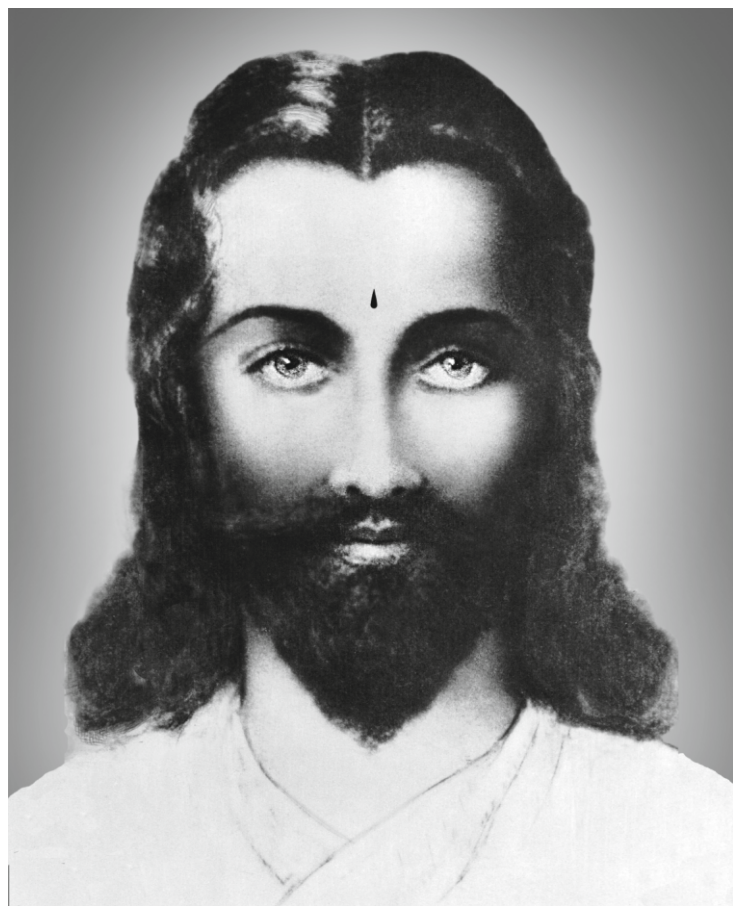


TEACHINGS OF LORD MAITREYA

Volume - 2

Dr. K.Parvathi Kumar



Teachings of Lord Maitreya

Volume - 2

Dr. K. Parvathi Kumar



Dhanishta

Dr. K. Parvathi Kumar
Teachings of Lord Maitreya
Volume - 2

1st Edition 2016 - Original Edition
Master CVV May Call Celebrations - 2016;
Sadguru Tapovana, Bangalore

Copyright
© 2016 Dhanishta, Visakhapatnam, India

All rights reserved

For copies
#15-7-1, Angels Enclave, Krishna Nagar
Visakhapatnam - 530 002, Andhra Pradesh, India
Phone: +91 891 2701531

For online orders
www.dhanishta.org
info@dhanishta.org

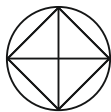
Price in
India Rs. 100
Europe € 3
USA \$ 2
Switzerland SFr. 5

ISBN 978-81-89467-50-C



9 788189 467500 >

Printed in India at: Akshaya Mudrana, Bangalore



Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

Dhanishta is a non-profit publishing house.

About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher



1

The bridge

An average intellect heckles at the aspirant. He thinks that the aspirant is a daydreamer. He is dreaming about the impossible. He thinks that the aspirant is wasting time with all improbable. To him the aspirant looks like a crazy one that is building bridges into the sky. But it is true that one can build bridges into the sky. Until the concretized intellect paves way for intuition one cannot see the subtle probability of a seeming improbable one.

Sense of subtleness is the need of the hour. When such sense is gained many probabilities are seen which were hitherto not seen. One can see the whole plan of the tree in the seed. One can see the subtle transformation of the bitter to sweet; iron to magnet, gold to diamond, darkness to light, and limitation to limitlessness. The intellect accepts the above transformations but does not recognize the common principle involved. Are not these transformations subtle? Likewise, bridges can be built into the sky (into





the super-mundane). Mundane to super-mundane there are successive transformations. One can put oneself to such transformations through a discipline called Yoga.

When the transformations are complete, man finds himself as an image of God. The bridge to build from mundane to super-mundane is pervaded by the Hierarchy of Seers. They constitute the bridge that leads one from this end to that end . But one should walk the path with courage and faith in himself.





2

Liberation, the shadow

Our path renounces the desire for liberation. Such desire is selfish and many times highly emotional. Liberation is the result of the acts of service and sacrifice but not a product that can be gained otherwise. The main principle that we emphasize is - “Engage in acts of goodwill, of service, if necessary of sacrifice. Dedicate to human welfare and conduct life in tune with the hierarchy”. We too are engaged in human welfare and upliftment.

Such dedication is the real act of offering oneself to a divine cause. Doing so, many humans are magically transformed to be members of hierarchy. The members of Hierarchy consecrated themselves to service. They do serve in all planes of existence and thus assist the Grand Plan. In doing so many times they offered themselves totally and reached the state of liberation.

The key to liberation is service. Be ready to will, to dare, to know and to serve. If you do so you





already enjoy the invisible support of the Hierarchy
and walk path of Liberation.

If you tend to measure the distance you have covered on the Path, you are halted. Instead, keep serving until you forget that you are serving for Liberation. As long as the thought of Liberation lingers in your mind and as you serve for Liberation, Liberation remains alluring. When the thought of Liberation dies and when you are at service, Liberation approaches you. It follows you like your shadow. Do not suffer the inversion of following the shadow.

Is it not a paradox that you run after a thing that runs after you?





3

Shambala

The seed of truth is posited on the planet. Its name is Sanath Kumara. Its place is Shambala. Sanath Kumara is the most sublime.

- Shambala is the most sacred place on the planet.
- Shambala is the soul of the planet. The life and light relating to the planet flow through Shambala.
- Shambala is The Witness.
- Shambala is the All-seeing Eye.
- Shambala is the essence of the Earth's splendors.
- Shambala is the bestower of splendor.
- Shambala replenishes the splendor when the wealth of the planet is expended.
- Shambala is the pole star to the hierarchy, disciples, humanity and all other planetary beings.
- Shambala is the means to the subtler worlds.
- The rays of Shambala illumine, direct and protect.

There is no power higher than Shambala on planet. The Lord of Shambala pulsates the Truth. We



the hierarchy are obedient to Shambala. Shambala is the goal for all the beings of the planet. The disobedient to Shambala are the disoriented ones.

Glory to Shambala and victory to its Lord!





4

The Heart

Pulsating consciousness is the reality. Space pulsates, say the scriptures. Space is but consciousness universal, unbound, undefined. As the Word emerges from Existence pulsation exists, until the Word joins God. Pulsation is the basis for the conscious existence. Without pulsation naught is. With pulsation it is Existence as Awareness. The law of pulsation enables involution and evolution. All that is in Existence pulsates. Seldom pulsation is recognized, for it is the background consciousness.

Beings are generally engaged with the Will, the knowledge to fulfill and the activity to fulfill. But beyond this triplicity there is the pulsating consciousness. One cannot call himself an occultist until one is associated with the pulsating consciousness within oneself. As one connects to the pulsating consciousness while in daily work, such one is called the linked one. As much as one is linked so much he can fulfill the plan upon Earth. De-linked, one moves





in circles finding no way out. Practice thrice daily for 24 minutes to stay connected with pulsation, through the help of respiration. May the mind be associated with respiration so that the mental awareness reaches its source.

Thinking from the heart and speaking from the heart may be adopted into the daily activity. When this is accomplished one stays connected. As much as one stays connected so much he trumpets the Truth. Others confuse. Hierarchy conducts all from the Heart.





5

Call of Shambala

Shambala calls humanity for rejoicing the Light and the Love of God. Shambala invites for the festivities of Light and Love. The invitation is sent out with the signature of Maitreyee community. Shambala wishes the humanity the splendour of life on Earth which is but victory of God and fulfilment of the planet.

The trumpeting message of Shambala is heard through the language of Heart which is beyond all languages. May the humans make effort to unfold their hearts instead of unfolding their minds and intellects. The hearty ones are offered seats aside the Most High. It is most opportune for humans to respond to the call of Shamballa. The only hurdle is the human minds. And the only key is the human hearts.



Tara - The Mother of Transcendence

Nature's plan at all times is to help the planetary beings from limitation to liberation. All its changes are meant for such transformations, though they do not seem so. In every change, in every calamity and crisis and in every conflict and war certain subtle adjustments are made for reconstruction, adjustment and integration. In this way Nature works and compels beings to overcome crystallized perceptions.

The fiery nature of the Nature is not understood even by the best of men of knowledge. But all is done to enable transformation and transcendence. For this reason Nature is called Tara, the Mother of Transcendence.

In the core of the fiery changes of Nature there is the effulgence of synthesis. Nature does not deviate from the Plan. The Plan is to evolve the beings. She works out evolution inevitably, painlessly and painfully as well. Today, the planet is in, for initiation; so also the beings of the planet.

Agastya, Master Jupiter, presides over this initiation and helps expanding the comprehension of the humans to enable smoother transformation.



Music of The Soul

If the strings of the lyre are loose, it cannot produce music. If the life of the aspirant is loose (if ill-regulated) he cannot progress. Tuning is important for the musical instrument. Alertness in duty is important for the disciple. If the disciple is alert, he grasps even the subtle hints. The seven strings of the Veena, when tightened and tuned, the flowing breeze also produces music on it. Likewise, if you tune up your seven tissue body, it also can produce the music of the soul.

The soul is like the flowing breeze, that plays music on the instrument of your body. Much depends upon your attunement. If you let loose your body, it decays faster. Beware of this.



8

Our Call

Make haste but slowly. Be speedy. Be victorious. Reach the frontiers of bliss. Reach fast the frontiers of bliss. The victory we seek from you is the internal victory. The speed we suggest is the speed of the pranic fire that ignites the cell fire to manifest the kundalini fire. The one who ignites the kundalini fire reaches the frontiers of bliss faster. The happiness you seek through intellect, through senses and body is but temporary. But the bliss you gain through the ignition of kundalini fire is eternal.

Strive for this! We join our forces with you only if you strive for this.



The Emergency

The earth is formed only for the earthy beings. The learning centres are formed only for the learners. Know that the planet Earth is a grand learning centre where the beings are to learn and fulfil themselves. All beings except the humans are progressive. The humans are not. The human is caught in a self generated vicious circle and is stuck there. The humans not only caused a blockage to themselves but are also blocking the other beings of their progress. When the seniors do not pass over to higher system the juniors cannot progress, for the former blocks the way for the latter. This is the present crisis on the planet.

The humans need to learn. They need to unlearn many things that they have learnt. The teachers are striving in this direction. But neither there is unlearning of undesirable nor learning of desirable. If this situation continues the very activity becomes meaningless. Time therefore intervenes and the Mother Earth may make needed changes. It happened



so with the Atlanteans. The humans should know that they are in the hour of crisis and that they have to unlearn many and learn the fundamentals.

We the teachers are still hopeful that the redressing will happen. The teachers know the crisis ahead. The humans do not seem to be aware of this crisis. They continue to be childish. The situation is not yet considered to be hopeless. The hierarchy is at work, for emergency is already declared.



The Approach

People speak too much of hierarchy and of the related peers. What do they know? Those who claim to know do not know; they know almost nothing. They create their own images of us and their own stories relating to us and impose them on us. Instead of gossiping upon us, one would benefit tangibly by meditating upon us or on the energy in their heart. If they are regular, consistent and constant in their intent:

- They would be relieved of the Karma by which they are bound;
- The life takes a turn towards Divine splendor;
- Impossibilities yield;
- Eternal laws and the related principles get near;

Every member of the hierarchy directly connects to the universal energy and conducts his lot of work in cooperation with the others who are also part of the Plan.

Cooperate with your fellow beings linking up to the Master in you. This will lead you towards us and

to the Plan. Do not let your mind slip into self pity by thinking about the hard labour that we do and related strain that you have. Self-pity weakens the Heart Centre. Instead, strengthen it by contemplating upon the hierarchical energy.



Mother Tara

Do you know? The statue of liberty is our inspiration to Americans. It is but a representation of Divine Mother, Tara. Look at the statue from this dimension. She holds high the flame of freedom. It is our motto that all humans shall have to be free. We work for it. We have been working for it. Men have to be free from the slavery that they suffer from. Men are slaves today; slaves of their concepts, of their religious beliefs, of their extremist tendencies. They are slaves of their intellectual strategies and concertized thoughts. They are slaves to money and power. There is slavery at the emotional and mental plane while slavery on physical plane is in the process of getting eradicated. We cannot still rule out slavery on physical plane too.

Slavery is the weapon of Kali. It inflicted men in all the three planes. Kali has even distorted the noble terms of freedom and liberty. Politics use these doors to open doors for slavery. But the Mother Tara is intended to lift up the humanity from all this slavery. America is



prepared as a platform. It is originally prepared by us as a platform for free thought and free pursuit of knowledge. Imagination, pursuit, experimentation, experience, freedom at thought plane and liberty to Soul are the original seeds imparted by us in the fertile brains of advanced men who founded America. Those who follow these seeds deserve to walk up to the statue of Liberty, Mother Tara.



Third Attempt

The teachings of Buddha remained in the cave temples of Himalayas. They reverberate in the caves. His teachings are forgotten by the humanity. His grand doctrine of Ahimsa (harmlessness) is more in the books and in the teachings but not in practice. Buddha the over-viewing Son of God smiles at human response and yet blesses through his right palm.

Christ has come; he lived the sacred doctrine of self-offering in love. The humanity distorted his teachings. His biography is torn into pieces. A patch biography merged out of it. The devil took position of his name and caused aggression and bloodshed. In the name of love and compassion there was wholesale massive killing of knowledge.

Maitreya now mounts the cross and offers the doctrine of synthesis. He decided to stay subtle and help humanity and has been recruiting the sincere and innocent ones into his fold and transforming them as transmitters of Light. The work is subtle and the



teaching is for those who learn to listen from the heart.

It is silent, harmonious and effective way of gradual transformation. He stands out as a channel to the Avatar of Synthesis who is at work.

The Avatar is introducing tremendous changes in human life and activity. He propels the humans into high velocity of activity by which they shed their dense energy and move towards the light of love, which is upheld by Lord Maitreya.

Getting the Doctrine of Responsibility

A man's life is decided by the degree of responsibility that he holds. As much one stays in responsibility, so much one stands integrated. Otherwise he disintegrates. He fragments himself. He becomes a bundle of conflicts. Responsibility is the word that we, the Hierarchy, cherish most.

The word 'right' is unheard in the hierarchical circles. Right reminds one what is due to him from society. Responsibility reminds one what is due by him to the society. Responsibility is the way of life that we know. The path of rights is the path of Kali. When rights are predominant fights continue. The glorious civilizations of the past were all built through responsibility and were all destroyed when the later generations oriented to rights more than responsibilities. Man is expected to be responsible to the fellow human, to the animal, to the plant and to the minerals and metals. We still await for humanity to play the role of an elder brother towards the inferior

kingdoms. Instead he exploits. The result is, he suffers.
Schools have to be initiated specially to teach the doctrine of responsibility so that the man emerges from the beastly man. We work for it.



A Commandment

The approach to the work is of three kinds. To work with love is the best. To work with indifference is the worst. To work with seriousness is the average. The one who works with indifference remains ignorant. It leads to an attitude of negligence. Negligence leads to mistakes. Indifference, negligence and mistakes lead to hatred of work. To such ones, scriptural instructions cause irritation instead of illumination.

Pearls mean nothing to the swine. Likewise teachers, teachings and prayers mean nothing to the ignorant boor. They cannot inspire the boor as there is a strong veil of hatred that prevails between him and the teachings/teachers. If a person is hateful of wisdom and wise men, he is at the edge of danger. Let not aspirants entertain the association of such persons. This is a commandment.

A Goodwill Worker

A goodwill worker is seen by the world as a dreamer. They see him as an odd one, for he works for others. He offers himself to serve the others regardless what he receives. To him loving understanding of life, right action - are the two principles that stand as guides. He gets fulfilled and is unlike others who are empty. The empty drums make more noise. The fulfilled ones do not. Therefore listen not to the criticism of the world around you as long as you engage in loving understanding and right action.

The world generally asked a goodwill worker, "Why is it so with you?" His answer should be, "It has been so with those whom I follow and I am contented. Are you contented as much as I am?" That is all. If anyone heckles a goodwill worker and his teachers, tell him unhesitatingly, "You are doing a mistake in criticising those whom you do not know. This would be costly for you. Please never do so."

We expect a goodwill worker to be bold

enough besides being upright and loving. We hold the Truth and hold it high. That is all. For that a few hints to the workers.



My Promise

It is not so easy to step into the path of Truth. It all depends how truthful you are and how fiery is your aspiration for Truth. As much as you crave for the Truth, so much you create the possibility to grow proximate to the path of Truth. When the core of your being pulsates and respires for Truth, you find the right path and the right teacher. Acts of goodwill done in the past also help you to a great extent to find the true path.

Having found the path do not relax. You need to multiply your vigor to stay on and move forward consciously. You need to consecrate to the path and make sure that you do not look hither and thither. On either side of the path there are many attractions. There are also exit routes. Once if you take to exit from the royal path it takes long time to get back to the path again. Sometimes it could take lives.

See how the horse is consecrated to the path with the help of side-blinders. The horse just gallops on the path. Let that be your ideal. If you do so for



sufficiently long time on the way, you get the first gift of stability. Further on the way your fear disappears. Thereafter knowledge visits you. The three gifts enable you to pass through the deep valleys and high peaks of life and lead you to the threshold. There at the threshold learn to wait, learn to be patient, and learn to pray ardently. The door opens. We come out and fetch you through. This is my promise.



Heart to Heart

Develop comprehension concurrently as you act. It adds meaning to the work. The work becomes meaningful to you also. A donkey may carry gold on its back, but it has no comprehension that it is gold. A bull tills the land, but the bull does not know that its tilling helps growing the crop and that the crop benefits the birds, animals, and the humans. Many are at action in goodwill, but if they do not make effort to comprehend concurrently, their actions become mechanical. Such work is bull work. We require sacred bulls who are not only effective in action but also effectively develop their comprehension.

When the comprehension grows, inclusivity grows. Such ones expand horizontally and grow vertically, too. They would be able to sense the final aspects of the work, its sanctity, its sacredness, and its invisible fulfilment. As much as one's comprehension grows along with the work, he touches vertically the buddhic plane and horizontally the hearts of the beings



around. We do not need workers who cannot feel the heart of the other, but do lot of bull work. For us it is equally important that you relate to us in your heart and meet the others in their heart. Only then the work is hearty, lovable, and enjoyable. It even becomes playful, if you stand in connection with us in the heart and connect to others in their heart.

Let work flow from heart to heart. May all the three hearts meet in one work (heart of the hierarchy, the heart of the worker, and the heart of the co-worker). Ensure that it does not take to the channel of intellect. Even intellect can flow through the heart channel. Then one would gain intuition.



Quicksand

Who knows the depth of a quicksand? It is even difficult to cognise the quicksand. It looks like the same sand as in the surroundings. The one who gets into it has no way to save himself.

Illusion is exactly like the quicksand. Do you know that you are in illusion? You are accustomed to the world of illusion and in that illusion you try to judge what is right, what is wrong. How can you help yourself?

The Divine sympathises with the difficulties of the beings. He therefore arranged a ladder from him to the quicksand, holding on to which one may climb up the quicksand. That ladder is the Hierarchy with its network of teachers. Their work is to let you know who you are in your original. They help you to come out of your mistaken identity.

In spite of information, you still cling to the mistaken identity. But the Hierarchy is never tired.

They are an embodiment of patience. They work with

patience, with love, and with full understanding of the
problems of the humans.

As long as the creation is the Hierarchy is!



Son of God

Three disciples of a Master took to penance. The penance was full of intent and fire. In 12 years the Divinity presented before them as four-armed God and offered boons to them. The three were happy. The first one sought at-one-ment with the Divine. He was granted and he ceased to be, for he became one with God. The second one sought freedom and movement in the planes of subtle and causal light. The Divine granted and the second one at once became a being of light and of wisdom. He flew into the realms of light. The third one sought to be on Earth, but with Divine Presence to serve eternally. The Divine granted. He remained on Earth and started moving on Earth from place to place, tribe to tribe, spreading the Presence as it is with him. The touch of Presence worked magic in the surroundings. He healed, he taught, he gave sight to the blind and life to the dead. He is acclaimed and worshipped as son of God. The Hierarchy is a group of such sons of God.

The Touch of Presence

Masters are born out of men. Just like tree gives birth to fruits, humanity also gives birth to Masters. But they are not as many as the fruits of a tree. When the tree is barren it gives not birth to a fruit. But nevertheless when a Master emerges from men, he is the source of inspiration for many.

A Master does not have a duty to inspire. His very being inspires. A magnet has no duty to magnetise. It is its very nature. Magnetism permeates from the magnet. Presence permeates from the Master. When the touch of Presence is received by a fellow being, he stands inspired and does work of goodwill drawing inspiration from the Master.

Lucky are those who find a Master amidst them. Such ones eventually lose the Master in form through time, but in the meanwhile their inspirational works give birth to the Master in them and they continue to manifest works of goodwill with the same inspiration. When one is fully inspired he looks not for



support from the surroundings. He receives support from higher circles and manifests in lower circles. A true disciple does not deny support when it comes from the surroundings, but essentially he orients for support from the higher circles. May you learn to support yourself with the help of the Master in you.

Invoke and be in the Presence of the Master. Such should be the courage of a disciple.



Advice

An advice for you. Do not advice others unless sincerely asked. Advice given unasked is ignorance, advice given without ensuring that the seeker is sincere to learn, goes waste. I know many of you are anxious to advice. This is foolish. Advice should be given when someone sincerely believes in your wisdom and has confidence in you. There are as many casual advice-seekers as advice-givers.

You may note that there are multitudes who seek advice casually and throw it away into a wastebasket. They do not follow the advice but keep coming now and then for a casual seeking of advice. Not all are capable of advising. The ability to advise comes from:

- a) Sympathetic and patient understanding of other's problems
- b) Referring the problem to one's own buddhic plane and then come back with love and affection with the response received from the buddhic plane. The

solutions are always found by the one who can ascend
at will into the buddhic plane.

Advising is a responsibility. Do not be in haste
to advice.



Action - Fruit

It is unfortunate that men of goodwill also look for fruits of action. The fruit is in action itself. Goodwill is but love in action and love is experienced while one is in action. What more fruits are needed? The gospel of the Lord commands action, but does not suggest looking for results of action. Only action is commanded. The minds that look for fruits are not healthy minds relating to goodwill work.

The brotherhood is in full action. It is in action day and night. To the brotherhood, action itself is joyful. It is not de-spirited by the lukewarm response of humanity. It continues to teach, it continues to heal, it continues to enlighten. It does so because it is commanded to do so. A farmer cultivates land, grows the crop. When it is season for harvest a cyclone may come and wash away the crop. Yet again, in the sowing season he sows seeds of grains and cultivates. He is unmindful of the harvest. Such is the true farmer who rejoices in cultivation.

The aspirants need to cultivate the habit of joyful action with goodwill as motive. Regardless the fruits of such action, action keeps you alive. Inaction is death. Live joyfully carrying out acts of goodwill.



Intellect and Aspiration

Span of life is short even to the humans. It is shorter for the animals. In a short life, is it not wise to make it sweet? But the intelligent (?) humans make it bitter for themselves and for others. They engage themselves in thoughts of malice, hatred, pride, anger and other emotions. Measure the time that you are engaged in such thoughts, which would cause disease, decay, and death, while life is meant for blissful experience. Can it be called intelligence? And remember, man is bestowed the intellect unlike the animals. Is this the way the intellect is to be used? Is the intellect meant to manipulate others, cause aggression on others, appropriate the natural wealth and resources to oneself? If it is so, it is not worth to hold it.

Intelligence is given to the human to help the surrounding life and thereby help himself. Make haste that you clean up your engagement in the mind and ensure that the fragrance of the soul emanates from you into the surroundings through your speech and



actions. Any extent of indoctrination from the Teachers, Masters, Sages and Scriptures does not help unless you decide yourself and stand firm with your resolve. Let the month of Sagittarius renew your aspiration to be really a fiery aspiration.



First Step

An intense war is taking place in the subtle world. Sharp arrows are moving from every direction to the other and vice versa. The sky is filled with sharp fatalistic arrows. Humanity is unable to see this. Humanity is rejoicing like an ignorant child. Amidst humanity there is a popular saying, “Nero is fiddling while Rome is burning.” Nero stands as the true representative of the humanity today.

There is a huge global war happening in the subtle plane due to the energy of hatred regularly emitted by all human groups around the planet. There is racial hatred, religious hatred, doctrinal hatred. No three persons could be together in harmony. Yet humanity foolishly expects the golden age. When there cannot be a harmonious triangle of three persons amidst humans it disables all good efforts of the hierarchy to manifest even a way of life. From the sky there is regular descent of air, fire, and water. And since the sky is filled with human hatred even through the



elements the poison of hatred only descends. The consequence is rapidly increasing ill-health. The depressions, the heart attacks, the brain strokes, the rheumatic pains, cancer and such other sicknesses are rampaging due to the additional energy supplied to them through human hatred. Humanity learned to speak of ideals. They are yet to make the first step.

Let the first step be cooperation and goodwill.



Adventure

Normally the humans dwell in known places, move with known persons, speak in known languages and eat and drink known things. They are at distance in relation to unknown things. How such persons can know God? God is unknown. Unless one ventures into experiencing the unknown, one cannot meet God. To know the God unknown, certain degree of courage and adventure are needed. The quest for God is an adventure into a mysterious field. It is like entering deep into an unknown cave or jumping into an unknown lake or like walking through an unknown forest. For such adventures courage is the only friend. One needs to be courageous enough when he steps upon the quest for God. The schools have to inculcate the habit for adventure though certain specific projects. Children need to develop courage. Such courage dispels fear. The fearful ones are not achievers. The achievers only make a difference among human creed.

Habit

To realize our teachings one should have a clean and inquisitive mind. When the teachings received are translated into action further teachings happen. If one is not open-minded but is bound by tradition our teachings are misunderstood and misquoted. Through time many good teachings settled down slightly distorted. It is for this reason we require our aspirants to be not only clean-minded but also open-minded, unconditioned by the existing traditional understandings.

The key to realization is to comprehend the essentiality of our teaching and not get lost in the side issues. The aspirants bound by tradition look for the comfort of their tradition in our teachings. It is like villagers who look for village facilities in a metropolis. We made available a vast land for open-minded thinkers to pursue the truth and the life afresh. But in the new land also people entered with their old symbols and insignia. America is the land of



experiment for the new age where all are gathered from every corner of the globe but they brought along with them their churches, mosques and temples. No wonder in future there are religious wars even in the land of opportunity. It seems difficult for humans to shed their non-essentials and follow the path of essentiality.

Until man individually learns to unfurl the peripherals he cannot be a follower of truth!



Catechism

Teacher: What for have you come here?

Student: To know.

Teacher: To know what?

Student: To know the unknown.

Teacher: Why should you know the unknown?

Student: Because of the fiery aspiration.

Teacher: Is it curiosity to know the unknown?

Student: Not only curiosity but also to follow the needed action to experience.

Teacher: Are you ready to follow the instructions?

Student: I am ready to follow the instructions.

Teacher: Don't you wish to know before you follow?

Student: I do not.

Teacher: Why is it so?

Student: Some are known only by action and some are known even before we act. I am prepared for following the instructions with or without knowledge.

Teacher: Why are you so keen to know the unknown?

Student: It is the inexplicable impulse.

Teacher: There is no unknown. There is only forgetfulness. I shall recollect to you what is forgotten.

Student: I am blessed to find my teacher.



A Discipline

Discuss not with the stupid. Be silent towards the irresponsible, sink not your discrimination, prolong not conversations with people of lesser understanding. If you do so, you remain peaceful and also remain at poise.

When people exhibit their knowledge, try to understand their anxiety behind such exhibition. Whenever there is over-talkative nature in a person, listen to what he needs.

Remember, seldom you encounter in the world beings of depth, and often you encounter the shallow. Rejoice when you encounter the depth.

Yoga Path

That Truth is beyond the outfit of religion is known to all. To know the Truth one needs to dig deep and not go by surfacial understandings. The intent to see beyond the apparent is the basic quality required by a Truth seeker.

To think of the subtle and to visualize it should be his daily exercise.

To trace perfection in relation to every aspect of life should be the daily engagement.

Setting the mind and body for right action shall have to be done ritualistically.

Respecting the co-being, treating with affection and nourishing it, if necessary, are part of the discipline.

The one who follows the above principles is on the Path of Yoga though not very consciously.



30

Review

It is but necessary from time to time to review one's life. The following is helpful:

1. Daily introspection of thought patterns and elimination of useless thinking.
 2. Examination of self-illusions and empowerment of the plan of action.
 3. Review of purpose of activity in every facet of life.
 4. Ensuring non-intrusion of:
 - a. Excessive desire,
 - b. Anger,
 - c. Fear and miserliness,
 - d. Mundane attachments,
 - e. Pride,
 - f. Jealousy.
 5. Speech is the most powerful of man's faculties. It needs to be minimal and pleasant.
 6. Examine the effect of duality on the self.
 7. Contemplate upon the source of thought.
- 
- 

A few Tips

The Path of Yoga is no different from the Path of Fire. The purpose of yoga is to transform from ignorance to knowledge, darkness to light, mortality to immortality and impurity to purity. The purpose of Fire is also the same. Fire absorbs all into itself. When true practice of yoga happens in oneself, one overcomes inertia to start with and gains dynamism. Comprehensions grow; clarity emerges from confusion; body becomes less heavy; life moves with enthusiasm. These are but initial signs.

Many more transformations happen. Some are conscious, some are unconscious. The mind sheds fear, doubt, anxiety, anger, irritation and resists pride and jealousy. The student realizes the value of mind, senses and body and gains right attitude towards them. Buddhi stands reinforced and is willing to worship, contemplate and meditate for longer hours. These are but a few tips to self-examine if one is progressive in the Path of Yoga.

Raja Yogi

Yogis intent to be Raja Yogis. A yogi is a transcended one. A Raja Yogi is a king of such transcended yogis. A Raja Yogi demonstrates the true synthesis of knowledge, action and devotion. In him, the three qualities of the soul stand forth at their optimum. In his every simple action spiritual quality is reflected. He neither discards the past nor the future. In him the old and the new merge to bring forth the light of Presence. He knows not rejection. His path is of inclusivity, and is not of exclusivity. He is the true leonine one. He is true representation of Leo the sun sign.

Divine Unity - Yoga

Yoga is not a part time practice to be carried out during morning and evening hours. Yoga is a way of life. Yoga needs to be in action throughout the day, in whichever facet of life that one is engaged with. To be one with the divine and to function vis-à-vis with every facet of life is Yoga. If one does so the unclean thoughts, speeches and actions gradually find their way out from the life of a Yogi. If one is engaged in filthy thoughts, speeches and actions during the daily life, while doing the morning and evening exercise of Yoga practice he deceives himself. Self deception is horrible and is stupidity. Self deception is self murder, a suicide. It is considered a crime.

Yoga is the fire, when you associate with the fire it burns away all that is impure in you and retains whatever is pure in you. For this reason Yoga is also called as Agni Yoga. When we say Agni Yoga, people deceive themselves that it is different from the yoga of Patanjali, the classical yoga. Humanity has the knack of



deceiving itself, by aggrandizing themselves with new terms of yoga. Yoga is but one and has many names, just as the God is one and has many names. Do not glamour yourselves with terms such as Kundalini Yoga, Agni Yoga, Patanjali Yoga, Raja Yoga, Yoga of Krishna, of Christ, of Pythagoras, Yoga of Synthesis, and Integral Yoga. Most of the so called aspirants are engaged in kindergarten playing with the toys of terminology. This is disgusting.

Bring Yoga into daily life. Be with the divine while you are at speech or in thought or in action. Be with the divine while you are with yourself or with the family or with your vocation or with your social action. Be with the divine while you are in programs of entertainment. To be with the divine as much as is possible and gradually establish unity with divine at all times, in all actions, in all facets of life is the way of life which is called the life of a Yogi.

Do not fancy about Yoga unless your effort is to be with the divine!



Jealousy

Jealousy is mental leprosy. Mental leprosy is very high today and we relentlessly try to heal. Jealousy killed many a disciple. Jealousy eats away the little knowledge and feeds the pride. Jealousy caused wars, jealousy caused robbery, jealousy makes man restless, jealousy drives man to deadly acts. Jealousy is the energy that imprisoned this humanity. Only the focused one, who attend to their work of service with discriminative will, can escape out of the forest of jealousy. Duty, discriminative will, attitude to serve, and non-engagement in side issues are the four cardinal principles to escape out of the dark forest. Be not a leper at any cost.

Yoga Explained

Every man in his natural and normal state is a yogi. In him the soul and the personality stand associated. The awareness and the life principle also stand associated. The mind and the five senses similarly stand associated. The five sensations, the five senses, the five elements and the five pulsations are also in concordance. More or less they cooperate with each other. Thus more or less man is in a state of yoga. In a family the man and the lady may quarrel, may have disputes and arguments, but still they live together. So is the case in an institution. Togetherness is nevertheless maintained while being friendly sometimes and unfriendly sometimes.

When there is friendliness and agreement yoga expresses. The purpose of yoga practice is to gain more and more agreement and friendliness and thereby gain greater ground for yoga. When there is an agreement found between the body, the senses and the mind and buddhi there is already yoga. When thought, speech



and action follow buddhi, it is a state of yoga.

Increasing the candle power of buddhi is also part of yoga. Submitting the personality to buddhi is a further step in yoga. Surrendering the pride and the prejudice to buddhi is an advanced step in yoga. Surrendering oneself to 'the Divine in oneself' is the final step of yoga.

Thus yoga practice should be seen as a means of working out agreement between the various aspects of human awareness. It should not be seen as a routine practice, some techniques of breathing or on contemplation and meditation. In the name of yoga people do varied things but they do not resolve the inner disagreement and outer conflict. A yogi is one in whom conflict does not exist within or around.



Tips to Yoga Life

1. Practice daily at least for five minutes to breathe deeply, long, softly and uniformly.
2. Abstain from smoking and drinking undesirable drinks.
3. Add much fruits, fruit juices and vegetables to your daily diet.
4. Eat moderately the pulses.
5. Use the foot wear as per necessity to protect the feet from excessive heat or cold or rough surfaces.
6. Have a stroll for 15-20 minutes before sun rise. A stroll is a relaxed walk, not an exercise.
7. Allow not fear. If fear encounters resort to teachings of wisdom or music.
8. Drink much water and ensure clean living.

These are the fundamentals which are generally overlooked.

Witnessing

To settle in Truth is the very goal of Yoga. Truth is surrounded by many circles of light, of darkness and of twilight. All these circumscriptions are not the Truth. They are, no doubt, of the Truth but are not the Truth. Within these circumscriptions the beings live in different grades of light, of darkness and of twilight. Theologists believe that Truth is light and darkness is false. But light is also as false as darkness. Illusions happen not only in darkness but also in light. Needless to say that there are greater illusions during the twilight hours. The layers around the Truth are all but projections upon the silver screen. Truth is beyond. "I am That, That I am" is the only Truth; anchoring to this Truth one may stay observing the phenomenon of light, of darkness and of twilight.

Observation is the key to distance from the activity of light, of darkness and of twilight. For this reason the key to yoga is given as observation. The other name is witnessing. Witnessing around is one



dimension, witnessing within is another dimension.

As one learns to witness within and without, he stands out of the layers of Truth and stands in Truth as 'That I AM'. He experiences himself of the noumenon while all around him is phenomenon.

Disciples are strongly recommended to be observers even while they are in variety of actions in the name of goodwill and in the name of Hierarchy.

A Simple Hint

A little hint to the students of yoga - even while you are engaged in huge tasks on a day, do not abstain from the daily bath and prayer. Do not abstain from them however stressful is the day. In stressful times don't you need a much more stable mind? The simple way to gain stable mind is prayer. A shower also helps the mind to be clean. A clean mind at prayer can get reinforced with stability and that stability enables you to appropriately discharge the stressful tasks.

Remember, if stability is lost, your performance settles to sub-normality, while you need extra-normal stability to perform extra-normal acts of the day.

Commandments for Sadhakas

The hierarchy published certain commandments for the benefit of the Sadhakas. The Sadhakas would do well to follow them.

1. Understand that the name of the Teacher whom you follow is the most sublime sound to you. Do not ever pronounce it lightly or casually. That very sound of the Teacher's name is the mantra that links you to the Teacher. The connection to the teacher is snapped when you pronounce his name frequently and do so callously.
2. Never abandon anyone who depends on you. Extend your cooperation to them as much as you can and as far as you can. Do not feel tired in this act.
3. Whenever an opportunity arises, inform the fellow beings the purpose of their being on the Earth.
4. Disassociate at once with persons who speak slighting your Teacher or the Hierarchy. If you do not disassociate you get disassociated with your Teacher and the Hierarchy.



5. Strive as much as possible to follow the teachings of your Teacher. Your sincere striving enables transformation, regardless your success or failure. Teachers observe the sincerity of striving and do not look for the results of striving.

6. As you strive sincerely veil after veil is lifted for you and in due course, Isis is Unveiled.

7. Hierarchy on Earth is as true as a cucumber on Earth. Do not ever disbelieve their existence.



Social Recognition

May not the Yoga student deviate from being normal and natural. Yoga is a practice for training the inner person and has little to do with outer exhibition and expression of his yoga practice. He should gradually eliminate the instinct to be recognized and appreciated in social circles. He would do well not to attract others attention towards him, which would obstruct his rhythmic routine relating to practice of Yoga. Social life is many times strange. It has many programs with little substance. It's a life of mutual admiration concurrent with criticism and calumny.

Let-not the Yoga student get lost into the glamour of social life. The phenomenon of society is neither to be ignored nor is to be excessively associated with. Even the best of the humans met with injustice, criticism and cruelty in societies. Let the yoga student realize the myth of social recognition and proceed with the rhythm of yogic life eliminating from his mind the glamour for social life. Serve the society and be neutral



to its admiration and criticism. “Be Silent in matters of social admiration and criticism”, says Lord Krishna. Great initiates like Socrates, Pythagoras, Jesus Christ served society at length and yet were not spared by the social malice. Such is the dichotomy of social life.

Let not the Yoga student attach too much importance to social recognition. Strive for social good and look not for social admiration.



Cardinal Principles

There are certain cardinal principles for the voluntary service organizations to flourish. The organizations have better longevity if these principles are respected. We may mention them as under.

1. Reasonable flexibility. The executive committee of the organization should have reasonable flexibility that would enable the members to function with certain degree of freedom. If the ambience is too rigid then the members would leave.
2. There should be total absence of authoritarianism. Authoritarian communications should be substituted by friendly communications. Friendliness should be the basis for all interactions inter se by the members.
3. Criticality destroys the cordiality. Learn to communicate without being critical. Even advanced students do not know how to speak without being authoritarian and critical.
4. Co-operation should be implicit. Silent non-



cooperation would destroy the institution.

A member of the institution should have daily introspection. He should analyze himself of his tangible contribution to the group. Is he critical? Is he authoritarian? Is he non-cooperative?

The Yogi - The Causal World

The present events are but the consequence of the past actions. Nature prepares recipes from out of actions done and serves them in due course. There are no accidents in Nature. Accidents are apparent. In truth they are incidents. All happens as per the law of cause and effect. The Yogi knows it and does what he needs to do in a community at a given time. A Yogi stays beyond the activity of cause and effect. His actions are of pure Will the other name of which is goodwill. They relate to situations and carry no personal motive in their act of relating to. The beings that gather around a Yogi may belong to the causal world. But the Yogi is not. He relates to them as much as is required. He has neither motive in action nor aspiration for the fruits of action. He is an example for those who are around him to notice how to lift themselves up into the world beyond cause and effect.

Yoga Dynamics

The Hierarchy reviews the science of Yoga every century to enable adoption of Yoga to the contemporary world. The Hierarchy thus keeps the science of Yoga dynamic and adaptable to the contemporary times. The cardinal principles always remain the same. The other principles are put to modification according to the time, according to human habits and according to their conditions of living. By this the science of Yoga is kept practicable and accessible to every average human.

“Unity in essentials, diversity in non-essentials and charity in all motives,” is the main principle that the Hierarchy follows. The endeavour of Hierarchy has always been to enable humanity to evolve. Physical disciplines are more often put to change in preference to cardinal principles that enable purifying and evolving the mind. Mind and its purification, its evolution, its unfoldment to the light of buddhi is of paramount importance. Physical disciplines such as



postures, good habits, dress habits and traditional rigours are let off to one's own choice. Constant recollection of the Omnipresent One is of paramount importance, the rest is secondary.

This is our present approach to Yoga.



A Counter-productive Habit

Yoga students are well advised to let off unused articles remaining at home. What are not used, are useful to others. Holding articles and not using is contrary to the law of material. If one does so it conditions the students. Material has conditioning nature. Review from time to time articles at home and what is generally unused must be given away appropriately. They must be restored to places where they are effectively used. Useless articles should not be retained. Likewise, useless contact need not be maintained for social, family or customary purposes. Such contacts cut across one's time utilisation. Purposeless socialisation is sheer waste of time and has to be avoided. Be it material or men or wealth, let it not be amassed and stored without use. Such amassing has a subtle impact on life and causes an unnoticed drain on life and light energies.

In present day times many aspirants have developed the habit of gathering too many things and



too many contacts. The consequence of which is lack of time for meditation, study and service. When things around you pull you into objectivity how can you carry out yoga practices which are subjective in nature. Students work contrary to their progress.

We over-view this pitifully!



The Slipping Step

Yoga practice is significantly hindered if one is indulged beyond the need vis-à-vis the domestic, professional and social activity. Time should be regarded as the most important factor by a disciple. He cannot burn away time in avoidable social, domestic and professional activity. Care should be taken in developing associations around oneself. A socializing one drifts away from yoga for sure. Such ones waste time, energy and money. Their fire of conscience dampens through excessive triple activity. The domestic, social and vocational activities would be suicidal to the soul when they are beyond proportion. In such situations one would not be able to establish the golden triangle of meditation, study and service. It is essential for disciples to simplify their life.

Natural Yoga

As you flow in life, you come across values. Do not neglect a value that approaches you. Values are true friends. They stand by you in your hour of need. Valuable advices, valuable persons and valuable articles in the form of symbols approach you. Your indifference to them is an act of arrogance from our standpoint. It's like kicking away the good luck that knocks at your door. Nature knocks not once again in the form of good luck, when you do not pay attention. This is an infallible law.

The depth of a value is not apparent. The primary value that is co-born with you is your body. Its value is never realized until it starts troubling you, conditioning you and finally imprisons you. Ponder upon the value of human body and the potentials it contains. Cultivate the body and give birth to the precious gifts that it yields. It can present to you a golden body if you really know its value and appropriately cultivate it.



Likewise, there is another value that approaches you. It is the family. The family in which you are born is the next luck that visits you. It is the primary school in which you are. Understand the value of this school and preserve it.

Likewise, life offers you through time many other values which enable you to serve the society. Be a server in the society but not a dependent of it.

Serve the body, the family and the society. Your progress is ensured. This is Nature's path of yoga. It is natural yoga for progress. No other yoga is as fruitful as this. When you do not practice this yoga you cannot have stable and comfortable mind. Without stable and comfortable mind any practices of yoga are futile.

Step not out of natural yoga to practice other theories of yoga!



A Peaceful Way

Worry not much of the fall of the human race. It is but a collective recipe of individuals like you. Work out self-upliftment through a life of goodwill. It contributes to the upliftment of the surroundings and the surrounding beings. Do not look for social reforms without reforming yourself. Unless you are transformed you cannot be instrumental for social transformation. Only a transformed one is fit enough to contribute to social transformations. Social upliftment cannot happen by a group of fallen individuals. Impure energy cannot work for purifying the surroundings.

Self-purification, self-transformation and self-upliftment generate the needed inspiration in the surroundings. Those who look for such upliftment would join forces. Do not rub your inspirations on others. Do not try to influence your way of thinking and living through the means of power, however beneficial it may be to you.

Rule yourself and let others rule themselves. If they seek you may share your experience, this is a peaceful way of transformation.



Contribution to the Teacher

Your internal and external purity is a value to the Teacher.

Your demonstration of the teachings is a value to the Teacher.

Your teaching of the values you demonstrate is a value to the Teacher.

Your clarity in thought, speech and action is a value to the Teacher.

Your repeated teaching with patience is a value to the Teacher.

Contribute such value and gain the favor of the Teacher.

A Dimension of Yoga

Are you following the path of yoga? Are you truly following the path of yoga? If so, find out the following with you:

Can you stand thirst? Can you withstand hunger? Can you bear the heat of the summer and the cold of the winter? Can you stand scorching sunray and the downfall of rain?

Do you get irritated and disturbed by the above? If not, you are fit to pursue Yoga.

Yoga stands for equipoise. A student of yoga who tends to stand in equipoise remains dispassionate to the extremities of life. He accepts thirst, hunger, heat of the sun, cold of the winter and so on dispassionately, making the necessary adjustments within himself. As long as one complains of the above, one is deemed to have failed in his yoga practice. Dispassion is the key word for yoga. Dispassion helps to stay stable in favorable and in unfavorable conditions. Know this on your path of yoga. Accomplish it as early as possible.

A Glimpse into a Yogi

Yoga aphorisms are not meant to be sweet and agreeable to the ears. They are meant for practice. Just listening to them is no good, a little practice already bestows tangible good. Remember, a little effort in the path of Yoga has a tangible impact on you. A true Teacher of Yoga imparts Yoga aphorisms not to show up his knowledge, but to recollect to the students the true purpose of life.

A true Yogi imparts not to the ineligible and to the indifferent. They have no glamour for teaching. They teach because the students sincerely demand for the teaching. A true Yogi has no obligation to any. He has no cause to teach; his action is causeless and is therefore joyful. They remain available to sincere seekers, but do not publicize themselves or show inclination to reveal themselves. Through such a Yogi, the Will, the Love and the Light express themselves, for He is at all times neutral.

Neutrality is the master key of Yoga. They

reveal themselves only to those who recognize them.
And to the ones who recognize, they dispassionately
recollect for them their identity as 'THAT I AM'. They
seek nothing. They are in a state of At-one-ment.



Planetary Work

Drinkable water is pure water, it is like the blood. Undrinkable water is impure water, it is like impure blood. The impure blood in the body is purified in the heart with the help of fresh life supplied by respiration, and the pure blood once again flows through the arteries. Nature purifies the impurities emerging from natural activity. Nature has an auto-purification system. Nature is conducted by fire, the carbon emerging from the conduct of fire is cleansed and the freshness is upheld.

Man also has to follow this principle of nature. He needs to ensure that the house he stays in, that tends to be impure by his activity, shall have to be purified by him. This is because he built a house in nature. All that impurity emerging from man's activity shall have to be purified by man only. When a child plays with toys, and lets them in disorders, the mother instructs the child to restore the toys to order. Thus the mother teaches the child.



Mother Nature teaches the human through its demonstration. But when man does not accept the teaching and conducts himself, he creates a hell out of the earth. Men are responsible for the cleanliness of their house, their village, their town, and their cities. Let not the purification be limited to one's own house, let it be ensured for the planet which houses all the beings. Such a work is planetary work.



Habit Forming, the Key and the Riddle

The beauty of Yoga is that you get into a habit for transformation and later you have to get out of the habit, after you are transformed. You get into a boat to cross a river; if you don't get into it, you cannot. But having crossed the river, you cannot continue to sit in it. The boat is needed to cross over the other side of the river, and it is no more needed after one crosses over. Getting into a boat is necessary, getting out of the boat is also necessary. Getting out of the boat half way through is dangerous. This is the essence of Yoga.

Yoga demands formation of certain new rhythms and habits and submission to such rhythms and habits until the transformations are complete. The rhythms and the processes are required for transformation to happen. Once transformations are through, the rhythms and the related habits are no more necessary. They are only carried out for the benefit of those who follow the transformed one. But if

one is stuck with his own habits, one cannot say he is a



liberated being. Getting out of a habit is as difficult as getting into a habit. From time to time, one should see if one is conditioned by one's own habit.

For example, one can test himself if he can get out of such habits as coffee drinking, of cake or chocolate eating in the afternoon. One need not be in a hurry to drop other Yoga habits until he finds the ability to drop the other routine habits. Habit formation enables one to attain but the self-same habit can hold one from attainment unless one also comes out of that habit by which one attained.

Ponder over this.



Self Deceiving Activity

Observation is the key note of Yoga practice. To be an observer is of paramount importance. Be an observer even while you are a participant. Let a part of you be participating, let the other part be observing. Let the observer observe the participating part of you. Let not the observer sink into participation.

Many would like to know the moves of nature. Many are interested to read into the future through the astrology. Many are preoccupied with the coming golden age. Such things are possible only when one gives birth to and grows in him the observer. When observer in you grows to witness what is happening in you and around you, you can see the moves of nature, the twists of time and the advent of the new age.

Messiahs have come even while many where expecting. They have come and gone. The expectant ones are still expecting. New age has come but still people dream of the new age to come. This pathetic aspect of humanity is due to their inability to observe.



They are preoccupied with action. Even the so called disciples and Yoga practitioner miss frequently when they expected times and events have come and gone. How can the sleeping ones see the sunrise? The sleeping ones sleep while the sunrise had already happened. The sleeping ones miss the destined stations. Is it not common that the sleeping ones sleep over the destination to get down, and travel further?

While sleep is a boon of nature, it can also work out as bane. The new group of world servers who are intended to be the observers of new age as also the conductors of the new age still live in expectation of descend of an avatar. Avatar has come, has done what is to be done and receded into the ethers. The Hierarchy observes helplessly, the sleeping groups. The humanity by large is preoccupied with activity and did not develop the quality of over-viewing or observing. Every time the humanity is deceived by their own preoccupation. It is neither time nor nature that deceives, it is they who deceive themselves and set the blame on nature, on time, and even on teachers.



The Twilight

The teachings are ever continuous. The teachings happen during the morning and evening twilight hours from the Ashrams of the Hierarchy. There are disciples in the world who tune up to and listen. This may look strange, but it is true. Not only teachings but also music is transmitted daily from the Ashrams in tune with the season and the planetary configuration. Those who can listen through heart can listen to our teachings and our music. Those who are attuned to our teachings and our music are ever enthusiastic to get ready during the twilight hours to attune to us.

Most of the teachers in the world set up morning and evening prayers. This rhythm set by teachers, when followed, one would find the needed transformations happening within. Veneration to morning and evening prayers and participation in prayers during twilight hours is but an essential step for the aspiring students. Much would happen in the twilight hours with much less effort. The residents of

tropics are thus better placed, due to the uniformity of morning and evening twilights. Others need greater striving to get the needed transformation.



Sat-guru

A Sat-Guru does not seek a shelter, a habitat or an ashram. His shelter is the cave of his heart. He resides in the nest of pulsation within the cave of heart. Neither the cave nor the nest is made up of brick and mortar or the twigs. Its all weaved by the fabric of consciousness.

A Sat-Guru has many houses like this. They are the hearty caves of his students. He lives in their hearts and is untouched by their status, riches, properties, etc. As many students as a teacher has so many shelters of consciousness are available to him.

A Sat-Guru participates in human activity as any other. He can be cognized by the vibrations he spreads through his looks, speeches and actions. He does not move un-required. Nor does he talk un-required.

He supports the scriptures and the teachers and does not indulge in criticism. His actions are precise and clear. He alerts his followers of the pit falls. He is deeply grateful for simple favors received.

He is fearless and yet not adamant. He has only
one work to do, to awaken people in their hearts.



Multiple Functioning

'Our's is not a mission. Our teachings and our plan of work are for those who listen and practice and are not for those, who propagate us and our teachings with a missionary zeal. The propagators generally do not follow the teaching and practice. There are too many propagators in the world and too few practitioners. Our teachings are for self-enlightenment and therefore do not need publicity. A major part of human mind is afflicted by commerce. For this reason, many do publicity and business with it. Very few practice for self transformation. Those who follow the teaching and implemented it in their daily routine, slowly go through the needed transformations. Such transformations enable them to enter into and to move in the subtle worlds. The subtle and the gross exist in space in different graduations and a true student works in the subtle and gross as well. Thus, he is affected in more than one plane of existence. Work out the teaching in your life. Worry not for their propagation.

A Principle of Brotherhood

Mutuality is the fundamental step of brotherhood. Mutual cooperation builds bridges of fraternity. Let cooperation be established. Ensure that you cooperate with others, though such cooperation is not set forth (or, it is not forced) coming from others. The spirit of cooperation that you demonstrate enables your unfoldment. Don't hold a complaining nature, that others are not cooperative. If you nourish and develop the sense of cooperation new, you are fit to be a brother. When your sense of cooperation is complete, you join a brotherhood that supports you from the invisible plane. Do not demand for cooperation. Do not command for it. Demonstrate it yourself. As you demonstrate, it builds channels of energy for brotherhood to happen in the surroundings. Let not brotherhood remain an ideal concept. Let it be a manifested reality.

Past, Present And Future

Think not of the past. Carry the related lesson as wisdom emerging from experience. Imagine not of the future. It is a waste of time. Do what is to be done today. Man somehow relates to the sorrows, losses, and difficulties of the past. The mind retrogrades to bring back the details of the events that passed by. As much as one is drawn into the path, so much one misses the present. Carry the lessons from the past. Carry not the loads of the events. Man also carries with him the past accomplishments and wastes time speaking of them in the present. Even by this, the time is wasted due to indulgence into self-boasting. Man's past is heavy to him either way. He should learn to be light by jettisoning the past while retaining the experience. He can move into the future through the present for, the future comes up to him as the present. He need not over step into the future. It is impractical to do so. What comes up to you, need not to be fetched. As it comes up to you relate to it and move forward. Moving



forward is by relating to what the present brings today.

Tomorrow will come to you. Do not try to walk into tomorrow. By your projection into tomorrow, you tend to be impractical today.

May the past and the future culminate in you during the present. By this, presence can be experienced.

Inheritance

Every person inherits from his or her parents articles, things, properties, traits, tendencies, thoughts, aptitudes and attitudes. The inheritance can be of positive energies or negative energies. It is but common sense, that what is positive should be retained and what is negative should be dispensed. If one inherits properties from parents, which caused enough trouble to them, they would also cause problems to oneself. It is better that one rids oneself from them. Likewise, a ring coming from a mother or grandmother or a great-grandmother cannot be held for sentimental reasons, if those mothers were never happy wearing them. Similarly, our predecessors carried certain traits, attitudes and aptitudes. It is important to see dispassionately how the predecessors lived. Did they live righteously or otherwise? Did they promote life in the surroundings or did they suck from the surroundings? Were they joyful or sorrowful? Were they harmonious or were they ever in conflict?



Inheritance can be negative or positive. If it is of positive vibration, it can be entertained around. If it is of negative vibration, rid yourself of them. Ill-gotten wealth when succeeded to, continues to trouble his owner if not destroy him. Don't you see in the world the children of the rich, whose richness was questionable from the moral and spiritual stand point, get spoilt very soon? What is materially true is energetically true.

Inheritance and legacy has to be accepted on the basis of its quality but not on the basis of its worldly value.



Fragrance

Don't forget the significance of the fragrance and the products of fragrance. Fragrance is the means for the Divine to enter into and give presence. May your house be fragrant, may your body be fragrant. Allow sandal, musk, camphor and such other fragrant materials in and around you. A clean mind is the true fragrant mind that enables experience in the presence.

In ancient times, the devotees were lighting lamps and burning incense thrice daily. Where fragrances are not allowed, there cannot be done much to invoke the divine. In modern times, fragrances are prohibited in certain places. In such cases, it is better for an aspirant to prohibit himself being there. Prohibit places and persons who prohibit fragrances. The prohibition is the impact of Kali on the minds of such persons who prohibit fragrances. The moderns allow tobacco smoke, but do not allow incense smoke. That common sense is uncommon. It is proved many a time.

In temples and sacred places, fragrance is abundantly



used. In places of meditation, discourse and devotion, fragrances are but common. Fragrance enables invitation of divine energies.

In matters of healing, fragrances have a great role to play. Not to allow natural fragrances in the hospital is denying the nature's healing powers into the hospital premises. Instead, in modern hospitals harmful chemical sprays are used that contribute to sickness. In ancient times, there was a science to recommend a particular fragrance for a particular situation. This science is now unavailable to humans. Sandal is considered as the king of the fragrant material and it may therefore be held at all times to resist negative energies. It may not be out of place that on the planet there was a place where traditionally abundant fragrance was used and the city itself was called fragrance. Hong Kong means place of fragrance. Today Hong Kong is otherwise. Yet there is a hillock dedicated to Buddha where even today fragrance is abundantly used.



A Key

The teachings should help to live well, to live every aspect of life and experience the juice of life, which is as sweet as ambrosia. It is impractical to think of the life after death, when one cannot live well the life before death. Life after death is a subject, which draws attention of many, but it is not for those who do not know how to live well in the given life.

Be sure, a person who cannot live well cannot die well and live well after death. How can a student of the school, who fares not well at the school, think of faring well in the college and in the university? Many esoteric groups are interested to know about life after death. It is sheer inquisitiveness. The inquisitiveness is scattered to by many writings, books and teachings. But, is it not impractical to think of the life after death while you are living your life now?

Think of living well now. It gives you the clues how to live through death and to live after. All projections into the future make one an impractical

occultist. Into the present, the past and the future culminate. If you live in the depths of the present, you have the vision of the past and the future as well.

Discipleship is ever practical and is never a slippery ground. Do not sidetrack from the path. On either side of the path, it is slippery.



Irritation

Irritations that you get are of two types. One type of irritation comes from one's own inability to improve oneself, to develop oneself. This is common to a Truth seeker, a disciple. A disciple tries to overcome his personality but frequently fails. Such failure causes irritation. If irritation is strong it gives birth to poison. Such poison is dangerous to the disciple's health. It can lead to negativity also. The medicine for such an irritation is Pranayama and contemplation upon the Golden Light. If one cannot do Pranayama and contemplation, then one should seek Satsang (association with men of Goodwill). If one turns negative even to the group energy, then one leads oneself to self-winding and binding.

The second type of irritation comes from the world around him, his inability to succeed in the world as desired. In such a situation one loses confidence in oneself and lands oneself in self-pity. Such self-pity weakens the heart and makes him peevish. Such a one



expects that others should come and take care of him and that others do not love him enough, that all around him are selfish people. It further leads to ones own theories that the world itself is defective and all worldly life is nothing but pain. This chain of thoughts confuses him and looses discrimination of right and wrong. The will gets distorted. The intelligence contracts landing one into hatred and dislike to all that is considered good. For such people, only through time and appropriate events, an exit route for solution will arise.



That I Am

I AM is consciousness in its limitedness. It has its shade, as egoism. I AM is circumscribed by limitation and suffers the rotational movement. I AM is not a complete understanding. THAT I AM is complete understanding. I AM by itself being excessively self-conscious tends to separate itself. As one separates oneself, one suffers more. Separation leads one to be an islander surrounded by the waters of ignorance. It constricts itself and suffers through self-separation. THAT I AM enables integration. As much as one relates to THAT, one sees the brotherhood of beings and the fatherhood of THAT.

As much as man is tending towards materialism, he tends to be separative and highly individualistic. He disables himself to live in a group of beings, he turns to be excessively separative and leads himself to loneliness. To reverse this process of loneliness through individuality, group formation, group training and group living is a message. Those



who live in the shade of civilization cannot see the beauty of the togetherness of a group and in a group. If one is able to live with a group, in a group, one has to look within the inabilities in oneself. The single factor for this inability is nothing but one's own egoism.

Integrating into a group, living for the group, sharing with the group, sharing in the group, working in the group, gives the needed expansion for the ego to brake. Until the ego is broken, I AM cannot be graced by THAT. THAT I AM is popular as a word and is rarely seen as an expression of a being. THAT I AM is the state that we cherish, we teach and we wait.



Paradox of Paradise

When one loves oneself more than others, such one is egoistic. He cares not for others. He slights them. He tends to be indifferent towards others. His indifference leads him to be even repulsive of others' presence. In this way, an egoist builds around him a fence by which he tends to be lonely. Being lonely, he complains that others do not care for him. The self-pity of an egoist is the cherry on the top of the cake. He eliminates people around by his egoistic attitude and complaints, that he is lonely and the surrounding people do not care for him. It is not easy to open the heart of any egoist. The egoist has only one solution. Through events and situations of life he meets his Waterloo, where he gets cornered and he is compelled to look into himself. If, and only if, repentance springs from within, the solutions would start emerging. Otherwise, he remains beastly. He moves around with his viewpoint, illusioning himself, that he holds the vision. The stories of diabolics in the scriptures show how through



egoism one turns to be diabolic. No one is born diabolic. There are no born diabolics. All diabolics and the Divine were originally born as human to one patriarch called Kashyapa. By their attitudes, some turn diabolics and others turn divine.

Humanity is the source from which diabolic and divine as well are made up. The rate at which the diabolics are born is far higher than the rate at which the divine are born in humanity. The paradox is that humanity craves for kingdom of God, while it works in diabolic ways.

Humanity is in a paradox. It dreams about a paradise!



Gardening

The aspirants are measured by the degree of unfoldment of their heart. Wisdom practices must necessarily culminate in release of heart energies. As much as the energy of the heart expresses through one's life, so much one is considered to have cleared ignorance and egoism. When egoism gives way to humble nature, the presence of Hierarchy can be sensed. Where there is ego, there is neither the heart nor the Hierarchy. Wisdom coupled with humility, humbleness enables release of heart energy. It also enables the cooperation of the Hierarchy. Only those that are functioning with the heart can be gardeners. They can take care of the tender souls. Group building is a gardening work. A gardener does not neglect any plant. He ensures that every plant gives birth to flowers and fruits. Learn to grow a garden of flowers and fruits. Learn also to build a group of heart energy. The heart holds the key to build gardens and groups.

Group building is the art of the heart!

The Blind King

Tolerance, patience and forbearance are the qualities that neutralize egoism. An egoistic one exhibits none of the three. He cannot pardon others. All those who are acclaimed as sons of God have all being exhibiting the triple qualities. They are tested of their tolerance, patience and forbearance. They exhibit equanimity even in trying situations. An egoist exhibits himself out of his shallow. He lives for himself and for those who he may define as his people. He circumscribes himself. He differentiates people as his and others. To such differentiation he steps out of equanimity.

Once he steps out of equanimity, he tends to be mundane and hard-hearted. Such ones live as the living dead. They are blind of the surroundings. There was living a blind king long ago, who occupied the throne and brought calamity to his clan.

Maitreya Community

Where there is heart, there compassion and co-suffering exist. One feels in one's heart the pain, the sorrow and the difficulty of the fellow beings. Any calamity on the planet such as fire accidents, tsunamis, earthquakes naturally strike the heart of a true disciple, since discipleship tends the heart to be tender. Such tender hearted ones belong to the community of Maitreya.

Maitreya community tends to heal every mishap on the planet. The members of the community are very dear to Lord Maitreya. Maitreya community predominantly prays for the well-being of people and for restoration of order in disturbed conditions. These are the true servers. They are the mobile, magnetic healers spread all over the planet. The term 'world-server' truly applies to them.

If you wish to join the community, think of the community and the work that they do. Demonstrate even by little, your love for fellow beings through

service. From centuries, the members of the community are engaged in this noble work.



Nature School

The beauty of nature is experienced by many. The chemistry of nature is known to few. Many do not know the chemistry. Those who buy fruits and flowers least know how they have been grown, how they bloomed and formed. They have no value for the hidden effort of nature in making fruits, flowers, vegetables, grains and corns available. They also do not care for those who grow them through seasons, daring themselves in the fields to the sun, to the rain, to the wind and to the cold. Those who live for their stomachs can never understand the profound work of nature and nature's workers. They only know to buy, to possess, to eat, to waste and to throw.

Nature respects those, who respect the nature. Nature helps those who relate responsibly towards nature. Nature makes all its resources available to those who know the divine aspect of nature. There are many owners of fruit or flower gardens, but they have in every garden owner, a gardener and a guardian. The



gardener is most dear to the nature than the guardian.
The owner is far distant from nature, for, he only
knows to sell and encash the nature's offerings.

We, in Maitreya Community, are all gardeners
even today. In growing gardens, we experience the
growing spirit. In offering the garden product, we
experience the plenitude. Those who wish to follow us
they follow us in gardening as well. Experience the
growth and plenitude. Join the nature's school.



A few hints for Group-Work

A donkey cannot bear loads like a camel. One should know the load bearing capacity before he loads the fellow members. Loading with work is important for the member of the group to grow. Not all can be given equal loads of work. Likewise, the disciple should know the loads that he can bear. He cannot undertake more work and responsibility than what he can do. If he does so, he would either fail or would be perfunctory in the work. Sometimes the overload can cause death through the related tension.

Among the group members some are more inclined and some are less inclined for work. There can be some who are just visitors. Work can be entrusted only to those who are inclined and such entrustments shall have to be as per their ability.

Even those who are dedicated to discipleship cannot continuously be with the work. The Law does not permit. They too need to relax. Aspirants who do not know how to relax would be put to relaxation



through brief illnesses.

The aspirant should learn to work and to relax as well. He also has to learn the time dimension relating to the work. Sometimes the work moves faster. Some other times works move slow. There can be times where the work needs to be suspended.

The last word of caution, “do not drag disinclined ones into work.” It’s like washing the mouth of a pig!



Our Community

The self-conscious man, contrary to the animal, is eternal and immortal. It is called Nara in Sanskrit. Nara is the descendent of Narayana, the sole source of all beings in nature. The self-conscious man can relate and experience. But in doing so, he tends to own that which he regularly experiences. He owns places, he owns things, and he owns people. Being conscious of ownership causes the needed bondage. If one remains a trustee to that which surrounds him one would not have bondage. We believe in trustee ship, but not in ownership. The humans should also lean this. "Be a trustee to that which is entrusted." This is our dictum. Trusteeship enables a friendly relation.

Friends are those who have free ends. Friendliness binds not. A true friendship is a state of freedom and liberty. Contrary to this, ownership ties up the two ends and causes bondage. When there are no knots, life and light go free. Ownership is full of knots. Trusteeship does not suffer from such knots.

Members of Maitreya community own not anything.

They do not own lands and properties. Even if they inherit, they do not feel themselves as owners. They only undertake trusteeship and the related responsibility. When there is nothing owned, then there is nothing sold.

Our community members know that all is given to be shared with all the surrounding beings. The community owns not even their bodies. They full well know that the bodies are given for appropriate use in service. They do not own wisdom. They full well know that wisdom enables them to act appropriately. They do not own power. They know that powers are endowed with, according to the quality of the will. Maitreya community labours for those, who rely on them. They rest not in their houses or in their bodies, but in the Presence. Presence is their place of rest. World is their field of work. Good will is the means of fulfilling the work. Love is the food that nourishes them.

Indeed, the members of the community are blissful, for they are blessed!

Refugee

Prayers can be for self-alignment or for personality-fulfilment. Fulfilment of personality is an endless process. It is like filling a pot that has a hole at the bottom. However much you fill the pot, due to the hole in the pot, the pot is never filled. There are always personality needs, desires and fancies. Attending moderately to the needs, one requires to turn inside, to align with the higher-self in oneself.

Alignment with the higher is fulfilling to the self. But when self is oriented to personality; the prayers and the related energies invoked get drained, instead of being utilized for self-fulfilment. The water that reaches from the sky to the earth cannot be led into the drainages straight away. They need to be preserved and used for self-fulfilment. So also the energies that are invoked through prayers and meditations shall have to be appropriately used to fulfil the surrounding life. Just as waters cannot be wasted, energies emerging from prayers cannot be wasted. They shall have to be



constructively used. Prayers are for self-alignment and for fulfilling one's plan on earth. They are not meant to be channelized into the areas of bodily pleasures and some propitiation of personality. People look for refuge under divinity, but in the divine kingdom, shelter is not for refugees but for those who offer shelter to others.

Let every prayer make each one of you an offerer and not a seeker.



Power of Action

Inertia and ignorance support each other; inertia promotes ignorance and ignorance supports inertia. As one awakens, one is required to be active utilizing the mind, senses and the body, one is suggested to conduct the activity in poise, commencing in order, so as to close the activity at the end of the day in peace. “Commenced in order, conducted in poise and closed in peace, to resume again the next day” is the key to discipleship.

Postponing work is an indicator of inertia. Inability to be timely is also an indicator of inertia. Slowdown at work is also inertia. At the same time hasty, laxness in work is avoidable. Men affected by inertia delay the work to the last minute and later hasten to do. This would result in too many mistakes, which also results in forgetfulness. Until and unless work flows evenly like a stream, the thought flow would not be orderly. When the thought flow is orderly, mind gains the needed poise and elevates itself



to receive intuition thoughts. Making mistakes, rectifying them and adjusting them do not enable either the work or the worker to progress.

Seldom is the power of action realized by the humans. When action is associated with goodwill, the quality of one's actions tends towards the realms of divinity. Appropriate action is the basis for unfoldment of thoughts of higher ends.



The Antidote of Goodwill

Doubt and fear are the things that cause impediments on the way. To such ones the path is obscured. Not knowing the direction, they tend to be devitalized and dispirited. They land in a quagmire of self-pity and despair. They get locked within and need to be rescued every time. They antidote spirit-association with men of goodwill. But men of goodwill are rare to be found. They are difficult to recognize. The only single way to recognize them is through the cooperation that they naturally exhibit. Where cooperation is not, there good will is not.

Many groups of goodwill have formed in recent years. But they lack in cooperation. Conflicts, fights, suspicion and doubt, domination and insubordination destroy many groups of goodwill.

A group of goodwill survives mainly through cooperation. Members are expected to cooperate with each other and respect each other. Where doubt and fear prevail, the group is destined to be destroyed.

May the teams be utilized by the trust that one
posits in the other.



The Beauty of Service

The key to divine life is to live for others' welfare. All those who are divine, amply demonstrate that they do not do for themselves. The Sun, the Moon, the planets, the plants, the sea and the animals, the elements of nature, all live only to serve others. True service enables hassle-free existence. Importance of service to society is played down in modern-day education. Education as a means to service is replaced by education for economic growth. By this doctrine, the humanity is completely stripped to orient to self-survival, self-protection and amassment of resources. The humanity is caught in a web and can never come out of it.

Wisdom says, "Link not service to remuneration". As much as one strives for service, so much nature remunerates. As much as one waters the fields, so much are the fruits bestowed by the fields. The attention has to be towards the service but not towards the fruits of service. When actions are oriented towards the fruits, one is hooked to the world of cause



and effect. If one neglects the very basis of survival, consequently humanity finds it difficult even to survive. The ancients had no problem of survival. They were endeavoring to experience divine splendor through service and their survival was entrusted to nature.

Self-seeking, self-serving, selfish humanity has no other way but adapt to service in life. The beauty of service is seldom realized.



Use and Abuse

One rarely finds a guide to show the way in life. It is still more difficult to find a guide who shows the way to the truth.

Miss not a guide. Misuse not the path-finder. Abuse him not on account of his availability. It creates consequences. The path-finder or the guide hints the way to walk the path of truth. Neglect them not. Pursue the path, with the help of instructions given. Do not try to settle with the path-finder. Walk the path that he indicates. Consult him from time to time. Let it not be frequent consultation. Let it also not be infrequent. Once a quarter is adequate to relate to one's own teacher to ensure the journey to light. That is how the ancestors indicated a quarterly meet.

May you relate to the teacher intensely during equinoxes and solstices. At other times, invoke their presence though prayers and proceed.

May this rhythm be established!

The Seeming Little

Be alert to the subtleties of daily life, if not you are deaf and blind. See how an eagle flying very high in the sky observes even the most insignificant prey on the ground. The higher is your awareness the deeper should be your comprehension of subtleties.

Living in heights should concurrently result in living in depths. If you do not look down with high thoughts you may step over a pebble and break your bones. Awareness is alertness; unless you are alert enough you are prone for accidents. Sometimes accidents can be dangerous.

Working with awareness is working with light. The modern man knows the speed of light. If an accident happens in such speed, it can only be fatal. Be alert therefore. Be alert of little things, little persons, and little events. They are seemingly little.

Profitability

The community of Maitreya is a community of friendliness. Enmity cannot be traced in the community. The members of the community hold no enmity towards any in the world. Since no enemies exist to the community, there is no dispute, no conflict and no aggression. Those who work against community are seen by the community as indirect coworkers. By their opposition, they precipitate and manifest the work. They too hold through their part of opposition, the presence of the community. The presence being divine, the opponents touched by the divine precipitate the needed transformation within them. Subtle is this process, yet it is visible.

The community visualizes opposition as complementary. They know that opposition is profitable.

Justice, Fear and Governance

Justice and fear are incompatible. Where there is fear, justice is not. Where there is justice, fear is not. Fear disables free will, free speech and free expression. Let not fear be imposed. Those who work for justice do not cause fear around. When fear is around, justice is denied of self-expression. It is also denied of hearing and is further denied of the sight. The angel of justice is blind-folded. When fear prevails, it tends to be deaf, meaning it does not listen.

In the age of Kali, fear causes dumbness also to justice. True justice enables freedom and liberty. But today justice is cornered by fear. It neither sees nor listens nor even expresses. This is due to the present day governance which injects more fear into society with the help of power. Looking for golden era remains an illusion for humanity, when governance imprisons justice. Responsible governance can emerge through self-governing persons. Such ones are few amidst the present-day governance.

The Objectives of The World Teacher

To give a death blow to superstitions, to impart knowledge in a scientific manner, to eliminate blind and emotional belief, to uplift the truth of every tradition, to blow away ignorant traditions, to expel fear and to establish goodwill are the objectives of the World Teacher and his community.

We respect every scientific invention. We respect in general, every scientific effort, since it is a systematized approach. We do not encourage unscientific thoughts. But the science we know is much more than the mundane science. We assist striving scientists from the super mundane plane to bring about an innovation at the mundane plane.

Every innovation is but a revelation from subtle to gross. We guide every intuitive person in every field. That man has emerged from the air and that man has emerged from the earth is unscientific. It is more an imposed doctrine than a scientific truth.

Similarly to say that man has come from earth and will



get back into earth is a doctrine of ignorance. Man is semi-human (mundane) and semi-divine. The mundane science knows little of the origin of planets and of the man on the planets. The two of them have history of millions of years, while the scientist hardly knows 5000 years' of the history.

It is good that the scientist now says “we have known the stars and we will continue our pursuit”!



A Few Hints to Disciples

1. Try to establish rhythm and harmony within oneself, the family, the group, and the place where you live and work.
2. Promote life wherever you are.
3. Let there be a gradual progress and upliftment in all the surrounding life, the self, the family, the group and the place.
4. Do not be hasty in translating ideals into action. Let practicality be the key.
5. Never deny any cooperation approaching you from any side.
6. Learn to be tolerant and patient and be cooperative in attitude.
7. Let not despair and disappointment touch you, do not let doubt into you.
8. When doubt is entertained, confusion prevails and fear mounts.
9. Learn to wait, to observe, to guard and to overview.

These are the nine gems for fulfillment.

Human Weakness

The major weakness of humanity is that they do not act upon the little truth that is revealed to them, even while in the elementary schools. Every human is taught in the elementary school that unity is strength. But a grown up human prefers separativity to unity. Similarly while one was a child, he was taught of the benefits of cooperation. But when one grows up, one expects cooperation instead of extending cooperation.

Today, people speak of group life, but not many are ready to sacrifice the comfort of being individualistic in the group life. We do not find in anyone of these new age groups their key persons live and work for harmony at thought, vital and physical planes. If there is any such group of three, we extend cooperation and enable manifestation of substantial work of goodwill. Is this not a paradox? Amidst billions of humans, seldom we find a triangle of harmony existing as between three. Try to cooperate and unify that benefits the world and benefits you as well.

The Path of Love

The strength and perhaps the weakness of our community is that we love immensely the humanity. Love is the only way. We love. We love all. We love the weak. We love the meek. We love even the wicked. Love antidotes the evil of ignorance. By hatred, humanity destructs itself. By love we resurrect them. We love all, so that the humanity is set for resurrection. Members from humanity can join our community by consciously inculcating the habit of love and eliminating hatred. To hate, to criticize, and to judge are acts of ignorance. In all the ignorant beings the omnipresent God continues to be!

The omnipresent one lives in all. He discords no one. The Omnipresent one is our ideal. We admire His love and His compassion to be in all. We follow him to be lovable and compassionate. The Lord said in Gita, “Hate not any being; Be friendly and compassionate to all” (*advesta sarvabhutanam, maitrah karuna eva ca, nirmamo nirahankarah, samaduhkha-*

sukhah ksami - BG:12-13). This is the motto of the
Community of Maitreya.

If you wish to join our community, tread this
path of love, compassion and friendliness. Walk the
path and seek not too much.



A Riddle

From ancient times there is a riddle, which we narrate in our ashrams from time to time.

Once upon a time there lived an animal with gigantic size. It has a habit of eating away the souls causing the illusion of death to them. It can move in waters, on land and can fly in the sky. It has very swift movement. It errants, whoever is found it eats them. It has only one limitation: It does not look back, it only looks forward. One day it encountered a yogi and wanted to gulp him. The yogi smilingly ran towards a lake and entered into it. The animal too entered the lake in search of the yogi. When the animal was thus in search of the yogi, the yogi skilfully mounted on its back. The animal cannot look back and it could not find the yogi till date. It is continuing its search for the yogi even today. The yogi is sitting pretty on it and enjoying the rides on the animal.

This is a riddle, which we ask the disciples to think over.

Outer and Inner Pollution

Humanity is being eaten away by the poison that it has been creating from its mind and from its activity. The collective mind of humanity is deeply affected by jealousy. It has become common that one cannot be genuinely appreciative of others virtues. If someone is able on virtues he is attacked every time, pulled down and maligned by those who are around him. They cannot accept a taller figure amidst them. The group around a divine person constantly looks for likely mistakes in the growing-one to pull him down. This is the danger of pollution, humanity is suffering from.

Ever since industrialization, there is multiple growth of production. Today humanity produces much more than what they need, leading to unhealthy competition and the related jealousy. The competition has reached meaningless heights and trying to cut the other by every and any means. Apart from abnormal production, it also brings its byproducts of industrial pollution. The over-production is one problem and



neglect of the consequent pollution is yet another problem. The industrial pollution has reached up to significant heights, which affect the human health. Jealousy within and pollution without have become effective agents for sickness.

Variety of sicknesses have emerged, variety of viruses are sprouting on a yearly basis. The government is not aware of the depth relating to the damage happening to humanity. People frequently quote the Roman Emperor Nero saying, “Every government of every nation is more or less a product of Nero, blissfully ignorant of the dangers around their nations.” An average human is the victim of the bombarding market propaganda, pollution and jealousy from within.

It is in this context, Maitreya community is required to work for human transcendence. There is a lot that requires to be cleaned by every aspirant within oneself and in the surroundings. At least the aspirants should think not of the self, the separative self but of common. We assist such ones in the process of cleansing the mountainous debris that humanity accumulating so far, which is our immediate work.



Five Regulations

The community of Maitreya graces those who follow the following five regulations:

1. Let the labor be clean. Let there be no expectation of reward.
2. Let the cooperation be complete. Look not for cooperation. Extend cooperation.
3. Be cordial to the group that you work with. Care not for others' cordiality. Let your nature be cordial, cooperative and industrious.
4. Do not embark upon any work that is foreign to your nature. Let the work be acceptable to your nature. If not, it gives rise to fatigue, irritation and conflict.
5. Let your work be voluntary; your labor be voluntary, your cooperation also be voluntary, and your cordiality be natural. May your nature joyfully function throughout the wakeful hours!

If the above are accomplished, one enters very soon, into the realms of light.

Pay Attention to Glamour

When service is voluntary and is devoid of any glamor, it purifies the server. A new radiance and magnetism functions through him gradually. As one serves the mind develops the related glamor. He tries to personalize the service and avail the benefits of service. To eliminate such glamour, orienting to a teacher, who demonstrates impersonality in life, is helpful. A role-model is ever helpful, to set oneself in tune with the Law. Indifference to the teacher opens doors for unconscious entry of glamour into one-self. We see many well intentioned aspirants falling apart by glamour of service.

A regular prayer and equally regular study of the teachings cannot be overlooked. Carbon always tries to gather around the wick of the lamp, which is burning. Unless attention is paid to eliminate this carbon, it gradually puts off the very flame.

Daily prayer and study of teaching of a Master of Wisdom are but essential even for the advanced

disciple. Ignorance can set in, when the disciple is not alert. Complacency is dangerous.



Labour - The Key of Life

Labour is the key of life. Labour is the Nature's Plan. All beings are set upon a machine of labour, which is in rotation. These beings cannot but be in one labour or the other. Labour is unavoidable in nature. An attitude to escape from labour opens the doors of misery in life. The creation is a field of action called the Kurukshetra. In the field of action every being is necessarily set to act. To feel that it is his action is illusion. It is nature's action through him. The nature exists within and outside. Within, it exists as three qualities. The beings are set upon the machine of the eightfold nature. As long as the being entertains the feeling of doing, he is worn out. He can remain a being, witnessing the action happening through him. Only then he can rejoice the ride of life.

Fixing the Flexible

With a flickering lamp, not much can be seen, not much can be comprehended and progress on the path is hindered. Men know, however ignorant they are, the importance of non-flickering, stable and glowing flame of the lamp.

Disciples need to develop such a lamp, with such a flame in their mind. Light should stream forth into the mind from that point of light, within the mind of God. God's mind is illumined mind. Creating one's mind to God's mind enables stabilizing the mind. It also enables to improve the glow of the mind. The wavering mind, the fickle mind, the inconsistent mind and the ever-changing mind can only be stabilized with the help of God's mind. God's mind exists in man as Buddhi, the light of the soul. Relating to the light of the soul or Buddhi, man's mind tends to be stable. Without stable and glowing mind, one cannot achieve much and one cannot progress much. "Fixing the flexible" is the fundamental effort in discipleship.



In the presence of the ones with the unflickering mind, the flickering minds gradually get fixed. Astrologically speaking, Moon in mutable signs shall have to be trained to gain the quality of the fixed signs. Gemini Moon can be fixed by Aquarius. Virgo is fixed by Taurus. Sagittarius is fixed by Leo. Pisces is fixed by Scorpio.

Marking moon transits in fixed signs and utilizing those days for meditation is recommended by our community. Mutable signs to fixed signs, fixed signs to cardinal signs is the path of progress.



The Guide and the Ward

True guides are rare in life. It is much more so when it comes to the path of truth. Gaining a true guide in life happens by the Will of God. It is much more precious to gain a guide than to gain the best gem of the world. When one finds the true guide, one should do well to offer himself in every way, for all offering to the guide builds bridges into light.

Guides are those who do not seek. They are just givers. They also do not accept favours unless they are pleased with one. The guide is pleased by the ward that follows simply the teaching. The guides do not require sheep for their following. They look for intelligent students who implement the teachings to grow and grow within. The programme of a guide is to make every student self-dependent and transmittive of the wisdom through action.

Meeting the guide once a quarter is a rich tradition. Each meeting reinforces energies in the student and enables him to progress for the next 90

days to come. As one progresses in discipleship, dependency on teacher gradually reduces and gratefulness for the teacher proportionately increases.



Relaxation

The main misunderstanding will be of the fact that labor can be relaxation. Many amusements will have to be abolished. Chiefly, it must be understood that the products of science and of art are for education, not diversion. Many amusements will have to be destroyed as hotbeds of vulgarity. The forefront of culture must sweep away the dens of fools passing time over a mug of beer. Likewise, the use of profanity must find a far more severe penalty. Likewise, manifestations of narrow specialization must be disapproved.

Truth and Religion

The true teachers transmit ancient wisdom and show a fresh path to the Truth. The followers of lesser comprehension set up a religion in the name of their teacher. That is how religions are born. A religion is but a digression from the Truth. Following Truth is replaced by following a religion. This is a great disservice to the teacher.

Teachings are ancient and are in tune with the law of the universe. The laws of the universe shall have to be comprehended and followed to experience the Truth which is within and around. Following the teaching is much more important than building a religion or a doctrine around the teacher. But, every teacher has in his students, a group of men (women also) who are emotional. They do not comprehend the Truth. They limit the Truth to their understanding and promote half-truths in the name of their teacher. This has been a curse upon all teachings at all times and it is much more so in the age of Kali.

Following the laws of nature is truly following
the path to Truth.



The Law

The parameters relating to our work are based solely on the laws of nature. The only law that we follow is the nature's law. The teachers follow nature's law but no other. The laws of governance as nations impose and the subjects follow are out of our purview. They belong to national conveniences. Following the nature's law is different from following the laws of the land. When the laws of the land are not followed, the governance punishes. When the laws of nature are not followed, the nature punishes. We are at sympathy with the subjects of all nations; for, there is too much governance besides nature's governance. The nature is the true governor while the governments are intended to be custodians of nature's law. When kings were at work initially, they knew the nature's law and governed. When the kings tended to power and neglected the law, the priests governed the law and advised the kings. When the priests also tended to power, the law fell into the hands of commons and in



due course, degenerated. Man-made laws have come to be which are not in tune with nature's law. The governance when it tunes with the laws of nature, harmony can be hoped for. Peace and harmony exist not with artificial laws of governance.



Dharma

Creation functions on the parameters of Dharma (The Law of Nature). Dharma is the judge. Dharma is the regulator. Dharma is not goodness. Goodness that deviates from Dharma creates consequences. Men of goodwill are those who know Dharma and conduct as per goodwill. When Dharma is at stake, men of goodwill cannot be neutral and silent. They necessarily protest, detest, and even resist. They do not allow injustice. Valiant defence against injustice is an essential ingredient of goodwill work. One cannot be lame in matters of Dharma.

Trust

Fear and suspicion prevail over humanity. The so-called spiritual organizations are no exception. The antidote to this is trust. Trust is the right foundation to build a sound structure of life. Those who trust are cared by Nature. Only those who trust can deliver work and can entrust work to others. Lack of trust disables the function of entrusting. They can neither entrust nor impart or can build teams.

Where trust prevails, there teams are formed. What teams can deliver to the others cannot be delivered by individuals. The trusting one builds different teams for accomplishing different tasks. The trust that he holds forms the cord of cordiality and holds things together. It is trust in Rama that enabled monkeys to build a bridge over the ocean. At the same time, it is Rama's trust in the monkeys that enabled him to entrust this humane task of building bridge over the ocean by monkeys. Where trust prevails, there Nature's cooperation presents itself. It is unfortunate

that persons do not believe their spouses, their children at home. They do not believe their colleagues at work; they do not believe their surroundings. Their lack of belief and trust constricts them and makes them fearful.

Let trust be the cornerstone of life





95

Of Me

My hands know no rest. They are eternally at work, blessing, healing and praying. My mind does not look for rest. It is dedicated to find solutions for human upliftment. My abilities are effortlessly in action to dispel darkness of ignorance and set candles of knowledge. My will is engaged at all times to find intuitive and creative ways of building structures to help human beings. My eyes ever transmit the serene blue to synthesis and set harmony. My smile dispels fear, doubt and suspicion. I have no fatigue or tiresomeness. Around this striving, gather and manifest the Divine Will, Love and Light. In my quiver, I have the arrows of courage, Will, Love, Knowledge, Action and Silence.



Harmlessness

The Blood of Life is but one. It is but one blood and one life that flows in various races of the human, as also in various categories of the animal. Blood is the vehicle of life and is therefore divine. Blood is also considered as the juice of life. Whenever blood spills, the Mother Earth receives a jerk. Let blood be respected. When the blood of animals spills out due to humans insane activity of killing, the blood of humans also necessarily spills out. Such is the Law. As long as the animals are treated with cruelty, so long the humans too face cruelty. Harmlessness is the fundamental quality of a sane human. "Kill not! Thou shalt be killed" is applicable to all animated beings. It is foolish that humans kill fellow humans on the basis of colour, caste, class and religion. It is also foolish to kill animals for pleasure. No religion or doctrine is divine until it prohibits any act of killing. Let not humanity think of evolution until it learns the fundamental step of Ahimsa – Harmlessness.

The Key to Us

Tolerance! Patience! Wait! Be Silent!

These words should never sound meaningless to the seekers. The planet is the best teacher of them. If the seeker is short of any of the four, he should think of the Mother Earth. If you do not hold the four virtues, nothing can be transmitted and no co-operation can be possible from the Divine. The patient ones will gradually transform through time, the unfavorable winds as the favorable ones. Patience is the final test on the Path of Truth. Patience opens doors to unlimited capacity. If you lose patience, you lose everything. Through patience, you can gain all the three worlds. Through impatience, you can likewise lose all the three worlds. The patient one is the powerful one.

Conduct yourself with patience. This is the Key to work with us.

Our Objectives

- 1) To dispel blind beliefs, superstitions, fear and darkness of ignorance.
- 2) To transmit Will, Fearlessness and Knowledge through our teachings.
- 3) To continuously eliminate misbeliefs and misunderstandings.
- 4) To promote cooperation, to build communities and help them grow collectively in their awareness.
- 5) Residing in the residences situated in the mountain ranges, we conduct all our activity from a distance. Occasionally, we enter the world of activity.
- 6) On a daily basis, we support all who strive in Goodwill.
- 7) Those who wish to grow in harmony are eligible to relate to us.

Trust

However knowledgeable one is, that which drives him is the Trust, the Faith, the Belief. Those who carry the Trust, knowledge co-operates as handmade. When



trust is absent, knowledge turns out to be a burden.

Aspirants listen to many teachings. They study many writings. As long as the doubt exists in relation to action, such knowledge is useless.

In a community, working in togetherness is inevitable. To work in togetherness again, Trust is needed. When one cannot trust the other, one cannot proceed with the work. It is the trust that builds through work, the much cherished fraternity.

When one does not emit enough trust and fraternity, one cannot turn out much. The attempted acts encounter too many obstacles. The joy of work disappears when adequate trust is not entertained. Trust and fraternity not only enables free flow of work but also gives birth to mutual cooperation, one standing for the other and a collective shield of protection. An aspirant is well equipped on path when he has adequate Trust in himself and in others.



Co-operation - Integration

The Community of Maitreya cherish Cooperation. Amidst humanity, the members of community look for those who cooperate. If you wish to join Maitreya community (Maitreyi Sangh), learn to cooperate and learn not silent non-cooperation.

Non-cooperation is seed of poison that separates one from surrounding life, causes weakness, sickness and death. Practice of cooperation is as much as Yoga practice. Non-cooperation gives birth to aversion, repulsion, dislike and doubt. It leads to separation and desperation.

Cooperation is known as a virtue that lifts up the one who attunes to it. Try to cooperate as much as you can. As much as you cooperate, so much you grow in strength through integration. Integration leads to Yoga.

Co-operation

Is your progress in life impeded? If you wish that the impediments be cleared, introspect and find where your cooperation is inadequate. Step up the spirit of cooperation in your immediate vicinity. Look out if you are rendering enough cooperation towards the proximate beings. When there is neglect of your cooperation to the beings surrounding you, Nature arrests your progress.

Nature's cooperation is for those who cooperate with Love. For life to flower and be fragrant, one needs to offer acts of fragrance to the surroundings. If one needs fruition of striving, one should learn to fulfill the genuine needs of dependent beings. Never complain that others do not cooperate with you. It is but a mirror image of your spirit of cooperation. Let cooperation be initiated from you. Saints and sages cooperated with big and small and therefore received Nature's cooperation through big and small.

Neutral Community

In my community, all is voluntary. Nothing is imposed. The entry is voluntary. The striving is voluntary. The exit is voluntary. Those who contribute voluntarily to the growth of the community, also grow in their awareness. Those who cooperate, gain the inner cooperation. Those who are otherwise, voluntarily leave. The energy of the community is such that it disables non-cooperating and non-serving persons to continue in the community.

In my community, the wicked cannot enter. The weak enter and are gradually transformed to be strong. Since the work is voluntary in the community, members have no scope either to complain or to feel self-pity or to get distressed. Each member decides for himself/herself to be or not to be.

Striving, The Key

Striving is healthy.

Striving is more than doing.

When heart and mind are at union while at work,
striving happens.

Such striving results in good health.

May you strive in healthy and cleanly conditions.

Let there be enough light and air where you work.

Let the climate be temperate.

Let it not be too cold or too hot.

Forget not cooperation during striving.

Let the heart unfold through cooperative striving.

Aversion to striving is unhealthy.

It brings ill-health.

The aging is arrested to the striving ones.

Bubbling joy is but a product of striving just as subtle
music is the product of the flowing stream.

Striving is the other name for Yoga.



It enables alignment of heart, mind senses and the body.

Members of Maitreya community are all strivers. They strive day and night. They are not a retired community though residing in mountain ranges and valleys.

The Crisis

Following the footsteps of the Master enables progress. Falling on the feet of the Master is indicative of one's will to follow the footsteps. If one learns to fall on the feet of the Master but doesn't fall on the footsteps, he is falling into the illusion of the tradition. Tradition has hidden keys. The key has to be picked up but not the near tradition.

There are many in the East who fall on the feet of the Master and yet not fall on the footsteps. There are many in the West who do not fall on the feet and yet not fall on the footsteps. Following the footsteps of the Master is the essence. It matters not if one falls on the feet or not.

Lighting the candle enables enlightening the surroundings. A lit candle can show the path. Walking the path with the help of the lighted candle is more important than sitting nearer to the light or in the aura of the light. Light on the path is but an effective means but not the end by itself. Many groups all over the

world rejoice by being around the teacher. They do not
walk the path.

This is the crisis we are in.



Study of Nature

To get introduced to the fact of the hierarchy is one step.

To gain their touch is another step.

To experience their presence is yet another step.

The ones who live beyond conflict, are eligible to experience the presence. The ones in conflict are like the flickering flames of the lamps. The flickering flame disables the vision. It is therefore essential to set life conflict free. Conflict free life is the result of long years of dutiful action without an expectant mind. Conflict emerges when expectations are entertained in the mind. This is the fundamental law of action which the humans are yet to learn. They cannot learn it from schools, colleges, and universities. They can only learn by studying nature.

In nature, action is ever. It can be observed with the plants, with the trees, with the fields, with the flowing rivers and with the five elements. In nature, action happens to benefit the whole. Man should learn

to adapt the clue of nature to stay away from conflict.
Such ones experience the presence.



Wisdom of Performance

Think of boundless space.

Think of boundless ocean.

Think of unlimited light.

Think of eternal time.

As you orient to boundless, limitless, eternal principles, your awareness unfolds and expands. “Think Big” is our advice. As we think big, the fences around the mind fall. The boundaries fall. The horizons expand. Even if you stay in a pigeon hole, you can still think of the whole. Don't let your thoughts into the pigeon hole of your personality, unless there is absolute need. Even when you enter into personality for action, let a major part of you preside over it, while a minor part enters and performs. Wise ones enter into the world up to one-fourth of their awareness while threefourths prevail and preside over the personality.

Purpose - Clean Life

The journey on earth is enabled by an earthy body. As long as the journey is, so long the body is needed. It is but an ordained duty to take care of the body. The body either enables or disables the journey according to one's attention. The dweller of the body is considered a failure, if his journey is disabled by the body that he holds. Until the mission of life is fairly fulfilled, the body should be kept functional. Abuse of the apparatus of the body is the chief reason that leads to a dysfunctional state. A clean life is but a fundamental step to ensure an agile and vibrant body.

A clean life by itself is not the purpose of life. It forms the basis for fulfilling the purpose of the soul. Discipleship is dedication of oneself to realization of truth, ensuring a vibrant body. Neglect of either dislodges one from Discipleship.

Prophecy

It is for humanity to strive to fulfill the prophecy. The prophecy is New Age, Golden Age, Aquarian Age. These terms float in the thoughts and speeches of humanity. But, action to realize them is not yet. Until humanity strives, the opportunities cannot be turned into fulfillment. Time gives opportunities. Men should act and fulfill. A full course of dinner does not fulfill unless man acts to consume it. Opportunities are bestowed. Availment and implementation are not yet.

In a month's time, time offers a New Solar Year, as it offered every year. Nothing tends to be new in a new year unless man entertains new thought patterns. The New Year remains as before. So is the New Age. Let there be nobler thoughts and nobler patterns of speech and action.

Group and Group-life

A healthy group consists of men, women, children and the aged ones. Such a group is a complete group. In consciousness they are all one, but in maturity they are different. By nature also they are different. As said earlier they are One in essence yet they are different in their states of awareness. The children are but children. They need to be given love and affection and should be taught to respect elders. Likewise, the ladies and the gents need to be cognized of their gender and should accordingly be respected. A male cannot be a female for that life or a female a male.

There are social values as between elders, ladies, gents, and the children. Together they form a beautiful group. But a mix-up of their function would cause confusion and conflict. There need to be different programs as between them in a group life. An intelligent group leader recognizes the natural function of the male, the female, the children and the aged. In so far as these functions remain natural the group survives

and grows naturally. While there are some programs common for the entire groups, there should be specific programs for the children, aged, ladies and gents.

Building a group without these values would become meaningless



***Books & Booklets through the pen of
Dr. K. Parvathi Kumar***

The following books are available in: English (E), German (G), Spanish (S), French (F), Hebrew (H), Telugu (T), Hindi (HI) and Kannada (K) languages.

1. Agni.....E/G/S
2. Amanaskudu.....T/K
3. Antardarsana Dhyanamulu.....T/K
4. Anveshakudu.....T
5. Asangudu.....T
6. Ashram – Regulations for Entry.....E/S/G
7. Ashram Leaves.....E/G/S
8. Bharateeya Sampradayamu.....T/K
9. Bhrikta Rahita Taraka Raja Yogamu.....T/K
10. Cow.....E/S/T/K
11. Dhanakamuni Katha.....T
12. Dharmavigrahudu – Sri Ramudu.....T
13. Doctrine of Eternal Presence.....E/S
14. Gayatri Mantra Avagahana.....T
15. Geetopanishad – Dhyana Yogamu.....T
16. Geetopanishad – Gnana Yogamu.....T
17. Geetopanishad – Karma Yogamu.....T
18. Geetopanishad – Karma Sanyasa Yogamu.....T
19. Geetopanishad – Sankhya Yogamu.....T

20. Golden Stairs.....E/S
21. Good Friday.....E/G/S/F/H
22. Health and Harmony.....G/E
23. Healer's Handbook.....E
24. Hercules – The Man and the Symbol.....E/G/S
25. Himalaya Guru Parampara (The Hierarchy). T/K/HI
26. Indian Tradition.....T/K
27. Jupiter – The Path of Expansion.....E/G/S
28. Just Adjust – Yoga of SynthesisE/G/S/F
29. Jyotirlinga Yatra.....T
30. Katha Deepika.....T
31. Listening to the Invisible Master*....E/G/S/F/H
32. Lord Maitreya – The World Teacher*....E/G/S/F
33. Mana Master Garu.....T
34. Mantrams – Their Significance and Practice. .E/G/S
35. Maria Magdalena.....E/S
36. Marriage – A Sacrament.....E/S
37. Master C.V.V. (Birthday Message)T/K
38. Master C.V.V. – Nuthana Yogamu.....T/K
39. Master C.V.V. – Saturn Regulations.....E
40. Master C.V.V. – Yogamu-Karma Rahityamu. T/K
41. Master C.V.V. – Yogamu.....T/K
42. Master C.V.V.–The Initiator, Master E.K.–The
Inspiror.....E
43. Master E.K. – The New Age Teacher....E/G/S/T

44. Master M.N – A Fiery Flame.....E/G/S
45. Mercury – The Alchemist.....E/G/S
46. Mithila – A New Age Syllabus..... E/G/S/K
47. New Age Hospital Management.....E/G/S/F
48. Occult Meditations.....E/G/S
49. OM.....T/K
50. On Change.....E/G/S
51. On Healing.....E/G/S
52. On LoveE/G/S
53. On ServiceE/G/S
54. On SilenceE/G/S
55. Our Teacher and His Works.....E/G/S
56. Parikshit – The World Disciple.....E/G/S/F
57. Prayers.....E/G/S
58. Pranayama.....T/K
59. Rudra.....E/G/S
60. Sai Suktulu.....T
61. Sanganeethi.....T
62. Saraswathi – The Word.....E/G/S
63. Saturn – The Path to Systematised Growth.....E/G/S
64. Shirdi Sai Sayings.....E/G/S/T/K/HI
65. Sound – The Key and its Application.....E/G/S
66. Spiritual Fusion of East and West.....E
67. Spiritualism, Business and Management...E/G/S
68. Sri Dattatreya.....E/G/S/T/HI
69. Sri Guru Paadukastavamu.....T/K

70. Sri Lalitha I.....	T
71. Sri Lalitha II.....	T
72. Sri Lalitha III.....	T
73. Sri Lalitha IV.....	T
74. Sri Lalitha V.....	T
75. Sri Lalitha VI.....	T
76. Sri Lalitha VII.....	T
77. Sri Lalitha VIII.....	T
78. Sri Lalitha IX.....	T
79. Sri Lalitha X.....	T
80. Sri Sastry Garu.....	E/G/S/F/T
81. Teachings of Kapila.....	E/G
82. Teachings of Lord Sanat Kumara.....	E/G/S
83. Teachings of Master Morya.....	T/K
84. Teachings of Master Devapi.....	T/K
85. The Aquarian Cross.....	E/G/S
86. The Aquarian Master.....	E/G/S
87. The Doctrine of Ethics.....	E/S
88. The Etheric Body.....	E/G/S
89. The Path of Synthesis.....	E/S
90. The Splendor of Seven Hills.....	E/S/T/K/HI
91. The Teacher – Meaning & Significance.....	E/G/S
92. The White Lotus.....	E/G/S/K
93. Theosophical Movement.....	E/G/S
94. Uranus – The Alchemist of the Age.....	E/G/S
95. Varunagraha Prabhavam.....	T/K

96. Venus – The Path to Immortality.....E/G/S
 97. Violet Flame Invocations.....E/G/S
 98. Vrutasura Rahasyam.....T
 99. Wisdom Buds.....E/S
 100. Wisdom Teachings of Vidura.....E/G/S

** Booklets*

Other books by Dhanishta

101. Puranapurushuni Pooja Vidhanam.....T
 102. Sarannavaratra Pooja Vidhanamu.....T/K
 103. Saraswathi Pooja Vidhanamu.....T
 104. Shodosopachara Pooja – Avagahana.....T
 105. Soukumarya Satakam.....T
 106. Sri Dattatreya PoojavidhanamuT
 107. Sri Hanuman Chalisa.....T/K
 108. Sri Krishna Namamrutham.....T
 109. Sri Lalitha Sahasranama Stotram*.....T
 110. Sri Mahalakshmi Pooja Vidhanamu.....T
 111. Sri Rama Poojavidhanamu*.....T
 112. Sri Siva Hridayamu.....T
 113. Sri Shiva Pooja.....T
 114. Sri Subrahmanyaswamy Pooja VidhanamT
 115. Sri Surya Pooja Vidhanamu.....T
 116. Sri Venkateswara Pooja Vidhanamu.....T
 117. Sri Vinayaka Vratakalpamu.....T
 118. Sri Vishnu SahasranamamuT
 119. Steps of Silence.....E

A compilation of articles about Dr. Sri K. Parvathi Kumar

*Books by other Publishers based on the teachings
coming from Dr. K. Parvathi Kumar:*

- 120. Aries..... E
 - 121. An Insight into the World Teacher Trust..... E
 - 122. Jagadguru Peetamu Aasayamulu.....T/K
 - 123. Master C.V.V. – May Call!..... E/G/S
 - 124. Master C.V.V. – May Call! II.....E/S
 - 125. Master C.V.V. – Yoga Moolasutramulu.... T/K
 - 126. Master K.P.K. – An Expression of Synthesis.... E
- A short biography written by Sabine Anliker*
- 127. Meditation and Gayatri..... S
 - 128. Sankhya..... S
 - 129. Spirituality in Daily Life.....S
 - 130. Sri Suktam.....E
 - 131. Temple and the Work..... E
 - 132. Thus Spake Master C.V.V.....E
 - 133. The Masters of Wisdom.....S
 - 134. Time – The Key.....E/G/S
 - 135. Upanayanam.....E

*The books are available in bookstores and directly from
the publisher:*

info@dhanishta.org
www.dhanishta.org

Thinking from the heart and speaking from the heart may be adopted into the daily activity. When this is accomplished one stays connected. As much as one stays connected so much he trumpets the Truth. Others confuse. Hierarchy conducts all from the Heart.



Dhanishta

ISBN 978-81-89467-67-8



9 788189 467678 >