

Master E.K.



**Messages to
Aspirants**

Keynote Messages to Aspirants

Master E.K.



KULAPATHI BOOK TRUST
Visakhapatnam - 530 016.

Original Title : **Keynote Messages to Aspirants**
First Print : 2007 Gurupooja Celabrations
Copies : 1,000

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For Copies :

KULAPATHI BOOK TRUST,
G-1, 45-40-36/3, Akkayyapalem,
VISAKHAPATNAM - 530 016.
A.P., India.
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The World Teacher Trust
CH-8840, EINSIEDELN
Switzerland.

ISBN : 81-85943-26-5

Printed in India by :

Aquarian Printing School
Visakhapatnam - 530 016., A.P.
☎ 0891 - 2747320, 2751329.

FOREWORD

We are indeed happy to hand over the extracts from the letters of our beloved Holy Master E.K. to the aspirants in the present shape. This is the result of a deep and vibrating impulse felt in my heart while performing the Fire Ritual (Sagittarius full moon) on 4th December 2006.

The Title of the Book is given by Master Parvathi Kumar, International Chairman of The World Teacher Trust, who is now guiding the spiritual brotherhood in the East and the West.

Messages of our Master, as his other books, will inspire the aspirants and disciples in the path of wisdom and lead them to experience the Bliss of presence of the Oneness in all. His teachings are simple and straight forward so as to reach the hearts of the truth seekers.

To quote a few

- D Live Life. Do not Live away Life.**
- D Excluding others is religion and including others is spiritual.**
- D Goodness is our asset and Greatness is our liability.**

We express our sincere regards and thanks to late Sri N.V. Ramana Murthy, for preserving these letters, who served as a stenographer to our Master E.K. It is my good luck that I happened to be a witness to these letters dictated by Master E.K.

We offer our thanks to Sri P. Krishna Mohan, one of the Trustees of Kulpathi Book Trust and Director of Publications (Printing) of The World Teacher Trust and an ardent follower of Master E.K., for getting this book printed in his printing unit, Aquarian Printing School, in quite an impressive shape within a very short time.

**1-1-2007
Visakhapatnam.**

- Ch. Satyadev
Hony. Secretary
Kulapathi Book Trust

ABOUT THE AUTHOR...

Kulapathi Ekkirala Krishnamacharaya, popularly known as Master E.K. among his followers, is the *New Age Teacher*, Healer and Yogi. He provided socio-economic basis for spiritual living to those, who followed him. He gave a synthetic understanding of the scriptures and their usefulness in daily life. Through his life style, he proved that the scriptural way of living is possible even in the materialistic world. He made it clear that the so-called material is none other than the off-spring of the spirit and hence is spiritual in essence.

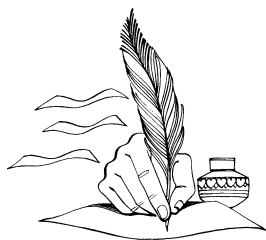
He was emphatic that those who pretend as knowers classify the creation into spiritual and material. But the real knowers always saw the spiritual. To them the material is an aspect of the spiritual. In Master E.K.'s understanding there are no good and bad things or people. He promoted the pure love.

He built a spiritual bridge between East and West among those who followed him. Those who lived in proximity to him, know him as a representative of the Hierarchy, sent out to spread the '*Yoga of Synthesis*' which is age old.

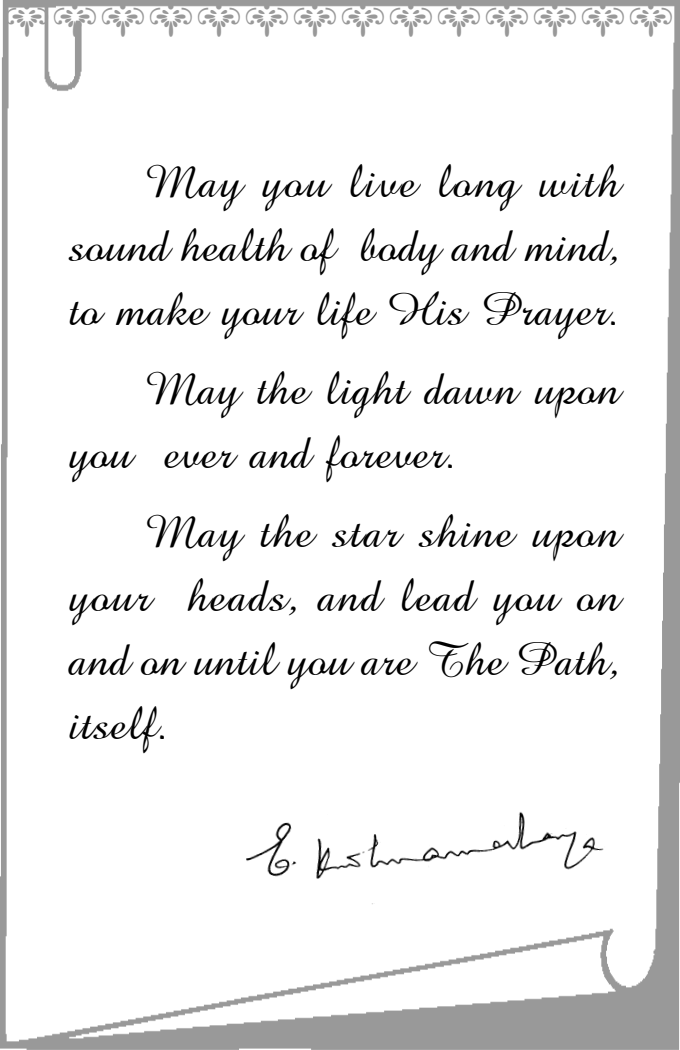
His writings are many but the under current of every topic drives the reader into synthesis. He gave practical training to all sections of the society. He is a true healer and trained many into the healing activity. Under his guidance number of children schools and healing centers are opened and operated to serve community.

Master E.K. is a multicut diamond. He is a poet, a vedic scholar, a teacher, a healer, a friend, a guide and social reformer. He is the founder of The World Teacher Trust.

- THE PUBLISHERS



Keynote Messages to Aspirants

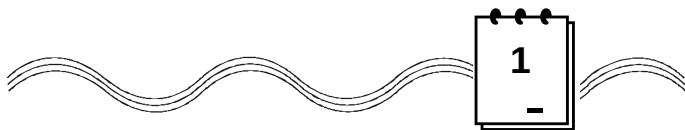


*May you live long with
sound health of body and mind,
to make your life His Prayer.*

*May the light dawn upon
you ever and forever.*

*May the star shine upon
your heads, and lead you on
and on until you are The Path,
itself.*

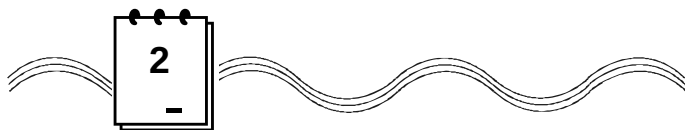
E. K. Armstrong



***(The following are the extracts from the
correspondence of Master E.K. to the aspirants)***

About speed and pressure of work, I add one more point. "If I go faster than what my rhythm is, may be due to some work pressure, and my mind begins to lose its calm, then the work is of much less value in the long run." This is your sentence. I add that the work is not of much less value but some times it needs the repetition which means an expenditure of more energy and more time. When you are calm, it will be done not only more efficiently, but also in a shorter time. The more speedy your attempt is, the more leisure when you do your work. You can receive any amount of work, but you have no necessity to feel speedy of anything. Convey my best wishes to everyone."

(To R.B, Geneva. 8-8-1983)



May the Masters bless you. I received your long, responsible letter and I am very happy to note your sense of responsibility. You speak "about my total failure to practise regular meditation". It is the same with everyone in the beginning. This is because meditation starts with a re-arrangement of daily routine and not the process of closing the eyes and smiling to oneself in the mind.

The daily activity should be regulated step by step and it results in meditation after some time. When you reach that point, you will be doing your work while you are meditating, irrespective of your eyes are open or closed. Meditation is an attitude of life and it is not a mechanical process. Do not be disappointed because you are on the way. All the so called "Paths" are only the struggles of the individuals to enter into the One path.

Now, about group meditation: it takes its own course and people find themselves gathered only when it is time for them. A third point about meditation is, that the group of people need not

belong to the same place. People from various places may sit in meditation on the mental plane, which, after certain times, makes it possible to have a group-meditation at a place, on the physical plane.

"Things seem to have settled now, and a definite step has been now achieved, so I feel, I am ready for a life of true service." These lines of yours indicate that you are making good progress silently on the path.

"Total surrender to Iswara." You are beginning to experience it. That is what is exactly needed. All the other things will automatically follow. If you are disappointed about something which you wanted to do throughout the year, it is not correct. You may think of some plan, but the real plan comes to you from above, some times to replace your plan and be prepared to receive it from the higher ones, who know things better. I am glad to know that you are now without the old aches and pains with my Homeopathic prescriptions. I wish your treatment comes to an end soon, leaving you quite healthy and normal.

About the University Holistic, I point out that 'Rome is not built in a day.' Some times over-enthusiasm makes things appear disappointing. There is a time to begin for everything and also

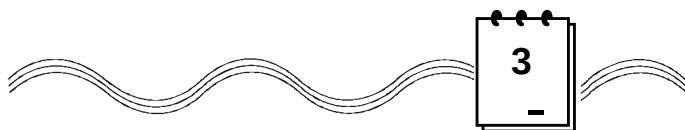
there is a time to wait. Yourself, myself and others, we are all like bricks awaiting the will of the great Architect of the Universe. If you feel disappointed or if you feel answerable to me in any way, you are not correct. It only let us not expect anything. Let us do what we feel like doing and His Will be done on earth. Also let everyone meet me for what they might have done, like the many school boys in the garden of God, we will meet again this year, and we will do what is to be done.

About your translation of “*The Lessons on The Yoga of Patanjali*”, also, you need not feel sensitive. You can do it before I reach there and you can discuss about it when we all gather at Geneva.

Be fresh and enthusiastic to do things that come to us and you will receive everything as fresh and as energetic as a child. Meet me with such an attitude and I will be happy to spend time, doing good things in Paris and Geneva.

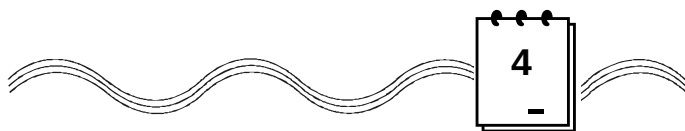
Convey my best wishes to Monique and Christian Gana. Tell them that my memories about them are still green and that I join them in doing whatever they plan for me.

(To C.B.; Paris. 8-8-1983)



Very happy to note that "the changes that are presenting themselves with the plans foreseen by the Lord". What I see is, the plans are given by the lord, not foreseen by Him, nor by us. Also they may be understood as the plans that exist with the Lord, since the Lord has no intentions.

(To J; Belgium. 8-8-1983.)



It is really interesting and I am very happy to know that you are in direct contact with Elizabeth Warnon. Now, about the school of Meditation described by the Tibetan in the Occult Meditation, I know that such a school exists but it exists only on the mental and buddhic planes, not on physical plane.

All the members and students are working from various parts of the globe and no physical

plane institute is of any value in the matter. You have seen the fate of very big institutions on the physical plane that are rotting with many differences and that are not able to produce anything at all, useful to the world. We know many universities and many big institutions spending nights and days in producing nothing but discussions and differences, spending at the same time much paper, machinery and modern equipment. So the Tibetan Master is always careful enough to see that no institution is established on the physical plane, "*Let there be no Ashram on the physical plane*" he said.

Every individual who shows willingness will be trained through telepathy to put himself to discipline and to make himself or herself fit to be one among a group. Then we can form our own groups who work as the various rooms in a school from the distant corners of the globe. In such a sense, the Tibetan has His School working and I know it as a matter of personal testimony.

Our willingness makes us recruit in the Institution. What binds us is the piece of work that we take up and the attitude we show towards other individuals and other organizations, irrespective of their concepts, ideas and opinions. This attitude lifts us up from the lower mental level to the higher mental and finally to the Buddhic plane where the Masters can be found.

We can start to do something good and useful to others while at home and we will be recruited into the ‘*School of the Masters*’ automatically. In course of time, you will begin to experience their presence in dreams, sleep and then in the awakened state. We have no means to claim admission into such a school or to pay and purchase education from such an institution. When we sell ourselves to it in our mind, we will immediately come across persons who take us with them and recruit us as their colleagues in the work of the Masters. This is what I know definitely and about the detail, everyone has to wait to receive instead of making sweet surprises and pious expectations.

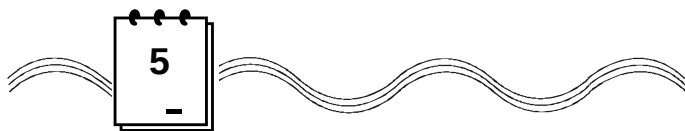
I strongly advise you to begin to teach something useful to your son with a considerable degree of regularity before you can think of depriving him of the present school education. Before we negate something, we must have something to positive.

Another important point is to realize that the family is the first institution where we can get trained by trying to discharge of the duties as devotedly as possible. Here starts real discipleship, which the masters appreciate and accept.

Hope to see you after some time. I very

much like your zeal and your search for Truth. I join to send a good thought to the Masters so that you are taken into the fold and be encouraged by allowing you to do good work.

(To T.M., France. 8-8-1983).



Marvellous! That is how I felt this morning on seeing your letter after a ten days' absence from my headquarters. Yes! Your letter also filled me with warm and harmonious feelings. Though I am leaving the shore within three weeks to see you all on the other shore, I felt a strong impulse to write to you. It is not exactly to reply that it is to apply my affection for you by way of renewal.

Yes I remarked: "*You need not observe many practices*". That means you need to observe one or two practices. They may be one keeping a regular routine (as far as it is possible) about your food, sleep and work. Two, select a real companion for life. Especially these two things occupy my mind about you, though not a lot.

It is healthy to notice that you would rather like running and playing around. I hope you are sometimes running while playing your flue for someone (not many)!

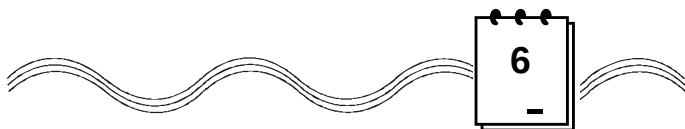
Meditation is to maintain continuity of consciousness without a ripple of thought. The result is always the same though sometimes the practice differs from person to person in its detail. The little trouble you have is that you are intellectually busy against yourself. I mean to say, that your mind is continuously thinking something which you do not want.

Meditation helps you a lot but it is possible only when your mind stops thinking and allows your hand, doing something which is useful to you. What I mean to say is that you should prescribe some physical work of the domestic routine to yourself. If the exercises prescribed to you by Mrs. Oraayer render the same result, then you can proceed with them and get your daily routine regulated. Many times you might have heard from my lectures that meditation is not possible without an attempt to rearrange the daily routine. Mind is the resultant effect of certain biological factors arranged to form a constitution. Matter is arranged by space-mind to produce a living organism and the birth of living organism projects its own mind as a result.

Matter of our physical cells produce our mind and the same mind is to be employed to make the matter of the body better. You follow some procedure consistently and you will get the result. It is immaterial if you want to follow her or me. Both mean the same. What is required is the application of a prescribed process to the exclusion of others.

I do remember what I told you two years ago and I still repeat the same. Let things come to you, can receive but you can accept only a few things, not all. Better to accept as little number of things as possible so that they may permit you to find your own form. I lend not only my ear, I lend my eye and heart for you. This time, I have decided to see you a better, and a more composed man. I greet you and wish many tasteful moments to you and to me when I will be with you within a few weeks.

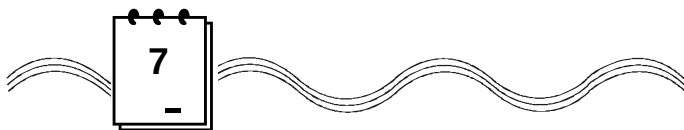
(To Mr. J., 26-6-83)



May the Lord bless you....! You wrote, "You had so precise plans for the future". I have no plans, since I do not believe in planning for anything. Everything comes to me by God's Grace, just as you have come to me. I never planned to meet you all came to receive me, because I am always lucky to have such people with me. My affection to you is the same as it was during these ten years. It will be the same for ever. It will be the same with everyone.

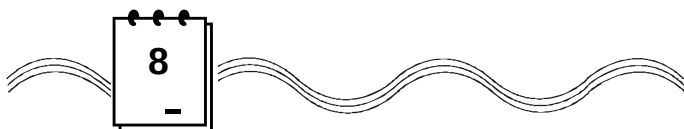
You say, "The air is pure there". To me the air is pure wherever there are people of pure hearts. You will go wherever I go.... There are no conditions. No question of anyone "cleaning others' windows". In my presence, everyone should clean his / her own windows, so that you can keep your own house happy for me to stay.... Please remember, that I have no plan of mine, there is only The Plan given by the Lord.... As far as I am concerned.

(To J., Belgium. 14-7-1983).



...Everything about you depends upon what material you feed timely to the individuals at large more than what you organize or hurry up. Progress is always steady and never speedy. Speed belongs to circumference-layers, whereas progress belongs to the central layers of consciousness. Let mind be calm while the hands be speedy.... Do not mind people who are remarking. They will be better in course of time.

(To R.B., Geneva, 14-7-1983.)



"I am the founder of the World Teacher Trust. It is an International Spiritual Body which aims at establishing a Socio-Economic basis for spiritual living.

I gather groups of people and teach

Homeopathy, Ayurveda, and Spiritual Healing to help themselves and others. I conduct regular classes of the World Scriptures and try to make people aware of the oneness of man under the surface of diversity of man and woman. Along with the world scriptures, I teach the wisdom contained in the books of H.P. Blavetsky and Alice A. Bailey.

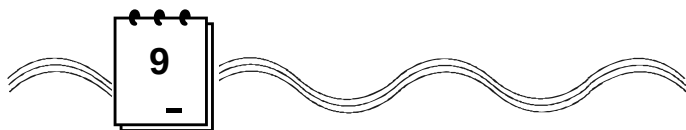
I never think how others feel about me. Hence I have no obstacle on the way. All Masters are working under the guidance of the One World Teacher, whom you call Christ. I do not expect "More Light" because it comes to us in accordance with our Fitness. Since the moment you started writing this letter of yours on April 23rd, you are in touch with me, and it continues.

I too believe in Esoteric Astrology and the seven rays. At the same time I believe more in the work we have to-do, for others. It takes better care of our planets and our race. Since discipline exists in applying ourselves to good work it rectifies the defects of our ray-nature and it heeds the warnings of the planets.

I do not believe that I have to forgive anyone on this earth for two reasons: On the first place there is the one who is above us, who forgives as long as we cooperate with others. The other reason is that people are always good to me and I do not

find any reason to feel the pride of forgiving them. I welcome any good work or correspondence from you which I respond to. I wait for the time when we can meet physically. Everything depends upon the purpose that is to be served, *'The purpose which the Masters know and Serve.'*

(To T. H., Denmark).



My blessings to you. From your letters I understand that you are getting more and more into the ecstasies of Bhakti Yoga (the Path of Devotion). It is very good.

It is true that one lives in the presence of the Master by offering oneself more and more. It is a matter of devotion that makes one feel the presence of the Master.

Even to the most experienced one, it is difficult to differentiate between a dream conveying a message and an idea carrying an illusion. Once again it is the spirit of submission that leaves truth with us and takes away the possibility of illusion.

The less and less emotional we grow and the more and more devotional we grow, we will be able to understand between truth and illusion.

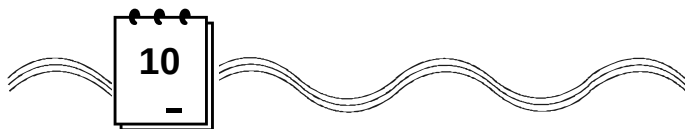
Your feeling that you live often in my family, sharing my daily routine, it is a true vision. This is because it is verified by the fact of your doing my work continuously. Another verification is that my family members remember you with a heart of tender feelings. They think you are one among them.

The best way to work with subjective experiences is to wait and observe until thoughts pass from the surface levels of intellect and emotion. If a thought survives until it passes through all the surface levels and reaches the bottom most layer of consciousness, wherefrom it never flirts. Then it is true. If some idea undergoes changes in course of time, it means it is not true. People who taste the experience of their bottom most layer of consciousness, they begin to live with it. Their thoughts are consistent and they find no occasion to change, their beliefs or opinions or procedures.

I continue to help you in all levels to get into the habit of establishing in wisdom. You can live more and more in my presence as you expressed your desire to be so. "It makes me all fulfilled" you say. It is true. It is also true that this is a part of

your work, which is needed for the Masters and hence you can find your life work fulfilled.

(To Mrs. I.S., W. Germany 6-6-1983)



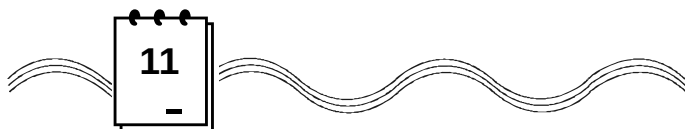
My blessings to you. Received the volume of your letter, which contains many sweet things. Dissolved in the ink I find one heart flowing upward towards the light of wisdom. The many experiences you describe in the letter are the various phases in the pilgrim's progress.

Of course people talk and talk of useless things in telephone and do conversations also. It is for you to find sympathy in accepting them sometimes. We are experimenting with a process which removes tension, and we should have the benefit of it by communicating and not by stopping communication with others. It is better to have no disturbance instead of seeking a place where there is no disturbance. You can be sure of my presence

whenever you require it, whether it is at home, or when you are in the midst of others. The neuralgic pain on the right eye brow is only a passing phase and it requires no attention. The twitchings of the eyelid etc., also pass away when the mind is free from all tensions.

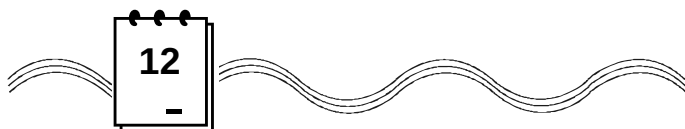
It is very good that you are spending time in reading “*Man Sacrifice*” and translating it into German. Your translation is bound to be very close to its meaning. Since you know me from close quarters. All the phases you experience while reading the book help you to live in my presence more and more. About the more intricate point you mentioned in the letter, it is better to have a personal talk when we visit next. The translation of ‘*Yoga of Patanjali*’ will be ready, I think, by the time I come there. It will have a great influence upon you in the process of your spiritual training. Everything is good and favourable for you and everything comes to you in time.

(To Mrs. I.S., W. Germany. 13-6-1983).



“Do not worry about people misunderstanding. It is quite common among the occidentals who very much believe in judging others from their own point of view as truth. Allow time and reply in silence. Everything gets healed. Just as death is the leveller, time is the one healer. Emotions and misconceptions that are screwed up in one moment will be screwed down, lubricated by a pretty good interval of silence. "I have tried to harmonize by writing and talking" you wrote. Such things tighten the matter more. Just leave it and everything will be normal.

(To R. 9-6-1983).

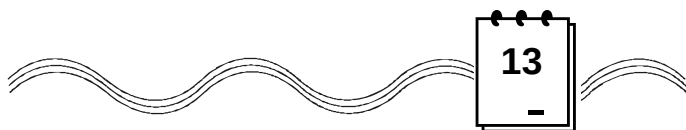


"Upanayanam means initiation ceremony that is conducted in the traditional families to a boy

when he is passing 7th year of age. It is supposed to give a stimulation to the consciousness of the boy towards his own higher consciousness, so that the communion between the two is established. When properly established, this communion serves man to live as God, or as man serving God, or both the consciousness working simultaneously.

"I am obliged to think of you more frequently than ever. This is because of the flute music which attracted the many "rates"..... You need not observe "many practices" that would be appropriate for "such a gifted boy". It is enough if you are a bit more mindful of your food, rest and sleep....."

(To J.S.P.M., 21-5-1983).

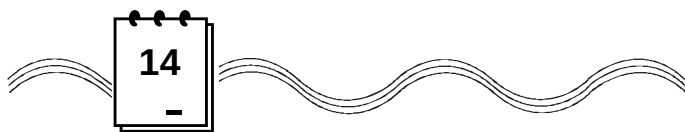


"...May the Masters bless you. Received your letter about Leona and others. What has happened is only a dramatic representation of the Law of Spiritualism. From the time a person gets into the track of the Masters, his past Karma will be hastened and dispensations will be taken. The first steps are always inevitably painful to everyone. It

became true to on the physical plane only. On the mental plane, he is as sober and composed as he was ever. I can understand it. Anyhow it is the happy culmination of a single case where the evil did not gain upper hand. So to say, it marks an inauguration of new centre of the same old work. Let him make everything easy to facilitate the programmes of F.C.

Let F.C. begin to read put and explain extracts from the Works of Master D.K. I wish his health will improve and his work gain momentum. Yourself and Leona should tell him that I am always linked up with him in time of triumph as well as tribulation."

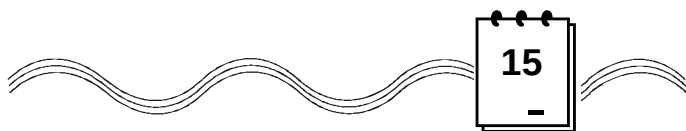
(To Mr. M.L., Liege., 21-5-1983).



May the Masters bless you. I am feeling the impact and the contact of your conversations with my picture. I hope I would be able to send you some notes after a few days since I am very busy with the two month session of Homoeo Classes, which I started at Visakhapatnam.

I know that a complete change involves lots of work, lots of rearrangement and distribution on all planes. But everything goes on well by the supervision of the Masters. Solutions will be there with you for everything..... About the conversation of the Angel of Habit (Abhyasa Moorthi) in the first chapter of Man sacrifice, I will explain it to you in person. It is only to prove that no amount of spiritual practice and spiritual knowledge will be of any use, when there is no spirit of offering oneself to the work of the Lord. "Does this also happen to Masters? You asked in your letter. The answer is that it happens to those who do not know the spirit of offering themselves. Only after knowing it, man becomes a Master. One who has experienced the total surrender can not have a fall once again"

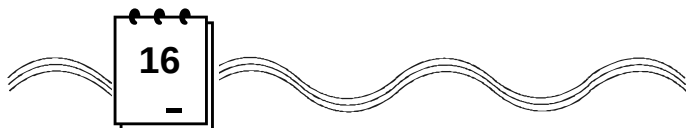
(To Mrs. I.S., W. Germany. 12-5-1983)



It is not necessary to write that your memories remain intact with me. It is not correct that I will have less leisure this time when I will be in Belgium. It is for the affection I go round and not for the

success. To me success means affection, that is showered by Lord upon us all. The affection can be showered only through each other, and which when we allow affection to pass through us should reach others. Then we are in no way out. Hence you can expect same level of presence of mine as you have had previously.

(To J., Liege. 29-4-1983)



My blessings to you..... About the work of Agriculture and cattle, recommended by Krishna, Manu, Janaka and Jesus, it forms part of the spiritual routine, since it purifies the doer for the following reasons:-

- 1. It makes us join hands in helping the plant, animal and the human being to feed and protect the physical vehicles.**
- 2. It keeps us active on the physical plane with a positive attitude of providing for others.**
- 3. It includes our spiritual duties are a public level (not taking individuals as the objects of our help).**

The activity is dedicated to know one or two individuals, but it provides the result for those, whom we do not know. It is always the God, the Omnipresent, whom we do not know.

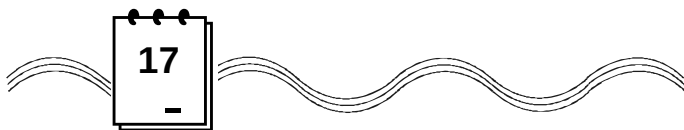
As far as possible, it is more positive to include cattle feeding and agriculture in our routine. Nothing can be more conducive for spiritual progress. At the same time, it is not possible for the individuals to create such an opportunity to themselves or others. It is the structure of the society that makes things possible. We should try to reconstruct such a pastoral structure of society that can gradually replace or at least, supplement the present commercial structure.

As far as your subjective experiences are concerned they are always good and conducive to the betterment of your positive awareness.

Your meditations automatically include my meditation of you and hence you will be experiencing my presence, irrespective of distance. As far as the letter of is concerned, I find that it is true, positive and promising. He continues to be in contact with you and also all the conscientious students of the Arcaine School. In fact all the true students of all Esoteric Schools are always in contact with each other, since they try to be aware of the One Presence, where the Masters are working.

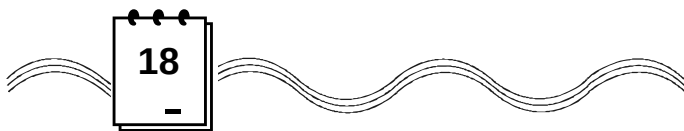
All are happy here and trying to learn more of spiritualism in the meaning and experience of the Indian Sun, getting hotter and hotter.

(To Mrs. I.S., W. Germany. 16-4-1983)



I hope you are spending your time comfortably. Happiness and comfort belong to the mind and not to the environment. If we are happy, everything will be happy.

(To Mrs. E.B., Liege, 15-3-1983).

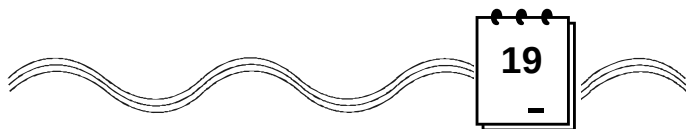


Wisdom teaching has nothing like Indian or Western. It all depends upon the fact from which side we make the glance, or lend our ear. All the other things are human imperfections of regional nature. Let us all remember that Master D.K., the

light of your Arcaine School, is Himself an Oriental in teaching and an Occidental in training. We have good specimens of East and West fusion You can be quite free and informal with me about whatever you want to learn from me. We are all dedicated to the same work wherever we work. Let this occasion be the first fabric for the network between Nordic and the Oriental consciousness.

Spiritual qualifications do not depend upon social perfection and formality. It is the warmth of the heart that makes us respond to each other from such a distance. That is all we want.

(To M & P, 29-1-1983).



May the Lord bless you. Received your good letter dated 27-1-84. Happy to know the contents. "To silence all our personal desires" is one of the aims of those who want to experience happiness.

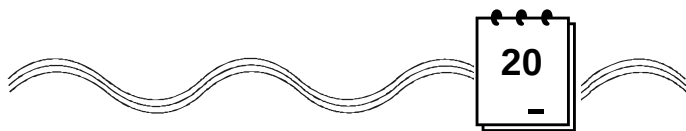
"Not to have any personal desires" is one of the teachings of the Masters. It is good for you to see that my stay in Europe is most harmonious.

Harmony belongs to the innerside of man and not to the environment. If I am affectionate with all of you equally, then I can be kept in harmony. "A house can be repaired", this is always true. I wish you think of the Lord and the Masters and soon be out of the shock.

My work in the occident, is as important as my work in India. For this year I am asked to attend the work of India since my personal presence is needed in the situation On behalf of "the most unfortunate ones" I thank you very much for what you have been doing for them presence is not necessarily physical. Same thing with my presence also.

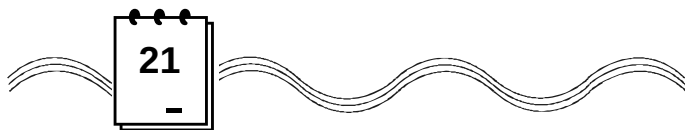
The flame will be rekindled again and again until it begins to kindle other lamps. I am always with you as before Not only I will be with him, but also he continues to be with me. I once again assure you that you need not feel alone since no one can replace me in your heart. The same face, heart and smile will peep into your house when I come next."

(To J., Liege, 10-2-1984)



May the Lord bless you. Received your letter dated 9-1-1984. I very well remember you and your activity. Very happy to receive the corrections of your horoscope. Even though you do not like institutions you like the activity that is going on in all good institutions. It is very good I can understand from the horoscope you gave last year and also from my contact with you that you are highly sensitive to the environment and people. Your observation of people is correct and experienced. I sometimes think it very good if you can produce some new theories about astrology with your long experience. It is also interesting to know that you start to study the principles of Ayurveda. You can correlate Astrology and Ayurveda after you gain some experience. Thank you very much for the noble sentiments you have expressed about me. What we bring to the world is at best, the gift of God and hence we should be thankful to God for what we appear to achieve. In the end, what you said is correct, "I have to do my work for Him, what He only knows when."

(To Mr. V. D., Germany. 17-1-1984.)



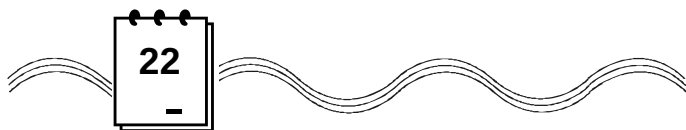
About the meditation you expect from me, be sure that the more it is simple, the more it will be effective. Please continue the same type of respiration with 3-3-3 breaths, slow, soft and uniform. About the meditation, nothing more is required than uttering OM vocally and listening to it. In our path it is enough if you have the spirit of total submission in your mind. It leads you to what you need. Whatever you need comes to you. For example, when you need “*Spiritual Astrology*” it comes to you in the form of comparing the translations as you have seen. Books, persons and environment will be with you precisely according to the need as long as you have this spirit of submission.

The whole world is a drama with everyone as the audience and the rest of the creation as the drama. Persons, things and incidents take their entrance and exit according to the drama, we are expected to witness. Monique, myself and the persons who come into your life are like the characters in a drama. Incidents like the Holistic

University, etc. are only to create an activity that is required in you and hence they do not mean anything by themselves. For this reason, you need not feel disappointed or too much concerned with the burden of responsibility. Let everything come to you, sent by the Master.

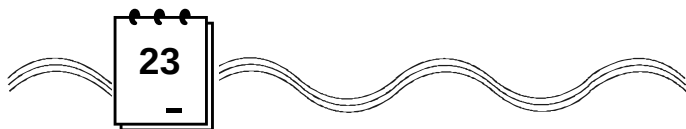
Respond according to the situation and this gives you the necessary growth in all planes of consciousness. The goal of human existence is not far off from where we are. It is in the same place where we exist, but our goal exists too subtle for us to recognize, like the space in which we live. It is a life of all positive experience without negation, hesitation, suspicion or shirking. A life which knows no disappointment and no expectation will make you discover the source of continuous joy when life becomes a sweet dream, a sequence which has no end What I feel definite about you is that the time has come for the process of unfoldment of awareness and it will not stop until the process is complete. I feel like advising you to write to me what you feel about you from time to time, more often.

(To Mrs. C.B., Paris, 16-1-1984).



My blessings to you, your wife, and all the members of our Brotherhood. You need not feel nervous about the responsible duties entrusted to you by the Master. It is his business, to see that you are fit.

(To Mr. K.S., New Delhi, 14-12-1983.)



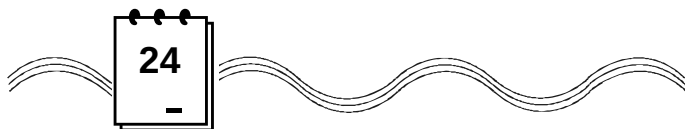
"A Chemical or an element will have no personality. Minerals and inorganic atoms will have only 'egos' which function as 'seeds' of souls to develop. Only after they enter into plant kingdom, the souls will be germinated for the first time. Then the Indweller exists in a dream-like state. In the mineral kingdom the indweller exists in a dream-like state. In plant kingdom it begins to dream of life. In the animal kingdom it becomes awakened through slow degrees in a course of about 6,000

years. This is the average time for the 'soul' to provide awakening into an individual consciousness. Then the 'whole fellow' will enter into the human kingdom with a degree of awakening which we call individuality. After some evolutions individuality bursts like an egg-shell and personality is born like a chicken from the egg. Then the 'chicken' develops into a full blown personality when it develops into a brilliant egg of personality. Then it breaks up as an Egg-shell and the Indweller wakens into soul consciousness like a chicken. This is the course of the fourfold evolution guided by the creative intelligence, whom we call the Devas and Pithrus, of this planet earth.

Such things can be scientifically proved immediately after man receives the dimension of science enough to contain such things. Science is not what man knows, but what man should know.

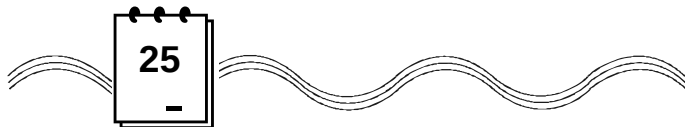
You ask "Is it necessary to accept a physical Master?" Those who feel the need should accept a physical master. The method to know is "drink when you are thirsty, eat when you feel hungry". Accept a physical master when you feel that you need a physical master...

(To Mr. B.G., 12-12-1983).



....After going through your letter and trying to recollect your financial condition and also your physical health, I came to a conclusion to advise you not to attend the Courses of Healing by colours. By Master's grace you can know these things by yourself and you can heal people by the Love of Master that flows through you as your love.

(To Mr. B. Yoga Sadan, Cocksyde, 12-12-1983)

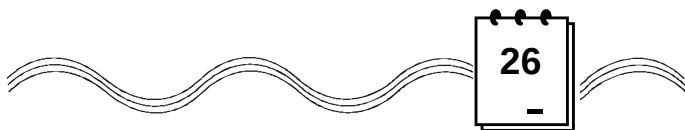


"...May the Master help you to come out successfully in your examinations and also direct you properly in all your pursuits.

I am herewith sending you a Photo of Master C.V.V., my Master. I am showing you the light, He has shown to me. If your choice permits you, can follow His footsteps by following my footsteps.

Also remember that my journey is not independent and I know no direction to my journey. If my Master's direction suits your taste, meditate upon His name, and picture daily at 6 a .m. and 6 p.m. My experience tells me that He looks to those who look at Him without looking at themselves. You can be writing to me about your affairs from time to time.

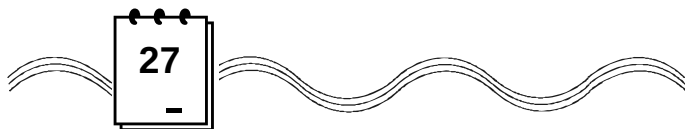
(Dr. B.S., Algeria. 12-12-1983.)



I wonder how there was an earth quake at Liege. Hope all of our people are safe. I also hope that you have recovered from the shock. Generally the Mother Earth loves all her children equally, but sometimes there will be tremors along her bowels because of the many thoughts and deeds produced by the little being that live in her belly. The human creature is favoured more than the other creatures by the Mother Earth. At the same time, it is the human creature, who is always dissatisfied of what he receives from Earth, Heaven and the fellow beings. Competition, struggle, war, destruction and

thinking exist only with the human kingdom. On the Eve of Christmas may the Lord bestow the Human Creature (ourselves included) the stature to feel joy and satisfaction with what the Lord has been showering upon us by way of His blessings through sunshine, moonlight and the cycle of the seasons.

(To J. 12-12-1983).



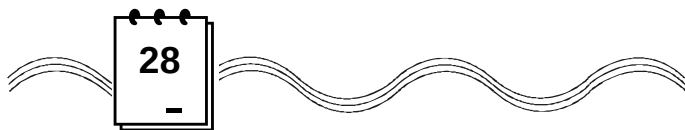
“Ten times ten the wheel rotates”. Numbers exist only from 1 to 9 not only according to the mathematician but also in Nature. So the numbers 1 to 9 complete the cycle when the number 10 marks the beginning of the next rotation of the cycle. Whenever we maintain the periodicity of repeating something 9 times, then we are following a cycle that is operating in Nature.

The decimal system is only a discovery and not an invention. It is discovered by man in Nature. Great seers like the Rishis of the scriptures, including Pythagoras found the necessity to meditate upon

the Number 10 as the wheel of fortune, by which the Purusha multiplies through 10 digits. It is not a coincidence in Nature that all nations, races and tiny groups of human beings count things only in the decimal system.

Scriptures discovered that creator was hatched in the Egg of Space by his background purusha, through 10 units of 10 divine years which makes 100 divine years. The Egg developed in 10 months when we have $100 \times 10 = 1,000$ as the Number of the Creation, when the creation is hatched from the Egg of space. Number '1' indicates 'I AM' the content of Space, while '0' indicates Space as the container. From the process of germination Number '1' comes out of Number '0' through 9 phases of Nature's workings. In the 10th stage there is the repetition of the same story of the Lord coming down as the living being covered in the seed-coat of the vehicles. The numbers 10, 100 and 1,000 are very sacred and positively powerful to meditate, since they make the rotation of the wheel of creation. This is the import of the manthram "*Ten times ten the wheel rotates*". Of course many of our followers use this sentences only on their pictures and letter heads so that they may remember and repeat this frequently.

(To R., Geneva, 22-11-1982).



You have asked about the possible correlation between the ten seed groups of Master D.K. and the four classes of human society described in the Indian Scriptures. In fact each belongs to a different set of arrangement and there seems to be no such correlation in their working. I find one correlation which I want to put forth as follows :

Among the ten seed groups planned by Master D.K., three stand apart as Pioneers, while the other seven work out the periodical happenings of the human evolution. The three are: 1) Telepathic Communicators, 2) Trained Observers, 3) Magnetic Healers.

In the creation before man, they worked as the three fires of the cosmos in the making and they are described in "*The Treatise on Cosmic Fire*" The remaining seven worked as the seven-seed manus, who work under each of the fourteen root-manus. The root-manus, each of them, work out the plan of one Manvanthara, while the seven seed-Manus work out the evolution of the seven root-races, sub-races and the family races of each wave of humanity.

In the beginning they were not human beings, but they were the spores of human creation; spores made up of sparking of fire. They are engaged under the control of each Manu. Each of these produce seven types of human egos on earth and each seems to be fit to take up the work of each seed-group given.

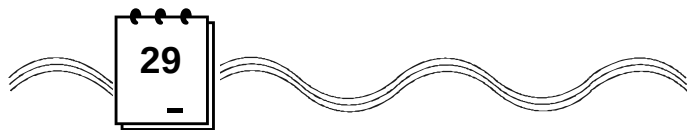
The four classes exist in every human being to work out the functions of the mechanism of utterance, self-protection, self-support and carrying the constitution through space. They lodge respectively in the head, arms, thighs and feet. Each individual is more stimulated in one of these operations when he develops into the teacher, the protector, the trader, and the labourer. Each is expected to find his place to serve the society by knowing the nature of his own stimulation in that birth. This is the concept as conveyed directly from the scriptures.

In course of time, the meaning is lost and the terms Brahmana, Kshatriya, Vysya and Soodra came to represent caste in India. Since caste is a blind birth-right, the terms lost their significance to the man of religion though they remained significant to the followers of the path of Initiation. The Scripture says "Everyone begets children belonging to the four classes and hence the division

is to be made according to the nature of the ego." The two applications are in vogue, while the religious application led the people of India into the same inevitable fate as that of the Jews. Now that the Jews are 'homeless wanderers' without a mother-land', the Indian also will have to face the same doom in future in case he does not honour the law of the four classes according to the esoteric application.

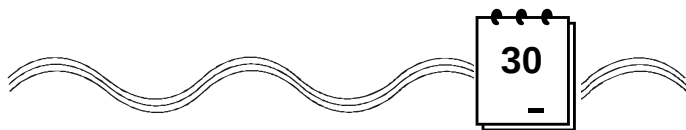
Much explanation has been given in almost all the Indian scriptures about the matter and it is given in unmistakable terms in the third book of *Mahabharatha*.

(To R., 12-7-1982).



It is a struggle between the work of God and work of Man made God. God's work is always characteristic of trial and judgement. Let God decide and we follow. God knows your heart and my heart because we try time with him there. Remember that we are children of the same father and travel together. May the lord bless us all...

(To C., 4-12-1982).



About the construction of the Temple, there are two aspects of it. The one is called the speculative aspect and the other is called the operative aspect. The first one is followed by the brothers of Freemasonry, Rosecrucian order, the Pyramid Brothers, and The Pelican brotherhood (leaving of minor organizations of a similar nature). The main object is to create a Temple on the mental plane by a group of people. It is an attempt to discover the oneness in everyone by mentally creating an architecture with geometrical, numerical and musical perfection. A procedure will be given to all to handle certain tools called '*the implements of Masonry.*'

For example, the *set-square* which enables us to construct a hall in space on the physical plane and to find out the accuracy of right angles between two walls. This is only a representation of the original concept of right angle that descends into the mind before it is prepared on the physical plane. The original '*right angle*' in the mind is only a representation of right understanding of others and

equal distribution of labour and remuneration between two people. The '*plumb*' decides the verticality of the walls, which, in its original, represents uprightness in attitude. The '*spirit-level*' enables us to make the floor horizontal, which, in its original, indicates equality with others in our terms with them.

Thus the construction of a perfect figure is attempted with the help of these three implements. The perfect figure known to man according to Plato is the *cube* which is said to suffer no inversion or reversion in which ever position it is placed. It is considered to be the unit of perfect expression of a trained soul and it is called a brick. Everyone in this creation is expected to prepare his own brick by cutting it from his own rugged stone (emotionally and intellectually rugged expression of life) and polish it. All are expected to bring their bricks together to build the temple of humanity through centuries and ages. This is one concept of building the temple (of course) it is only the skeleton of it that I could mention in this letter).

The second aspect of building the temple is operative and it is oriental in its origin. It is said in the scriptures "This constitution is the temple". This living being is the one who shines everywhere. We are only to remove the veil of ignorance to discover - I AM HIMSELF. Seven layers of walls are

constructed to represent the seven tissues of the physical plane. The entrance into the temple is decorated with a tower of seven floors through which we shine. A pilgrim (the evolving ego) is expected to go round the Sanctum Sanctorum before he enters it. This represents the Path of the Soul along the frame of the Lunar Mansions through the periodicity of the Moon Cycle (which is represented by one revolution of Moon around the earth and one cycle of menstruation in the woman to serve the periodicity of reproduction. Then the soul comes down to earth to enter into the egg in the uterus of the mother and this egg is described as an epitome of the egg of space in which the Creator has hatched periodically. This going round in Sanctum Sanctorum also represents the journey of the spermatozoon before it lodges for fertilization. At the entrance of the Sanctum Sanctorum, there is a vertical pillar called 'the Divine Banner' made up of little barrels to represent the vertebral column with the many bones. Through it the Divine Intelligences are said to descend in the form of the body of an Eagle, called *Garuda*.

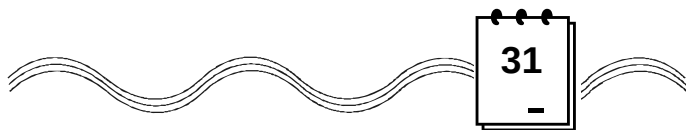
The eagle represents the assemblage of number-gods as the limbs of the bird. After descending you will find the whole constitution standing as the monkey-faced god at the base. He represents the descent of man through the stages of

the ape. Further, the eagle with its fluttering wings represents respiration and He is said to bring down the Lord to earth into existence on his back. The monkey-faced God is the fire that represents the vital body in us and hence is called the 'son of the Air God.'

The pilgrim reaches the place of the pillar wherefrom he peeps into the Sanctum Sanctorum directly. Then he is permitted to enter and have his own comprehension of what is there inside. This is the total concept of the Indian Temple and it is built in brick and mortar in India. It is said that people will have the sacramental value of getting their comprehension widened by undergoing the process so that they escape the cycles of birth and death to get the highest point of illumination through the evolutionary path. This is the skeleton of it and it requires such flesh and blood to be filled between the lines before you can speak with the one who is there in the Temple. Everything depends upon how much you want to know and when.

As you said, it is not possible for all Indians to understand this and practise just as it is not possible for all the Christians to know who is Christ. As you said also, the construction of the Temple is directly related to the Path of devotion (which is different from emotion.)

(To G.N.V.K., Srisailam, 10-6-1982).



May the Lord bless you and all our people there. Received your good letter regarding the invocation of Master C.V.V.

The Mantram runs as follows:

“Master! Please let me receive the influx of Thy plenty of prana into my system so that I may resist disease, decay and death, realise pure love, the highest truth and the bliss of existence and serve humanity according to Thy plan.

Namaskarams Master C.V.V.”

About the real significance of "resist decay and death" you asked me to explain. According to one of the closest disciples of the Master C.V.V. (His name is Master V.P.S. - Veturi Prabhakara Sastry). Resisting death means keeping the same Etheric Body through the next incarnation. This is what Master V.P.S. explained.

Master D.K. says, "It is better to cremate the physical body, so that we can detach ourselves from the Etheric body as soon as possible." It is also true. It is true that all people, leaving, whose etheric bodies are defective of their faults in life, and diseases

leaving their seeds in the etheric body. If the defective etheric bodies were left without being destroyed, they will stimulate only defective physical bodies in the next birth. Hence Master D.K., demands total destruction of the etheric body at every death. But when a disciple has perfected his life he becomes a Master. Before this he will destroy his astral body (not etheric body) and gets himself liberated from all the emotional prints on the adhesive astral plaster. (H.P.B. had her astral body destroyed long before she left her physical sheath and it is explained in many places in the works of Master D.K.).

After this the disciple purifies the seeds of karma, scorches germination activity of all man-made seeds. Then he becomes a Master. Then his etheric body is created in perfection. Master D.K. calls this Pure Supra Natural Etheric body by name, *Anthahkarana Sareera*. Then the Master can live in it even after leaving the physical sheath. Some Masters make a big sacrifice of preserving their pure etheric bodies and live in it for thousands of years. They mean using this body as a pure magnet to induce some magnetism in all those who undertake to serve humanity. Such a pure etheric body induces helping in all planes. Once such a body is prepared, certain Masters find it their duty to preserve it for the benefit of multitudes. This, they do even at the

cost of their future work. It means a great sacrifice, but there is no greater work than sacrifice to many Masters. Master C.V.V. has given this invocation so that the devotee should aspire for the same thing with the help of the pure etheric body, of Master C.V.V. Once when he was in his physical body, the Master said, "I pickup those who submit themselves to me and make them Myself." I think the matter is clearly explained.

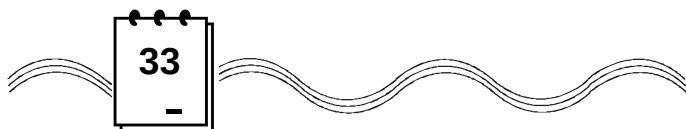
"I am surprised to see for the first time that your explanation is also according to the path of some Masters." You explained, ".... Don't let us leave this world in unawareness, with a deficient and decrepit mind, already dead to any thinking, etc." It is also correct. You can fortify it with the explanation of Sanatsujatha one of the four Kumaraas and a Brother of Sanatkumara. He explained, "A loop-hole in awareness is death. Wherever there is awareness it is life. Wherever there is unawareness, a breach of awareness, it is death."

This is exactly what you have interpreted. When a disciple has become free from all the seeds of his self-made existence in a particular life, and when his etheric body is completely pure, then he loses all pack and conditioning of his physical body, though he lives in it according to the purpose of life. Then it is neither life nor death and it is a continuity of awareness, "I AM". Here Lord Christ explained, "I

am the way. I am the life. I am the resurrection." With such people the dropping of the physical body is not existent at all. Hence it is not death. Therefore, they live with death through the various physical bodies. In this way your explanation is also correct, though it requires some more explanation in the above cited lines.

You feel you are killing me with questions. In fact such questions will make us live more in the Lord. Hence you are making me live more through such questions. You can ask any number of such questions. I am happy to answer them with satisfactory and tenable explanation.

(To Madam E.B., Liege, 25-7-1978)

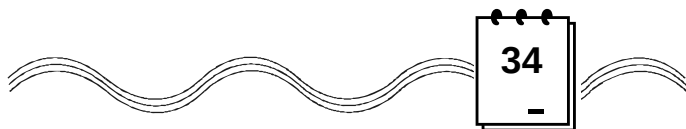


I know definitely that you are regularly receiving the energies induced and channalised by me for the health. You too know it. About your Karma, you are not expected to complain against it any day. You say that you see "my kind, sweet and sometimes smiling face." Nowadays I am keeping the "smiling face" more often and other "faces" I am keeping them in my pocket. About "the

old lady at the end of her days." I do not accept it since I do not accept the physical body as the sign of our existence. Your physical body may become old, but you are still a child. In your letter you asked me, "Can I make you smile?" But I am already smiling.

I have not constructed your Temple in my house, though my house is always a temple.

(To Madam E.B., Liege, 25-7-1978).



To the old lady at Geneva, whose solar plexus is blocked, ask her to meditate that she is sitting in Moonlight with in a blue lotus that surrounds all her body. Let her meditate daily for 5 minutes at the same time. Through you I will take care of her. She has not done anything wrong in her mediation. The suffering is due to the purification of astral plane. She can safely continue with the above said meditation.

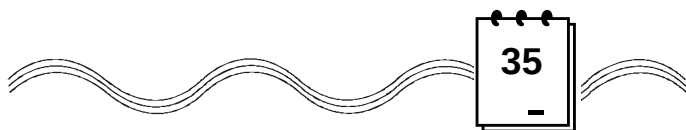
About our Homoeo Doctor, let him meditate upon his own breath for 10 minutes a day at the same time. Let him think of Lord Buddha in a lotus

in milk-white colour. Let him meditate this in the region of his chest, thinking about his respiration. Also ask him to write to me so that he may have better contact.

Very happy to know that yourself and Dr. H. are conducting Fullmoon group meditations. Hereafter I will join you in your meditation and cooperate with your plans and thoughts as far as possible. Convey my blessings and good wishes to our group at Geneva (which includes the group of the Tibetan.)

People may not go to India to see me. They can feel my presence by cooperating with the one plan of all the masters. In India, of course the bond of love and the sweetness of serving the parents is considered to be a rare opportunity to children. For the time, he is better (about father) the situation serves as a get together of all the brothers and family from the busy scattered routine. Everything has its own educational impact in the spiritual path.

(To Madam E., 26-3-1977).



The news of your sudden illness came from Emma Brahy to me as a dark cloud. I immediately offered prayers to Masters for your speedy recovery and release of energies and also relief from tension. I believe that the Higher Forces help you in getting a speedy recovery. I think they have much work to be done through you. They will heal and protect you.

However, I will send you the following advice. It is for you to observe it and keep yourself fit and healthy. You can follow his advice, after finishing the present treatment :

1) Relax your body for a few minutes in the morning and evening. While relaxing, you think of every part of your body and remove tension from every nerve and muscle.

2) Practise relaxed breathing. Breathe slow, soft and prolong. While breathing you try to listen the Manthram 'SO-HAM' in your lungs.

3) Stop medicines as far as possible.

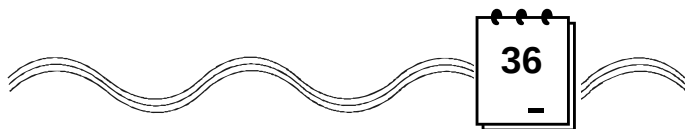
4) Take one tablespoon of honey mixed with

the juice of half citron and one ounce of warm water in the morning. At breakfast take uncooked vegetable, especially cabbage and other leaves of salad mixed with a little Garlic and Onion without vinegar. (If you are using Homeopathic medicines, garlic and onions should be avoided). With this diet and relaxation and also going to sleep early, you will recover soon and regain your normal state.

You know that Master C.V.V.'s invocation contains the passage, "resist decay and death." It means, making the etheric body perfect, and preserve it. This is your interpretation and I find it quite correct. It is corroborated with the interpretation of Master V.P.S. (a direct disciple of Master C.V.V.) According to this, you can put it in practice and resist decay and death.

Relieving of your intellect from any type of social tension is the key note of spiritualism. This process makes the mental plans pure, and keeps us live in the plane of pure mind and pure thought, free from the emotion of the astral plane according to Master D.K. Through this letters I invoke the presence of the Masters towards you in the form of fine lines of force, which heal. May the Masters bless you.

(Mr. A.D., Belgium - 31-7-1978)

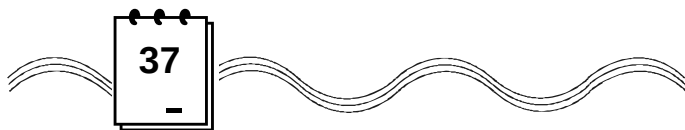


By the by, Master C.V.V. is the one Light, whom I follow. He is propounder of the same path as the previous Lights had shown to mankind. The Path is that of Raja Yoga profounded by Vedas, Lord Sri Krishna and Patanjali. Hence He is no separate God, though worshipped by His followers. Worshipping Guru is because of the tradition that Guru is Brahma, Vishnu and Maheswara.

H.P.B. means Helena Petrova Blavatsky, the Founder of Theosophical Movement, the Guru of Anne Besant and her followers. She is the gateway between the ancient Indian wisdom and the western mind in the 20th century. She serves the same mission as that of Sri Aurobindo and Swami Vivekananda. Since all these Lights come down to earth from the same Light, they never multiply any cults. Moreover, unlike Greece and Rome, India has no cult. It has only the path of Light for mankind to tread, the only path of redemption for humanity.

I too adhere to the same path as every sane Indian adheres to. But I believe in the many Lights coming down to earth from the One Light to lay the Law.

(To B.V.S.R., Kakinada, 3-8-1978)



The Finer Vehicles of the Human Constitution :

Place a regular cube of small magnet on a sheet of paper fixed on a table horizontally. What do you see with your physical eyes, you see only a small regular cube of magnet and nothing else. Now sprinkle iron dust on the paper around the magnet and tap the paper with fingers. The particles of iron dust arrange themselves into fine lines which show you a beautiful pattern. What do you understand?

The visible magnet is sending out invisible lines of force arranged in a beautiful pattern continuously around itself. The material scientist calls these only as lines of force and disposes the matter then and there. Then enters the spiritualist who understands that the physical magnet is making its presence felt round itself. Things which are influenced by this presence are called '*magnetic sustenance*.'

Now understand the physical body of a human being as a piece of magnet. Every unit of human body is constantly sending out its lines of force which we call the presence of that person.

Every person influences persons around himself in some way or other. We are familiar with the influence of persons but we do not bestow much thought about the nature of this influence. We know the existence of mind and thought and also the existence of emotions like affection, hatred etc. We know them but vaguely and we use them blindly so that the career of the individual runs of its own accord.

Let us understand things according to the Science of Spiritualism. The physical body is an organization of tissues made up of the minerals of the earth. The presence of each mineral is being exerted and the totality of the presence of the various minerals is working as the influence of that person. Thus we see the influence working as a separate body within and around the physical body. This body of influence is the subtler vehicle of man. In fact, it pre-exists the physical body in the mother's womb from the time of fertilization. The plan of the physical body is worked out on the subtler planes from the seed state to that of germination and growth which is nothing but the construction of the whole body according to the blue print already existing.

Every human unit is threefold in its existence, matter, force and mind. Matter forms the physical body, force forms the vital body, mind forms the

mental body which imbeds the higher intelligences under its own layers. These higher intelligences are dormant, the total is called the psychological plane of consciousness. Then the intelligences grow active, while the mind keeps tune with them in a subdued manner, it is called the soul-consciousness. All these layers of man are made up of one base which is pure consciousness and also pure experience. This base is ever alive as the centre of the individual and is called the pure spirit. This is the God in man, which is never conditioned by anyone of these forces. At a certain stage of evolution man believed that he is the physical body and mind and that he has a soul. St. Paul corrected this misconception by saying "*man is not having a soul, but man is a soul having a body*". This is the required step to achieve the final goal of human evolution which is the experience of the pure spirit (Christ-principle).

The Sun and the planets are also having these three counter parts, body, mind and soul. From each of the three levels they influence the earth on the same three levels. The planets and the twelve signs of the Zodiac decide the quality and proportion of the minerals required for the construction of the physical body of the individual. They make us know of this by their positions at the time of fertilizations and birth. These constantly

through the magnetic lines of force that are set up by the pattern of planets at the birth time. This pattern is seedlike in its nature which begins to germinate through the planned activity of the various progressions of various planets and houses. During the progressions, the planets meet and greet mutually in conjunctions, trines or squares which are generally called good or bad according to the results they produce. Those meetings and greetings are called the aspects between two planets. The succession of good or bad aspects that are being produced in a horoscope are planned according to the *Karma* of the previous birth.

Each aspect is said to produce it sown good or bad affects upon the individual, but this is not true. Each aspect gives a stimulation to the already existing tendencies of the individual. The subtler bodies of the individual are being conditioned by these aspects just as the cube of the small magnet is being influenced by the presence of other bigger magnets in the room. The lines of force produced by the stronger magnets place seven magnets of different magnetic force around the first magnet and see how the lines of force are being conditioned. In the same way the birth position of the planets form the resultant figure of the lines of force which makes and keeps the subtler bodies of the individual. Keeping the other magnets stable, begin

to move the central magnet and see how the lines of force are being gradually affected. In the same way the individual experiences the results of his past karma during the course of his growth and meeting the incidents around.

Each of the planets influences the physical body in producing the appearance and texture of it. Sun supplies oxygen, Moon supplies water by which protoplasm is prepared and made to reproduce. Mars produces haemoglobin with its iron element. Jupiter produces the arrangement of the elements into carbohydrates and phosphates which produce sugars, starches and the muscles. Mercury supplies the minerals into fertilizing vehicles and Saturn supplies the carbon required for the resistance and the production of the harder tissues. This is the influence of the planets upon the physical body of the individual. The positions of these planets at the time of fertilization produce '*the map*' of the individual in the heavens, the print of which is received on earth at the time of birth. This map is everchanging since the planets in the solar system are ever moving each atom of the matter on this earth. While the orbit of our earth's rotation around the sun is slowly undergoing its own horoscope progression due to the gradual shift of poles and the precision of the equinoxes, the

temperature on the various parts of his earth is gradually being changed.

The shift of poles and equator produces the constant formation of new torrid and temperate zones with the corresponding changes in the mineral kingdom. This in its turn, produces the change of the species which causes the anthropological changes through sweeps of time. This causes a constant change in the reactivity of the earth and its atoms to the various planets, which in turn, cause a constant change in the astrological phenomena to the beings of his earth. This always keeps an element of variability in understanding the effect of the planets on the earth and the beings thereupon. Thus we see that there is always a scope for doubt to the mundane astrologer, a scope for constant research and better application for the master-minds and a spark of mystery and unpredictability to one and all. This point is to be included during the investigation of each horoscope whether individual or national.

An individual should always be remembered as a representative of the century and age. For this, the ancient masters of wisdom have invented one branch of investigation in astrology which deals with the properties of the various ages and their sub-divisions. The division of time into Yugas, Great Years and the Zodiacal periods gives us an idea

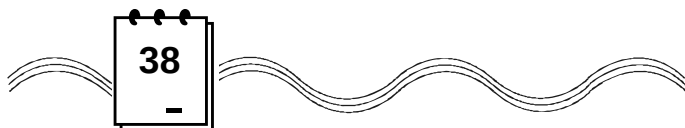
of the back ground upon which we have to study the reactions of the subtle vehicles of an individual to the workings of the planets.

The subtler vehicles of a man pervade the physical body and also exist permeating it. Interpenetration of one vehicle in all the others exists in all its thoroughness. Each vehicle reacts in a different manner to the same set of planets and the zodiacal signs. The consciousness of an individual generally works active in one of his vehicles, while the remaining vehicles lay dormant and escape the range of his consciousness. Still each vehicle carries out its own legitimate functions irrespective of the individual consciousness. As the heart circulates blood and the lungs respire even to the sleeping man, the other vehicles go on doing their work irrespective of the awareness of the individual consciousness. The deputies of the planets are always aware in him in the form of the various functions of the vehicles. As the individual consciousness begins to learn turning with the environmental spiritual forces which work through other persons and incidents more and more vehicles of the individual begin to get activated.

Whenever a new vehicle comes under the awareness of the individual, there is the birth of a new comprehension and the dawn of a new horizon. Such a new awareness causes the

individual consciousness switched on to the new vehicle while the previous vehicle goes out of the range of his awareness. A man of mundane values when grows spiritual, learns to take less interest in little things and leaves them to themselves. When an emotional being happens to get the awareness of the intellectual functions, he stands stronger against the confusion of emotions and grows more sober and level headed. When the man of the intellectual plane gets awakening into the buddhic plane, he is relieved of the reactivity, grip and tension of the intellectual plane ever at work with business and social affairs. Soon he learns to get at the spiritual level in the Buddhic Plane when he learns tuning. This is the real beginning of yoga practice which takes place irrespective of his constant practice of asanas etc. This tuning relieves him of all the burdens of the environment in all the other planes. Such a one works with mastery in his own plane which is the highest. This is only the beginning and not the ending of yoga. The next step is the tuning of his consciousness to all the existing planes simultaneously. Once again he expands into each and every vehicle and its functions which he has crossed and come out previously. This is called the sacred descent of the yogi into the world of brotherhood. From the highest divine experience down to the physical

plane of planetary action, he is present and begins to act in all the planes of his vehicle and transact with all these vehicles of the other beings. He is the real brother of mankind and a specimen of Master hood. He works with one and all simultaneously in the required manner individually.

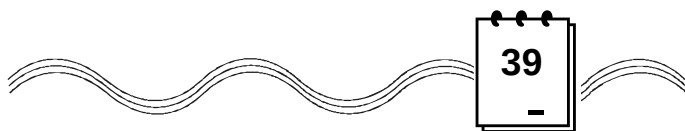


My blessings to you, and your wife I am very particular of the fusion of East and West Brotherhood among at least four people is necessary to think of international brotherhood and spiritual fusion of East and west. I want to see that there should be no limitations among you four, so that you may expand and have good resources to work in security. I think you appreciate my attempt.

Work or holiday, both mean the same to me since I do not like to have a holiday until you are well developed in business and spiritualism. Remember the strange law in Nature, that whatever benefit is due to an individual it will come to him without fail but neither more nor less. The rest of

the human activity is only a psychological struggle and emotional confusion. Let my four people understand this and work out the real steps of human values and human development. If I have my true love to you four, it is my duty to see that you develop, unite and provide each other for a further expansion of yourselves at least. So I am happy that you are developing in the line though it is a bit slow.... Convey my blessings to one and all.

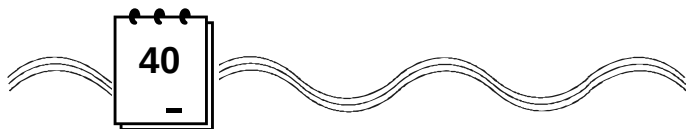
(To M., 8-7-1976).



May the Lord bless you I explained to you that I am suffering not from want of money, but from want of communication with our people there. Something is missing and the correspondence is missing now and then. I am working very hard to spread the dispensaries here and to serve the sick people of the various places. I believed in persons like you with devotion and good heart. I do not believe much in constructing Ashrams for which huge funds are to be collected. For some people ashrams exist in brick and mortar.

To me Ashrams are living beings with devotion and service. Believe in service and human relations. Do not believe in collecting money and building ashrams. Every house must be an ashram with husband and wife as co-devotees and co-workers in the service of humanity. Let us be among the worldservers, who work for the lord. Even in the past I was not very much fond of Ashram and its construction.

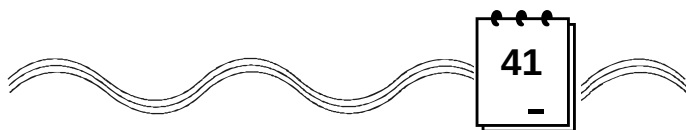
(To J., Liege, 18-6-1980).



My blessings to you and whole family... From what I know about you. I expect the required resistance and courage to receive the incident of the physical demise of your Father. To the memories and affections, presence is the same whether there is the physical body are not. Your are blessed to have the same affectionate presence of your father, since you could not witness the physical body after it was dropped. Spiritually speaking, I think it is better. Let alone, the mundane ethic of physical duties, memories and affections remain forever

since they belong to the heart and not to bodies. What is additionally required in your case is, a grain of resistance to receive the trend of things. I do hope that you have it. Father is with you in your heart as memory and I heartily push you forth into God-speed and progress with my blessings. I wish to know about you and the trends of things from time to time. Blessed are those who believe. We all believe in the Holy presence of H.H. Sitarama Yatindrulu.

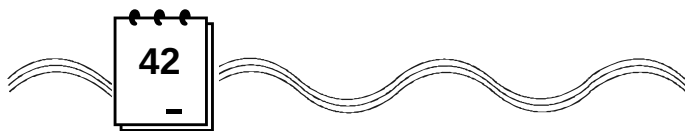
(To H. A., 10-6-1982.)



May the Lord bless you..... About the article on '*Last Rites*' of the Herald Tribune, I feel it as one of the many psychological peculiarities that crop up among the humanity at large. Still there are such things as relics of the Ideology of the age of Pieces, about the fairy tales of death and beyond. Now that the phenomenon of death has been scientifically explained by H.P.B. and A.A.B. in the light of the scriptures of ancient wisdom, we need not take notices of the validity of such peculiarities.

Tight corners will be there to make the Indweller expand. The result of every such expansion will be more light, love and power emitting to join to from a better net-work.

(To R. Geneva, 5-6-1982).



May the Masters bless you Just now I feel like writing to you about the same things since yesterday morning, but now I am glad that I begin to write after receiving from you.

1. You say you have no idea of the way how Masters and disciples behave with each other. The greatest privilege of a disciple is to behave in whichever manner the disciple likes with the Master, if at all he happens to be a true Master, free from all reactions. Your openness in discussing things is the greatest of all qualifications of a disciple.

2. Master never put all sorts of negative ideas in the mind of the disciples. They only help souls to come out of the net-work of their own negative thoughts and environmental thoughts. This you can

be sure with any true Master of any true spiritual path.

3. No Master either orders or allows a disciple to do unspiritual things to test the disciple. If you go through the discipleship of Blavatsky, A.A. Bailey or any disciple with her Masters, it will be clear to you. Many people have many immature thoughts about Masters but a Master treats the disciple only just as an Indian parent treats an Indian child. The bondage between both is only pure affection and nothing else.

4. It is quite natural that the mind is some times tormented by negative and silly thoughts but the cause is the association of our deeds and thoughts of the past, and it is never the wish of a Master to complicate the path of a disciple. In each month, the mind is clear and fresh some days and confused of little thoughts some days since the moon stimulates the good and bad karma of the past. It will be so until you cross the intellectual plane and attain Mastery over the buddhic plane. Then only you will be free from planetary influences.

5. You say you have chosen a way with blind eyes. You are never blind just as any other child of God. God heals blindness of souls and you read about it in the incidents of Jesus Christ. God gives you the holy sight which is His own light and which

we call from a distance 'common sense'. It is with you as it is with me. You can grow with it since I have grown with it. *Any thing against common sense is incorrect and unspritual.* This You can be sure as long as you keep no obligations with others in thinking. (Ofcourse, you need not be harsh with anybody in your direct thinking). You have already studied very closely when you lived with me for days and nights how I think, decide and do things. It is the same way I show to you if you believe, you follow me.

6. You write about your negative ideas for me too. Yes! But it is a pleasure to a parent to see the negative ideas of a child for him. Do not feel for it since I do not feel for it. You say you directly refer to Christ. It is the same thing that every Master and disciple does, let it be any name or any cult. Since I know the way how to do it, I give you the way.

7. "Masters try to denigrate one another to take others' disciples away". This is only a poor political idea of Masters. First of all, the Masters have no interest of their own and what interest they have to own or possess disciples. Is it natural that a hen possesses an egg to cook and eat ? If anyone has such idea, he might have mistaken a possessive person to be his Master. When you read the books of Blavatsky, Bailey or Theosophical literature about

the Masters, you do not find any Master speaking bad of another. Further, the work of Masters is supplementary to one another on the higher planes. One Master lends his disciples to another for human uplift on the social, religious and yogic planes. The Tibetan is a disciple of both Master K.H. and Master Morya. There was no struggle between the Masters for the disciple. Moreover, a Master goes on helping individuals whether they think themselves as his disciples or not.

8. My ironical remarks about were only about his weakness on the sexual plane which caused the life of a young lady spoiled. I never speak about his work and disciples. I am concerned only with those who are True Masters and I am not interested at all with those who are not.

9. "The only way of having happiness is to forget oneself completely." Yes! You are correct but you think it is too difficult. The truth is, it is subtle but not difficult. Mental plane and intellectual plane are always confusing and it is the case with everyone before getting a mastery over them by experiencing the buddhic plane. Time is required for practice. Perfection is a gradual, though not a slow process. Spiritualism is skill in serving the human faculties with skill and it is not a served table. Remember, that the enjoyment of delicious

meal is only after inventive cooking with practice and patience. I remember you have learn a part of this with me even in cooking.

10. You say you feel like a prison. It is the case with the majority of spiritual souls in the occident. Even in India, it is the case with the westernised families. The environment is too powerful with intellectual competition. It cannot be attacked but it should be neutralised. Do not get the idea of retiring into the heart in quest of peace. The process is inclusion and not exclusion. Serve others without minding their ideas. Listen to what they want but not what they wish.

11. You can continue the training of keeping of meditational triangles with other groups but you should not submit yourself to the vagaries and immaturities of " those who are for the Masters". You can directly submit yourself to any unknown master who knows you. At the same time you can co-operate with the colleagues of any spiritual society. Let nobody decide for you except yourself and since you have yourself submitted to me, you can seek advice from me. That too, as long as the advice is not against your common sense. If you face any opposition from any group, it means you have to meet them more skillfully and no opposition is needed from your own side.

12. You say I feel more happy to see my wife and children after three months. In no occasion, I am more happy and less happy since I know what is happiness. If you feel anything more happy that means your emotional plane (astral plane) is having that ebb and tide of the planetary effects. You will be soon out of it when you live above the astral plane. It is time now when you can read about the Astral Plane, in the works of C. W. Leadbeater, W.Q. Judge, Annie Besant and Bailey. Astral plane is not all spiritual and it is detrimental to spiritual tranquility until you gain mastery and make it a pious instrument.

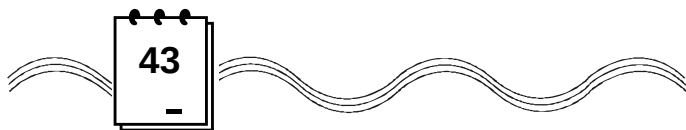
13. About Malon, such things are very common and do not get worried about it. It is all a play of the astral plane with its pairs of opposites, attraction and repulsion. Do not go into the reasons because it is her concern and not yours. You can take up the work of translation and no second thought about it. It is natural and legitimate to think that you would like to learn lots of things so as to become efficient to do my work.

14. To think that I have no time to care about all the little things about your affairs is not correct. I have time to think and decide for you as I have done with many. Be sure that you can refer to me for anything you want without any consideration.

15. You feel asleep after your mediation. That means you are physically a bit weak. Within a short period, the Master will complete the course of supplying ethers required for your physique.

16. Remember always that your frankness is your path to your light. Convey my blessings to all the souls of our Brotherhood.

(To C.C., Geneva, 13-9-1974)



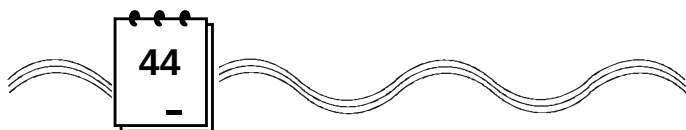
May the Lord bless you! The practice of combining colour and sound while breathing is the only one that makes you find the way into yourself where THE MASTER rests. The delay is due to the many things you practise with the sound OM and the sunrise colour. You need not undergo any other training. What I advise you is to follow this practice of breathing along with the meditation upon colour and sound. Do not think of each chakra or kundalini, because they do everything for you if you are composed in your breath. If you begin to experiment with many things, everyone is good but

it takes a longer time since you will have cross-currents. If you want to do *tantra-sadhana*, you choose it and leave all other things. Then I will be able to direct you. If you want to follow *chakra-sadhana*, leave tantra and other practices and even then, I can direct you. Let the practice run in one particular line, so that every part of your body, senses, mind and will are charged in the same direction.

You say you wish to grow closer to God. You are made up of God and every atom in you is nothing but the play of God. If you are in constant awareness of Him (and not the tantras and chakras), He will be with you always. If you are aware of the chakras, God is felt by you not as God but as chakras. If you meditate upon Kundalini, then God appears to you not as God, but as Kundalini. Hence God waits at your door as Omnipresence until you choose and learn to choose Him. This advice may not be readily palatable to you; but one day you have to choose Him in the place of everything you value. If you have value upon God, and also value upon some other really valuable things, (non-God) then the non-god in you remains as a vacuole of yourself, your own existence. Read these lines repeatedly and try to understand what I mean. I mean only that God means, because I mean nothing else.

I feel it good that you want to have a lady for yours. Children will be the consequence. Every deed has its own results and so too Your relationship with a woman. If you desire something you should be ready to accept the results gladly. I wish you all success.

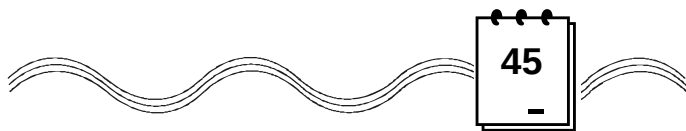
(W.B.K., New York, 18-6-1979).



My blessings to you. No need to feel discouraged or confused about anything. Everything goes on according to Master's will from the moment you are aware of the Master. Everything will be happy from the moment you begin to keep mind calm and understand the Omnipresence of the One Lord in everything around us (*Vasudevopasana*). The failure of cases may be due to the ignorance of the one doctor or the other, but it is more due to the stars of the patient. Remember that you are also implements of the planets, who are, in turn, the implements of God's Will.

Accept as G.P. for some time and flow the tide of events to complete a period of about one year more after which you can find your own institution with its doors open always. Having taken a fight into the wider world, for experience, do not fear the heights or depths of the horizons you are expected to travel. There may be any new dawns followed by old dusks opening everything that you feel objective until you feel everything subjective. The Law governing matter requires moral law to protect the body and keep it in good health. Spiritual Law expects moral obligations towards body and mind with regards to food and rest. Be alert and grow aware of everything, you will find energy being supplied from your own source.

(To Dr. N.P. Kashan, 4-2-1982)



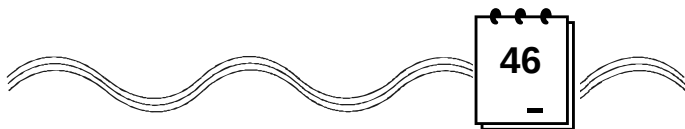
I am in contact with you whenever you are conducting your experiments. Whenever there is a delay in my replies, the Mandra Scripture will answer any one of your questions, as you know it already.

About the workings of the Kundalini in your chest and Muladhara, it is very good and there is nothing wrong in what is going on. Your astral body is much oppressed by the tension of the inner worlds and it needs good relaxation. Meditate a rose coloured globe of light around you every day for five minutes. Your present difficulty will disappear, and you will be happy in no time. Continue the same breathing exercise and try to observe the operation of your breath inside you. This will heal everything. No doubt there is jealousy in this world also just as there are many other things. It will go away if your mind does not take notice of it. The idea to create 'The World Sound Poetry Trust' is really good. You can have my name included in the Advisory Board of your trust. My blessings are always there with you and I am always ready to give any advice. If possible, you drink the juice of one lemon fruit every morning mixed with one table spoon of honey. You will find your legs improving. Your meditation also improves.

As you say, many people now a days are after success and power. Success depends upon how the word success is understood. If it means, the result of what you do, it is not correct. Success means doing what we want to do and not a result. The idea to help humanity is itself a success in its real

sense. The time is ahead when man will be forced again into the simple way of living. May the Lord bless you.

(To W.B.K., New York 27-4-1979)



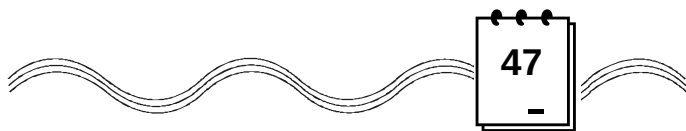
My hearty blessings to all of you on the Eve of X-mas. May the Lord Christ bless His sheep, and shower His blessings so that there may be no Sheep that escapes His rod. May all the sheep be tended to the One vineyard. The Light dawns before the inauguration of every morning of God, which coincides with the morning of 22nd December every year, to the children of mortality.

The years of trial and tribulation purify the minds so that the minds merge in their hearts to unite with the true heart of humanity which is with our Lord Maitreya. Let the scarifies of personal interest should be the crucifixion on the altar of public interests in an international scale in the place of our earth upon which all the physical heads bend on '*the Day of Judgement*'. and that is Golgotha. "I come down to earth to redeem you all" is the

promise of the Lord, which stands for ever. May you vindicate His promise. "I return to My Father in heaven once again" is the one warning given by the Son of God to sons of men. May you return along with Him to the Eternal Kingdom through the way shown by Him, who treads.

May His foot-steps show the path to you all. I stand here to guide you on the Path until you are safe. This I do against misunderstanding, lack of faith, and personal independence. I learn to reciprocate the sweet grapes from His Vineyard to what all you give to me in the shape of your behaviour - once pleasant and then unpleasant. May you live long with sound health of body and mind, to make your life His prayer. May the light dawn upon you ever and forever. May the star shine upon your heads, and lead you on and on until you are The Path, itself.

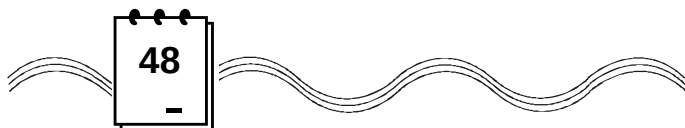
(To E.N., 08-12-1977)



My brain, along with yours also is growing old. It doesn't matter when we understand each other well.... Nowadays I am learning to be selfish - that means I am not able to contact V. as conveniently as I could in the past. This is because of my increasing bulk of work in my daily routine and also due to the work of the domestic circle, old age and poor health of father - additional phase of work prescribed by the planetary spirits for the apprenticeship before we enter into a New Temple with its two pillars at the Gate, Boaz and Yachin. You will find the names of these two pillars in the description of Solomon's temple in the Old Testament. The name of the first pillar means 'Strength' and the second pillar 'Stability'. And there is a Portico with the Arch which includes 'The Scripture of Heavens' which means our own life and the journey, which the planetary spirits give us as some of our Masters. When we try to escape our duties, the planetary Masters threaten us that with what we call *fate*. If we keep our mind prepared, the masters will guide us and show us the way. So I am forced to devote more time to my domestic duties, without avoiding the regular duties

to others. This is only to give you due encouragement as to how to do it for yourself and how to take your journey of life along with mine for a longer lease of life as demanded by the planets. May the Masters bless you.

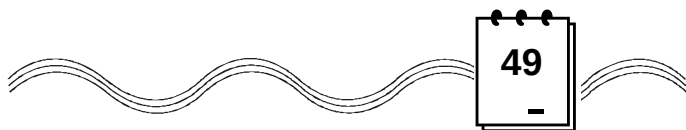
(To M.N., Liege, 31-10-1979)



May the Masters bless you.... Stop visiting psychiatrists. You are better than any psychiatrist. About your proposal to come to India and stay with me for some time, you are welcome. Be sure that you do not suffer from change of climate, habits, environment etc. Above all you will be in my presence. Do not bother about spiritualism and path. It is only a name. If you begin to live happily and with ease, it is called spiritualism. Since it is customary to the western mind to think of very special terms about spiritualism as if something strange out of the way, you are thinking in terms of some discomfort about it. For us Indians, spiritualism is in no way different from daily life.

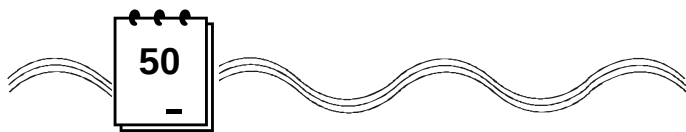
Therefore, forget about the word 'spiritualism' and proceed according to the plan which leads you. The psychological struggle you feel is only due to nervous weakness in you. The medicines set your vehicles right, when your mind feels happy. After all the mind is a product of the various forces working either in equilibrium or otherwise.

(To C.I., France, 15-3-1978).



May God bless you and your bridegroom. I hope that by this time you have plenty of hair on your head once again ! Then you'll be able to meditate with many ideas in your mind. I know that you are always anxious about something. Then how can you meditate? Leave off everything to Him and you will have a clean, sweet mind to meditate upon. Remember your mind is the Lord, Himself, when it has no hairs within. It is for this reason, Lord Venkateswara asks us to give Him all the hair (not about the head, but within the brain cells).

(To Mrs. K.H.R., Tanzania, 8-1-1980)



May the Lord bless you, in all your undertakings.... With great interest, I have gone through your Poetry and your Nuclear Prayer. The fertility of symbolism in word, letter, sentence and import along with the hiroglyphic process of arranging the matter on paper, all speak of the essential features of the age of Uranus.

***As above, so is below* speaks of the concept of your identity of the nuclear unit with the astronomical unit. The consciousness in you partakes the nuclear muse of the aquarian age. Everything is worked out and it requires the background, that is tranquility. Dynamism requires inertia to poise. The matter in man is every moment being lifted up by the consciousness in man. The consciousness in man is ever clothed by the matter in man. But as long as the identity of consciousness with either activity or inertia is there, there is no poise. The two poles should contribute to the fulcrum, the equator. Without this, the *Tamas* (inertia) in man, pulls down the consciousness to slumber, sleep, coma or death. Without this equator**

consciousness, the *Rajas* (dynamism) may shine forth burning away the subsistence of man in the form of neurosis, psychosis and craze. So what is required is *Satwa* (poise), the Equator, which means the tranquil background which is yourself. Let the background not be eclipsed by the activity of the either pole.

I have gone through your daily routine and it is good. I find no reason to change it. At the same time I mean to suggest to you that the routine should belong to you and you should not belong to the routine. What I mean to say, is, let your routine-mindedness not top your aspirations. For example, you consult the Tarot daily to see what fate is in store for you that day. Of course, Tarot is a glorious sign, but it is because that the authors of the Tarot were the Masters and not the slaves of their own system of Tarot. Tarot creators were never tarot-minded or tarot-conditioned. Then came tarot from their mind as a revelation.

You know fully well that you are not in any way obliged to the skeleton in your body though it forms your subsistence and expression. Man is not the anatomy, but man has the anatomy working in him. Do consult the tarot, but do not give an acceptance to your future according to your that day's tarot. Future is in you as the Lord, Dweller,

the Omnipresence, who shines forth as the burning bush, "I AM THAT I AM". Do not submit him to the rules of any tarot.

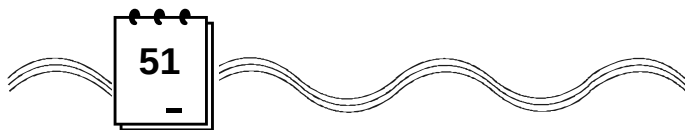
Since you ask me I say, I guide you. Here is the first lesson. Sit at ease, close your eyes and mentally remove any tension from any part of your body. Make every muscle and nerve relax. Then begin to inhale slow, deep and soft. Observe your breath while breathing in and question to yourself "Who is breathing?" Then begin to exhale slow, deep and soft. Observe and question, "Who is breathing out"? Repeat this process for three consecutive breaths. As you understand day by day, who is the one breathing in you, for you, you can increase the number of breaths and this is the process prescribed by the ancient seers. Ancient seers who had neither theories nor discussions but who had the truth of themselves, the I AM in them. Begin to follow this for one month and write to me for what you feel to know. It is better to practise this during the sun-rise hours, but if you don't feel convenient you can choose your own time. Let the same time be observed every day.

You wrote something about the tatwas and the Anahata Chakra. They are there in you, but the names given do not belong to those places and functions in you. Therefore, forget about the names

and let the centres in your manifest the splendours they have. Enjoy what is given for you within. Let technical terms not come in the way of your experiencing the inner truths. Many are the terms and many are the teachers who can successfully confuse you. But the holy scripture is there in you, shining beyond name, ideology and personality. Submit yourself to it and offer your services to others, who are suffering in the name of that scripture, which shines through you. This is the A and Z of the path shown to us by the seers, (not scholars). Follow the path and you will be the one who treads the same path. The word 'Thathagatha' means the one who treads the same path.

You need not bestow much thought about your Christian Guru or C.G. This is because you receive your light from the scripture within and you will find that it is fulfilled. "So, it was written, Thus it is fulfilled," is the mantram given many hundreds of times in the Old Testament. Also the scripture warns that "Many of those who come in my name". Many are the scholars, many are the schools of thought, that blur the mind to form a thick film of intellect between you and your Lord. You can write to me whenever you feel like doing it. May the Lord shower His blessings upon you.

(To W.B. Kern, New York 2-1-1979).



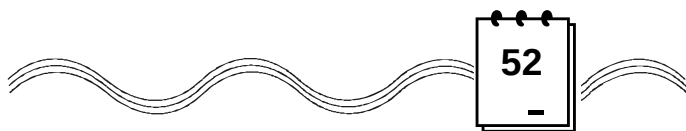
May the Lord bless you and your children. Received your letter with all your sentiments and thoughts about your present life. Everything that has happened is for your own good. It is true that you are free now than before. Let things move smoothly until you completely come out of your legal bond. Remember that God provides, but man proposes many things. The proposals of man entangle him in his own complications, while the gifts of god always stand at the door. They wait for the human being to receive and enjoy.

God gives to enjoy, not to handle things. Now you live a calm life without handling your own circumstances. You are going to enjoy the gifts of god.

Whenever you make yourself busy with your proposals you will not be in a position to enjoy God's gifts. Receive everything that comes. After one year you will begin to receive the gifts of god. Before that you will receive the results of your past. Only when the results are exhausted you will be able to receive God's gifts. When you receive, learn

to enjoy them and not to handle them according to your own plans.

(To Madam Y.)



May the Lord bless you. You say that your house is very empty and there is no centre of interest. I do not accept. The fact remains the same as it was till today from 1972. That means the Master is there in your house, whenever you want Him. You can find Him with you in your room. You have experienced many times previously, but now you say that the house is empty.

Remember that the Master is not changed. He is the same being, who is helplessly striving to answer the needs that are immediate in the domestic circle. If you mean my physical presence, it will be there in the early three months of 1980. If it is the real presence, it is always there with you. Keep mind calm and you find Me talking to you in your kitchen.

About others at Liege, I am not knowing anything. If you find people changed in their attitude, you can ignore because I am always with you. To me there is no question of prestige or money. I have always my place in your heart.

You expressed that you have gained mastery on yourself. This is what I want. It is for this that I create situation. Many times I was rough with you and used bad language as upon my child. In your kitchen many times I scolded you for the many headless things you did. This is all for the same achievement, your mastery over yourself.

I told you many times that I believe in individuals, but not in groups. It is very good if well-trained individuals from into a group. Even then I am attached to individuals, not groups. Daily I pray for the health and ease of our beloved

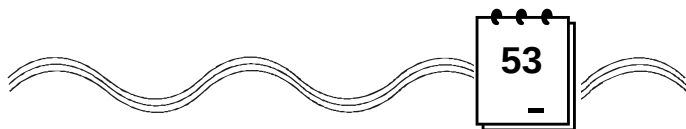
Civility of behaviour is also the one thing that the Masters care for. If the other person is one with you, you need not care for behaviour. If she is distant from you, you have to shower more love and more politeness. This is what the Masters teach us.

When Life is a game, you should take everything pleasant. No doubt the sportsman runs, pangs and gasps for the game, but he is always

happy about it. Do not get disheartened. Try to suggest it to the father in my name. Yes! To be a true mother is a great suffering, but I say to a true mother it is not suffering.

Life in occident becomes terrible. It is true but it is not in your case. Life in orient is also so much terrible. I too join hands with you to offer my S.O.S. to the Masters and the Lord to come down quickly to earth and lay the Law.

(To Madam E.b., Belgium, 24-4-1979)



My blessings to you. You love to become an Indian. Yes! Let us love to live as brothers on the land of Bharat. (India is a name given by foreigners to us while Bharat is the name inherited by us in this land). The land belongs to the young souls who come down to this land to serve. Service is universal as music. Let us begin to serve our brothers who are being confused by the religious and the political strings of the decades.

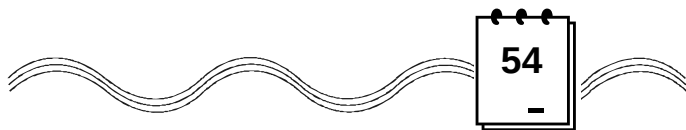
Let us belong to the One Dharma that makes us offer food, clothing and shelter, to the living idols of God on this land. A need is a real opportunity. The need invited me to the Brotherhood, other countries and the same need finds you also very soon. In the meanwhile, let us do the work together. Let us believe in supplementation of energies, complimentation of abilities and sharing of resources.

By separate post I am sending you the information of our activities which may supply the required direction in putting forth your abilities.

May this also serve you as a link that exists between us ever and forever. It is enough if you know that you are not alone on this land as far as you extend your hand to the comparatively eager section of society.

The path will be shown quickly but gradually, and when we begin to follow the path there is the illumination which makes us identify with the path which can be followed by the juniors.

(To P.R.G., Badagara, Kerala, 9-11-1981)



Telepathy works harmoniously only when the body and mind are free from nervousness and restlessness. The more we keep the conditions of health and rest regularly, the more it begins to operate.

2. Your feelings of inability to do spiritual work is because of your physical weakness. I prescribed a little of yogic exercise on the physical plane along with your meditations. Remember the few asanas I prescribed to you and the type of meditation which I was explaining in all my lectures. Please follow it regularly and you will find wonderful within a few days. You remember the following lines in the Mandra Scripture: " Doing is life and done is death. Keep the prescribed things doing and it is experiencing the results." Karma Yoga is the only key to unlock all the branches of yoga.

3. Listen to the remarks of others about your meditation and solar plexus. Do not respond or react to it. Always respond with the "I AM" in you and nothing else. Care for others but not for what

they say. As long as you respond to the I AM in you, you are on the upward path. The moment you begin to think of others' remarks, you will slip down to your solar plexus or even lower. The same thing holds good with people surrounding you and giving you lots of spiritual advices. It is true that all those who surround you are the various forms of the Lord but this is true only when you are above your senses and mind when you live in the I AM in you and all.

4. About astrological predictions concerning those who follow THE PATH, you read the appendix given in the last chapter of *'Discipleship in the New Age'*, Planets cause predictions to ordinary people. They begin to guide into the new path without allowing predictions to precipitate in the case of those who follow the work of the Masters. Hence no predictions to you hereafter. You will receive only instructions as to what to do.

Marriage is a Social and biological companionship which should be kept sacred and pure and away from personal emotion and attraction, Whenever a man expresses desire for a special relationship with you, consider the following points :

a) Is he free from motives and not blinded by animal touch?

b) Is his mind and intellect in tune with yours about the path of the work you have chosen?

c) Is he physically and mentally healthy?

d) Do the family conditions show the store of evil karma and unavoidable limitations and consequences? If you are satisfied that he is free from the above factors, then write to me. I will guide you how to behave and decide.

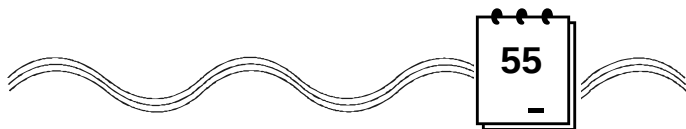
5. Concerning your parents. Let them decide for themselves and let your opinions not work in their way. Remember that harmony and happiness should be achieved by oneself and cannot be provided by others. In your attempt, you may be harming them instead of helping. Leave them to themselves. Do the needful to provide them what they want. I do not at all recommend the method of yourself keeping away from them since it is not needed. If you keep to the practices I prescribed for you, you will not be affected by the presence of anyone.

6. It is good that you begin to build up a W.T.T. Centre in your place. You declare your house open during certain timings for the work and wait until it comes. Do not try to induce people and force things in any direction. You inform them what you know as good. Wait until they want something

through you. That makes a good beginning. In the meanwhile, be confident that I am always with you. You conduct your meditation programmes in your place during those hours. It is not true that your intentions are not good. It is true only that you are strained and a bit nervous about what you have to do. Feel peaceful, happy and playful to the core of your inside. Then people begin to get attracted to you without their own knowledge.

7. About the translation of Spiritual Astrology, wait until I tell you. It is rather a complicated book which requires many types of explanations and many branches of the wisdom of the Masters.

(2-3-1976)



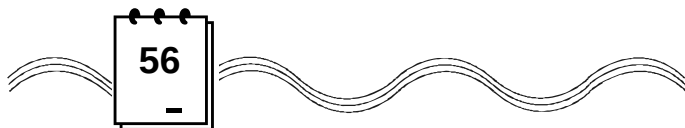
I hope you are fine with your work and the members of the brotherhood. I do hope that you are maintaining congenial relationships with the organisers of the various other spiritual societies who demand your work and service. That is most important and it forms a part of your spiritual self-

discipline. Do not feel inconvenient with anyone though his behaviour is a bit queer. Psychological mechanisms are like cut diamonds with sharp edges. You have to ignore them and proceed with the spiritual attitude which is but a diamond of light and not a physical diamond. Keep your head cool. Of late, I receive your disturbed moods and some inconvenient thoughts about your environment. Do not fear anyone. Do not have any obligations with anyone. I am always in contact with you to transmit what others require through you. At the same time keep relations cordial, smooth and soft with others. It is possible only if you worship the love in you, which call the Lord Christ who is the present World Teacher.

Convey my blessings to all our people. I am herewith sending you the fullmoon meditation for the month of Aquarius, which is the you most important of all the twelve for our group. It seems the Brothers at Liege Centre feel interested to explain things more elaborately and for a longer period of time during their gatherings. Yes! They are more informed about the writings of A.A.B. I am therefore sending you the message for the Aquarius fullmoon in a more elaborate manner. Please translate and send it to the centres in due time. I hope by this time you have received my Christmas

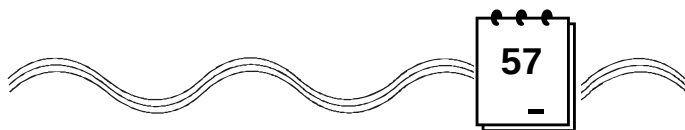
message and the fullmoon message for the month of Capricorn. I Wish to hear something through your letter about the welfare of your mother and father. May the Lord bless you.

(9-12-1974)



As I told you, you are always there “in my pockets”. In the spiritual path, love should be an affection and not a sentiment. It should give only an experience of presence and not a feeling of separation. The affection should be distilled away from emotion through the light of inspiration to find place in devotion. It is the essence of the Teaching of Lord Buddha. We need more and more purification in the light of Buddha. Let every memory be sweet and pure enough to find place in the Eternal light that shines through the six-pointed star, that came through the Brilliant Elephant into the mother's womb in the name of Buddha.

(To P. and V., Belgium, 15-12-1981.)

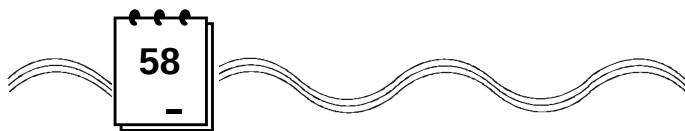


I hope you are fine with all the usual activities. I am very happy to note that you are receiving your spiritual training through a most natural method. It is what I desired about you. As you come closer to me, you find that I am already close to you. To live in the present is the only thing required and the work is finished, the moment it is achieved. I hope you are having regular contact with our brothers at Liege, Lyon and Geneva. Convey my best wishes to all of them.

You talk of committing mistakes but I remember only you and not your mistakes. My contact is that of the heart which remembers hearts and not the minds. Yes! It is true that you learn to live with me through distance. May your mind be filled with the Lord of love who is the present Christ of the toiling humanity. May He shower His blessings on you on the eve of Christmas. May the Christmas bring you sweet fruits of your vineyard and the bakery of your spiritual bread. Let Manna shower in the garden of your life by the dawn of the present Christmas. May the virgin Mother

Nature in you conceive you as soul and give birth to Him as the Child. Let there be the re-birth of the celestial child of the virgin in you. My blessings to you.

(To N., 9-12-1974)



May God bless you. The fact is no medicine works properly as long as the tranquilisers are not stopped. Suppressed emotions are not to be suppressed with a smile. It is not difficult to make them disappear, if you follow the course of medicines without tranquilisers as far as possible.

I never taught you any 'spiritual exercises'. I only repeatedly advised you not to mind others' behaviour, but to live happily. To the Westerners, 'spiritualism' is a thing to practise, different from life itself. The fact is that the way to live positively and discharge our duties, is the only thing that is required. Our duties towards others, towards food, rest and medicine form the major part of our life. There is no 'spiritualism' different from this to

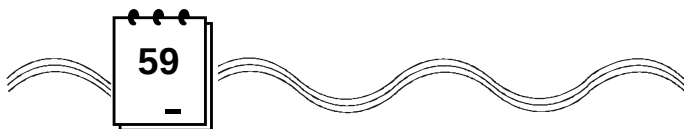
practice. All these days, you have been choosing things for yourself and I never forced you to do, or not to do anything. I only wanted to make you to feel good about yourself and about others. I do not feel that there is a different work called 'spiritualism'. Look to the condition of your situation, your ability and your capability to do anything according to it, and it is 'spiritualism'.

It is very good that you have understood the fact that you can speak to me freely without having the fear of negative effects. I can understand why you have grown against your parents and I cannot blame you about it. If the teaching does not suit you, you can think and choose any vocation that gives you relaxation. Marriage also can be a solution if at all you can find solace with the person whom you want to marry.

To me there is no Hinduism nor Christianity. The teachings of Christ or Krishna are too practical, simple and direct, and need no symbolism. If you find much symbolism about the Indian teachings or Western teachings, it is all but the complication created by the intellectuals among the Westerners. I do not appreciate if you want to be either a Christian or a Hindu. I feel happy if you follow the teachings of Christ directly from the Gospel. It is all what is wanted.

What I would expect from you now is only to follow the course of treatment and let me know the results to give you further advice. Other things, like religion and spiritualism are not important to me. Since you lived with me, in its true sense, I have my duty and responsibility to see that you are happy and healthy. I cannot tolerate my associates pulling on life burdensome and unhappy. Except this I do not value other things at all.

(To C.I. ; Annemasse, 24-11-1979).



My blessings to you. Received your good letter which speaks of your lifelong zeal for Gayatri. In fact, there is no book sufficiently informative about Gayatri in English or in Telugu. To some extent, the Chapter on Gayatri in the Tanthric work called 'Varna Maala', translated by Sir John Woodroffe under the Title 'The Garland of Letters' gives some good information of an enlightening nature.

The real import of Gayatri runs as follows :

1) "We meditate upon that Light of our Lord (the

Lord in us), that Light which enlivens our will." It is the only Mantra which proposes the higher yourself as the Light of the Lord for you to follow. All the other Mantras prescribe a form and a concept given by the one who prescribes. Thus the Gayatri invokes you the higher towards you the Divine and the Mantra is a challenge to you the lower to get trained and transformed. In total it is dedicated to you as a whole unit.

2) The Gayatri is more a formula (meter) than a passage. It is the formula of the twenty four syllabled meter and it is copied from its original text, the astronomical year, which includes the twenty four lunation (12 new-moons and 12 full-moons). The original text which is the creation of the Solar System is called 'veda' in the vedic Text.

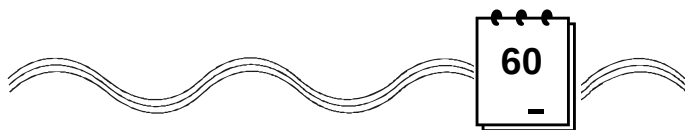
3) The whole formula is divided into three equal parts of eight syllables each. This gives you a division of the twenty four hours of the day into three equal parts of eight- hours each. It is therefore called Ashtabahu (eight - armed God) in the Narayana Kavacham of Srimat Bhagavatham. The three divisions represent the three Lokas Bhu, Bhuvah, Suvah. They mean the consciousness of the creation in three divisions, matter, force and pure consciousness.

4) Each of these three divisions contain seven sub-divisions, called the 'seven planes of existence', the total being 21. Hence the Purusha Sooktham says, "seven are the layers for Him and three groups of seven, $3 \times 7 = 21$ are the sticks of fuel for His sacrifice." According to this formula, the Solar year prepares the whole creation on this earth.

5) The Brihadaranyaka Upanishad and the Sathapatha Brahmana described that the three padas of Gayatri create the three levels of consciousness in us : Sleep, Dream and Awakening. The fourth is background consciousness of Gayatri, which is called *Tureeya*. In the creation, it is beyond the plane of atoms and hence it is called *paro rajas* (Supra atomic). Thus the fourth pada of Gayatri is given there as "Paro Rajase Savadaom". With this the formula is changed to 32 syllables and it is called '*Anustup*'. A meditation and realization of these four padas gives you sanyasa (not the red-robe, but the state of transcendence through your effort of immanence).

You can further enquire according to your spur by virtue of your Gayatri.

(To Major K.C.R.R; Nakkapalli, 19-8-1978)

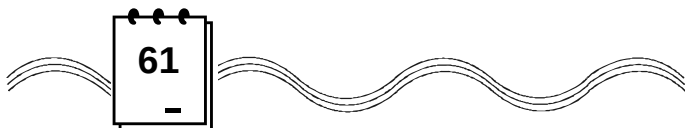


Received your good letter and noted the contents. It is a pleasant surprise to know that you have become the Manager of the Esoteric Academy at Bad Sachsa. Perhaps God willed that you should develop the Academy by recruiting members of the younger generation. Of course, the message of India is in no way different from the message given by Zoraster.

Sometimes Masters' plans will be different from the plans of aspirants since the Masters know more.

May the Masters keep the link between East and West and may the Lord continue the work without any lapses.

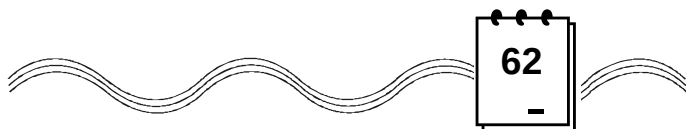
(To M. 18-8-1978).



I am sure you will improve and strengthen your physical vehicles and I add strength through my meditation since you are ready to receive.... I pray Masters to make you feel inner strength and soon hear the inner voice, and also pray for your early visit to India and taking some rest here. More than the fragrance of the flowers you have sent, I remember the fragrance of your devotion and the days and nights you spent with me engrossed in the Master's work. it is not a very little present as you think.

All my affection to you and your family and the people who work with you. I do not want you to come to India to have an escape from your problems. You come here as a citizen of the world your mind flying across the breeze of the Master's Love through the vault of the Eastern and Western Horizons.

(To C.I., Viuz, France 5-9-1978)



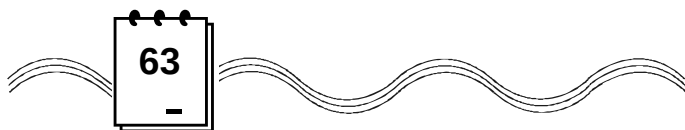
The month of May 1978 is full of world tension. This is the time when Masters and their real followers experience a great strain and burden of the cumulative karma of the world. All the Masters are staying at a particular place and meditating jointly, transmitting thoughts of tranquility and expansion, Saturn is at an angle with the Earth wherefrom he makes the present mankind experience the great tension only to see if the separatist tendencies of the various individuals are squeezed out of them.

This is a great opportunity for many aspirants to get themselves freed from the gloomy associations of their past deeds. Caution is needed in dealing with the people of your environment; otherwise there will be a possibility of permanent separation to some of them. Let everyone remember to observe discipline and keep time in their own routine and get themselves engaged as busy as possible in their own work. It is enough if the world comes out of this crises without any permanent damages. At the same time the

planetary spirits guide the Masters to direct the various groups of World Servers to minimize the tension and supply through lubrication between two individuals as well as two nations.

My blessings to you and your followers.

(To Madam E.B., Belgium, 15-5-1978.)



A few words about the Mantra 'OM NAMASSIVAYA '

In the Veda, siva means Auspicious and Progressive which attributes should belong to the living beings, and not to Deities mutilated. Of course, Gods live only in the minds of men in their idols. They live with us and in us as long as we think of them. That is the great trouble with gods. You know that the middle chapter of Yajurveda contains the Rudra Adhyaayam (wrongly called Namakam) which gives a clue to remember the presiding Lord of Immanence in the various forms of human beings and living beings including

thieves, robbers, deceivers, cheats, liars, dogs and dog-eaters. The section of the middle portion of this great mantra includes the great mantra *Namassivaaya*, which is also called '*Panchaakshari*'.

“NAMASSOMAYA CHA RUDRAAYA CHA
NAMASTHAAMRAAYA CHA
ARUNAAYA CHA NAMASSANGAAYA CHA
PASUPATHA YE CHA NAMA
UGRAAYA CHA BHEEMAAYA CHA NAMO
AGREVADHAAYA CHA DOORE
VADHAAYA CHA NAMO HANTHRE CHA HANEYASE
CHA NAMO VRUKSHEBHYO
HARI KESEOHYO NAMASTHAARAAYA
NAMASSAMBHAVE CHA MAYOBHAVE
CHANAMASSANKARAAYA CHA MAYASKARAAYA
CHA NAMASSIVAAYA CHA SIVATHARAAYA CHA”

The culmination of this mantra is '*Namassivaaya*' mantra, of all auspiciousness and all prosperity to all including the good and bad so that we may not judge others. So you can understand that *Panchaakshari* is the heart of *Yajurveda*. It is the formula through which the Lord descends into the five states of implements of creation which are known as the five bhutas (becomings), five *thanmaatras* (attitudes towards projectivity), five sense-organs, and the five gross organs. This five-fold division is called *Pankthi*

Chandas in veda. It is also called the division of whole creation into Mahasamhitas or five grand collections of volumes into creation.

The Lord of this five-fold division leaves His body of power in us and the body of fivefold pulsations called *Pancha Pranas*, exhalation, inhalation, permeation, pervasion or upthrust and equalization.) These five are called respectively, prana, apaana, vyaana, udaana and Samaana.

You say that every religion has its Philosophy, Ritual and Mythology. The truth about India is that it had only the way to live (veda dharma) which includes Philosophy, Ritual etc. and it was never contracted into a religion. The subsequent invocations of outward concepts of religions like Mohammadanism and Christianity gave the contagion to the Indian mind to have an idea in terms of religion. That was the cause of the multiplicity to culture of India. Hence I never think India in terms of Hinduism, Buddhism, Christianity, Mohammadanism etc. but understand it in terms of the synthetic integration of diverse elements into the path of life lived by and prescribed by the seers of old.

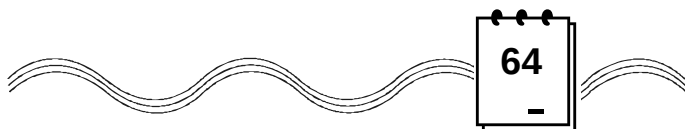
Begin to do something with the people around you and start where you are, you will find that you are already a rentier. Of course, you need

not be so different about the present age since many selfless souls have sponsored many wonderful organizations in India. Among them there are souls from India and abroad. Now everyone looks to India anticipating a Star of negotiation for Peace and human integration. Being fed up with craze and break-neck speed of man made civilization everyone looks for a respite, which is being found only in the Indian tradition, though not in the present Indian public. Time is really hopeful and you can contribute your lot by way of co-operating in work and involving yourself in it, and not by contributing money or thoughts only.

You speak of establishing Prayer halls. Once Prof. Srinivasa Iyengar, remarked : "It is better to have regular prayer without a hall, instead of having a big hall without prayer." Wherever you begin to conduct prayers, it becomes a prayer hall, a nucleus of Immanence and Expanse.

You are at liberty to write to me any time and whenever you can find me you can drop in at my residence, demand my time for any constructive proposal.

(To Major K.C., Nakkapalli, Viskhapatnam, 4-9-1978).



My blessings to you. I hope you are fine with your work. The Master exists with you in the form of your sense of duty, sense of proportion and devotion to work. Hence you are safe and prosperous wherever you are. As required I am here with sending you a photo of myself and our Master. May you receive them in good cheer and good news.

Now about your doubt Man is the soul in his essence. His mind, senses and the body develop around him to serve as vehicles only to conduct the work of God in nature. Action belongs to the vehicles and not to the Atma . By mistake many things are being done in course of the daily routine. Sometimes our eye is unexpectedly damaged by our own hand without any intention. Here we have no intention to damage the eye, but it has occurred. Same is the case with the action of the mind, senses and intelligence.

Motives arise in the finer vehicles like mind and intelligence. Every motive has its consequence, like the damage of the eye in the hand. When the Atma

(the I AM in you) is aware of every part of every vehicle, there is no action that is not intended. Then there is no repercussion of the motives extended in to actions. Until the total awareness is the attained, nature helps us in gaining experience through action and its results . It is only a rectification which we call suffering. It is not to punish but to know that such and such actions are not to be repeated.

The process of evolution makes nature work as mother sometimes punishing the child for its own betterment. Except this there is nothing like absolute sin. Ignorance of the vehicles and their actions is the case of desire and action in the desired direction. Desire can be compared with a cross - current of electricity when wrong connections are made. In the meanwhile, the grace of God exists as the observer (spirit) in the Atma (Soul), to shower its grace in the form of growing awareness. This is the process prescribed by Nature and we can not find fault with it . This is the reason why the learned people do not suffer when the consequences of the past deeds are passing over their body or mind. A stone thrown cannot be prevented.



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- 20. Overseas Messages - I**
- 21. Overseas Messages - II**

LIVING WORDS

- ❖ Meditation is to maintain continuity of consciousness without a ripple of thought.
- ❖ Remember, that I have no plan of mine, there is only the plan given by the Lord as far as I am concerned, there is nothing personal or confidential.
- ❖ Be fresh and enthusiastic to do things that come to us and you will receive everything as fresh and as energetic as a child.
- ❖ To me Ashrams are living beings with devotion and service. Believe in service and human relations. Every house must be an *ashram* with husband and wife as co-devotees and co-workers in the service of humanity.
- ❖ Spiritual qualifications do not depend upon social perfection and formality. It is the warmth of the heart that makes us respond to each other from such a distance.

- Master E.K.