

FROM THE TEACHER'S PEN



DR. K. PARVATHI KUMAR

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Dhanishta

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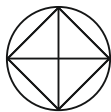
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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

Dhanishta is a non-profit publishing house.

About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher

Order - Disorder

Today's major fight in the human being and also in the humanity as a whole is between order and disorder. The ancients reveal that order leads to responsibility and responsibility enables discharge of Karma (obligations). Discharge of obligations leads to freedom. Freedom is wrongly understood in the present times. Order is broken. Responsibilities are thrown out and in the name of freedom more and more self bondage is created. The fight between order and disorder always existed. It is for each person to choose. Also when order is excessively imposed, it gives birth to disorder.

The Aquarian age lifted the veil for human freedom, the Light of freedom has its shades too, such as anarchism, disorder, drugs, gay marriages, sex perversions, etc. It is unfortunate that some good families are also touched by this energy, which is very strong. This can only be traced to the past individual karma.

2

The Fourth Law - Sex Relations

Question:

Master, Do you think that the youth in western countries is actually teaching us, how the sex relations are going to be in the future? Don't you think that they are giving us an example? As they are putting into practice without knowing it, the fourth law of the Soul (which is the law of attraction and repulsion explained by Master D.K in Esoteric Psychology, which works according with the cosmic law of love explained in Cosmic Fire, where it is explained that even the Logos join for the creation of something, just like a star or some new galaxy, but after that, they get repelled from each other. They separate to do another work. And in western countries, young people as they don't believe in the boundaries of marriage, they are living together during some years 5, 10 or more years before getting married, if they do get married. Because they understand that the attraction will not be forever. (We all know that only the Soul relations are expected to last and not those of the personalities). So in some way they

are acting guided by their Souls, which are free, they join during some time long enough doing some work and ending their karma and after that they go on, or not. But just they do what they feel in a free way. They are not compelled to act in a Piscean way, following religious patterns and old customs. They act according to the Aquarian age subject to changes and accepting the changes and they do it with too much responsibility, mainly when there for setting the new order, the new patterns? are children they don't forget them. Also in most cases the ex-couples go on as friends. But they take a lot of care of not having children at least during the first five years. So, don't you think that they are putting into practice these teachings without knowing them, just guided by the Hierarchy?

Answer:

The youth in the western countries is going through an experiment of trial and error process to find the right balance in their sex relations. It is more an example of a shift from Piscean age to Aquarian age. This is a change before they settle for a sensible understanding of the law of attraction and repulsion. The fourth cosmic law of love is in between the Soul and the personality of oneself. The operation is more vertical than horizontal in discipleship. Every person suffers this law of attraction and repulsion as between

himself, the Soul, and the personality. Similar is the explanation in Cosmic Fire, where the Cosmic Soul descends and ascends through attraction and repulsion. It is to create and later to evolve, that this law is used. It has consistency, stability and a long range objective.

The fourth law is for involution and evolution of the individual Soul. Some days an aspirant is attracted to much Soul activity and some other days to personality activity. Thus the law works with the individual. It is not the same way as the young people in the West do. Living together for 3 to 5 years, getting married by attraction and later divorcing, changing spouses, is a linear action but not a vertical action. This is so with the youth who is not working in the vertical line. It is a different pattern. You love one person today, live with him or her, and another one tomorrow, and yet another one on the third day. It divides you. Division sets into you. You will become many; you will become a crowd in you. By this experimentation you lose integrity and become a split personality. This is all emerging from lack of understanding of the sacrament called marriage.

Marriage is a special sacrament to the human being. It enables caring. It enables one working for the other. It enables respecting each other's view-points.

When different view-points are accepted you gain the vision. It enables you to learn adjustability and adaptability. It teaches your responsibility. It gives you long-lasting companionship with the related compatible energies.

Too many changes that one makes in the personality structure, erode upon the Soul and even obscures the Soul, the being. One remains a split personality. Frequent changes in the objectivity bring instability to the intellect. It is not recommended that people frequently change houses, jobs, places and spouses. Changing personal effects such as cars, watches, spectacles, shoes and the like, puts the intellect to wandering. It has become the order of the day every time to change things. This cannot be seen as flexibility, it can only be seen as unending desires. That would make one an aimless wanderer. You need to build a relation by consistent supply of energy to an aspect of life. Consistency is a virtue. Inconsistency is a weakness.

Constant change indicates that one's mind is feverish. And there is no growth of life or building up. It is like a rose-plant uprooted again and again from one position to another. The plant does not grow and can never flower. Likewise, one will not be able to bloom in life, unless the economic, marital and social

live is fairly consistent. When I say fairly consistent, I do not mean to get conditioned. It is to stay stable and not to be fickle-minded at all in life. Such minds cannot meditate; they wander here and there. They cannot be tamed even later and would be like an untamed bull. In such a state of mind, when you are making love with one woman, you would be thinking of another woman in your mind. When you are with work, mind suggests other things. You loose to be in the present. Therefore you constantly miss the experience of life. You knock the door of experience, but you are not there when the door is opened. This roaming of the mind has to be stopped to gain basic experience of life. This is what is happening to the youth who keep changing frequently. A change here and there in live is recommended. But changing cannot be a program.

As I said before, marriage of humans has a noble purpose: To proffer healthy and harmonious bodies to the incarnating Souls and also to nourish the Souls for their proper growth. A child is put to much conflict when the parents are separated. From the child's viewpoint the parents' separation is an act of irresponsibility however much they share the responsibility. In a separated situation it is not the same as a harmonious parenthood.

As you have rightly said, the fourth law is working in the linear manner, but not in the vertical manner. The linear functioning of the fourth law also disturbs the sixth law of devotion, the seventh law of rhythm and the fifth law of clear intellect.

I hope it is clear!

3

Ethiopia and the River Ethiop

The Ethiopians of Africa, the Caucasians of Europe and the Mongolians of Asia are the first three primitive sub races of Aryans. They carried much ancient Wisdom and lived in Harmony with nature. It is from the Ethiopians, the knowledge flew to Egypt, later to Greece and thereafter to the Greater European continent. These three sub races of Asia, Africa and Europe constitute the first three brothers in that order. The Ethiopians had deeper understanding of Wisdom and were interconnected with the Asians of Iran and the followers of Zoroaster. There was a time, when the Egyptian kingdom extended up to Ethiopia, from where the knowledge of pyramids was secured.

The river Ethiop, the river Nile and the river Indus are but one river that originated from Mount Kailash. It is one of the 7 rivers that originated from the Mount Kailash. The details of which are available in Ramayana. Alexander the great being a King Initiate could realise that the river Nile of Egypt is but continuation of the river Indus. The Indus River flows

through the Arabian Sea and finds its expression in Egypt; it further flows sub-terrainously and finds its expression as the river Ethiop.

The civilisations that emerged at the banks of these rivers, knew the science of sound, of symbols and astrology. With the help of these three keys they built civilisations in great order. Through time the energy of Wisdom crystallised into the energy of Power resulting in destruction. Such is the human story every time. When humans hug to power of Wisdom, they destroy themselves. It is difficult to stay humble with Wisdom. It is true with individuals, with groups and with nations.

Love - The Only Key

Love wins all. This the only open way to humanity One way or the other the human touches the point where he finds love as the only way. God is love. Living in love enables love to flow through. Love is not a personal act but a flow of energies from impersonal level. We should be open for it and be channels to it. Even those who love are attacked by power. Nevertheless, continue to be in love. That is the key, the only solution to this humanity.

Humans Learning through bitter Experience

The warring mentality is being healed from time to time from higher circles. At the same time the human freewill is never interfered with. Humanity has to learn from time to time when the guardians watch and overview. They help only if oriented. The humanity cannot be helped, when there is not adequate orientation. Those who orient are but few. Those who do not are many. Therefore the suffering as a whole.

Waiting does not irritate, if we walk into greater measure of life. When you plant a seed, it does not grow into a tree and give fruits overnight. There is a time plan relating to it. You can only eliminate the impediments to the growth of the seed. The seed grows as per the time plan. As long as waiting irritates, so long there is a threshold that prevents entering into life. Tolerance, patience, forbearance are the other names for waiting. Individually, groupally, nationally and globally, man of goodwill need to pray, wait and tune to the Divine Plan.

Mahatmas always exist and try to help in this

manner. Mortals do not understand and therefore their complaint against Mahatmas.

The Humanity sometimes learns through bitter experience, before they land into the Synthesis of seeming opposites. Even today the situation is such.

6

The Key to Freedom

As long as human beings anchor around money and power, they continue to be prisoners. One does well to come out of this prison. Such ones are taken care by the subtle world in so far as they orient to goodwill.

What makes a Group a Group?

Question:

What makes a group a group?

Answer:

Unity makes a group. A group is just like the organs in a body. One life and one consciousness flow through all the organs of the body. In a group there should be such free flow of consciousness. When there is a good flow of consciousness in the person, life also flows easily between the persons, which realises a group.

The feeling of individuality causes the blocks. Individuality is needed and also not needed according to the context. In a group there are expectations inter-se. From one certain things are expected by the others and vice versa. One should be able to develop the sensitivity to feel not only what is needed of oneself but also what others expect of one. One should also ask oneself, during the daily routine, how many times one feels the sense of separateness. Whenever there is a feeling of separateness or an action that leads to

separateness, one has to ask a question to oneself, “is it due to selfishness?” If it is a selfish thought, one should try to come out of it. One cannot ignore any member in a group. If one ignores, to that extend separateness will grow in oneself.

When pride emerges, separateness emerges. When there is separateness, one does not communicate to the fellow members of the group. Generally people do not share information in a group, because information is seen as power. Not all information is confidential. The instinct to hide and not communicate is poisonous to group consciousness. By sharing information you gain much.

Group activity is a transparent activity, just like the consciousness in the body knows all that is happening in the body. We should have that inclination to share information, to share knowledge, to share our resources, to share our thoughts. If the five senses do not communicate via the mind, do not coordinate and cooperate as between them, there can be no functioning of mind. Such is the coordination and cooperation resulting from good communication. If communications are blocked, there is neither cooperation nor coordination.

People would like to know from the others but would not like to share what they receive. That is the

sickness in the group. They feel so important that they should know everything, but they don't feel that it is important that they have to inform others also. As much as they feel that it is important for them to know they don't feel that it is important for others also, to know from them.

Group means sharing. Sharing everything relating to the group; every information relating to the group. If possible, sharing the resources, sharing ones energies and sharing money, that makes a group. The mouth eats the food. The stomach receives it. If the stomach does not distribute it, the body suffers. Humans suffer from excessive secrecy. Secrecy is the basic sickness of humanity. They receive but they do not distribute even information. Any information which is not of personal nature need be shared for free flow of energy. They receive but they do not distribute even information!

Group happens on the basics of co-operation, co-ordination, communication, connectivity, cordiality and commitment.

A Word to the Group

The knowledge of theosophy coming from HPB and AAB is the knowledge of ancient wisdom. Translating that Wisdom into group action and daily life action is the purpose of all group activity.

For group activity cooperation is the initial step. Offering cooperation is the means. May your group do so and stand eligible for initiation.

*Service to the departing Soul**Question:*

I would like to know what is the main thing to do during a person's dis-incarnation, and which is the more adequate way to invoke the guidance and protection of the Devas at the time of someone's dis-incarnation. Is silent mantram invocation as effective for the departing person as verbalized invocation? Is reciting the mantram in a different location (ie. not next to the person) equally effective? Should one take any particular position relative to the dead body while reciting the mantram? While singing Narayana, should we always visualize the colour blue upon the body in a descending, then ascending and finally descending manner? What is the time lapse from the moment of death to the moment the person leaves this plane? Is it useful to practice Reiki on the dead body? Once the funeral services and burial are over, should I conduct any procedure to cleanse the energies of my bodies?

Answer:

The whole work is to co-operate with the

departing Soul and the server's orientation should be towards the Soul, but not towards the personality. The server has to invoke a Master of Wisdom to guide and protect the work of healing and conduct healing service either for departure or for restitution of health. He has to build a triangle with the healing energy of Narayana in the centre with Master of Wisdom on the top, the server as the second point of the triangle and the patient as the third point.

For more details please refer to occult healing articles in Paracelsus. Chanting of Narayana mantra could be vocal if possible and can also be silent if the former is not possible. The chanting, when done nearer to the patient, the server has to sit nearer to the left ear of the patient. To do it in proximity is first preference. If not, one has to visualise sitting near the patient and be chanting the mantra.

A candle behind the head and sandal incense are helpful for easy departure. But when it is not possible, chanting of mantra is enough. Mantra chanting is the most essential part for the Soul to move out of the body. While chanting mantra, blue and variations of blue, including violet can be visualised. When the server is working to assist departure, the visualisation of colour should be only in the ascending order.

The departed Soul, would have a different time dimension, one month on the physical plane is equal to one day for the departed Soul. It stays for 7 days on its scale, which is 7 months to us. Thereafter it loses the memory of places, persons and earthly relations and prepares to come back.

It is useful to practise Reiki on the dead body to restore peace and equilibrium to body cells, which eventually decay in 24 hours. The server can cleanse himself/herself by visualising orange colour within and around after taking a bath.

What is hope?

Question:

What is Hope? Is it illusion? Is it desirable?

Answer:

In the highest state of Spirituality, Hope does not exist. Only Be-ness exists. It is the Blissful state. Hope has no place in Be-ness. In the secondary, where there is sense of achievement, contrary to the sense of Be-ness, hope represents the Positive Will. The Positive Will to move forward expresses as hope. But hope suffers a duality, for there is hopelessness as the other side of hope. Hope is the energy that moves people to better their conditions. Hope is recommended for healthy growth, but in a programme of hope, there has to be enough cushion for the contrary. In one sense, the sense of achievement itself is illusion. The sense of Be-ness is reality. But where sense of achievement prevails, hope and hopelessness play their part.

Humanity lives in hope and builds hope with every positive occurrence. But humanity also tends to build too much hope and thus gets into illusion.

The Christ Principle

Christus is the universal consciousness. Every individual Soul who stays connected with the Universal Soul is a Christ. The Christ principle functions through the connected ones. Therefore such ones are recognised, respected and followed.

Similar names exist like Christ in the East. They are called:

- Yogi meaning the one who is united with the Divine.
- Maharshi meaning the one associated with the all seeing One.
- Sai meaning Father in the frame of the son.
- Baba meaning Father in the frame of the son.
- Swami meaning the one associated with the Master consciousness.
- Master meaning the one associated with the Master consciousness.
- Christus is Indian Vishnu and Greek Amedeou, meaning Universal consciousness.

The teachings of Jesus the Christ were little

understood by the followers. It is generally so. Zealous distort the teachings due to their ignorance.

The true teaching prevails in the inner circles.

Universal Consciousness

Question:

Does this universal consciousness Christus exist from beginning of creation, is it the base of creation itself?

Answer:

Yes, the Universal consciousness is the basis of all creation. It is from this consciousness all emerge. This consciousness is called God in Creation. Absolute God is inherent in Him. In other words Universal consciousness is the first expression of the unspeakable God. He is called Christus or Vishnu, etc.

Question:

So Rama is a Christ, Krishna is a Christ? Echnaton is a Christ, Moses is a Christ, Maria is a Christ, A Avatar is a Christ?

Answer:

Yes, Rama, Krishna and the like are descent of this principle.

Question:

Christs exist from the beginning of creation? Is this also an expression for the Divine or for the Christ-principle?

Answer:

Christus is from the beginning, then came 3 Logoi, 4 Kumaras, 7 Seers (judges), 10 Prajapatis (numbers), 14 Manus have all come from Him as His representatives. They help others to get into light.

Question:

Why God gave humanity a free will, when the free will takes humanity freedom?

Answer:

Just like you would like to give freedom to Child. God gave freedom to humans out of love. Only from freedom man learns through trial and error. If life is totally guided it is not interesting.

Question:

“I am that I am”. does that mean father-consciousness, universal consciousness?

Answer:

Yes.

*Merging in Space**Question:*

Humans are all delineated spaces in this universe. I mean we are actually part of the whole space delineated by maya. When we die our atma once again merges with the space. So what is the problem in renouncing our lives to go back to our true place? I mean, what is wrong in killing ourselves to get liberated from the mundane problems?

Answer:

It is true that humans are delineated spaces. It is so with all beings. But when we die, we live to another layer of our being. There are 7 layers, which have to die for the unitary space to merge in Universal space. Dying from the physical doesn't enable to join the space. One should know how to merge in the space, which is within and beyond the 7 layers. This knowledge is important for the one who wants to merge in the Universal space.

Life is an opportunity given by nature. One has to find the key to life and key to merge. Know this, then

you know all. Departure from the physical body without knowledge is like running away from the exam of life.

Question:

I want to share some thoughts and happenings with you Master. I am sure you must be knowing and sensing them, but I need to please bring them out of me. Of late the urge to walk out or get away is becoming very strong, but equally strong force to stay put here and go through is also stopping me. I am getting very tired (no desire) of fighting back mentally or by venting it out. In fact do I have to go through this? I could just walk out of this. But what then is the big question-mark. Just tell me one thing Master 'Am I in the right track of just passive involvement? It's VERY hard master. The path is very hard. I seem to mentally turn to you every moment. I don't know if I am right at every step. Should I approach you or not. It's a storm inside me. If I am right - why the agony? I hope you understand where I stand, Master. I don't want to turn back or run away. Please be my strength. I am not worried about passing or failing, I just want to say to the Lord, Yes, I did my best. I did not run away.

It's very easy to tell myself to accept things as they come. But it's being an effort to implement it. Please be my strength at that moment. To walk through this testing path. I have tried to put a big storm in me into these small words. Thank you, Master for giving this chance.

Answer:

All things come to pass. Learn to be a witness. Be the blue sky. Sky remains. Things come and go. Clouds come and go. Light comes and goes. Darkness comes and goes. Stars appear and disappear. Sceneries happen. Dawn and dusk happen. Sky remains. Each one of us is a sky. All that happens upon the sky of our being comes to pass.

Questions and Answers

Question:

Does this human body form stay until the end of evolution?

Answer:

The human body will continue to evolve but it will have generally the same form. The human body is potentially perfect. It is for the humans to realise the potential.

Question:

Does the 6 and 7 senses develop in this perfect human body form?

Answer:

The 6 and 7 senses will be developed when the potential will be fully realised. That is how adepts are.

Question:

How someone knows that you are a part of the Divine game or not? How someone knows that you are ready?

Answer:

When man thinks of others' welfare in preference to ones own welfare, he is ready to participate in the plan. When he serves as nature does, he joins the Divine game.

Question:

Why female bodies have to fight for equality. Why female bodies are of less value in human mind? Why male bodies don't see the silent mother-work. In front of God we are all equal. Is forgiveness to see the Lord in all what happened, happen and will happen? Why forgiveness seems to be sometimes not so easy for a human being?

Answer:

As long as ignorance prevails aggression prevails. The females are forgiven but the males are not in the Kingdom of God, as long as they do not learn.

Question:

All the books you have written brought joy into our life. I got all the answers I searched for. Therefore I am very deeply thankful. I have few questions for clarification. You say the potential of the universal, pure, blue consciousness is in all. Is the blue consciousness, the male-female consciousness, the

unspeakable consciousness?

Answer:

It is the synthesis of male-female consciousness. It is the most sacred and is therefore not frequently expressed. It is to be experienced. At the same time it is not unspeakable. If this is not spoken by the knowers, it cannot be known by the seekers.

Question:

You see it, you see through the veils and we can feel this blue level in us, even with the veils.

Answer:

Yes.

Question:

You help us, humanity, to reach the pure consciousness, in the east and in the west. To hit the golden middle point (your words) is only possible from this pure consciousness?

Answer:

This pure consciousness is the goal of the truth seeker. Every concept has two sides. To see the higher unity of contraries enables us to experience the blue consciousness. When one reaches the blue he easily sees the higher purpose of the contraries; as also the solution to the contraries. When the higher unity is

realised and is implemented. It becomes the golden middle point.

Question:

When male and female, in the east and west, reach the blue, pure consciousness on earth, in a group, in a family, there are no misunderstanding anymore?

Answer:

The one who experiences the blue understands well. He also understands others misunderstandings. The others also find the comfort of communication with him. He becomes the central point for all. But as between the others they do not agree much because they have not realised the blue.

Question:

The God-language on earth is visible? The word is clear, the answer is clear, the work is clear, is this the meaning of your words: “to bring the bliss into the physical”?

Answer:

Yes.

Question:

When male and female enter the pure, blue consciousness there is Trust, Love and compassion, the

God-kingdom on earth, the illusion-walls disappeared, then someone is free?

Answer:

Yes, this is the freedom.

Question:

Is this the level of natural freedom and responsibility to accompany children into this world?

Answer:

Yes. I am happy for your understanding of the teachings. Try to follow them in daily life.

*Consciousness taking form**Question:*

As I have learned, THAT-Consciousness can take any Form or stay formless. THAT-consciousness is our goal. Is this the consciousness level, where we live without shadow? Lord Hanuman takes that animal form and as I have learned, incarnated down to etheric-level. Is that the same with Lord Ganesha? That-consciousness in elephant-form. When we see That in all, we are free on the freedom-path?

Answer:

Yes, the cosmic consciousness takes to certain classical forms and this happened much more during Lemurian times, where there is descent of different forms of the Cosmic Consciousness. These forms are mostly the forms that are visualised in the sky from the standpoint of earth. For example, there is a constellation called Hastha in the sun sign Virgo, which looks like elephant head. Ganesha is a form according to that constellation. Similarly one can see the 7 stars of the Great Bear and the energy of Great

Bear took form on earth as Jambavantha, a contemporary of Hanuman. The lion head in Leo was made use of the Lord himself to descent as a lion headed Lord Narasimha. There are many such details relating to descent of pure consciousness on earth through the forms, which the earth impregnates as it moves on its belly. There are many angels with dog-head, horse-head, bull-head and so on. Most of these things happened in Lemurian times. A form of consciousness is a facility for us to experience the formless consciousness. It is like our experiencing electricity through an electric bulb or other electrical instrument.

Question:

Master, how do we become a well-wisher?

Answer:

People who wish to transform for the better, can utilise the teachings. If one does not wish to transform, it is one's problem. Transformation should start with oneself, not with the surroundings. Many people like transformation for the better of the surroundings and the surrounding people. If one wishes to see the illness of the others all the time, unconsciously one becomes an ill-wisher. If one wishes to see the wellness of others, one becomes a well-

wisher. If one has been seeing the negatives in the surroundings, one is affected. But if one sees the positives, one is encouraged to share more knowledge. It all depends as to how one wishes to see the world. In the world always positive and negative energies exist. They enter into one according to one's orientation.

Question:

Dear Master, in all these years your efforts resulted in a huge group called WTT – Global. I know how you worked on a person-to-person basis, how you interacted with small groups and latter integrated them into bigger groups. Now every group-life is tending to be a huge manifestation, giving rise to some confusion and fears of the future. There are a handful, who see an emerging cult. How do you see it?

Answer:

Although Aquarian Heart is welcome in the groups, ninety percent of the group tends to be Piscean in their attitude. The Piscean devotion constitutes the foundation for Aquarian discipleship. The Piscean thought recognises Hierarchy. The Aquarian thought also recognises Hierarchy. The Piscean thought has approach of respect to the Teacher. The Aquarian thought has approach of friendliness to the Teacher. Thus in the group some tend to be respectful and some

tend to be friendly to the Teacher. But the Teacher is friendly to all. His approach to all students is one and the same, friendliness and love. He interacts with all on a one-to-one basis. He is neutral to both categories, for, he understands the inner feelings of the students. He does not form opinions, which eventually lead to judgements. But among the students, the friendly ones opine that the devotional ones are emotional, the devotional ones likewise feel that the friendly ones are proud. Any approach to the Teacher is acceptable to the Teacher and He does not form opinions. The students also should likewise abstain from forming opinions and judging persons and the group.

In WTT group there are many different streams, different qualities, due to different backgrounds. This difference should be seen from the standpoint of beauty, but not from the standpoint of difference in opinion. An altar decorated with different flowers with different colours is more splendidous. All colours together make it beautiful. A mono-colour looks to monotony. Since WTT group tends to be a global group, constituted by persons from 4 different continents, any attempt to see a monotone would be disappointing. It is a huge group and each one can find his or her place through participation. It is those who do not participate in the activity of group that tend to

be opinionated and rigid. They need to gain ability to accept variety and there by grow otherwise they suffer their own limitations. Mostly activity enables disappearance of opinions and judgements. After all, the universe is but a variety. A group is but a micro-universe. A group that has many dimensions is like a multi-cut diamond. It shines forth and lives long.

When the inner culture of Yoga enables one to transform, the opinion such as cults disappear. Otherwise all is seen as cult. Christianity, for example, is also seen as a cult. Masonry is seen as a cult. Theosophy is seen as a cult. Science is seen as a cult; likewise politics, sports, games, etc. When we have the attitude to see the cult, we see it everywhere. When we grow to see the variety in manifestation, that culture obliterates the cult. Every new thought is seen by the old as cult. If you learn to see Occult, there is no Cult.

May this be comprehended.

*God Realization**Question:*

So far now what I have realized is that God lives in the heart of a devotee. One thing, I couldn't understand, I believe God is always with me but in certain prayers and meditation, why I feel sleepy? As you mentioned, when God's energy visit me, my body cannot absorb his energy and love. If God is always with me, his energy and love should be always with me. Could you please clarify this to me Master Kumar?

Answer:

It is true that God resorts in all. But as you invoke God, He expresses Himself from the God centre in us. In normal people He resides dormant, but as one turns out to be an active devotee, the God centre gets stimulated. Consequently there is emergence of light, love and power, to which the body is not accustomed to. When the God centre gets activated, the electromagnetic field gets more activated. The body cells get the charge of it. Until the cells of the body get fully transformed there will be giddiness and sleeping

tendencies. This is a process of transformation.

Initially the body resists beyond a degree of radiation and magnetization. In this state you seem sleepy.

Reality

Certain things and persons seemingly belong to us, but they do not. They are the passing ones. They come very close and seem to integrate with us, but it is not so. They come, they stay and they pass by. It is so with many in the world. We also keep passing. This is the hard reality of life. In the sky, clouds meet, move together but pass in different direction. In the river, two logs of wood come together by the stream, travel for a while and find diverting paths. Many people come and go in everyone's life. Some come too near but they too pass away. Only the Divine, the Master remains eternally with oneself.

Simple things are very special

Humans have tendency to look for special places, special groups, and special experiences, which eventually tend to disappoint them. In-fact normal simple things of life are really very special. While the so-called special things give us a sub-normal feeling. This is a bitter truth, which seekers experience without fail. Follow your conscience and get back to the normal and natural, which is proximate to Truth.

Occult Perceptions - 1

Very few people can feel the persons after they depart. One can do it, if one can feel their emanations. Even while they leave the earthly orbit, they can still be felt, in a state, which is slightly subtler than what one holds normally. Up to the Soul, layer after layer, the beings leave. When they leave all layers, except being the Soul, the one that can function within the realm of Soul, can still experience him. When the Soul returns, those who function as Souls, can smell faster than others. Remember Soul is like the 'akasha', the 5th ether, and his smell is air, the 4th ether. When one masters the 4th ether, the air, one can already feel the beings on the buddhic plane and on the 3rd ether one can feel the beings at the mental plane. As one continues with service with greater sense of offering, the other layers also open themselves. But as one walks into deeper layers of nature, one also receives the related commandments of silence.

Occult Perceptions - 2

EMANATIONS: Emanations of Light and of smell are of importance to know the gradation of the Soul that resides in a body and that departs the body as well. The body smell (odour) indicates generally the quality and the status of the evolving Soul. For a Yogi (a disciple or an initiate) the body emanates not unpleasant odours. Many times it emanates odours of sandal, musk, oscimum sanctum, camphor, myrrh and the like.

COLOUR AND QUALITY: Black or White is only just skin deep. It is important that within them they entertain golden thoughts and thoughts of brilliant white. We can never decide races by their skin colour, but can comprehend them better by the quality of their behaviour. In every race, there are black, golden and white people, from the standpoint of quality. Racial supremacy based on skin colour is ignorance. Racial supremacy based on quality is knowledge.

*God in Man**Question:*

When God appears in man, is man forever free from the inner dark demon, desires, bad habits, mundane thought and evil forces from the lower chakras?

Reply from the Master:

When God appears in man for the first time, it is inauguration of the path to God. The dark demon, desires, bad habits, mundane thought and evil forces disappear slowly. The dark demon may also disappear at once, if the disciple is fit to withstand.

Generally in slow and gradual degrees, the descent of God happens and in the same speed the dark demon yields and disappears.

Question:

When God appears in man, is this the so-called communion with the Lord?

Answer:

Communion happens as the final step. The first step is to see, the second step is to grow near. The third step is to associate. The fourth step is communion. That is how it happens, even in mundane love. The only difference with Divine communion and mundane communion is, in the former case there is no divorce. In the latter the possibility of divorce exists.

Question:

When God appears in man, will Goodwill thoughts flow?

Answer:

Yes, they flow more and more.

Question:

When God appears in man, is he connected with the source of love, with the awareness of the background?

Answer:

Even this happens in the final states, but not in the initial states. Love of God is the penultimate state before communion with God.

Question:

When God appears in man, is he then the

original image of God?

Answer:

When God appears in man, the image of man slowly transforms as the image of God. It is a process of alchemy.

*Astrology**Question:*

Jupiter as the birth ruler (Sagittarius AC) in Leo, unaspected in house 8, what is the deeper meaning?

Answer:

Jupiter in Leo with ascendant in Sagittarius gives a great opportunity to cause self-transformation and the related expansion of consciousness. The house division is secondary and the zodiacal placement is primary.

Question:

What is the meaning of Lilith 6 degrees Virgo in house 8 in conjunction with the northern node 7 degrees in Virgo?

Answer:

Lilith in the 8th house speaks of many limitations coming from past lives, which have to be overcome through self-will. The conjunction of north

node concretizes the limitations. Therefore greater effort is needed to overcome the limitations.

Question:

Give us more information about Lilith in the houses, for example in 8, 12, 1 and the impact of Lilith's transits?

Answer:

In whichever house Lilith is, the related negative Karma keeps approaching. One has to neutralise it through a dispassionate attitude.

Holy Grail

The Holy Grail represents the holy feminine principle. It also represents the World Mother. Respectful attitude towards nature and towards women would enable experiencing the energy of the Holy Grail, which is called love.

Unless one realises the beauty and the Divinity of the feminine nature, he would not be fit enough to experience the final bliss and the truth. Jesus Christ is one of the outstanding examples of upholding the beauty and Divinity of feminine principle in nature.

Questions and Answers

Question:

When second Birth into light happens in human beings, is this the moment human beings are totally free from mundane thoughts and emotions?

Answer:

Yes.

Question:

Are we saved then? Are we in Joy then?

Answer:

Yes.

Question:

Does the meaning of 'la Trinita' mean to live in the 3 body in you at the same time?

Answer:

Not yet. It would die again to be born for the third time. One dies 3 times and is reborn to get the 3 bodies. Then one has triple body.

Question:

Is 'Father thy Will be done' and 'Master thy Will be done' the same?

Answer:

Yes.

Question:

Is the second birth into light, the death of mundane thoughts?

Answer:

Yes

Question:

Is the second Birth into light the death of the 5 elements?

Answer:

No

Question:

Is the second Birth into light being beyond?

Answer:

No, not yet.

Question:

Is the second Birth, the Birth of the blue-full-moon, then we are a Son of God?

Answer:

Yes, for the first time a son of man becomes a son of God. He would take further initiation to be an adept and to be more and more effective.

Question:

Is the second Birth the death of Saturn?

Answer:

No. But Saturn becomes a friend.

Question:

Is the second Birth the Birth of immortality?

Answer:

Yes.

*Unity - Diversity**Question:*

I felt I am not this physical body. This is only a container. I am only a pool of energy and I am from the universal energy. Like me all the others are also the same. There is no difference between me and them. Thinking that someone is my relative and others are not is just a trick of mind. But how to accept this? My mind again and again makes me think of those from whom I expected. I don't blame them and I don't want to disturb them again. But how to overcome the thought that they exist differently from me? Whenever I get that thought that they are different I get tensed and become weak. But when I recollect that there is only one who exists in all and everything I come to normal state. I pray you to teach me how to always be in one existence. How to forget that I am different from others?

Answer:

You are common and yet different. As units of

consciousness, we are common. Our natures are different. The unity is in that which is common. Diversity is in that which is different. That is why it is called uni-verse. We not only need to recognise unity, we have to also accept diversity. All are flowers, but there is variety. All are animals, but they are different. Likewise men and angels also. It is not enough to see one in all. It is required to see the beauty of their diversity. Then only the Wisdom is complete.

Soul Contact

Question:

Why does my Soul not make contact with me?

Answer:

You have to create a habit. Your personality has to regularly orient to the Light of the Soul, which is in your heart and in the forehead. Contemplate regularly on the inner Light at heart or at the forehead. Long years of continuous effort on a daily basis would help establishing the contact.

Hindu Deities

The Hindu Deities have far more significance. They are the eternal Cosmic Principles that function for universal good. Their name, their shape, their colour, their seed sound, their potential number need to be explained to give a true presentation of them. Indians unfortunately presently carry a religious understanding but not the true theosophical scientific understanding. For you to do this job you need the keys of wisdom such as number, sound, colour, shape and astrology.

The book on Mantrams may help you to start with. But that is only from the sound angle. For example, the sound GAM in GANESHA stands for unobstructed movement. He is the ISHA of GAM, meaning Master of unobstructed movement. He is cosmic Jupiterian principle. Numbers such 3, 12, 21 relate to him. His head is a symbol of Wisdom. His ears represent the ability to listen. His trunk represents the Kundalini force. His tummy represents fulfilment. His

rat represents skilfulness. His colour is a variation from golden yellow to honey. This is how Ganesha is. Hasta constellation carries much of this energy and is transmitted to Earth when moon transits Hasta. He is son of virgin since he was born in Virgo.

There is an occult study which gives deeper understanding. Indians carry mostly faith but not this occult understanding.

Conflicting Advices

Question:

Master, when we come across conflicting situations and suggestions given by different elderly people, how to handle this? Which one to take as correct and which one we should take as that has come from HIM?

Answer:

Firstly do not ask advice from many. Then you do not know which advice you have to take. Choose one advisor.

Secondly when advice is given think yourself about it for 2 and half to 3 days.

Thirdly ask your conscience and follow it.

Fourthly accept the consequences, whatever they are, having consciously decided.

Fifthly do not ever criticise the advisor, you asked for it and he gave it. When you make a conscious decision, you should be brave enough, to accept the related Karma.

*Supra - Cosmic**Question:*

Someone asked me the question what is the meaning of cosmic and supracosmic masters or planets. I frequently hear you talk about cosmic and supra cosmic planes, like with Vena the Gandharva. When I ponder on it, I realise that I don't really understand, just had the feeling that I understood. I hear it as a concept which I don't grasp. When trying to explain, it is for me like words without conveying a meaning I could understand. Could you help clarifying in this matter. Thank you very much.

Answer:

Supra-Cosmic is beyond the Cosmic. There are a few intelligences beyond the Cosmic. The two Aswins are Supra-Cosmic. The Gandharvas are Supra-Cosmic. They are eternal. When we say Lord Narayana or Brahman, contrary to Brahma, the Creator, Parameshwara, they are all Supra-Cosmic. For example Mahaparanirvana is the 7th plane beyond which the

aforesaid intelligences exist. Para, Prakruthi, Parabrahman are also referred to as Supra-Cosmic. Pure Existence, which is reached in Samadhi is also Supra-Cosmic. When any intelligence is within the Cosmic, it becomes active. Even Cosmic plane is a plane of Activity. The plane of Be-ness is Supra-Cosmic. There are a few intelligences, which are Supra-Cosmic and who have access to Cosmic Activity also.

This is a brief explanation of the difference of the two.

Advice to Youth

First,

Economic and domestic stability along with good health is necessary to build a harmonious life upon which only the pursuit and experience of Light becomes feasible and possible. 49 years is a landmark in this regard (7 X 7) and the latest is 56 years (7 X 8). Keep it as a target in the back of your mind.

Second,

The simple normal rule relating to sex is moderate, healthy and moralistic sex from time to time using one's own discrimination. Just as one does not eat anything and everything when one is hungry and looks for healthy eating habits, so is with sex. Use discrimination. Maintain hygiene and moral in the relation. That is all. One doesn't need volumes of teachings on this subject.

Inversion

It is but common that sometimes the teachings do the contrary with people. They feel proud that they know something. Knowledge is many times a self defeating instrument, when one ceases to be humble. Somehow humans frequently fall prey to pride, which is a horrible pit. This is where the teachings frequently find their stalemate.

Pride has prevented many teachings penetrating through the humans and it happens again and again. While the humble are only honoured in the kingdom of God, men unconsciously fall into pride with the little knowledge that they receive. The Teacher and the Teaching frequently fail in their efforts due to the pride of their students. Pride destroys the one who intends walking the path of knowledge. Rarely this is realised. Verily pride is the worst form of illusion.

*Worldly Blockades**Question:*

Sometimes we feel worldly-blockades in group-life. We try to listen to the Soul in group-life but there are always blockages to experience it.

Answer:

The world is always like that. Go beyond the world and feel the Presence of the Master. The world from the beginning is power oriented. The world of the Master is Love oriented. Be with the Love of the Master and ignore the power of the world. You ignore the power of the world dispassionately, when it encounters you.

Self Indignation

Question:

Master, I feel that I am useless.

Answer:

Self-indignation is harmful. Self-aggrandisement is also harmful. Self-realisation is important. As humans our personality throws out many things from within, which is good, bad and indifferent. As Self we need to observe what is coming out of us and let it go. Many thoughts do come out of us, which we need to let out. Few thoughts, very few thoughts can be translated into speeches and actions. Even when the thoughts push you to speak or to do something, you need to wait, observe them dispassionately and let them go, unless there is a bounden duty. Please follow this discipline.

You have not touched the Master energy for nothing. You are not useless. Be studious and transform into a unit of electromagnetic energy of the Master.

Questions and Answers

Question:

To bless a new home, what mantras, invocations and rituals can be done?

Answer:

Fire ritual is the best for house-warming. You may also sing Gayatri for 24 times before the fire ritual.

Question:

Could you explain how to do the meditations for the solstices and equinoxes?

Answer:

For equinoxes meditate upon the brilliant white vertical line from muladhara to sahasrara and beyond. For solstices meditate upon the golden colour in the heart centre. This might be done besides the daily meditations at a time convenient to you. It is a silent meditation.

Bridge of Light

Question:

How is the bridge of Light built?

Answer:

We know that glands secrete. In humans the lower centres secrete well. The solar plexus, the sacral and the base centre secrete that which enables building of the body. The body that we know is the gross body and enables our animation, digestion of food and perception through the senses. The functioning of the objective mind relates to it.

Similarly, the higher centres can also secrete when an appropriate discipline is followed; this is called discipleship. Discipleship is the way of life. In discipleship one relates to the semi-visible and invisible side of light and does the related practices.

When the practices are regularly done as indicated by the Masters of Wisdom, the body builds subtle tissues through which light radiates. When the heart secretes golden light is visible; when the pineal

gland secretes diamond light is visible. If these two centres are well connected through the luminous fluids that secrete therefrom, the bridge of light is built.

Meditation - 1

Question:

Whether daily life chase and meditation are compatible?

Answer:

Yes they are compatible. In fact, meditation helps chasing aspirations of life better. Meditation as you know is a practice of aligning the mind with Buddhi and Buddhi with Atma, the Self. When you practice this alignment on a daily basis; during the moments of alignment there is downpour of energy from Self (Atma) via Buddhi to mind. Mind thus gets reinforced with the energy of the Self. Self is the source of will, knowledge and balanced activity. When there is the downpour of that triple energy mind regains its poise. Knowledge presides when the will is in action. Regular meditation initially helps mind to be dispassionate and the energy flow through mind into action tends to be even. Even the flow of energy through mind into daily action does not get you tired

easily since anxiety and the related tension is gradually eliminated through the even flow. One does not tend to be excited or emotional while at action.

Continued meditational practice helps one to be so dispassionate and poised that the meditative state extends further into daily activity. Thus one reaches the state of meditative action, which every Master of Wisdom advocates. “All life is meditation, which seems to be a hyperbole tends to be a reality.”

Atma, Buddhi, Manas when they firmly stand aligned all activity is done in a meditative state. Eating, walking, thinking, speaking, doing just happen in the meditative state. This is what is called “Sahaja Samadhi”, a natural state of unity of the being in all its states.

Meditation - 2

Question:

What kind of mind and activity one should develop which facilitates easy tuning of mind for Meditation?

Answer:

The following simple regulations help easy tuning of mind for meditation:

A mind that manipulates during the day is questioned by one's own conscience leading to conflicts between conscience and the manipulative nature. It is therefore suggested to ensure that one does not indulge into activity of manipulation which is detrimental to the welfare of the surrounding life. For this reason attitude of harmlessness, non thieving attitude, an attitude that does not seek others' obligations are suggested.

In addition it is also suggested not to excessively indulge into sense activity. Moderate sense activity, harmlessness, absence of thieving instinct,

disinclination to seek obligations would result in a sound mind which is non-manipulative. Such mind can be turned inward by applying upon the activity of inhalation and exhalation. Mind gains needed peace, poise and serenity when it associates itself with the activity of respiration.

Slowly this association leads one to find association with pulsation that happens in the heart centre. The pulsating centre is the resting place for the mind. When the pulsating centre is reached by the mind, meditation happens by itself thereafter. This is what is called bringing mind into the golden chamber of the heart.

This will not be possible unless the regulations given above are followed.

Direction for Prayer

Question:

Master, is it necessary that one should face East and North while doing prayers or meditations?

Answer:

When devotion is predominant directions become secondary. When alignment is dominant any direction matters not. The divine is present in all directions. But the beings on earth are moving circularly from East to West and West to East. Since Sun represents our consciousness his dawn awakens and his dusk enables us to rest. For this reason orienting to East is recommended. Likewise, earth has its North and South poles. So do humans. They have their cerebro-spinal cord with axis from North to South. North pole and South pole conduct rotation of energies. Their rapid rotation also awakens the awareness. By correspondence the human spine also experiences the movement of energies. For this reason orienting to the North also enables absorption of

distributive energies while orienting to South enables absorption of consolidating energies. Those who wish to realize compassion and those who wish to heal and get healed may orient to South. There is also a tradition of orienting to West for worship to overcome obstacles for progress in life.

Generally the teachers suggest orientation to East or North.

Finding the Teacher

Question:

Master, how do we find our teacher? What are the insignia? Are you our teacher?

Answer:

Your teacher is in you. This is the truth. You will find your teacher depending upon the degree of sincerity with which you aspire to follow the Light, to follow the Truth. As far as possible apply whatever little knowledge you already hold in your daily life. Be truthful to yourself. Be sincere in what you do. Be intent-full. Be playful in your pleasure time. Do not submit yourself to too many rules and regulations. Your sincere aspiration leads to a guide, a teacher in the outer world. If he is a true teacher he leads you to the teacher in you who awaits you in your heart. He shows you the way to find your teacher in your heart. He may let you initially depend upon him but he would not let you be his dependent for all times to come. A true teacher leads the true aspirant to the one teacher who is

in the heart of one's own being. He gives the technique and also gives certain tips to establish contact with the teacher in you. The purpose of a true teacher is to lead you to the teacher in you who leads you further to the Truth in you. You will realise in due course that verily the Truth, the Teacher and you are but one and the same.

Be sincere in your approach and wait with patience.

*Dignity of Women**Question:*

Master, how do you see that in a society the cause of women is upheld to its rightful dignity?

Answer:

This question came up again and again even in the past. Varahamihira, a great seer recommended the following:

1. Abstain from commenting upon the weaknesses of woman even if such weaknesses are found. Instead observe the virtues and speak of them, if necessary. This needs to be followed particularly by the women and generally by the men.
2. The episodes of the past show that the true enemy to a woman is woman itself. This emerges due to jealousy which requires to be ignored and unattended.
3. Before men speak of the character of a woman; they should know that no woman loses character without involvement of man. Generally speaking, women guard their character much more than men.

4. As per the scriptures piety of the knower rests in his feet, of the cow rests in its udder, of the sheep and the horses in their head but in women the piety is all over their body due to their motherhood, character and service to the family. They need to ensure that they are not indiscreetly touched by men. Men and women need to carry this knowledge.

5. Women are cleansed by Nature monthly through their periods while men need extra effort to be pure. This needs to be understood by men and women. Women's purity is restored after every period.

6. A house in which woman is insulted that house gradually decays in its splendour.

7. Men should know (women as well) that no man can come into existence without women. Men owe their existence to women. For this they are commanded to be respectful towards woman, be it mother, wife, sister, daughter and colleagues and friends.

8. It is the men who judge the women more than the women. The women bear insults in silence. Self-control in matters of sex is much more with women than with men. Man is weaker in this regard.

9. Men forget quickly their gestures of love, women do not. They retain it in gratefulness and recollect them from time to time.

10. Women are treated as articles and means of

pleasure by men sometimes. Women do not do so.

11. It is known from times immemorial that women are far better than men in matters of patience and tolerance.

If men and women know these dimensions of womanhood, such knowledge would eventually result in upholding femininity.

*Key to Fulfilment**Question:*

Master why some acts are fulfilled and some are not? What is the key to fulfilment?

Answer:

Will is the key. When one wills he thinks that he willed. But the truth is, through him He willed. If he knows, what is willed is not by him but through him then the approach to acts would be a different approach. When one holds in him that His will prevails, he is at ease at work. When there is such ease the deeds are timed well. They are done in right time at the right place. That's the key. That is why Jesus said "Father Thy Will be done".

Violet Colour

Question:

Master what is the significance of violet colour?

Answer:

Violet is but blue in proximity. Blue is synthesis. Synthesis is brought to proximity through violet. The violet world precedes the world of matter. It precedes the visible world of form. It represents the subtle world that exists in and around the visible world. Visualising the subtle world enables one to unlock secrets of oneself and of the surrounding nature. The violet world not only precedes the world of visible matter but also carries the ability to reform the forms of matter. It does the noble reformation work. The forms are reformed and reframed to be of better texture, colour and shape by the power of violet.

Violet holds the key to celestial patterns and reforms the distorted mundane forms to be in tune with the celestial forms. The Devas of the violet are the true sculptors that eliminate formations that are

undesirable. The undesirable formations are but material sedimentations. They suppress the beauty of the vibrant form which is essentially radiant and magnetic.

Reformation of forms help the beings to function better through the vehicle of form. Just as vehicles are reformed progressively the human forms are also reformed progressively. Manu Vaivasvata works in association with the builders of forms who are considered as flames of violet. Flames of violet can be better realised by setting a rhythm to one's own activity of thought, speech and action.

The very awareness of existence of violet around us awakens the inclination to be orderly and rhythmic in action in the three worlds, thought, speech and action. The violet colour gives the needed initial training in discipleship for the disciple to comprehend better, 'how it is above and how it is becoming below'. A disciple of violet realises the due and ancient form of person and of nature and accordingly reforms himself.

The seventh colour of the Sun Ray is said to be violet. The seventh ray is called Swa Raj meaning 'self-rule'. Self-rule enables freedom and liberty. The person who can rule himself stands as good model for others to emulate. The key-note of violet is, "I rule myself; I let others to rule themselves".

*Overcoming Incompetence**Question:*

Master I am not so very competent. Even so I wish to succeed in life. Is competency the only way to succeed? Would not goodness help?

Answer:

There are five ways for the incompetent to succeed. There are as under:

1. Eliminate confusion
2. Eliminate inhibition
3. Insult not anyone
4. Do not cut jokes out of context, they could be costly
5. Genuinely praise the virtues of the persons with whom you have worked and never indulge in sarcasm or criticism of them, even in their absence.

These are the five rules of success, even if you are incompetent.

*Holy Spirit**Question:*

Master, What is the Holy Spirit that we the Christians speak of? Is there an equal of it in other theologies?

Answer:

Dear Brother, The Holy Spirit is the imminent Omnipresent God, who is with you and in you. The Omnipresent God is also the indweller of beings. The disciple is one who is in touch with the God within and without. The disciple functions as per the directions coming to him either from the God within or from the God without. Jesus Christ was thus guided by the Holy Spirit. So is every Son of God. Discipleship is to relate to and to establish contact with the God within and without. The one who gains such contact is also said to be the anointed one. In the eastern scriptures such disciple is called a Bhagavata. Disciples who establish a link with God see that God within, develop the ability to listen to him and to work according to the

instructions coming from within. When they see, listen and relate in objectivity they also tend to see the Omnipresent One, present in the surrounding and the surrounding beings. They listen to the Omnipresent One while others speak. When they relate to them, they forget not the Omnipresent One.

The Omnipresent One who is also the indwelling God is also called in the eastern theology as Vaasudeva. Vaasudeva means indwelling God. He is also called Antaryami, because he is omnipresent. He is further called Eeshwara, the Master that permeates and exists in all. In the case of the parents of Jesus the Christ, namely Mary and Joseph also functioned in such connection with the Omnipresent One. They taught their child the practice to establish connection with that Omnipresent One. Jesus Christ refers to the Holy Spirit and his white robe around him. He speaks of the father in the heaven referring to Brahman the God Absolute.

What is Insight?

Question:

Master, what is insight?

Answer:

Without strings there is no violin. Without the wheel there is no chariot. But when the violin plays people praise the violin but not the strings. When the chariot moves people praise the chariot but not the wheels. People see not foundations; they see the super-structures and appreciate.

In a family, there are some who appear successful, but there are others who strive behind for their success. When an actor plays in a movie, people praise and recognise him and even worship him as their model. But there is a great team behind that strive for the actor's success, namely, the make-up man, the dialog writer, the director, the director of photography and so on. The worldly recognitions are superficial. In human history there are many heroes whose stories are written, admired and are made immortal. But behind

them there is a team. The unseen elements that contribute to success and glory are much more than the seen.

Wisdom is to see the unseen as well. The other name for seeing the unseen is occultism. Seeing is the means to see the unseen. Sight is not enough. Insight is needed to gain complete vision.

Worldly Wisdom

Question:

Besides wisdom of the divine give us a few hints of worldly wisdom for a change.

Answer:

Dear Brother the question is interesting for Answer, here are a few:

1. If you have a widowed sister at home or if you maintain two ladies transparently or otherwise you lose your peace for life.
2. Never borrow nor lend, it leads to constant misery. If you borrow the lender frequently comes into your thoughts and disturbs you. The lord of death visits you once the lender visits you constantly with or without his contact.
3. You can meet an enemy through peaceful or warring means. You can meet your sickness through appropriate remedial measures. You can meet death through knowledge. There is no way to meet and to resolve poverty.

4. Acceptance of poverty and enduring it enables conquering of the heat, the cold, the hunger and bodily strain. But acceptance is rare.

5. Among all the rituals the ritual of fasting is interesting to a miser.

6. Among all the treatments to sicknesses, fasting is the best remedy. Among the practices for realisation constant recollection is the best.

Preparation for Sleep

Question:

Master, please let us know the preparation for sleep.

Answer:

Know at first that we cannot propose to sleep. Sleep has to come. Sleep is a happening and is not a doing. It cannot even be demanded. Sleep arrives regardless the cushioned bed, the pillows and other comforts which can arrive anywhere and not necessarily in the bed room.

Sleep is nature's gift, and accept it as it comes. The anxiety to sleep works contrary to its arrival. The wish to sleep is an aspect of Tamas, let it come on its own. Until then engage yourself in a meaningful way. Sleep itself is a great comfort. It does not demand a comfort by itself. It is only human anxiety that looks for comfort sleep. Healthy sleep comes to those who balance their thought and action. The excessively thoughtful ones cannot get sleep instantly due to the

fact that their actions do not match their thoughts. The action oriented ones sleep at once. Therefore the first preparation to sleep is to balance thought and action. Think as much as you need to act. Think not too much. It is better one stops thinking and one starts acting.

The second step is to orient to the higher Self just before sleep. Close the day either listening to chaste music or reading the stories relating to the glory of teachers or the divine. Let your last act of the day be an orientation to the subtle life. You may even wish the darshan of a Master or a visit to a Master before you sleep.

The third step is – ensure cleanliness of mind and body, cleanliness of the bed on which you sleep. Natural perfumery and a lamp in the sleeping room are also helpful.

The final step is, as you close your eyes, think of the Master that you follow and of the Cosmic Person (Cosmic Christ or Vishnu etc.); apply your mind upon respiration, propose to stay in the heart or slowly visualize your ascent from the heart into Ajna and relax until sleep arrives.

I recommend this to you on the basis of what I am doing.

Daily Life

Question:

Master please give us some precautions to run our daily life smoothly.

Answer:

Here are some:

- Heed not to every advice. Advices are cheaper by the dozen.
- Develop not excessive attachment.
- Pamper not those whom you wish progress.
- Neglect not daily study of scriptures to ensure glow of buddhi.
- Associate not with persons of undesirable character.
- Let not indifference overtake you and put off your aspiration.
- Distance not from those who are friendly.
- Let not arrogance and pride hinder your progress.
- Be not careless in your charities.

*Astrology**Question:*

If two persons are born with the same Sun sign and planetary configuration, would they behave in the same manner in similar situations?

Answer:

Behaviour is linked to the evolution of the Soul. Evolution is different from Soul to Soul. When horoscopes are drawn, the planetary configurations though remaining the same their behaviour need not necessarily remain the same. In the same time, in the same locality a man, a horse and a donkey may have taken birth. They would have the same planetary configurations but their behavioural patterns are totally different. Measuring evolution of a Soul is not so very easy through one's mechanical understanding of astrology. To gauge the Soul's evolution one needs the gift of intuition. In truth all true astrologers work with intuition and not so much with the planetary configurations. A good astrologer holds a chart in the

hand and gazes at it. It is a medium to intuition. All interpretations are intuitional and are not just mental. Astrology is an occult science. Occult science demands intuition. Intuition is not only a gift of God, but also the result of one's dedication to service. Where occult sciences are practiced to help the fellow beings, intuition works better.

Once a group of hooligans dressed a young man as a young lady and approached a seer. They addressed the man as if a lady is pregnant. They wanted to test the seer of his knowledge. They enquired from the seer if the lady delivers a male or a female baby as per her horoscope. The seer sees through and is enraged by the insult. He said at once that the person would give birth to a vertical pounding cylinder like a metal piece which eventually would be the cause of their death. Lo! The young man felt the pregnancy and eventually delivered a heavy metal alloy with which they killed each other. In this case there was no pregnant lady; it was a man in the attire of a pregnant lady. But the seer's words came true.

Once a stranger came to Master E.K., presented a horoscope and enquired as to the longevity of the native of the chart. Master E.K. said that the man in the chart was no more and advised the enquirer not to heckle at occult sciences. All interpretations on the

basis of astrological charts are basically inflated interpretations. The science of astrology is a means for such intuition. Even when twins are born with a difference of a couple of minutes their lives many times do not carry similarities. Similar horoscopes do not show similar progress in life. The art of astrology is an advanced step relating to the science of astrology.

Men of Wisdom

Question:

Why does society not recognise whenever there is a wise man among them?

Answer:

It is but natural, when the moon reflects in a still water lake, the fish in the lake think that the reflected moon in the lake is but one amidst them and care not that it is a being of the sky. When a nightingale is amidst the crows, the crows do not cognise. When it sings the crows feel jealous of its sweet voice. They gather together to kill the nightingale with their beaks. When one is outstanding amidst the ordinary, the ordinary cannot bear it. They would do their best to put him down. A sandalwood tree amidst others is but unacceptable to the surrounding trees. The humans tend to be over-critical and pungent in their judgements against the wise ones, for they do not wish to accept the superiority over them in matters of knowledge, wisdom, healing, service and other acts.

The critics think that they proved themselves in their futile efforts in judging the wise ones. But through time the wise stand tall. Their wisdom prevails over the masses and the critics' efforts go down the drain.

When elephants move in a street, the street dogs cannot bear its magnificent powerful sight and therefore bark. The mediocrity of the society has always been so, it is but natural.

*Nadi**Question:*

Master, In South India there are palm-leaf books called books of Nadi. The holders of these books claim that, with the help of the book of Nadi, he can read from the book our past lives as also the future. There is much craze about it. Is it true that these books reveal our past and future?

Answer:

The books of Nadi in South attract people with idle curiosity and help the livelihood of the people who hold them. These books are not very reliable. In the world there are as many duplicates as the original. The originals are not available in the exoteric world; they do exist in the esoteric ashrams of the Rishis. Even with respect to the original, the Puranas discourage their use. It is said in the Puranas that the past lives can be known through the books of Nadi and the future is not. Such a curse is given by the Divine Mother, discouraging any and every kind of curiosity. The seers

or Rishis never relied on them, for they have themselves the ability to see through and accordingly guide disciples.

In every century, many beings descend on the same latitudes and longitudes (in the same places). Similar names exist too many; just like in the West you have many persons named as Joseph, Jesus and Maria. In every tradition noble names are repeatedly used like Rama, Krishna, Lakshmi, Parvathi, Appa Rao and Subba Rao. Apart from the above there can be many similar lives though not the same. Men of mundanity have similar if not same programs such as eating, studying, marrying, begetting children, earning money, getting sicknesses and of course the inevitable event of death.

When a reader of the Nadi book reads out some life relating to the same latitude and longitude, he is considering a few thousands of people at once. When you confirm some of those similarities, he reads out a life which seems to be like yours. Therefore you believe in it. You pay him and make record of all his sayings, prepare your biography and even follow it for the future. Such an activity is but humorous and not real. Men with idle curiosity visit many palmists, astrologers, soothsayers, fortune tellers and Tarot card interpreters, so are these Nadi readers.

Finding the Teacher

Question:

Master, should not the student seek a teacher?
Is it the teacher that finds his student?

Answer:

Both are correct. Students may seek teachings from a teacher; teacher instructs. Students are expected to follow the teachings. Among those students, the one who follows sincerely the teachings, the teacher finds the real student and gives entry into him, in the inner chamber of his being. A teacher is generally available for all; he generally instructs all; but among all those students, those who are fiery in their aspiration only adopt the teachings into their lives and show readiness for transformation.

Such students are supplied greater energy by the teacher, for they are fit to receive the energies of the teacher. Supply of energies to disinclined ones is neither permitted nor is it possible. It is said in English that one can draw the horse towards a pond of water

but one cannot make the horse drink it. The horse drinks only when it is thirsty. Similarly, among those who seek wisdom, some are especially thirsty, others could be just curious and inquisitive but not thirsty to jump into the pool of wisdom. Therefore while many students may find a teacher, among them, a teacher finds a couple of students who are thirsty enough to get into deeper wisdom through their sincere practice of the teachings.

When the true relationship builds between the student and the teacher through the student's performance, there would be inter-flow of energies by which the student receives much more information and teaching from the teacher during his hours of prayers, meditation and sleep. Since the student is thirsty enough, he captures them and follows the teaching with utmost joy. Thereby he forms up the bridge of learning between him and the teacher. Thereafter, it is through time the students transforms to be a teacher and follows the teacher eternally.

This is how it is.

Protect the Female

Question:

Master, is it true that in the oriental scriptures it is said that the female should not be let independent?

Answer:

When scriptures are interpreted by devils, such understanding comes out. The scriptures say: “let the female be always protected”. People with lesser understanding give a twist to it that they should not be given independence. This twist lead to mistrust and liberation movement. A female is considered to be a tender, and a soft energy, and therefore requires to be always under protection. Just like we protect soft products with hard containers, the feminine energy should always be protected by the masculine energy. When the female is a child, she should be protected by the father. When she is grown up, she should be protected by father and brothers. When she is married, she should be protected by the husband. And when she is old, and if she becomes a widow, she should be

protected by the son. This is the scriptural instruction that at all times the males have a duty and an obligation to protect the feminine energy throughout its life. It only means that never a feminine energy be left without care and the male should never be indifferent to the female.

A society where female is respected and protected is a society of high culture and civilisation. Where no woman is insulted, there the Deva intelligences manifest splendour; where a female is insulted, there the splendour disappears and ill luck manifests. It is said in the scripture that when a female sheds tears in a house, from that house all wealth disappears. When scriptures are properly understood, one would realize that femininity is held high and in a venerable status and it requires to be always taken care of. Femininity is but the Mother Nature, and when once femininity is honoured, nature tends to be favourable. Where femininity is dishonoured, nature tends to be hostile. By this it does not mean that the femininity has to be imprisoned, hidden, and not allowed its normal freedom as a male would have. Even while such a freedom is given, there has to be an armour of protection around her.

Teaching of Christ - Reincarnation

Question:

Master, did Christ ever speak of reincarnation in his teachings?

Answer:

Christ did speak of reincarnation. The belief in reincarnation was very much there in the Jewish system and continues to be regardless the ignorance / knowledge of the religious authorities. When Christ gave sight to a blind man, one of his followers enquired: "Master, what did this man do in the past to be blind now?" The very fact that there is a past life was proved by this customary question of his follower. Christ as well as his followers knew the science of reincarnation. Christ himself symbolically speaks of the judgement of those who are buried in matter. Every being that lives in flesh and blood is a being that is buried in matter. They are the living death, for they do not recall the spirit in them and live by the spiritual teaching. Such ones are the buried ones. They are

buried in their ignorance and out of such ignorance, they do acts of ignorance, and they are judged by their own acts and punished accordingly until the indwellers come out of their sleep within the matter.

Christ many times speaks that he has come to awaken the sleeping Souls, and then show them the way into the kingdom of God. There are many legends and stories in the Jewish system that speak of reincarnation. They can be understood when the symbolic presentation of the Old Testament is well perceived.

Among the students of the Christ, they were many who forgot the Master's teachings on astrology, on cosmogenesis and on symbology. Whatever they remembered, they gave it to the posterity and through successive veneration the core of wisdom is lost. It is misfortune of humanity that there was no contemporary writer to record the teachings of Christ. In the case of Rama and Krishna, the contemporary seers recorded the events. In the case of Christ an attempt was made to reconstruct his life and his teachings three hundred years after his death. Therefore much of his teachings are lost to humanity, but they are well preserved in the cave temples on earth.

Place of Dwelling

Question:

Master, how should one arrange a dwelling house to prevent entry of any evil spirit?

Answer:

Here are a few suggestions to make sure that a dwelling place would not turn out to be, eventually, a dwelling place for ghost, demons, devils, evil spirits etc.

1. Firstly ensure that you have a positive and cheerful mind. Mind can be the chief means by which negative energies can enter into a dwelling place or even into oneself. A positive, cheerful mind is of paramount importance.

2. Ensure that the house is always kept clean. There has to be enough ventilation for free flow of air and light. There should not be dark rooms or rooms where no air passes through. Sunlight must enter every corner of every room once a day. Air must also pass through. There should be no place in the house for bad smell and darkness during the day.

3. Do not entertain in your mind jealousy of others. Excessive jealousy and suspicion is yet another entrance door for the negative energy.
4. Have good relations with the neighbourhood, and share your moments of joy with them periodically.
5. Let there be flower or fruit trees in your compound if possible, if not, let there be a minimum flower decoration and incenses kept at the entrance door.
6. You may retain in the house sticks of sandalwood or cedar or pine. Also ensure that there is camphor and natural perfumery retained at random in the house.
7. Ensure that the main entry of the house is always kept clean.
8. Let there be bright colours to the outside and inside walls.
9. It would also be propitious if you hold wooden or camphor or silver or golden symbols like spheres, pyramids, cubes or egg shaped sacred stones.
10. Last but not least, daily invocation of OM or SOHAM, lighting a candle and incense.

Review the Purpose of Life

Question:

Master, at the point of death, does the Soul gets an opportunity to review if it has fulfilled the purpose of its life?

Answer:

At the point of death, mostly one is confused. Many become unconscious. To them there would be no time to review if the purpose of life is fulfilled or not. Many do not know that they are dying, hence, they don't even have occasion to think of it. Confusion, lack of consciousness, absence of awareness of the ensuing death deny most of the people of this opportunity to review. If a business man is dying consciously, he thinks of the future of the business. If a householder is about to die, he is hasty to call forth the kid and kin, to see them and to be surrounded by them. If a man of property is dying, he thinks of quickly summoning the lawyer to arrange for the quit of property. A true goodwill worker would be daily reviewing if he is

walking the path of life, and make adjustment to it on a daily basis. If one is a Yogi, he knows what he has done, and waits to invite the angel of death.

Depending upon the general awareness of the dying person, it happens everywhere as said before. Very few have opportunity to review life at the point of death. Since you would like to review, I may inform you not to wait until the point of death which you do not know but to do it daily before you sleep so that you can plan your next day better (if there is a next day!?).

*Male Dominance**Question:*

Why is it, that in the past and in the present there is male dominance over the femininity? How can this be resolved?

Answer:

Let us understand, that essentially we are human and we tend to be male or female. The dominance of the female by the male other the male by the female emerges from ignorance. Any person who is not evolved enough tends to dominate the other. The quality of dominance exists in male and female as well. Humans are driven by the three qualities and their admixture. There are few who are poised. Mostly, the humans are either over dynamic or inert. They have either excessive force or inadequate force. Again, a person may be very forceful in some aspects of life and very inert in other aspects of life. In some aspects, one may be very dominant and in another aspect, one may be very docile. A few times one may be poised. A poised

state is nothing but the state of equilibrium relating to the force. It is neither too fast, nor is it too slow.

There are people who think that they know and therefore, they stand on their knowledge and decide for others. They project their viewpoints very strongly. They do not see other's viewpoints. They push through their own viewpoints and tend to dominate others. It is generally said, that men are stronger in their bodily constitution than the women. Strong as they are, they tend to use their force on the tender ones causing the needed hurt and humiliation. The retaliation of the tender would bring in more hurt and as a consequence, there is a wide spread feeling that men are dominant.

As one evolves, one tends to be inoffensive, non-dominant and peaceful. The tendency to dominate yields to the tendency to be considerate to other's views. In slow degrees, the dominance is softened. As much as one is dominant, so much one is beastly. The beastly tendencies are transformed through evolution and refined humans happen. It is as for the law of evolution.

There are men in female bodies, there are females in the bodies of men. I therefore do not draw your attention to the male-female form as such. I draw your attention to the male-female energy. The male

energy is dominant, and is softened by the female energy. The male energy stands for Mars, the female energy stands for Venus. The two energies contribute to each other by living together, so that both gain the neutral state of male-female, which is represented by Mercury. Until then, the friction continues.

Every human is more or less male-female and until man balances in oneself the male-female energy, one would have no clue to resolve the domination of one over the other.

Occult Power & Truth Seeking

Question:

Are men with occult powers truth seekers? Is truth realized by them?

Answer:

Seeking truth is different from seeking the occult powers. Clairaudience, clairvoyance, intuitional interpretation of occult sciences, such as astrology, palmistry, etc. is not part of truth seeking. Those who are blessed with those faculties need not necessarily be the realized ones. The occult powers that they acquire are conditional upon their poise. Even healing is so. When one is in poise, one stands to demonstrate these occult faculties better, but as one conducts with these powers, one tends to grow in personality and stands the danger of slipping into egoism. In such case, the occult facilities are withdrawn by nature. As one relentlessly pursues truth, one stabilizes himself in the quality of poise and moves beyond the triangle of qualities. He learns himself in the state of pure consciousness and

relates to the truth, which is but the un-manifest aspect of the pure consciousness. For such truth seekers, the occult faculties are natural. They are not acquired faculties; they are the by-products of being with the truth beyond the three qualities.

Therefore, do not confuse yourself as you meet astrologers, palmists, healers, fore tellers and so on as spiritual. They need not necessarily be so. The one who lives and moves in truth does similar acts but not as an astrologer or a specialist of palmistry or as a healer, etc. In truth seeking occult facilities unfold. If one clings to the occult faculties, the pursuit of truth disappears and one stands unaccomplished.

Understand this.

Key to Internalize

Question:

Master, give me one key by which I'm able to internalize and contemplate within.

Answer:

The key for internalization is simple. The modern mind does not accept simple practices. Ensure that your thoughts, speech and action are in alignment. If you take care of this simple aspect in your daily life, it opens three doors to enter into you, to contemplate. Contemplations and meditations are not possible until this fundamental step is achieved. Aligning the mental thought, the vocal speech and the physical action is the basic need of discipleship. Unless all the three are brought into alignment one cannot pass through one's own objective mind. For the three to get aligned conscious efforts have to be made.

Purity has to be observed; chastity is demanded and routine has to be systematized. You may concentrate only upon strengthening your thought,

speech and action. Do not let them fall into non-alignment. Unless the three doors are open, one cannot enter into one's own temple.

There is an occult statement: "Let us open the three doors and enter into the first temple". After many practices, aspirants are only to aggrandize themselves, but do not follow this simple key of aligning thought, speech and action. May this be done to enter into the temple which exists in you.

Worship

Question:

Master, please explain the importance of worship.

Answer:

Worship is meaningful when the object of worship is the omnipotent and omnipresent God, present as the surrounding society. Worshipping the society means worshipping the Omnipresent One. The symbolic worship of that is choosing an object. Through the object of worship, one should know that he is worshipping the society in whom there is the Omnipresent One. If the worshipper limits his worshipping only to the symbol or the idol he remains constricted and negates to himself the intended expansion of consciousness. In ancient times, the Omnipresent One has been worshipped through a symbol. It is no worship to the symbol or idol, it is worship to the Omnipresent One. The family surrounding you, the friends and relatives around you,

the social contacts around you, are also part of the Omnipresent One. A worshipper proposes to serve all while worshipping the idol or the symbol.

The Omnipresent One cannot be worshipped as such. He can be reached through a symbol. That symbol has come to be of importance. The symbol can be a Lingam, a stone, a tree, a human form, male or female or an animal form. Whatever is the form, it is seen as the means to reach the Omnipresent. When the worship is done with mind, senses and body and associated with the symbol of God, the alignment gets completed. Its purpose is to enable the worshipper to relate with him and to relate with all that are present around and even expand the horizon of intuition. Such worship is only meaningful and any and every symbol should be seen as a representative of the Omnipresent One.

Having done the worship, one needs to carry the inspiration to help the surrounding life. When the worship is not followed by such service to the surrounding life, it is an ignorant worship.

Visualization

Question:

Master, please give in a simple manner, how to relate to the flame of the candle.

Answer:

Imagine the stable non-flickering flame of the candle as the form of God. Understand the light of the flame as divine wisdom. Comprehend the flickering tip of the flame at the top as the crescent moon. Place yourself through visualization into the middle of the flame, which purifies you. The purified self merges into its source, the universal self.

Looking at the flame you can do this work for self-purification and atonement.

Path of Discipleship

Question:

Master, in spite of so many practices I do, I find no light. Am I in illusion?

Answer:

The doctrine of the eye is for the crowds. The doctrine of the heart is for the elected. The first belong to the proud, the second belong to the humble. People observe and decide through what they see, what they listen, what they touch, smell and taste. All, that one sees through the eye may not necessarily be true. To see through the heart, to listen through the heart, is yet another way. The path of discipleship is in activating the functioning from the heart. Mere functioning from the mind, makes one a proud intellectual. The will of good law moves swiftly. Only the heart can comprehend it. The will of illusion moves swiftly in the mind. May you shift your base of work from the mind to the heart. It is not your efforts dealing with the worthless husk.

If you wish to give the bread of wisdom, eliminate at once the husk and deal with the grain. You cannot create food and share it with others if you are engulfed by the husk. As long as you love yourself, you fall into illusion. As you start loving others, the illusion clears, but slowly.

*Results**Question:*

Master, you speak from Bhagavad Gita and say: “Work, but work not for the result.” Will you please explain a little more how can we work without looking for the result?

Answer:

If you are on the look for the result, you do not work well. Then the result found will not satisfy you. If you are focussed at work, work itself gives the joy and you feel so joyful that you care not for the result. Even when you work for the result, many times you don't find the result. The result may not be as desired. When it is not as desired, you are less happy than before. Results are not totally connected to the work. There are many other factors besides your work that bring forth the result. One has no command over the result. One has no control over the result. One has no right for the result. Work is man's fundamental right; result is not. When you work, the results do happen. When you are

not excessively mindful of the result, you are not so much affected, in as much as work is done better, when your mind is only focussed on work. It is said, “well begun is half done.” When you do well, the result normally would go well. The focus has to be on doing; it cannot defuse towards the future result. As it defuses the work does not happen as it should. When the work does not happen as it should, the result also, likewise, is not as it should be.

Learn to work and work with good will, good attitude and good disposition. Then you have done well. The results can be thousand-fold better, when there is a right attitude to work. Such will not be the case if you are preoccupied with the result.

*Unwinding - Recollection**Question:*

Dear Master, I have been meditating over years. I do not feel any improvement in me, nor do I find any gleams of enlightenment. How could it be so? I am only recollected of my personal problems in my meditation.

Answer:

Dear friend, meditation is a process of opening oneself. It is a process of unwinding and unfolding. Just unfold yourself and open up yourself. Let go all your thoughts and all your problems. Imagine that your mind is opened like a lotus. As it opens wide, it releases all that is held within. Let thoughts be released. Release them into the light of the sky. Let them find their freedom into the sky. Keep the palms of your hands open to the sky. If possible, you may also turn the soles of the feet to the sky (do not sprain them, if you cannot. Buddha does it.) The idea is that mentally you have opened yourself to the limitless blue sky. Let all which

is in you by way of physic energy be released into the expanse of the lighted sky. Empty out yourself. Feel yourself utterly open. If you want, you can raise your palms up to the sky, like the Sufis, but make sure that mentally you hold high your openness. Having opened up and thrown out all that is within, offer your empty being to the light of the sky and feel receptive of the unlimited sky into you. As much as you offer to the sky, so much the sky enters into you. Give away what you hold, to fill in the blue sky.

If you can do that, unlimited energy of love and light showers into you. The shower is not as feeble as the bath-shower. It shall be a waterfall. Energy splashes you and the body sways. The body drinks and soaks in the energy and sways (as if you were a bit drunk). Get into it. Let the swing of the sway fill you. Allow it to fill you. Try this technique of meditation. I wish you good luck.

*Mind**Question:*

Master, why is it not possible to experience the Self within the mind itself? Mind also carries the Self and is part of the Self.

Answer:

It is said by a philosopher, that one cannot bath in solid ice. Ice is but solidified. So is mind, that is solidified by definitions, concepts, ideologies, theologies, believes and superstitions. Mind is a frozen consciousness, frozen stronger than the ice. It is as frozen as the cement concrete; therefore, you cannot experience the bath in consciousness of the mind. Just like the solid ice requires to be melted, the mind also has to be melted.

Acts of selfless unconditional service to the fellow beings, who are in dire need, enable the mind to be melted into a pool of consciousness. In that consciousness, you can bear an experience. Concretized mind, when diluted, tends to be a pool of

water like a pure water lake in which the swan of your
being can swim

Worshipping Nature

Question:

Master, please give us in simple words the importance of worshipping the divine Nature.

Answer:

The divine Nature is but an expression of the truth. It is from that Nature all the creation and the beings of creation are weaved out. She stands between the being and the truth as the Mother. Worship of divine Nature enables fulfilment, fame, splendour, wealth and so on. It empowers the worshipper with will, knowledge and the ability to act.

Know that the divine Nature is the visible form of the truth. She is the basis of all beings. She responds to all prayers. She has the ability to rearrange the timetable. Above all, she eliminates doubts and enables faith.

*Key Frame Good**Question:*

Master, we hear among many mystical utterances of Master CVV one of the mystic utterances called “KEY FRAME GOOD.” What does it mean?

Answer:

Master CVV is truly mystical and is equally a scientist. His work was to reframe the frame of the humans. He frequently said that his work is to repair the body of the human, so that the human stands immortal, beyond the cycle of birth and death. He promised immortality and self-realization.

To repair and reframe the human forms in such a manner that the bodies of light are formed from within the bodies of flesh and the blood was his work. It is the work that enables the third initiation as per the literature of the Tibetan Master Djwhal Khul. To accomplish this task, Master CVV connected the eternal kundalini to the earth kundalini and further connected it to the human kundalini. Having thus

connected, he keys the kundalini through the sound CVV, so that the aspirant's Kundalini finds the immediate stimulus to move up the ladder and to harmonize the self-opposing coils. He thus keys the kundalini of the aspirants. The key of kundalini does the needed transformations to the aspirant. These transformations are called by Master CVV as adjustments. When the adjustments are complete the frame stands good to experience the body of light within. The aspirant steps into the body of light. He overcomes the limitations of the body of flesh and blood. He stands immortal. That's how the Master keys the frame until it becomes good. He keys with the help of the sound CVV and that which he keys in every aspirant is kundalini, which is eternal.

*Anger**Question:*

Master, I hear that anger is a weapon and everyone requires it. But wisdom says that anger is avoidable. Please clarify. Also please clarify as how to overcome anger.

Answer:

Anger is avoidable for some and desirable for some others. You said, 'anger is a weapon'. All weapons are avoidable in the hands of some and are desirable in the hands of some others. A police holding a revolver is desirable, but not a commoner. In the hands of the police, revolver is a means to set the law and order. In the hands of a commoner, it could complicate it.

Another example: A lady in the kitchen holds a sharp knife to cut vegetables. But a child entering into the kitchen is prevented access to the knife.

Any number of examples can be given in is manner. When the helper is incompetent and inexperienced, a facility turns out to be a discomfort.

In the hands of the competent and the experienced, they continue to be a facility. Anger is like a tiger. A ring-master in a circle instructs the tiger and the tiger moves around according to the master's will. It jumps. It makes somersaults, behaves even like a cat. Many times in the circle, the master commands the tiger to open its mouth wide. Then the master puts his head into the mouth of the tiger. It stays for a while in that posture, and only when the ring-master takes out his head, the tiger closes the mouth.

Anger is like a tiger in the hands of Masters, meaning, in accomplished humans, anger is a facility to redress others and restore order. Jesus used anger in Jerusalem. Even Buddha used anger. Mystics frequently used anger. Avatars also used anger. They used anger as a facility to set things right.

Please note, to use anger is different from being angry. When one is angry, anger uses him. But it is not the case with the adepts. They use the anger. To use anger, is a means of the adepts. But in the case of a commoner, anger uses him and disturbs him and even disturbs his relation with the surroundings.

How to overcome anger has been a major occupation of many. Anger cannot be overcome by mere strong wish. No one would like to be angry, but it emerges. Astrologers give reasons for anger and

attribute anger to Mars. They don't give a solution. Anger emerges due to impatience, intolerance and inability to accept a given situation. It is a tangible deficiency in one's personality. The seers found a way to overcome anger. They found that selfless service, when regularly carried out, over long years at all the three planes, would enable one to overcome anger. Wisdom by itself does not help. Will by itself does not help. Only service helps. Service is the way to liberation. It liberates many deficiencies of a person, of which anger is one. The science of liberation is service.

*Efforts - Results**Question:*

Master, how is it that the strenuous efforts that I make do not yield results, while my brother who works not so strenuously finds good results?

Answer:

My dear one, this is a common question that exists in the world. This question bugs many, since the world sees not its past and its own limitations. Persons cannot perceive their past, nor do they perceive their personal limitations. The fruits of the present emerge from the deeds of the past. Wisdom also says that the limitations that one carries with him, disables him to experience the fruits of labour. For example, many do not know that anger, jealousy, illusion, fear, possessiveness and pride disable people to receive what is due from their labour. You may check-up within yourself certain negative energies as said above. We cannot carry water with a holed pot. Negative energy disables persons to gain fruits from their labour.

Protection through Prayers

Question:

Master! Through the prayers, do we get protected and safe?

Answer:

The prayers give right attitude to meet the situations of life. They would lead one to a life in areas and fields where there are no dangers. Man invites peaceful or conflicting ambience around him according to his own behaviour. When one is regular in prayers and is mindful of the ordained work, one generally falls not into situation where he requires to be protected or saved. The stimulating factors of danger exist in oneself and that he is afraid of dangerous elements from all around. Some get into dangers instinctively and some do not. Persons living in forests live unaffected by dangerous animals. Persons living in civilized society are exposed to dangers. One creates one's own magnetism by one's thoughts, speeches and actions. Prayers help to eliminate the seeds within,

which attract diabolic energies around. The more one thinks of dangers, conflicts and other diabolic energies by his persistent thoughts, he attracts them. When one entertains negative thoughts, negativity being a receptive pole, the related negative energies approach and even attack.

Be pray-ful and mind your work and the protective shield remains around you.

Transformation towards Goodwill

Question:

Master, mind tends to be commercial. How could it be transformed towards goodwill?

Answer:

When goodwill is translated into actions through regular service, mind gives way to charity. As charity finds a place in mind, it gradually antidotes commerce. It is not enough, if one reads esoteric books and collects information.

Translating a few instructions from the books into the act of service provides a way. Service should be seen as acts of benevolence towards any surrounding being, from which no compensations are expected. If one can do such service regularly (however small it may be) the commercial mind tends to be a benevolent mind.

Question:

Master, however much I try not to compare

with others, I keep doing. How do I overcome this?

Answer:

Comparing with others is useful in so far as one intends to imbibe the good qualities in others. It enables growth. But if such comparison leads to jealousy, one would suffer from it. Let all comparisons be done to find out the feasibility of imbibing them through emulation.

The good qualities in others may be seen as divine manifestation and they may be admired, appreciated and emulated. By this, one grows. Know that comparison by itself is not undesirable.

Question:

To function as a Soul, we are told to see the Soul in all. This is an engaging exercise. Many times I fail. How do I succeed in this?

Answer:

Failure is but common in this regard. But failure is a stepping stone for success. You need to create the habit of seeing Souls. When a new habit is attempted at, to fail is common. Each time you fail, you may re-attempt with greater vigour. When the child tends to walk, he necessarily falls. But the child does not give up, until he starts walking. So should be an aspirant. May the Will help you.

Trust and Faith

Question:

Master, how do we gain the trust and faith?

Answer:

My dear one, trust and faith cannot be cultivated. It cannot be gained by any effort. It is not something that you imbibe. It happens with every Soul in its journey at the ordained time. It is gift of God.

Question:

Master, how do I come out of self-winding and binding thoughts?

Answer:

Learn to converse. Learn to communicate. Learn to speak of other's needs. Learn to cooperate with others. By these steps you wriggle out of self-binding thoughts.

Question:

Master, why don't people recognize the good

deeds that I have done and I feel miserable when there is no appreciation?

Answer:

Only kids expect appreciation. Do not remain a kid. Do not recollect regularly the good deeds you did. It's like blessing one's own self. Self-blessing is mockery. Did you ever think of appreciating the good deeds of others? When you have not appreciated the good deeds of others, others also do not appreciate yours. Inability to appreciate the good deeds of others disqualifies you from being blessed. Turn the table and keep appreciating others work and keep rendering good deeds. In the process forget yourself.

It leads to you to better health.

*Fire**Question:*

Master! There is a common saying, “Don’t play with fire.” What is that really meaning?

Answer:

The fire that is referred to here is not the obvious one. When the fire is obvious, people function with gloves and fire-proof restraints. Obvious fire can be played with to some extent. In circus and other related amusement activity men play with fire. Obvious fire is played with, though with fear. There is hidden fire which is dangerous. It is dangerous, because it is unnoticed.

We do not notice the metal in the stone. We also do not notice the fire in water. We do not also notice the sprouting force in the seed. Likewise there is active hidden fire in saints, sages and men of wisdom. If one does not relate well with them, the nature does not tolerate and organizes a boomerang effect.

Sacred articles, sacred places and sacred

persons are embodiments of sacred fire. One should relate to them with reverence.

Symbol of a Dew drop

Question:

Master! Why is a dew drop on a lotus leaf considered a spiritual symbol?

Answer:

The dew drop is fresh. It is fresh and pure. It is also effulgent during the dawn hours.

It gives a message: 'Be fresh and be pure. Be effulgent'.

The dew drop is not stuck to the lotus leaf. It is no doubt on the lotus leaf and yet does not sink into it. Man is in matter through mind. He can stay afloat on mind and matter. He need not sink into the thought of mind and attractions of matter. He can stand free. That is the second message of the dew drop.

The third message is impermanence of life and matter. The dew drop rolls away from the leaf with a wink of a breeze. It is unattached to the lotus leaf and is ever ready to leave. It floats. Yet its flight on lotus leaf is momentary. So should man learn. His life in the world

of matter is not permanent. He is in a journey. Earthly existence is but one station. One cannot get stuck in a station on a long journey.

Such is the message of the dew drop.

*Guidance**Question:*

Master, I badly need to be guided. I feel unsafe and fear drifting from the path of light. What is the key to overcome this?

Answer:

Remember that your guide is within you. It guides you from within. You speak to him in your hours of prayer. Listen to him after your speech. Wait and listen. Know what is listened. And follow it. Let this be a practice. You can doubt. Open a scripture. You will find the Answer. The scripture is truth coming from a Master of Wisdom.

*Sacred Trees**Question:*

Master! Some of our group members hug the sacred tree and stay in meditation, continuing hugging the tree. Is it helpful?

Answer:

They hug the tree and meditate since it helps them. Sacred trees are identified through time. Invariably those trees carry much fire in them. Hugging the tree of fire is no different from hugging a Master of Wisdom, who is also embodiment of fire. Some hug, some touch gently, either by the fingers or the palm. The central theme is to receive the touch of fire through the fiery medium. The Cedar (Devadaru) and silk cotton tree (Booraga) are mostly hugged. So also Ficus Religiosa (Peepal), Ficus Indica (Banyan), and Ficus Racemosa trees. Peepal tree (Aswatha or Bodhi or Ravi, or Ficus Religiosa) and Audambar tree (Atti, Cluster Fig tree or Ficus Racemosa) are sacred trees which give oxygen all 24 hours of the day, and

various parts of these trees are used as medicines.

The trees in general and the sacred trees in particular are in continuous touch with the rays of the sun throughout the day. They imbibe into them the life and the light from the sunrays in abundance. Touching these sacred trees and meditating under their shade, eating the fruits and leaves fallen from such trees, drinking and bathing by the water streams nearby the trees has been an age-old practice.

As man knows that, with all standing trees, are the giant saints meditating in standing postures, he gains a different perception of a sacred tree. The civilized man is strongly recommended to relate to a tree if possible. It is a grand relation amidst many, under the relationships that would save him in times of crises.

Yoga - Ambition

Question:

Master, just give me one clue to stand in yoga.

Answer:

Your question is simple. But behind the question, there is a great ambition. That very ambition is the hurdle to stand in yoga. The science of yoga is a process of gradual transformation. In that transformation, he will gradually shift from the seat of mind to the seat of heart. Patanjali described the process. He is the Master of Yoga.

To look for one clue and one simple practice can only lead you to the bank of the river of Yoga. The bank will slowly lead you to the stream. The first clue that Patanjali gives is harmlessness, 'ahimsa'. You may try this virtue at the mental, vocal and physical levels. Let me avail the opportunity to inform you the nature of ambition.

Ambition is excessive desire, which is perennial. It is like a perennial river of impure waters.

Curiosities are the ripples in the river of ambition. Attractions and attachments are the crocodiles in the river. Doubt and suspicion are the leaches in the river. Bounds of ignorance are the very pools. Worry and irritation are the either banks. The felled and grounded trees represent the fall of courage. Even yogis fear such a river of ambition

Detachment

Question:

Master! What is the key for detachment?

Answer:

My dear one! Detachment happens up to the end to be detached. See the plant. It has to grow into a tree developing branches, sub branches, stems, giving birth to innumerable leaves, flowers and seeds. As the tree grows, it fulfills the surroundings giving shade through its branches, offering flowers and fruits. As it grows fully, detachment also develops from within in fall season. The fruits, the flowers and the leaves cease to leave and in spring season they sprout again slowly and gradually. The tree is neither attached to the sprouting fruits, flowers and leaves nor is it detached to them in fall season. It is just a happening through seasons. Grow through your useful age offering yourself to the welfare of light in general. The detachment also happens as you live a life of offering like the tree. Know that detachment is not discarding.

Realized one

Question:

Master, how do we recognize a realized one?

Answer:

Only a realized one knows a realized one. It is popularly said that only a Master Mason knows another Master Mason. Likewise the lady knows her man, even if her man is in disguise. Likewise a student knows his Master even if such Master is in disguise. Similarly the Minister knows his King, even if such King is in exile.

It is one's own conscience that reveals the other. Such conscience is beyond the logic of mind.

*Happiness**Question:*

Master, you always say that nothing in the world can give happiness. And happiness has to generate from within. You even say, "Propose to be happy". In spite of this information, I am unable to gain happiness. Kindly help.

Answer:

Happiness is an attitude. One needs to cultivate to be happy. A person who winds time himself, thinking and working only for himself cannot be happy. Through his thought process he is regularly binding himself. When one is excessively self-conscious and conscious of his kith and kin and his belongings, develops a narrow circumscription around him. He lives in a constricted world within a wide-open world. The consciousness is imprisoned due to thoughts surrounding the self. This process of winding and winding tighter shall have to be reversed.

One should think on a daily basis if he could

make another one smile; if he could make either a human or an animal or a plant or an insect happy. Depending upon the happiness he spreads around, the nature returns such happiness to the one instantly.

If one makes others unhappy by his relating to others, he continues to be unhappy, regardless feeling comfort and luxuries of life. By trying to work for other's happiness, one unwinds since he relates to the center outside him, while such center is within, when one is working for one's own happiness. A self-centered one can never be happy.

*Co-workers**Question:*

Master, why do we lose those who follow us and assist us in profession, in family and in the group?

Answer:

Dear brother, it requires self-searching, whenever we lose those who follow us, or cooperate with us.

Firstly, one is to search within, if one's abilities have the tinge of manipulation. If the senior is manipulating, the junior sees it and notes it as a danger point.

Secondly, one should see, if he is grateful for the cooperation that is received and if one is expressive enough of the related gratitude. If one is not appreciative of the good work of the junior, one stands to lose them. Many seniors are over-critical and much suspicious.

Thirdly, one should feel within if there is excessive interaction beyond the acceptable limit.

There are subtle frontier lines within personalities which should never be overstepped. Let not the junior be stepped upon. Friends become enemies when the border lines are crossed.

Ensure the above and there would be a long-standing relation.

*Three Ladies - Illusions**Question:*

Master, theology speaks of three ladies, who should be surmounted. Who are they according to Bhagavad Gita?

Answer:

It is true that Bhagavad Gita speaks of Asuri, Kamini and Mohini. These are the three dimensions of one illusion.

1. Asuri represents covetousness. Man wants to acquire, acquire faster than the others, acquire more than the others, acquire as much mundane wealth and mundane power. This is an unquenchable thirst for money and power.

2. Kamini represents the lust for the other gender, the animal magnetism relating to sex, that rules over all lustful activities. It is human's craving for flesh and blood. It is spearheaded by the urge to touch and to possess and even to devour. Kings and kingdoms, saints and sages have been destroyed by this angel of

lust. It is even more powerful than the angel of acquisition.

3. Mohini is the 3rd dimension of illusion, which shows the unreal as real. It is the mirage by which all beings are driven like mad dogs from morning till late in the night. Humanity is chasing mirage after mirage; least knowing that there is no water in a mirage.

The fire of knowledge is the only key to burn these three illusions namely Asuri, Kamini and Mohini.

Weakness

Question:

Master, why are we (the aspirants) so weak and are incomplete generally?

Answer:

Generally the humans are split persons. They are split between what they know and what they do. They know that indulgences through senses cause imprisonment. Knowledge stands as fear and the related restraint to indulge completely. At the same time, their weakness of indulgences does not let them get away from indulgences. The weakness pulls them towards indulgences. The knowledge imposes fear to indulge. They are neither completely non-indulgent nor completely indulgent. They are split between their knowledge and their weakness.

It is a very peculiar state. They are incomplete either way. An indulgent person has no conflict and has no weakness, though he may be ignorant. Likewise a completely knowledgeable one has no weakness for

indulgences and he has no conflict and weakness. Those “in between” are neither here or nor there. They suffer the pull and push. They are the prey of their knowledge and weakness.

The solution for them is to relate to the ones, who are out of such pull and push.

*Son of a Virgin**Question:*

Master, theologies speak of children conceived without father. In Puranas there are many such stories. It is also said that Mary conceived Jesus even while she was a virgin. How do you explain this?

Answer:

First of all, the description of scriptures, we should know, do not contain untruth. The stories may be mysterious to us. Every mystery is but science as yet unknown. When there is much luminous ether in air, which is normally beyond Akasha, then will be children born without fathers. Such a thing becomes possible when the luminous ether descends into Akasha, air, fire, water and matter.

The secret of the five Sons of Light born to a virgin as narrated in Mahabharata was due to the presence of the related luminous intelligences. The future is meant to be so again in this Aquarian age.

Madam HPB speaks of it in the last pages of

Secret Doctrine. She even gives a hint and cites that, in Virginia, there is an apple tree of a special kind. It does not blossom but bears fruit. There is a kind of berry without seeds. Madam says that it will gradually extend to animal and tend to humans. Woman will bear children without impregnation.

It is also prophesied that in the seventh round, even without woman humans will appear by self-reproduction and they change their skin every year. This phenomenon of changing the skin is already with cobras, who change their skin every seventh year. This is the future which was but our past.

Skandhas

Question:

Dear Master, Who are skandhas? What is their work?

Answer:

Skandhas are germs of life on all seven planes. They make up the totality of the subjective and objective being. Every vibration that one makes is with the support of skandhas. They are the medium of impressions. They attract the reincarnating ego. Their quality depends upon the degree of truth that the incarnating ego entertains. A man of discipleship continues to create good skandhas and tends to be gaining the will of God. The mundane man tends to gain bad quality of skandhas, leading him to conflicts of life, indulging in never ending disputes, quarrels and fights.

From this, we can take the clue that by good and noble thoughts and actions, man can bring in enormous good effect upon his future life. Likewise, he

would have to suffer the effect of misdeeds. Skandhas are the microcosmic principle of Kumara who is said to be six faced. Any star appearing in the sky is as well six-dimensional. A point of light has its forward and backward dimensions, left and right dimensions, upward and downward dimensions. A point of light is thus, a three dimensional cross, an ancient Vedic symbol of Kumara.

Essentially, the skandhas represent the vibrations of Cosmic Will. Therefore, the Puranas say that Skandha is the son of Lord Shiva. When the Will is maintained for nobler purposes, it remains a Kumara. When it degenerates into desires, it tends to be the negative power of Mars. In every person, the skandhas are formed incessantly as per the quality of thoughts that one entertains. May the best quality of thoughts be entertained to build the finest skandhas.

*Group Consciousness**Question:*

Dear Master, How is it that in spiritual groups, members do not experience the group consciousness while they experience group conflict?

Answer:

Group conflict is the first and primary product of group life. When conflict is eliminated through patience and forbearance, harmony is experienced. Such a harmony leads to cohesion of individual lives into group life. Such cohesion is called group consciousness. It is like the strings of a musical instrument which are tuned to be cohesive. Just as a musician fine-tunes the strings to make them cohesive, a Master of Wisdom fine-tunes the individual members.

Individuality is retained at all times even if cohesiveness is gained. It is not loss of individual consciousness. It is also not expression of individuality. It is a matter of how best to relate one to the other in a

cohesive manner. This intent to be cohesive is important with every group member. Members are allowed to regain their individuality which is their speciality while their ability to tune up to the other enables a chorus. Effort should be made to find the way to tune up to the other.

Madam H.P.B. speaks of this. "If twelve people are smoking together, the smoke of their cigarettes may mingle but the molecules of the smoke from each have an affinity with each other. They remain distinct forever and ever no matter how the whole mass may interblend. So also a drop of water that falls into an ocean retains its individuality. The drop has its own life, likewise, a man. He cannot be annihilated."

Any group of people however spiritual they are in a group, retain their identity while their spiritual affinity reaches a state of permanent cohesion. Overcome the conflict with patience, tolerance and forbearance.

Make effort to be cohesive, thereby experience group consciousness.

*Mother - Love**Question:*

Master, can mother's love be seen as divine love? If it is divine, why discord exists between mother and children specially in the West?

Answer:

Mother is mother be it in the East or in the West, be it for the beast or human. Mother's love is more instinctual and is possessive. The love of a Master of Wisdom is pure love.

There is a psychic affinity between the mother and the child by which the mother feels the child. The blood magnetism holds the child. If you notice well, as much as the mother feels the child, so much the child does not feel the mother in later years. The offshoot does not feel so. This is common in humans as also in animals.

The additional factor in humans is the mental association. The mother-child affinity has different experiences. It could be positive, it could be negative

and it could be indifferent. The deciding factor is Karma.

Love stands beyond and is impersonal.

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