

MESSAGES OF MASTER EK



Dr. K.Parvathi Kumar

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(A Compilation)

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Dhanishta

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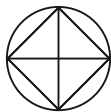
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For copies
#15-7-1, Angels Enclave, Krishna Nagar
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Phone: +91 891 2701531

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info@dhanishta.org

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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

Dhanishta is a non-profit publishing house.

About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher

The True Teacher

The one who seeks benefits from you, cannot be your teacher. The one who is dependent on you cannot be a true teacher. The one who imposes his beliefs on you cannot be a true teacher. The one who seeks recognition cannot be a true teacher.

The one who looks not for your help, who looks to your welfare, the one that leads you by example and enables you to set on the path to realization is a true teacher. The other name for the teacher is the Master.

The Magnet

The magnet magnetizes an iron piece and bestows the status of magnet to the latter.

The magnet does not eliminate any part of the iron piece. It does not introduce any of its part into the iron piece. It awakens the magnetism which is hidden in the iron piece.

The teacher also does awaken the human awareness into divinity through his presence.



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Recognition of the Teacher

You cannot choose your teacher. The teacher chooses you. If you choose your teacher, you are not ready for teaching. Overcome the habit of assessing, judging and choosing a teacher.

The teacher enters your life even before you recognise. He does not declare to you, that He is your teacher. In due course of time, you comprehend it. You are unconsciously attracted to Him. You find the inner willingness to follow His teachings. The teacher student relation establishes strongly.

Eventually, the teacher is realized in you!



All-Round Development

The distance between the Sun and the lotus is immense but as the sun rises the lotus unfolds.

The unfoldment of the lotus is due to the presence of the sun ray, to which the lotus is oriented. Likewise, to an oriented student, the teacher can also cause unfoldment through his presence. The lotus unfolds in all directions and such all-round unfoldment spreads beauty. The student too unfolds in all aspects of life simultaneously. The presence of the teacher causes such all-round development to the oriented student and fulfils the domestic, economic, social and spiritual dimensions.

Master Work

Discipleship is a process similar to hatching the egg. The hen gives warmth to the egg. Likewise, The Master gives His presence to the disciple. The chick in the egg gradually takes shape. Likewise, the presence of The Master gradually transforms an aspirant into disciple. When the chick is adequately grown, it breaks the shell and enters into the world. An aspirant who is sufficiently transformed into a disciple also breaks his personality limitations and enters into the world of service.

The shell around the chick is a protection until the chick grows. So also, the personality around the Soul of the disciple is like the eggshell that protects the Soul until the Soul emerges. The work of the Master is thus!

Master Mantra

The Mantra given by a Master works like a catalyst. The presence of a catalyst causes the desired chemistry. Likewise the Mantra causes changes in the chemistry of the student's personality. The desired transformation keeps happening. Just like yeast transforms milk into yogurt, the student is transformed into a disciple. Milk has less stability than yogurt. The disciple would have thus more stability than the aspirant. Yogurt is further churned into butter and the butter separates from milk. Likewise, a disciple is thrown into the world of crises. Through crises the disciple is transformed into a Master.

A Master no more belongs to the world of men even while he is amidst the men. Such are the transformations caused by the Master Mantra.

The Environment

“Man is a product of environment” says a socialist. But a spiritualist says that “Man is a product of his qualities”. A gardener planted in his garden a mango seed, a coconut seed and a guava seed. He regularly watered the three plants. The quality of the land is the same for the three plants. The gardener is also the same. The quality of the water is also the same. The reasons and environment are the same. But the three trees gave three different fruits. The difference between the fruits is not due to the difference in environment, but due to the difference of quality in the seeds.

Likewise, qualities of man make the man, but not so much the environment.

The Mind

“Kill the mind”, says the philosophy. The pseudo philosophers are impractical. “Reorient the mind”, says a Yogî. A Yogî is a practical philosopher.

Mind has habit-forming nature. If you entrust good habits to it, it firms up the good habits. If you give bad habits to it, it attaches to bad habits. If it is given the habit of associating with the Divine, it firms up with divinity.

It is your ability and discretion that helps. After all, mind is an instrument not a Master.

Catechism

Question: How does the Creation emerge?

Answer: Just like a thought emerges from you during your leisure.

Question: What is the cause for creation?

Answer: What is the cause for child's play? It is causeless and hence joyful.

Question: What is the cause for being happy?

Answer: To be causeless in action.

Question: Does causeless action mean madness?

Answer: State of madness and state of bliss are similar but not the same.

The difference is as between a playful child and a madman.

Yoga

Yoga means unity, oneness. If it is more than one, it is not Yoga. Yoga is One. The many Yogas are ingredients of one Yoga. People speak of Karma yoga, Jnâna yoga, Bhakti yoga, Dhyâna yoga, Kriyâ yoga, Agni yoga, Kundalinî yoga, Hatha yoga and so on.

In Bhagavad Gîtâ, the 18 chapters are named as 18 Yogas. They are not many, but are many in one and are one in many. They all form integral parts of the one Yoga. All numbers are one in number Consciousness. Likewise, are the colors and the sounds. In the same manner Yoga is One. It's manifestations are many!

Aquarian Age

“Idol worship is like elementary education. It is required only in the preliminary stages. Once you know the Divine, you can abandon the idols. We are in the new age. This is Aquarian age. Abandon the idols and the symbols, having known the divinity”, said a philosopher to a group of high intellects.

A student got up and questioned “if you know what food material is, you can avoid hunger. If you know what water is, you can avoid thirst. Are these two statements similar to abandoning God material (Idols and symbols) if we have known God?” The philosopher got stunned. He remained silent. He heard a voice from the ether. Even light and sound are symbols of Him, He cannot be known except through symbols and forms. Man too is a symbol of God.

The Teacher and the Preacher

There is a small grocery in the kitchen. It is daily used for cooking and serving. The persons who eat are nourished. The cook is pleased.

There is a big grocery in a super bazaar. There the grocery is for sale, it is not cooked and served to nourish. It is only for sale. There is no cook who nourishes.

The cook in the kitchen is the Teacher, the Yogî and the Master. The seller in the super bazaar is a philosopher, an intellectual and a juggler of words. He neither nourishes himself nor he nourishes others.

Learn to differentiate between the Teacher and the preacher.

Faults and Mistakes

While at work, mistakes are inevitable. Some mistakes and some faults roll in, in spite of care and caution. These things need not discourage the doer. By not doing, you are not overcoming the mistakes and faults but by repeatedly doing, you gain the related experience to do better.

Just because there are some little stones mixed in the grains by a crooked merchant, you cannot throw away the whole lot. Be wise to accept the grains so that the little pebbles are left behind. It is foolish to abstain from good work due to the fear of mistakes, faults and the related consequences.

Alignment

However much you study, however much you learn, however much you listen, they do not help you until you use that knowledge in daily actions.

Only while you are at action, the mind, the senses and the body get aligned. When you act with goodwill they also get aligned with the Buddhi.

Action, therefore, is the only way to accomplish right alignment.

Work as a Sacrament

The slave to the thought of self-profit continues to conduct the work, feeling it inevitable. To the Master, social welfare work is happiness, it is not working for happiness.

Such one conducts the work as a sacrament, such one is unbound by the actions that happen through him. Unless work is conducted as a sacrament, man binds himself, becomes a slave and settles in hell.

Vicious Circle

If every man looks to profit at others cost, it only leads to meaningless competition and the related exploitation. Exploitation leads to resistance from the exploited one, sometimes even to revolts and further lead even to wars. The human history cyclically repeats these wars due to exploitations. It is a vicious circle. Humanity did not yet learn the cause of their unrest; it is the motive of self-profit.

Since ages, the sages have been saying and even demonstrating that selfless life with service to the fellow beings gives the much desired harmony, peace and poise. It is heavenly state of being. The key is in service to others, than to oneself. Individually, man is gaining this key through experience. Globally it was never found possible, because the Souls have varied states of experience.

Working for self-profit is like associating with prostitutes. A prostitute is not reliable or dependable; she goes where she gets better comforts. The human



prostitution, through persecution of profit, is total
ignorance.

The individual should find solution through
his comprehension and select the right way.

Nature's Trick

The human activity centers around self-propitiation. Nature conducts its welfare activity through the human. The humans, illusioned by the motive of self-propitiation keep working day and night.

The fruits of such activity get distributed and only the illusion of self-propitiation continues with the human. Nature is intelligent enough to conduct the welfare activity even through the selfish activity of the human.

An Insight

To conduct a small work, do you realize how many parts of your body and how many intelligences of your being cooperate and work together?

If you just ideate upon this, you will understand the Nature's message and learn to cooperate and work together to manifest the good work.

Buddhi

In daily life or during the events of daily life, if the mind is at work, the teachings are of no help to you. If buddhi is at work, the teachings would be of immense help.

To ensure that buddhi functions but not the behavioural mind, the only single way is to see the Soul in the one you interact with.

There is no other way!

Fitness

Pure water contained by an impure container receives the impact of the impure container. Such water, when drunk, would cause vomiting.

Similarly, a work of goodwill when contemplated by the unprepared persons would be more a source of conflict than a source of pleasure.

Poise - The Handmaid

Do you wish to be at poise?

The answer is: "Of course".

Are you willing to disconnect with desire?

The answer is silence.

If you learn disconnection with desire but not with duty, poise is your handmaid.

The Means and the End

When you read the Scriptures, you read through the pages. But what is read is not the pages but the Scripture.

When you lead life, you lead through the three qualities that is: poise, dynamism and inertia; but what is to be experienced is life, but not the impact of the qualities.

Ensure that the means do not obstruct the purpose.

Purpose - By products

Manu speaks of living in togetherness as between a man and a woman. Progeny is incidental. What is important is that the male and female energies commune to gain balance in both the male and the female. The balance of male and female energy is called Yoga. The purpose of togetherness is this. Sex and progeny are by-products, and not the purpose.

Ease

When you estimate the future result of the present actions and anticipate such results, you are just worldly.

If you appreciate the welfare of the present work and conduct, you are at ease with yourself. When you are at ease, the 'Will' works with felicity. When you do not have such ease, the 'Will' cannot be at work.

Ease is the key to work and to experience.

Entrance into Goodwill

How are we to know what is our share of work in goodwill?

Assess your abilities and serve the society with goodwill as motive.

Let that be the foundation stone for future build-up of goodwill activity.

Fickle minded

Normally people like other's work and have complaints about the work that they are given by life. The reason for this is fickle-mindedness. The fickle-minded ones attempt many and accomplish little. Such people fall.

It is always better that we choose shoes that suit us. To look for bigger shoes makes your walk difficult. Looking at a heavy weight lifting champion, we cannot straightaway try to lift-up heavy weight. It may even cause death!

Sense Activity

Yoga recommends the suspension of the sense activity. Suspension is not easy in the beginning. Regulate the sense activity into the acts of goodwill that you like. Habit makes working for goodwill as a means of entertainment of the mind and the senses. In this way, you lead the senses from indiscreet activity to regulated discriminative activity. Gradually the senses cooperate to work or to rest at will.

My Path

God exists as I AM in all the beings. “Visualize I AM. This is My way”, says Lord Krishna. My way does not mean my religion; it means, ‘I follow the Path of I AM’. Visualize and see I AM in all.

This is the Path Eternal.

The Mother

Gayatri, Savitri, Saraswati and Sri Lalitha, are the many aspects of the World Mother. Invoking them and aligning with their energy would lead us to virginity. Utterance of Gayatri should be followed by a life of motherly service; then the progress causes attunement with the Light of the World.

Recollection - The Key

Recollection of "I AM" within oneself would enable one to perceive the illusion. If the I AM Consciousness is not recollected, man lives in illusion. It is not enough if he recollects the Divine in him; he should also recollect the Divine (I AM) in all the beings surrounding him.

If he does not do so, he would be filled with egoism and can even turn out to be diabolic. To enable one to stay in I AM Consciousness, constant recollection is the only key. Study of scriptures and practice of occult sciences do not help man much, if this key is not practiced.

Gnostics

Gnostic is not the one who has seen the ultimate of God. He is the one who knows the world and its ways. He knows that the world is built upon the triangular forces of dynamism, inertia and poise; that the beings in the world are subordinate to these forces. Knowing so, he does acts of goodwill, which inspire the beings to initiate themselves into the acts of goodwill and thereby transcend the worldly conditioning.

Instrumentality

Every man does certain acts. Certain other acts happen through him. Among these, some are fulfilled and some are not. The wise one notices through such phenomena, the mere instrumentality of oneself.

The Terrorists of Faith

Many believe that worship of the Divine would lead to dissolution of problems, sorrow and difficulties. Some argue that it is foolish, and they say that knowledge of God is more important than faith in God. These are the termagants who remove the support sticks from the armpits of the lame. They do more disservice than service. With the faith in God as the foundation, the strength of knowledge can be built. Destruction is never the Path of the Divine.

Ignorant Teachers

Pushing to enlighten the ignorant into the Light is an act of complete ignorance. Trying to show the beauty of the dawn to the born blind is not common sense. How are you worried if some remain ignorant? What do you lose if others are like that?

Do you see the Will of God that prevails all around? The Lord knows how to retract his beings. He knows how to attract and retract them. All that happens in Creation is in Divine Order.

Do what you are entrusted to work with; don't comment any further.

Welfare

Creation is not at loss, if an individual is not enlightened. To Creation the welfare of all is important. The welfare of all includes the welfare of an individual. General welfare stands in preference to the individual welfare. Let the individual therefore work for the welfare to fare well, in life.

That is the way to enlightenment.

Aries

The term Aries and Arya are interrelated. The student of astrological symbolism knows well that the Aryan race had its initiations through the symbol of Aries (Brahma Danda). Aryan civilisation had its zenith when the equinoxes were passing through the constellation of Aries. The name Aaron (the elder brother of Moses) in the Bible is more a title than a proper name. Aaron's rod is the rod of initiation. Aaron was the high priest of the Levites.

He performed the rituals of the Leviticus with the aid of this rod. Moses also performed the great miracles in the name of God, in Egypt, with the aid of his rod. The fiery God on Mount Sinai gave this rod to Moses. When the rod is thrown to the ground it transforms into a serpent. If it is raised vertically, it again becomes the rod. This mastery explains the relationship between the Serpent Fire (Kundalini) and the Rod of Law (Brahma Danda). Serpent is the symbol of the creeping time, and it is also wisdom



concealed in man. When there is the fall, it is the serpent and when there is the elevation of man into higher principles, it is the rod at the top of which there is the eagle. The glyph of Aries has two diverging lines at the upper end; they are the tongues of the serpent in the lower man and the wings of the eagle in the higher man. The mystery of the eagle vanquishing the serpent is allegorised in the story of Garuda (the Lord of the biggest cycle) in the Puranas.



Taurus

Sun in Taurus is called the fertilising bull. This represents the import of the Word. Moon in Taurus is called the cow. This represents that which is impregnated.

Word is twofold: the concept and the language. Language is feminine by nature and the content is masculine by nature. Their union is wisdom as creation. This is symbolised by Mercury as the calf in Taurus.

Thus we find that The Word, in its four stages of expression, has three phases.

Mercury

Mercury is the chief implement of alchemy. Mercury in the higher planes gives discrimination. Discrimination should enable impersonal ways of handling the opposites.

Such neutral handling resolves the problems and enables one to approach unity through a precise (mathematical) process. Such work with Mercury is alchemy. It puts one out of astral and etheric influences. May Mercury in Gemini be reflected upon to gain neutrality and precision through discrimination.

The Path of Cancer

Cancer is represented by a beetle in the Dendheras Zodiac. The allegory of the beetle is that, it changes some lower forms of other insects into beetles. So too is the Teacher who causes transformations in the student to become Master. It is a process of magnetization. The Presence of the Master causes the necessary transformation in the student to grow into the Master Consciousness.

The Teacher does not do anything for this. His presence causes the catalytic action. The presence of the catalyst enables the chemical process. The catalyst does not do anything. It gives its presence. The Presence of the Master is like the presence of the yeast that transforms the milk into yogurt. The Master knows 'TO-BE' and not-to-do. Such Presence only initiates the process of transformation. The yeast does not do it. Milk works itself, and transforms itself in the presence of the yeast. This is the Path of Cancer, the Path of Presence!



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Leo

The disciple can aid the activity of Leo in him to rise him to higher levels by:

- 1) Concentrating his mind upon pulsation that controls the respiratory and circulatory activity
- 2) Gradually meditating upon his voice and the source of expression of the word.

This is a very slow and skillful process, it enables the accomplishment of the first two steps of Yoga that is Yama, and Niyama and settles the disciple in the 3rd and 4th step of Yoga Asana, and Pranayama.

If one does so, the gushes of emotion are filtered from the love nature, and enables the building of the Antahkarana. Then love is above feelings and translates itself into selfless service.



Virgo

The World Mother is the object of man's meditation, his becoming and his merging. When the disciple meditates over this concept of the World Mother, he is raised by her into the state, where the personality merges and the Soul finds its place in the Mother, to be perfected and taken by her to the Father.

Ramanuja calls this process by the name Purushakara. The word means making a man, the Purusha. From the state of a Purusha, he is taken as one with the Purusha. This process includes three steps - Salokya, Sarupya and Sayujya. The three terms respectively mean
one with the look,
one with the frame and
one with himself within Himself.

This is the highest ideal of the spiritual path of Virgo.

Libra

Libra is the Solar Plexus in man, but to the disciple Libra is located below the Head Centre along with Aries. To him Taurus and Pisces are located in the Third Eye, Gemini and Aquarius are located in the vocal cords, Cancer and Capricorn are located in the Heart Centre, Leo and Sagittarius are located in the diaphragm, above and below.

Ponder on this status of the disciple.

Scorpio - I am the Way

“There is nothing beyond Me. Creation is My Nature. My Nature has the habit of creating. My Nature details into 8 states. While Nature itself is beyond the 8th as the 9th one, I AM 10. My Nature emerges from Me and unfolds into 8 states as I AM. As I AM individual it has its buddhi, manas (mind) and the 5 senses.

Meditate upon Me, to reach Me as the One beyond Nature. There is no other way to reach Me. I AM the Way.”

This is the Vedic understanding reiterated from time to time by every Teacher. It is the ancient-most of the teachings.

Illusion

When you see the ice block, you do not see the water. When you see the cloth, you do not see the cotton. When you see a golden necklace, you do not see the gold. When you see the movie, you do not see the actor; you only see the role but not the actor behind.

In all that you see, you listen and you experience, there are three: the subject, the object and the act of seeing and listening.

This state of triplicity is illusion; it only makes you see what is obvious and does not enable you to see the One in three. To see the One in three and the three in the One, is the direct way to see Me. That is illusion!

The Labourer

The aspirants labour much in the field of mind and in the field of buddhi (wisdom); they are attracted to varieties of rituals and the study of various books. They get engaged in multitude of practices. This labour has no result until they labour to see Me in all the labour that they do.

Learn to see Me in all that is visible, in all that you do, in all that you see, in all that you listen, taste, and touch; then, you directly reach Me.

The aspirants do many things, but do not see Me; hence they do not reach Me. To reach Me is simple, but the complicated mind of the aspirant engages itself in the complication and gets imprisoned in it.

When a frustrated aspirant is seen, we smile with sympathy. The only way, for anyone in Creation, is to see Me and no other.

Verily the seer is also no other than Me. The seer in you is Me, the listener in you is Me. It is all Me as



many. Labour to see Me, then every labour becomes an interaction with Me.

If you miss Me and labour, you just remain a labourer!



The Last Thought

The last thought before your sleep is the thought with which you wake up. The quality of the last thought decides the quality of the next day. Be intelligent enough to extend the logic to the last thought before you depart.

If you depart with a qualitative thought, you come back into a qualitative life in the next incarnation. Death is but sleep in a longer duration. When you depart with practices of discipleship, you continue the discipleship in the next life.

Such is the Path!

Just Realise

One cannot gain I AM by any effort. The process is 'At-one-ment', but not attainment. You cannot gain your mirror image, but you can realise that it is no other than you.

Realisation of I AM is the way. Attainment of I AM is illusion. You are already I AM. Just realise it!

The Defaulted Disciple

The defaulted disciple has to wait. He gets arrested of his progress. In his waiting, he can only recollect the divine without complaint and without expectation. Such recollection will one day be responded by the grace of the Lord.

The functioning of a Disciple

Comprehend the working of awareness in you in terms of variety of forces and behavioural patterns. Also comprehend such functioning of forces and behavioural patterns in others; they are naturally and normally different. Learn how to adjust and work with harmony. Such skillful working in silence enables you to accomplish the work without causing any personal consequences.

Such are the disciples!

Law - The Way

The Lord of Hosts, the indweller of the universe, the God in creation takes to human form with all the intelligences and powers of Nature. The humans are given form. The Lord descends into the form.

The humans can reach the Lord gradually abiding to the laws of universe. The Law is the way for the Lord to descend and for the human to ascend.

Prophecy

Each time the Lord incarnates by His Will through His Nature, He teaches Dharma by demonstration. Dharma is the Law of the creation. It is eternal and immutable. It is not dependent on religions. On the contrary, the religions draw certain regulations from the eternal Dharma. It is better to follow the Law demonstrated by the Lord than to follow the religions. Any number of times the Lord incarnates, He establishes Dharma but does not found a religion.

Law is universally applicable while religions are not. It is prophesied that man transcends from religion to Dharma in the Aquarian age.

Learn to Include

Wisdom imparts Truth. Truth is inclusive but not exclusive. Exclusive clubs of Truth do not carry much Truth. Truth exists in common and amidst the common. It tries to include. It has no instinct to exclude. Wisdom is such.

It includes ignorance. The light of wisdom includes darkness as well. Wisdom has a large heart even to include evil and neutralise. Such is the power of wisdom called Love. Such wisdom is the dream of the hierarchy. It is demonstrated from time to time to show an example, to show the way.

If you wish to join the path of wisdom learn to include, such is the speciality of the wise ones. Jesus included traitors, killers, plotters, the weak, the meek, etc. One needs no better example!

Three Statements

I would like you all to ponder upon the following three statements:

1. If you are timid, you cannot overcome the social, domestic and economic bondages.
2. When you plan for your group welfare, never manipulate the group members.
3. In a group-work do not introduce personal programs. It not only pollutes the group but also ends up in dissolution of the group.

Present at all Times

It is ignorance to think that the all-pervading Lord has no eyes to see and no ears to listen. He is present at all times. He sees and listens through the surroundings. He sees and listens from within you. Wherever you are present, He too is present. Link-up to him in you and in the surroundings and move forward in the Path.

Good Disciple

Body is the means for self-realisation. Without body nothing can be accomplished in the world and even beyond the world. Body is the offspring of the Soul and hence is its disciple. Unless the disciple cooperates the Master cannot function. The body obedient to the Soul's command is the best disciple.

The Key to Dharma

Dharma leads man to liberation. Dharma needs to be known from the scriptures and the teachers who are representatives of Truth. The one that is inclined to follow Dharma walks the Path of Knowledge. But in the age of Kali each one defines by oneself what Dharma is. Each one manipulates Dharma to ones likes and tries to promote what one likes as Dharma. Such a path leads to self-binding.

Paths that lead to self-binding, self-conditioning, self-aggrandisement and separateness are not paths of Dharma. Dharma is inclusive, not exclusive.

Dharma advocates Truth and harmlessness.

Good Days

From the angle of the seers (Rishis) there are no good days or bad days.

Likewise, to those who always entertain good will in their thoughts, all days are good days. For the worldly, there are good and bad days because of the good and bad thoughts that they entertain.

All days and all moon phases are significant and purposeful. The 16 moon phases bring in the message of 16 letters from the temple of the Solar God.

Master the Action

Occurrence of thought is not in human hands. Man has the discrimination and freedom to execute or not to execute the thought that occurs to him. The happening of work as planned is again not within his hands. What man can do is, pick up the right thoughts for action and act. He is not the master of results. He can master the action.

It is time that man knows this!

Neutrality

Courage, discriminative will, alignment of thought, speech and action, peaceful attitude are born qualities for some. The ground work relating to them could have been done in the past. To acquire them, much effort is needed in the present and that effort has to be action with neutrality as basis.

Neutrality is the key to action for the disciple on the Path!

The Diabolic and the Divine

Diabolics, though depicted in frightening forms are not in such forms. The Diabolic as well as the Divine are similar to humans in their form. Only in quality, the three are different from each other. During the third root race, it is through the human form that the divine, diabolic and human emerged from Prajapati Kashyapa.

The Diabolic are aggressive, intolerant, selfish and are preservers of Material form. The Divine are harmless, tolerant, loving, serviceable and are preservers of Light forms. The Humans are in between and need to find their balance.

Yogic Powers

Yogic powers manifest in those sincere disciples who are fearless and are dedicated to the Teaching of the Hierarchy. Such powers continue to be with them as far as they utilize them for goodwill and for the benefit of life in general.

Yogic accomplishments remain a dream for aspirants who care for themselves more than others. The disciples that decide to work for goodwill are advised to rely more upon the Divine than upon the world and practise the steps of yoga as indicated.

The worldly Way

Depending upon the results of work, the deeds are judged by the world. If the results are beneficial to the society at large, the deeds done are considered noble. If the results are otherwise, the self-same deeds are seen as ignoble. The world's judgment is always from the standpoint of the results. There is not much truth in the world's acclamation. Truth survives cycles of time while untruth is short-lived. The world changes its judgment as time passes by. What the world criticized before, it acclaims later. Such is the understanding of the Initiates.

Self-confidence

Self-confidence is different from over-confidence, arrogance and adamancy. Lack of confidence in oneself drives man into an escape route. Mostly these escapists find expression into theistic groups. The true teacher caressingly enables the diffident ones to find their own centre of self-confidence.

A teacher that develops dependency in the students is not a true helper!

Appearance and Disappearance of the Path

Courage, discrimination, purity of mind and quietude are inborn qualities of an aspirant standing at the door of initiation for discipleship. They are the result of actions of goodwill rendered in the past life. Goodwill in action leads one to the Path. As much as one demonstrates goodwill, so much he progresses. The Path suddenly disappears to those who entertain malice.

Solution to the Rajasic

The persons conditioned by Rajas are hyper-active. They feel compelled to do one thing or the other. When they do not have enough constructive work they indulge into other's work and constantly disturb them. They cannot but disturb others.

Persons conditioned by Rajas instinctively carry authority, pride and jealousy. They are possessive. They possess not only things but also people. They constantly disturb the equilibrium.

The solace to this class of persons is to look to the clean sky and meditate. To look to still waters of a lake and meditate. To observe the gentle breeze, the flowers, the trees, which are in movement, but in gentle movement. Inwardly they can look to the heartbeat, link-up to it and stay put, daily for 72 minutes.

The persons with Rajas can turn out to be diabolic unless they take care to transform themselves through the above practices into self-equilibrium.

The Path of Helping Others

Helping others is the only way out from the conditioning of Karma. Helping others is the only way to get protected. Helping others is the highest of the Dharmas. The Path of helping others is the kingly Path to the Divine. On this Path man finds Wisdom. Wisdom helps to walk the Path with Comfort. On this Path man leaves behind selfishness. On this Path man finds how to relate to the Divine.

The Path ultimately leads one to be one with God, the One Existence!

Approach to the Master

Do not be anxious to cognise a Master among men or even an Avatar. Your anxiety stands in the way of your cognising him. Do what is ordained by you with greater devotion and attentiveness. The deeper you are devoted to your work of goodwill the better the Master reveals himself to you. If you stop working and start running after a socially cognised Master or if you await his arrival, you miss the opportunity to meet him.

The Path of selfless Service

The Divinity moves amidst the mortals to praise those who follow the path of selfless service. Only the ones that serve the life with one-pointedness can perceive the Divinity on Earth. To others he looks like them, as an ordinary mortal.

Lucky Ones

Whatever one thinks, that thought is true to him at that moment. For the one who fears, fear is truth. For the one who dreams, dream is true during the dream. When one works, work is true during the moment of work.

Some believe that success and pleasure comes in life only if one initially labours. To him the labour is truth. Likewise, to the one who does Mantra, Mantra is true. To the one who does Tantra, Tantra is true. Worship and chanting are true to those who are in it. All these experiences of truth are momentary. They are projections from the truth but are not the truth. People experience the projections of truth.

They are lucky if they get absorbed from the projections into the Truth, the background consciousness. Then truth remains as themselves!

Associate with the Divine

The ones who develop insight and observe the divine in all; they also see their departure from the body with the same insight. Those who do not have this insight cannot see their departure and therefore die.

The one who observes and worships God the in-dweller of all finds Him at all times and in all places. He finds the indwelling God in the work that he daily does. Such a one tends to associate eternally with the Divine.

A Key

The aspirants who tread the Path of Discipleship frequently encounter difficulty and obstacles of the Path. They commence with inspiration, but on the way they start perspiring and many times, land into despair. They feel that the mind control is next to impossibility. To such ones the key is to feel that the mind is Divine and the thoughts emerging therefrom are only envelopes of such Divinity. Regardless the quality of thoughts, the aspirant should try to feel that all, whether good or bad, have their source in the Divine. This would enable slowly a hold on the thought relating to Divinity, which eventually transforms the mind. The aspirant should also note that the obstacles are Divine and the failures as well. When the aspirant thus sees the Divinity as the basis, the peripheral quality of the thoughts does not perturb him anymore. This is a practice by itself. This practice has enabled the tough minds to cross over the hurdle.

Dharana

When the senses are put to indiscriminate use, man loses clarity. Such ones cannot apply their mind upon respiration. Nevertheless to overcome the situation, he should only try to do that. If this is accomplished, the man and his life principle gain alignment. They get attuned and attain at-one-ment. Thereafter, man feels himself a column of consciousness from heart to head. This is Dharana as per Patanjali.

Knowledge and Service

Expertise in knowledge exonerates not anyone from the riddles of life. The only way to solve riddles is through service to life. Knowledge could be exciting. But excitement would not serve the basic needs of life. It is time that men of knowledge should turn to service. It is admissible that men learn to alternate knowledge and service.

Fundamentals

It is a known fact to the student of theosophy that the divine exists in all forms. The theosophical practice is to experience this in oneself and in the surroundings. This is called the yoga practice or the path of discipleship. Compassion towards the beings around and rendering necessary service to them are the fundamentals of practice without which there can be no progress. Those who are consecrated to such practice will find the Teachers who would lead them further in the practice. Until then, neither the Teacher nor the Truth will get revealed.

Bhagavatas

Discipleship is a state where the individual Soul remains attuned to the Universal Soul. The Universal Soul is called the Master. The individual Soul is called the disciple. The state of attunement is called discipleship. Masters are those disciples who accomplished this attunement and enabled manifestation of Divine Plan on Earth. Such disciples are called in Sanskrit as Bhagavatas.

Disciple versus Devotee

Discipleship is effort to stay in light. Staying stable in light, the disciple experiences light in all that is. He does not discriminate between one form of the light and the other. Such a disciple does not discriminate between Shiva, Krishna, Buddha, Christ. He sees them as One Light performing different tasks at different times.

Be oriented to life in all forms. Do not discriminate between the forms of life. If you are with the light, you are a disciple and if you are with a form of light you are a devotee. Grow to be a disciple from being a devotee.

A Tool

Whenever and wherever something is known, know that it is revealed to you by the Divine. Revelation is always from the Divine. Do not take pride that you have known. Be humble that it is revealed to you. The Divine seating in your Heart lotus reveals. When you act upon what is revealed, further revelation could happen. As much as it is revealed so much the veils of ignorance are unveiled. In the process, the wavering mind gains the stability and pleasant disposition. In that pleasant state of disposition the ignorance does not bind and the knowledge of the Divine gradually reveals itself.

This is a tool for discipleship.



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Be-ness

Be-ness is the other name for existence. Be-ness 'is' and 'is - not' according to the state of beings. When the Divine is recollected, Be-ness Is. When the Divine is forgotten, Be-ness is not.



A Key to Discipleship

Recollect the Divine in the events of daily life. Recollect the Divine in the unfavourable events as well. If this is well practiced, the unfavourable will get neutralised. Recollection of the Divine in the events of life helps to lift oneself up and above the events. Then the events do not affect. Avoiding unpleasant events is timidity. Meeting them in the presence of the Divine neutralises karma.

Many turned to be world disciples following this key!

Marginal Errors

Even the righteous would sometimes do mistakes. At times the behavioural nature prevails over their Soul nature. The righteous ones are those who demonstrate Soul nature generally. There could be marginal errors in their behaviour. Personality occasionally clouds soul. Be careful not to condemn or even criticize them. To err is human. The disciples functioning as Souls may also err. Only the fools are over-critical about such errors. The Divine on the contrary smiles at the occasional errors committed by His dear ones.

Inversion of the Law

Learn to distinguish the weak from the wicked. The weak are weak in mind and they do things driven by the illusions of the world. They are to be saved but not to be punished.

The wicked are those who do not believe the Divine existence and deny the Law deliberately. They promote diabolism, desire, and are deadly in their approach. Driven by beastly desire they disturb many. These are the ones who deserve punishment.

Those who deserve the punishment generally escape and those who are not punishable are punished in humanity. This is total inversion of the Law.

The Approach of the Teacher

The Teacher approaches the student. The student cannot approach the Teacher. The Teacher knows the student. The student does not know the Teacher. Teacher's arrival into the life of the student is to grace the student- the grace of the Divine. The Teacher's selection of the student and approach to the student is apparently strange, for the Teacher only knows the eligibility of the student. Neither the student nor his friends and relatives know the subtle purposes that the teacher fulfils.

The student can at best engage in practices of righteousness until the arrival of the Teacher!

The Truth of Gayatri

Gayatri is not Gayatri Mantra. It is more than the mantra. It is the truth propounded by the Mantra. The light of Gayatri enlightens the Will. The Will in turn regulates the mind and the senses. One can realise this Will within himself. But, one does not realise that he is that Will.

Gayatri is no other than the Self. That is the truth!

Reading Time

The winking of an eye is taken as a measure to count time. Time holds the current events and unfolds the future events. All that is past, is in its folds. All that is future, is also in its folds. Only the present unfolds for the moment. To do acts of goodwill during the current times is the key to the art of living. Such ones read through the messages of time that are written in between the eye winking.

Vedas

Vedas contain the Law – the Law of creation as also the Laws of right action. Mere study of Vedas and praise of them leads man nowhere. He needs to learn to practice the Laws. Practice only leads to revelation of deeper principles. This would enable real appreciation, admiration and even adoration. One cannot stop at revelations but continue to practice the Veda until he realises himself as a copy of the original manuscript. He is the Veda in its four-fold aspect.

Such knowledge is real knowledge!

Ten Times Ten

The minute detail of atom has its magnified image in the Solar System. The vast canvas of the story of solar system is epitomised in the atom. In between there is man. He is the middle. He projects himself upon these two screens and reads his own story through his own embryonic developments. From the first biological microbe to the human entity, his story can be seen in 10 divisions. This story can be read projecting his vision upon the occurrences of the 10 months of embryonic development. The appearance of human entity in the system can thus be realised at macro level in 10 divisions of Divine years.

“Ten times ten the wheel rotates.”

An Inversion

When a person thinks that he is the one that exists in the pulsating heart, he is ignorant. When the person thinks that he is the One that exists in the pulsating heart, he is the aspirant who would eventually turn out to be a disciple and later a Master. As much as one realises Him in the pulsating heart, one gains eligibility to experience the Divine presence. Such is the first and primary experience of Divinity. Know that He exists. We think that we exist.

Reverse the inversion!

A Key to Veda

Vedas contain expansive wisdom of God. This wisdom cannot be realised through study and understanding. On the contrary it leads to confusion. When the Vedas are sung and listened to, the mind muses with the music of the sound and its rhythm. Such ones also realise the meaning, which is hidden in the Vedas. Unless one learns to sing with devotion, the Vedas do not yield themselves. Initiates learnt Vedas this way.

I Am that I Am

The purpose of life is revealed to the one who is attuned to the Divine in him as I AM. The purpose remains hidden as long as this atonement does not happen. When the purpose of life is not revealed, life moves vaguely with no specific direction. It is for this reason, the persons seeking purpose of life try to pool around those who know such purpose. Until such time one gropes in darkness. As long as one does not realise “I AM That I AM” he just remains a localised entity and calls himself “I AM”. This “I AM” is but phantom, the reflected self. The reflected self reflects into the objectivity, which is also a reflected world. Reflections interact with reflections and the Self stays above such reflections. Imagine the Sun reflecting in the pool of waters. The reflected Sun moves and mutates with the moving waters. The original Sun is stable and unmutable in the stable waters (ethers) of the sky. Realise this situation with yourself. As you realise this you are the realised one.

Activity and Glamour

Even the advanced disciples fall into glamour of activity as different from the activity, when they deviate from Self-recollection. Daily recollection of the Self is but necessary. Living and moving in that Self enables staying in Light. When Self-recollection happens-not, the disciple falls and moves in the wheel of illusion creating a web around himself. He imprisons himself and loses the way.

In such imprisoned situations, the only solution is either to recollect or to approach the one who helps such recollection for him. This happens as the grace of the Divine.

Light of the World

When one is engaged with the world, he tends to be worldly. When he gets the awareness that the world is but modifications of the One, he stands instantly above the world. The former leads to bondage. The latter results in liberation. The One appears in the form of world of five elements to the liberated one. To him, the Light and the beauty of the world of five elements becomes visible. He sees the world, as Lord's play ground with Himself as the many players. Such one experiences Knowledge and Bliss.

Discipleship - Routine

What practices you are adopting to, is not the criteria. What thoughts prevail with you while you are at such practices of discipleship is the criteria.

All discipleship practices are meant for elevating you from your critical and judgemental thoughts. As long as the thought plane does not qualitatively improve through the practices, you are only labouring without intent. Practices, generally, tend to be a dead routine when the intent to improve the quality of thinking is absent. Aspirants are frequent victims of jealousy, suspicion, doubt, hatred, dislikes and the like.

Measure your Yoga practices by the quality of thought you entertain!

Concrete Minds

Liberation is not a physical state of being. It is the state of mind. A mind that is devoted to the Divine enables the state of liberation. To others, mind springs forth thoughts, logic, arguments, discussions, opinions and judgements. Such minds drift away so far that they cannot re-dedicate to devotion. Such ones are called the arrogant ones. They suffer from their concrete minds.

The Vedic Person-1

As long as man believes in the results of his actions and acts for results, he lives in anxiety, fear and the related tension. Tension leads to faults in action, thereby distancing him even from the expected results. This leads to disappointment, discourage and depression. The latter leads to dis-equilibrium in the health disturbing the tissues of the body. The rage of anger, aggression and ravenous hunger are the results of such disturbance. Until man knows that it is not only un-worthy to run after the results but also costly to his life, he continues to be so.

When man knows that action is for the welfare of all and not for selfish interests, he comes out of the quagmire of the above understanding. Such ones are the true workers in the field of God.

The Vedic Person-2

The creation is the Veda. The forms of the souls in the creation are it's copies. The Veda is uttered-forth in the creation and in the beings. Veda exists as the pulsation of life. The winds exist as the respiration of the Veda. Such Veda sounds-forth through the throats of the beings as OM. Listening to the sound of OM, the adepts experience the Vedic person in their hearts. They surrender to Him and conduct the work of synthesis on His behalf.

A simple approach

Human minds are preoccupied and are ever engaged in the human behaviour. They discuss, analyse, discriminate, and define the right and the wrong all the time. They are thus engulfed in the mundane thought.

Instead they can daily devote a part of their time in contemplating upon a human form full of beauties and virtues. By regular contemplations upon such form and virtues, the virtue in them gets stimulated and enables them to follow the path of the virtuous. They would even meet the virtuous ones in the creation. The regular contemplation helps establishing a place within the abode of their mind for the Divine. This is a simple but most effective way.

Worship of such ideal figures such as Rama, Krishna, Buddha, Christ are thus given by the Seers to help the simple-minded ones to transform into Divinity.

Seeking versus offering

The creation bestows peace, poise and fulfilment on those who care to share, serve, cooperate, and respect the beings in creation. The creation bestows disease, decay, death and the related pain on those who worship intellect, power and ability for self propitiation. This is the simple Law upon which the activity is built. The simple rule for the aspirants who look for fulfilment is to offer themselves to the creation than to seek something from creation.

Discipleship is the art of offering but not the art of seeking. Even seeking the Divine is not seen as a virtue. Offering oneself to the Divine is seen as a virtue. “Ask, you shall be given. Knock, the door to Divine will open. Seek, you shall find”, is an abused dictum. “Offer yourself to the surrounding life”, is the new dictum. It leads to offering the self along with personality to the Divine so that the Divine exists and expresses through all actions of the self.

Intelligence and virtues

Intelligence by itself is not helpful to man. Intelligence is but a tool that requires to be utilised appropriately. Misapplication of the tool leads to disaster. Intelligence can be modulated and regulated only by virtue. As men grow with intelligence they also need to cultivate virtuous habits. The virtuous nature does not allow the intelligence to step away from righteousness. It is for this reason all religions basically emphasise more on virtue than on intelligence. Intelligence is gained through worldly knowledge and through exoteric schools. These schools also have a duty to give equal importance to moralistic teaching that impart virtues.

Self-Correction

The blind sees not. The one with defective sight sees things distorted. The one who is colour blind sees colours which are not there. To the impure Sun looks dusty. To the ignorant the Sun appears not. The sun is ever shining and never hiding. He appears according to one's orientation. If one is disoriented he appears not. The defect is with the seer but not with that which is attempted to be seen.

One needs to correct one's instrument. Set it to zero error. That's the work to be done. That is yoga practice. That is discipleship. That should be the endeavour. As long as one does not correct his instrument, he sees everything distorted and gains more and more wrong understanding.

Self-transformation begins with self-correction.

The trap of desire

Desire is God given gift. Gifts of God are invaluable, but then the knowledge of utilising the gifts is as valuable as the gift itself. When the gift of desire is not well applied one creates to oneself, a life of misery.

There are many teachings and books that tell us what to desire and what not to desire, when to desire, when not to desire, how to desire and how not to desire and so on. Such ones who desire according to these teachings and books also find themselves imprisoned in the consequences of their desires.

Do you know why desire is gifted to man by God? He gave it with a fond desire that you would desire him one day. Blessed are those who know the trick and the trap of desire.

The Dare-Devs

The Lord rejoices in upholding the word of his disciple. In the fit of a moment when the disciple says something which is seemingly absurd, to save the disciple from mockery of the world the Lord strives and fulfils the word of the disciple. Such is the Love of Lord towards his disciple. The disciples whom the Lord loves and for whom the Lord strives are those who are willing to stand naked, stripped off. For such ones the Lord does the labour. Many are such events in the lives of Initiates, where out of faith in the Lord they do certain things of impossibility. But the Lord paves way to fulfil their deeds out of Love. These are the ones, of whom the Lord is always alert.

These are the disciples who are called “Dare Devils in the kingdom of God.”

The Basic Illusion

Illusion (Maya) is the handmaid of the Divine. No one is an exception to the illusion of the Divine. The beings in creation are in the basic illusion of separative existence. Even the functional intelligences in the creation are subjected to this basic illusion and thereby function. Recollection of the Divine helps daily dissolution of this illusion, for illusion emerges on a daily basis while one is at action.

In prayers, meditation and other forms of alignment with God, disciples may align with the Divine and may even cognise that it is the will of the Divine that is at work and that they are but servants of the Divine, the tools of the Divine in fulfilling the Divine Will. "Father thy Will be done", is the knowledge that one gains in meditation, prayer and other modes of worship. But in executing that Will one tends to be a localised unit of consciousness.

Action cannot happen without such localisation. Localisation results in separativity. To



stand united and to act is the key that Masters demonstrate. “That I AM” is the mantra. “That I AM” is the awareness to stand beyond the illusion.

Nevertheless illusion can still happen, for it is the handmaid of the Divine and He may use it playfully even on the Masters.



Approach to Illusion

The all pervading consciousness who is called the Omni Present and Omni Potent also carries as his handmaid, the wand of Maya (Illusion).

Disciples are advised to worship the Lord along with his wand of Maya. The magic flute in the hands of Lord Krishna is but the magic wand of Maya. The disciples may not entertain the pride that they are beyond the Divine Maya. They would do better to salute the Maya as well and remain humble.

Sistas

“Those who worship the Divine, follow the Law and serve the saints are protected.” Protection does not mean that such ones do not face conflicts and crises. They too experience conflicts and crises but they will not get destroyed. In such crises they are insulated from such destruction while others normally get destroyed. They are saved like the good seeds that a farmer saves for the next cycle. All other seeds are ignored. They are called Sistas, the good ones. The good seeds amidst Atlanteans thus formed the nucleus for the Aryans. It is from these seeds roots emerged once again.

The new groups of world servers are expected to be the good seeds for the future cycles. The responsibility for every group member is to constitute oneself as a good seed for the future cycle.

The sacred duty

The Divine and the Master work substantially to gradually eliminate illusion that the aspirants and the disciples suffer from. This work is seen as the sacred duty towards those who are seeking knowledge. The aspirants and the disciples due to their ignorance attach greater values to transient things and relations. They slip every time due to illusion which would eventually lead them to sorrow.

To inculcate taste for the eternal and noble principles and relating to them, is what the teachers impart. The noblest of the duty at hand is to enable disciples to overcome the illusion of self existence. Only then the Divine Plan is fully comprehended. Until then however much one is knowledgeable one is still under illusion.

Beyond the duality

The one that observes the world sees joy and sorrow in the world. But for the one that observes the Divine beyond the duality of joy and sorrow, the divinity is true while joy and sorrow are the ripples of rhythm upon the currents of water.

The earth experiences night and day. It chills by the night and warms up by the day. These dualities do not exist to the Sun. The earthy beings suffer from dualities. Beings anchored in the soul do not.

Omnipresence - Bliss

Strive to experience the Omnipresent God. Do not limit him to a name and a form. If you limit him to a name and form your experience is incomplete. You would not have a stable mind. You continue to live in duality. When the Divine is in the form of an avatar or a Guru the ones who strived as said before would find the bliss in the presence of the guru or the avatar. The others would have only a peripheral experience of the guru. The grand seer Bhishma and the lady Kunti experienced the Bliss of Existence in the Presence of Lord Krishna, which Sons of Light could not experience.

The difference is in the approach to the Divine!

The Doctrines

There can be a scripture relating to what happened. In creation one can only record whatever is happening or happened. On the basis of such record one cannot doctrinise what would happen. What would happen is one's imagination. The Divine is not bound by human imagination. The Divine has different possibilities. Doctrines that speak of future therefore generally go wrong, for the creation has the virtue of 'being', of 'apurva', meaning 'not as before'. No man is born as before. Even the Avatars have not been as before. This is due to the fact that there is a change through time. Avatars also descend as per the changing times. Otherwise they would not be valid.

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Dr. K. Parvathi Kumar***

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However much you study, however much you learn, however much you listen, they do not help you until you use that knowledge in daily actions.

Only while you are at action, the mind, the senses and the body get aligned. When you act with goodwill they also get aligned with the Buddhi.

Action, therefore, is the only way to accomplish right alignment.

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