

Silence is the Source of the Soul!  
God is Silence, only silence.  
The rest is Sound!  
Silence has no barriers - sound has.

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Master K. Parvathi Kumar · on Silence

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# on Silence

Dhanishta

## A Word

Man needs Silence. He needs to experience Silence. In Silence man finds himself. He encounters himself. It is the self meeting The Self! He lives enough in sound. At other times he sleeps. But between sound and sleep, he has a world - a world of beauty, of divinity, of Silence.

This book calls forth man into the world of Silence!

K. Parvathi Kumar

Silence is friendly.

Silence is the friend.

Find 'the friend' in Silence!

Silence is golden,  
Stillness (Be-ness) is diamond.  
From gold to diamond,  
from etheric to causal is the path.

Presence approaches  
from all directions,  
from inside and outside,  
when mental Silence prevails.

The silent Presence  
can be experienced  
only in Silence.

Silence leads to Presence.

Presence absorbs you into Itself.

Initiations happen in Silence.

All revelations are in Silence.

All unfoldments are in Silence.

Transformations are silent.

The unfolding of the flower,

the sprouting of the sapling,

the birth of butterfly - all happen in Silence.

The sky is silent.

The earth is silent.

In between is the drama of sound and light.

The fulfilled ones are silent -

The unfulfilled sound much.

Empty vessels make more noise!

The heart is more silent  
than the mind.

The trumpet of the heart  
is sound too!

The 'Silent One'  
is behind the trumpet of the heart.  
The heart has OM.  
The trumpet is SOHAM.

Silence heals and restores normalcy.  
But drastically imposed Silence  
can lead to sickness.

Silence may not be imposed  
on the emotional beings!  
It may cause liver troubles,  
gastric difficulties and even cancer!

All healing work is silent work.  
Speech makes the work shallow.

In silence:

Love can be transmitted to cause healing!

Light can be transmitted to impress thoughts.

Power can be transmitted to uplift the weak.

The Divine may approach you

to encounter yourself or your phantom!

The Teacher answers the student  
in Silence.

Teaching through Silence  
is the highest form  
of teaching.

Meet the questions of others  
with Silence.

Silence is the best weapon  
to answer the critics.

Silence can sometimes be understood  
as acceptance.

Silence is half-acceptance,  
says the human law.

The world exists in noise.  
The subtle world exists in Silence.  
Sound links the two.

Today people buy other' Silence.

If not, the latter are silenced forever.

This is Kali's usage of Silence!

Observe two minutes Silence.  
Conduct three deep respirations!  
You get harmonized.

Silence is helpful if one observes it  
before embarking upon a task.

In Silence, in utter Silence, you are  
disclosed to yourself.

You stand naked to yourself.

Silence reveals to you that which  
you conceal to the world.

It requires courage to face Silence  
since it puts you face to face -  
yourself to yourself!

A real good wise man silences you.

He calms you down.

He does not inject new vocabulary.

He lends his Silence and

lets you to Be.

The wise man leads you  
to your centre of Silence.  
He does not lead you  
to himself.

The wise man shows in you your centre of Silence,  
gives the technique to reach that centre.

There you meet yourself.

There he too can meet you!

All this is done in Silence, not by speech.

He is your friend in your moments of Silence!

Death of thoughts leads  
to birth of Silence.

The buds of thoughts,  
when exposed to the light of the sky,  
unfold the flower of Silence  
and fills you with tranquillity.

Silence is death:

to thoughts,

to respiration,

to pulsation.

Three times you die in Silence

to reach Stillness; Be-ness!!

Activity at any level  
(physical, emotional,  
mental, buddhic and pranic)  
is sound!  
Silence is the basis!

Silence has no barriers - sound has...

Silence permeates.

Sound manifests.

Silence is Be-ness.

Sound is awareness.

The former is immutable,  
the latter is mutable.

Silence is the source of the soul!

God is Silence, only Silence.

The rest is sound!

Silence has no attributes. Sound has,  
Time has, Awareness has, Nature has,  
Force has, Matter has.

Silence is Silence.

It is not definable!

It is not comparable!!

Silence absorbs the silent one  
into itself.

When Silence absorbs your ego (personality)  
boundless energy releases itself.

Ego is the bottleneck that limits the  
energy and wastes the limited energy.

Silence leads you to  
Naught, Nil, None level.  
It is the state of 'egolessness'.  
It is disappearance of self into the Self!

Silence Is.

It is waiting for you.

It is not only outside you.

It is inside you too!

It is your core - core of your very being.

To the infants (in consciousness)

Silence is frightening.

To be alone is frightening!

A moment of Silence is indeed  
very long!

Silence enables vertical reception  
(from higher circles)  
of thoughts, colours, sounds and symbols.  
They are messengers of God!

A quinquennial Silence  
transforms man,  
whose symbol is number 5.

God speaks to man in Silence!

Silence restores harmony.

Harmony opens doors for symphony -

Nature's symphony.

Man muses in symphony!

True musicians attune to the musical  
symphony of Nature through Silence and  
reproduce the music.

Such music remains -  
not obliterated by Nature and Time.

True Teachers  
listen to the Wisdom of God  
through Silence  
and teach.

Impressional teachings  
and writings are familiar  
to the silent ones!

Silence bridges the personality  
and the soul.

Silence further bridges the soul  
and the super soul.

Silence is the bridge between  
the 7 planes of existence.  
Existence is Silence.

Silence is the invisible bridge  
between different planes of existence.  
Only the silent ones  
can walk over such bridges!

Jesus, Padma Pada walking  
over the lakes has  
the ability to 'Be' in Silence.

This ability  
causes visibility of unseen bridges.

Presence of Silence  
brings message to the wise  
and sleep to the mortals.

Silence is antidote for the  
thoughts that possess you.  
Silence is of thought fasting.

Creativity comes through Silence,  
not through thinking.

All creative forces manifest  
through Silence.

In Silence the structure of atoms within  
you can be attended.

The basic substance is the same in all that is.

Change of structure brings the difference.

In Silence it is done. Iron becomes, then, gold.

One cannot understand Silence  
unless he practices Silence.

Silence is not just emptiness.  
It has its own messages!

Listening needs Silence -

Silence leads to listening far.

Complete listening is listening to Silence -

the voice of Silence.

Concentration is the effect of Silence.

The silent one is focused, attentive  
and alert.

Yogis prefer the word 'Silence'  
to concentration.

Silence enables unearthing the past -  
the past impressions.

Silence enables Yogis to recollect  
their past lives!

In silence Yogis can move forward  
and even backward.

It is a great flexibility  
to move in time!

In Silence you meet the insider.  
In Silence you can meet insider's insider!  
You are one in three and three in one.

Subtle manifestations  
are silent manifestations.  
They are invisible  
to start with.

All Divine manifestations are silent  
and subtle, not perceptible  
to the naked eye,  
ear and other senses!

When conceptions are absorbed  
into perceptions  
and perceptions are absorbed  
into their basis,  
Silence prevails.

Schools need to include in their timetables  
hours of 'Silence and observation'!

Silence causes  
alternation to breath,  
of pulsations,  
and restores Be-ness.

Life is so full of noise and thunder  
that man misses Silence.  
In Silence one can sense  
the flight of a butterfly!

All thunderous manifestations are  
ultimately absorbed into Silence.

The wise stay in Silence and let  
others speak.

The future lies in the super mundane -  
the super mundane is subtle and silent.  
Advanced is the man who learns  
to stay in Silence.

It is wisdom to know when one needs  
speech, thought and Silence.

Who can define the boundary of Silence?

The beauty of Silence?

'Stay silent and still' is the command  
to the soldier who awaits the enemy  
and to the disciple as well  
who awaits subtle message  
or the subtle Presence.

Thunder to storm, storm to Silence,  
Silence to Stillness,  
Stillness to communion,  
communion to manifestation!  
White Magic!!

Silence is the midway point  
between objectivity and subjectivity.

Silence is not merely vocal Silence,  
but emotional and mental Silence also.

From Silence one can enter into  
Anahata (unuttered) sound.

From Silence one can enter into  
Ahata (uttered) sound.

The former leads to OM.

The latter leads to the world.

Anahata sound is also called Nada.

It is happening in the being.

Ahata sound (Sabda) on the other hand  
is the doing.

From doing to being and from being to Be-ness,  
the path exists as sound - Silence  
- unuttered sound.

From Sabda to Nissabda,  
from Nissabda to Nada,  
from Nada to Self, is the path.

[Sabda is uttered sound.

Nissabda is Silence, state of no sound. Nada is  
Anahata Sound - called the voice of Silence].

When one learns to be silent  
he stands the chance to listen to OM,  
which is an eternal happening within.

Before one listens  
to the single- syllabled sound OM,  
he listens to it, enveloped by the  
double sound SOHAM.  
SOHAM is the envelope.  
OM is the indwelling one - the soul.  
Listening to OM is to experience the soul!

Soul can be listened too!

The voice of the soul is Nada.

Listening to it is listening to  
the Master in oneself.

The Master speaks to his disciple through the  
means of Nada - the voice of soul  
(of Silence).

The disciple needs to prepare himself to listen to  
Silence - listening to the voice of Silence.

The Master is Jupiter  
and the disciple is Mercury.

Listening to the Master  
the disciple speaks.

Listening is Jupiter. Speaking is Mercury!

To reach up to Mercury the disciple ascends  
Saturn, Mars, Moon -  
(physical, emotional, mental planes).

The Master brings Jupiterian message from  
Uranus, Sun, Venus -  
(universal consciousness,  
individual consciousness  
and super mundane consciousness!)

To the disciple, three are the lower strings  
and three are the higher strings  
of musical notes.  
He is at the middle.

The disciple receives from above and transmits to the world of objectivity. This middle state is the state of Yoga - the state of Silence.

Remaining in Silence the disciple receives the voice of the soul, the Master, and speaks the Silence to his associates and followers. Thus he speaks Silence without distortion. This is symbolically called 'speaking the Silence without breaking it'.

Practice therefore vocal, emotional, mental  
Silence daily, weekly, monthly and annually.  
Find sufficient time for it. 72 minutes at a time  
is considered most beneficial!

Full moon, new moon, 8<sup>th</sup> phase of moon  
(ascending and descending),  
equinoxes, solstices, and the times when sun  
changes the zodiacal signs are very propitious.

SILENCE PLEASES!

SILENCE PLEASE!!



**Dr. Sri K. Parvathi Kumar** has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title, Doctor of Letters Honoris Causa, D.Lit., for all his achievements as a teacher around the world.

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