-realised beings are the first category and the knowledgeable beings are the second category. The second are knowledgeable of the fivefold world of five elements, but they are not knowledgeable of the Self and its immortality.

The Path to the Sun is defined in the Scriptures as the Divine Path Devayâna. The Path to the Moon is defined as a circular path Pitruyâna. The story of Devayâni and Sermista is repeated in all the world scriptures. For example in the Old Testament, Abraham is said to have two wives; one gives birth to holy children, the other gives birth to non-holy children. The story is symbolic. It presents a profound

principle in Creation. When it is taken by the superficial meaning, the scripture is bound to be misunderstood. The Earth always carried children of good and children of the world. They coexist but their goals are different.



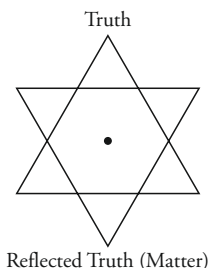
The Son of God

The Son of God presides over the Satya Loka - plane of Light. Mercury presides over the visible world. The Sun God is the Lord of Consciousness. The Moon is the Lord of Matter and its products. Their union brings forth the plane of Light, as also the beings. These beings are essentially of Light. They are the products of Spirit and Matter. These are called the Sons of Light.

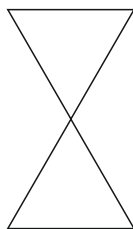
The Sun is the Father, the Moon is the Mother and Mercury is the Son. Mercury is none other than the Sun born through Matter-Moon. The Veda says that the Father is reborn as son through the female principle. The son is neither Matter nor Spirit but both. The son status is the optimum combination of the father and the mother. He is equidistant between the Spirit and the Matter as soul. He is proximate to the father. For this reason the planet Mercury also moves in the proximity of the planet Sun. When the son moves in the proximity of the Mother (matter) he becomes worldly. When he moves in the proximity of the Father (spirit) he is considered Divine.

Solomon's Seal

Sun, Mercury and Moon form the 'Triangle of Life'.
 Saturn, Mars and Moon form the 'Triangle of Matter'.



Solomon's Seal



Damaruka

Take the power of Mars, follow the discipline of Saturn, reach the reflection of the Moon, contemplate upon the wisdom of Mercury and reach the Light of the Sun. This double triangle is meditated upon by the seers of the ancient. Its slight modification gives the Solomon's Seal.

The original, as given above, is called Damaruka, a musical instrument in the hands of Lord Siva (Lord of Will), who moves it causing the Law of Alternation and the birth of Sound.

Birth of Son

Jupiter stands for fulfilment, wisdom, ability, purity, creativity and celibacy. It also stands for the sound of the ether (Âkâsha). KHAM, KAM, GAM are its seed sounds.

Venus stands for experience, bliss, comprehension, beauty, delicacy, character, love, virginity. The upper part of the symbol is indicative of the Sun energy; the lower part of the symbol is indicative of the Earth energy. Earth energy is both, subtle and gross. The subtle earth represents the Virgin. The Virgin in contemplation of the Sun energy is symbolised as Venus. The resultant transformation is the Son in Jupiter. This is the Secret of Karna in the Mahâbhârata.

God - Creator - Creation

God as Creator is His own idea. The Creator created the world as his idea. The idea relating to Creation is a square from the triangle or the Creator. The resultant Creation is the fifth. The Creation is a five-sided creation.

The idea is precipitated into a concept and the concept into a shape. Shape created (precipitated) the atoms and the atoms are shaped by the force with which they are shaped. Thus, bodies are created and ideas are filled with flesh and blood into beings.

The ideas we get are the beings who are to precipitate before us as beings (Masters), if properly received and kept sacred. If not, they escape and give place for further ideas which may be evil and which can be precipitated into devils or Dark Masters. Thus, mere entertaining of ideas after ideas, gives room for the manifestation of devils.

A figure, a colour, a sound, and a smell with a number, form the basis for an idea and culture it into a being. This being helps us if properly formed – if

composed of harmonious components – if not, it does harm. This is the esoteric meaning of the "Tantra Science".



Symbolism

The Vedic symbols, when examined and studied analytically, reveal much knowledge and arouse much curiosity in a true seeker. Most of these symbols are symbols of sound. Many are the geometrical figures popularly used.

There are many commentaries that reveal these sublime symbols of sound of which the ones given by Srî Vidyâranya and Srî Dayânanda Sarasvatî are of prime importance. However, the fundamental principles, on which the written commentaries were based, were lost even during their time. In fact, even during Veda Vyâsa's time (3300 BC) there was much conflict relating to the chronology of the events.

Nevertheless, basing on the Brâhmanas and the Upanishads, if we examine the ancient science, certain layers of the science reveal themselves. Generations of scientific study and understanding developed into certain symbolic language. After a few generations, such (symbolic) language attains respectability.

Thus, the scientific understanding of the previous centuries, transforms slowly into the religion of the later centuries. The wisdom of the past, thus, becomes the culture of the later generations. Lack of understanding and rational approach crystallise the culture into tradition and the tradition, in turn, further stabilises into superstition and blind belief. Thus, the content of concept escapes and the empty containers remain, making much noise. The sublime (highly scientific) symbols, thus, become idols to be worshipped by the idle. The present day idols of Vishnu, Lakshmi, Siva, the Cross, the Tau are much misunderstood and are fanatically possessed by foolish religionists, which in truth do not belong to any sect, cult, race or religion. It is as foolish as attributing nationality to the Sun, the Moon and the planet Earth.

Not satisfied by the distortion thus made, man proceeds further to call these symbols 'primitive' and name the scientists of the past as an ignorant race. Thus, he completes the process to shut totally the doorway to wisdom. Man once again receives through Nature the impulse to know himself and the environment and starts learning afresh from the alphabet. This process is cyclic and humanity has periods of Light and Darkness. Just as we have the new moon and full moon, we also have, through the Law of

Alternation, periods of ignorance and periods of wisdom. This is true with the human race as a whole, with a nation, with a group, with a family and with a person. It is important to understand this cyclic path of time.

When man gains the capacity to approach the Vedic symbols, untouched by the crystallised superstitious religions, the traditional concepts and the various idols of Devas and animals forms (like the lion, the horse, the bull, the serpent etc.) reveal much wisdom that enables the seeker to progress on the Path. Hence, the importance of the study of symbolism.

The Origin of a Sun

Space is a potential globe. It conceals all the geometrical properties of a globe and the numerical potencies of zero.

The area in the space globe is full of potential points which are concealed Suns.

The origin of the Sun is denoted by a point in space-time. The moment a point emerges, it works as a geometrical centre of its own globe space.

Hari

OM, is the Ocean of Life. The sounds 'S' and 'H' apparently separate the fathomless and boundless surface of the Ocean. The two sounds form the two wings of the swan (the breath). When the Ocean becomes the wave, it is HSOUM and when the wave becomes the Ocean, it is SOHAM. In the process there is the stirring up of heat represented by the sound 'R'.

The heat impregnates the male (S) and the female (H) and forms HR of HARI -the 2nd Logos-Vishnu-Love.

Meditate upon the sounds – S, H, R.

S (Head)

•

•
H (Ājna)

•
R (Heart)

The Secret Doctrine - I
Om Mani Padme Hum

“OM,” says the Âryan Adept, the son of the Fifth Race, who with this syllable begins and ends his salutation to the human being, his conjuration of, or appeal to, non-human presences.

“OM MANI,” murmurs the Turanian Adept, the descendant of the Fourth Race; and after pausing, he adds, “PADME-HÛM.”

This famous invocation is very erroneously translated by the Orientalists as meaning, “Oh, the Jewel in the Lotus!” For although, literally, OM is a syllable sacred to the Deity, PADME means “in the Lotus,” and MANI is any precious stone. Still, neither the words themselves, nor their symbolical meaning, are thus really correctly rendered.

In this, “the most sacred of all Eastern formulae”, not only has every syllable a secret potency producing a definite result, but the whole invocation has seven different meanings and can produce seven distinct results, each of which may differ from the

others. The seven meanings and the seven results depend upon the intonation which is given to the whole formula and to each of its syllables; and even the numerical value of the letters is added to or diminished according as such or another rhythm is made use of. Let the student remember that number underlies form, and number guides sound. Number lies at the root of the manifested Universe: numbers and harmonious proportions, guide the first differentiations of homogeneous substance into heterogeneous elements; and number and numbers set limits to the formative hand of Nature.

Know the corresponding numbers of the fundamental principle of every element and its sub-elements, learn their interaction and behaviour on the occult side of manifesting Nature, and the law of correspondences will lead you to the discovery of the greatest mysteries of macrocosmical life.

The Secret Doctrine - 2
Om Mani Padme Hum

But to arrive at the macrocosmical, you must begin by the microcosmical, i.e., you must study man, the microcosm – in this case as physical science does – inductively, proceeding from particulars to universals. At the same time, however, since a keynote is required to analyze and comprehend any combination of differentiations of sound, we must never lose sight of the Platonic method, which starts with one general view of all, and descends from the universal to the individual. This is the method adopted in mathematics – the only exact science that exists in our day.

Let us study man, therefore, but if we separate him for one moment from the universal whole, or view him in isolation, from a single aspect, apart from the ‘Heavenly Man’ – the universe symbolized by Adam Kadmon or his equivalents in every philosophy – we shall either land in black magic or fail most ingloriously in our attempt.

Thus the mystic sentence Om Mani Padme

Hûm, when rightly understood, instead of being composed of the almost meaningless words, 'Oh the Jewel in the Lotus', contains a reference to this indissoluble union between man and the universe, rendered in seven different ways, and having the capability of seven different applications to as many planes of thought and action.

From whatever aspect we examine it, it means: 'I am that I am'; 'I am in thee and thou art in me.' In this conjunction and close union the good and pure man becomes a God. Whether consciously or unconsciously, he will bring about, or innocently cause to happen, unavoidable results. In the first case, if an Initiate (of course an adept of the right-hand path along is meant), he can guide a beneficent or a protecting current, and thus benefit and protect individuals and even whole nations. In the second case, although quite unaware of what he is doing, the good man becomes a shield to whomsoever he is with.

The Secret Doctrine - 3
Om Mani Padme Hum

The formula 'Om Mani Padme Hûm' has been chosen as an illustration on account of its almost infinite potency in the mouth of an Adept, and of its potentiality when pronounced by any man. Be careful, all you who read this: do not use these words in vain, or when in anger, lest you become yourself the first sacrificial victim, or, what is worse, endanger those whom you love.

The profane Orientalist, who all his life skims mere externals, will tell you flippantly, and laughing at the superstition, that in Tibet this sentence is the most powerful six-syllabled incantation and is said to have been delivered to the nations of Central Asia by Padmapâni, the Tibetan Chrenresi.

But who is Padmapâni, in reality? Each of us must recognize him for himself, whenever he is ready. Each of us has within himself the 'Jewel in the Lotus', call it Padmapâni, Krishna, Buddha, Christ, or whatever name we may give to our Divine Self. The

exoteric story runs thus:

The supreme Buddha, or Amitâbha, they say, at the hour of the creation of man, caused a rosy ray of light to issue from his right eye. The ray emitted a sound and became Padmapâni Bodhisattva. Then the Deity allowed to stream forth from his left eye a blue ray of light, which, becoming incarnate in the two virgins Dolma, acquired the power to enlighten the minds of living beings. Amitâbha then called the combination, which forthwith took up its abode in man, 'Om Mani Padme Hûm' 'the I am the Jewel in the Lotus and in it I will remain.' Then Padmapâni, 'the One in the Lotus' vowed never to cease working until he had made Humanity feel his presence in itself and had thus saved it from the misery of rebirth. He vowed to perform the feat before the end of the Kalpa, adding that, in case of failure, he wished that his head should split into numberless fragments. The Kalpa closed, but Humanity felt him not within its cold, evil heart. Then Padmapâni's head split and was shattered into a thousand fragments. Moved with compassion, the Deity reformed the pieces into ten heads, three white and seven of various colours. And since that day man has become a perfect number or TEN.

The Secret Doctrine - 4
Om Mani Padme Hum

In this allegory the potency of sound, colour, and number is so ingeniously introduced as to veil the real Esoteric meaning. To the outsider it reads like one of the many meaningless fairy-tales of creation, but it is pregnant with spiritual and divine, physical and magical meaning. From Amitabha – no colour, or the white glory – are born the seven differentiated colours of the prism. These each emit a corresponding sound, forming the seven of the musical scale. As geometry, among the mathematical sciences, is specially related to architecture, and also (proceeding to universals) to cosmogony, so the ten dots of the Pythagorean Tetrad, or Tetraktys, being made to symbolize the macrocosm, the microcosm, or man, its image, had also to be divided into ten points. For this nature herself has provided, as will be seen.

But before this statement can be proved and the perfect correspondences between the macrocosm and the microcosm demonstrated, a few words of

explanation are necessary. To the learner who would study the esoteric sciences with their double object:

(a) of proving man to be identical in spiritual and physical essence with both the absolute principle and with God in nature; and

(b) of demonstrating the presence in him of the same potential powers as exist in the creative forces in nature – to such a one a perfect knowledge of the correspondences between colours, sounds, and numbers is the first requisite.

As already said, the sacred formula of the Far East, ‘Om Mani Padme Hûm’, is the one best calculated to make these correspondential qualities and functions clear to the learner.

The Secret Doctrine - 5
Om Mani Padme Hum

In the allegory of Padmapâni, the Jewel (or Spiritual Ego) in the Lotus, or the symbol of androgynous man, the numbers 3, 4, 7, 10, as synthesizing the Unit, Man, are prominent, as I have already said. It is on the thorough knowledge and comprehension of the meaning and potency of these numbers, in their various and multiform combinations, and in their mutual correspondence with sounds or words, and colours or rates of motion (represented in physical science by vibrations), that the progress of a student in Occultism depends. Therefore we must begin with the first, initial word, OM, or AUM.

OM is a 'blind'. The sentence OM Mani Padme Hûm is not a six but a seven-syllabled phrase, as the first syllable is double in its right pronunciation, and triple in its essence, A-UM. It represents the forever concealed primeval triune differentiation, not from but in ONE Absolute, and is therefore symbolized by the 4, or the Tetraktys, in the

metaphysical world. It is the Unit-ray, or Âtman.

It is the Âtman, this highest Spirit in man, which, in conjunction with Buddhi and Manas, is called the upper Triad, or Trinity. This Triad with its four lower human principles, is moreover, enveloped with an auric atmosphere, like the yolk of an egg (the future embryo) by the albumen and shell. This, to the perceptions of higher Beings from other planes, makes of each individuality an oval sphere of more or less radiancy.

The Secret Doctrine - 6
Om Mani Padme Hum

To show the student the perfect correspondence between the birth of Kosmos, a World, a Planetary Being, or a Child of Sin and Earth, a more definite and clear description must be given. Those acquainted with physiology will understand it better than others.

Who, having read say the Vishnu or other Purânas, is not familiar with the exoteric allegory of the birth of Brahmâ (male-female) in the Egg of the World, Hiranyagarbha, surrounded by its seven zones, or rather planes, which in the world of form and matter become seven and fourteen Lokas; the numbers seven and fourteen reappearing as occasion requires.

The Secret Doctrine - 7
Om Mani Padme Hum

Without giving out the secret analysis, the Hindus have from time immemorial compared the matrix of the Universe, and also the solar matrix, to the female uterus. "It's womb is vast as the Meru", and the future mighty oceans lay asleep in the waters that filled its cavities, the continents, seas and mountains, the stars, planets, the gods, demons and mankind. The whole resembled, in its inner and outer coverings, the coconut filled interiorly with pulp, and covered externally with husk and rind. "Vast as Meru", say the texts. Meru was its amnion, and the other mountains were its chorion, adds a verse in Vishnu Purâna.

In the same way is man born in his mother's womb. As Brahmâ is surrounded, in exoteric traditions, by seven layers within and seven without the Mundane Egg, so is the embryo (the first or the seventh layer, according to the end from which we begin to count). Thus, just as Esotericism in its cosmogony enumerates seven inner and seven outer

layers, so physiology notes the contents of the uterus as seven also, although it is completely ignorant of this being a copy of what takes place in the Universal Matrix.



The Secret Doctrine - 8
Om Mani Padme Hum

These contents are:

1. Embryo
2. Amniotic Fluid, immediately surrounding the embryo
3. Amnion, a membrane derived from the foetus, which contains the fluid
4. Umbilical Vesicle, which serves to convey nourishment originally to the embryo and to nourish it
5. Allantois, a protrusion from the embryo in the form of a closed bag, which spreads itself between 3 and 7 in the midst of 6, and which, after being specialized into the placenta, serves to conduct nourishment to the embryo
6. Interspace between 3 and 7 (the amnion and chorion), filled with an albuminous fluid
7. Chorion, or outer layer

Now, each of these seven contents severally corresponds with, and is formed after, an antetype, one on each of the seven planes of being, with which in

their turn correspond the seven states of Matter and all other forces, sensational or functional, in Nature.



The Secret Doctrine - 9
Om Mani Padme Hum

The following is a bird's-eye view of the seven correspondential contents of the wombs of Nature and of woman. We may contrast them thus:

Cosmic Process (Upper pole)	Human Process (Lower Pole)
The mathematical point, called the 'Cosmic seed', the Monad of Leibnitz; which contains the whole universe, as the acorn on the oak. This is the first bubble on the surface of boundless homogeneous substance or space, the bubble of differentiation in its incipient stage. It is the beginning of the Orphic or Brahma's Egg. It corresponds in Astrology and Astronomy to the Sun.	The terrestrial Embryo, which contains in it in the future man with all its potentialities. In the series of principles in the human system is the Atman, or the super spiritual principle just as in the physical solar system, it is the Sun.

The Secret Doctrine - 10
Om Mani Padme Hum

The following is a bird's-eye view of the seven correspondential contents of the wombs of Nature and of woman. We may contrast them thus:

Cosmic Process (Upper pole)	Human Process (Lower Pole)
The Vis vite of our Solar System exudes from the Sun. a. It is called, when referred to the higher planes, 'akasa'. b. It proceeds from the ten 'divinities', the ten numbers of the Sun, which is itself the 'Perfect Number'. These are called Dish - in reality space the forces spread in space, three of which are contained in the Sun's atman, or seventh principle, and seven are the rays shot out by the Sun.	The Amniotic Fluid exudes from the Embryo. a. It is called, on the plane of matter, prana. b. It proceeds, taking its source in the Universal One Life, from the heart of the man and Buddhi, over which the seven Solar rays (Gods) preside.

3. The Ether of space, which, in its external aspect, is the plastic crust which is supposed to envelope the Sun. On the higher plane it is the whole Universe, as the third differentiation of evolving Substance, Mulaprakriti becoming prakriti. a. It corresponds mystically to the manifested Mahat, or the intellect or Soul of the World.	3. The Amnion, the membrane containing the amniotic fluid and enveloping the Embryo after the birth of man it becomes the third layer, so to say, of his magnetovital aura. a. Manas, the third principle (counting from above) or the Human Soul in Man.
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The Secret Doctrine - II
Om Mani Padme Hum

The following is a bird's eye view of the seven correspondential contents of the wombs of Nature and of Woman. We may contrast them thus:

Cosmic Process (Upper pole)	Human Process (Lower Pole)
4. The sidereal contents of Ether, the substantial parts of it, unknown to modern science, represented. a. In Occult and Kabalistic Mysteries, by Elementals. b. In physical astronomy, by meteors, comets, and all kinds of casual and phenomenal cosmic bodies.	4. Umbilical Vesicle, serving, as science teaches, to nourish the Embryo originally, but, as Occult Science avers, to carry to the Foetus by osmosis the cosmic influences extraneous to the Mother. a. In the grown man these become the feeders of karma, over which they preside. b. In the physical man, his passions and emotions, the moral meteors and comets of human nature.

5. Life currents in Ether, having their origin in Sun: the canals through which the vital principle of that Ether (the blood of the Cosmic Body) passes to nourish everything on Earth and other planets; from the minerals, which are thus made to grow and become specialized, from the plants, which are thus fed, to animal and man, to whom life is thus imparted.

5. The Allantois, a protrusion from the Embryo, which spreads itself between the Amnion and Chorion; it is supposed to conduct the nourishment from the mother to the Embryo. It corresponds to the life-principle, Prana and Jiva.

The Secret Doctrine - 12
Om Mani Padme Hum

The following is a bird's-eye view of the seven correspondential contents of the wombs of Nature and of woman. We may contrast them thus:

Cosmic Process (Upper pole)	Human Process (Lower Pole)
6. The double radiation, psychic and physical, which radiates from the Cosmic Seed and expands around the whole Cosmos, as well as around the Solar System and every planet. In Occultism it is called the upper divine and the lower material, Astral Light. 7. The outer crust of every sidereal body, the shell of the Mundane Egg, or the sphere of our Solar System, of our	6. The Allantois is divided into two layers. The inter-space between the Amnion and Chorion contains the Allantois and also an albuminous fluid. 7. The Chorion, or the Zona Pellucida, the globular object called Blastodermic Vesicle, the outer and the inner layers

Earth, and of every man and animal. In sidereal space, Ether proper; on the terrestrial plane, Air, which again is built in seven layers.	of the membrane of which to go to form the physical man. The outer, or ectoderm, forms his epidermis; the inner or endoderm, his muscles, bones etc., Man's skin, again, is composed of seven layers.
a. The primordial potential world-stuff becomes (for the Manvantaric period) the permanent globe or globes.	a. The 'primitive' becomes the 'permanent' Chorion.

Even in the evolution of the Races we see the same order in Nature and Man. Placental animal-man became such only after the separation of sexes in the Third Root Race. In the physiological evolution, the placenta is fully formed and functional only after the third month of uterine life.

Let us put aside such human conceptions as a personal God, and hold to the purely divine, to that which underlies all and everything in boundless Nature. It is called by its Sanskrit Esoteric name in the Vedas, TAT (or THAT), a term for the unknowable Rootless Root. If we do so, we may answer these questions of the esoteric catechism thus:

Q.: What is the Eternal Absolute?

A.: THAT.

Q.: How came Kosmos into being?

A.: Through THAT.

Q.: How, or what will it be when it falls back into Pralaya?

A. In THAT.

Q.: Whence all the animate, and suppositionally, the 'inanimate' nature?

A.: From THAT.

Q.: What is the Substance and Essence of which the Universe is formed?

A.: THAT.

Q.: Into what has it been and will be again and again Resolved?

A.: Into THAT.

Q.: Is THAT then both the instrumental and material cause of the Universe?

A.: What else is it or can it be than THAT?

Presence

If you wish for the presence of the Divine you may think of the following five:

1. Do any suggested practice with deep consecration for 7 years.
2. Pick up a virtue of your choice and conduct it uncompromisingly for the rest of the life.
3. The first and second, if carried out truthfully, develops alignment in you.
4. The second inspires you to practice further virtues, which you may pick up and practice.
5. Decide that your life is for service of others. Carry this attitude in every act you do.

You are sure to receive the Presence.

The Key

Analyze through introspection the patterns of your behaviour. Do it daily. Everyone in the world has certain seeds desirable and certain seeds undesirable. You can do little to eliminate the undesirable, you don't have the strength to eliminate them. Wisdom is to engage with the desirable seeds and work actively with them so that attention is not paid to the undesirable seeds. This is the way you do not cooperate with the undesirable seeds and consequently they do not sprout. In due course they cannot sprout, for they get dried up with the lack of supplied energy from you.

This is the only sure way to uplift yourself. There is no other way. Hence engage actively with the desirable seeds and manifest them in speech and in action. When you decide and resolve to do so, there are a host of helpers that support you. If you decide otherwise, there are equally a host of helpers who pull you down. The freedom of decision is left to you. This freedom is given to you by the Divine out of compassion and love.

The Body

The body is referred to in Sanskrit with two words. Similar expressions are not found in other languages. In Sanskrit the body is called deha and also sarira. These two words throw a lot of light upon an important aspect of the body.

Deha refers to that state of the body, which keeps growing by assimilating into it the 5 elements, this happens with the body up to the 35th year. The 35th year is symbolically referred to as the “Ezechieel’s Wheel” in the Old Testament. Seldom this symbolism of “Ezechieel’s Wheel” is realized. The body grows up to its 35th year only. It represents 5 cycles of 7 years. The body of 5 elements grows up to its optimum in 5 cycles.

Thereafter the body does not grow, it has a period of stability for 3 cycles of 7 years and tends to decay thereafter. Since it grows to decay, during the later part it is called sarira, meaning, the decaying one. These distinctions should be clearly known by the student.

During the years of growth and stability, the

indwelling ego can accomplish much. In the later years little is accomplished. In the former years the body is elastic at all levels and is capable of cooperating with the needed practices of discipleship. In the later part it grows rigid and is incapable of significant adaptability and adjustment. Even mentally one gets rigid and fixed. The body cooperation reduces.

That is the reason for us to inform you to pick up the right discipline even from the 7th year. If you catch up early you will be able to accomplish, if you catch up late you will conclude half finished and will have to restart again in the next incarnation. For this reason we are deeply concerned with the age group of 7 to 21 years. They stand the best chance.

Therefore, note the deha aspect and the sarira aspect of the body.

Paradox

To evolve spiritually, to solve the worldly problems and to live in liberation is aspired by every aspirant. The aspirant also aspires that he should have a friendly Teacher that guides him from inside and outside and inspires him to progress spiritually. This is common.

The aspirant least understands that a Master also has similar aspirations towards the aspirants. He would like the aspirant to evolve spiritually. He is eager to help the aspirant to solve his personal problems. He tries to give, with love and compassion, the related guidance. He would like to take seat in the heart of the disciple, which the disciple offers.

But there is a problem. The aspirant no doubt invites the Master into the seat of his heart, but that seat is not seatable, it is full of thorns, impurities and many times rickety and unstable. This the aspirant realizes not.

The thought patterns that are emitted from your heart keep hitting heavily and many times even pierce and hurt the Master. Sometimes the thoughts

you have about the fellow beings, hit him like poisonous arrows. You prevent the Master from approaching you through your behaviour and yet invite him to be with you. This is the paradox.

This needs to be understood compassionately by you. We are ever ready to visit you, if you are ready with a reliable seat in your being.

A Few Hints to the Chelas

1. Do not speak of occult principles to the disinclined. It would result in insult of occultism.
2. Avoid as far as possible those who are overcritical of Scriptures and Masters of Wisdom.
3. Associate not with persons who do not work for the family and the friends. They are the irresponsible ones, unworthy of friendship.
4. All those who know and who are intelligent need not necessarily be men of goodwill. Be discriminative in associating with such persons.
5. Care not for others insults, hecklings and obstructions, in doing the work of goodwill. Ignominy in the path of goodwill has its invaluable fruits in due course of time.
6. The sacrifice that you demonstrate in serving Men of Wisdom never goes a waste. On the contrary it gives such fruits, which are not otherwise available.
7. As you refine yourself, you grow proximate to us and stand the chance of visualizing us. Crazy demands cannot be responded.

Responsibility is the keynote both for you and for us. If we respond to your emotional call, your energy gets totally disturbed and will unearth the deepest undesirable traits that are buried deep down in you. It is also likely that you would become lunatic.



The Right Angle

Pure life at all the three planes, by itself, does not confer the soul experience. The purity of the mental, vital and physical plane is to keep the vehicle clean. It is not enough if we daily clean the vehicles and fill the fuel tanks. The vehicle should be used for service. Let the life of the vehicle dedicate itself in fulfilling other's needs. In such cases the vehicle is said to have been used for a sacrament and is therefore considered as a consecrated vehicle.

Many people who follow the religions try to retain this purity, but they do not appreciate the purpose of such purity. There are many others who are inspired by our teachings and want to serve the world, but they are incompetent to do so since they don't have pure vehicles to carry out the sacred work of service.

These new groups inspired by us have the readiness to serve, but they do not know how to serve, where to serve, when to serve. The little service they do is a kind of self-aggrandizement filled with petty quarrels and personality clashes. They least realize the

importance of purity. Sacred work cannot be conducted by desecrated vehicles.

It is time that a balance is worked out for inner purity and outer service. The former is a stern internal resolve; it is the vertical work, which should match the horizontal work of service.

It is a matter of developing the right angle.



A Few Keys for the work of Goodwill

1. Do you think you are capable? You may think so, but we consider you capable, if you have the ability to work with your group members. Many can do work, from our standpoint, that is not seen as capability. Ability to affect a groupal activity is the real capability.
2. Check-up how is your psychological resistance when a new member enters into the group and tries to work prominently. Do you resist him? Do you desist him? Do you feel jealous? Do you comment? Do you criticize? Do you look for being his guide? If you find these tendencies in you, you are unfit to be a group member.
3. Every person has a heart. He can receive a warm and vibrating response of others heart only through your good deeds, not by speeches or by bombarding him with your bookish knowledge.
4. Would you like to do deeds of eternal value? If so, follow the instructions of a Master of Wisdom for life. Do not deviate therefrom.
5. If your work of goodwill is receiving acceptance in

the society and if you are growing prominent in the society, normally the society tries to admire you, honour you and even felicitate you.

If your personality gets attached to such honours, admirations and felicities, you would not progress in your manifestation of goodwill work. You should think of intensifying the work, unmindful of the public praise. It is but common sense that the rise is due to the work and as long as you continue to work, the admiration etc. follows you as a shade.

Faith and Reliance

Reliance onto the Divine or onto the beings of divinity such as the Masters of Wisdom has its merit and demerit. The merit is, that the student does not grow egoistic; he conducts the work humbly in utter thankfulness to the Teacher or to the Divine. He grows in quality, and the egoism comes down. The daily prayers help him to link up to the Divinity and with the inspiration of the Divinity he conducts the work and grows.

If there is excessive reliance upon the Teacher or the Divinity, it may lead to the neglect of duties, which the student is expected to carry out. Such excessive reliance makes the student feel that even his duties will be done by the Divine. Instead of applying himself to the work, he awaits the Teacher or the Divine to do things for him. The Teacher or the Divine inspire the will, and it is for the student to manifest through action the inspiration flowing from the Divine. The one who abides a Messiah to come and to work for him, is deceived of his ill-placed faith and

dependence. Krishna did not fight for Arjuna, Arjuna only had to fight. Krishna instructed how to fight when guidance was sought. This is a message by itself; the Teacher or the Divinity guides you when sought and it is for you to work with the guidance.

Most of the theists fail due the excessive reliance.

A Play of the letter 'D'

Discussing Divine things, is a Disease. Discipleship Demands Disconnection with such Discussions. Discussion about the Divine Ones is still worse, it leads to contrast, comparison, criticism, and judgment. Be cautious not to fall into Discussions, instead Devote yourself to Duty.

The other name for Duty is 'Service'.

Ability and Intelligence

Everyone has an influence, big or small, over the surroundings. The influence depends upon the ability.

Distinguish ability from intelligence. Intelligence has tendencies for manipulation. Ability is therefore not seen as intelligence but as the capability to help. The influence of the able ones is deeper and longer lasting than the ability of the intelligent ones.

It is not intelligent to follow the path of intelligence. If you are intelligent, follow the path of ability. All able ones are intelligent enough. All intelligent ones are not able enough.

Consecration

Regular consecration at all the three levels unfolds the wisdom from within.

Wisdom needs to unfold, it cannot be acquired.

Acquisitions are susceptible to loss.

Unfoldments are not.

Prefer consecration to mental study.

Without consecration, the occult world is not gained.

Meet Levels

Water knows the levels, it flows when the surrounding level is low, and stays when such levels are not lower than itself; it meets levels. It is called the spirit level by the masons who build, to ensure the level.

The Teacher also knows the levels. The Teacher continues to supply energy to the student until the student rises to his level. He does it until the student meets the level of the Teacher. This is called 'meet levels'.

Similar work is conceived by Manu Vaivasvata as between father and son, wife and husband, and social associations. Thus, there is a way to meet levels in the society, in the family, and also in the occult practice. This requires an attitude to level up to the person or the group you interact with. When you know to level up or level down, as per the situation, you remain a good friend.

Self-Realisation

Self-realisation commences with you, when you see that Self in the most insignificant to the most significant formation of the Universe. Let this be a practice. If you do so, you do not neglect anyone. The human mind is attracted to great things but not to good and simple things. Unless beauty in simplicity is recognized, the Path to Self-realisation remains a myth.

Inculcate simplicity, visualize the Self in all that you encounter during the day. It leads you to overcome the illusions and puts you to the Path of Self-realisation.

You have seen that many great ones fell. Napoleon, Alexander the Great and a host of others had an unhappy ending. Such greats fumble, tumble, at a simple doorstep. Neglect not the doorstep in looking for great things. The Self lives in all as all. HE suffers not from the concept of big and small. Propose daily to yourself: "I am the Self. The Self is in all as all. There is no thing that is non-Self. I shall learn to see the Self in all that is. I shall love the Self, admire it, and

adore it in all that I meet today”. This is the straight way.

In this Path if you forget, recollection is the medicine. Take daily a dose of it. Take it intermittently whenever you forget.

Make a retrospection while at bed before you go to sleep.



Dip - Deep

As you see be focused. Do not be vague, arbitrary and superficial. See deep. If you see so you find everything as a shape and a colour. If you see deeper you listen to the sound vibration. If you see further, you see the number potency. The number, the sound, the colour and the form, manifest due to the Self. It is the basis of every form. See the Self in the object and seek revelation. Let this be your penance.

As much as you see the Self and the force surrounding it, you would also see the Self in you, your number note, sound note, colour note and the related formation. The things around you co-operate with you as you align with them in this deeper sense. This is advanced occultism.

Karma

Individual karma is no big thing. It is big for the unprepared. For the prepared, to walk through, is not difficult. Once a rich merchant boarded a ship with all his riches. On the way the co-travellers thieved his riches day by day. He remained silent and entertained endurance of the personal injustice. In the middle of the sea the ship wrecked. The travellers sunk, the merchant could hold on to a wooden plank of the ship for days and nights.

He was ashore in a week. It was an island of hospitable community. They received him with love, gave him medicines to restore his health, nourished him with the good food of the island and arranged for his stay, building an abode.

An inhabitant of the island asked: "It is a miracle that you reached this island. Others sunk in the sea; you survived and reached this island. What could be the reason? The merchant said: "I know only one reason. I lost everything in the travel and gained this island. The travel was, no doubt, costly, but I am better

off'. Thus the prepared ones can neutralize their karma at once. The unprepared neutralize it at snail's pace.



The Way

Life built upon untruth, manipulation and aggression is a life secured in a hazardous fort. Such fort does not help in crisis. The enemies of disease, discomfort and fear enter into it and cause self-destruction. Excessively secured people build up unconsciously weaknesses in them and fall by their own weaknesses.

The instinct of self-security has its basis in fear. Self is always secure when man lives natural, normal and righteous. The thought of self-security is Kali. It is ignorance fortified. Such fort causes decay and death through negative psychology. Learn to look to other's welfare and security and not to your own. That is the way.

Aquarian Age

For the one who is habituated to manipulate, life is a carpet of thorns. One can neither walk upon it, nor can sleep with comfort. The life built upon such manipulation is a palace built with a pack of cards. Even breeze is a tornado for such a palatial life. The manipulative one does not believe in what he speaks and does. Gradually he loses faith in himself. Such is the case with many religious heads and other isms. They cannot come out of it because they promoted it. Such ones occupy and lead the human activity today. They are in education, culture, economics, politics, health and administration.

The Aquarian Age exposes the false leaders in all fields. Transparency is its keynote. This time cycle will cause unsparing exposition of all the false doctrines. Upasika inaugurated the process of Aquarius.

Self-Enquiry

I would provide certain questions for self-searching and self-enquiry.

1. Do you feel that you are righteous enough?
2. What is it that tempts you in life? Can you be tempted by money, luxuries, sex and power?
3. Do you doubt the teacher whom you follow? If so, in what aspects? Did you ever try to clarify your doubts?
4. Are you critical and judgmental of others?
5. Are you manipulative in your speeches?
6. How many times are you impatient in a year?
7. How stable is your mind? Do you suffer from inconsistency?
8. Are you focused enough at work? Do you suffer the work with indifference and negligence?
9. Can you bear physical strain when needed?
10. Are you God-fearing or God-minded?

Speech

To accept the aspirants as our disciples, we measure the aspirants. The measure we use is the speech. We see if the aspirants frequently speak lies. Aspirants, in our experience, speak lies even in silly and sundry occasions. Even unnecessarily they speak lies.

Unconsciously also they speak lies. This is a dangerous habit. It destroys the possible alignment of the inner and the outer man. However virtuous and capable an aspirant is, the habit to lie destroys all that the aspirant builds. Truth seekers cannot be untruth speakers. The whole creation is based on truth. Unless truth speaking is practiced, the aspirant cannot reach the truth, the basis of creation. We wish to receive as many aspirants as possible into our ashram. But you build an iron wall between you and the ashram. A small mistake has a large consequence.

A small bolt missing in a huge aeroplane is disastrous. A small hole can sink a big ship. A petty habit of lying causes irreparable damage.

Shambala

Shambala is the Pole Star for the Truth-seekers. Shambala bestows tolerance, peace and joy. To some, Shambala is true; to some others, Shambala is a concoction; to few others, Shambala is the goal of life, the 'Bestower of Bliss'. Just as the human soul is the centre of consciousness for the human, Shambala is the Centre of Consciousness for the planetary body. Just as the individual soul carries in it the soul of the planet, it also carries a name. That name is the most sacred name, which is Lord Sanat Kumara. Just as the human body receives life and awareness, the planetary body receives life and awareness from Sanat Kumara.

The Heart Lotus of Sanat Kumara is a diamond lotus. The essence of its energy is the essence of the Heart of the Sun; it is the primordial Light, Aditi. The 7 planetary principles are received by Sanat Kumara as the 7 Rays into him. He in turn transmits these 7 principles to the planet. The truth of human existence is the existence of the human soul. Likewise, the truth of existence of the planet is the existence of its soul,

Sanat Kumara. He is the Presiding Angel for the planet and the planetary beings. He presides over their evolution.

He is the Perfect One on the planet. He is the manifestation of the Cosmic Fire on the planet.



Srawasti - 'Shigatze'

Shigatze is Srawasti. The caves of Srawasti are the abode of Lord Maitreya. Staying in Srawasti, Maitreya, the World Teacher, conducts the Plan as per the will of Sanat Kumara of Shambala.

Maitreya awakens Consciousness.

Maitreya inducts creativity.

Maitreya imparts the knowledge of cosmogenesis and anthropogenesis.

Maitreya enunciates the work of the Divine and the Law relating thereto.

Maitreya works with synthesis.

Maitreya's teachings are fiery. They awaken the hearts of the souls and cause transcendence of the barriers of religions, cults, 'isms', etc.

Maitreya's work is resurrection of humanity.

Maitreya consecrated himself to the work of immortality of humanity.

Maitreya moves on the planet in a body of diamond light, inspiring Adepts and aspirants alike.

The Squint Eye

For the squint-eyed one the vision is not normal. He sees different, but he does not know that he sees different. Even if he is told so, he does not agree, he does not believe. All those who carry only sight, but not vision, are considered 'the squint-eyed ones' in our group. We refer to the squint as lack of vision. When you do not carry vision you only have viewpoints. The visionaries can see the centre; they hit the bull's eye, but not around it.

My disciple Akbar the Great knew this. He was therefore a visionary. He could spot the squint-eyed ones around him. He never followed their advice. He was believing only in Birbal, the wise man. Those who wish to lead should believe only in those who have no bias and prejudice. He should ensure a wise counsellor around him. Such one would not be misled.

Some people see better with the right eye, some people see better with the left eye; few people see through the Third Eye. If you learn to eliminate bias in your thinking, you stand a better chance to grow

proximate to the Third Eye.

A true Teacher tries to correct the squint in you by showing you, in your bias, your mirror image. Think about it.



Eagle's Eye

There was a Yogi who was causing subtle change of articles in his ashram from time to time. The dwellers of the ashram do not normally notice the delicate changes; they notice only the gross changes. The Yogi looks for the dweller, if any, who can notice the subtle changes that are made. If one notices such changes and enquires from the Yogi, then such a one is accepted as an Inner Circle member, a disciple, to whom deeper wisdom is specially taught. The Yogi used to teach the normal routine wisdom to others. This was his way of selecting the disciples.

One day a colleague of the Yogi visited him and observed what the Yogi did in the midnight hours in the ashram. He enquired from the Yogi of what was the purpose of such secret acts in the night. The Yogi replied: "The real entry into the ashram is only to those who carry the eagle's eye". Physical entry into my ashram is no entry. A dweller who does not have keen observation and comprehension cannot be given sublime wisdom. I do not wish to work intensely with

the deaf and the blind. At least one who can see, listen and feel subtle changes, is enough for me than many. I am just looking for a grain in a heap of husk. If I find one, I shall entrust the treasures of wisdom to him, and thus repay my debt to my Guru. He repaid his debt by entrusting the treasure to me. I too shall have to repay the debt to my Guru by entrusting the treasures of wisdom to the appropriate one. My midnight labours are for that.

A Cultured Student

Water knows the levels. It fills the low areas by its flow. The Teacher knows the levels. He flows into the student and levels up the student unto himself. The river fills the low areas without depleting itself; it is connected to the waters of space.

The Teacher too is not depleted in his energies as he flows into the student. He is also connected to the energies of the sky. The inclination to receive the teachings and thereby the presence of the Teacher, has to be cultivated by the student. A cultured student receives well from the Teacher. The uncultured one causes blockages. When the blockages are recognized by the student, let the teachings be taken more focusedly and let the Teacher's presence be sought more sincerely! Blockages also happen in the student due to the texture of the body, which he brings forth for him. The past karma causes the texture; the right discipline would support to refine the texture. Food plays an important role in this matter. Culture yourself. The Teacher will conduct the flow. He is waiting for you.

The Grammar

The science of utterance of the sound is called grammar. The Devas conceived this science. They established this science on the tip of the tongue of man.

The man's ability to speak is thus a divine blessing. The Divine comes down as breath and conducts Himself as the pulsating principle. The Divine also descends as the mind.

The utterance happens through the power of pulsation, while the speech happens through the power of mind.

Grammar is the relation between the pulsating principle and the thinking principle in you.

Invitation

The Divine manifests through the Antahkarana in a four fold manner.

- The Divine is Existence.
- He devolves as ego (separative Existence),
- The ego shines forth as its light of wisdom
- Reflects through the mind of the body.

Thus, the Divine resides in each human in the Antahkarana body as Existence, separative consciousness, its light, and its reflected light. It is for this reason, the Divine need to be searched in the Antahkarana Sarira entering therein.

To enter into Antahkarana Sarira is called Initiation. The successive experiencing of the 4 states are the succeeding 4 Initiations.

We invite you to enter into. Relate to them and rejoice.

The Yetis

The Yetis are rare. Even we rejoice looking at them once in a way. The Yetis are unbound by the laws of Nature. The 5 elements have no impact on them. The magic of the senses do not work on them. Sense objects mean nothing to them. They are in the world but not at all from the world. Their presence transmits pure electricity and the related magnetism. They don't exist to themselves, it is Existence in form to transmit Presence.

The Yetis unconsciously fulfil the Divine Plan because they are unmindful of it. The Plan happens through them. They do not let themselves into the thought planes, to think of the Plan and to manifest.

Yetis eat little, drink a lot, do not eat cooked food. They bathe twice a day, and use not even herbal soaps. They do not dress their hair, nor do they shave or cut their nails, for they do not live to them. Their body is untouched by disease and does not decay. Such Yetis are found in the Himalayas once in a way. They are a blessing to the Planet.

The Presence

In whose presence the mind is tranquillized,
In whose presence there is no conflict.
In whose presence transcendence is effortless.
In whose presence the inner diabolics are tamed.
And whose presence trumpets the gospel of Truth in
your heart;

Such Presence be comprehended as the
Presence of the Teacher.

Association

Be alert in your associations. Choose the right associates and continue to be alert even when you are with the chosen associates. Associate should be chosen on the basis of virtues. Not all are worthy of association. Not all water is drinkable. Not all associates can be accepted for integration. Drinking is a process of integration. If you drink undesirable water you have the consequent ill-health, hence integration with associates requires adequate alertness. The one who is in continuous pursuit of Truth is the one who is considered to be most worthy of association. The one who remains in pursuit in all actions, in all ways of life is an aspirant according to us. Look for such associates and look for such practice for yourself. If you are intense in the search of Truth in all ways, it brings you similar associates. For the above reason associating is seen as an art but not as an accident. Associations continue for lives, good or bad. Choosing an aspirant that is better than you, as an associate, is helpful. Such should be the purpose of groups and grouping.

The Wealthy and The Yogi

A yogi can be wealthy. But a wealthy cannot be a yogi. The wealthy are stuck to comforts. When you stick to comfort you cannot accept discomfort. Thus you cannot be a yogi.

A yogi remains a yogi with or without comfort. This is because the comfort he carries is the Presence. Due to his attunement to the Presence he is above the pairs of comfort and discomfort, pain and pleasure, profit and loss etc.

There are yogis who live like beggars, there are also yogis who live like kings. The difference is they do not feel neither the beggary nor the monarchy.

They feel the Presence. They do not position any other.

The Visible Masters

The camphor burns itself to purify the surroundings.
The candle burns itself to enlighten the surroundings.
The sandalwood wears out to spread the cool and the fragrance.

The sugarcane crushes itself to spread the sweetness of life.

They are immortal objects in Creation.

Know the secret of immortality.

Sacrifice is the Path to Immortality.

Some sacrifice goods, others sacrifice money, still others sacrifice belongings, yet others sacrifice thoughts, some sacrifice all their instincts; to some, sacrifice in action is the way of life.

To very few, self-sacrifice is the culmination into the One. Such ones instantly reach Masterhood.

The symbols given in the first paragraph are the examples of mastery in sacrifice. They are the visible Masters.

The Fire of Jealousy - 1

There are only a handful in the world today who are not affected by jealousy. The habit of comparing with others is the source from which jealousy springs. From ancient-most times destruction happened to individual communities, nations and even races that succumbed to the energy of jealousy. Once again the spring of jealousy is at its height now.

When jealousy is at its height, knowledge is at its lowest ebb. The Scriptures say that jealousy is the emperor of the diabolic qualities. Vengeance is the younger brother to jealousy and violence is the son. This triangular energy kicks the being into the hell of the world.

The first teaching to Lord Rama by his Master was of this triplicity. He alerted Rama not to allow this triangle into him at any time. Lord Krishna also alerted Arjuna of the same. The fall is normally due to these triplicity: vengeance, violence and jealousy.

May the disciple guard himself with adequate alertness.

The Fire of Jealousy - 2

Jealousy is the needle that consistently and constantly pricks you.

Jealousy is the fire that burns away the qualities of the heart.

Jealousy destroys the fruits of the acts of goodwill.

Jealousy prevents the approach of the Divine to you even when you pray.

Jealousy disables transformation.

Jealousy arrest thoughts of goodwill.

Jealousy causes fire in mind and excessive heat in the body.

Jealousy fills the person from head to foot with poison.

The jealous ones are the absolute blind ones.

Let not jealousy approach you.

Alignment

Life without alignment is artificial.

It remains worldly.

It carries no peace.

It binds man in varieties of ways.

When there is no alignment in you, what you speak
and what you do in the public is an action on the stage.

What you are and what you project remain different.

Nonalignment is a state of sickness.

Confusion and aggrandisement are its qualities.

Transparency does not exist.

You cannot progress in spirituality without working
for alignment.

You may speak sermons but your nature remains
otherwise.

You land in double standards and you live in conflict.

Shed all show-life and start in right earnest to be in
alignment.

Love

In the world, Love is rare. Infatuation, illusion, mutual requirements are generally expressed in the form of love. The worldly love is as per each other's necessity. The greater is the necessity the higher is the degree of love demonstrated. In the worldly love there is mutual expectation. Through such expectations they bind each other in the name of love. This love is bondage but not bliss. If the expectations are not fulfilled, this love transforms into hate.

The pure Love exists in equanimity. It shines forth like light and magnetises like a magnet. The illumination of the light and the magnetisation of the magnet are natural. Whoever comes within its field get illumined or magnetised. Light and a magnet has no preferences in illumination or magnetisation. Further, they do not function to illumine or magnetise. The act of illumination or magnetisation does remain impersonal and not particularly directed towards a person, article, or a thing. Likewise, pure Love is also a happening but not a doing. Love as an act is worldly.

Love as happening is divine. Such love unfolds the consciousness. The properties of such love are truth, blissfulness, righteousness, harmlessness, non-obligatory and nonaggressive.

Such love is visible from the lives of the great ones.



Inner Chamber

When someone praises, you like him. You are even attracted to him. If someone criticises you, you dislike him. You even become repulsive to him. In life you keep meeting both the varieties. You therefore swing between attraction and repulsion. This swing causes unrest and you become a victim of ebb and flow. You become unstable and inconsistent. The life gets wasted in your crossing between love and hate.

Praise and criticism are just worldly. If you dip deep into your being you would care neither. You would only mind your work. Do not tune out the mind into the world. Learn to tune in where the pairs do not exist. Tune in and meet us and rejoice in your heart. Heart is the inner chamber of mind. There exists ever-lasting peace. In the depth of the ocean there is neither low tide nor high tide.

Remember this!

The Noble Residence

The fragrance of life needs to be differentiated from the perfumes and scents. The latter are inferior compared to the natural fragrances such as sandalwood, camphor, cedar, pine, jasmine, etc. They tranquillise the psyche of the being and stabilise it in poise. Perfumes and scents stimulate the plane of desire and are also used at present for such stimulation only.

It is unfortunate that mankind is losing the very purpose of the fragrances on Earth. It is but the quality of Earth to be fragrant. Symbolically, the body represents the Earth and it remains fragrant when the psyche is in poise. Use of water, dry fruits, elimination of strong smelling foods, frequent bathing, are complementary to the usage of sandalwood, camphor, etc.

As long as your body carries undesirable smell, there is much to be desired in terms of your habits. A good, fragrant body forms the basis for a noble Soul to reside in. Transform your body into a noble residence.

Fear and its Antidote

Fear is a hindrance on the Path. The fearful ones cannot progress. The little progress that they accomplish is also unavailable when needed if fear hovers around him. Fear causes contraction of heart. Fear also causes congestion in the lungs. The respiration does not happen as it should to a victim of fear. Inadequate respiration increases fear further and the person starts gasping for breath. Consequently, one would be led to the fear of death. Thus, fear is really frightening.

Fear indicates lack of confidence, belief or faith in the divine or in the teacher or in oneself. The confidence in belief or faith or teacher enables unfoldment of the heart. Such unfoldment dispels fear. It happens simultaneously. Thus faith or belief is the antidote to fear. I therefore strongly recommend that you conduct prayers in the heart to keep distance from fear and its co-borns: suspicion, prejudice, hatred, peevishness, illusion and pride.

A Skill of The Teacher

Anything new is interesting and old is boring. It is an aspect of mind. Mind rejoices in something different but not the same thing all the time. You can't eat the same bread every morning. You would like a change. Mind demands something new and fresh on a daily basis. Every Sun rise, full moon and season brings such freshness of newness. That is why they are received by mind with pleasure.

Such should be the technique of teaching, while there is nothing new to be taught. Each time it should be made apparently new to make the listening minds receptive. Teacher should have the skill to make the student's mind refreshingly receptive. The teaching can flow in only when the freshness of receptivity is maintained. For this reason the teacher is sought after to be heard again and again.

Gifted Faculties

Try to see beyond the sight and listen beyond the sound. This is an experiment worth attempting on a daily basis. This would lead you to a facility to switch off from the surrounding forms and the surrounding sounds. They do not disturb you any more if you gain this facility of switch off. When you target to see far and listen far, gradually it would give you yet another facility namely, clairvoyance and clairauidience. Generally you think that clairauidience and clairvoyance are gifts of God. We say, it is a science and there is a way to work for them and receive the facility.

Don't you experience sometimes absent-mindedness? Don't you take shower thinking about something? Don't you sip your cup of coffee thinking something else? Did you not experience that you did not consciously drink your cup of coffee? It happened while your thoughts were elsewhere. Know that potentially you are clairauidient and clairvoyant. That potential can be seen through your little absent-minded actions. If you can give a specific training you

can do it at will. This is how we see and listen interplanetary events. It is an effort over lives. You too can start from where you are. The gifted faculties are the worked-out faculties of the past.



Mathura

Lord Sri Krishna dwells in Mathura. Mathura means the sweetness of the fruit of ambrosia. That sweetness causes ecstasy to the soul in relation to the Super-Soul. Such Souls are in ecstatic romance with God.

During the Lord's life on Earth he was born in Mathura. He lived and moved in Mathura. His presence was granting such romantic ecstasies to the seers, devas, mystics and simpletons.

We have been a witness to his life of 126 years. We too experienced such ecstasies in his presence. His looks were ecstatic. His movements were ecstatic. His smile and speech were exceedingly ecstatic. His flute music was causing ecstasy even to the animals. It was a unique experience to witness him in the Great War where, he attracted the opponents into him through looks and granted liberation, while Arjuna was releasing arrows onto their bodies of flesh and blood.

He could transmit the sweetness of the fruit of ambrosia even during the war and released the Souls even before the weapons hit them. A great service in

war! It was never before. It will never be hereafter. It is the love of God expressed on Earth in great ecstasy.



Rare Experience

Discipleship is to become an instrument of God upon Earth. Once one is God's instrument, things happen through him. He remains a witness to all that is happening while he is also the doer. It is the state to experience and cannot be spoken of or communicated through the language. It is the state of transcendental action. The individual-being merges into the Divine and the Divine enters into the being and conducts. For all worldly purposes the individual being seems to be in the action, but it is the Divine.

The last three years of the life of Jesus is a demonstration of this. The first 10 days of the war of Mahabharata was likewise witnessed by the grand sire Bhishma. He saw the Lord functioning through Arjuna and attracting the Souls into Him. Arjuna was not as much aware of what was happening, as the grand sire and also as the Lord. The grand sire was thrilled of the grand act of the Lord through His disciple. The ability of the Lord to function through a Soul was amazing to him. The beauty was he (the grand sire)

could see it much better than the Soul (Arjuna) through whom it was happening. Arjuna, being the son of mind, was feeling that he was fighting the war. But the truth was, Arjuna was just doing the labour, while Lord Krishna was absorbing the Souls into Him liberating them from the envelopes of flesh and blood.

The grand sire saw the opportunity and sought to be liberated by the Lord and submitted himself. Only the Lord and the grand sire knew what they were doing. It was a state of ecstasy from the part of the grand sire and of utmost compassion from the part of the Lord. Such experiences are rare even to initiates.

The Bliss

Bliss is the ultimate of the experiences. In the blissful state the individual is absorbed into apparent non-existence. Such bliss fulfils the soul and bestows contentment. Bliss is indefinable and is even unimaginable. How it approaches you and lifts you unto itself is unknown. Its arrival is unexpected. Its approach is ever new. It leaves one in an ecstatic state and the one who experiences exclaims in ecstasy. He craves for such ecstasy while he knows not the way to it. Know that the bliss knows the way to you, but you do not know the way to it. Lord Krishna bestowed such bliss through his flute music to all those in Brindavan. It includes not only humans but also animals, plants, planet and the five elements surrounding it. Bliss is the other name of the Presence of the Lord.

Collectivity and Connectivity

Lowly thoughts are the poisonous insects. Entertaining them is stupidity. They would eventually kill you. Man is predominantly thought-oriented. The quality of the thoughts will decide the quality of life. Thoughts of Goodwill lift-up man, while thoughts of evil drown him. Your thoughts decide your future. You remain the author of your life. Therefore, entertain no malice. Let there be no criticism, even self-criticism.

Keep understanding people, situations time and try to include them and move forward. Collectivity and connectivity should be your attitude with discrimination as the means. Assert before you collect. Elect the ones that you wish to connect to. Do not collect and connect to everything and anything.

Let discrimination remain your friend for all times to come.

A Bitter Soup

Do not shirk from being industrious. The one who is industrious in works of goodwill is the one who moves forward in discipleship. Normally, goodwill workers are excessively relaxed and are many times casual in their goodwill work. It doesn't help.

Notice how industrious is a successful man in the world. The goodwill worker should be equally industrious as he, to restructure his energy system, which would enable the reception of intuitional thoughts. Those who wish to work with us are recommended to regularly recollect the word 'industry'. Industry helps you to safely course your path through times of depression, difficulty, delay and disappointment. Remember the sailor Sindbad, who coursed even through typhoons. Do not ever think, "How long should I be industrious like this?" If you pose such a question to us we have a ready answer for you, "you can stop right now." Whenever you get this question "how long?" you are unconsciously postponing the restructuring of yourself. If you ask us

what could be the result of all this industry, we immediately grant you the fruits and say thank you. When you have no questions in you and when you do not seek any fruits for the labour, you will be gifted with the Divine body.

This is how we walked the path to be in such bodies.

Belief and Science

The age of Kali led people into a paradox. People feel destitute and deserted when there is a program to protect, preserve and save.

In every tradition on the globe, we find the stories of protecting angels. We also find stories of protecting-saviours. Many fairy tales exist about the protecting-angels, which the grandparents narrate to the grandchildren. Nascent as they are, children believe better in the protecting-angels than the grown-ups. Can we really call them grown-ups, when they narrate what they do not believe?

A child in the west easily believes in Santa Claus. A child in India, likewise, instantly believes in Hanuman and Ganesha. But as humans grow they lose their beliefs somewhere on the way. The grown-ups believe that they have enough reason. But is it reasonable to jettison a value without a scientific enquiry into it? Science cannot develop sceptics. Science should develop dispassionate inquirers. Be inquiring. Be dispassionate in your inquiry.

Then you will find the truth in protection. Do you know that all beliefs are scientific? Only the science relating to them is lost.



The Kingly Way

Help yourself. Help others too. Seek-not help as far as possible. This is a commandment.

The one who helps oneself is the one who has the ability to help others. The person who intends helping others while he himself is helpless is a fool. Once there lived a king who could not sleep well. He called forth his teacher and sought solution. The teacher advised to inspect thoroughly the bed on which he sleeps. The king instructed the servants to make a thorough inspection of the bed and found a small pebble under the cushion of the bed. The pebble was removed, the king tried to sleep the next night. But he could not sleep. He again summoned the teacher and sought solution. The teacher advised again that he should thoroughly examine the bed. The king again instructed the servants. The servants inspected and found a dead insect under the cushion. The king was angry on the servants for their complacency. He tried to sleep for the 3rd night and again failed. He summoned the teacher again. The teacher again

advised as before. The king this time inspected the bed himself and found a piece of magnet under the bed. He removed it and tried to sleep. He could sleep. Next day morning he invited the teacher to thank the teacher. The teacher said, "Dear king, it's not the pebble or the insect or the magnet that caused sleeplessness to you. It's your lethargy to attend to your own simple duties. You have not been able to carry out your duties. You found comfort in delegating, what you needed to do personally. What you need to do by yourself, if you don't, you cannot do anything for others and for the kingdom. Learn to do yourself what you need to do and delegate to others what others need to do.

Help yourself and help others. Do not look for help. This is the kingly way to live.

The Path of Maitreya

Lord Maitreya relies more upon the women than upon men. In his view the women are the solution for all human conflicts and the related problems. The women represent the quality of the society and the mankind as well. The dignity of the mankind is measured by the Lord in terms of the dignity bestowed upon women by the mankind. The purity of the womanhood is the direct measure of the purity of mankind.

If the women are pure, they form the channel for pure mankind. If the women are otherwise, one cannot expect evolved mankind. For Jesus the Christ to descend Mary formed the platform. For Buddha, Maya the mother was the basis. For Krishna it was Devaki. An evolved lady is a sure platform for incarnation of high souls.

During the third root race Prajapati Kashyapa gave birth to varied man-kind through varied women. Kashyapa is seen as the father of mankind. He is worshipped by the Celts as the foremost one. Aditi the lady of Light conceived Adityas, the lighted beings.

Diti the lady of Darkness conceived the beings of ignorance. Vinata conceived the flighted (birds) beings. Kadruva conceived the crawling beings. It is from the same man Kashyapa different ladies conceived differently. Such is the importance of femininity.

Lord Maitreya is the worshipper of the World Mother. He evolved to be the World Teacher through worship of world Mother. Till date he follows the plan as a direction coming from Her. In one way worshipping the woman leads one towards our Lord the World Teacher. The one who wins the Mother's heart wins the world. The Mother is the presiding deity of the world. The layers of illusion are under her direct control. Those who worship the Mother transcend the veils of illusion in a blissful way. May the Mother be worshipped in all her manifestations.

Neutrality

Learn to be neutral. The neutral state of mind is the yogic state of mind. Only the neutral one can listen better, see better and comprehend better. Neutrality is Yoga, says our Lord. You stand in the centre when you are neutral. The Lord's life as Krishna was a demonstration of neutrality. Even we are bewildered at his neutrality sometimes, but neutrality is the only key to experience Be-ness and to express the Divine. Prejudices, opinions, and partialities would lead you to the blind spot. Thereafter you can neither see, nor listen, nor comprehend.

Neutrality! Neutrality!! Neutrality!!! This is the slogan. This is the certificate of eligibility for entry into the Ashram.

Yet, We Teach

When there is thunder, lightning with cyclonic wind and rain, do you hide in a place or do you run about in the streets? It is but common sense that one hides in a secure place until the weather calms down. Likewise in life there are times of great disturbance. It is therefore but common sense that you hide into silence and let the rough weather of life pass by.

Just like people do not move out of their houses when there is extreme disturbance of weather, so also a disciple does not move out of his house. The house of the disciple is not of brick and mortar but the cave of his heart, where he sits quietly at the feet of the Master. While there is unrest and disturbance in the outer, he withdraws and experiences rest, poise and stability within the cave of his heart at the feet of the Master.

It is not the first time such teaching is given, but the teaching gets into thin air and does not drive itself into the ears of the aspirants.

Amazing is the power of Kali, that the listeners

do not listen and the seekers do not see.

You do so many practices relating to the Divine. Is it not a paradox that you have no peace? How can prayer and peace be incompatible? Learn to look at the turtle daily. The turtle knows when to withdraw and when to externalise. This helps to be into objectivity in favourable times, and to be in subjectivity in unfavourable times. The contrary is dangerous. I know this teaching also goes in vain. Yet we teach.

See the other possibility

Did you ever think of reincarnation, rebirth? We know that all of you think of the death more than the rebirth. You think of the death, the end the termination out of fear. This fear veils the knowledge of your eternity of existence. The knowledge is to see a subtle fresh beginning in every ending. The thought of rebirth energises you more than the thought of death. The season of fall is always followed by the season of spring. Every dusk promises a dawn. Be wise and be subtle to see the other possibility when you are in one possibility.

If you continue to see the possibility of an alternative which subtly exists in you, you would see better. When you see obverse of a coin you do not see the reverse and vice versa. But you can always visualise that there is the other side to the coin. This is what Jesus meant when he said, "If one hits you on one cheek show the other." It is symbolic but not literal.

Jesus wanted the humans to be visionaries. Vision is possible when man sees another possibility and another dimension. In creation the two

dimensions exist together and manifest alternatively.
Such is the law of alternation.



Cooperation - The Way

Cooperation is seemingly simple. Cooperation is a rare virtue but cooperation forms the entry door to discipleship. Whenever we speak of cooperation the seekers pick it up, but they do not understand what they have to do with it. Mostly seekers seek cooperation from others. Seeking cooperation from others is not what we teach. Offering cooperation to others is what we teach. Today in groups people seek cooperation and get disappointed. To overcome this disappointment one needs to offer cooperation. Seekers of cooperation frequently indulge in abusing those from whom they do not receive cooperation. Everyone complains that the other is not cooperating. He needs to stop and think a while if he is giving cooperation to the other. The one who does not know how to offer cooperation would not be called a brother. He least understands brotherhood.

To say others are not giving cooperation is the state of psychological self-imprisonment in ones own personality. Release from this prison is possible only

when he learns to offer cooperation. The inexperienced needs to cooperate with the experienced and the experienced needs to guide and delegate activity to those who offer such cooperation. This is the only way that enables happening of a brotherhood.

If one learns to cooperate he would learn on the way of cooperation another virtue called patience. It in turn leads him to inclusiveness and acceptance of others viewpoint. This would widen his mental horizon and enable him to gain comprehension of different viewpoints, which in turn would lead him to vision. Only such visionaries can lead groups.

Fundamental Mistake

Brotherhood, equanimity, freedom are the most beaten words in the human society. While at the same time they are the most sublime words. These three great thoughts are more a reality in the subtle world and are only unattainable ideals in the physical world. The freedom is within. So are the other two. The objective world is but a reflection of the subjective world. Every reflection has its refraction. You cannot set right the refraction of the reflection. It is therefore necessary that you lift up your awareness from the gross physical to the subtle, to experience the reality of the said ideals.

When you function as a Soul, the brotherhood of the Souls can be seen with the fellow Souls. Equanimity amidst can also be experienced. At the Soul level, freedom is natural. Soul reflects into personality. When this reflection happens the refraction also happens. Living in personalities, do not expect freedom, fraternity and equanimity. This is the fundamental mistake that all aspirants commit.

Keep the Knowledge Available

Knowledge is meant for all. It is like Sun light, which is meant for all. It should be kept available and also be kept accessible. Those who have taste for it would eventually come and receive it. A piece of sweet attracts ants who have the taste for it. Let the seekers seek. And let that which they seek be kept available. Let it not be marketed. Marketing brings in more enthusiasts than the seekers. Enthusiasts are not regular customers.

Knowledge was kept high and secretive in classical languages. It needs to be brought into availability through reinterpretation of the classical texts. In the age of Kali, language gets degenerated from the classical languages. Compassion therefore demands that the knowledge also is brought down into the popular languages. Today normal languages are also getting degenerated into slang and unparliamentary words. The knowledge cannot be brought into such degenerative states. Therefore to arrest degeneration of languages is also an act of white magic. Let the groups work for it.

Understand the variety of Truth

People generally comment that there are too many beliefs, too many faiths and too many religions. It is not only in relation to the science of God such conflicting variety exists. It also exists in relation to the science of medicine. It further exists in the humanistic system, where nations promote capitalism, socialism, communism, neo-maoism, nuclearism, terrorism, etc. Every nation, every group and every individual has his own theories, doctrines and isms, which seem relevant to them in their respective life contexts.

Similarly in the science of medicine the systems of Allopathy, Homoeopathy, Ayurveda, Naturopathy, Hydropathy and such others claim themselves to be superior. Today in man's mind there is little scope to accommodate another's viewpoints and to make effort to comprehend another's viewpoints. Each one is dogmatic and yet claims to be scientific. Science and dogma cannot go together. Any science loses its stature of a science when it tends to be dogmatic. The need of the hour is that man opens up to

understand the variety of the Truth than to firmly stand upon one's own dogma.



Silence, The Friend

There is a Chinese saying that true friendliness is silent. There is another saying that silence is truly friendly. People speak of love and of friendliness frequently. Speeches are empty words. Empty drums make more noise. If one is truly friendly he shows in action but not in speech. The shallow ones speak of it. As much as one is shallow so much he speaks. People engaged in flowery speeches are so shallow that they fall in love with their own speeches. They confuse people with such words as love, friendliness, trust, brotherhood, honesty, cooperation, etc. The ones who are truly friendly exhibit these qualities without uttering a word.

Actions speak by themselves. Speeches do not prove anything unless translated into actions. The disciple is advised to read the biographies of initiates to gain the meaning and spirit of the friendliness of silence.

Wisdom of Vitamins

In the contemporary times men are eating more vitamins than food to nourish the body. Vitamins are also recommended by the doctors frequently. It is the general belief that vitamins energise; that vitamins vitalise the life force. Vitamins have become part of life, part of food and an essential part of recuperation after sickness.

We have a different view of vitamins. We are of the view that virtues are vitamins to the human body. Virtues promote life force within the human body. Virtues release the necessary dynamism. Virtues enthuse the mind and the body as well.

Observe the virtuous ones. They carry much energy, much more than the modern man. They turn out more work than others and yet speak less. They carry out multifaceted activities and do not feel tired. When intelligence is coupled with virtues the life force is received in abundance from the surroundings and is also expended through activity. Thus there is circulation of life force through proper utilisation. The

flow of life energy with the energy of intelligence keeps the man vibrant. Such ones need no tonics, much less the vitamins.

The ones that do not cultivate virtues resort to eating vitamins, and the vitamins do not help if the persons carry vices with them. It is one thing to be virtuous, it is another thing to be non-virtuous and non-vicious, and it is entirely different to be vicious. Vitamins help the second category and do not help the third category, while the first category does not need them. Men of six vices namely, excessive desire, pride and prejudice, malice and jealousy cannot be helped by vitamins. On the contrary, the vices receive further strength through vitamins to destroy them further. This may look strange. But the truth relating to it is scientific. If you feed a snake with nutritious food, it grows strong with respect to its poison also.

Work - Speech - Rest

There are a few who do not speak of us and yet work as per our doctrines. There are others who only speak of us and do not work. This second category is seen as traitors by us. By their irresponsible talks they unconsciously harm our community. We fear the talkers. We admire the silent workers. We generally consider talking as a dangerous play.

Those who work for us rest as per the demands of work. Generally, people work during the day and rest during the night. But our workers are at work as per the needs of work and rest at other times, be it day or night.

During the rest hours they sing, they dance and if necessary they sleep. Rest is not necessarily by sleep for them. Singing and dancing give them the needed rest. Sleep becomes the last priority of rest.

Adamancy

Goodwill is different from adamancy. Adamancy has no reason and is tinged with stupidity. The adamant ones are the ignorant ones. They tend to be so stupid to make their life heavier than usual. As much heavy the life grows so much they grow in their pride of such heaviness.

The adamant ones in their extremity cause paralysis to their consciousness. Fundamentalism in relation to any concept even in theism is categorised as adamancy in our ashrams. These ones do not change since they are not amenable to reason. They meet their death through the grip of adamancy.

Importance of Vegetarian Food

To the subtle consciousness of the subtle body, animal food is dangerous. The subtle consciousness distorts itself when one eats killing animals or even if one eats food from killed animals. However much the animal meat is cooked the impact of animal blood continues to be on it. Those who eat such food are seen from the subtle world as blood drinkers. Today blood-shed on the planet is mostly from races that eat animal as food. The impact of such food enters even into the budhic plane and drives people to be diabolic.

When man needs to receive sublime wisdom from the budhic plane he cannot do the contrary in his food habits. Today many are doing so. The proportion of diabolics among humans cannot be reduced on the planet until and unless he abstains from killing animals and eating them. How can the new age dawn? How can the Supra Consciousness descend into the mental plane? Man is becoming more diabolic than Divine in the habits. He carries only the slogans of the Divine. The old saying of “devil holds scriptures” has come

true in the modern community. The nature has a plan to arrest this epidemic of ignorance. Diseases are growing in geometrical progressions causing fear to man. Health and hygiene therefore became important. Today man eats medicines in pursuit of health, but alternate solutions are not forth-coming. Nature's plan is to drive man to subtle vegetarian food from gross animal food until man gets to this point, he lives in hell on earth. He has option to be in heaven on Earth.

The Quagmire

Judas and Devadatta are recorded in history as traitors. They breeched the trust. Breaching the trust has become common now. The trust of the teacher is a treasure that is more often lost than held. Firstly it is difficult to understand precisely the teaching of the teacher. Mostly pupils understand what they want to understand and do not understand the whole teaching. Listening to the teaching is a profound discipline. We infrequently meet good listeners. The one who does not listen well, cannot represent it well. He misunderstands and misinterprets.

We well advice listeners not to talk of the teaching. They would do better to listen at least for 12 years before they risk talking of the teaching. Let the teaching be assimilated through silent practice. Teaching is for practice; not for re-teaching. Most of the followers of a teacher indulge into teaching, which according to us is irresponsibility. It destroys them. They get hurt on the way. They lose the thread of contact with the teacher. Once a chela loses a teacher it

takes lives to re-find the right one. I wish to caution many well-meaning aspirants not to get into this quagmire.



Shambala

Shambala is the foremost of the Ashrams on the planet. It is the backbone to all other ashrams that inspire the planet and the planetary beings. Shambala is the fourth state of experience, which is Pure Existence.

Shambala is a myth to the world and is the life of the hierarchy. There are many rumours relating to Shambala. To some it does not exist. To some it is a treasure hunt. To some others it is a fairy tale. To the hierarchy it is the global capital city. The hierarchy experiences the city and also the presence of its emperor Sanat Kumara. He is the purest being dwelling in the second ether of our planet. The last he graced with humanity was when he came down as Pradyumna, the first son of Lord Krishna. As the Lord left the physical during the twilight of Dwapara and Kali, Sanat Kumara returned to Shambala and continued to be the inspiring energy for the planet and the hierarchy. Lord Sanat Kumara formed a triangle with two other Kumaras; Sanaka and Sanandana and built a bridge for the planetary beings to cross over to

the plane of Truth. Lord Maitreya, Master Morya and me constitute the triangle to help beings to reach this plane of Truth via the higher triangle. The world disciples are the army of ritualists that help the work of evolution. The humanity constitutes the citizens of this kingdom.



Adverse Times

In adverse times you have many questions and many complaints. You keep questioning in your mind, “why these adversities to me?” Frequently you pose this question to the invisible Master whom you follow, “why am I encountering so many difficulties when I am following the path of the Masters?” I suggest, in friendliness, to leave this complaining nature. Those who are engaged by this nature obstruct the flow of energies from us. While you pray, your complaining nature disables you to receive the touch of healing that we transmit.

During your times of adversity you would do better by reading our teachings. It helps you to gain a peaceful, comfortable and a stable mind. If not, your complaining mind would lead you into doubt. The doubt leads you to conflict. The three together will distance you from your link to Divinity.

Please note that times of adversities are times for realignment, re-attunement, for regeneration. Instead of doing so if you continue to live in

complaints you are no better than the ones who shed tears while cutting the onions. As much as you continue to cut the onions of complaints so much you live in tears.



Extra sensory perception (ESP) is cultivable. Visualise a serene scenery such as sunrise over a lake or a mountain or a sea, a sacred mountain such as Kailash, a waterfall or a temple of your choice. Close your eyes and visualise a specific scenery of your choice daily. As you visualise get into the greater detail of the scenery. Visualising the scenery in its detail and listening to the sounds therein such as the sound of the wind, the chirps of the birds and also experiencing the weather of the place would help such visualisation. As you see better and listen better of the scenery you would develop clairaudience and clairvoyance. When such faculties are developed one would be able to experience the super-mundane. Listening to the beings of the subtle plane, experiencing the subtle ashrams on Earth, encountering the Masters of Wisdom are possible once ESP is gained. This practice requires tolerance, continuity, unwavering intent. Mind you! The subtle is as real as the gross.

Multi-channel Functioning

Can you do two things at a time? Can you develop more than one channel of thought? It is an ability. Multi-channel functioning is a special ability. You all know the name of Master Djwhal Khul. He has such an ability. He simultaneously works in three different channels. He is already considered one of the greatest intellects on the Earth.

Humanity is unable to develop even single-channel functioning in an able manner, but the discipleship offers an opportunity to work ably in the objective and subjective worlds as well. This requires a special discipline. The key to such discipline is to see the subjective side of objective events and also to see the objective side of the subjective events.

Ponder upon this.

The Background Consciousness

When events happen as per plan people are comfortable. If there is a slight change in the plan there is terrible discomfort, total destabilisation, disturbance, irritation, anger, anxiety and fear. Such persons are the infants of humanity. In fact humanity is full of infants and few elders.

A river born in a mountain range has many ups and downs in its initial states of coursing. Later as it reaches the planes it flows pleasantly. So too is the human consciousness. One needs exposure and experience over lives. Frequent encountering with sudden situations helps gaining the related maturity that would lead to constant and uniform vibration. The blue sky is in such uniform and constant vibration. Many colours and clouds, blue moons* and new moons keep happening. But the blue sky remains. Like-wise, events pass by both pleasant and unpleasant with consciousness as the background. This background consciousness is the Mother. She is the basis of the play of all variety.

* “Blue moon” is a special full-moon. When full moon happens twice in a solar month, the second full-moon is called “blue moon”.



Divine Order

A traveller embarked a ship with all his belongings. He intended migrating. Even before the ship launched its travel all his belongings were stolen. The on-lookers cried loud, Thief! Thief! Thief!!! There are many who cried at the top of their voice. There was none to run after and catch the thief. The thief escaped. The co-travellers came to the thieved one and expressed their sorrow in many ways. The traveller said, "It is all in Divine order. It helps my migration better". The ship moved in high seas for three nights and three days. There was a heavy storm and cyclonic weather. The other travellers were deeply agitated but not the traveller. He remained quiet and composed. When asked he said, "All is in Divine order." The co-travellers felt that he is crazy.

The ship wrecked and all sunk. The traveller remained afloat and felt that it is the Divine at work. In yet another three days and three nights he reached ashore. The people at the shore recovered him and restituted him. The traveller said, "The migration is as

per the Divine order.” The people at the shore wondered at the stillness and calm the traveller emitted from his aura. They instantly felt him to be their master. To them a prophecy is fulfilled. To him the migration was complete.

All happened in Divine order.



A Facility

When you toe the line of devotion you have a vantage. You would land-up in total admiration of a teacher. Remember, it is total admiration but not partial. Such devotee is on a comfortable pedestal. Such ones can easily accept the teacher as a symbol for their contemplation. The form of the teacher forms a sublime symbol to them. As they contemplate upon the countenance of the teacher they keep receiving through the eyes of the teacher much illumination, much knowledge and much direction for daily action. Many devoted disciples received in this manner including Alice. A. Bailey who was a devotee to start with; a devotee of high order.

Such devotees can be impressed with teachings. They are useful instruments of the teacher for impressional teachings and writings as long as they continue to be devoted and secure themselves from the dangers of pride.

It is easy to teach a devotee all knowledge relating to cosmogenesis and anthropogenesis. HPB, a

fiery devotee, could be taught anthropogenesis and cosmogenesis with much facility.

Devotion is not emotion, but a total orientation. Such total orientation towards a teacher is rare. When such devotion is found the transmission is from the teacher's brow-centre to the disciple's Ajna Centre. Gradually, the disciple gets magnetised and becomes one with the ashram of the teacher. Thus the student gradually transforms into a teacher. This is a facility for the devoted ones who gave out pure knowledge from higher circles.

Lord Maitreya

Lord Maitreya is available to the planet and to the humanity. He bound himself to the Divine Plan, to enlighten the humanity of their eternity, immortality and their essential divinity. That the humans are immortal, eternal and essentially Divine, is known in the East. But knowing is not realising. The realisation happens in the East here and there. The West needs to know the three essentials of human being; immortality, eternity and divinity. Both in the East and in the West, when the humanity realises, then Maitreya's plan is fulfilled.

Maitreya is the World Teacher and presides over all paths to Divinity. He holds the Rod of Initiation. He holds the mystical Philosopher's stone, Chintamani. The Hierarchy is developed around Him. To the members of Hierarchy He regularly reminds, "Make haste but slowly. May the bliss of Truth reach all. Be not complacent of your Divine duty." His words induce greater vigour to fulfil the Plan. His looks impregnate to give new enthusiasm.

Whenever I think of Lord Maitreya I get the impression, “What an embodiment of compassion and friendliness! How dear is He to the Mother Divine!”



Power of Action

Power of action hides in it the 'Will' and the 'Knowledge'. When action is thus loaded with knowledge and with power then such action brings many fruits to the surroundings. The society at large gets benefited. Action cannot be without power and without knowledge. When it is devoid of the two it is ineffective and useless to the one and to the surroundings.

Learn to do with knowledge and with power. Your power of action brings the passion into action. Your knowledge of action gives right direction to the action. Action in general is improved by humanity, but the required Will and Knowledge are found inadequate. Even the powerful action is polluted by impure Will and distorted knowledge.

We tell you to act; act with knowledge; act with Power and with Love. Do not Act because you have to Act. Change the thinking from "I have to do this" to "I like to do this". Your activity seen from higher circles is feeble; it can be blown out by wind. Come out of the

sense of routine in action and bring in the power, knowledge, love and rhythm. Such players are needed today.



A Key

Recollect a chosen form of the Divine or of the Teacher. Visualise him in the cave of your heart. Further visualise that He is of golden hue with the central part in brilliant blue. Visualise that you are sitting at the feet of the Divine or the Teacher in a miniature form. Utter forth with respiration and later with pulsation, the mantra, Soham, meaning THAT I AM. Visualise that you are no other than the Divine or the Teacher you are visualising. This conducts a magnetic process from the Divine form to the miniature form, which you visualise. Let this process continue so that you grow proximate to that form of Divine. You become one with looks, later one with Him and finally feel you are verily THAT. This is a key to release yourself from the conditioning of your mundane form. It leads you directly to Third Initiation.

Time Cycles

We always encourage you by speaking of the New Age, the Golden Age, the New Era, the Immortal humanity, the Kingdom of God upon Earth, etc, etc. Of late, you feel that we speak in hyperbole.

Don't you see the doctors in winter time in Europe who tell the patients "few days ahead the warm rays of Sun emerge, the winter cold will disappear. You would have better vitality and better health through better sunlight. The present depression does not stay." You believe these words because the doctors speak of short time cycles. We too do the same but the time cycles we speak are slightly longer. But be sure that the days of light are ahead. Be not in doubt that leads you to perish.

Perfumes

Do not enslave yourself to perfumes that are bereft of meaning and value. The origin of fragrance is a doctrine by itself. Natural fragrances unfold the psyche and orient it to subtle energies. It is more and more a forgotten knowledge today. Furthermore, that which is poisonous to the soul's growth and unfoldment is occupying the status of perfumery. Many perfumes that are now popularly marketed could even destroy the psychical balances. They inflame the inferior heart and destroy the pure one. Flowers, resins and certain seeds holding fragrance are the perfumery of antiquity. Roses and musk prevent even perils. Rose gardens are places of inspirations. Sandal, cedar, pine transmit qualitative fragrances. Barley, mint, resins have even healing powers. Ensure discretion in your sense of smell. If not you cannot smell the lurking danger. Let the sense of smell grow deeper in you to smell danger, to smell a holy presence and even to smell the dawn of new era.

The Value of a Family

One can no more say that family is the symbol of brotherhood. Today, is not the family a symbol of hostility? We do not therefore agree when people say that the brotherhood is like a family. The present families are operative on the ground of jealousy, dislike, hatred, etc. Such hostility does not exist in brotherhood.

People have accustomed so much not to respect the home. There is no upbringing at home. It is but necessary that the civilised societies think of paying special attention to qualitative life at home. One cannot build the state or the nation without building proper homes. People build grand houses to be filled in by poor homes. Home is more important than the house. Build your home that would contribute to the state and build the state in harmony where communal life is realised. Understand the dignity of one-self, family, state and human community. Do not obliterate the value of the family.

The Body

The body is the means and the body is also a menace, an impediment. The body is the vehicle, which needs to be kept up, to fulfil the purposes of life. The human being is yet unable to realise the potential it has and the possibilities that it offers. Men either pamper the body or use it recklessly, but do not know how to gradually refine it and experience its subtleties.

The body has the potential to build subtle bodies, which will enable the in-dweller to experience the subtle world. Men limit themselves in the body of flesh and blood and feel it a prison house. It is not an impediment if true knowledge is gained. It forms the basis to experience love, light and power of God.

A friendly and a brotherly attitude to the body and its nourishment is the first step, keeping it active is the second step. Exposing it to the natural elements is the third step. Appropriate thinking and breathing is the fourth step. Rhythm is the fifth step. Equilibrium between activity, food and sleep is the sixth step. Adapting the body to noble aspiration is the seventh

step. When the body is put to use in this seven-fold manner then the body cells transmute, in the sense, they shed the density of the matter and will be able to receive much more light and life into it.

For students who are regular and sincere, this transmutation of body cells can happen in 12 years' time. The body slowly enables experiencing beyond the limits of its contours.

May the body be paid due and appropriate attention.

Work and Transmutation

When the man is in the earthly body, he experiences life full of fleeting connections. When he is in the subtle body, the connections are frail. When man lives in the body of light he is stable and his connections too are stable.

Mutual understanding and mutual affirmations are the essential conditions to build the body of light. Misunderstandings, doubts and disputes are the common experiences of men of mundane bodies. All bondages of earthly men are but earthly and will be useless.

The teacher lives in the body of light and guides the ones who are seeking to reach the realm of light. His action and his understanding surpass the imagination of the earthly ones. Presence of a teacher is not only for guidance but is also a demonstration of living. His way of life is itself a teaching. That teaching is natural. His teaching is but an expression of his way of life and the experience of the light that he has. The work that he imparts is only to enable the students to

initiate trans-mutation of body cells through such work. When the student is focussed on such work, the transmutation of his body cells happen. The teacher does not give particular exercises for transmutation. He nevertheless ensures transmutation of body through the work suggested. It is for this reason the work entrusted by the teacher is fulfilling.

Quality

While one is in earthly envelope imperfection is inevitable. One has to continuously strive to create good. The work of creating good subtly perfects the person who is engaged in it. The labour expended in creating good has its subtle impact on the body. It is for this reason quality is demanded in good work.

“Quality, quality, quality”, is the cry in all the three worlds. Working for quality is as important as working for good. Only ignorant men care not for quality at work. They are unwilling to perfect. They prefer to remain in ignorance. When ignorance dominates there is no urge for perfection. Such ones tend to become grosser through the earthly life. The result of such ignorance is gathering of volume, weight and density in the body. Such body becomes a harbour of earthly sicknesses.

Fire is required for tempering the best blades. Without fire the centres in the organism cannot be refined. The fire to perfect oneself should be kept on, to yield the benefits of earthly envelope. Otherwise the

same envelope becomes a grave and the in-dweller becomes a resident of graveyard.



Beauty of Sound

Learn the beauty of sound. It is available in music. The beauty of music enlivens. From childhood one should be accustomed to assimilate the beauty of sound. Musical faculties need to be imparted in education. In every man the inclination for sound is implanted, unless it is cultivated, it remains dormant. Make it a habit to listen to music.

When the world is raged with competition, jealousy and hatred, it is indispensable that one should make haste to open the ears to music. Pythagoras taught the ability to listen to the spheres. When men are not open to the sound of the wave, the waterfall, the river and of the wind, what subtle melodies can be heard? The best harmonies of sound vanish in the roar of human activity. The ascent from the worldly roar can be accomplished through music. The Brotherhood rejoices in music. You too learn this faculty. A joyous harp sings. A singing heart is joyous.

Stability

To isolate and pick up a clear thought without incidental wavering is in itself a lofty discipline. Our community pays attention to such ones, who hold a clear thought unaffected by the surroundings. To such ones it is a facility to transmit thoughts, for it is easy to do so. Without such ability from the receptor, the transmission becomes a time taking process. Much can be sensed in the heart than in the mind, if only one cares to be silent enough even while at work. Ponder on this.

Link up to the transmitting centre to receive and to manifest. Manifestation of Light is possible only through the ability to be receptive to the subtle spheres.

Depths and Heights

Sagittarians aim high. To reach heights they should conquer the depths. Often people forget the depths and aspire the heights. An experienced swimmer dives into water from great heights and springs up from the depths. Such are the daring ones, whose spirit is ready to plunge into the carnate matter and rise again to the heights of spirit. The soul enters the flesh and blood each time, which is called incarnation. It has to rise from the carne, once again into its original state. The one who knows the depths only can do it. The incarnating soul enters into the body of flesh and blood and dwells deep in the pit of Muladhara. He needs to rise once again from the flesh. Such is the work on hand, my brothers. The timid and the fearful also need to be encouraged of their potential. Such is the work of love. Our community relentlessly teaches the means of ascent.

Monotony of Mechanics

Working with machines regularly and repeatedly leads men to develop a particular psychology. The rhythm of machine enters into the thinking structure of the worker. The man at work should be informed of this subtle unconscious formation. He should be given special training in order not to fall under the influence of the machine's rhythm. In this age of machine, the impact of machine on man is growing monstrously. Man is made to depend upon machine, while he himself is the creator of it.

People seized to write, ever since type-machines came. Consequently the head and hand cooperation is lost. Readymade letters typed out with hands are but poor substitutes to the hand-written letters. Man's psyche can be substantially improved if they write with order and in lines. The art of writing when practised establishes such art in the head. The beauty of the heart can be better presented through head and hand when one writes. Such beauty is missing when everything is reduced to the monotone of typed

letters. When the meaning is presented, the writer's Buddhic plane or clear mental plane is perceived. When the writing is presented, the writer's soul is also presented.

Similarly much of the quality of the soul is unable to present itself, when it is subjected to mechanical manifestations. The soul quality of a car-penter, a tailor, a cobbler, a potter and the like is missing when there is mass mechanical production. Machine and mechanical work can be a hindrance for manifestation of Kingdom of God upon Earth. This needs to be pondered upon.

The Loop

Occult implements are the tools of the occultists. The occultists should be able to stay above and beyond the tools that he uses. An Astrologer has the facility to gauge through astrology. At the same time he cannot subject himself to think through astrology all the time. Many astrologers accustomed to work with astrology, see the individuals as Martians, Jupiterians, Venusians, Saturnians and so on.

They also see bulls, crabs, lions, scorpions and so on. In the process the main perception is lost, that all are souls. Likewise homoeopaths see the drug pictures when they see the persons, such as Nux Vomica, Pulsatilla, Sulphur, Baryata Carb and so on. They see only sicknesses of the persons, but not the persons as such.

A numerologists sees through numbers, a symbologist sees through symbols, a clairvoyant sees through colours. Thus all these occult practitioners are stuck with their occult specialities. These are the ones who see the sky through their windows which are

grilled. In ancient times two observers observed the sky through two different windows. One had vertical bars, another had horizontal bars. They proclaimed with emphasis that sky has vertical lines and horizontal lines respectively. They fought with each other and died.

Occult keys and tools are but facilities to see through, but what one finally should see through is consciousness, which is the eternal background. Let the students not fall into the loop of their own practises.

The Sponge

The disciples should be acquainted with sudden attacks from within and outside. Outside jealousies and criticism attack. From within sudden fatigue and drowsiness attack. They should know how to recognise, accept and neutralise them. Disciples take part in the Great Service for the good of humanity. They also participate to absorb the negative energies surrounding humanity. It is common that the disciples yield to fatigue. But after every attack of fatigue comes an opportunity for greater cooperation. He should know that every suffering hastens him on the way and sharpens him for the future cause. When they experience suffering, it is therefore advisable that they sit a while in silence. When people turn away for one cause or the other, it pays well, if the disciple remains silent.

For the disciple, sponge stands as a good example that absorbs dirtiness, while cleansing dirty places. In silence they should learn to discharge the dirt. The World Mother stands by such disciple.

Loop-hole of Awareness

Do not look for Ashrams. It is crazy. It would lead you to illusion. Wherever good work happens regularly for a period of 12 years, there the Ashram is present etherically. In the Aquarian age Ashrams move along the lines of good work. Where goodwill is in action there the Ashram is.

Serve the weak and heal the sick and teach the gospel of Truth. If you do so with enough zeal the Ashram reaches up to you. You do not have to reach up to it.

Never speak of you nor speak of the Mahatmas. Speak love, speak pleasant, speak to heal, speak the Light. Buddha's last message to the followers was, "Stand in Light and do your lot; speak-not of yourself. You shall be in my eternal presence." The aspirants generally speak of themselves, the hard work that they do, the little accomplishments that were gained and also speak of their connection with Mahatmas. Such ones are into the loop-hole of awareness.

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Dr. K. Parvathi Kumar***

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Pure life at all the three planes, by itself, does not confer the soul experience. The purity of the mental, vital and physical plane is to keep the vehicle clean. It is not enough if we daily clean the vehicles and fill the fuel tanks. The vehicle should be used for service. Let the life of the vehicle dedicate itself in fulfilling other's needs. In such cases the vehicle is said to have been used for a sacrament and is therefore considered as a consecrated vehicle.



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