

Learning is to change -
to change for the better.

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Master K. Parvathi Kumar · on Change

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Dhanishta

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A Word

A flow of thoughts on change has flown out for
those who look for change.

K. Parvathi Kumar

Change is inevitable.

It is inevitable even to rocks!

Acceptance of change is Wisdom.

The Wise always look to the tide of change
and always move forward.

Resistance to change brings in friction,
conflict, decay
and death.

Learning is to change -
to change for the better.

Learning not for changing
but for fancy makes you
just an orator.

Change means.....

change of

patterns relating to you -

patterns

- of speech

- of use of senses

- of thoughts

- of routine.

The need for change is to align
the mutable in you
with the immutable.

Until right alignment happens,
the urge to change
persists.

When the alignment happens,
you settle in the immutable
and enjoy the mutable!

Changing with time is to be dynamic.

Dynamism is to be
in comfort with every change.

Change is constant in Nature.

To remain afloat in Nature,
one needs to learn to accept
the change that
Life offers.

Change is refreshing.
Change is the flow of Life.
Lest, it is death.

Change is the expression
of the unchangeable -
the immutable is the basis
for the mutable.

He is the dweller.

She is expression.

He is the essence.

She is the envelope -
a sevenfold 'envelope'.

Through the cycles of Time,
she expresses Him
and gets absorbed into Him.

Discipleship is learning to change.

Discipleship is accepting
the changes thrust
by Life.

Discipleship teaches the
know-how of changing
to enable dissolution
of conflict.

Discipleship is to neutralize
the opposing currents
of conflict.

If change is inevitable,
accept it with grace.

Many times it would be a graceful
exit that Life offers.

If one does not take to it, he falls.

Entry is change
and
exit is change too!

Observing change is the means
to stay afloat.

Non-observation of change
drowns you.

A role model is the one
who knows when to enter,
when to exit and what to do
while in Life.

An initiate enters, conducts
healing and teaching,
and exits dramatically.
He knows the drama of Life.

Change is the drama of Life.

Change is natural.

In Nature, change is constant
and is so consistent
that one does not perceive it.

Change is imperative in Life.

Change helps to stand out
from the pack
like a swan stands out
from a flock of ducks.

Change seems difficult
when one is crystallized.
But crystallization is death.
Stagnated waters lose Life!
Flowing waters carry Life!!

Flowing waters are flowing energy.

They carry Life.

When they stagnate

they die and spread the stink.

Man's Life too needs to flow. If not,

he stagnates, stinks and dies.

Change involves changing
the existing habits and patterns.
It needs patience, perseverance.

Change is the golden apple that
Aquarian Age offers
for successful and splendidous
living on Earth.

Change is a continuous
and on going process.

Change is a technology
by itself.

It is a science as well as an art.

The art of changing is known
to the Mahatmas and Yogis,
who change their methodology
as per Time and place
and yet demonstrate
values eternal.

Mercury is the metal.

Mercury is the planet.

Fire is the element.

the Third Ray is the ray -
relating to change.

The mutable signs of the zodiac (Gemini, Virgo, Sagittarius and Pisces) are the signs of change.

Equinoxes and solstices are also
the quarters of change.

Wednesday is the day of change.

The eighth moon phase is the phase of change.

Aquarius is the sign of change in this age,
and Uranus is the king that leads
the army
of change.

A simple reaction to change is mediocrity.

An innovative reaction is Aquarian.

A negative reaction is Piscean.

Change,
just for the sake of change,
is poisonous.

Change should enable
better environs.

But change needs its
own time to yield fruits.

Change needs to be holistic.
It cannot be piecemeal!

All related players are to be consulted for every major change, because they are the managers - the change managers. The process is consultative.

Resistance to change
in a team
requires to be attended to
with patience and perseverance.

Change is necessitated
by subsisting inadequacies
which need to be
addressed.

Change disturbs the balance
but leads to a New Balance.

Change can not be
contemplated
without evaluating
the existing resources,
competence and without
planning for additional
resources and competence.

The reason for change needs to be adequately informed / explained, discussed in forums to eliminate avoidable resistance.

Change has ripple effect.

All those involved
need to be convinced of the
need for change.

Change should be understood
as good for all and harmful to none
in the long run.

A change in the team
is considered good
if the members know
that it is in their interest to do things
differently.

American dynamics
today emerge from:
" Think different."

Ancient dynamics relied on:

"Think afresh."

The dynamics of the Wise are:
"Think for the welfare of all."

Remember that it is not easy
to drop set of patterns,
set behaviours overnight.
Humans are bound by habits,
customs, traditions
and even by superstitions.

Nature is beautiful and splendid due to ever
changing colours it presents through seasons.

Man is advised to learn to attune to the seasons
to be equally beautiful and splendid.

Man preserving from seasons ceases to Be
(he decays and dies).

It is easy to plan a strategy
of change.

But it is difficult to
implement.

Implementation of change
should follow its installation.

Such implementation is
a teamwork,
but not a fancy
of the top personnel.

Every mission needs its vision.
The vision needs to be dynamic
to accomplish the mission.

Changing times
demand strategic changes
in the vision.

'Heterarchy'
enables implementation with
greater vigor than
'Hierarchy'.

A decentralised plan enables better
implementation of change.

"Center everywhere.
Circumference nowhere",
is the Aquarian dictum."

Learning
and adapting
to the best practices
is considered the
'Global Change Model'.

Collecting the best
wherever it is found
and inducting it
into the existing system
with temperance
is yet another tool for change.

Change cannot happen
unless one yearns
to change.

One cannot change the other.

One can change oneself.

Models for change are made
available by Nature.

It is the free will of one
to get inspired
or to stay as he is.

A Student of Yoga
sees a facility in change
that leads him
to liberation.

Every change has a message.

Do not cease to expect

a messenger;

lest you miss an offer

of Nature.

Conclusion

Open-mindedness,
legitimizing diversity
and efficiency
are the keynotes of
dynamic change.

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

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Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title, Doctor of Letters Honoris Causa, D.Lit., for all his achievements as a teacher around the world.

DHANISHTA is a non-profit publishing house,
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